

Source Naturals®  
23 Janis Way  
Scotts Valley, CA 95066

July 19, 2004

Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW., Washington, D.C. 20204

AUG 10 2004

RE: Notification of Nutritional Support Statements

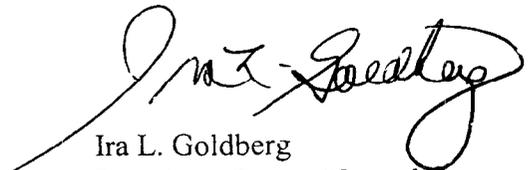
To whom it may concern:

I hereby notify the Food and Drug Administration (FDA) of the use of statements of nutritional support in the labeling of Timed Release St. John's Wort Extract, a dietary supplement. Source Naturals® is the manufacturer of Timed Release St. John's Wort Extract.

Statements being made in the labeling of Timed Release St. John's Wort Extract

- 1) Source Naturals Timed Release St. John's Wort Extract is a once daily tablet formulated to gradually be released over a 12-hour period and is standardized to consistently supply 0.3% hypericin.
- 2) A daily intake of St. John's Wort, standardized to 2.7 mg hypericin, may support a positive outlook and mood.
- 3) Benefits may be experienced within 4 to 6 weeks of initial use.

To the best of my knowledge and belief, and based upon information available at the time of the execution of this notice, I certify that the above information is accurate and complete. Source Naturals® possesses substantiation that the statements are truthful and not misleading.

  
Ira L. Goldberg  
President, Source Naturals®

97S 0162

LET

14430

89258