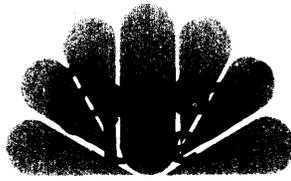
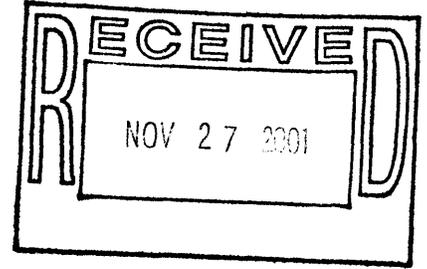


ESSENCE.



Partners in Health and Beauty



Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW
Washington, D.C. 20204

October 8, 2001

This letter serves as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 (DSHEA), that Country Life® is using the following statement on the label of Calcium Chewable Wafers (dietary ingredients: vitamin D, calcium, magnesium). This statement is accompanied by the required disclaimer. To the best of my knowledge, the information contained in this notice is complete and accurate.

Adequate calcium intake throughout life is linked to reduced bone health through the mechanism of optimizing peak bone mass (building and maintaining good bone health) during adolescence and early childhood.

Sincerely,

Morag Thorsen
Director of Regulatory Affairs B.A., M.A.L.S.

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