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September 11, 2003

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Original Apple Cider Vinegar Diet Powder supplement under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin A, Vitamin C, Vitamin D, Vitamin E, Thiamin, Riboflavin, Niacin, Vitamin B-6, Folic Acid, Vitamin B-12, Biotin, Pantothenic Acid, Calcium, Iron, Phosphorus, Iodine, Magnesium, Zinc, Copper, Chromium, Sodium, *Garcinia cambogia* Extract, Apple Cider Vinegar Powder, Apple Pectin.

- Used with the enclosed diet and exercise plan, the Original Apple Cider Vinegar Diet Powder puts you on the right track in winning the weight loss challenge!
- Lose Weight Naturally
- Promotes Sugar & Fat Metabolism
- Curbs Appetite to Support Weight Loss Goals
- With Heart Healthy Soy Protein
- Along with a balanced blend of soy protein, carbohydrates, essential nutrients and fiber, this exceptional shake satisfies your need for delicious flavor while helping you to achieve your weight control goals.
- One serving contains:
 - 12 grams of Heart Healthy Soy protein.
 - 21 essential nutrients.
 - Natural Apple Pectin Fiber to help promote a feeling of fullness.
 - B vitamins to promote energy metabolism & B6 for protein metabolism.

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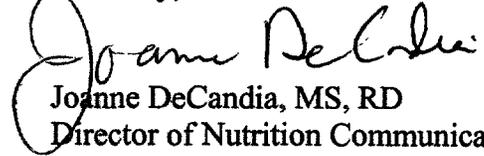
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- The natural herbal ingredient *Garcinia cambogia* to help curb your appetite while supporting weight loss goals.
- The mineral Chromium, to promote sugar and fat metabolism.
- 68% of the Daily Value for Calcium..
- Calcium is an essential mineral important for bone health.
- Soy promotes heart health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

A handwritten signature in cursive script that reads "Joanne DeCandia".

Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je

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