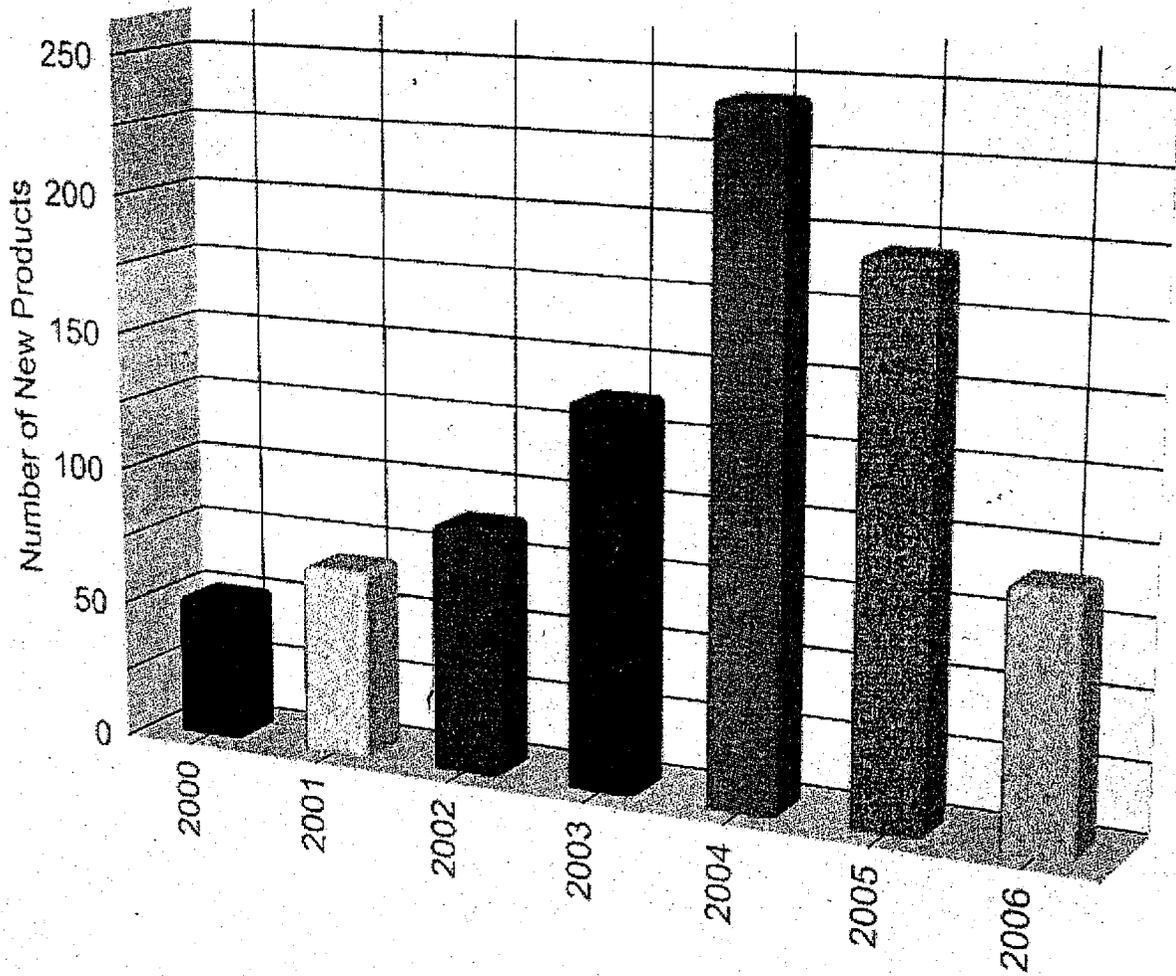


Appendix N:

**Global new products database showing products containing flax
or flax lignans and commercial products containing
flax ingredients.**

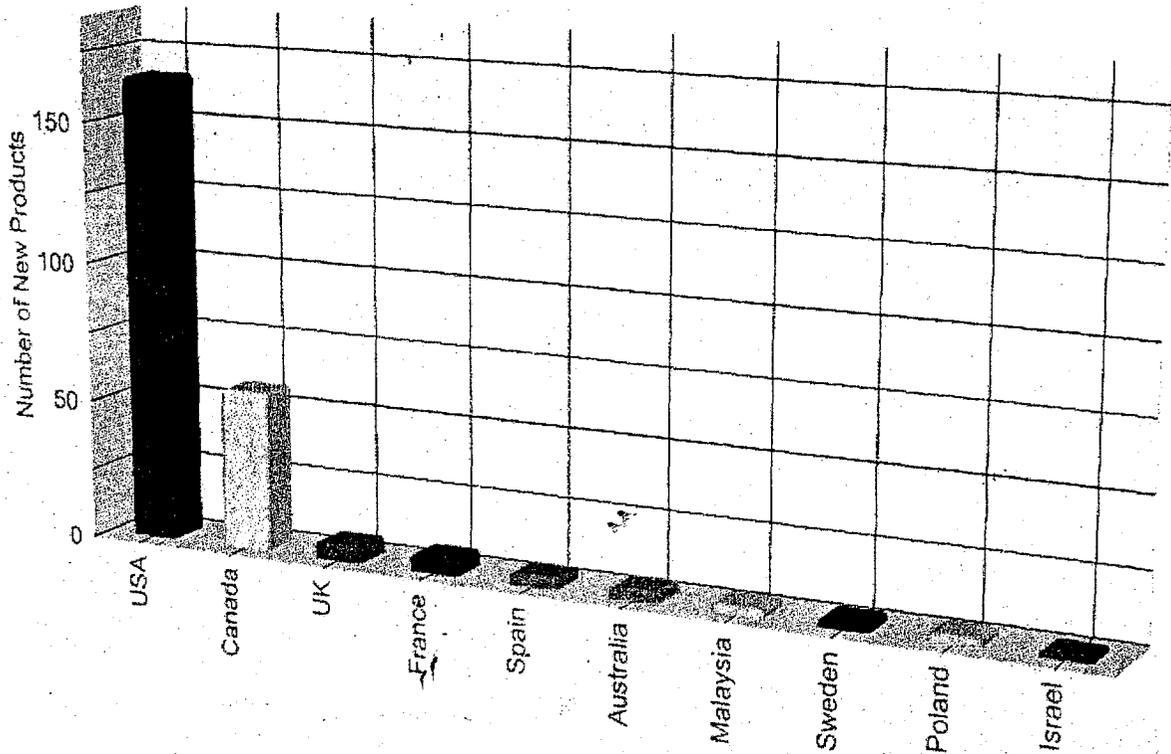
Food Products Containing Flax



Date Published	Number of New Products
2000	51
2001	68
2002	89
2003	138
2004	244
2005	196
2006	91
Total Sample	877

Source: Mintel Global New Products Database (GNPD), 4/2006

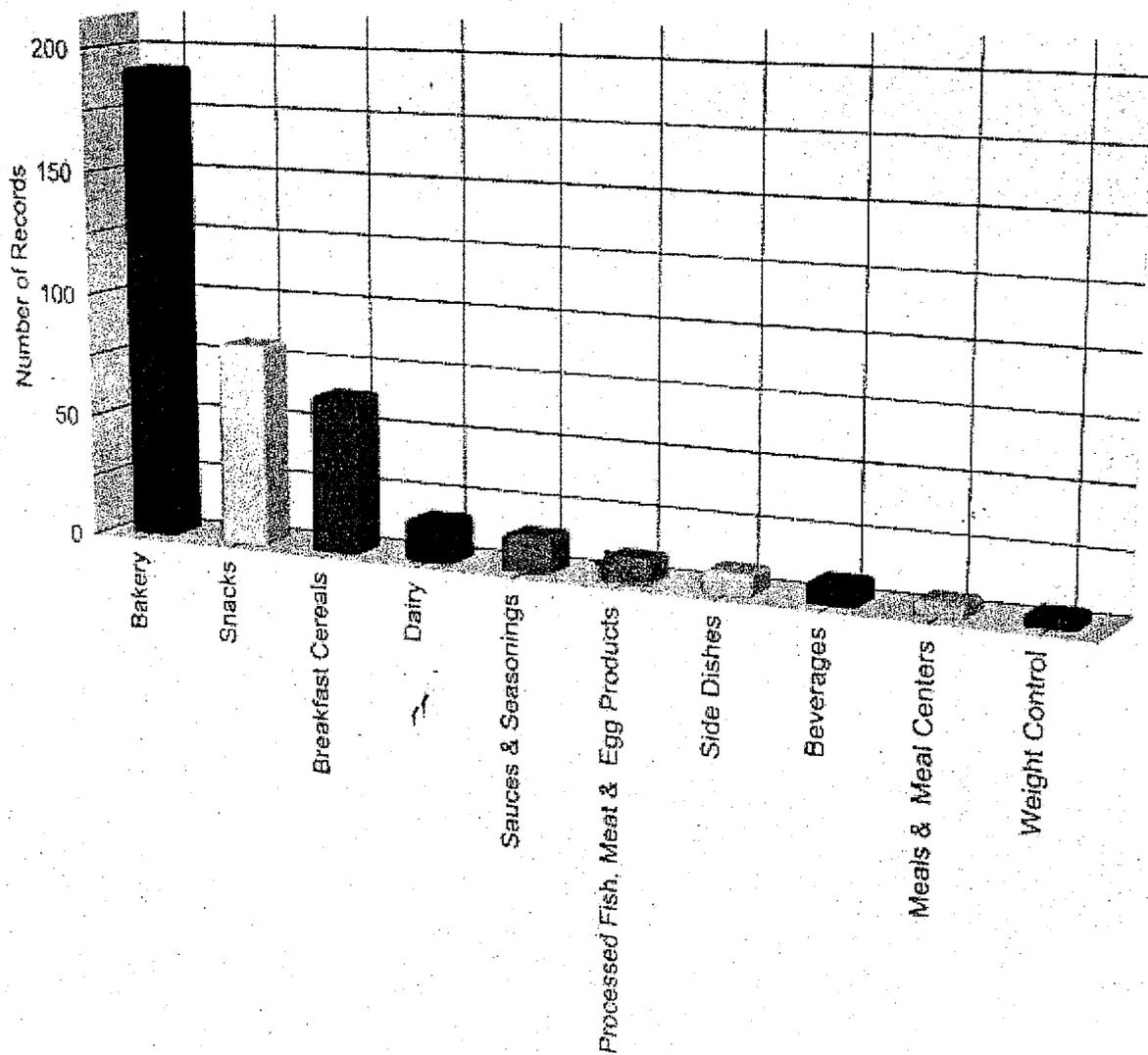
Flax Product Introduction by Country in 2004



Country	Number of New Products
USA	166
Canada	57
UK	6
France	6
Spain	4
Australia	4
Malaysia	3
Sweden	3
Poland	3
Israel	2
Total Sample	263

Source: Mintel Global New Products Database (GNPD), 4/2006

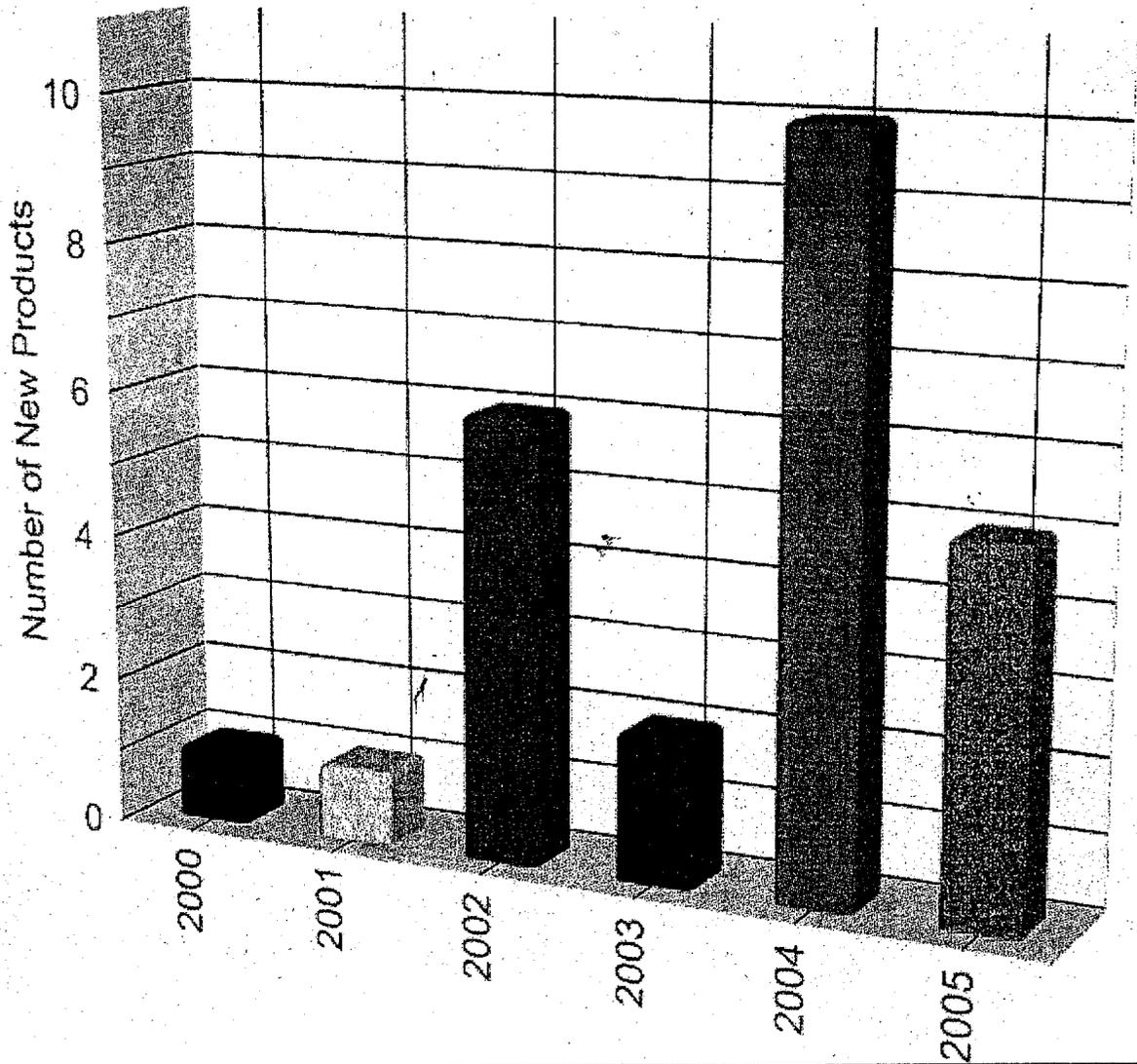
Food products listing flax sorted by categories



Category	Number of Records
Bakery	192
Snacks	82
Breakfast Cereals	64
Dairy	17
Sauces & Seasonings	15
Processed Fish, Meat & Egg Products	10
Side Dishes	9
Beverages	9
Meals & Meal Centers	6
Weight Control	5
Total Sample	420

Source: Mintel Global New Products Database (GNPD), 4/2006

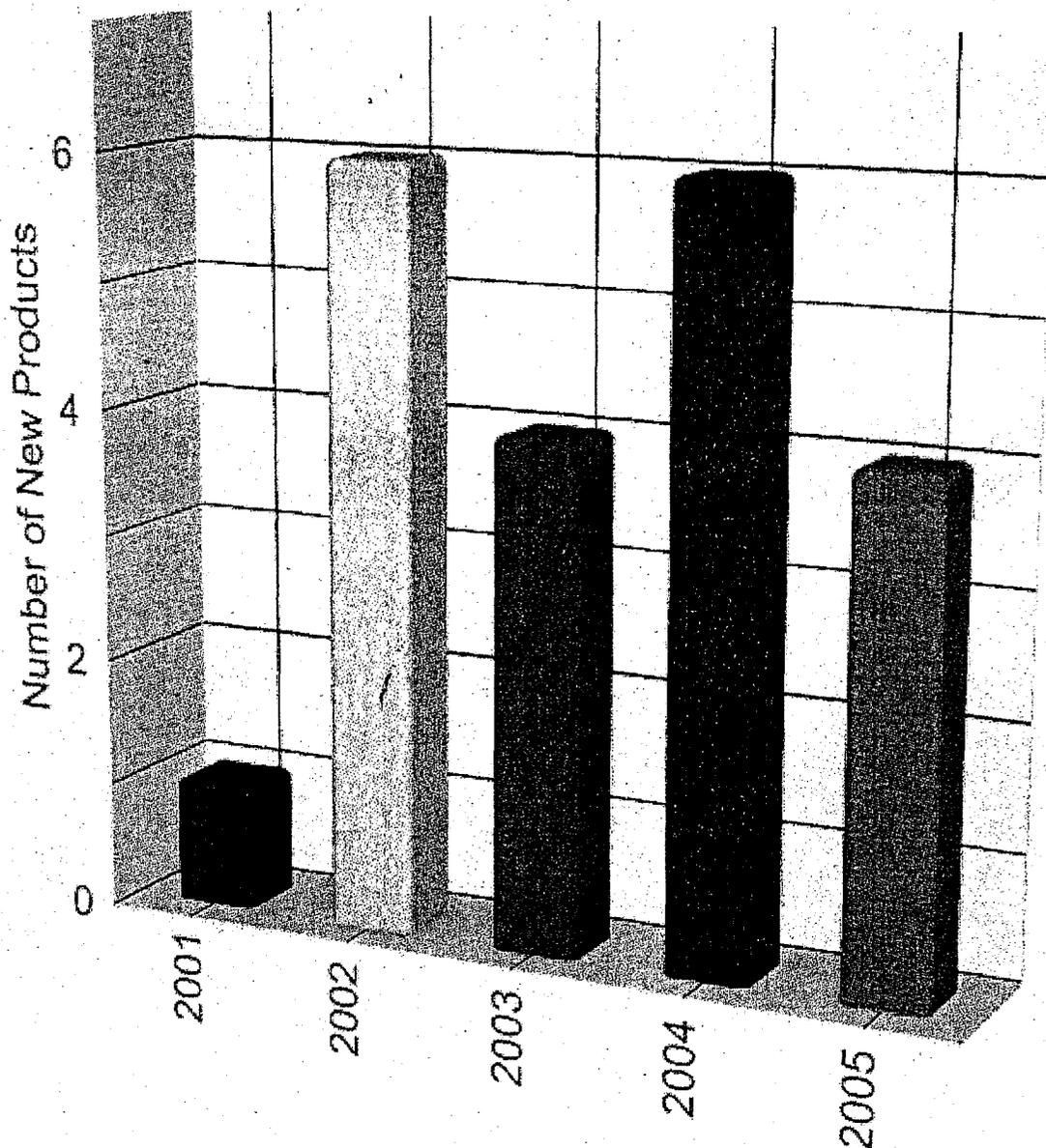
Dietary Supplements Containing Flax Lignans



Date Published	Number of New Products
2000	1
2001	1
2002	6
2003	2
2004	10
2005	5
Total Sample	25

Source: Mintel Global New Products Database (GNPD), 4/2006

Food Products Containing Flax Lignans



Date Published	Number of New Products
2001	1
2002	6
2003	4
2004	6
2005	4
Total Sample	21

Source: Mintel Global New Products Database (GNPD), 4/2006

Food Products Containing Flaxseed Ingredients

Name of Product	Description	Country	Comments
Flax Bagels, Country Harvest	Pack of 6 bagels, 672g, Omega-3	Canada	56g per serving (1/2 bagel) whole grain flax and ground flaxseeds
Flax Plus – raisin bran cereal	11 g fibre portion, 600 mg Omega-3/portion	Mfg in USA, sold in Canada	
Flax Plus – multibran cereal	11 g fiber per serving, 500 mg Omega-3 per serving	Mfg in USA, sold in Canada	30 grams per serving (3/4 cup)
Flax & Honey Bagels, Stonemill Bread	Pack of 5 bagels, 454g, Omega-3	Canada	50g per serving (1/2 bagel) Contain flaxseeds
Flaxseed Meal Nature's Path	425 g, 15 g per serving 2500 mg Omega-3/portion	Mfg in USA, sold in Canada	Organic
Inari Brown Flax Seed	454 g;	Mfg in USA, sold in Canada	Organic cold milled 15 g per serving (2Tbsp)
Purely Bulk Flax Seed Grains	350 g;	Canada	36 g per serving (1/4 cup)
Golden Flax Bread, Stonemill Bread	454g, Omega-3	Canada	50g per serving (2 slices), contains flaxseeds
Sunflower Flax Bread Country Harvest,	675g per loaf	Canada	90g per serving (2 slices) Contains whole grain flax and ground flaxseeds
Pita Bread, Pita Pockets	4 pita breads, 450g	Canada	56g per serving (1/2pita)
Flaxseed Meal, Bob's Red Mill	453 g, Provides fiber and omega-3 fats	Mfg in USA, sold in Canada	13 g per serving (2 Tbsp)
Casa Mendosa, Tortillas	6 tortillas, 384g	Canada	64g per serving (1 piece) Made with flaxseeds and flax meal
Lavash Flatbread Pita Break,	170 g; made with flaxseeds, crushed flaxseeds	Canada	25g per serving (1/2 bread)
Flax (Lin) Bread, Country Harvest	675 g per loaf	Canada	90g per serving (2 slices) Contains whole grain flax and ground flaxseeds

Name of Product	Description	Country	Comments
Instant Flax 'n Oats; Hot Oatmeal, Nature's Path	8 packets	Mfr in USA	50g per serving Contains flaxseeds
Multibran Cereal Nature's Path,	375g, Organic, whole oat goodness; 500 mg Omega-3/serving	Mfr in USA, sold in Canada	30g per serving (3/4 cup) contains flaxseeds
Golden Flax, Ezekial 4:9	sprouted whole grain cereal	Mfr in USA	Serving size 1/2 cup (57g) Contains flaxseeds
Golden Flax High Fiber Cereal	provides 1,000mg omega-3 fatty acids per serving	Mfr in USA	Serving size 3/4 cup (50g); Contains flaxseeds

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