

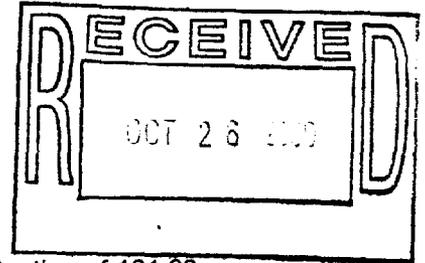
1824 South Robertson Blvd.  
Los Angeles, CA 90035-4317  
310/204-6936 • 800/726-0886

Fax Numbers  
Orders 800/890-8955  
General 310/204-2520  
Administrative 310/204-5132

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Division of Compliance and Enforcement/ONPLDS  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
HFS-810  
200 C Street, S.W.  
Washington, DC 20204  
202-205-5229

July 25, 2000



Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

**(1) Name of Address of distributor:**

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

**(2) Text of the statement(s):**

"Assists Relaxation" —Jarrow Formulas' Kava 75 is a premium standardized extract of Kava (*Piper methysticum*) root containing a minimum of 75 mg kavalactones isolated from the kava root that bind to GABA receptors in the brain. There are 6 primary kavalactones isolated from the kava root that bind to receptors in the brain and facilitate relaxation.

**(3) Name of the dietary ingredient(s) if not provided in the text of the statement:**

Kava kava herbal extract

**(4) Name of the dietary supplement(s)**

Kava 75

**(5) The following disclaimer appears on the label in bold:** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients. A compendium of relative published research substantiating the above statement(s) is on file at the corporate office.

Respectfully submitted,

*975-0162*

Siddharth Shastri, CCN

Vice President, Director of Product Development  
Licensed Dietitian/Clinical Nutritionist, #002378  
(by the University of the State of New York, State Board of Education)

*Let 5931  
73067*