



Optimum Nutrition, Inc.
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 Aurora, IL 60504
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NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA

In compliance with Section 6 of the Dietary Supplement Health Education Act (DSHEA) and Rule 21 C.F.R. 101.93, this Notification is filed on behalf of the following manufacturer of Science Foods® Enertea™ Product, #71018 bearing the statements set out below:

Optimum Nutrition, Inc.
600 N. Commerce St.
Aurora, IL 60504

The text of each structure function claim for **Carbohydrates** is as follows:

(Statement 1) 37 GRAMS of COMPLEX and SIMPLE CARBS – provided in a 3:1 RATIO – for more uniform ENERGY delivery and to SUPPORT GLYCOGEN RESYNTHESIS

(Statement 2) With 37 grams of complex and simple carbohydrates *ENERTEA™* can also be helpful for post-workout recovery.

I, Ryan Briggs, Director of Contract Packaging at Optimum Nutrition, Inc. am authorized to certify this Notification on behalf of the Company. I certify that the information presented and contained in this Notification is complete and accurate and that the Office of Regulatory Affairs at Optimum Nutrition, Inc. has substantiation that each statement is truthful and not misleading.

DATED this 14th day of November, 2003

OPTIMUM NUTRITION, INC.

BY: 
 Ryan Briggs
 Dir. of Contract Packaging

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