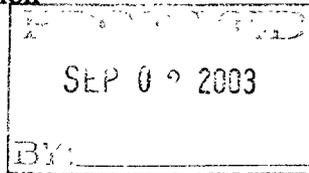




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

August 22, 2003



Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Easy Iron/Gentle Iron Plus supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Vitamin C, Folic Acid, Vitamin B-12, Iron.

- Supports/promotes energy utilization.
- As an important dietary source of iron, Gentle Iron Plus/Easy Iron contains Iron Bis-Glycinate, a well-tolerated form of Iron that is gentle to your system.
- Iron is a necessary component of hemoglobin, the oxygen carrier in the blood.
- Iron is also important for energy utilization.
- Gentle Iron Plus/Easy Iron contains 28 mg of the Iron your body needs each day for nutritional health.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD

Director of Nutrition Communications

JD/je

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