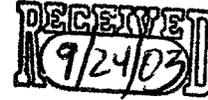


Tabak's HEALTH PRODUCTS

A Corporation

Our Guiding Philosophy:
Superior, *Science-Based*
Nutritional Supplements

September 15, 2003

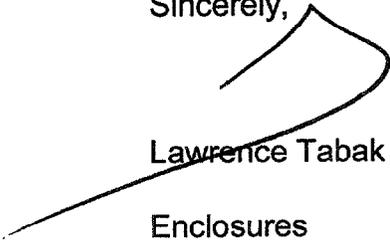


Mr. Robert Moore
Food and Drug Administration
5100 Paint Branch Pkwy
Room 4C083
College Park, MD 20740

Dear Mr. Moore,

In compliance with the final ruling for Dietary Supplements dated January 6, 2000
here are copies of our offers for your files:

Sincerely,



Lawrence Tabak

Enclosures

975 0162

LET

12948

86082



Our Guiding Philosophy:
Superior, *Science-Based*
Nutritional Supplements

I, Lawrence Tabak, certify the accuracy of the information presented and contained in the notice is complete and accurate, and that we have substantiation that the statements are truthful and not misleading.

To the best of my knowledge and belief, I believe the above is true.

A handwritten signature in black ink is written over a horizontal line. The signature is stylized and appears to be "Lawrence Tabak".

Lawrence Tabak,
President

NS

**Free 30-Day Trial
Personal Invitation**

[KEY CODE]
[CUSTOMER#]

No Risk To You
If at any time you would like
postage to respond to this offer or
return product, call 1-800-749-3997
for a postage paid reply label.

[DATE]

[FINDER #]

[Firstname Lastname]
[Street Address]
[City, State Zipcode]
[Barcode]

[Firstname, sign the back. Correct address if needed.] [Tear Here and Mail Today!]

From the Home of:

Sara Clatt

[Firstname Lastname]
[Street Address]
[City, State Zipcode]
[Barcode]

[MONTH] [DAY], [YEAR]

Dear [Firstname],

Have you had it with diets and other weight-loss schemes? If you're like me, I bet you have. I've been battling my weight since I was in 7th grade, and nothing seemed to help. I tried every diet - and every diet product I knew of - but nothing worked. Does this sound familiar?

After the birth of my fourth child, Cristin, ten months ago, I was bigger than ever, and more miserable than ever - just sick and tired of failing to lose even a few pounds.

Diets were just too hard to keep to, especially when your family is as close as mine (we all live in a rural community) and everyone has birthdays with lots of food and cake. And those diet shakes and meal bars didn't work because they always left me hungry.

When I couldn't stand starving myself any more, I'd eat. Too much. So any weight I lost, I just gained back - and then some. It seemed impossible to keep my weight down.

Of course, it doesn't help that my family owns a restaurant. Or that I'm the cook.

Every day, I have to taste-test everything I serve. Juicy fried chicken. Smothered steak with brown gravy and onions. Fresh catfish, caught that morning. The creamiest macaroni and cheese I'll bet you've ever tasted. And of course my Mom's special recipe (famous in these parts) for chocolate cream pie.

If you think losing weight is tough, just try adding all that temptation all day long. It was just so easy to have a piece of fresh-baked cherry pie, hot out of the oven, any time I wanted it! Too easy. Somehow I had to stop wanting to eat everything I saw. But how?

[Firstname], it was sheer luck I discovered an all-natural supplement that does exactly what I need - it takes my hunger away. Fast. And it doesn't have any harmful drugs or chemicals in it. Just herbs.

Now, as a cook, I like herbs. I know what they can do for a dish. But for weight loss? After all my years of bad experiences, I was more than a bit skeptical at first. I didn't see how herbs could help me lose the pounds.

But the company said I could try it for a month before paying, so I really had nothing to lose. So I tried it. And at first, I thought I had another stinker.

You know the longer you cook herbs, the more flavor you get. Well, the same was true here. After the first couple of weeks, I didn't see
(Please Turn Over)

30-DAY FREE TRIAL

YES! I want to slim down and enjoy the figure (and waistline) I've always dreamed about. Please rush my **FREE 30-DAY TRIAL** of all-natural Nature's Shape II™. It will help to decrease my appetite and increase my energy.

If I don't want Nature's Shape II™ for any reason, I'll return the unused portion or empty container to you and owe nothing - no questions asked. But if I decide to keep it, I'll gladly pay the bill of only \$25.97 plus shipping and continue to receive a fresh supply each month with a bill. I may cancel future shipments at any time.

P.S. You'll also enclose my **ABSOLUTELY FREE** "Secrets to Natural Weight Loss Guide" - mine to keep no matter what.

Mail To:

Tabak's Health Products
3198 Airport Loop Drive, Suite G
Costa Mesa, CA 92626-3407

(Make Corrections To Your Name or Address on Other Side if Needed)

Tear Here and Mail Certificate Today!

X

Sign name here

-2-

much difference in my weight. I was just starting to wonder if I should bother to continue. . . when I started to notice I couldn't finish my dinner. I didn't want to snack any more. I just wasn't very hungry. I was eating less but yet I felt full and satisfied.

And when you feel full all the time, you simply don't want to eat much, at meals. You don't reach for a snack to get through the day. And that's when the weight really starts to come off.

In just my first two months, I lost two inches off my waist! My thighs went down, too, and I can fit into pants I haven't been able to get into for years. Now, after a light breakfast, I can last easily until my 1 P.M. salad or sandwich. If I want something in the afternoon, I might take a little pie - I still love sweets - but I can't finish a whole piece any more. And dinner might be just a hearty soup at the restaurant. Because I'm still full.

If that sounds good to you, then you've got to try Nature's Shape II™.

Nature's Shape II™ reduces your appetite. . . lowers your cravings for sweets and snacks. . . and helps you eat less at every meal. . . without starving yourself. That's the best.

The special improved herbal formula is 100% natural and safe (contains no ma huang or ephedra). It keeps your muscles strong while helping you lose your fat, too.

And it's really easy to use. Just swallow 1-2 capsules with a glass of water. No mixing. Nothing extra to buy. No counting calories. No fuss. It's easy to fit into your life, no matter how busy you are. With kids to look after, that's really important for me.

Please believe me. If I can lose weight after four children and years of useless dieting, while working full time as a cook, you can too. There's not even any risk.

The company will send you a bottle to test for a full month. If it works for you as it does for me, pay the bill that comes with it. If not, just send back the empty container, and you owe nothing. It's that simple. You really can't go wrong.

Just sign your free trial certificate and mail it today. The sooner you do, the sooner you'll be losing pounds and looking better than you have in years. (And it feels great!)

Sincerely,



Sara Clatt

P.S. Remember, send no money now. Just mail the enclosed certificate to get Nature's Shape II™, the 100% natural herbal supplement that will help you lose weight, fast. You'll trim down several sizes. . . have more energy. . . and feel terrific. . . *without* starving yourself or getting discouraged. I did it - now you can too! Please, do it today.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Always consult with your doctor before beginning any weight loss program. As with any diet product, the best results are obtained when you follow a low-fat diet, eat smaller portions and exercise regularly. If you don't change your eating habits, you'll simply regain weight over time. Individual results will vary. Testimonials should be considered a best-case scenario. Your results may differ.

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Tabak's Health Products

Superior, Science-Based Supplements

3198 Airport Loop Drive, Suite G • Costa Mesa, CA 92626

www.tabaks.com

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