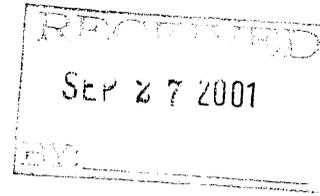


Carlson®

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August 31, 2001



Office of Special Nutritional (HFS-450)  
Center for Food Safety and Applied Nutrition  
Attn.: John B Foret  
Food and Drug Administration  
200 C St. SW  
Washington, D.C. 20204

Dear Sir or Madam:

I hereby notify the Food and Drug Administration (FDA) of the use of a statement of nutritional support in the labeling of Carlson Vitamin D. J. R. Carlson Laboratories, Inc., Arlington Heights, Illinois 60004, is the distributor of Carlson Vitamin D.

Statement being made in the labeling of the above mentioned Carlson product:  
"Promotes strong bones by assisting calcium metabolism."

To the best of my knowledge, and based upon information and belief present at the time of the executing of the notice, I certify that the above information is accurate and complete; and that J.R. Carlson Laboratories, Inc. possesses substantiation that the statements are truthful and not misleading.

J.R. Carlson Laboratories, Inc.

By Susan Carlson  
Susan Carlson, Vice President

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