STRUCTURE / FUNCTION CLAIMS

NUTRIENT: Melatonin

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BY: LRB
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PRODUCT:

NUTRIENT AMOUNT: 1.1 mg melatonin per tablet

STRUCTURE/FUNCTION CLAIM:

Melatonin has the following functions:
- Normalizes sleep patterns
- Normalizes day/night rhythms
- Antioxidant activity
- Protects immune system from stress

REFERENCES:


