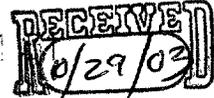




Body Wise International, Inc.
2802 Dow Avenue
Tustin, California 92780

Tel: 714-505-6121
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Office of Nutritional Products
Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
5100 Paint Branch Pkwy.
College Park, MD 20740

RE: Notification of statements on a dietary supplement known as, Omega Complete™

October 17, 2003

Dear Ladies/Gentlemen;

Pursuant of 21 C.F.R. Subpart F, section 101.93, Body Wise International, Inc. ("Body Wise" the distributor, which is located at 2802 Dow Avenue, Tustin, CA 92780) wishes to notify the Food and Drug Administration that it has commenced marketing a dietary supplement known as Omega Complete™ which includes statements of nutritional support in it's labeling.

The following statements are being made for the dietary supplement known as Omega Complete™.

- Omega Complete™ contains omega fatty acids 3, 6, and 9. Omega 3 and 6 are essential to your health. Omega Complete helps to maintain a healthy cardiovascular system, joint and skin health, hormone balance, and supports brain growth and function. Omega Complete also contains several antioxidants to ensure purity. (Addressed by the ingredients: Fish Oil (Omega-3), Borage Oil (Omega-6), Olive Oil (Omega-9), and GLA (Gamma Linolenic Acid).)
- Omega 3 fatty acids are essential and include alpha linolenic acid (ALA), which is converted into eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA). Omega 3 fatty acids help support a healthy cardiovascular system and are important for proper brain growth and function. (Addressed by the ingredient: Fish Oil (Omega-3).)
- Omega 6 fatty acids are essential and include linolenic acid (LA), which is converted to gamma linolenic acid (GLA) and conjugated linolenic acid (CLA); two nutrients that help support a healthy immune system. Addressed by the ingredients: Borage Oil (Omega-6), and GLA (Gamma Linolenic Acid).)

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- Omega 9 fatty acids are not essential fatty acids like omega 3 and omega 6, but they are still important for health. They help support heart health. The best source of omega 9 is olive oil. Olive oil has been shown to be better for supporting overall health than other sources of omega 9 fatty acids. It contains potent antioxidants that may contribute to its beneficial effects.
- Omega Complete™ helps maintain healthy cardiovascular and immune systems. It also helps support joint, eye, and skin health as well as hormone balance and brain growth and function. (Addressed by the ingredients: Fish Oil (Omega-3), Borage Oil (Omega-6), Olive Oil (Omega-9), and GLA (Gamma Linolenic Acid).)

The above statements are accompanied by the required disclaimer, which is prominently displayed in a box in boldfaced type.

The information contained in this notice is complete and accurate. Body Wise maintains on file substantiation that these statements are truthful and non-misleading.

An original and two copies of this notification are being submitted.

Sincerely,



Alan E. Huffington
Director of Regulatory Affairs

dw/AEH

Enclosures: Two copies of this two-page letter.