



February 16, 1999

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RECEIVED  
2/18/99

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington DC 20204

Re: Notification of DSHEA nutritional support claim for AmeriFIT Mass Builder Dietary Supplement

Dear Sir or Madam:

The purpose of this letter is to provide notification pursuant to section 403 (r)(6) of the Federal Food, Drug, and Cosmetic Act ("the Act") and 7 C.F.R. § 101.93 that AmeriFIT, Inc., is marketing a dietary supplement that bears a statement of nutritional support as defined in section 403 (r)(6) of the Act.

The labeling for Mass Builder bears the following statements:

"Bodybuilding food for nitrogen and cellular metabolism"

"Mass Builder"

"For positive nitrogen metabolism and inhibition of lean muscle breakdown"

AmeriFIT, Inc. has on file substantiation that the above statements are truthful and not misleading. To the best of my knowledge, the information contained in this notice is complete and accurate.

Sincerely,

Craig Larsen  
Director of Product Development and Quality Assurance

Corporate Headquarters  
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Bloomfield, CT. 06002  
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(860) 242-FIRM (3476)  
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