



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (516)244-2150 ■ Fax: (516) 244-2153

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August 20, 1999

Office of Special Nutritionals
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-450)
Washington, D.C. 20204

RECEIVED
9/1/99

Dear Sir or Madam.:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Metablast supplement under the following brand names: American Health, Body Fortress, DEI, Good 'N Natural, Health's Finest, Heartland, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Puritan's Pride, US Nutrition and Vitamin World:

A unique combination of thermogenic ingredients that play a role in energy and fat metabolism. Ephedrine and caffeine work synergistically to help promote thermogenesis, the production of energy (heat) through the body's metabolism of fat. Chromium plays a role in fat metabolism and the release of energy from cells.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

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