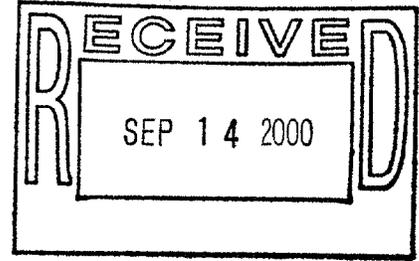


September 6, 2000

Office of Special Nutritionals (HFS-450)
Center for Food Safety & Applied Nutrition
Food and Drug Administration
200 C Street SW
Washington, D.C. 20204



Dear Sir or Madam:

This letter will serve as 30-day notification, pursuant to section 403 (r)(6) of the Federal Food, Drug & Cosmetic Act and regulations promulgated thereunder.

Name and address of Dietary Supplement Manufacturer: Twin Laboratories, Inc.
150 Motor Parkway
Hauppauge, NY 11788

Text of statement being made: "This product may be helpful in providing nutritional support for strengthening joints, tendons and ligaments."

Dietary supplement ingredients: Glucosamine, Chondroitin Sulfate, Turmeric Rhizome Extract, Quercetin Dihydrate, Bromelain, Vitamin C, Vitamin E, Zinc and Selenium.

Dietary supplement brand and name: Twinlab JOINT FUEL

As required, enclosed are two photocopies of this notification.

The signee certifies that the information contained in this notice is complete and accurate, and that Twin Laboratories, Inc., has substantiation that the statement is truthful and not misleading.

Sincerely,

Neil Blechman
Executive Vice President
Twin Laboratories, Inc.

Enclosures

7516 000 OCT 7 P3:00

995-0162

5868