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53 WALL STREET

NEW YORK, NEW YORK 10005-2890

212-658-8900

FAX: 212-658-5301

WRITER'S DIRECT NUMBER  
(212) 658-8939

BALTIMORE  
WASHINGTON  
PHILADELPHIA  
EASTON  
LONDON

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May 9, 1996

Ms. Margaret Binzer  
Office of Special Nutritionals, HFS 456  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C Street, S.W.  
Washington, D.C. 20204

Dear Ms. Binzer:

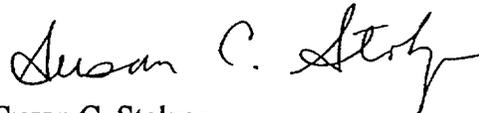
This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that our client, PacificHealth Laboratories, is utilizing the following statements of nutritional support in the labeling of its "Endurox" dietary supplement product:

Builds endurance and metabolizes up to 43% more fat calories per workout.

This unique carbohydrate shift significantly increases fat metabolism and slows the lactic acid buildup that causes muscle soreness and fatigue.

Studies prove ENDUROX changes the way your body fuels your workout by shifting the energy source from carbohydrate to fat.

Sincerely,



Susan C. Stolzer

SCS/dmp

cc: Dr. Robert Portman

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