

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Special Nutritionals

ARMS#

12974



0 - FRONT

To: EXECSEC@EXECSEC@FDAOC
From: Webmail@OPA-COMM@FDAOC
Certify: N
Subject: Fwd: FDA Comments
Date: Tuesday, April 14, 1998 at 2:24:33 pm EDT
Attached: None

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----- Original Message -----

To: Webmail@OPA-COMM@FDAOC
From: [REDACTED]
Date: Tuesday, April 14, 1998 at 1:30:19 pm EDT
Attached: None

WARNING: this mail message was sent from a host for which the identity cannot be verified.
Hostname given was 'MAIL' but is actually [REDACTED]

*CFSAW - FYI
ephedra/diet supps*

----- Original Message Follows -----

Name: [REDACTED]

E-Mail: [REDACTED]

Comments: Dear FDA:

I've been reading a lot lately about Ma Huang. I live in [REDACTED] and there's a case of a teenage girl who took "Ripped Fuel" and died.

I'm writing to you to add my comments about the dangers of Ma Huang. About 2 years ago a friend of mine was selling a product put out by Enrich Internation, 748 N. 1340 W. Orem, UT 84057. (Multi-level marketing program) It was a diet aid that had Ma Huang in it. Within a couple of days I was haing palmatations, fatigue, claminess. I exercised regularly and my walking partners could not beliee how I was deteriorating. I got to where I couldn't even walk up a flight of stairs without stopping half way to catch my breath.

I called my friend who sold me the product. and asked her about the Ma Huang in the product since I'd heard some bad press on it. She said she called the company and they said there was not enough in it to do any harm. Well, I went to my family doctor who referred me on to an endocrinologist. As a result of testing, I was diagnosed with hyperthyroid. Both my family doctor and the specialist told me that if it was the Ma Huang that affected my thyroid, I should be better within a few months as it got out of my system. In about 5-6 months, I was fine. But during that time I had to get blood

tests to check my t-cell levels and take Inderal for the palpitations.

I'm just one of who knows how many cases that aren't considered in any statistics as there was no test done for Ma Huang in my blood. Please consider my case when evaluating herbal products.

Happy  Mail!

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