

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

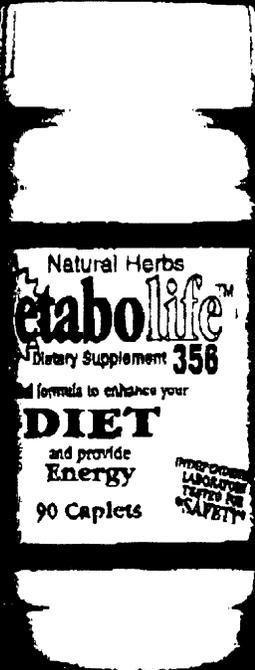
12979



2 - LABEL SAMPLE

000001

Individual Safety Report
#3003488-X-00
65031



Individual Safety Report



3093449-3-00

85028



Natural Herbs
metabolifeTM
Dietary Supplement 356
Natural formula to enhance your
DIET
and provide
Energy
90 Caplets
INDEPENDENT
LABORATORY
TESTED FOR
"SAFETY"



000003

SUGGESTED USE: As a Dietary supplement, orally, adults, ONE to TWO caplets two to three times per day, or every four hours, on an empty stomach one hour before meals. **DO NOT EXCEED EIGHT CAPLETS PER DAY.**

CAUTION: AS WITH ANY DIETARY SUPPLEMENT, SEEK ADVICE FROM A HEALTH CARE PRACTITIONER PRIOR TO USE IF YOU ARE PREGNANT OR NURSING, OR IF YOU HAVE HIGH BLOOD PRESSURE, HEART OR THYROID DISEASE, DIABETES, DIFFICULTY IN URINATION DUE TO PROSTATE ENLARGEMENT, OR IF TAKING A MAO INHIBITOR OR ANY OTHER PRESCRIPTION DRUG, OR INTEND ON TAKING TO REDUCE WEIGHT. REDUCE IF NERVOUSNESS, TREMOR OR NAUSEA OCCUR. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18. KEEP OUT OF THE REACH OF CHILDREN.

*Based on multi-species clinical laboratory testing.

Natural Herbs
Metabolife™
 Dietary Supplement **356**

Herbal formula to enhance your

DIET

and provide
Energy

90 Caplets



INDEPENDENTLY
 LABORATORY
 TESTED FOR
 SAFETY

Supplement Facts	
Serving Size: 1 Caplet	
Amount Per Serving	% Daily Value
Vitamin E	6 IU 20%
Magnesium (as Magnesium Chelate)	75 mg 18%
Zinc (as Zinc Chelate)	5 mg 33%
Chromium (as Chromium Picolinate)	75 mcg 82%
Proprietary Blend	726 mg
Guarana Concentrate (seed)	
(40 mg naturally-occurring caffeine)	
Ma Huang Concentrate (aerial part)	
(12 mg naturally-occurring ephedrine)	
Bee Pollen	
Ginseng (root)	
Ginger (root)	
Lecthin	
Bovine Complex	
Damiana (leaf)	
Sarsaparilla (root)	
Golden Seal (aerial part)	
Nettles (leaf)	
Gotu Kola (aerial part)	
Sonchial Algae	
Royal Jelly	

* Daily Value not established.
 Other ingredients: Methylcellulose, silicon dioxide, croscarmellose xanthan gum, magnesium stearate.

Metabolife Ind. Dist.

Toll free 1-888-356-DIET
 Based on multi-species clinical laboratory testing

This is the label from the bottle

98 OCT -6 P2:36

RECEIVED
 CLINICAL DIVISION
 & REVIEW/OS/HP/98-1432

CFSAN PROJECT # 12978,
 12979
 SAN TRAK3 # 98-1432
 JTB
 Exhibit 2, 1 of 1

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