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May 22, 2003

Food and Drug Administration
 Center for Food Safety and Applied Nutrition
 Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
 5100 Paint Branch Parkway
 College Park, Maryland 20740
 Reference phone #301-436-2373

RECEIVED
 6/12/03

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

COX2TAME™ is a synergistic blend of herbal extracts and oleoresins (full spectrum herbal extracts) known to provide natural Cyclooxygenase-2 (COX-2) enzyme inhibition. COX-2 inhibition is important for healthy joint function, normal cellular development (overexpression of COX-2 causes abnormal cell development) and healthy aging.

MaxDHA is a source of Omega 3 fatty acids known to generate prostaglandins series 3 (PGE3) and inhibit COX-2.

GLA, from Borage seed oil extract, enhances synthesis of prostaglandins series E1 (PGE1).

Devil's Claw contains COX-2 inhibitors iridoid glycosides, such as harpagosides, clinically proven to improve joint motility and flexibility.

White Willow Bark is a bitter herb rich in flavonoids and salicylic derivatives (salicin and salicortin) responsible for inhibiting COX-2.

Other COX2TAME Herbs: Curcumin, Ginger, Quercetin, Resveratrol, Green Tea: sources of powerful phenolic antioxidants which disrupt the signaling processes which activate COX-2 gene expression.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Sardine Oil (Source of Omega 3 Fatty Acids) (Providing 113 mg EPA & 25 mg DHA) • GLA (Gamma Linoleic Acid) (from 220 mg of Borage Seed Oil 24% extract) • Resveratrol (*Polygonum cuspidatum*) (Derived from 160 mg Resveratrol 10% extract) • Curcumin (*Curcuma longa*)(95% Curcuminoids) • Ginger (*Zingiber officinale*)(rhizome)(5% Gingerols and Shogaols) • Green Tea (*Camellia sinensis*)(45% polyphenols) • Devil's Claw (*Phytum procumbens*) (5% iridoid glycosides) • White Willow Bark (*Salicis cortex*) (15% salicin) • Quercetin

(4) Name of the dietary supplement(s)

Cox₂Tame™ 90 softgels

(5) The following disclaimer appears on the label in bold:

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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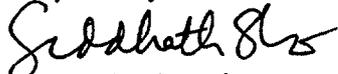
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These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "Siddharth Shastri". The signature is fluid and cursive, with a prominent initial "S".

Siddharth Shastri

Vice President, Product Development