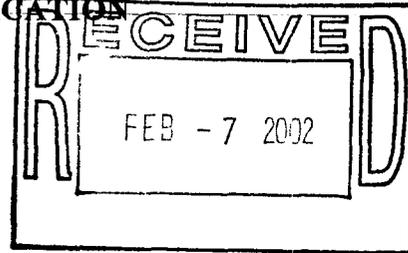


1824 South Robertson Blvd.
Los Angeles, CA 90035-4317
310/204-6936 • 800/726-0886

Fax Numbers
Orders 800/890-8955
General 310/204-2520
Administrative 310/204-5132

Dec. 20, 2002

SECTION 403 (r) (6) NOTIFICATION



Office of Special Nutritionals (HFS-810)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C St. SW
Washington, DC 20204

Dear Sir or Madam:

In accordance with the requirement of Section 403 (r)(6) of the Federal Food, Drug and Cosmetic Act, and Rule CFR 101.93, we hereby notify FDA that Jarrow Formulas' Preg-Natal™ + DHA product bears the following statements:

1. Jarrow Formulas, Inc., 1824 S. Robertson Blvd., Los Angeles, CA 90035-4317
www.jarrow.com
2. Statements:
 - a. Provides nutritional support during pregnancy and lactation.
 - b. Jarrow Formulas' Preg-Natal + DHA is especially formulated to meet a woman's nutritional needs during pregnancy and lactation. Extra folic acid, calcium and iron are required for normal fetal development and material health. The Omega-3 fatty acid DHA, is required to support fetal visual acuity, neurological and brain development. Methyl B12 is preferred to other forms of B12 due to its higher bioavailability and longer tissue retention.
 - c. Other ingredients: Stearic acid, microcrystalline cellulose, calcium stearate, hydroxypropyl cellulose, crosscarmellose sodium and silicon dioxide.
 - d. Disclaimer (on the label in bold): These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

I certify that the information contained in the notice is complete and accurate, and that Jarrow Formulas has substantiation that the statement is truthful and not misleading.

Sincerely

Handwritten signature of Peilin Guo in black ink.

Peilin Guo, MS, RD
Dir. Functional Foods Program

Handwritten signature of Sid in black ink.

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LET 9237

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