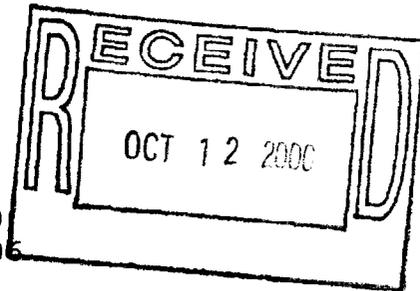


**Notification of a Structure/Function Statement, FFDC A § 403(r)(6);
21 U.S.C. § 343(r)(6).**

To: Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St., SW.
WASHINGTON, DC 20204



Packer: Zhishin, LLC
40 Allen Road / P.O. Box 65069
SOUTH BURLINGTON, Vermont 05406

Tel: (802) 862-9242
Fax: (802) 862-0820

Text: Melatonin, a hormone secreted by the pineal gland, is believed to act at receptors in the suprachiasmatic nuclei of the anterior hypothalamus and thus assist in regulation of many of the body's internal rhythms. Valerian has been shown to assist in restoring natural sleep patterns. **This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Name of Dietary Supplement: Sleep Fit™.

(Fit America, Inc., Deerfield Beach, FL 33441; private label)

I hereby certify that the information contained in this notification is complete and accurate, and that there is substantiation that the statement is truthful and not misleading.

A handwritten signature in cursive script that reads "Dennis Jones".

Dr. Dennis Jones,
M.A., Ph.D., C.Chem., FRSC(UK)
MCIC, C.Biol., M.I.Biol., MBIM.

15 September, 2000.

975-0162

Let 5952