



90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 567-1953

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NBTY

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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 18, 2003

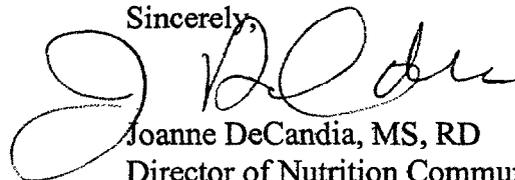
Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our L-Lysine supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Hudson, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition, and Vitamin World:

- For balanced nutrition and health.
- Lysine is an indispensable amino acid that cannot be made by the body.
- Amino acids form the basis for protein, which helps construct and maintain the critical structures in the body.
- Lysine is also used for the health and integrity of skin.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,



Joanne DeCandia, MS, RD
Director of Nutrition Communications

JD/je

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