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Office of Nutritional Products  
Labeling & Dietary Supplements  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5100 Paint Branch Parkway  
College Park, MD 20740-3835

July 23, 2003

Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Daily Fiber for Low Carb Diets supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Natural Fiber from Oat Bran, Rice Bran, Apple Pectin Powder, Prune Powder, Peach Fiber, Kidney Bean, Lactobacillus Acidophilus, Brussels Sprouts, Broccoli, Spinach, Cauliflower, Cabbage, Carrot.

- Helps support/promote regularity.
- Supports a feeling of fullness.
- Eating foods high in fiber can help relieve the symptoms of occasional constipation and promote good health.
- The trouble is that low carb/high protein diets may not provide enough fiber, leading to compromised regularity.
- Daily Fiber for Low Carb Diets contains five grams of dietary fiber per serving and helps you get the fiber you need without adding extra carbohydrates to your diet.
- This exceptional product works with the natural flow of your body by promoting regularity and a feeling of fullness

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD  
Director of Nutrition Communications

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