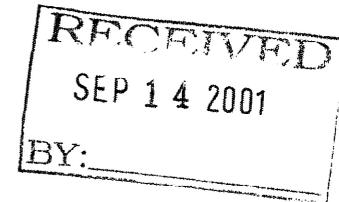




90 Orville Drive, Bohemia, NY 11716-2510 ■ Phone: (631) 567-9500 ■ Fax: (631) 218-7480

Office of Nutritional Products/Labeling & Dietary
Center for Food Safety and Applied Nutrition
Food and Drug Administration
200 C Street, SW (HFS-810)
Washington, D.C. 20204

August 23, 2001



Dear Sir or Madam:

This letter will serve as a 30 day notification pursuant to Section 6 of the Dietary Supplement Health and Education Act of 1994 that NBTY Inc. is using the following statements on our Xtreme Shaper™ supplements under one or more of the following brand names: American Health, Body Fortress, Good 'N Natural, Health's Finest, Heartland, HealthWatchers, Herbal Authority, Herbal Harvest, Herbal Sure, Life's Finest, Natural Wealth, Nature's Bounty, Nutrition Headquarters, Nutrition Warehouse, Precision Engineered, Puritan's Pride, Select Herbal, US Nutrition, Vitamin City and Vitamin World:

Active Ingredients: Vitamin A, Vitamin C, Riboflavin, Vitamin B-6, Niacin, Biotin, Pantothenic Acid, Calcium, Chromium, Aloe Vera Gel, Calcium Pyruvate, L-Carnitine, Conjugated Linoleic Acid, Hydrolyzed Collagen, L-Alanine, L-Lysine, L-Proline, L-Leucine, Hydroxyproline, L-Glutamine, L-Ornithine, Dimethyl Glycine.

- Promotes Fat Metabolism
- Enhances Diet
- Helps Maintain Lean Muscle Mass and Reduce Body Fat
- Xtreme Shaper™ is a comprehensive, multi-level support system that utilizes an advanced Aloe Vera formula to help jump start your weight control program.
- Our precision combination of Aloe Vera, Tonalin® CLA and Pyruvate, plus key amino acids is designed to work synergistically so you can look forward to maximum support in minimum time.
- Key amino acids in Xtreme Shaper™ help support intense workouts and assist in the breakdown of fat in cells to produce energy.
- Pyruvate, a vital ingredient in Xtreme Shaper™, plays a key role in energy metabolism.
- Tonalin® CLA helps maintain lean muscle mass and reduce body fat.
- Aloe Vera has been used for centuries in India and contains important anthraquinone glycosides.

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BY:

- Pyruvate plays a key role in energy metabolism and is a precursor to several amino acids.
- L-Glutamine is one of twenty amino acids (the building blocks of protein) and is the most highly concentrated amino acid in muscle.
- L-Glutamine also plays a role in the proper functioning of the GI tract.
- L-Arginine is an important amino acid, especially during growth phases.
- L-Carnitine assists in the breakdown of fat in cells to produce energy and plays an essential role in making fatty acids available for energy in muscle tissue.
- L-Carnitine uses fat to produce energy and makes energy available for muscle.
- Tonalin® CLA is one of the most exciting weight control ingredients to come along in years!
- Collagen supports lean body mass, promotes energy metabolism and maintains bones and joints.
- Aloe Vera contains amino acids for muscle uptake, promotes proper digestion and contributes to well being.

The above statements are accompanied by the required disclaimer pursuant to Section 6 of the Dietary Supplement Health and Education Act.

Sincerely,

Ona Scandurra, MS, RD

Director of Nutrition Communications

OS/lt

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