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May 22, 2003

Food and Drug Administration
Center for Food Safety and Applied Nutrition
Office of Nutritional Products, Labeling, and Dietary Supplements (HFS-810)
5100 Paint Branch Parkway
College Park, Maryland 20740
Reference phone #301-436-2373

Dear CFSAN:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section of 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

(1) Name of Address of distributor:

Jarrow Formulas, 1824 South Robertson Blvd., Los Angeles, CA 90035

(2) Text of the statement(s):

Chondroitin 400 contains Chondroitin Sulfate, a carbohydrate polymer that is a critical component of cartilage (the tissue that cushions joints). Chondroitin 400 supports healthy joint metabolism by stimulating the synthesis of hyaluronic acid (joint lubricant) and reducing the rate of degradation of connective tissue. Chondroitin 400 should be taken with Jarrow Formulas BioSil[™], the biologically active form of silicon. Silicon enhances collagen and cartilage integrity.

(3) Name of the dietary ingredient(s) if not provided in the text of the statement:

Chondroitin Sulfate (from 420 mg Chondroitin Sulfate calcium)

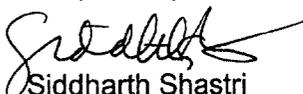
(4) Name of the dietary supplement(s)

Chondroitin 400 400mg • 100 capsules

(5) The following disclaimer appears on the label in bold: These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

These claims are limited to, and a result of, what we believe to be a substantial body of scientific evidence supporting the functional role of these nutrients.

Respectfully submitted,



Siddharth Shastri
Vice President, Product Development

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