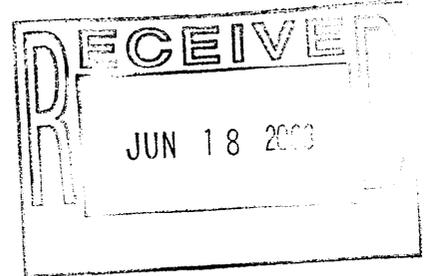


Life

TUNG HAI™ Chlorella 4071 '03 JUN 24 A6:30

June 5, 2003

Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St., S.W.
Washington, DC 20204



RE: Dietary Supplement Statement of Support Notification

To: Whom It May Concern:

Nutritional Specialties, Inc., 1456 E. Katella Ave. Anaheim, CA 92805, the distributor of the following dietary supplement products, intends to make the following statement of support: "LifeTime's Calm and Calmer is a natural anti stress adaptogen formula that includes anti anxiety lowering herbs and an amino acid working synergistically to stimulate anti stress calming factors to help one feel relaxed but not drowsy."

This claim is being made for Relora (Proprietary blend of patent pending plant extracts from Magnolia Officinalis and Phellodendron Amurense), Rhodiola Rosae (3% Rosavins), L-Theanine (Suntheanine® Brand).

Which is contained in LifeTime® Calm & Calmer Anti Stress Formula Capsules. This submission is being made in compliance with the requirements of 21 CFR 101.93.

The undersigned is an authorized representative of Nutritional Specialties, Inc. and certifies that the information contained in this notice is complete and accurate, and that Nutritional Specialties, Inc. has substantiation that the above statement is truthful and not misleading.

Harry G. Shippy
Signature
HARRY AUGUST SHIPPY
Full Name
PRESIDENT
Title

975 0162

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12179

NUTRITIONAL SPECIALTIES, INC.
1456 E. Katella Avenue • Anaheim, CA 92805
1-800-333-6168 • 714-634-9340
Fax 714-634-9347
Email: lifetime@sbcglobal.net

84743



Life

CALM & CALMER Anti-Stress Formula

with
Kalmidol
& Theanine

60 Capsules



Amount Per Serving

Relaxant	100 mg
Essential Oil	100 mg
...	...

Daily Value (Estimated)

Other Ingredients: ...

Directions: ...

Warnings: ...

Net Content: 60 Capsules

Formulated and Distributed by:
Life Time[®], Nutritional Specialties, Inc.
Anaheim, CA 92805
www.lifetimevitamins.com