



"Keeping America Healthy Since 1910"

3401 West 37th Avenue
Hobart, IN 46342

Phone: (219) 947 - 4040
FAX: (219) 947 - 4148
Toll Free: 1-800-644-TEAS

**NOTIFICATION PURSUANT TO
SECTION 6 OF DSHEA
AND 21 CFR § 101.93**

MAY 25 2004

This notification is being filed on behalf of Indiana Botanic Gardens, Inc., which is the distributor of the product which bears the statements in this notification. Its business address is: 3401 West 37th Avenue, Hobart, IN 46342. This notification is being made pursuant to Section 6 of the DSHEA and Rule 21 CFR § 101.93. The dietary supplement product on whose labeling the statements appear is Flaxseed Softgels.

The text of each structure-function statement for Flaxseed Softgels for which notification is now being given is:

- (statement 1): Locked in Flaxseed oil are essential fatty acids... These omega 3 fatty acids are vital to your body, because they promote the build up of good prostaglandins which play a major role in helping your heart, immune system and in LDL and HDL cholesterol levels. These fatty acids also have shown the ability to help fatigued muscles recover from exercise and exertion.
- (statement 2): Supplies your body with important polyunsaturated fats.
- (statement 3): Important for brain and nerve function.
- (statement 4): These fatty acids are vital for energy, brain function, cell renewal, blood pressure and cholesterol levels that are already in the normal range, your health and much more.
- (statement 5): A natural alternative for menopausal women... rich in omega 3 fatty acids.

97S 0162

LET

14240

From Nature's Greatest Laboratories... The Fields and Forests™



"Keeping America Healthy Since 1910"

3401 West 37th Avenue
Hobart, IN 46342

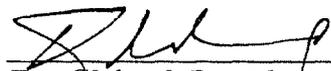
Phone: (219) 947 - 4040
FAX: (219) 947 - 4148
Toll Free: 1-800-644-TEAS

(Flaxseed Softgel, page 2)

The following identifies the brand name of each supplement for which a statement is made:

| <u>Statement Number</u> | <u>Brand Name</u> | <u>Label or Labeling?</u> |
|-------------------------|------------------------------------|---------------------------|
| 1 | Botanic Choice (Flaxseed Softgels) | labeling |
| 2 | Botanic Choice (Flaxseed Softgels) | labeling |
| 3 | Botanic Choice (Flaxseed Softgels) | labeling |
| 4 | Botanic Choice (Flaxseed Softgels) | labeling |
| 5 | Botanic Choice (Flaxseed Softgels) | labeling |

I, Tim Cleland, am authorized to certify this notification on behalf of Indiana Botanic Gardens, Inc. I certify that the information presented and contained in this notification is complete and accurate, and that Indiana Botanic Gardens, Inc., has substantiation that each structure- function claim is truthful and not misleading.



Tim Cleland, President

4-30-04

Date signed

From Nature's Greatest Laboratories... The Fields and Forests™