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Office of Nutritional Products
Labeling & Dietary Supplements
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740-3835

July 18, 2003

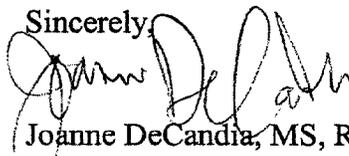
Dear Sir or Madam:

This letter will serve as a 30-day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Herbal Laxative Tablet supplements under one or more of the following brand names: American Health, Bioenergy Nutrients, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthSmart Vitamins, HealthWatchers, Herbal Authority, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, PhysioLogics, Precision Engineered, Puritan's Pride, US Nutrition and Vitamin World:

Ingredients: Cascara Sagrada, Senna, Fennel Seed, Licorice Root, Uva Ursi.

- Supports/promotes regularity.
- Herbal Laxative Tablets are an all-natural laxative designed for the relief of occasional constipation.
- Our formula brings together the holistic properties of Cascara Sagrada and Senna, two popular herbals that help promote regularity.
- Herbal Laxative Tablets contain no harsh synthetics, so you can be assured of gentle, yet efficient, relief.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Joanne DeCandia, MS, RD
Director of Nutrition Communications

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