



Office of Nutritional Products, Labeling,
and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

**NOTIFICATION OF STATEMENTS
OF NUTRITIONAL SUPPORT**

On behalf of *Waiora International, Inc., 1829 Corporate Drive, Boynton Beach, Florida, 33426*, the undersigned files this notification pursuant to section 403(r)(6) of the Federal Food, Drug, and Cosmetic Act, 21 U.S.C. § 343(r)(6). The certification required by 21 C.F.R. § 101.93(a)(3) is attached.

Brand Name: *Superior Fiber Blend*

Dietary Ingredients:

Supplement Facts

Serving Size: 1 scoop (10.8 g)

Servings Per Container: 60

Amount Per Serving	% Daily Value
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Calories 25

Total Carbohydrate 7g 2%*

Dietary Fiber 5g 20%*

Soluble Fiber 3g

Insoluble Fiber 2g

Vitamin C (As Ascorbic Acid) 100%

Vitamin E (As Vitamin E Acetate) 100%

Plant Sterols .65g

Beta-Sitosterol 325mg +

Campesterol 160mg +

Stigmasterol 120mg +

Inulin 500mg

* Percent Daily Values are based on a 2000 calorie diet.

97S 0162

LET

14371

55972

+Daily Value not established.

Ingredients: Fiber Blend (Guar Gum, Oat Fiber, Carrot Fiber, Fibersol (Digestive Resistant Maltodextrin), Arabinogalactan, Sugar Cane Fiber and Citrus Pectin,) Natural and Artificial Flavor, Orange Juice Powder, Corn Syrup Solids, Sterol Esters, Citric Acid, Malic Acid, Ascorbic Acid, Vitamin E Acetate, Sodium Caseinate, Sucralose, DiPotassium Phosphate, Beta Carotene.

Statements of Nutritional Support:

A scientifically advanced fiber drink mix formulated to help maintain healthy cholesterol and blood sugar levels (that are already within a normal range) and support digestive health.*

A diet rich in fiber and low in saturated fat can provide numerous health benefits. However, most Americans eat less than the recommended amount of fiber (20-35 grams) daily. Using a proprietary blend of ingredients including Guar Gum, Oat Fiber and Plant Sterols, this supplement delivers a superior matrix of fibers to assist you in improving your overall health.*

Waiora International, Inc.


By: Stanley J. Cherelstein
President & CEO

Attachment – Certification

[NOTE: An original and two copies of the notification and certification must be submitted to FDA.]

21 C.F.R. § 101.93(a)(3) Certification

I certify that the information contained in the preceding section 403(r)(6) notice for *Superior Fiber Blend* is complete and accurate and that *Waiora International, Inc.* has substantiation that the statements are truthful and not misleading.


By: Stanley J. Cherelstein
President & CEO

June 10, 2004

[NOTE: This certification must be signed by an individual who can certify the accuracy of the information presented in the notification.]