



**ADVOCARE®**

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April 07, 2004

Office of Nutritional Products  
Labeling and Dietary Supplements (HFS-810)  
Center for Food Safety and Applied Nutrition  
U.S. Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740

APR 19 2004

Pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. 343 r (6) and in accordance with the authorized provisions of 21CFR 101.93, AdvoCare provides notification for statements on dietary supplement labels as follows:

**The name and address of the manufacturer, packer or distributor of the dietary supplement that bears the statements:**

AdvoCare International, L.P.  
2727 Realty Road, Suite 134  
Carrollton, TX 75006

**Product Name:** MetaBoost

**Statement(s)**

MetaBoost supplement provides nutritional metabolic support which helps enhance strength and energy levels.

MetaBoost supplement provides antioxidant activity and metabolic support in the form of magnesium, potassium and sodium ascorbates as well as complementary botanical ingredients.

**Basis for Statement**

Vitamin C (as potassium/magnesium/sodium ascorbates)  
Iodine  
Guarana extract (Paullinia cupana)  
Oolong tea extract (Camellia sinensis)  
Eleuthero extract (Eleutherococcus senticosus)

Vitamin C (as potassium/magnesium/sodium ascorbates)  
Oolong tea extract (Camellia sinensis)  
Eleuthero extract (Eleutherococcus senticosus)

**Certification**

The undersigned certifies that the information contained in this notice is complete and accurate and that AdvoCare International, L.P. has substantiation that the statements are truthful and not misleading.

Respectfully yours,

Sidney Stohs, Ph.D.  
Senior Vice President, Research and Development  
AdvoCare International, L.P.

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