

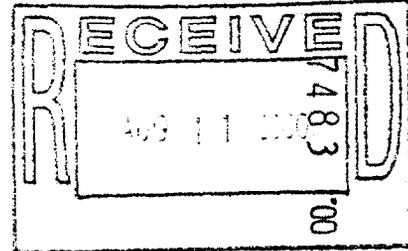
JARROW FORMULAS, INC.  
SUPERIOR NUTRITION  
AND FORMULATION

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Division of Compliance and Enforcement/ONPLDS  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
HFS-810  
200 C Street, S.W.  
Washington, DC 20204  
202-205-5229

July 25, 2000



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 107.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

"Powerful Antioxidant" – Alpha Lipoic Sustain is in a sustained release format to minimize gastric irritations and blood sugar fluctuations. Alpha Lipoic Acid, also called Thiocetic Acid, is a disulfide molecule (containing two thiol groups). A thiol (or –SH) consists of a sulfur and a hydrogen atom. This unique antioxidant is both lipid and water soluble, a potent promoter of glutathione and an important co-factor in energy production, helping to regulate glucose metabolism.

**(3) Name of the dietary ingredient(s) if not provided in the text of the statement:**

Alpha lipoic acid

**(4) Name of the dietary supplement(s)**

Alpha Lipoic Sustain 300 mg.-60 tablets

**(5) The following disclaimer appears on the label in bold:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth Shastri, CCN

Vice President, Director of Product Development  
Licensed Dietitian/Clinical Nutritionist, #002378  
(by the University of the State of New York, State Board of Education)

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