

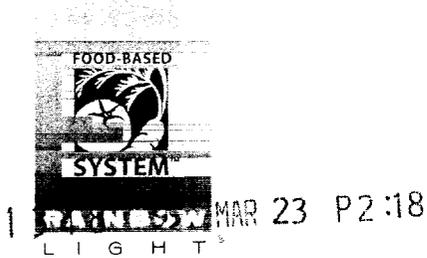
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March 5, 1999



James Tanner
 Office of Special Nutritionals
 Center for Food Safety and Applied Nutrition
 Food and Drug Administration
 200 "C" St., S.W. (HFS-450)
 Washington, D.C. 20204

Dear Mr. Tanner:

Pursuant to Section 6 of the Dietary Supplements Health and Education Act of 1994, Rainbow Light Nutritional Systems, Inc. wishes to notify the Food and Drug Administration that it has within the past 30 days, commenced marketing a dietary supplement which bears statements of nutritional support.

The dietary supplement for which these statements are made is Advanced Immune-Building System™. The statements of nutritional support read as follows:

“Provides long-term, nourishing support to the immune system.”

“This comprehensive formula features nutrients, foods, and herbs that:

- Gradually help boost resistance, such as reishi and astragalus.
- Act as adaptogens. Adaptogenic herbs like Siberian ginseng help the body adapt to stress.”

These statements are accompanied by the required disclaimer which is prominently displayed in bold-faced type.

These statements of nutritional support are based on data which renders these statements substantiated, truthful and non-misleading.

Sincerely,

Rainbow Light Nutritional Systems, Inc.

Margaret Johnson
 Executive Administrator

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