

Source Naturals®
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October 20, 2003

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW., Washington, D.C. 20204

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RE: Notification of Nutritional Support Statements

To whom it may concern:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Yerba Maté, a dietary supplement. Source Naturals® is the manufacturer of Yerba Maté.

Statements being made in the labeling of Yerba Maté

- 1) Yerba Maté, used since ancient times as a tea, is renowned throughout South America for its rejuvenating, nutritional, and energizing effects, particularly for mental and physical fatigue.
- 2) Yerba Maté can be taken as an effective weight-loss aid, when used in conjunction with the Maximum Metabolism Weight Loss Plan™.
- 3) Scientific research shows Maté to be a powerful antioxidant and that it can protect DNA from double-strand breaks.
- 4) It also has the ability to inhibit LDL oxidation.
- 5) Maté naturally contains a wide range of polyphenols, methylxanthines, and chlorogenic acid, which together are responsible for its many health benefits.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals® possesses substantiation that the statements are truthful and not misleading.


Ira L. Goldberg
President, Source Naturals®

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