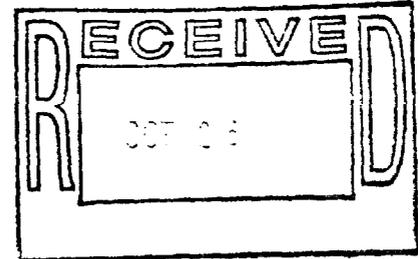


1824 South Robertson Blvd.  
Los Angeles, CA 90035-4317  
310/204-6936 • 800/726-0886

Fax Numbers  
Orders 800/890-8955  
General 310/204-2520  
Administrative 310/204-5132

Division of Compliance and Enforcement / ONPLDS 2:28  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
HFS-810  
200 C Street, S.W.  
Washington, DC 20204  
202-205-5229

October 18, 2000



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

"Reduces Homocysteine and Protects DNA" –Methyl donors, such as TMG and Folic acid, are required for the reduction of homocysteine back into methionine and for the accurate synthesis of DNA and RNA which is essential for the production of normal cells. Methylation is inhibited by inadequately functioning key enzymes, excessive protein and fat intake, poor diet, inadequate intake of methyl groups, coffee, alcohol or by smoking. Impairment of methylation results in abnormal cell synthesis and elevated levels of homocysteine, a toxic amino acid and a serious health risk.

**(3) Name of the dietary ingredient(s) if not provided in the text of the statement:**

Trimethylglycine (anhydrous betaine)

**(4) Name of the dietary supplement(s)**

TMG 500 –500 mg 120 tablet size

TMG Crystals –50 g powder size

**(5) The following disclaimer appears on the label in bold:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

Siddharth Shastri, CCN

975-0162

Vice President, Director of Product Development  
Licensed Dietitian/Clinical Nutritionist, #002378  
(by the University of the State of New York, State Board of Education)

Desktop.dailywork. TMG FuncTemp.doc.word

Handwritten notes: "Ket" with a redacted area, "6126", and "73067".