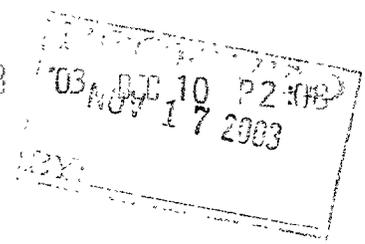




Office of Special Nutritionals,
Center for Food Safety and Applied Nutrition,
Food and Drug Administration
200 C St. SW.
Washington DC - 20204



October 31, 2003

Aboca USA Inc., located at 126 South Spokane Street/Suite C, Seattle – Washington 98134, submits the following notification of marketing in the United States of an herbal supplement imported from Italy. Aboca will sell the product to medical practitioners and qualified retailers in the USA.

NOTIFIES

The marketing of the following Herbal Supplement:

Brand Name:	Valerian Root Herbal Supplement
Presentation:	1.04 Oz (29.5 g) 90 Capsules in glass bottle
Name and address of the manufacturer:	Aboca S.p.a., Via della Liberta' 37/ter – Pistrino di Citerna Perugia - Italy
Name and address of the distributor:	Aboca USA Inc., 126 South Spokane Street/Suite C, Seattle Washington – 98134 USA

TEXT OF THE STATEMENT: Valerian (*Valeriana officinalis*) promotes restful sleep and relaxation.*

Text of the disclaimer: *This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

HERBAL INGREDIENTS (Amount per serving: 2 Capsules):

Valerian (root) – W.P.C. ** 496 mg

97S 0162 LET 13306

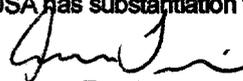
OTHER INGREDIENTS: Gelatin (capsule).

86250

WPC: "Whole Phytocomplex Concentrate" (W.P.C.) is a combination of freeze dried extract with the powder of the same portion of the plant.

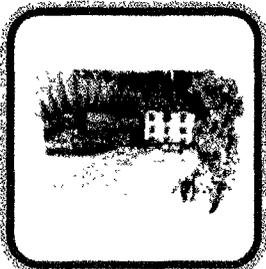
WARNING: Do not take if you are pregnant or nursing. Do not drive or operate machinery after consuming this product. For other contraindications and cautions, please consult your health care practitioner. Keep out of reach of children.

I Anna Tucci, Executive Vice-President and General Manager of Aboca USA, certify that all the information presented and contained in this notice is complete and accurate, and that Aboca USA has substantiation that the statement is truthful and not misleading.



Anna Tucci

Executive Vice-President
Aboca USA



SUGGESTED USE: Take 2 capsules twice a day or as directed by a qualified health care professional.

Supplement Facts

Serving size: 2 capsules
Servings per container: 45

Calories: 2.2	Amount Per Serving	
	mg	% Daily Value

Valerian - W.P.C.** (<i>Valeriana officinalis</i>) (root)	486	
Standardized to 0.24% total valerenic acids, yielding 0.6 mg per capsule		

Other ingredients: gelatin (capsule).

* % Daily Value not established

**"Whole Phytoextract Concentrate" (W.P.C.) is a combination of freeze dried extract with the powder of the same portion of the plant.

WARNING: Do not take if you are pregnant or nursing. Do not drive or operate machinery after consuming this product. For other contraindications and cautions, please consult your health care practitioner.

Keep out of reach of children.

**Aboca:
Growing Herbs for Health**

Since 1978, Aboca has grown herbs using organic farming processes. Today Aboca's farmlands occupy over 1700 acres, all certified organic in accordance with EU Directive 2092/91. Our mission is to provide the safest and most effective herbal supplements, by combining the ancient tradition of herbal remedies with the most sophisticated scientific research and production technology. Aboca is committed, from seed development to final packaging, to making the world's most natural herbal products for health needs, without the use of any chemical excipients or additives.

To learn more about Aboca, visit:
www.aboca.us

MADE IN ITALY

The dark glass bottle is tamper resistant for your protection, preserving this product from air, moisture and microbial contamination.

Outer box prevents any further exposure to the light, fully ensuring its original stability and potency. All materials are completely recyclable. Keep in a dry cool place.

Herbal Supplement
Valerian

Root



Valeriana officinalis

Whole Phytoextract Concentrate
Freeze-Dried Extract Micronized Plant Powder

248 mg per capsule

Valerian (*Valeriana officinalis*) promotes restful sleep and relaxation.*

This plant is carefully selected by Aboca adhering to the strictest protocols. Systematic quality controls implemented throughout the entire production process and analytical testing performed on raw material and finished product validate the safety and effectiveness of this herbal supplement.

Though total valerenic acids are considered among the main ingredients of Valerian, many other plant components contribute to the herb's efficacy. That is why Aboca has developed the exclusive W.P.C. W.P.C. (*Whole Phytoextract Concentrate*) is a combination of the freeze-dried extract with micronized powder from the same portion of the plant, to assure maximum bioavailability, optimum concentration of active principle and the full-spectrum of constituents.

The result is a product with uniform content of total valerenic acids without the use of excipients, colorings, flavorings, or preservatives. GMO free.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Manufactured by:
Aboca S.p.A. Via della Libera 37bis - Pastore di Citeria,
Perugia - Italy
Distributed by:
Aboca Usa Inc., 126 South Spokane Street/Suite C,
Seattle - Washington - 98134 USA

ASUSVALEROPW-A

Best before
Batch No.:

