

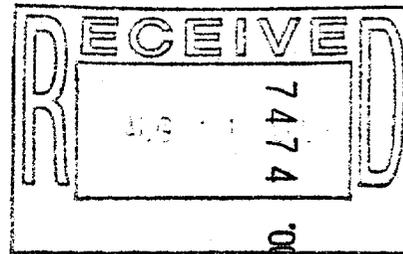
JARROW FORMULAS, INC.  
SUPERIOR NUTRITION  
AND FORMULATION

1824 South Robertson Boulevard  
Los Angeles, CA 90035-4317  
(310) 204-6936  
Toll Free (800) 726-0886  
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Monday, July 24, 2000

Division of Compliance and Enforcement/ONPLDS  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
HFS-810  
200 C Street, S.W.  
Washington, DC 20204  
202-205-5229



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

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**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

**Cellular Energy Production and Cholesterol Antioxidant:** Co-Q 10, an important antioxidant found in high concentration in human heart and liver tissue, is part of the cells' electron transport system.

**(3) Name of the dietary ingredient if not provided in the text of the statement:**

Co-enzyme Q 10

**(4) Name of the dietary supplement**

- Co-enzyme Q 10 10 mg.-60 capsule size
- Co-enzyme Q 10 30 mg.-60 capsule size
- Co-enzyme Q 10 30 mg.-150 capsule size
- Co-enzyme Q 10 60 mg.-60 capsule size
- Co-enzyme Q 10 100 mg.-60 capsule size

**(5) The following disclaimer appears on the label in bold:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

975-0162

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71935

Respectfully submitted,

A handwritten signature in black ink, appearing to read 'Siddharth Shastri', with a stylized flourish at the end.

Siddharth Shastri, CCN

Vice President, Director of Product Development

Licensed Dietitian/Clinical Nutritionist, #002378

(by the University of the State of New York, State Board of Education)