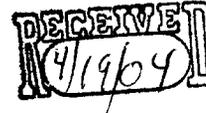


Source Naturals®
23 Janis Way
Scotts Valley, CA 95066

April 10, 2004

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204



RE: Notification of Nutritional Support Statements

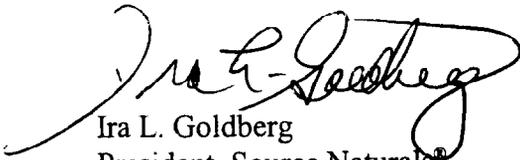
To whom it may concern:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Gamma E 400, a dietary supplement. Source Naturals® is the manufacturer of Gamma E 400.

Statements being made in the labeling of Gamma E 400

- 1) Recent research has demonstrated that *gamma*-tocopherol, the main dietary source of vitamin E, has a very important role in supporting health.
- 2) *Gamma*-tocopherol is a more effective antioxidant than *alpha*-tocopherol and may be an important factor for a healthy cardiovascular system.
- 3) It also inhibits the COX-2 enzyme, according to *in-vitro* tests.
- 4) Research indicates that a ratio of *gamma* to *alpha*-tocopherol greater than 1:1 increases levels of both tocopherols in the body and that alpha tocopherol alone may not be adequate to combat oxidative stress.
- 5) Source Naturals Gamma E 400 offers a 3:1 *gamma* to *alpha*-tocopherol ratio (200 IU equals 133 mg) and also contains tocotrienols from palm fruit which provides high concentrations of all four tocotrienols: *alpha*, *beta*, *gamma*, and *delta*.
- 6) Sesame oil, rich in *gamma*-tocopherol, is used as the base.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals® possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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