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FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

PHARMACY COMPOUNDING ADVISORY COMMITTEE
(PCAC)

Tuesday, March 8, 2016

Morning Session
8:30 a.m. to 12:20 p.m.

FDA White Oak Campus
10903 New Hampshire Avenue
Building 31 Conference Center
The Great Room (Rm. 1503)
Silver Spring, Maryland

1 **Meeting Roster**

2 **DESIGNATED FEDERAL OFFICER (Non-Voting)**

3 **Cindy Hong, PharmD**

4 Division of Advisory Committee and Consultant

5 Management

6 Office of Executive Programs, CDER, FDA

7

8 **PHARMACY COMPOUNDING ADVISORY COMMITTEE MEMBERS**

9 **(Voting)**

10 **Michael A. Carome, MD, FASHP**

11 ***(Consumer Representative)***

12 Director of Health Research Group

13 Public Citizen

14 Washington, District of Columbia

15

16 **Gigi S. Davidson, BSPH, DICVP**

17 ***U.S. Pharmacopeial Convention***

18 ***(USP) Representative***

19 Director of Clinical Pharmacy Services

20 North Carolina State University

21 College of Veterinary Medicine

22 Raleigh, North Carolina

1 **John J. DiGiovanna, MD**

2 Staff Clinician, DNA Repair Section

3 Dermatology Branch, Center for Cancer Research

4 National Cancer Institute

5 National Institutes of Health

6 Bethesda, Maryland

7

8 **Padma Gulur, MD**

9 ***(Acting Chairperson)***

10 Professor, Department of Anesthesiology and

11 Perioperative Care

12 University of California, Irvine

13 Orange, California

14

15 **Stephen W. Hoag, PhD**

16 Professor

17 Department of Pharmaceutical Science

18 University of Maryland, Baltimore

19 Baltimore, Maryland

20

21

22

1 **William A. Humphrey, BSPHarm, MBA, MS**

2 Director of Pharmacy Operations

3 St. Jude's Children's Research Hospital

4 Memphis, Tennessee

5

6 **Elizabeth Jungman, JD**

7 Director, Public Health Programs

8 The Pew Charitable Trusts

9 Washington, District of Columbia

10

11 **Katherine Pham, PharmD**

12 Neonatal Intensive Care Unit Pharmacy Specialist

13 Children's National Medical Center

14 Washington, District of Columbia

15

16 **Allen J. Vaida, BSc, PharmD, FASHP**

17 Executive Vice President

18 Institute for Safe Medication Practices

19 Horsham, Pennsylvania

20

21

22

1 Donna Wall, PharmD

2 *National Association of Boards of Pharmacy*

3 *(NABP) Representative*

4 Clinical Pharmacist

5 Indiana University Hospital

6 Indianapolis, Indiana

7

8 **PHARMACY COMPOUNDING ADVISORY COMMITTEE INDUSTRY**

9 **REPRESENTATIVE MEMBERS (Non-Voting)**

10 Ned S. Braunstein, MD

11 *(Participation in March 8th PM session and*

12 *March 9th session)*

13 Senior Vice President and Head of Regulatory

14 Affairs

15 Regeneron Pharmaceuticals, Inc.

16 Tarrytown, New York

17

18 William Mixon, RPh, MS, FIACP

19 Owner-Manager

20 The Compounding Pharmacy

21 Hickory, North Carolina

22

1 **TEMPORARY MEMBERS (Voting)**

2 **Lenore Buckley, MD, MPH**

3 *(Participation in quinacrine, boswellia, D-ribose,*
4 *and chondroitin discussions)*

5 Professor of Internal Medicine and Pediatrics

6 Yale University School of Medicine

7 New Haven, Connecticut

8

9 **ACTING INDUSTRY REPRESENTATIVE TO THE COMMITTEE**

10 **(Non-Voting)**

11 **Christopher Smalley, PhD, MS, MBA**

12 *(Participation in March 8th AM session)*

13 Director, Engineering Biosterile Validation

14 Merck & Co

15 West Point, Pennsylvania

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1 P R O C E E D I N G S

2 (8:30 a.m.)

3 **Call to Order**

4 **Introduction of Committee**

5 DR. GULUR: Good morning, everybody. I
6 would first like to remind everyone present to
7 please silence your cell phones, Blackberrys, and
8 other devices if you have not already done so. I
9 would also like to identify the FDA press contact
10 for this open session meeting, Ms. Lyndsay Meyer.
11 If you are present, please stand. Thank you.

12 Good morning. My name is Padma Gulur. I am
13 the acting chairperson of the Pharmacy Compounding
14 Advisory Committee, otherwise referred to as PCAC.
15 I will now call the committee to order. We will
16 now ask those at the table, including FDA staff and
17 committee members, to introduce themselves starting
18 with the FDA person to my left and moving along to
19 the right side, ending with one of the alternate
20 industry representatives, Dr. Christopher Smalley.

21 DR. HONG: I am Cindy Hong, the designated
22 federal officer for the Pharmacy Compounding

1 Advisory Committee.

2 DR. BUCKLEY: I'm Lenore Buckley. I'm an
3 adult and pediatric rheumatologist at Yale
4 University School of Medicine.

5 MS. BORMEL: I'm Gail Bormel, acting
6 director of the Division of Prescription Drugs in
7 the Office of Unapproved Drugs and Labeling
8 Compliance in CDER.

9 MS. AXELRAD: I'm Jane Axelrad, the
10 associate director for policy in CDER and the
11 agency lead on compounding.

12 DR. JOHNSON: I'm Susan Johnson, the
13 associate director for the Office of Drug
14 Evaluation IV, filling in for Dr. Charles Ganley
15 today.

16 MR. FLAHIVE: I'm Jim Flahive. I'm a
17 regulatory counsel on the Pharmacy Compounding
18 Advisory Committee team within CDER compliances,
19 Office of Unapproved Drugs and Labeling Compliance.

20 DR. MISHRA: I'm Shrimant Mishra, medical
21 officer in the Division of Anti-Infective Products.

22 DR. HULL: I'm Keith Hull, medical officer

1 in the Division of Pulmonary, Allergy, and
2 Rheumatology Products.

3 DR. ORLEANS: I'm Ron Orleans, a medical
4 officer in the Division of Bone, Reproductive, and
5 Urologic Products.

6 DR. MAYNARD: I'm Janet Maynard. I'm a
7 clinical team leader in the Division of Pulmonary,
8 Allergy, and Rheumatology Products.

9 DR. GULUR: Let's start with you.

10 MS. DAVIDSON: I'm Gigi Davidson. I'm the
11 chair of the USP Compounding Expert Committee, and
12 I represent USP on this committee.

13 MR. HUMPHREY: I'm William Humphrey, and I'm
14 the director of pharmacy operations at St. Jude's
15 Children's Research Hospital in Memphis, Tennessee.

16 DR. DIGIOVANNA: I'm John DiGiovanna. I'm a
17 dermatologist at the National Cancer Institute NIH.

18 MS. JUNGMAN: I'm Elizabeth Jungman. I
19 direct public health programs for The Pew
20 Charitable Trust.

21 DR. VAIDA: Allen Vaida. I'm a pharmacist,
22 and I work at the Institute for Safe Medication

1 Practices.

2 DR. CAROME: Mike Carome. I'm a director of
3 Public Citizen's Health Research Group.

4 DR. WALL: Donna Wall, I'm the clinical
5 pharmacist at Indiana University Hospital in
6 Indianapolis, and I represent NABP.

7 MR. MIXON: Bill Mixon, Hickory, North
8 Carolina, non-voting industry member, industry
9 representative.

10 DR. SMALLEY: Chris Smalley, director of
11 biosterile validation, Merck Sharp & Dohme, and I
12 am the acting industry representative.

13 DR. GULUR: Thank you, everyone.

14 For topics such as those being discussed
15 today at this meeting, there are often a variety of
16 opinions, some of which are quite strongly held.
17 Our goal is that today's meeting will be a fair and
18 open forum for discussion of these issues and that
19 individuals can express their views without
20 interruption. Thus, as a reminder, individuals
21 will be allowed to speak into the record only if
22 recognized by the chair. We look forward to a

1 productive meeting.

2 In the spirit of the Federal Advisory
3 Committee Act and the Government in the Sunshine
4 Act, we ask that the advisory committee members
5 take care that their conversations about the topic
6 at hand take place in the open forum of the
7 meeting. We are aware that members of the media
8 may be anxious to speak with the FDA about these
9 proceedings, however, FDA will refrain from
10 discussing the details of this meeting with the
11 media until its conclusion. Also, the committee is
12 reminded to please refrain from discussing the
13 meeting topic during breaks or lunch.

14 Over the next two days, we will cover six
15 drug substances and two categories of difficult to
16 compound drug products. On the morning of the
17 first day, we will discuss two bulk drug substances
18 nominated for inclusion on the list of bulk
19 substances that may be used to compound drugs in
20 accordance with Section 503A of the Food, Drug and
21 Cosmetic Act, quinacrine and boswellia.

22 We will hear presentations from FDA, ask

1 clarifying questions, hear nominator presentations,
2 hold an open public hearing, and have committee
3 discussion and voting on each of the two
4 substances.

5 This afternoon we will be discussing four
6 more bulk drug substances nominated for inclusion
7 on the list of bulk drug, aloe vera, D-ribose,
8 chondroitin and acetyl-L-carnitine. We will hear
9 presentations from FDA, ask clarifying questions,
10 and hear nominator presentations, hold an open
11 public hearing, and have committee discussion and
12 voting on each of the four substances.

13 Let us begin. We will now have Dr. Cindy
14 Hong read the conflict of interest statement.

15 **Conflict of Interest Statement**

16 DR. HONG: The Food and Drug Administration
17 is convening today's meeting of the Pharmacy
18 Compounding Advisory Committee under the authority
19 of the Federal Advisory Committee Act of 1972.
20 With the exception of the National Association of
21 Boards of Pharmacy, the United States Pharmacopeia,
22 and the industry representatives, all members and

1 temporary voting members of the committee are
2 special government employees or regular federal
3 employees from other agencies and are subject to
4 federal conflict of interest laws and regulations.

5 The following information on the status of
6 this committee's compliance with federal ethics and
7 conflict of interest laws, covered by but not
8 limited to those found on 18 USC Section 208, is
9 being provided to participants in today's meeting
10 and to the public. FDA has determined that members
11 and temporary voting members of this committee are
12 in compliance with federal ethics and conflict of
13 interest laws.

14 Under 18 USC Section 208, Congress has
15 authorized FDA to grant waivers to special
16 government employees and regular federal employees
17 who have potential financial conflicts when it is
18 determined that the agency's need for a special
19 government employee's services outweighs his or her
20 potential financial conflict of interest, or when
21 the interest of a regular federal employee is not
22 substantial as to be deemed likely to affect the

1 integrity of the services which the government may
2 expect from the employee.

3 Related to the discussions of today's
4 meeting, members and temporary voting members of
5 this committee have been screened for potential
6 financial conflicts of interest of their own as
7 well as those imputed to them, including those of
8 their spouses or minor children and, for purposes
9 of 18 USC Section 208, their employers. These
10 interests may include investments, consulting,
11 expert witness testimony, contracts, grants,
12 CRADAs, teaching, speaking, writing, patents and
13 royalties, and primary employment.

14 During this session, the committee will
15 discuss six bulk drug substances nominated for
16 inclusion under Section 503A Bulk Drug Substances
17 list. FDA will discuss the following nominated
18 bulk drug substances: quinacrine hydrochloride,
19 boswellia, aloe vera 200 to 1 freeze dried,
20 D-ribose, chondroitin sulfate, and acetyl-L-
21 carnitine. The nominators of these substances will
22 be invited to make a short presentation supporting

1 the nomination.

2 This is a particular matters meeting during
3 which specific matters related to the six bulk drug
4 substances will be discussed. Based on the agenda
5 for today's meeting and all financial interests
6 reported by the committee members and temporary
7 voting members, no conflict of interest waivers
8 have been issued in connection with this meeting.

9 To ensure transparency, we encourage all
10 standing committee members and temporary voting
11 members to disclose any public statements that they
12 have made concerning the products at issue.

13 We would also like to note that Dr. Donna
14 Wall is a representative member from the National
15 Association of Board of Pharmacy, and that Ms. Gigi
16 Davidson is a representative member from the United
17 States Pharmacopeia.

18 Section 102 of the Drug Quality and Security
19 Act, amended the Federal Food and Drug and Cosmetic
20 Act, with respect the Advisory Committee on
21 Compounding to include representatives from the
22 NABP and the USP. Their role is to provide the

1 committee with the points of view of the NABP and
2 USP. Unlike the other members of the committee,
3 representative members are not appointed to the
4 committee to provide their own individual judgment
5 on the particular matters at issue. Instead, they
6 serve as the voice of NABP and USP, entities with
7 financial or other stakes in the particular matters
8 before the advisory committee.

9 With respect to FDA's invited industry
10 representatives, we would like to disclose that
11 Dr. Ned Braunstein, Mr. William Mixon, and
12 Dr. Christopher Smalley are participating in this
13 meeting as non-voting industry representatives
14 acting on behalf of regulated industry. Their role
15 at this meeting is to represent industry in general
16 and not any particular company. Dr. Braunstein is
17 employed by Regeneron Pharmaceuticals, Mr. Mixon is
18 the owner of The Compounding Pharmacy, and
19 Dr. Smalley is an employee at Merck.

20 We would like to remind members and
21 temporary voting members that if the discussions
22 involve any other bulk drug substances not already

1 on the agenda for which an FDA participant has a
2 personal or imputed financial interest,
3 participants need to exclude themselves from such
4 involvement, and their exclusion will be noted for
5 the record.

6 FDA encourages all the participants to
7 advise the committee of any financial relationships
8 that they may have with the bulk drug substances at
9 issue. Thank you.

10 DR. GULUR: Dr. Carome?

11 DR. CAROME: Mike Carome. I was asked to
12 make a brief statement. I am the director of
13 Public Citizen Health Research Group, and I would
14 like to disclose that Public Citizen Health
15 Research Group has published an article on the
16 organization's website, Worst Pills, Best Pills,
17 advising readers that they should not use
18 chondroitin sulfate for treating osteoarthritis
19 because of a lack of evidence of the drug's
20 effectiveness for that disease.

21 In today's session, the committee will
22 consider six bulk drug substances nominated for

1 inclusion on the Section 503A bulk drug substances
2 list as they relate to the issue of whether they
3 are appropriate for inclusion on the list of bulk
4 drug substances that may be used to compound drug
5 products in accordance with 503A. These
6 discussions will include the bulk drug substance
7 chondroitin sulfate.

8 The FDA has determined that I may
9 participate fully in the deliberations of this
10 session of the meeting and will vote on all but the
11 one question posed to the committee regarding
12 chondroitin sulfate. And just for the record, I
13 would like to state that Public Citizen disagrees
14 with the FDA's policy, both in concept and
15 implementation, regarding intellectual conflict of
16 interest for invited committee members. Thank you.

17 DR. GULUR: Thank you.

18 Before we begin, I will introduce one voting
19 special government employee who will be in a
20 specific portion of this morning's topic. She is
21 Dr. Lenore Buckley, Professor of Internal Medicine
22 and Pediatrics at the Yale University. She will

1 participate in quinacrine and boswellia topics. We
2 will now proceed with the FDA introductory remarks
3 from Ms. Bormel.

4 **FDA Introductory Remarks - Gail Bormel**

5 MS. BORMEL: Good morning. I'm Gail Bormel,
6 acting director of the Division of Prescription
7 Drugs in the Office of Unapproved Drugs and
8 Labeling Compliance in CDER, and I would like to
9 welcome you to the fourth meeting of the Pharmacy
10 Compounding and Advisory Committee. We had a very
11 busy 2015, a year in which we accomplished a lot,
12 and we are looking forward to a productive 2016.

13 As you've heard, over the next 1 and a half
14 days, we will be discussing six additional bulk
15 drug substances nominated for inclusion on the list
16 of bulk drug substances that can be used in
17 compounding by entities seeking to qualify for the
18 exemptions under Section 503A of the Federal Food,
19 Drug and Cosmetic Act. These substances are
20 quinacrine hydrochloride, boswellia, freeze dried
21 aloe vera 200 to 1, D-ribose, chondroitin sulfate,
22 and acetyl-L-carnitine.

1 You will notice that we have a new FDA staff
2 member who assisted with the preparation of certain
3 presentations, Dr. Charles Ganley, who is the
4 director of the Office of Drug Evaluation IV in the
5 Office of New Drugs. Dr. Ganley is ill today, and
6 Dr. Susan Johnson, associate director of ODE IV,
7 will be presenting today on Dr. Ganley's behalf and
8 is seated at the table.

9 Dr. Ganley has been designated by the OND
10 Immediate Office to work with staff in the Office
11 of New Drugs in the conduct of the reviews of the
12 substances nominated for the 503A and 503B bulks
13 lists, and to assist in preparation for these
14 advisory committee meetings.

15 Where there are differences in views between
16 the divisions, Dr. Ganley has been designated by
17 the director of the Office of New Drugs to
18 reconcile the different viewpoints and to provide
19 an overall FDA recommendation. Dr. Ganley
20 performed that function with regard to the views of
21 two of the substances we will be discussing today,
22 quinacrine hydrochloride and D-ribose.

1 We will have four presentations on
2 quinacrine hydrochloride including one prepared by
3 Dr. Ganley. The first three presentations will be
4 by the review divisions that looked at quinacrine
5 hydrochloride for three different uses, and then
6 Dr. Susan Johnson will explain the rationale for
7 the agency's overall recommendation. Similarly, we
8 will have three presentations for D-ribose,
9 including one by Dr. Johnson.

10 Tomorrow, we will switch to another subject
11 that we began to discuss at the June 2015 meeting
12 of the committee, the difficult to compound list.
13 We will review changes to the criteria for the
14 difficult to compound list that we are proposing,
15 which address the recommendations of the committee
16 from the June 2015 meeting.

17 In addition, we will present two drug
18 categories that were nominated for placement on the
19 Difficult to Compound List under Sections 503A and
20 503B of the Federal Food, Drug, and Cosmetic Act,
21 metered dose inhalers and dry powder inhalers.

22 Again, we thank you for your participation

1 on the Pharmacy Compounding Advisory Committee. We
2 look forward to a productive meeting and to working
3 with you in 2016. Thank you.

4 DR. GULUR: Thank you. I would like
5 Dr. Pham to introduce herself, who has just joined
6 us.

7 DR. PHAM: Hi. Katherine Pham, Children's
8 National Medical Center.

9 DR. GULUR: Welcome.

10 I would like to remind public observers at
11 this meeting that while this meeting is open for
12 public observation, public attendees may not
13 participate except at the specific request of the
14 committee. We will now proceed with an FDA
15 presentation on quinacrine from Dr. Mishra.

16 **FDA Presentation - Shrimant Mishra**

17 DR. MISHRA: Good morning. I'm Shrimant
18 Mishra. I'm one of the medical officers in the
19 Division of Anti-Infective Products. And I as well
20 as two of my colleagues will present different
21 division perspectives regarding the use of
22 quinacrine for compounding. And these are just

1 some of the important members of our review teams
2 who are involved in doing a lot of the research
3 regarding this presentation.

4 Just to give you a general outline of this
5 presentation, we're going to very quickly talk
6 about quinacrine's physical and chemical
7 characterization, go into a little bit of its
8 regulatory marketing history, discuss some of the
9 safety evidence we have both from non-clinical and
10 clinical studies, and then we're going to divide it
11 up into discussion of different uses for different
12 clinical areas.

13 So I'll talk about the Division of
14 Anti-Infective products, and my colleagues will be
15 discussing uses for lupus as well as for
16 intrauterine sterilization.

17 Quinacrine hydrochloride, its structure just
18 differs very slightly from chloroquine
19 hydroxychloroquine. It's available in a highly
20 pure form, roughly in about 97 to 99 percent a pure
21 form, and it's available as a yellow powder that's
22 very stable. In terms of its regulatory and

1 marketing history, it's a little bit confusing, so
2 I'll try to go through this with you a little bit
3 slowly.

4 The quinacrine tablets, as a single
5 ingredient product, they were introduced as an
6 anti-malarial drug in the 1930s, but they were
7 never formally FDA approved. These unapproved
8 quinacrine tablets were marketed until 1995 for the
9 treatment of giardiasis, tapeworm, and malaria, but
10 then they were discontinued primarily due to a
11 decrease in demand.

12 Then quinacrine, a combination tablet was
13 approved with hydroxychloroquine and chloroquine,
14 this is called a Triquin tablet, and that was for
15 lupus in 1958, but this was withdrawn in 1973 for
16 insufficient evidence of efficacy.

17 There was a quinacrine injection that was
18 FDA approved in 1964 for ascites. In 2003, the
19 manufacturer notified FDA it was no longer
20 marketed. So what we have right now is that
21 quinacrine is not currently approved in the United
22 States, but oral quinacrine is compounded to a

1 limited extent for lupus, as we'll talk about.

2 So other historical uses of quinacrine, it's
3 been used as an injection for malignancy associated
4 pleural effusions. It's been used orally for
5 rheumatoid arthritis, and as we'll talk about in
6 much more detail, as intrauterine slurry in pellets
7 for female sterilization. Also note that it's
8 currently being evaluated for use in prion diseases
9 as well as in certain malignancies such as prostate
10 cancer.

11 In terms of some of the non-clinical
12 evidence we have for its safety, we don't have any
13 formal safety pharmacology studies that were
14 performed for quinacrine. We know that there have
15 been studies, repeat dosing studies, done for
16 quinacrine that showed a possible cardiac and
17 hepatic toxicity in rats.

18 We know that it's been positive in
19 mutagenicity studies, so it has a positive Ames
20 test. And in testing in Chinese hamster ovary
21 cells, it was noted to be associated with
22 chromosomal aberrations. So it's a known mutagen.

1 It readily crosses the placenta to the
2 fetus. And if you administer it to pregnant rats
3 and monkeys, it's been associated with fetal death.
4 We'll talk about the carcinogenicity in rats when
5 introduced in the uterus because that's a big part
6 of the discussion of intrauterine sterilization.

7 So some of the clinical evidence that we
8 have regarding safety, it has several dermatologic
9 effects. It can be associated with yellowish
10 discolorization, eczematous rash or worsening of
11 psoriasis and lichen planus. It has several
12 gastrointestinal effects of nausea, diarrhea,
13 vomiting, and abdominal cramping. It's been
14 associated with aplastic anemia with chronic use,
15 as well as porphyria.

16 Neurologically, it's been associated with
17 psychosis, restlessness, insomnia, and this can
18 occur even with short-term use. And it's been
19 associated with an elevated liver function test,
20 and in some cases actual acute hepatitis.

21 It has some ophthalmic effects, retinopathy
22 of course, less than some of the similar agents as

1 chloroquine and hydroxychloroquine. And it's been
2 associated with corneal edema and deposits.

3 Now, some of these adverse effects are dose
4 and duration dependent, as we'll talk about,
5 particularly when you're talking about aplastic
6 anemia, but some of them can occur with short-term
7 use.

8 So as regard to aplastic anemia,
9 historically the rates have been associated with
10 1 incident in 50,000, and historical mortality
11 rates around 50 percent. However, we should note
12 that these studies that looked at these rates of
13 aplastic anemia were usually associated with doses
14 of quinacrine that are greater than those that are
15 used now for the treatment of lupus.

16 Also, it was noted that with aplastic
17 anemia, it's often heralded by a lichen planus
18 rash. So there's been some thought that if you
19 basically monitor the patient for the development
20 of a lichen planus rash as well as use this lower
21 dose, as well as do CBC testing fairly regularly,
22 you may have a lower rate of aplastic anemia than

1 what's been associated with it historically.

2 It's been associated with psychosis,
3 especially in patients over 60 years of age,
4 although you also see cases in pediatric patients
5 as well. It has been associated with rashes,
6 including lichenoid reactions, some of which have
7 gone on to develop squamous cell skin cancer. And
8 it's been associated with reproductive tract
9 malignancies, and that's primarily relevant to
10 intrauterine use.

11 I'll talk quickly about the infectious uses.
12 Historically, quinacrine was used for malaria, but
13 it was heavily used during World War II, but then
14 it was eventually supplanted by more efficacious
15 and drugs that were thought to be less toxic; so
16 it's really not used to treat this condition today.

17 Basically at this point, historically it's
18 been approved to treat giardiasis, but again it's
19 been supplanted by some approved drugs, such as
20 tinidazole, nitazoxanide, as well as off-label use
21 of metronidazole. But you do still see it used
22 very occasionally for cases of refractory

1 giardiasis.

2 So these are subjects who may have been
3 treated with metronidazole initially, but they
4 still have abdominal pain or diarrhea. And this
5 may be in the setting of a healthy patient or a
6 patient with immunocompromised, and they're, for
7 whatever reason, unresponsive to the initial
8 treatment, and then after treatment with
9 quinacrine, they improve. But it's very
10 infrequent, but we do see that.

11 It's also been used for tapeworm infections
12 historically, but at this point it's been
13 supplanted by praziquantel. It's no longer really
14 used in the United States to treat this condition.

15 So from our perspective, from the Division
16 of Anti-Infective Products, we do not recommend
17 that quinacrine hydrochloride be included on the
18 list of bulk drug substances that can be used in
19 compounding under Section 503A of the Federal Food,
20 Drug, and Cosmetic Act.

21 We realize that it's physically and
22 chemically well characterized and that there's been

1 significant historical use, but we don't know
2 really the history to what extent this compounding
3 has been used for infectious disease uses.

4 From our perspective, the benefits don't
5 really outweigh the risks for infectious disease
6 uses, primarily because currently the use is really
7 for non-life-threatening infections, for which
8 alternative treatments are available, and there's
9 also these significant safety concerns, including
10 aplastic anemia, psychosis, and dermatologic
11 effects.

12 We're really concerned that the distribution
13 via compounding will not be associated with proper
14 labeling that provides important safety
15 information. So in the cases where it may be
16 necessary for infectious disease use, we would be
17 more -- we would consider use under an IND that
18 could allow for provision of safety information in
19 the setting of research use or in individual cases
20 as opposed to through compounding. Thank you.

21 DR. GULUR: Thank you.

22 We will now proceed with an FDA presentation

1 from Dr. Hull.

2 **FDA Presentation - Keith Hull**

3 DR. HULL: Good morning. My name is Keith
4 Hull, and I'm a rheumatologist in the Division of
5 Pulmonary, Allergy, and Rheumatology Products. As
6 mentioned earlier, our division is recommending
7 that quinacrine be included on the bulk drug
8 substances list that can be used in compounding due
9 to its use in clinical practice for the treatment
10 of lupus patients.

11 So systemic lupus erythematosus, which is
12 more commonly referred to as just lupus, is a
13 prototypical autoimmune disease that affects
14 approximately 1.5 million Americans. The vast
15 majority of the patients are female with women
16 being affected 10 times more frequently than males,
17 and also minority populations being affected
18 approximately 3 times more frequently than
19 Caucasians.

20 Systemic involvement, which can include all
21 major organs, occurs in about 70 percent of cases,
22 and cutaneous, or discoid lupus, is a variant of

1 the disease that can lead to disfiguring scarring,
2 and accounts for about 10 percent of cases.

3 Despite the disease being well characterized for
4 over a century, there are few effective therapies,
5 and the disease represents an unmet medical need.

6 There are currently only three FDA approved
7 therapies for lupus: corticosteroids, the
8 anti-malarial drug hydroxychloroquine, and
9 belimumab. Off-label therapies include other
10 anti-malarials like quinacrine and chloroquine, as
11 well as more potent immunosuppressive therapies,
12 including methotrexate, mycophenolate mofetil,
13 cyclosporine, and cyclophosphamide.

14 The anti-malarials play a key therapeutic
15 role for the treatment of lupus and have been used
16 to treat the disease since 1894 when Payne first
17 described the use of quinine in treatments to treat
18 patients with lupus.

19 Quinacrine was first reported to be
20 effective for treating discoid lupus around 1940,
21 and the first English language report of its use in
22 systemic lupus patients occurred in 1951 by Page in

1 the Lancet Journal.

2 This created interest in the field, and a
3 series of larger scale studies were conducted
4 throughout the 1950s. However, despite the reports
5 of its effectiveness, the use of quinacrine was
6 replaced in the mid-1950s with the introduction of
7 hydroxychloroquine, primarily because of -- from
8 what we can gather, from a lack of a side effect of
9 yellowing of skin as well as the ease of
10 manufacture of the hydroxychloroquine.

11 A meta-analysis of these large case series
12 involved 771 lupus patients treated with quinacrine
13 and described clinical improvement in about 73 to
14 85 percent of treated patients. The initial
15 quinacrine doses were reported as 200 to
16 300 milligrams daily, with subsequent tapering to
17 100 milligrams daily within 1 to 2 weeks.

18 Daily doses of 100 milligrams, which is the
19 currently recommended dosing by rheumatologists and
20 dermatologists, improved tolerability but had
21 slower time to clinical response of approximately 3
22 to 4 weeks.

1 Since this time, multiple prospective
2 studies have been conducted since the 1980s to
3 further support the clinical efficacy of
4 combinations of quinacrine with chloroquine or
5 hydroxychloroquine for treatment of cutaneous
6 lupus.

7 In fact, quinacrine 100 milligrams daily is
8 recommended treatment for subjects with systemic
9 and cutaneous lupus in medical references and
10 published treatment guidelines, including all major
11 rheumatology textbooks, specialty journal review
12 articles, and the web-based medical reference
13 sites, such as UptoDate and Medscape.

14 So when considering the potential risks of
15 quinacrine, we must also take into account the risk
16 of the disease itself as well as the toxicities of
17 currently used therapies. Systemic manifestations
18 of lupus can be organ and life threatening, as well
19 known.

20 Similarly, current use therapies are
21 associated with life-threatening and serious
22 adverse events, including death, malignancy, lung

1 fibrosis, aplastic anemia, bone marrow suppression,
2 opportunistic infections, and avascular necrosis.

3 The anti-malarial drug hydroxychloroquine is
4 FDA approved for the treatment of lupus and is
5 labeled with adverse events of death, irreversible
6 retinal damage, aplastic anemia, agranulocytosis,
7 and thrombocytopenia.

8 In clinical practice, these serious adverse
9 events are uncommonly seen, but represent a similar
10 safety profile to those that we are concerned about
11 with quinacrine, except notably for the absence of
12 retinal toxicity, which is not associated with
13 quinacrine.

14 So in conclusion, many older anti-malarials,
15 including quinacrine, have been studied in lupus
16 and are considered to be effective. And although
17 as a class the anti-malarials have overlapping
18 toxicity, quinacrine differs in terms of the risk
19 of retinopathy, which is generally dose related and
20 irreversible with chloroquine and
21 hydroxychloroquine.

22 In practice, clinicians will add quinacrine

1 100 milligrams daily to lower doses of chloroquine
2 or hydroxychloroquine as a way to maximize
3 anti-malarial therapy without increasing the risk
4 of retinopathy.

5 Lastly, although quinacrine is associated
6 with a dose-related yellowing of the skin and rare
7 reports of aplastic anemia at doses about
8 100 milligrams per day, the overall risks are not
9 inconsistent with what the levels of risk are for
10 other treatments of lupus.

11 So in conclusion, our division is
12 recommending that quinacrine be placed on the list
13 of bulk substances that could be used in
14 compounding. The drug is physically and chemically
15 well characterized, has a long history of use, and
16 is currently compounded for lupus patients.

17 Its safety profile is not inconsistent with
18 that of other lupus treatments, and evidence in the
19 scientific literature supports its efficacy and
20 therapeutic need. Thank you.

21 DR. GULUR: Thank you. We will now proceed
22 with an FDA presentation from Dr. Orleans.

FDA Presentation - Ronald Orleans

1
2 DR. ORLEANS: I'm Ron Orleans. I'm a
3 medical officer in the Division of Bone,
4 Reproductive, and Urologic products. I'm going to
5 talk about the use of quinacrine for intrauterine
6 sterilization.

7 I'll give a short regulatory history of the
8 product. I'll mention what the World Health
9 Organization's technical panel has written
10 regarding the safety of intrauterine sterilization
11 with quinacrine. And lastly, I'll give our
12 division's recommendation whether quinacrine should
13 be added to the list of bulk drug substances used
14 in compound drug products.

15 Quinacrine is used for intrauterine
16 sterilization in the following manner. One dose is
17 comprised of seven 36 milligram pellets, which are
18 placed into the uterine cavity using a preloaded
19 IUD inserter, which is modified. This dose is
20 repeated monthly 2 to 4 times with the aim of
21 causing inflammation, fibrosis, and subsequent
22 occlusion of the fallopian tubes.

1 In the latter half of the 20th century,
2 quinacrine hydrochloride was widely used throughout
3 the world. Approximately 140,000 quinacrine
4 sterilizations were performed from 1977 through
5 2000 in 34 countries. However, the procedure was
6 banned in a number of countries due to concerns
7 about the lack of informed consent, as well as
8 concerns regarding long-term safety.

9 Regarding efficacy, the majority of efficacy
10 data are based on follow-up of women in developing
11 countries. There are almost no randomized clinical
12 trials on which efficacy is based. Ten to
13 20 percent of subjects in the studies were often
14 lost to follow up; pregnancy rates were not
15 consistently based on serum or urine pregnancy
16 testing; and various dosing regimens were used.

17 The reported pregnancy rates ranged from 0.3
18 to 3.3 percent in the first year, 1.1 to 10 percent
19 over 5 years, and 4.3 to 12.1 percent over
20 10 years. These pregnancy rates do not compare
21 favorably with surgical sterilization or
22 intrauterine devices.

1 Here is a short regulatory history with
2 regard to the intrauterine use of quinacrine. In
3 August of 1998, the FDA conducted a safety
4 assessment and a health hazard evaluation of a
5 quinacrine kit for female sterilization. The
6 following concerns were identified.

7 Due to its mutagenicity, there were concerns
8 raised about the possible carcinogenicity of this
9 agent. There were concerns regarding a lack of PK
10 data following long-term exposure of the
11 endometrium, and there were concerns regarding the
12 endometrial cells, which were not completely
13 destroyed and the neoplastic changes which could
14 possibly occur within these residual endometrial
15 cells. Other possible safety issues included
16 uterine perforation during insertion, the
17 intraperitoneal leakage of quinacrine, and ectopic
18 pregnancy.

19 Based on these findings, the FDA issued a
20 warning letter in 1998 stating that female
21 sterilization is an unsafe use for quinacrine
22 pellets, and that the distribution of the

1 unapproved pellets for this use was to be halted,
2 and the product was to be removed from the market.

3 Subsequent to the 1998 health hazard
4 evaluation due to the product's known mutagenicity,
5 a rat carcinogenicity study of intrauterine
6 quinacrine was conducted. The authors of this
7 study concluded the following.

8 "We conclude that two doses of quinacrine
9 administered approximately 25 days apart into the
10 uterus of young, sexually mature rats, at dose
11 levels equal to or greater than 70 milligrams per
12 kilogram, increased the lifetime risk of tumor
13 development in the reproductive tract.

14 "The types of tumors that developed were
15 mostly uncommon for this strain of rat. The
16 incidence of these tumors was dose related and was
17 significantly increased at a local quinacrine dose
18 that was a small 8 times multiple of the human dose
19 of quinacrine used for non-surgical female
20 sterilization."

21 In 2008, a World Health Organization
22 technical panel reviewed the available non-clinical

1 and clinical data on quinacrine as a sterilizing
2 agent, and this was their conclusion.

3 "Until the totality of safety,
4 effectiveness, and epidemiological data has been
5 reviewed, quinacrine should not be used for
6 non-surgical sterilization of women in either
7 clinical or research settings." To date this
8 statement has not been updated and has not been
9 removed.

10 So here are the division's conclusions
11 regarding the use of quinacrine for intrauterine
12 sterilization. Number one, there are significant
13 safety concerns regarding the increased risk of
14 reproductive tract malignancies with the
15 intrauterine use of quinacrine.

16 Number two, the product doesn't appear to
17 provide a level of efficacy that would compare
18 favorably to other available methods used for
19 female sterilization. And number three, the use of
20 quinacrine for intrauterine sterilization has an
21 unfavorable benefit/risk profile.

22 Therefore, our division does not recommend

1 that quinacrine hydrochloride for intrauterine
2 administration be included in the 503A list.
3 Although it is physically and chemically well
4 characterized, and there is some evidence of
5 historic use in compounding, nevertheless, we have
6 serious safety concerns regarding the intrauterine
7 use of quinacrine, especially given its unfavorable
8 efficacy profile.

9 Here's a summary of OND's use specific
10 recommendations for the 503A list. Using the oral
11 route of administration, for lupus, yes, it should
12 be placed on a compounding list. For infectious
13 disease uses, no, it should not be placed on the
14 compounding list. And using the intrauterine route
15 of administration for sterilization, no, it should
16 not be placed on this list.

17 DR. GULUR: Thank you, Dr. Orleans.

18 We will now proceed with an FDA presentation
19 from Dr. Johnson.

20 **FDA Presentation - Susan Johnson**

21 DR. JOHNSON: Good morning. My name is
22 Susan Johnson. I'm the associate director for the

1 Office of Drug Evaluation IV. As you've previously
2 heard this morning, I'm filling in for Dr. Charlie
3 Ganley who is ill. I'm presenting the slides that
4 he would have presented.

5 The Office of Drug Evaluation IV was
6 recently designated by the Office of New Drugs to
7 work with the Office of Unapproved Drugs and
8 Labeling Compliance and assist in the completion of
9 the review of substances nominated for the 503A
10 list.

11 I want to provide an explanation of where
12 the Office of Drug Evaluation IV fits into the
13 Office of New Drugs. There are six sub-offices in
14 the Office of New Drugs, and I've listed them here.
15 Within each sub-office, there are divisions based
16 on the therapeutic indications that FDA covers for
17 drugs, and those are the individuals that you have
18 largely heard from at past meetings regarding
19 indications and uses for the nominated substances.

20 Highlighted in red are the divisions that
21 provided memos for quinacrine's nomination and
22 highlighted in green is the office that Dr. Ganley

1 oversees, the Office of Drug Evaluation IV.

2 The divisions have reviewed the information
3 and have arrived at recommendations that you've
4 heard based on their risk/benefit assessments. As
5 sometimes happens in the regulatory and scientific
6 environments, they've come to different
7 recommendations for different uses of quinacrine.

8 The division review memos and their
9 presentations today have provided the division's
10 rationale for their recommendations, and OND thanks
11 each division for having carefully reviewed the
12 data and thoughtfully derived their
13 recommendations.

14 Because there is not one uniform
15 recommendation from the divisions, ODE IV was
16 tasked with reviewing the memorandum for each use
17 from the divisions and making a recommendation to
18 the director of the Office of New Drugs. With the
19 concurrence of the OND director, I am presenting
20 this recommendation to you today as the
21 recommendation of FDA as a whole on the quinacrine
22 nomination.

1 An OND memo that was co-authored by
2 Dr. Ganley, the director of ODE IV, and
3 Dr. Jenkins, the director of the Office of New
4 Drugs, has been included in your background
5 package. It provides the rationale for the OND
6 recommendation.

7 As was noted earlier in the presentations,
8 quinacrine tablets were marketed until 1995, and
9 since then, quinacrine has been compounded for
10 patients. I also note that approximately 1400
11 prescriptions were dispensed in the last year from
12 U.S. outpatient retail pharmacies according to the
13 available data.

14 With regard to the use of quinacrine for
15 intrauterine administration for sterilization, as
16 an anti-malarial, as an anti-protozoal agent, and
17 for the treatment of rheumatoid arthritis, we find
18 there are FDA approved medications or methods
19 offering a more favorable benefit/risk assessment
20 than that provided by quinacrine.

21 For the treatment of lupus, particularly in
22 those patients with cutaneous symptoms, there are

1 case series in the literature that support
2 effectiveness and show a risk profile similar to
3 other drugs used to treat this condition.

4 Quinacrine is however associated with
5 serious adverse events that were discussed earlier
6 in the presentations. These include skin rashes,
7 hepatic injury, malignancy, and hematologic
8 abnormalities. In some cases, these adverse
9 effects result in significant morbidity and
10 potential mortality.

11 After considering the seriousness of
12 quinacrine's adverse effect profile, OND is
13 concerned that prescribers of quinacrine, and
14 particularly patients using quinacrine, may lack
15 sufficient information about its use. Under the
16 503A framework, prescribers would not be limited to
17 rheumatologists and dermatologists who may have a
18 good understanding of the use of the drug.

19 OND finds that to better ensure the safe and
20 effective use of quinacrine, prescribing
21 information is needed. That prescribing
22 information is not provided for under the framework

1 of the 503A list. The prescribing information
2 should identify the potential for serious and
3 life-threatening adverse effects, and include
4 information on appropriate patient monitoring and
5 follow-up.

6 The Office of New Drugs therefore does not
7 recommend quinacrine for the 503A bulks list
8 because of the serious adverse effects associated
9 with the use of quinacrine. Given the serious
10 adverse effects and lack of an FDA approved drug
11 label to guide safe and effective use, we cannot
12 recommend quinacrine to the 503A list.

13 An FDA recommendation for the 503A list
14 could also be construed and possibly promoted by
15 the regulated industry as an endorsement of the
16 safety and effectiveness of quinacrine when used
17 for any condition, not limited to the conditions
18 discussed here today.

19 Placing quinacrine on the 503A list would
20 allow any prescribers, not only lupus specialists,
21 to prescribe quinacrine for any uses. Compounding
22 pharmacies and websites could promote the use of

1 quinacrine for any conditions without much FDA
2 oversight.

3 OND recognizes that quinacrine has a long
4 history of use in the treatment of patients with
5 lupus, particularly those with cutaneous symptoms.
6 There is a population of patients with lupus that
7 likely benefit from the treatment with quinacrine.

8 OND is committed to helping the clinical
9 community maintain the availability of quinacrine
10 for use in well informed and managed therapeutic
11 situations. We recommend that quinacrine access be
12 maintained under an IND. We further recommend that
13 if possible, studies will be conducted with the
14 intent of gaining marketing approval and approved
15 labeling.

16 **Clarifying Questions from the Committee**

17 DR. GULUR: Thank you.

18 At this time, we will accept clarifying
19 questions from the committee. We ask that you
20 limit your questions to clarifications only.
21 Members will have further opportunity for
22 discussion and questions after we have heard all of

1 the presentations. Dr. DiGiovanna?

2 DR. DIGIOVANNA: I have a clarifying question
3 for Dr. Mishra. So you presented a slide of the
4 regulatory and marketing history of quinacrine that
5 says quinacrine was approved in combination with
6 hydroxychloroquine and chloroquine for lupus in
7 1958, and then it was withdrawn and that quinacrine
8 injection was FDA approved in 1964. And then the
9 next bullet says quinacrine is not currently
10 approved.

11 The injection form that was approved and no
12 longer marketed, does that mean it was withdrawn
13 for some reason? Is the approval something that's
14 time limited? I don't understand why it was
15 approved and why it's not approved. And that
16 relates to the issue that I think that drugs that
17 are approved, and perhaps maybe have been approved
18 but not withdrawn, are appropriate for being
19 compounded.

20 MS. BORMEL: I can answer that because we
21 worked to find this information out. But with
22 respect to Atabrine, which was the injectable

1 product, we have no information if the manufacturer
2 withdrew it from the market, but FDA has no
3 information to suggest was it withdrawn for reasons
4 of safety or efficacy. And the product
5 wouldn't -- we don't have any information, whether
6 it was withdrawn for safety or efficacy. They just
7 withdrew it, the manufacturer.

8 MS. AXELRAD: Let me just -- so what happens
9 is, if somebody is marketing something under an
10 NDA, they can just decide for whatever reasons that
11 they're not going to market it anymore. And then
12 sometimes they'll ask to have their NDA withdrawn,
13 and we withdraw it.

14 So we publish Federal Registry notices on a
15 regular basis withdrawing products from the market
16 because the sponsor of the application doesn't want
17 to market it anymore, and there are some
18 consequences of having it continue. You have to
19 have annual reports and things like that, even if
20 you might not be marketing it. So they just
21 withdraw the NDA.

22 Then it becomes important if somebody comes

1 along and wants to make a generic for it, then they
2 can ask for us to make a finding on whether the
3 drug was withdrawn or removed from the market for
4 safety reasons or efficacy reasons. And if we
5 decide not, then we publish a Federal Register
6 notice, or we would publish a notice one way or the
7 other, indicating that finding.

8 Of course, if it was not withdrawn for
9 safety or efficacy reasons, then you could have a
10 generic. But unless somebody asks us to make that
11 finding, we might just have a record that the NDA
12 was withdrawn and nothing else.

13 DR. DIGIOVANNA: So if it was approved then,
14 why do you say there was no safety pharmacology
15 studies available? So how was it approved without
16 those? Have the requirements changed? I don't
17 understand that either.

18 DR. JOHNSON: That really is the reason,
19 that the requirements have changed since the time
20 that those were approved.

21 DR. GULUR: Dr. Vaida?

22 DR. VAIDA: I'm not sure if this is a

1 clarifying question, but for the intrauterine
2 sterilization, the FDA put out something in 1998
3 and then WHO put out something in 2008. In the
4 review or with the search, is there any evidence
5 that it may still be used for this, either in the
6 U.S. or worldwide?

7 DR. ORLEANS: Yes, there is some indication
8 that it's used in isolated areas, like Florida.

9 DR. GULUR: Dr. Jungman?

10 MS. JUNGMAN: So I'm actually struggling
11 along the same lines you are. If quinacrine was
12 approved and it's not on the list of drugs that
13 have been withdrawn or approved for safety reasons,
14 why would it need to be on the list to be
15 compounded?

16 MS. AXELRAD: Because it's no longer a
17 component of an FDA approved drug because there is
18 no longer -- we don't believe an NDA, here for it.
19 So it is no longer a component. Just because a
20 drug might have been approved at one time and is no
21 longer approved, if it's no longer approved, it
22 would have to be on the bulks list in order to be

1 compounded because it is not a component of a
2 currently FDA approved drug.

3 MS. JUNGMAN: Okay, so you interpret the 503
4 language to mean it has to be a component of a
5 current currently marketed drug?

6 MS. AXELRAD: Yes. Yes. And just to go a
7 little further, as you recall, we had quinacrine on
8 the meeting agenda last time because we were
9 considering it as a candidate for the list of drugs
10 that have been withdrawn and removed for safety
11 reasons.

12 So it had been nominated for the bulks list
13 here, and it was on the nominated or -- we were
14 considering it for the withdrawn and remove list,
15 and we couldn't establish exactly what its
16 marketing status was because it was so complex.

17 So we determined at the close of the meeting
18 that it had not -- it was not -- we had no evidence
19 it had been marketed and withdrawn for safety
20 reasons, so we took it off consideration with the
21 withdrawn and removed list, and we're just
22 considering it for the bulks list today.

1 DR. GULUR: Dr. Carome?

2 DR. CAROME: Does FDA have statistics on the
3 incidence of psychosis and other psychiatric
4 adverse events with this drug?

5 DR. MISHRA: We don't really -- we don't
6 have actual rates of psychosis, but you can
7 certainly find numerous case reports if you look in
8 the literature. There are case reports ranging
9 from patients who have hallucinations, both
10 auditory and visual hallucinations, also just
11 speaking abnormally, and you see it in a variety of
12 patients.

13 In the PDR, I guess labeling that used to be
14 for quinacrine actually mention that; you see it in
15 a lot of these elderly patients. But more
16 recently, when I look in the literature, I actually
17 see it in a lot of pediatric patients that they've
18 noticed, but I don't know the actual rates per se.

19 I think the important thing to note though
20 is that again, that's something that you can see
21 even in short-term use. These weren't patients
22 necessarily who were taking it for long periods of

1 time for lupus, but just for whatever, a short-term
2 infectious use.

3 DR. GULUR: Dr. Pham?

4 DR. PHAM: But was there a link to
5 the -- was it a dose related effect? Because I
6 wonder if its historic use was related to higher
7 dosing. In pediatric patients, maybe the
8 weight-based dosing is not really adequate for the
9 drug exposure for that size patient.

10 I wanted to clarify the dose-related effect
11 as well as does that psychosis exist in patients
12 that had no previous like wartime history where it
13 could possibly get muddled with PTSD?

14 DR. MISHRA: Yes. So I think they have seen
15 it in patients who had no prior psychiatric
16 history. In terms of whether it's dose related, I
17 think they are using slightly higher doses for some
18 of these acute treatments relative to, say, the
19 lupus treatment, but I don't know if they know of a
20 mechanism of action per se, if that's what you're
21 asking. I think they've theorized that it
22 has -- it's an activation of neuronal cells, but I

1 don't think they actually know. But if you think
2 about some of the compounds that it's similar to,
3 it wouldn't be that surprising to see some of those
4 results, whether you're talking about mefloquine
5 or --

6 DR. GULUR: Dr. Buckley?

7 DR. BUCKLEY: I was interested in the
8 information you have about prescribing. So over
9 20 years, 1400 prescriptions, or about 70
10 prescriptions a year. Is that correct?

11 DR. JOHNSON: That was data for the last
12 year. That was in the last year.

13 DR. BUCKLEY: Do you know how many of
14 these -- can you tell by the way they're compounded
15 which are used for sterilization and which are used
16 to prescribe for -- being prescribed for infection
17 or for lupus? Can you get any information from how
18 they're compounded, or you can't from the data that
19 you have?

20 DR. JOHNSON: Do you have backup slides?
21 Let's see. Just one second.

22 DR. BUCKLEY: Because I think one of the

1 concerns we have is what's the public health risk
2 and what do we know about how the drug is being
3 used. Because I think the concern is, if it's out
4 there, it can be used for many things. And one of
5 the concerns is how often is it used for
6 sterilization.

7 Obviously, maybe there's no way to know
8 that, except if there's a difference in compounding
9 for the conditions. I was just curious if you know
10 something about if it's compounded differently. It
11 said something about compounded in pellet form, and
12 if you know something about it from the data that
13 you have.

14 DR. NIKOLOV: So this is Nikolay Nikolov.
15 I'm a clinical team leader in the Division of
16 Pulmonary, Allergy, and Rheumatology Products, and
17 we have specifically looked at this. I think we
18 have a representative of the drug utilization
19 review team.

20 But in general, these about 1400
21 prescriptions were an estimate for about the year.
22 And about 90 percent of them were prescribed for

1 females, and primarily by rheumatologists and
2 dermatologists. And this sort of mimics or
3 represents the epidemiology of lupus.

4 DR. BUCKLEY: But there is no difference in
5 how -- but you don't know anything about if there's
6 a compounding difference for the treatment of lupus
7 or infection versus sterilization?

8 DR. NIKOLOV: So I will leave this probably
9 to the utilization review team.

10 MS. AXELRAD: Or DBRUP. DBRUP could perhaps
11 answer about what the dosage form is that is used
12 for sterilization.

13 DR. ORLEANS: It's an intrauterine pellet.
14 Is that what you mean?

15 DR. MISTRY: My name is Kusum Mistry. I'm a
16 drug use analyst in the Division of Epidemiology.
17 The number of prescriptions that we obtained for
18 2015, it was based on for any indication. And as
19 far as compounding, that information is not
20 available. We're not able to obtain that data from
21 the prescribing information. It's obtained for
22 U.S. outpatient retail pharmacies as well as clinic

1 settings.

2 DR. GULUR: Dr. Mixon?

3 MR. MIXON: Thank you. I'm not a doctor.

4 DR. GULUR: I'm sorry.

5 MR. MIXON: Mr. Mixon.

6 DR. GULUR: Sorry. I apologize.

7 MR. MIXON: The fact that there were 1400
8 prescriptions through the retail prescription
9 database collecting industry is pretty telling,
10 what we don't know. Like you say, there is no data
11 on compounding.

12 Just in my little corner of the world, I
13 have a patient who takes 50 milligrams every other
14 day, and has done so for the last at least
15 12 months, from a rheumatologist, presumably for
16 lupus, although I'm trying to get that verified.

17 So I would encourage the committee to
18 consider breaking new ground perhaps and approving
19 this drug for a specific indication. I know that's
20 somewhat discomfoting for FDA to do that, but I
21 believe that the industry can police that,
22 personally. Thank you.

1 DR. GULUR: Dr. DiGiovanna?

2 DR. DIGIOVANNA: Are we just doing
3 clarifying questions?

4 DR. GULUR: Just clarifying questions.

5 DR. DIGIOVANNA: We'll have a chance to
6 discuss this later?

7 DR. GULUR: Yes.

8 DR. DIGIOVANNA: Thank you.

9 DR. GULUR: Yes?

10 MS. DAVIDSON: The last speaker mentioned
11 recommending an IND. Is there an IND in place for
12 quinacrine now, and could we potentially have some
13 details on that?

14 MS. AXELRAD: No, there is not one in place
15 now. However, before this decision would become
16 final, as you know, this is a recommendation for
17 the advisory committee, and we have to go through
18 rulemaking to decide whether to put something on
19 the list or not put it on the list. And we would
20 have to -- that will be a long time before that
21 would actually happen.

22 So there would be time to get an IND in

1 place before the final decision was made, if we
2 were to decide not to place it on a list. And
3 right now, I believe the drug is listed as part of
4 our draft guidance as a drug that can be used for
5 compounding in the interim while we're developing
6 the list.

7 DR. MISHRA: Also, I'll just mention as well
8 that -- so there's certainly not an IND for
9 infectious disease uses right now. It may -- as I
10 said earlier, it's being evaluated for certain
11 other malignancies as prostate cancer and prion
12 disease as well, but certainly nothing for oral
13 tablets for infectious disease uses.

14 DR. GULUR: Go ahead.

15 MS. DAVIDSON: I have one follow-up
16 question. What is the average turnaround on the
17 IND process? Lupus has obviously got a better
18 prognosis if diagnosed and treated early. How long
19 does it take to get a patient turned around in an
20 IND on average?

21 DR. JAROW: My name is Jonathan Jarow. I'm
22 in the Office of the Center Director in CDER.

1 There are four types of compassionate use or
2 expanded access INDs, which is what this would fall
3 under. There are single patient INDs, emergency
4 use, and non-emergency use, and then there are
5 intermediate and treatment INDs, which are for
6 larger populations.

7 So depending upon what would be submitted
8 would determine the review time. For single
9 patient INDs, emergency use, it's usually hours,
10 which would probably not be the case in this
11 setting. For a single patient non-emergency use,
12 the average time is 1 to 2 days. And for treatment
13 or intermediate INDs, there's a 30 day window, so
14 that would be for a larger population.

15 So depending upon how this would be done
16 would be up to the stakeholders involved.
17 Obviously any individual physician would have the
18 ability to submit a single patient IND for their
19 patient and would have the characteristics that I
20 described. However, an interested party, whether
21 it be an advocacy group, a treatment center, or a
22 compounding pharmacy, could submit a treatment IND,

1 which once that was in place could be expanded to
2 treat a large number of patients added to it.

3 So this would have the benefit of having an
4 informed consent that would be used with the
5 patient to explain the risks of the treatment, the
6 alternative therapies, et cetera, as found in the
7 standard consent form.

8 Did that satisfactorily -- and just one more
9 background piece. We get about 1,000 IND
10 compassionate use or expanded access INDs per year
11 at CDER; 99.7 percent are allowed to proceed.

12 MS. AXELRAD: I'd just like to ask Dr. Jarow
13 to clarify that. So once the IND is in place, if
14 you have one of these treatment INDs in place, how
15 long did it take to enroll individual patients
16 under that?

17 DR. JAROW: It doesn't take any time. You
18 just basically have to use the consent form that's
19 under that treatment IND, which would already be
20 cleared by an IRB. And most of these use like a
21 central IRB, but you could certainly use one of
22 your institution.

1 DR. GULUR: Go ahead.

2 MS. DAVIDSON: And the providers under these
3 INDs, is it limited to just one provider?

4 DR. JAROW: No.

5 MS. DAVIDSON: Let's say it is a compounding
6 pharmacy?

7 DR. JAROW: No.

8 MS. DAVIDSON: Okay.

9 DR. DIGIOVANNA: I have a question about the
10 IND issue because we continually read about the
11 ability or to have as a consideration for not
12 placing a substance on the ability to be compounded
13 list that it is -- there's another mechanism
14 available that is this IND mechanism. And I
15 believe what you're talking about is the turnaround
16 time for the FDA, but I don't know if it's -- if
17 there's an ability --

18 I appreciate the number, that there's about
19 1,000 INDs per year. I don't know how many
20 unapproved drugs that is for, but it would be
21 really helpful I think for the committee in getting
22 a sense of the availability versus the

1 unavailability being on the list or not, to get a
2 sense as to who is getting these INDs.

3 Are any of these practitioners in small
4 communities? Are all of these in academic medical
5 centers or large groups of people who have access
6 to IRBs and have access to the resources that are
7 necessary to do that? So is someone in a small
8 town who has lupus patients, for example, able to
9 actually circumvent this? What actually happens?

10 DR. JAROW: Well, again it would depend upon
11 which type of expanded access IND it was under. So
12 if we're talking a single patient IND, then that
13 physician or healthcare provider in a small
14 community would have to be able to reference a
15 product, so a compounding pharmacy that's producing
16 it, in addition have a consent form that would be
17 cleared by an IRB. If he or she does not have a
18 local IRB, they can use a central IRB, and many of
19 those provide their services for free for expanded
20 access or compassionate use.

21 But that process seems difficult for a lot
22 of people We've done a lot to simplify that

1 process. There's now a special form in development
2 that has not been finalized, it's available in
3 draft form, that caters to that specific type of
4 IND rather than the general form that's used for
5 all types of INDs, which looks very complicated
6 even though you only have to fill out 7 boxes on it
7 for expanded access.

8 Having said that, if an interested party,
9 whether an advocacy group, or a university academic
10 center, or a compounding pharmacy does a treatment
11 protocol, then -- or I'm sorry, treatment IND, then
12 that would make it very simple for anyone in a
13 small town to get access to that. They just have
14 to be aware of the existence of that IND, and that
15 would potentially be promulgated by either the
16 advocacy group or the compounding pharmacy, or
17 whomever. But once they're aware of that, then
18 they could use that as their thing, so they would
19 then have the consent form.

20 DR. DIGIOVANNA: I guess my question is,
21 one, where the information may not be available
22 now, but I think would be of use, at least for me,

1 and possibly for other members of the committee in
2 the future, to look at the results.

3 Who actually has gotten this who is not in
4 an academic medical center and not in a large group
5 in the past year let's say? Has this mechanism
6 actually provided, for practitioners who are not in
7 major metropolitan areas with access to all of
8 these tools, the ability to get these medications
9 or is it aware of it?

10 DR. JAROW: We don't have that kind of
11 information.

12 MS. AXELRAD: We can look and see if that's
13 possible. We obviously aren't going to have it
14 today, but we can look to see what we can make
15 known. But this expanded access is used in a lot
16 of other areas, in cancer drugs, for example, and
17 things like that. And there are many cases, I'm
18 sure, in which people who are living, not in an
19 academic medical center, are able to get access to
20 some of these drugs. We don't know the extent, and
21 we'll have to see if we can provide some kind of
22 information about that.

1 DR. GULUR: Go ahead.

2 DR. CHAI: My name is Grace Chai. I'm the
3 deputy director for Drug Utilization in the
4 Division of Epidemiology II. I just wanted to make
5 a point of clarification about the dispensed
6 prescription data that was shown.

7 These are dispensed prescription transaction
8 data that are captured from a very robust sample of
9 retail pharmacies and mail order pharmacies. So
10 what you are seeing are prescriptions that were
11 dispensed for a compounded product, however the
12 formulation that it was dispensed in wasn't
13 available in the data that we had access to.

14 But we did look into the prescription data
15 by prescriber specialty, this is by self-reported
16 prescriber specialty, and the vast majority from
17 2010 to 2015 was rheumatology, dermatology, and
18 internal medicine, the general practitioners.
19 OB/GYN did account for 0.5 percent of the total
20 prescriptions, so over the 2010 to 2015 period, out
21 of the 15,500 prescriptions, they only accounted
22 for 77 prescriptions. And these are national

1 estimates of prescription data.

2 So the vast majority are rheumatology,
3 dermatology, and general practitioners from those
4 dispensed prescription data. Thank you.

5 DR. GULUR: Any other clarifying questions?
6 Dr. Jungman?

7 MS. JUNGMAN: This may bridge into
8 discussions, so I'm happy to hold this. But when
9 you say that FDA is committed to working with the
10 clinical community regarding access for appropriate
11 lupus patients, can you put some meat on that bone
12 for me? What does that mean?

13 DR. JAROW: So again, the review of expanded
14 access protocols -- or I'm sorry, INDs -- is not
15 quite a rubber stamp. If there's a clear
16 explanation, there's an adequate consent and clear
17 explanation of the risks and benefits and treatment
18 alternatives, the vast majority of the time, as I
19 stated earlier 99.7 percent of the time, FDA agrees
20 or allows the expanded access IND to go forward.

21 So having the review division already in
22 favor of this as an appropriate treatment for

1 lupus, I don't see that that would be a problem.
2 I'd suspect that there may be a
3 compelling -- there's always the possibility that
4 there will be a compelling individual case for
5 let's say sterilization in the uterine application;
6 I can't predict that. But that may be possible in
7 an individual basis as well as for infection.

8 I can't predict that for certain, but
9 obviously would be very confident in the case of
10 where it's deemed appropriate, having tried other
11 therapies or not being a candidate for other
12 therapies, to do compassionate use for a patient
13 with lupus.

14 Now having said that, if there's someone in
15 development -- one of the other criteria of
16 expanded access is that they are not a good
17 candidate for an ongoing clinical trial. Our first
18 priority for investigational drugs, unapproved
19 drugs, is to have them studied, determine whether
20 it's safe and effective, and brought to market to
21 benefit all of the U.S. public.

22 So we do approve use because of, let's say,

1 there's not an active trial, or the individual
2 patient can't get access, due to geography or other
3 means, to a trial, does not meet the eligibility
4 criteria for a trial. But in general, we prefer
5 that patients enter that, and I don't think that
6 would be the case in this setting. But there are
7 other unapproved drugs that are frequently used
8 through the expanded access that aren't in
9 development.

10 MS. JUNGMAN: Just a quick follow-up. Are
11 there others that are used with this frequency?

12 DR. JAROW: Yes.

13 MS. AXELRAD: I'd just like to add a little
14 bit to what Dr. Jarow said, which is that if a
15 group came forward and said that they were
16 interested in doing this, and again because the
17 division is supportive of this use for lupus, we
18 would be willing to work with a group to look at
19 the issues associated with IRB, what kind of
20 information about the product would we need and
21 that type of thing, to try and figure out a way to
22 get this in place by the time it was needed.

1 DR. GULUR: Mr. Mixon?

2 MR. MIXON: Dr. Jarow, is there any
3 allowance for not using an IRB? How much weight is
4 put on a decision of an IRB? And I googled IRB,
5 institutional review board, websites. And the
6 first three hits of course are fee-for-service IRBs
7 who -- I mean, how much weight is going to be put
8 on the decision of an IRB?

9 DR. JAROW: It's actually required. For all
10 non-emergency INDs, it's required that an IRB
11 review the protocol and the consent form. It's an
12 additional layer of human subject protection.
13 Having said that, there are central IRBs that waive
14 their fees for expanded access. We're definitely
15 aware of that. I don't want to advertise for them.

16 MR. MIXON: Well, I think it would be
17 helpful to know what those are. I perceive that
18 this IRB process, although I don't want to
19 short-circuit the system too much, is a huge
20 barrier for a busy physician seeing 20-30 patients
21 a day.

22 DR. JAROW: There's no question if one was

1 to the take the single patient approach in this, it
2 would be more burdensome. It would not be
3 impossible because we do have other examples of
4 drugs that are currently prescribed through that
5 mechanism. But if you had a treatment IND, you
6 wouldn't have to go to the IRB for each individual
7 patient. It would already be done.

8 MR. MIXON: Thank you.

9 MS. AXELRAD: Could we ask Dr. Jarow before
10 you -- can you address what the benefits are of the
11 IRB? What is the role of the IRB? It's not just
12 something that's there to be burdensome to people.
13 It's there for a reason.

14 DR. JAROW: Yes. So again, this is a layer
15 of human subject protection. It's required by
16 regulation that any investigational drug, and this
17 would be considered an investigational drug, that
18 the consent form and the protocol be reviewed by
19 the IRB in addition to another layer of the FDA
20 reviewing it as well.

21 Did that help?

22 DR. GULUR: Yes?

1 DR. HOAG: I have two quick questions. One
2 is, you get this IND. How long is it good for?
3 And when you say IRB, could like I open up an IRB
4 in my basement, or what defines an IRB?

5 (Laughter.)

6 DR. JAROW: I'm not going to be able to
7 answer all the qualifications for an IRB, but you
8 could open up an IRB in your basement if you
9 satisfied all of the regulatory requirements of
10 that IRB. But having said that, what was the first
11 part before we got to the basement?

12 DR. HOAG: How long is an IND good for?

13 DR. JAROW: Forever, until it goes on
14 clinical hold. So if there's an issue -- so there
15 have been cases where, through expanded access,
16 there have been serious adverse events; let's
17 say -- with this history of this drug, this would
18 very unlikely be the case. But for new
19 investigational drugs that are available through
20 expanded access, sometimes patients die while
21 receiving the drug, and the IND may go on hold,
22 either temporarily or permanently.

1 DR. GULUR: Dr. DiGiovanna?

2 DR. DIGIOVANNA: I have a question for Jane.
3 I think that almost any substance that's able to be
4 compounded can be abused and can be used
5 improperly. I wonder what tools we have to be able
6 to negotiate a scenario where a compound that has
7 great demonstrated utility can be prevented or made
8 it more difficult for it to be abused, but
9 permitted to be compounded under certain
10 conditions.

11 We've addressed that when it came to
12 topicals versus systemics or intravenous products,
13 but here you have a variety of potential oral uses,
14 some which may be standard of care and others which
15 may be perceived as abusive.

16 MS. AXELRAD: Well, I think that gets to the
17 difficulties of limiting things that are put on the
18 bulk drug substance list by indication. And that
19 is the pharmacist who is compounding the drug may
20 not know what indication it's going to be used for.
21 We've said that if it's a different dosage form,
22 obviously if it's a topical versus an oral, people

1 know the difference. But if you try and limit it
2 by indication, they may not know. So it would be
3 very difficult to prevent its use in a way of what
4 we're trying to prevent.

5 But I'd also say that, sort of stepping back
6 at the whole exercise that we're doing here, is
7 that Congress determined when they passed the law
8 that it was okay, reasonably okay, to do
9 compounding from something that is a component of
10 an FDA approved product, or for which there's a USP
11 monograph. And generally, those two things
12 are -- an applicable USP monograph. And generally,
13 those two things, they line up together.

14 But the drugs that we're talking about here
15 are things that have never been or not FDA
16 approved. They're not the subject of a currently
17 approved application. As we've said, for things
18 that were actually the subject of an approved
19 application many years ago, the standards were very
20 different then than they are today for showing that
21 something is safe and effective.

22 What we're doing is a good-faith effort by

1 all of the reviews that you've seen to sort of take
2 a look at what we know about these substances and
3 to look at the combination of their efficacy, what
4 do we know about whether they work, as well as
5 their safety.

6 I think for things where we've seen that
7 they work pretty well and we don't have safety
8 concerns, then we have been recommending that they
9 be placed on the list. But when you get to a
10 substance that is not approved, even if it does
11 have efficacy, it's used to treat a serious or
12 life-threatening disease or condition, and it has
13 side effects, I think what we've said consistently
14 is that we have concerns about putting it on a list
15 and having it be used in compounding because
16 patients do not get adequate labeling to warn them
17 about it. They don't have informed consent about
18 what it is that they're getting, that it's an
19 unapproved drug and things like that. So that's
20 where we have suggested that the IND is the
21 appropriate mechanism.

22 DR. GULUR: If we have no further clarifying

1 questions, we will now proceed with the nominator
2 presentations. We have one presentation on
3 quinacrine, Dr. A.J. Day from the Professional
4 Compounding Centers of America, PCCA.

5 **Nominator Presentation - A.J. Day**

6 DR. DAY: Good morning. Thank you very much
7 for the opportunity to come and address the
8 committee. My name is A.J. Day with PCCA in
9 Houston, Texas. PCCA does provide compounding
10 pharmacies with the opportunity to acquire
11 quinacrine hydrochloride for compounding.

12 Now, we've had some very lengthy and robust
13 discussions about the various uses of quinacrine,
14 and as one of the specific divisions within FDA has
15 recommended, specifically for rheumatology
16 purposes, it is not an investigational drug, it is
17 a standard of care.

18 There's a robust portfolio of evidence about
19 both the safety and efficacy, as well as how it
20 compares with other medications, whether FDA
21 approved or utilized off-label for the treatment of
22 lupus.

1 So quinacrine was utilized in an injectable
2 format, oral tablets. Atabrine was a brand name.
3 This is all background that was addressed earlier.
4 We also looked at the Triquin product, and as well
5 as when these products were discontinued in use.

6 There was a USP monograph for quinacrine
7 hydrochloride, a USP. It first appeared in 1942 in
8 USP12. It was removed in USP23 when the commercial
9 product was discontinued. And this was due to
10 small market size, as noted.

11 There was a product on the market that was
12 removed from the market, but if it was for safety
13 and efficacy reasons, it would have been on the
14 FDA's so called negative list, the products that
15 were removed from the market for reasons of safety
16 and efficacy.

17 The quinacrine hydrochloride bulk powder
18 that PCCA does provide to compounding pharmacies
19 meets the compendial standards of USP22. There was
20 also a British pharmacopeia monograph as well. So
21 when you look at the purity of being at or greater
22 than 99 percent on the assay, and this particular

1 lot meeting 99.97 percent purity, that is meeting
2 compendial standards.

3 Here we have the PDR from 1995 for Atabrine
4 tablets as well as the Triquin PDR reference from
5 1961. And here we have the American Drug Index
6 looking at Triquin and the composition thereof.

7 Really, in compounding, quinacrine is
8 utilized for patients with lupus, most commonly
9 combined with hydroxychloroquine to reduce the dose
10 and dose-related toxicities of the
11 hydroxychloroquine.

12 There are highlights from a recent
13 international lupus meeting looking at the proposed
14 mechanism of low dose hydroxychloroquine and
15 quinacrine hydrochloride combination for long-term
16 maintenance of lupus. Long-term maintenance.
17 Again, as noted by the rheumatology division within
18 FDA, you're really eliminating the ocular toxicity
19 with the utilization of quinacrine and minimizing
20 that with hydroxychloroquine.

21 Here we have the lupus conference and the
22 trials that looked at it as a standard of care,

1 again, published by the organization in 2014.

2 Clinical utilization, this was another
3 reference that was cited by the FDA's analysis with
4 Wallace in 1989, and he looked at 771 patients,
5 73 percent average response rate.

6 They also go through an adverse effects
7 profile as well as monitoring parameters. They
8 looked at how to best take care of your patients.
9 What should you be looking for? What are your
10 criteria for screening appropriate patients that
11 might be receiving quinacrine? All of this is
12 readily accessible in published literature.

13 Again, there's a number of information that
14 is available that looks at the results of
15 quinacrine when you're treating lupus published
16 recently, published historically, the data abounds.
17 We talk about patients who have failed on standards
18 of care, whether it's hydroxychloroquine or other
19 FDA approved therapies, 67 percent being responders
20 to initiation of a combination therapy with
21 quinacrine. And we also have the information on
22 its utilization from the United Kingdom.

1 Now, although this information says United
2 Kingdom because of the national health system's
3 database, it does not include Scotland, Ireland, or
4 Wales, so it's really looking at England
5 specifically. And it's looking at prescriptions in
6 England that go through the government healthcare
7 system. And you can see that the prescribing of
8 this is quite robust.

9 They also have adverse reaction reports.
10 Now, looking at data, the first reaction date
11 reported in 1965, and the most recent in November
12 2015, one of them was a fatal report, 41 total ADR
13 reports. That's fewer than one a year. And they
14 do note that the existence of an adverse drug
15 reaction report in this analysis does not
16 necessarily mean that the medication has caused the
17 reaction. So this fatal ADR report is not
18 definitively a result of quinacrine therapy, as are
19 the other 41.

20 In addition, the UK does have, as part of
21 their national health service, patient information
22 on how to utilize quinacrine, when is it

1 appropriate for a patient to be considered for
2 quinacrine as an option for therapy. They have
3 patient instructions on how to take it. Some of
4 these instructions match up with what Mr. Mixon has
5 stated for his patients in North Carolina.

6 The British Association of Dermatology has
7 this as a standard of care and a recommendation as
8 well as patient information leaflets available. So
9 the information for patients is readily available.

10 Martindale is a standard reference that most
11 pharmacists have. At compounding pharmacies, we
12 have this on every shelf. There is a lot of data
13 in here about the risks associated with quinacrine.
14 We have data about dosing, as well as references to
15 the actual studies.

16 They do look at various indications. I gave
17 you here a screenshot of their information on
18 lupus, but they do also have information on
19 intrauterine use, which is not recommended, as well
20 as anti-malarial therapy and anti-infective
21 therapy, again which is not recommended due to
22 other therapies being available.

1 When they address safety, they talk about
2 the potential for transient acute toxic psychosis,
3 which is a question that has come up here in the
4 committee discussion. They talk about the
5 lichenoid eruptions, which have occurred after
6 prolonged use, and the aplastic anemia, again after
7 long-term use. And as the gentleman from the
8 Division of Anti-Infective Products talks about,
9 the aplastic anemia being preceded by dermatoses.

10 So the aplastic anemia risk, there's a lot
11 of discussion about what is that risk. If it's a
12 severe risk, can we afford to expose patients to
13 this? And we'll get to that in a little bit, but
14 the FDA's documents themselves note that the
15 incidence is 1 in 500,000 patients.

16 Now, there are a number, again, of articles.
17 I'm not going to spend a lot of time going through
18 the specific articles on quinacrine for lupus
19 therapy because that has been discussed at length.

20 When the FDA talked about the risk of
21 aplastic anemia, they lean heavily on the data from
22 Gonzalez-Sixto, the 2010 published study that

1 looked at incidents from World War II. However,
2 once they look at the number of cases from
3 excessive doses of quinacrine hydrochloride
4 concomitant drugs known to be associated with
5 aplastic anemia, as well as the number of patients
6 presenting with signs and symptoms that should have
7 been caught to then discontinue therapy and prevent
8 the aplastic anemia, they do acknowledge, and this
9 is a screenshot from the FDA's briefing document,
10 that the incidence is approximately 1 case per
11 500,000 patients or approximately 0.0002 percent.

12 The Journal of Clinical and Aesthetic
13 Dermatology in January 2013 published a review
14 article looking at all of the published literature
15 that's available, and where does quinacrine fall in
16 line for the treatment of lupus, what are their
17 treatment recommendations. And you can see here
18 that it is a second-line therapy to be combined
19 with hydroxychloroquine or chloroquine. Again, it
20 is second-line therapy according to this journal.

21 Recent studies show that combination of
22 hydroxychloroquine or chloroquine with quinacrine,

1 which has no retinal toxicity, has synergistic
2 efficacy without an increased risk of retinopathy.
3 One hundred milligrams per day is advised as an
4 adjuvant in patients with refractory disease, or as
5 monotherapy in patients with ocular alterations of
6 other contraindications to hydroxychloroquine or
7 chloroquine.

8 Kuhn from 2011, again, has a specific
9 treatment protocol to spell out for patients,
10 pharmacists, and physicians when would quinacrine
11 be an option for your patients.

12 Now, the FDA's concerns about safety and
13 toxicity have some data behind them, so let's look
14 at some of this data. The Division of
15 Anti-Infective Products analysis talks about
16 quinacrine being a DNA intercalator and potential
17 mutagen. And specifically the quote is, "Because
18 mutations can lead to carcinogenicity, many
19 mutagens are considered potentially tumorigenic."
20 And they have two reference citations, so let's
21 look at the first one, Rotival.

22 So again, the specific quote from FDA says,

1 "Literature references indicate quinacrine
2 hydrochloride is mutagenic as discussed further
3 below, and clastogenic in vitro. The identified
4 potential impurities are also possible genotoxins
5 and mutagens."

6 Now, this Rotival study actually says that
7 using computational approaches, the analysis of the
8 potential toxicity of the impurities compared with
9 the parent compound, one, shows that ketone and
10 derivatives may exhibit specific toxicity profiles.
11 This is a speculative conclusion.

12 They have no in vitro or in vivo data to
13 directly show that these potential impurities
14 actually do have genotoxic or mutagenic properties.
15 They use computational approaches to speculate on
16 that outcome.

17 Again, the specifications utilizing the PCCA
18 pure chemical require greater than 99 percent
19 purity. The certificate of analysis was also
20 included in the nominator materials. And the major
21 degradation products of quinacrine that were found
22 in that Rotival study are generated from extreme

1 stress with quinacrine in an aqueous medium.

2 As has been discussed at length here,
3 quinacrine is compounded in anhydrous dosage forms.
4 Now, even in that specific anhydrous dosage form,
5 the degradation that was found in the Rotival study
6 for the dry quinacrine powder were not generated
7 until it was heated to about 250 degrees Celsius.
8 That's 482 degrees Fahrenheit, which is far beyond
9 any temperature that the powder is ever going to be
10 subject to in compounding or storage of the
11 compounded preparation.

12 So looking at the other studies cited by the
13 statements from the FDA's briefing document, Clarke
14 2001, they looked at the mutagenic and carcinogenic
15 potential of quinacrine. This was an in vitro
16 study using toxic levels of quinacrine on
17 prokaryotic and eukaryotic cells. And they
18 concluded mutagenicity on some of the prokaryotic
19 cell lines.

20 This is a little bit difficult to digest
21 because the prokaryotic cell lines, it's a
22 bacteria, and quinacrine is known to have anti-

1 bacterial activity, so it should be killing some of
2 these cells.

3 So there's another study which was not cited
4 in the FDA's analysis. This is a study by Gurova
5 where they analyzed both the Clarke 2001 study as
6 well as 174 other studies and conducted their own
7 in vitro and in vivo experiments. And they
8 identify several weaknesses within the Clarke
9 study, one of them being that the prokaryotic cells
10 lines utilized to identify the carcinogenic and
11 mutagenic properties, yet the quinacrine does exert
12 anti-bacterial properties. We do expect it to kill
13 those cells and to have an effect on their
14 development.

15 Most tests on the eukaryotic cell lines
16 showed no carcinogenic or mutagenic effect from
17 quinacrine. Additionally, the methodology used in
18 those analyses are considered poor quality and tend
19 to provide false positives for mutagenicity; again,
20 that's referring to the 2001 Clarke study. Modern
21 testing methods used for prokaryotic and eukaryotic
22 cells implemented by Gurova and colleagues showed

1 lack of carcinogenicity and mutagenicity. And your
2 full reference is at the bottom of this slide.

3 Some further statements from this study and
4 the conclusions, we found that in vitro treatment
5 of mammalian cells with either 9-aminoacridine or
6 quinacrine did not result in any signs of DNA
7 damage. We used a number of standard assays for
8 the detection of DNA damage and the results have
9 all were clearly negative. Jumping onto the next
10 one, finally quinacrine did not promote tumor
11 formation in vivo as would be expected for a
12 genotoxic compound.

13 The Gurova study concludes with the kind of
14 common knowledge information that widespread
15 administration of quinacrine to hundreds of
16 thousands of young people for prophylaxis against
17 malaria, and to women in many different countries
18 for sterilization, had no frequent observed,
19 obvious adverse consequences, including development
20 of cancer.

21 Moreover, studies assessing the potential
22 carcinogenic effect of quinacrine, which is

1 expected to be a direct consequence of mutagenic
2 effect, showed that quinacrine had no carcinogenic
3 effect on its own. In various studies, quinacrine
4 either promoted or reduced the effects of known
5 carcinogens, but in no case was quinacrine found to
6 be carcinogenic itself.

7 Now, moving on to the DBRUP division and
8 some of their concerns, they looked at quinacrine
9 being a derivative of acridine and belonging to a
10 class of compounds that are known to have mutagenic
11 properties. Well, that Ferguson study, again, used
12 in vitro prokaryotic methods, which have the
13 previously described weaknesses also analyzed by
14 the Gurova study.

15 They also cite an intrauterine study, the
16 Cancel study, which had results of higher incidence
17 of ovarian tumors in a dose-dependent manner. And
18 this was the rats where they injected it into rat
19 uterine tissue, most notably at a dose of
20 70 milligrams per kilogram in female rats.

21 The study does note that there was no
22 difference in tumorigenicity from the control group

1 and the group that was dosed with 10 milligrams per
2 kilogram. Now, even at that 10 milligram per
3 kilogram dose, that is significantly higher than
4 the 100 milligram PO dose that is used for patients
5 with lupus. And as Dr. Orleans mentioned in his
6 presentation, the 70 milligram per kilogram was
7 even 8 times the dose of typical intrauterine
8 utilization in humans.

9 So we have a long history of use. Human
10 tolerance is well known with regards to quinacrine
11 hydrochloride, over 80 years of use prior to World
12 War II, millions of patients, well documented anti-
13 rheumatic uses.

14 I'm not going to read all of the statistics
15 that are on here, but the incidence of psychosis
16 that was discussed in the previous clarifying
17 question round, we have some data on that with a
18 full citation at the bottom of the slide,
19 0.4 percent of toxic psychosis, the 0.0002 percent
20 incidence of aplastic anemia, as stated in the FDA
21 briefing document.

22 Now, I've got a few slides here where we

1 have some screenshots, again, direct statements
2 from the FDA briefing documents. The rheumatology
3 community has continually recommended the use of
4 quinacrine hydrochloride for the treatment of
5 lupus, and it is listed as a treatment alternative
6 in the scientific literature, major rheumatology
7 textbooks, and online medical reference sites.

8 Performing a complete blood count and
9 thorough skin exam every 3 months in quinacrine
10 hydrochloride treated patients is recommended in
11 the medical literature to screen for potential
12 cases of aplastic anemia. Given the safety profile
13 of quinacrine hydrochloride, it is acceptable
14 considering the relative safety of other lupus
15 treatments.

16 In 1996, American Academy of Dermatology
17 included quinacrine hydrochloride on a list of
18 first-line systemic treatments for lupus. And the
19 addition of quinacrine hydrochloride to
20 hydroxychloroquine therapy should be seriously
21 considered as long-term maintenance therapy of
22 remission in patients with systematic lupus to

1 reduce ocular toxicity. These are 2015 studies,
2 recent literature. The use of quinacrine
3 hydrochloride is recommended in the most recent
4 algorithm for treatment of systematic lupus
5 erythematosus.

6 Now, I also have a number of references from
7 the actual medical literature. This is what the
8 dermatology students are being taught in medical
9 school, in their fellowships, in their residencies.
10 This happens to be the standard reference according
11 to students of dermatology and preceptors of
12 dermatology that I was able to contact and the
13 specific screenshots for when quinacrine gets added
14 to therapy. They also go through how they monitor
15 patients and how they screen patients for
16 appropriateness.

17 Again, a number of references, a number of
18 medical citations about the utilization of
19 quinacrine in all of your major dermatology
20 textbooks. This is not an investigational therapy.
21 It does not belong under an investigational new
22 drug application.

1 There were some letters that were also sent
2 in along with my presentation to the FDA, as well
3 as one that was sent directly to the FDA from a
4 physician. That one that you should have received
5 ahead of time from Dr. David McLain, the executive
6 director of the Alabama Society for the Rheumatic
7 Diseases. He has over 241 patients currently
8 receiving quinacrine for lupus. Again, this is not
9 investigational, this is a standard of therapy that
10 has been around for a long time.

11 Here we have physicians from Wake Forest
12 Baptist Health. It is not only prescribed directly
13 from community dermatologists, but it is taught in
14 medical schools. These are prescriptions coming in
15 from major teaching institutions.

16 Here we have another academic dermatologist
17 who is concerned about the FDA's recommendation to
18 not recommend quinacrine for the positive list, and
19 that it must go through an IND. Full PDFs of both
20 of these letters were sent along with this
21 presentation, so hopefully all of your members on
22 the committee have a copy of that.

1 So again, it is compounded as oral capsules
2 for combination therapy in patients with lupus. It
3 is recommended as first-line treatment by the
4 American Academy of Dermatology. It is included in
5 treatment algorithms in medical education,
6 protocols, and literature.

7 Chemically stable, non-mutagenic, non-
8 carcinogenic, and non-tumorigenic as the evidence
9 has been provided. There's a long history of use
10 in human populations around the world with a very
11 well known adverse reaction profile, well
12 established guidelines for prescribing, patient
13 counseling, and patient monitoring. Very low
14 incidence of adverse reactions at therapeutic
15 dosing.

16 FDA presented information on the number of
17 prescriptions dispensed in a community setting
18 utilizing information from IMS, which really looks
19 at prescriptions that were submitted for insurance
20 reimbursement. It's not complete data because
21 oftentimes prescriptions for compounds are not
22 covered by insurance, so it does not look at actual

1 the number of prescriptions overall that are paid
2 for in cash.

3 However, let's look at that number of about
4 1400 prescriptions dispensed in 2015. They do not
5 present any data on adverse events. FAERS does not
6 pull up any information on incidence of adverse
7 reactions due to quinacrine hydrochloride. And the
8 information from the UK indicates that the
9 incidence of adverse reactions is likely to be very
10 small.

11 Another point that I'd like to make is that
12 the clarification discussion for an IND talked
13 about inclusion criteria and when might an IND be
14 considered. And one of the discussion points was
15 that you have to have a patient that's eligible go
16 through a clinical trial first. Again, this is not
17 an investigational drug. There's nothing new about
18 this therapy. There's nothing new about where
19 quinacrine lies in the protocol for rheumatology
20 and for the treatment of lupus.

21 So I urge the committee not to push this
22 drug towards an IND in that the safety and the data

1 presented does not indicate a definitive risk for
2 patients, and that the number of prescriptions that
3 the FDA presented in their clarifying discussion
4 does indicate that, by and large if not completely
5 utilized for the treatment of lupus, the fact that
6 0.05 percent of the prescriptions,
7 77 prescriptions, in a 5-year period were
8 prescribed by OB/GYNs does not mean that those were
9 for intrauterine utilization. That means that an
10 OB/GYN wrote the prescription. Thank you.

11 **Clarifying Questions from the Committee**

12 DR. GULUR: We will now entertain clarifying
13 questions for the nominator from the committee.

14 Dr. Jungman?

15 MS. JUNGMAN: Could you just talk about what
16 the potential barriers might be to an organization
17 like PCCA applying for a treatment IND as has been
18 suggested would be an alternative?

19 DR. DAY: So in this meeting is the first
20 time that we've heard that any organization can
21 apply for an IND, for an expanded access or
22 compassionate use IND. The information that we

1 have had previously talked about the treating
2 clinician applying for the IND, and in a previous
3 PCAC meeting, they talked about an actual
4 compounding pharmacy applying for an IND.

5 If the facts are that anybody, any
6 association or any entity, can then apply for an
7 expanded access IND, then we'd be happy to do so.
8 However, we still have a fundamental issue with the
9 concept that a drug such as quinacrine is
10 investigational. It absolutely is not
11 investigational. It is a standard of care.

12 DR. GULUR: Any other questions to clarify?
13 Go ahead.

14 MS. DAVIDSON: Dr. Day, your certificate of
15 analysis that you projected, I assume that that
16 complies with the omitted USP monograph, and that's
17 where the specifications came from for quinacrine.

18 DR. DAY: Correct.

19 MS. DAVIDSON: So it could be stated that if
20 a compounder obtained quinacrine substance from
21 PCCA, that it would be of USP quality?

22 DR. DAY: Yes.

1 MS. DAVIDSON: Thank you.

2 DR. DAY: And that is very important because
3 the statute, the HR 3204 DQSA, talks about the
4 inclusion criteria for substances that can be using
5 compounding. And they say that the substance,
6 regarding the USP monograph, must meet the
7 standards of an applicable USP monograph. It does
8 not say a current USP monograph. And as I
9 presented to you, there is a USP monograph from
10 USP22. So whether or not that meets the criteria
11 of being an applicable USP monograph, I don't know.

12 DR. GULUR: Dr. Jungman?

13 MS. JUNGMAN: I have another question that's
14 probably for FDA, but it's about the presentation.
15 Dr. Day, you suggested that had the drug been
16 withdrawn for safety or effectiveness reasons, it
17 would be on FDA's list, and thus we can conclude
18 that it was withdrawn for economic reasons.

19 That's not actually my understanding of how
20 the withdrawn or removed list works. Am I
21 misunderstanding it? If no one had actually asked
22 FDA why it was withdrawn, then we don't actually

1 have a conclusion about why it's withdrawn, do we?

2 MS. AXELRAD: Yes. If we don't have any
3 data, we only are putting things on the withdrawn
4 and removed list for which we have information that
5 indicates that it was withdrawn for reasons of
6 safety or efficacy.

7 If somebody just withdraws it, and we were
8 never asked to make the finding of whether it was
9 withdrawn or removed for safety reasons, or in many
10 of the cases that we presented, there were press
11 releases and documentation at the time that it was
12 withdrawn for safety reasons -- but if we don't
13 make the finding, then there is nothing we can use
14 to decide now -- we've looked to see if there was
15 anything, and there just isn't evidence associated
16 with these withdrawals that indicates whether it
17 was withdrawn for safety or efficacy reasons.

18 DR. GULUR: Go ahead.

19 MS. DAVIDSON: And just to clarify
20 withdrawal, is that of the product or did you
21 withdraw the approval?

22 MS. AXELRAD: Usually -- what we mean is a

1 withdrawn NDA, that there is no presently -- any
2 NDA for the product, right? We have checked that,
3 and there is no current NDA, so the NDA was
4 withdrawn.

5 As I said, it's often just a, you know, the
6 sponsor discontinues it for whatever reason, and
7 then a few years later, because they don't want to
8 have to like keep it up and do what they need to
9 do, they ask us to withdraw it. And then we issue
10 a notice in the Federal Register, You'll see long
11 lists of NDAs that have been withdrawn, and there's
12 no need to have any reason for that, unless
13 somebody wants to market it for a generic, based on
14 that NDA. Then we have to make a determination
15 that it was not withdrawn for safety or efficacy
16 reasons.

17 I also want to correct one thing also that
18 Dr. Day said, which is that the patient to be under
19 an IND has to be enrolled in a clinical trial.
20 That is not true. That is not the case. I just
21 want to make sure that you're not left with that
22 thought in your mind because it isn't the case.

1 DR. GULUR: I do have a clarifying question
2 for you. So to further affirm, now that you are
3 aware that the IND process is open and it's
4 something you can pursue, it would be something
5 that PCCA would pursue?

6 DR. DAY: If the substance is voted to not
7 be placed on the 503A positive list, then we will
8 take whatever steps we can to assure patient access
9 to a life-saving medication. If that means that we
10 can sponsor an IND process, then absolutely we will
11 go forward in that direction, or work with our
12 colleagues in the medical community to do so.

13 DR. GULUR: Thank you.

14 MS. AXELRAD: Hang on one second because we
15 want to make one clarification about the
16 applications that were withdrawn and why they were
17 withdrawn.

18 DR. JOHNSON: So to our understanding, the
19 Atabrine single ingredient oral tablet was never
20 approved. It never had an NDA. It ceased to be
21 marketed in the 1990s because the company didn't
22 have a market for it. That was the company's

1 decision as we understand it.

2 The NDA for the 3-ingredient product,
3 hydroxychloroquine, chloroquine, and quinacrine,
4 did have an NDA. It did have an approval for
5 malaria and lupus. Is that correct? Just for
6 lupus.

7 The NDA came into existence at a time when
8 the organization was mandated by law to review for
9 safety and not for efficacy. And later in FDA's
10 history, the 1950s, we started to catch up with
11 existing -- '62, thank you. I should know my
12 amendments better than that.

13 In 1962, the organization started to review
14 efficacy data for existing NDAs. It was found that
15 the individual ingredients in Triquin did not have
16 sufficient evidence of individual efficacy that
17 they needed to use in combination.

18 So in other words, if you looked at
19 hydroxychloroquine's addition to the use, to the
20 efficacy of this product and quinacrine's use and
21 chloroquine's use, and their benefit to the
22 addition of efficacy to this product, that had

1 never been established.

2 There was no reason on record, in the data,
3 that showed that you needed the 3-ingredient
4 product. That's why the NDA was withdrawn for lack
5 of efficacy. It doesn't mean anything with regard
6 to the individual ingredients. It means that the
7 combination was not justified.

8 Then lastly, there was a quinacrine
9 injection product that was a sclerosing agent. It
10 was used in ascites in cancer. It was approved in
11 1964 based on safety and efficacy, and the
12 manufacturer discontinued it. They reported in an
13 annual report that they were discontinuing it due
14 to lack of sales, lack of use.

15 DR. GULUR: Dr. DiGiovanna?

16 DR. DIGIOVANNA: Although in fact, isn't
17 quinacrine added to hydroxychloroquine to minimize
18 the retinal toxicity? So while there might not be
19 a clear-cut efficacy, there are now standard of
20 care beneficial reduction of retinal toxicity, so
21 that's why it's used.

22 DR. HULL: That's our understanding as well.

1 DR. GULUR: All right. Thank you, everyone.
2 We are running a little behind. We will now have
3 our morning break. Committee members, please
4 remember that there should be no discussion of the
5 meeting topic during the break among yourselves or
6 with any member of the audience. Please return to
7 your seats at 10:30 a.m.

8 (Whereupon, at 10:19 a.m., a recess was
9 taken.)

10 DR. GULUR: Thank you, everyone. If you
11 could take your seats, we will now begin the
12 session after the break. We will now have
13 Dr. Janet Maynard from the FDA present on
14 boswellia.

15 **Presentation - Janet Maynard**

16 DR. MAYNARD: Good morning. My name is
17 Janet Maynard, and I'm a rheumatologist and a
18 clinical team leader in the Division of Pulmonary,
19 Allergy, and Rheumatology Products at the FDA. I
20 will be discussing boswellia serrata extract or
21 BWSE. The review team for boswellia serrata
22 extract is listed on this slide.

1 By way of overview, *boswellia serrata*
2 extract was nominated for uses in inflammatory
3 bowel disease, rheumatoid arthritis,
4 osteoarthritis, asthma, and for anti-inflammatory
5 properties generally. This clinical review will
6 focus on use in osteoarthritis and rheumatoid
7 arthritis.

8 *Boswellia* is a genus in the Burseraceae
9 family with approximately 40 species. *Boswellia*
10 resins and extracts are available in the United
11 States market as dietary supplements. Oral and
12 topic applications of *boswellia* as herbal medicines
13 are used in other parts of the world for various
14 diseases and symptom treatments, such as arthritis
15 and pain. This table summarizes the compendial
16 descriptions of *boswellia* botanicals found in the
17 United States, European, and Chinese pharmacopeias.

18 *Boswellia* extracts are complex, naturally
19 derived mixtures that can vary significantly in
20 composition. *Boswellia serrata* contains several
21 main classes of compounds, including 22 to
22 80 percent total boswellic acids, 5 to 15 percent

1 volatile oils, and 10 to 40 percent other
2 compounds, such as polysaccharides.

3 Boswellic acids have been considered as
4 useful bioactive chemical marker compounds. The
5 overall composition in a given boswellia extract is
6 often unknown. The most common boswellic acid
7 analogs are listed on this slide.

8 Literature suggests that boswellic acids are
9 the major active components and can serve as
10 chemical markers of boswellia extracts. However,
11 it is important to note that the composition of
12 boswellia extracts, as well as the total and
13 relative proportions of boswellic acid analogs, can
14 differ depending on the botanical source and
15 manufacturing method.

16 In terms of overall quality considerations,
17 the composition of boswellia extracts, including
18 total content and relative proportions of boswellic
19 acid analogs, can differ depending on the botanical
20 source and manufacturing methods.

21 Good agricultural and collection practices
22 to support sustainable production of boswellia

1 resin in native habits have not been established.
2 Raw materials may vary significantly in quality.
3 Different manufacturing processes, including
4 various solvent extractions, have been utilized to
5 concentrate boswellic acids from boswellia resins.

6 Boswellia extracts contain multiple classes
7 of molecules so their composition is not well
8 characterized and cannot be adequately controlled
9 solely based on the analysis of boswellic acids.
10 Additional raw materials and manufacturing process
11 controls are needed to ensure quality of boswellia
12 extracts. In conclusion, we do not consider
13 boswellia extract to be well characterized and can
14 be adequately controlled for compounding drug use
15 from a quality perspective.

16 Animal studies suggest that boswellia
17 serrata extract has anti-inflammatory properties,
18 but the exact mechanism of action is unknown.
19 There are no well designed and well controlled
20 quality data to evaluate the toxicity of boswellia
21 serrata extract, but no significant toxicity was
22 observed when rats were dosed with 1,500 milligrams

1 per day boswellia serrata extract enriched with
2 30 percent AKBA for 90 days. Boswellia serrata
3 extract was not genotoxic in in vitro and in vivo
4 testing. The carcinogenic potential of boswellia
5 serrata extract has not been evaluated.

6 Reproductive and developmental toxicity of
7 boswellia serrata extract has not been evaluated in
8 animals, but the Chinese pharmacopeia states that
9 boswellia serrata extract products are not
10 recommended in pregnant women.

11 In conclusion, the available information is
12 insufficient to conduct a sound non-clinical safety
13 assessment of boswellia serrata extract, a mixture
14 of several compounds.

15 I will now transition to the clinical
16 assessment. In terms of safety, in the literature,
17 the most commonly reported adverse events with
18 boswellia serrata extract were gastrointestinal,
19 including diarrhea, abdominal pain, and nausea.
20 However, traditional uses of boswellia include
21 menorrhagia, dysmenorrhagia, and emmenagogue.

22 Emmenagogues are products that stimulate

1 blood flow to the pelvic area and uterus, and may
2 induce abortion or prevent pregnancy. Sources
3 suggest that boswellia should not be used in
4 pregnancy due to these concerns. This is a
5 significant safety concern given the potential use
6 of boswellia serrata extract by women of
7 childbearing potential.

8 Another notable safety concern is related to
9 the potential increase in the anticoagulant effect
10 of warfarin that could lead to adverse events
11 related to bleeding. Reported adverse events in
12 clinical trials include epigastric and abdominal
13 pain, nausea, diarrhea, fever, headache, acidity,
14 anorexia, and constipation.

15 The Office of Surveillance and Epidemiology,
16 or OSE, evaluated the FDA Adverse Event Reporting
17 System, or FAERS, for all adverse events reported
18 with boswellia. Three cases from one literature
19 report described drug interactions between
20 boswellia and warfarin that resulted in
21 over-anticoagulation effect. There were no reports
22 of pregnancy loss associated with boswellia.

1 The Center for Food Safety and Applied
2 Nutrition, or CFSAN, evaluated the Center for Food
3 Safety and Applied Nutrition Adverse Event
4 Reporting System, or CAERS, for adverse event
5 reports about a product containing boswellia. 208
6 cases were identified.

7 There was a spectrum of adverse event
8 severity, including serious and life-threatening
9 adverse events and deaths. All of the cases
10 involved products containing multiple components or
11 other medications, thus no definitive conclusions
12 were possible.

13 Now we will transition to consideration of
14 clinical efficacy. We will start with a discussion
15 of osteoarthritis. A Cochrane review from 2014
16 found high quality evidence from 2 studies and
17 85 participants that 90 days of treatment with
18 100 milligrams of enriched boswellia serrata
19 extract improved symptoms compared to placebo.

20 This slide provides a summary of five
21 studies in osteoarthritis that evaluated the
22 efficacy of boswellia serrata extract for signs and

1 symptoms of disease. There were limitations to
2 interpretation of these data.

3 For example, in several publications, there
4 was lack of clarity regarding the efficacy
5 findings, analysis methods, and comparisons being
6 made. It was sometimes unclear if the publication
7 was comparing the response rate within or between
8 groups. Thus, there were limitations, but in
9 general, the data suggested some patients had
10 improvement in signs and symptoms of osteoarthritis
11 with boswellia serrata extract.

12 In terms of efficacy in rheumatoid
13 arthritis, four studies were identified evaluating
14 boswellia serrata extract. One study did not
15 suggest efficacy. Two studies included drugs with
16 multiple components, so it was unclear which
17 component might be contributing to potential
18 effects.

19 One publication reviewed the results of
20 other studies, but limited details were provided,
21 and some studies included patients with other
22 diagnoses besides rheumatoid arthritis. In

1 addition, there was no evidence that boswellia
2 serrata extract inhibits radiographic progression
3 in rheumatoid arthritis. Therefore, these studies
4 did not provide convincing evidence of
5 effectiveness for boswellia serrata extract in
6 rheumatoid arthritis.

7 In summary, this compound is intended for
8 the treatment of numerous conditions, including
9 osteoarthritis and rheumatoid arthritis, which are
10 serious diseases. Numerous treatments have been
11 approved by the FDA for both osteoarthritis and
12 rheumatoid arthritis after a demonstration of
13 efficacy in well controlled clinical trials.

14 While there are limitations to the available
15 data, there is some evidence that boswellia serrata
16 extract may improve symptoms for some patients with
17 osteoarthritis. There is insufficient evidence
18 that there is efficacy for rheumatoid arthritis.
19 Further, there are numerous treatments for
20 rheumatoid arthritis that have established
21 efficacy, and there's a risk of irreversible
22 structural damage with ineffective therapies.

1 Historically, boswellia has been used for
2 millennia throughout the world, particularly in
3 Ayurvedic and traditional Chinese medicine for
4 various therapeutic uses, such as
5 anti-inflammatory, analgesic, diuretic and
6 antiseptic uses.

7 In summary, since boswellia serrata extract
8 is a naturally derived botanical substance, its
9 physical and chemical characteristics can vary
10 according to the source and extraction method.
11 Thus, we cannot ensure consistent quality of bulk
12 drug substance.

13 In terms of clinical considerations, limited
14 safety data suggests boswellia serrata extract is
15 generally well tolerated. However, its association
16 with terminating and preventing pregnancy is a
17 significant safety concern given the potential use
18 in women of childbearing potential.

19 In addition, there are reports of
20 interactions with oral anticoagulants leading to an
21 increase in anticoagulant effect. Literature data
22 suggests there may be efficacy in some patients

1 with osteoarthritis, but inadequate data to support
2 efficacy for rheumatoid arthritis.

3 A number of safe and effective FDA approved
4 agents are available for the treatment of both
5 rheumatoid arthritis and osteoarthritis. There is
6 historical use of boswellia serrata extract for
7 multiple conditions.

8 Based on consideration of these factors, we
9 do not recommend that boswellia serrata extract be
10 placed on the list of bulk drug substances that can
11 be used in compounding under Section 503A of the
12 Federal Food, Drug, and Cosmetic Act. Thank you.

13 **Clarifying Questions from the Committee**

14 DR. GULUR: Thank you.

15 At this time we will accept clarifying
16 questions from the committee.

17 DR. WALL: A question, especially with its
18 use in osteoarthritis. Since you can't reverse the
19 disease, we're dealing with symptomology for their
20 symptoms. When you have gone through the regularly
21 prescribed treatments and you either hit with it's
22 failed, it's intolerant, they're having adverse

1 effects, would you be in favor, when you have run
2 through the regular stuff, of trying something like
3 this? Would it be a safe alternative that somebody
4 could try to help with the symptoms?

5 DR. MAYNARD: So if I'm understanding
6 correctly, you're saying if a patient has tried the
7 currently FDA approved therapies for osteoarthritis
8 specifically, but is having either adverse events
9 related to those therapies, or is having lack of
10 efficacy, would I consider using boswellia serrata
11 extract personally for a patient.

12 DR. WALL: Yes, because these are the types
13 of patients I would envision that you would -- when
14 you're getting down to using these kinds of
15 products, you've gone the standard route. So my
16 question for you is just that, would you consider
17 trying something like this? Would that be an
18 option for a patient or, based on what you have
19 read, it should never be tried?

20 DR. MAYNARD: Right. So if we're talking
21 specifically sort of in the context of thinking
22 about whether or not this drug should be compounded

1 but focusing on safety and efficacy, hopefully I
2 highlighted that there is some suggestion that it
3 may give benefit for signs and symptoms of
4 osteoarthritis, but you always have to balance that
5 with any potential safety concerns. And hopefully
6 I've highlighted that we do have some safety
7 concerns about the use of boswellia serrata
8 extract.

9 DR. GULUR: Any other clarifying questions?
10 Dr. Hoag?

11 DR. HOAG: Am I correct in assuming that
12 this compounding list has nothing to do with
13 products that are already on the market, like say
14 under the DSHEA Act?

15 MS. AXELRAD: That's correct. You can still
16 get it at a health food store if you want to get it
17 at a health food store. For things that are
18 dietary supplements that are legally marketed under
19 DSHEA, you can still get them there.

20 DR. GULUR: Dr. Buckley?

21 DR. BUCKLEY: I was wondering if you could
22 put the slide up again about the Cochrane review,

1 and if you have any more information about the
2 studies. I was surprised -- so I think what we're
3 saying is that it provided relief of pain or
4 stiffness, but the size of the studies was
5 surprisingly small, and it seemed improbable that
6 with such small studies you would see such positive
7 effects.

8 So just looking at the data, you would have
9 to wonder were they adequately blinded? Are the
10 numbers really believable? Were they powered to
11 show these effects? And I didn't know if you have
12 any more information about the studies.

13 The typical osteoarthritis study would not
14 have these numbers of patients to show. For
15 example, for an non-steroidal, anti-inflammatory
16 require large numbers of patients, so I'm curious
17 the numbers and the duration is fairly short
18 duration of therapy for a chronic arthritis.

19 DR. MAYNARD: Right. So you're correct.
20 This provides a summary of some of the studies that
21 were included in the Cochrane analysis, and I did
22 go to look at the specific studies. And as you

1 mentioned, they looked mainly at signs and
2 symptoms, and there would be a suggestion in
3 several of the studies that there was some
4 improvement for signs and symptoms. But as you
5 also highlighted, there were some limitations just
6 because of differences between the studies, short
7 duration of therapies.

8 So I think you've highlighted some of the
9 difficulties in translating what is seen in these
10 actual studies as to whether or not there's really
11 sort of substantial evidence that there is
12 effectiveness or evidence of efficacy of this
13 product for osteoarthritis.

14 DR. BUCKLEY: If I'm looking at this slide
15 correctly, we're talking about studies with 20
16 people on a treatment, 15 people on a treatment?

17 DR. MAYNARD: Correct. So you're right that
18 they were small in size.

19 DR. BUCKLEY: Really remarkable small
20 studies.

21 DR. GULUR: If there are no further
22 clarifying questions, we will now proceed with the

1 nominator presentations. We have one presentation
2 on boswellia by Ms. Kieffer from Fagron.

3 **Nominator Presentation - Kimberly Kieffer**

4 MS. KIEFFER: Good morning. I'm Kim
5 Kieffer. I represent Fagron North America. We,
6 like PCCA, also provide bulk substances to
7 compounding pharmacies. And I'd like to thank you
8 for the opportunity to be here today.

9 The FDA did a very good job of highlighting
10 what boswellia serrata extract is. It is a plant
11 species of the Burseraceae family, and it typically
12 grows in regions of India. And it's active
13 components of course are the boswellia acids that
14 she identified.

15 Boswellia has been sought for its
16 anti-inflammatory activity. In vitro study shows
17 that boswellic acids can often block synthesis of
18 pro-inflammatory A5-lipoxygenase products. Unlike
19 traditional NSAIDs, boswellia acids have been shown
20 to be glycosaminoglycan sparing.

21 Boswellia has a long history of widespread
22 use in Chinese, Ayurvedic, European, Africa, United

1 States medicine, and it is available as an herbal
2 and dietary supplement from many, many, many
3 dietary supplement manufacturers. I listed a few
4 here, but you can Google it, and there are dozens
5 and dozens and dozens and dozens more. So this
6 material is available in general on the market.
7 However, it does have a USP monograph, and
8 materials that are available commercially are not
9 necessarily subject to these monographs.

10 In the USP monograph, boswellia is subject
11 to hold not less than 90 percent to 110 percent of
12 the label amount of extract of the boswellic acid
13 keto derivatives. The FDA did define what those
14 were.

15 In general what the USP quantifies is the 11
16 keto beta boswellic acid and 3 acetyl-11 keto
17 boswellic acids, so it is defined what we are
18 standardizing to. USP also requires heavy metal
19 specifications, residual pesticides, loss on
20 drying, and microbial counts.

21 So in terms of safety and adverse effects,
22 FDA did already define this, but in clinical

1 trials, it's generally well tolerated and animal
2 studies reflect no signs of toxicity or
3 mutagenicity, however carcinogenicity studies are
4 not reported. It is associated with
5 gastrointestinal adverse effects, including
6 diarrhea, abdominal pain, et cetera. This is
7 consistent with other therapies.

8 Interaction with oral anticoagulants has
9 been observed, but again this is something any time
10 a patient that is on an anticoagulant therapy, adds
11 a new pharmacological therapy or dietary supplement
12 in their regime, this is something that will be
13 monitored.

14 I've also made a table of the available
15 safety data or of the efficacy data. This is not
16 by any means all that is available in the
17 literature, but these studies were either double
18 blinded or randomized double-blind. We do see a
19 small cohort of patients and the relative lengths
20 of time that they were studied were small, but in
21 most of the cases we did see statistically
22 significant pain reduction as compared to placebo.

1 We have already looked at these so I'm going
2 to go on. But one in particular that we looked at
3 was Vishal et al. It was a randomized prospective
4 where they studied the effects of boswellia versus
5 valdecoxib, which would be a standard therapy. And
6 at one month, the study did favor valdecobix
7 therapy in terms of effectiveness, however at
8 7 months, we saw a higher favorite trend towards
9 the boswellia. So that showed that it is as
10 effective as the valdecoxib and perhaps even having
11 better effect.

12 Then, I also wanted to point out two other
13 studies that are not necessarily on osteoarthritis,
14 though that seems to be where it has the most
15 effective data. In a randomized controlled study,
16 they looked at the effects of boswellia on diabetic
17 patients for its anti-diabetic effects.

18 What we found in this study is that there
19 was significant increase in HDLs, decrease in blood
20 cholesterol, LDLs and fructosamine with no adverse
21 effects. And in most of these studies, we observed
22 no or low adverse effects.

1 This is also interesting in the next study
2 to show that patients with chronic colitis were
3 randomized into two groups to either receive
4 boswellia 3 times a day or to receive sulfasalazine
5 1 gram 3 times a day, which would be the standard
6 therapy. In 6 weeks, the study showed that the
7 boswellia was actually as effective as the
8 Sulfasalazine. So again, these additional studies
9 are showing its overall anti-inflammatory effect.

10 So my conclusion is simply this. It's well
11 tolerated in clinical studies. There is fairly
12 extensive efficacy data to support its
13 anti-inflammatory activity. Boswellia is available
14 as a dietary supplement from many vendors, but
15 remember, this is without quality verification and
16 monitoring.

17 Compounding can provide formulations with
18 USP monograph material that are from FDA registered
19 and inspected facilities. Compounders can also,
20 through their vendors that supply these materials,
21 verify chain of custody and country of origin.
22 They can also be presented with an allergen

1 statement and other transparent information
2 regarding the chemical. This is something that
3 cannot be obtained from something that is obtained
4 through online transaction from Amazon or through
5 Whole Foods.

6 Yes, these things are available, but
7 compounding offers the opportunity for the
8 physician to not only verify the quality of the
9 product, but also to give the patient specifically
10 what the patient needs. In some of these cases,
11 the patient may not be able to swallow the capsules
12 from the Whole Foods, and they may require a
13 chewable tablet or an oral suspension. Compounding
14 pharmacy has an opportunity to take care of the
15 patient in that manner.

16 Also, when a compounding prescription is
17 prepared, the physician and the compounding
18 pharmacist are then taking care of the patient.
19 This information regarding the safety and efficacy
20 of this particular product and other dietary
21 supplements is available in the literature,
22 Martindale's, DRUGDEX, AltDEX. This information is

1 there and patients can be counseled on it.

2 For this reason, I ask that it be considered
3 for the bulks list. Since it is going to be
4 commercially available anyway, this gives the
5 physicians some absolute opportunities to create a
6 specific dosage form and regime specifically for
7 that patient. Thank you.

8 **Clarifying Questions from the Committee**

9 DR. GULUR: Thank you. We will now
10 entertain clarifying questions for the nominator
11 from the committee.

12 MS. JUNGMAN: How do you go about assuring
13 yourself of the quality of your bulk substance
14 given the concerns that were identified by FDA?

15 MS. KIEFFER: From a manufacturer's
16 standpoint? There is a USP monograph for this
17 material, so it is tested to meet that. When we
18 purchase materials from a manufacturer, it comes
19 with a certificate of analysis giving us those
20 verifications. Once we receive it in-house, we
21 then send it out to an independent testing facility
22 to verify those terms.

1 MS. JUNGMAN: And just to be clear, that's a
2 dietary supplement monograph, is that right?

3 MS. KIEFFER: I'm sorry?

4 MS. JUNGMAN: It's a dietary supplement
5 monograph, right?

6 MS. KIEFFER: It is a dietary supplement
7 monograph. There are two?

8 MS. DAVIDSON: Two.

9 DR. GULUR: Dr. Davidson, if you could
10 clarify that. There are two monographs?

11 MS. DAVIDSON: Certainly, there are two USP
12 dietary supplement monographs for boswellia.
13 There's one for the extract and one for the pure
14 substance from the tree.

15 MS. KIEFFER: Correct.

16 DR. GULUR: Dr. DiGiovanna?

17 DR. DIGIOVANNA: Those are dietary
18 monographs, exactly yes. So they're not the kind
19 that will allow --

20 DR. GULUR: Dr. Buckley?

21 DR. BUCKLEY: Just a clarifying question
22 about the studies you cited. Some of them were

1 randomized, some of them were not. In studies that
2 talk about pain, blinding is very important because
3 it's a subjective report. Were the randomized
4 trials blinded? In other words, did the person --

5 MS. KIEFFER: No, not if I didn't specify.

6 DR. BUCKLEY: They were not blinded?

7 MS. KIEFFER: I indicated when they were.

8 DR. GULUR: Dr. Davidson?

9 MS. DAVIDSON: And I don't know if you know
10 that the IUCN has listed boswellia species on the
11 vulnerable and threatened list. What steps does
12 your company take to ensure that the sources are
13 reasonably harvested for this product?

14 MS. KIEFFER: Actually, our company doesn't
15 sell boswellia any more. In actual reality, I
16 don't believe that this material is being
17 compounded that often. In fact, it was something
18 discontinued because we don't in fact sell it any
19 more. It wasn't being purchased.

20 But we did nominate it when this process
21 began because we were selling it. And we really
22 are here to speak out and ensure the options for

1 physicians if this is something that they want to
2 use. And the reason that we have these products on
3 our product offering is because physicians are
4 asking compounders to prepare them for them.

5 MR. HUMPHREY: Do all of the companies that
6 provide the bulk substance ensure the same quality
7 that PCCA does?

8 MS. KIEFFER: Well, I can say for my company
9 they do. I can't speak for everyone.

10 MR. HUMPHREY: But there's nothing that
11 would prevent a compounding pharmacy from
12 purchasing it from a supplier that does not meet
13 those standards, correct?

14 MS. KIEFFER: There is not, but there is a
15 minimum requirement for bulk suppliers. We have to
16 be FDA registered, and we have to be purchasing
17 from FDA registered facilities.

18 DR. GULUR: Thank you.

19 MS. KIEFFER Thank you.

20 **Open Public Hearing**

21 DR. GULUR: We will now proceed to hear open
22 public hearing speakers. I will read the following

1 OPH statement into the record. Both the Food and
2 Drug Administration and the public believe in a
3 transparent process for information-gathering and
4 decision-making. To ensure such transparency at
5 the open public hearing of the advisory committee,
6 FDA believes that it is important to understand the
7 context of an individual's presentation.

8 For this reason, FDA encourages you, the
9 open public hearing speaker, at the beginning of
10 your written or oral statement to advise the
11 committee of any financial relationship that you
12 may have with the product, and if known, it's
13 direct competitors.

14 For example, this financial information may
15 include the payment by a bulk drug supplier or
16 compounding pharmacy of your travel, lodging, or
17 other expenses in connection with your attendance
18 at the meeting. Likewise, FDA encourages you at
19 the beginning of your statement to advise the
20 committee if you do not have any such financial
21 relationships. If you choose not to address this
22 issue of financial relationships at the beginning

1 of your statement, it will not preclude you from
2 speaking.

3 The FDA and this committee place great
4 importance in the open public hearing process. The
5 insights and comments provided can help the agency
6 and this committee in their consideration of the
7 issues before them.

8 That said, in many instances and for many
9 topics, there will be a variety of opinions. One
10 of our goals today is for this open public hearing
11 to be conducted in a fair and open way where every
12 participant is listened to carefully and treated
13 with dignity, courtesy, and respect. Therefore,
14 please speak only when recognized by the chair.
15 Thank you for your cooperation.

16 The open public hearing portion of this
17 meeting is now open.

18 DR. WERTH: Thank you for the opportunity to
19 be here today. I have no financial conflict of
20 interest, and my comments have been reviewed and
21 endorsed by the American Academy of Dermatology
22 Association. The AADA represents more than 13,500

1 U.S. dermatologists, many of whom use quinacrine to
2 treat patients with lupus.

3 So by way of background, I attended Johns
4 Hopkins. I have my medical boards in internal
5 medicine, dermatology, and immunodermatology. I
6 participated in a lupus clinic at NYU in the
7 rheumatology division prior to moving to Penn in
8 1989. I have an appointment in both dermatology
9 and rheumatology at the University of Pennsylvania.
10 I practice and research many patients with problems
11 related to autoimmune skin disease. I'm listed
12 yearly in Top Docs magazine, and I also co-wrote
13 some of the textbook chapters that were previously
14 mentioned by Dr. Day.

15 I have many grants in the area of autoimmune
16 disease, including from NIH, the VA, as well as a
17 number of lupus foundations listed there. And I
18 performed the first investigator initiated studies
19 for cutaneous lupus and amyopathic dermatomyositis,
20 and I developed outcome measures to help facilitate
21 some of those trials.

22 I'm also co-founder of the Med Derm Society,

1 the Rheum Derm Society, initiated the combined
2 internal medicine dermatology residency program in
3 the U.S. I'm chair of the Standards of Care
4 Committee for the Medical and Scientific Committee
5 of the Lupus Foundation of America. And I also am
6 involved with the Myositis Association and work
7 with international myositis groups on myositis
8 response criteria and outcomes.

9 I have had a number of longitudinal
10 databases for my lupus patients over the last
11 8 years with over 400 patients that I've been
12 following as well as over 200 dermatomyositis
13 patients.

14 Quinacrine is normally added to
15 hydroxychloroquine when it hasn't worked for skin
16 disease and lupus, and also dermatomyositis
17 patients, and fully one quarter of my lupus
18 patients are on quinacrine, and 33 percent of my
19 dermatomyositis patients are on quinacrine.

20 Quinacrine is also used not just by myself
21 but also by rheumatologists around the country for
22 systematic complaints including arthralgias,

1 arthritis, fatigue, and pleuritic chest pain.

2 Quinacrine is also used for other autoimmune
3 diseases when other therapies are not working.

4 I have worked very hard to develop a disease
5 severity measure so we can look at how well our
6 therapies are working in the skin in lupus. These
7 are some of the validation studies that we've done.
8 These are the kinds of patients that we're
9 confronted with on a daily basis, and we need the
10 best therapies that we can use for these patients.

11 In one single center cohort of our patients
12 that were prospectively examined with our disease
13 severity tool, we found 55 percent of patients in
14 our cohort responded to hydroxychloroquine, so that
15 leaves a lot of patients who don't respond. And of
16 the ones that don't respond, we found 66 percent of
17 the patients who entered our database prior to
18 starting quinacrine responded when we added
19 quinacrine to hydroxychloroquine.

20 This just shows you some examples of
21 patients on the left who were responders and how
22 quickly they responded. And the non-responders

1 even on the right were also trending down, although
2 not significantly.

3 So quinacrine by history was made until
4 1993, as we heard about earlier today. And when
5 they decided to stop making the drug, the patients
6 began to flare as they ran out of the drug. And
7 that was true for many of us around the country,
8 and we scrambled to find ways to provide medication
9 for our patients.

10 We located compounding pharmacies, which had
11 been able to be the mainstay of providing this
12 treatment to our patients since that time. And
13 recently, many insurance companies have actually
14 stopped paying for quinacrine, which is yet another
15 problem, which I'm not here to talk about today,
16 but it's a testament to the efficacy of quinacrine
17 that many patients now pay for the medication out
18 of pocket.

19 So quinacrine is on the list of all
20 published treatment algorithms by lupus experts and
21 it includes again the quinacrine we're talking
22 about by the AAD. And also, it's part of the

1 standard of care in continuous lupus algorithms
2 that have been discussed and developed by the Rheum
3 Derm Society.

4 I recently participated with the Alliance
5 for Lupus Research where quinacrine was actually
6 number one at the top of the list of recommended
7 drugs or repurposing for lupus during a recent
8 review of over 150 drugs.

9 So it stated that there are good
10 alternatives, and so here we have a list of the
11 anti-malarials. There's hydroxychloroquine, which
12 is still going to be available. If we add
13 quinacrine to hydroxychloroquine to those who don't
14 respond to hydroxychloroquine, that would be
15 considered next. And then chloroquine might be
16 switched to if the hydroxychloroquine doesn't work
17 and we continue quinacrine.

18 So we're told there are many good
19 alternatives, and I've outlined what they are here.
20 There are chemotherapy drugs, such as methotrexate,
21 mycophenolate, mofetil, and azathioprine. We have
22 thalidomide, and we have biologics.

1 So what are the issues with these
2 alternatives given that approximately half our
3 patients don't respond to hydroxychloroquine?
4 Well, with the chemotherapy drugs, there's a risk
5 of infection and malignancy. They don't always
6 work. They need extensive blood monitoring. And
7 it's not fair I think if we have an alternative for
8 our patients let's say if we're not to be able to
9 use that.

10 We have thalidomide, which is teratogenic,
11 and 25 to 50 percent of our patients get a
12 peripheral neuropathy. And we have the biologics,
13 which are costly. Typically, the studies have not
14 been done in cutaneous lupus patients, only in SLE,
15 so we can't even access those for our patients.
16 They have side effects. They're often not oral,
17 and they're not always effective.

18 So what about quinacrine safety? It's used
19 in many thousands of patients. No one can recall a
20 single case of aplastic anemia from quinacrine
21 among the groups of rheumatologists and
22 dermatologists that I've spoken to over the last

1 year at the doses that we use for autoimmune
2 disease, which is different than what's been used
3 in the past.

4 We do monitor and we monitor CBC and hepatic
5 tests as quickly as one month after starting the
6 drug. And again, no problems we've seen with
7 aplastic anemia, but rarely we do see increased
8 transaminases, which are easily reversible when the
9 drug is stopped. We don't see eye toxicity, which
10 is really important because the other alternatives
11 such as hydroxychloroquine can cause eye toxicity.
12 And it's the only alternative for patients with
13 diabetes, macular degeneration, or who are
14 intolerant to hydroxychloroquine.

15 You can occasionally see a different type of
16 drug rash, yellow color or pigment deposition in
17 the skin, but this is reversible with stopping the
18 drug. And many feel that it's safer than almost
19 any available medication, including
20 hydroxychloroquine.

21 The cost is quite minimal. The monitoring
22 we do at a month. And although we continue to

1 monitor, we don't see abnormalities after that
2 point. And if it's unavailable, then large numbers
3 of patients who benefit from the drug will have
4 problems. It will be difficult to care for our
5 refractory patients without escalating to more
6 toxic therapies. The options are really
7 significantly more toxic.

8 We will see significant flares of skin and
9 systemic disease. We saw that before in 1993. And
10 it will be increasingly difficult to care for these
11 patients. Already insurance companies are not
12 covering compounded meds, medications are not being
13 manufactured, and the options are less safe, more
14 costly, and not necessarily effective.

15 Many rheumatologists, dermatologists, and
16 patients are appalled at the potential loss of this
17 safe and effective medication. Why do you want to
18 remove this drug? Thank you very much.

19 DR. GULUR: Mr. Mixon? We have some
20 questions for you if that's okay.

21 MR. MIXON: Yes, ma'am. Thank you. I'm
22 sorry, I missed your name. Do you have any

1 experience obtaining medications through the
2 expanded access program? The FDA's expanded access
3 or compassionate plea program.

4 DR. WERTH: No, I do not. Can you explain
5 what that would be?

6 MR. MIXON: I'm sorry, can I tell you what
7 it is?

8 DR. WERTH: Yes.

9 MR. MIXON: Well it's a program that FDA
10 offers as an alternative for obtaining medications.
11 And it's been suggested that perhaps the expanded
12 access program is going to be a mechanism that FDA
13 will -- or that we will use, or FDA will use, to
14 make this drug available for patients like yours.

15 The big unknown is exactly how burdensome
16 that is for the practitioner that are trying to
17 take care of patients like you and I am, which is
18 why I asked the question.

19 DR. WERTH: Yes. I mean, I can tell you
20 already there are huge amounts of effort that are
21 expended to get these medications for patients, and
22 we should make it as easy as possible.

1 MR. MIXON: Do you work in an area that has
2 an institutional review board?

3 DR. WERTH: Yes.

4 MR. MIXON: Well, that's one of the barriers
5 right there, that for you at least would be
6 potentially minimal.

7 DR. WERTH: So I mean, I think the issue
8 would be even with an IRB, and if you get an IND,
9 if the drug is really that unavailable, it will be
10 very difficult to obtain. Yes, you can probably
11 get it that way, but one would need reimbursement
12 for the time and effort required. And I think
13 individual patients -- I haven't gone that route
14 with other drugs. I can assure you the amount of
15 time it takes is enormous. And it really would be
16 a huge burden on people around the country I think
17 who are taking care of these patients to try to go
18 that route.

19 MR. MIXON: Well, that's what we're all
20 trying to understand. Thank you.

21 DR. GULUR: So I have a clarifying question
22 for you as well. As a physician, very familiar

1 with the IRB given your studies, et cetera, and
2 having the access, as Mr. Mixon pointed out, and
3 the thousands of patients that are being treated
4 with these medications per your notes and what
5 we've heard, again, we would like to understand
6 what the barriers are.

7 It appears that you weren't completely
8 familiar with the process itself, but if you were
9 made familiar with the process, is that something
10 you would pursue in order to maintain access? And
11 would that have an influence on the fact that it's
12 not currently reimbursed because it's not an
13 approved drug, but going the IND route might
14 actually make it more accessible to your patients
15 because it could be paid for?

16 DR. WERTH: So I think again it would depend
17 on what level the IND is offered. If it's done at
18 a company level, if it's done by the pharmacy
19 association, then I think that would facilitate
20 people having access around the country. But
21 practitioners are really burdened down right now,
22 and to expect them to put in INDs and so on and to

1 get IRBs is I think not a good way to take care of
2 patients.

3 DR. GULUR: Any further clarifying
4 questions?

5 (No response.)

6 DR. GULUR: Any other public hearing
7 speakers? I apologize. We have one more question.

8 DR. HOAG: I'm just curious, in your clinic
9 and experience, how many prescriptions do you think
10 are filled a year for this drug?

11 DR. WERTH: So as I mentioned, 25 percent of
12 my lupus patients, I have 400 in my prospective
13 database, so it's probably hundreds of
14 prescriptions each year for patients. And I'm not
15 doing it because I'm making any money from it but
16 because my patients benefit from it.

17 DR. GULUR: Thank you. Any other public
18 hearing speakers? Please introduce yourself.

19 DR. CHONG: My name is Ben Chong. I am from
20 the University of Texas Southwestern Medical
21 Center, and I think I also submitted slides, but
22 hopefully they will be there, too.

1 I'm in the department of dermatology. I
2 also have a clinical -- I do not have any financial
3 disclosures to release as well. I have a clinical
4 research interest in autoimmune skin diseases,
5 particularly in cutaneous lupus, and have had all
6 extensive experience working with quinacrine in
7 prescribing to my patients as well.

8 I've also had the chance in an academic
9 center to also train multiple residents and fellows
10 in the use of quinacrine who are now currently
11 actively using that in their practices, whether
12 that's in academics or in the community as well.

13 Like Dr. Werth had mentioned earlier, I also
14 have a prospective database of patients with
15 cutaneous lupus where we do look at patients, how
16 they do over time with the different medications
17 including quinacrine.

18 This paper has been mentioned before, but I
19 also just wanted to mention how lupus has been
20 used -- actually quinacrine has been used quite
21 extensively in lupus patients. And a couple things
22 I just wanted to make sure I highlight in this

1 review.

2 This medication has been used since the
3 1940s, and 771 patients have been described to use
4 quinacrine, and about 73 percent of these patients
5 actually had an excellent or an improved response
6 with quinacrine. It is thought that quinacrine can
7 be beneficial for patients, lupus patients, who
8 have skin involvement, but also with constitutional
9 symptoms such as fatigue and fever. And like as
10 mentioned before, it also seems to have a
11 synergistic effect when it's also used in
12 combination with hydroxychloroquine.

13 Many of us dermatologists and
14 rheumatologists end up using this medication for
15 treating lupus patients and also dermatomyositis
16 patients. And when local treatment such as topical
17 and intralesional steroids are not helpful, we
18 often resort to systemic treatments, and the first
19 line usually is low-dose prednisone and the
20 anti-malarials, including hydroxychloroquine,
21 quinacrine, and chloroquine. And prednisone is not
22 really a long-term option, so we end up going to

1 the anti-malarials.

2 Up to 40 percent of patients actually do not
3 really respond to hydroxychloroquine, or don't
4 tolerate it for other reasons such as retinal
5 toxicity. So the other alternatives are
6 chloroquine, which unfortunately is not currently
7 available in many of the U.S. pharmacies, and then
8 quinacrine as we've talked about before.

9 As Dr. Werth and others have mentioned,
10 there are other treatments which are more second
11 line, including mycophenolate, mofetil,
12 methotrexate, and azathioprine have higher side
13 effect profiles than the ones that we talk about in
14 terms of anti-malarials such as quinacrine.

15 So quinacrine is a well tolerated
16 medication, has had an extensive use since the
17 1940s. Three million American military personnel
18 actually took this medication up to four years for
19 malarial prophylaxis, and at that time, the deaths
20 were mostly due to overdoses, which we typically do
21 not now use. And there have been not been any
22 reports of immunogenicity or genotoxicity in these

1 patients as well.

2 In my experience, I currently have
3 30 patients who are on quinacrine as well, and
4 again, it's well tolerated. Only two patients have
5 mentioned that they could not take quinacrine
6 again, and these were again mild symptoms,
7 including headaches and stomach upset. I also
8 readily practice monitoring guidelines by doing
9 CBCs and LFTs to make sure that these patients are
10 closely monitored.

11 So I just wanted to highlight a couple
12 patient cases of people who have been on quinacrine
13 and have benefited largely, and I'm sorry that the
14 photos may not necessarily be as obvious. But this
15 is a patient who has discoid lupus that's
16 predominately on the scalp.

17 She had partial benefit from
18 hydroxychloroquine, but she was still having quite
19 a bit of redness and itching and irritation from
20 the skin lesions that were on her scalp. And we
21 placed her on quinacrine 100 milligrams daily, and
22 within a few weeks she did develop decrease in her

1 symptoms, decreased redness, decreased itchiness.

2 We kept her on for about 13 months, and then
3 she finally was able to get off of it. What I also
4 wanted to note was this was a patient who was a
5 little bit a higher risk who had a history of beta
6 thalassemia as well. But because we followed her
7 blood counts very closely, she was still was able
8 to tolerate the quinacrine treatment quite well.

9 The second patient here is also another
10 patient who was also placed on quinacrine. She
11 also didn't have quite a bit of -- she did not get
12 very good benefit from hydroxychloroquine either.
13 And when we placed her on quinacrine 100 milligrams
14 daily, she also felt better -- or she also noted
15 better decrease in her symptoms in terms of redness
16 and itching.

17 But also she had complaints of fatigue and
18 she also noted that the quinacrine also was
19 beneficial for that. And she's a patient who's
20 been on quinacrine for about three years now, and
21 I've had a hard time actually trying to get her off
22 of the quinacrine because she's really very adamant

1 that the quinacrine has really benefited her quite
2 greatly.

3 So in conclusion, I just wanted to highlight
4 again that quinacrine has been helpful for many of
5 our autoimmune diseases in skin, such as cutaneous
6 lupus. It does have a very benign side effect
7 profile, and it has been very -- it is considered a
8 very safe alternative for patients who do not
9 respond or cannot take hydroxychloroquine.

10 Finally, withdrawing this medication would
11 actually put all of our cutaneous lupus patients
12 who are currently on this medication at higher risk
13 for disease flares and worsening. Thank you for
14 your time.

15 DR. GULUR: Any clarifying questions? Yes?

16 DR. WALL: A quick question for you. You
17 didn't mention in your presentation what you were
18 monitoring is for the safety -- we talked about the
19 efficacy, the safety of these patients. Can you
20 give me a general overview as to when you put them
21 on, these patients, how you monitor for the side
22 effects and the problems that could arise?

1 DR. CHONG: Thank you for that question.
2 I'm sorry that I went through that fairly quickly.
3 But when we do put our patients on quinacrine, I do
4 monitor them on a monthly basis initially with a
5 CBC with differential and liver function tests.
6 And that usually is within the first three months
7 that we do that.

8 Then generally, because that's the highest
9 risk -- theoretical risks for seeing blood counts
10 going down. And then they usually spread that out
11 to every three months thereafter. And that's
12 something that we regularly teach our -- typically
13 teach our residents and fellows on how to monitor
14 those side effects for quinacrine.

15 DR. WALL: Thank you for especially talking
16 about what is being taught in some of the schools
17 as to how you monitor for this. Thank you.

18 DR. GULUR: Mr. Mixon?

19 MR. MIXON: Dr. Chong, do you have any
20 experience using the expanded access program?

21 DR. CHONG: No, I do not.

22 MR. MIXON: Okay, thank you.

1 DR. CHONG: But I do want to add that I
2 think, just like what Dr. Werth has mentioned as
3 well, we do go through a lot of paperwork as well,
4 just explanations to the patients on how to access
5 quinacrine. So there's quite a bit of, again, I
6 think a lot of paperwork and time that's involved
7 already in getting patients with quinacrine.

8 I think if it does end up being an IND, it
9 goes in the IND route, it does actually cause a lot
10 of -- probably even more stress to the physicians
11 and the providers, especially on the communities
12 who don't have ready access to an IRB board to be
13 able to get quinacrine for these patients.

14 DR. GULUR: Just to clarify that last
15 comment, would the FDA like to comment -- am I to
16 understand that your understanding is an IRB would
17 be required for every patient treated with
18 quinacrine?

19 DR. CHONG: No, no, not currently. But I'm
20 saying that if you guys were considering it going
21 down the IND route, my understanding is that that
22 would have to be approved by local IRBs to be able

1 to use the quinacrine. Is that correct?

2 DR. GULUR: Would the FDA like to clarify
3 that?

4 DR. JAROW: So that would be correct if you
5 did an IND for individual patients, so individual
6 patient access INDs. If a treatment IND was
7 opened, you would not have to go to the IRB for
8 each individual patient.

9 DR. CHONG: Okay. Well, I think that in
10 some ways I think if it was an individual case, I
11 think that would be really problematic not only for
12 academics but even more so for a community of
13 providers who we've been teaching as well in
14 getting that medication for patients.

15 DR. GULUR: If you had access to a treatment
16 IRB, or if you could apply for a treatment IRB
17 given the number of patients you have on it and how
18 strongly -- obviously we have a lot of academic
19 leaders here advocating for it, could they get
20 together to apply for one?

21 DR. CHONG: I certainly think that would be
22 an option that we would be open to.

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Committee Discussion and Vote

DR. GULUR: Thank you very much.

All right. Thank you very much.

The open public hearing portion of this meeting has now concluded, and we will no longer take comments from the audience. We will now begin the panel discussion portion of the meeting. We will start with quinacrine. Dr. Vaida?

DR. VAIDA: We mentioned about the indication based, and that really doesn't carry an weight with the FDA or something it can't do, but specifically with the quinacrine. But we have limited the route of administration before, haven't we?

MS. AXELRAD: I believe that yes, we have, you have recommended limiting the route. For example, for tranilast you voted to allow it to be on the list for topical use only.

DR. VAIDA: Correct. And something like quinacrine we could say oral use only.

MS. AXELRAD: Quite --

DR. VAIDA: Okay.

1 MS. AXELRAD: -- possibly you could do that.
2 I think there would be -- there might be some
3 issues with quinacrine associated with -- I mean
4 you could say for oral use, but if you did a tablet
5 and they chose to use it for sterilization
6 vaginally, I'm not sure how anybody could control
7 that. But, you know what I mean, you could
8 certainly say orally. You could attempt to do that
9 through the oral route.

10 DR. VAIDA: Thanks.

11 DR. GULUR: Dr. DiGiovanna?

12 DR. DIGIOVANNA: Yes, John DiGiovanna. So
13 from my perspective, this shouldn't be a difficult
14 assessment. We heard from Dr. Mishra that this
15 drug was approved in two different formulations.
16 There was a USP monograph for it, and it was not
17 removed from the market for safety reasons.

18 Clearly, it's the standard of care
19 worldwide. And I don't believe I've heard in any
20 of our meetings in this committee a presentation of
21 more convincing bulk of evidence supporting
22 efficacy and safety from any of the substances,

1 including those that we've placed on the list.

2 Clearly, we have a packet, almost a little
3 booklet, of experts who've testified, who treat
4 this drug in tertiary medical centers that not only
5 is it widely used, but they passionately feel that
6 it's essential to the care of a certain subgroup of
7 their patients, particularly lupus patients.

8 So what is the risk of not allowing it to be
9 compounded? So who loses from that? Well, it's
10 the patients that have the rare manifestations that
11 aren't easily able to be treated by standard drugs.
12 It's not likely a pharmaceutical company is going
13 to invest to sponsor such an endeavor.

14 Who is prescribing it? We've heard from the
15 FDA that 99.5 percent of the prescriptions between
16 2010 and 2015 were prescribed by rheumatologists,
17 dermatologists, and internal medicine physicians;
18 and 0.5 percent by OB/GYNs who, in my limited
19 experience, are often for women primary care
20 providers, and I would think many of those might
21 also be used for the indications that were
22 described by Dr. Hull.

1 So the individuals that might be harmed by
2 this because of either a lack of efficacy or even
3 worse, failure to have a medication that's spares
4 the retinal toxicity, we've heard that
5 predominately these diseases, for example, if I
6 were to have lupus, I would probably go to one of
7 these experts for treatment. But the likelihood is
8 that I wouldn't have lupus because it occurs 10
9 times more commonly in women than it does in men.
10 And in minorities, 3 times more commonly in
11 minorities.

12 So I think it makes reasoned sense to
13 consider who is being affected if this isn't
14 available. Generally, the house of medicine is
15 looking more towards precision medicine and
16 identifying those patients who selectively need
17 unusual either genetic or even available drug
18 medications.

19 So I think we need to be thoughtful in the
20 risk of actually not making it available, and the
21 difficulty that it would pose for the populations
22 that are in smaller environments, treated by local

1 physicians, that really wouldn't have a practical
2 ability to obtain it.

3 DR. GULUR: Dr. Carome?

4 DR. CAROME: So in an ideal world, this
5 drug, which appears to be efficacious, it seems to
6 me with appropriate support an NDA could be put
7 together with evidence to support FDA approval of
8 an approved version, formulation of this drug. And
9 that would be ideal, where we have a drug that's
10 been reviewed and approved by the FDA based upon
11 evidence supporting its safety and efficacy, where
12 it's made by manufacturers according to good
13 manufacturing practices, and where it's prescribed
14 by practitioners who have available to them
15 appropriate FDA approved labeling that describes
16 and instructs practitioners on how to use the drug
17 safely for appropriate patients. And that's really
18 what's needed here.

19 It seems like this is a relatively large
20 population who could benefit from this drug. I
21 worry that when we allow compounding as a sole
22 source for a drug, it becomes a disincentive or it

1 undermines the marketing forces that might lead to
2 a drug company putting in the effort to do an NDA,
3 and that's really what's needed here.

4 I think that we have certainly a number of
5 academic practitioners at major medical centers and
6 universities where they have the resources and are
7 more than capable of putting together a treatment
8 IND without too much effort that once approved by
9 the FDA could be used by anyone across the country.
10 The oversight that would occur with compounded
11 drugs made under a treatment IND would be better
12 than what we have now.

13 DR. GULUR: Dr. Pham?

14 DR. PHAM: So I want to clarify the IND
15 because I think we keep calling it the treatment
16 IND. And in that case I think, for those of us who
17 do have exposure to that process in an academic
18 setting, it can be cumbersome. There's emergent,
19 non-emergent.

20 But I think what we need to really start
21 clarifying is the intermediate size patient
22 population expanded access because from what I can

1 readily find on the FDA website, the treatment IND
2 is probably more geared towards things that are
3 going to market or kind of in study, whereas -- I'm
4 just going to read it straight.

5 "Whereas, the IND applications for
6 intermediate sized patient populations can also be
7 used for an approved drug that is no longer
8 marketed for safety reasons or is unavailable
9 through marketing due to failure to meet the
10 conditions of the approved application," which I
11 don't know if the quinacrine falls under, "or the
12 intended investigational drug contains the same
13 active moiety as an approved drug product that's
14 unavailable through marketing."

15 So again, I know that there were lots of
16 discussions about it being approved before. Either
17 way, I feel like this quinacrine -- correct
18 me -- seems like it would be a very streamlined,
19 direct candidate for the intermediate sized patient
20 population expanded access because it does actually
21 fulfill that criteria, compared to what we're -- we
22 keep saying treatment IND, which I feel like there

1 was the four -- it was like and, and, and, versus
2 this is or, or, or. And so it seemed like we
3 should be calling it the intermediate sized patient
4 population if there is a barrier to the single
5 patient use.

6 DR. JAROW: So this would apply to any
7 for -- well, I'm sorry, not to the emergency use
8 single patient potentially. But this would apply
9 to any of those categories.

10 So the intermediate versus treatment, you're
11 correct. Historically, treatment INDs have been
12 opened on drugs that are finished their phase 3
13 trial, show tremendous effects, been talked about
14 at national meetings, there's a big hue and cry to
15 get access to the drug while the company is putting
16 together their NDA and FDA's reviewing it. So that
17 allows for broad access to an unapproved drug at
18 that stage of development. But that would not
19 preclude you from doing the same thing with
20 quinacrine.

21 So with quinacrine, if some party, whether
22 it be a patient advocacy group, or an actual

1 compounder, or one of those academic centers, could
2 open a treatment IND, have that reviewed by their
3 local IRB once to make sure that the consent has
4 adequate -- and the protocol has adequate
5 protection for human subjects, or the patients,
6 their welfare, et cetera. And then people can be
7 added on to -- any doctor could be added onto that
8 as a sub-investigator who wants to have access to
9 that treatment IND.

10 What this would basically serve -- so it
11 would take the same amount of time for
12 dermatologists to then do that as they do for a
13 consent for a skin biopsy that they do in their
14 office, so it would involve a consent. And this
15 would replace basically what you have. In an
16 approved drug, you have labeling for the physician
17 and you have labeling for the patient, patient
18 medication guide or patient medication information.
19 So this consent would serve to replace that in this
20 setting.

21 DR. PHAM: So just to expand on this point
22 though, the reason why I am clarifying this is

1 because in some of the things that we're reading,
2 particularly from the American Society of Health
3 System Pharmacists, there is a paragraph where they
4 say if quinacrine is not added to the 503A list, we
5 recommend that FDA establish a regulatory pathway
6 for making quinacrine available to patients who may
7 benefit, and that the expanded access IND process,
8 suggested by the Office of New Drugs and discussed
9 in our June meeting, will not facilitate access
10 without significant revision.

11 So I don't know if they're looking at the
12 intermediate sized patient population, if they're
13 still looking at the larger -- the single patient
14 or the bigger treatment IND. But it feels
15 like -- even one particular advocacy group mentions
16 that they would hopefully pursue this regulatory
17 pathway.

18 On top of that, as I go through this packet,
19 I am counting five large advocacy groups, ASHP,
20 Alliance for Lupus Research, Lupus and Allied
21 Diseases, American College of Rheumatology, Lupus
22 Foundation of America, as well as those that were

1 writing from academic centers, UPenn, Oklahoma
2 Medical Research Foundation, Cedars-Sinai, Hopkins,
3 NYU Langone, East Alabama.

4 So I can't imagine that of these 11 places,
5 no one's going to put in for an intermediate sized
6 patient -- I mean, I think that the unique thing in
7 this particular conversation is as we talked about
8 expanded access before, it felt like single patient
9 use is the big barrier and the time involved is
10 very tedious.

11 If you can put -- if you can frontload that
12 into some sort of effort where there's actually
13 that much demand coming from the public now, that
14 this is actually the area where we think the
15 intermediate sized patient population could be
16 successful, unlike where we had a lot less
17 widespread news and therefore probably going down
18 the single patient route.

19 So I feel like that conversation needs to be
20 strongly considered because this is probably the
21 first time we've seen this outpouring of support
22 from big groups and centers in an IND process that

1 might actually fit that need.

2 Going back to the comments respectfully
3 submitted in the public hearing about the tedious
4 nature of going through risk benefits and
5 documenting all that with your patients -- and I
6 think that's really great that those conversations
7 are happening.

8 Again, one of the potential benefits of
9 doing this is how we consider a benefit of a
10 multicenter study where you can actually streamline
11 your resources, maybe do something a little bit
12 more standardized, controlled from institution to
13 institution, gather valuable information, and then
14 have a standardized consent so not everyone has to
15 like do their home-grown way.

16 So ultimately, it seems like a lot of work
17 maybe to go to your local IRB, but hopefully in the
18 long run, that level of standardization actually
19 makes life easier.

20 DR. PHAM: Dr. DiGiovanna?

21 DR. DIGIOVANNA: So I have two comments.
22 The first is about, since you mentioned the skin

1 biopsy, I spent a number of years in an academic
2 medical center at Rhode Island Hospital and Brown
3 Medical School, and I can assure you if we wanted
4 to tap into someone else's consent, that our IRB
5 would have quite a bit to say about it and have to
6 review it.

7 So any research that was done in an academic
8 setting had to be approved in our academic setting
9 there, surely. And certainly, it isn't a matter of
10 just one consent, because every year it has to be
11 re-reviewed, and so you do have to go back to do
12 that again. So it isn't an inconsequential amount
13 of time and effort. Certainly, if it's done in a
14 multicentered way, it could be set up and you
15 actually can accomplish that.

16 However, the second part of my question
17 really raises the question to me, is what are we
18 doing here? Are we trying to convert every
19 potential compounded drug into an IRB roadmap where
20 that's the only way that they are available?

21 In which case, I'm really not quite sure why
22 we're listening to all of this information about

1 efficacy and risks and trying to make a judgment
2 about them if it becomes only a matter of
3 everything should be placed into that scenario.

4 So I think that is an appropriate
5 alternative in certain situations, but my
6 understanding of this committee was that since we
7 were being given information about efficacy and
8 risks and toxicity, that some of these substances
9 would be appropriate to be on the bulk substances
10 list, and should have been a result of the analysis
11 of the efficacy and the risks.

12 As I said, as other people have said, this
13 is one where there's an enormous amount of
14 efficacy, more than 75 years' worth of experience,
15 and really very little toxicity. So I'm a little
16 bit clouded as to how to make that judgment.

17 DR. GULUR: I know there are some counter
18 remarks there, but we're going to allow Dr.
19 Buckley.

20 DR. BUCKLEY: I just wanted to add a couple
21 of prospective comments to the excellent comments
22 of the public speakers and the FDA, just as a

1 treating physician. It's already been said that
2 this is a chronic illness, an illness of 90 percent
3 female.

4 I think it's important to point out that
5 this is a young person's problem, and it goes on
6 for decades. And it's, as we're already said, a
7 very serious condition. And many of these young
8 people are going to -- maybe 50 percent are going
9 to end up being on significant immunosuppression.

10 I think it's also important to say that it's
11 very prevalent in the minority community. So it's
12 women of color, men and women of color, but
13 predominately women of color, and they're often
14 people who have trouble because of their age and
15 their ethnicity and their racial background getting
16 access to care. And they are often people we are
17 treating during their childbearing years.

18 But our alternatives for medicines, as has
19 been pointed out, have many problems in terms of
20 teratogenicity. So mycophenolate, which the FDA is
21 telling us to be careful of, which is the drug we
22 commonly use; methotrexate, another drug that's

1 pointed out, is problematic. So these drugs, the
2 alternative drugs, all have significant problems.

3 I also want to talk a little bit about the
4 difference between serious skin disease where
5 quinacrine might be used as a first-line therapy
6 and more systemic disease that the rheumatologists
7 treat, where quinacrine is usually not used as a
8 first-line therapy; hydroxychloroquine is.

9 The anti-malarials as a class are a critical
10 treatment for lupus for a number of reasons. First
11 of all, they're incredibly safe, and they can be
12 used in women who are getting pregnant and they can
13 be used in children. And they are not only helpful
14 for skin disease, but they're helpful for mild
15 lupus, moderate lupus, and severe lupus.

16 So there are good studies that tell us that
17 if we do need to -- there are base therapy, but if
18 we need to add immunosuppression, we end up using
19 less. And the longer we use them, the better
20 people do. So if someone is on hydroxychloroquine
21 or an anti-malarial, and we add an
22 immunosuppression, if we wait a year or two, we can

1 often begin to take away the immunosuppression,
2 leaving that base of the anti-malarial.

3 But there's increasing evidence -- we used
4 to think retinal toxicity was relatively rare. We
5 quoted 1 in 10,000. Now with better
6 ophthalmological detection techniques, we're
7 realizing that number is an under-estimation. So
8 increasingly, rheumatologists and dermatologists
9 are beginning to have to take away
10 hydroxychloroquine. And when we do, we are faced
11 with having to up the immunosuppression and losing
12 control.

13 So I think this really -- I've been in this
14 position, many of the other physicians in the room
15 have been in this position, of losing a really
16 critical therapy. When we talk to our patients who
17 have lupus, and many of them with serious lupus,
18 what I usually tell them is their anti-malarial is
19 their lifelong therapy. We have to get them off
20 the corticosteroids, which have very bad side
21 effects. We want to get them off the
22 immunosuppression. But the anti-malarial therapy

1 is the base. It's the safest therapy we have,
2 which doesn't mean it doesn't have toxicity.

3 So we have hard choices here. Every
4 medicine we give people has significant toxicity.
5 But the lack of -- I think the average
6 rheumatologist is not going to use a lot of
7 quinacrine. I think for severe skin disease it's
8 going to be a more important alternative. But to
9 not have the alternative and to have to use strong
10 immunosuppression is a problem. And it's not going
11 to save us from having to use drugs that are going
12 to be a real problem for pregnancy, or
13 teratogenicity.

14 If we don't have this drug, we are going to
15 end up -- we're always talking to lupus patients
16 about birth control. You know, I joke with my
17 patients, the women who come in. The first thing I
18 say is how are you, and the second thing I say is,
19 "And just by the way, you're still using your birth
20 control regularly?" Because almost for all the
21 medications we use, regular discussions about
22 contraception are going to be important.

1 So there are issues here about how do we
2 give access and maybe how do we relook at this IND
3 process. I don't know where that's going to go.

4 I can tell you that, as we learn more
5 about -- as we treat people for 10 years, and
6 15 years, and 20 years with hydroxychloroquine,
7 we're going to find that that's not going to be an
8 option for some patients. And we're going to need
9 another option, and more immunosuppression probably
10 will be the best one.

11 I hope we're going to have better drugs, but
12 until we do -- and we really don't yet. The
13 average person with severe lupus is on two, three,
14 four drugs for control. And losing any of these
15 drugs is a problem. So I think just some things to
16 keep in mind as we think about chronic care.

17 DR. GULUR: So Dr. Pham, Dr. Jungman?

18 DR. PHAM: So just a couple comments in
19 response to the previous. I think why this
20 conversation is as long as it is, if we had only
21 heard from Dr. Hull, I think this would be a very
22 simple conversation. Right? But the fact of the

1 matter is there's multiple indications that we have
2 gathered information on, and previous conversations
3 from this committee have been about how can you
4 approve something for bulk compounding and still be
5 able to control what's going to be indicated for or
6 marketed for.

7 So it's because there are three very
8 distinct specialty groups that have different
9 levels of that safety and efficacy data for those
10 specific indications. So if it was just Dr. Hull
11 and his team and it was about CLE, I would be on
12 board. There would probably be very minimal
13 discussion right now, especially with the advocacy
14 groups and the public hearing comments. But
15 because there is not that same recommendation
16 coming from infectious disease, as well as with the
17 industry, I feel like that's why we're having
18 discussion.

19 So when it comes down to limiting access,
20 it's not that we want to take it away from the CLE
21 patients, it's that we're trying to make it
22 available with these very informed discussions to

1 patient provider.

2 Going back to the toxicity and the
3 teratogenicity, compared to mycophenolate,
4 mycophenolate as an approved drug is in the REMS
5 program, and you have to have that conversation
6 with the patient and go through that REMS process.
7 Whereas, in the same concern for teratogenicity
8 with quinacrine, we can't.

9 I'm sure that the providers do, and it's
10 great that they're being properly educated to, but
11 there's no such standard prerequisite way of doing
12 that prior to dispensing that product to that
13 patient.

14 DR. GULUR: Dr. Jungman?

15 MS. JUNGMAN: So I was going to make a very
16 similar point, but at the risk of being repetitive
17 I'll make it anyway. Which is I do think it's
18 important to keep in mind that this 503A list is a
19 really blunt instrument. So if we were just
20 considering this substance for use in lupus, it is
21 a different conversation.

22 The fact that it is chronic I think does

1 raise questions about whether given that, we should
2 be looking at a process that involves consent and
3 kind of some of those protections anyway. But I
4 think that's a harder conversation.

5 If FDA puts this substance on the 503A list,
6 then it can be marketed with drug claims for any
7 use. And I agree with Dr. Pham that that really is
8 what creates the difficulty in considering this
9 substance. So I'll add that.

10 DR. GULUR: Mr. Mixon.

11 MR. MIXON: I just want to add that once a
12 patient's in an IRB -- IND, sorry -- they can't be
13 charged for any of the therapy, so somebody is
14 going to have to fund that program.

15 DR. JAROW: That is not true. They can be
16 charged for the drug.

17 DR. GULUR: Thank you for that
18 clarification.

19 MR. MIXON: Thank you.

20 DR. GULUR: Ms. Wall, did you have a
21 question?

22 DR. WALL: I appreciated Dr. Buckley's

1 comments. I'm looking at these patients and I keep
2 thinking we're all boiling down to safety. Even
3 with the IND, what does it boil down to? It boils
4 down to very serious discussions with the patients
5 as to what is the risk associated with any medicine
6 we give them. And I don't care if you've got a
7 REMS or what you got with it, it needs to be the
8 role of the physician, the prescriber, and the
9 pharmacist to have these discussions.

10 As for limiting its use, we've seen that you
11 can put any drug on the market and the use just
12 explodes in all other areas. So that's something
13 we can't even accomplish with things that have been
14 approved by the FDA. But I think we just really,
15 as professions, need to focus on the fact that we
16 have to have serious discussions with our patients
17 about what are real adverse events and to educate
18 them and to work with them so that we can handle
19 any medicine that they give.

20 DR. GULUR: Yes?

21 DR. SMALLEY: So I want to acknowledge you
22 know a lot of what's already been said. Certainly,

1 in reference to an ideal world, it would be -- I
2 think it would be ideal if a pharmaceutical company
3 was willing to market this, but I am actually
4 familiar with the decision that Sanofi Winthrop
5 made at the time because it was basically a profit
6 decision. It wasn't profitable enough for the
7 company.

8 Even at this point in time, I don't think
9 the marketplace would support a pharmaceutical
10 manufacturer putting this out. I think it
11 represents an important role for compounding
12 pharmacies to provide to meet this service.

13 I certainly appreciate the argument for the
14 IND and the alternative for the IND. But I
15 struggle with the fact that from the evidence, this
16 appears to be an important tool in the toolkit in
17 the therapy for a particular disease state. And it
18 strikes me, despite the efforts to describe how the
19 IND process can work -- and I am familiar with the
20 IND process because I was at one point director of
21 quality for a pharmaceutical research
22 company -- that it is still a hurdle.

1 I struggle with the concept of putting a
2 hurdle up in front of access to any important
3 medication where in balance, the benefits seem to
4 significantly outweigh the risks, especially from
5 some of the public comments that we had heard.

6 DR. GULUR: Thank you. I will take this
7 opportunity to restate that this is the panel
8 discussion portion and is limited to committee
9 members only.

10 Any further comments or discussion from the
11 committee members? Dr. DiGiovanna?

12 DR. DIGIOVANNA: Yes, the only comment I
13 would make is that there was a concern about the
14 use of quinacrine outside of the generally accepted
15 efficacy. And it's the FDA's own data that
16 suggests that almost essentially all of it,
17 99.5 percent of it, was actually used by physicians
18 who are not likely to use it for anti-infectives or
19 for sterility type purposes.

20 So it seems that it hasn't been abused, at
21 least from 2010, as far as the data to suggest. So
22 it does seem to be that the actual use of it is

1 consistent with what we've heard.

2 MS. AXELRAD: I think a lot has been said
3 about what was said about the drug utilization data
4 and who is prescribing it, and I would like to have
5 a person describe exactly what this says.

6 DR. GULUR: Grace, thank you.

7 DR. CHAI: This is Grace Chai, the deputy
8 director for drug utilization in the Division of
9 Epidemiology II. From the period of 2010 to 2015,
10 for the 15,000 prescriptions that were dispensed
11 approximately, the primary prescribers were
12 rheumatology, dermatology, and then internal
13 medicine and general practice. So they accounted
14 for the majority of use.

15 So rheumatology accounted for 57 percent of
16 those prescriptions, and dermatology accounted for
17 14 percent, and then the rest accounted for smaller
18 proportions.

19 I just wanted to add one more point of
20 clarification in regards to a comment that was made
21 during the nominators' presentation. These are
22 dispensed prescription data, so they also include

1 cash payments prescriptions, and all other forms of
2 payment, including commercial third party.

3 DR. GULUR: Thank you. Dr. Vaida?

4 DR. VAIDA: Just one more question for the
5 FDA on trying to limit the route. We did, as was
6 mentioned, set some products only for topical or
7 that, but none of that's come to fruition yet. So
8 if we did say like oral or topical or that, what
9 would be the recourse?

10 MS. AXELRAD: Well basically, we're here to
11 hear your recommendation. You're going to vote
12 however you would like. After you do that, we will
13 take it under advisement and decide what we think.

14 So for example, with regard to tranilast,
15 you recommended that it be used for topical use
16 only, and we need to -- and are considering your
17 recommendation and deciding what we're going to
18 propose in the proposed rule.

19 So we want to hear what you recommend, and
20 whatever you recommend, we'll take it into account.
21 We've tried to say -- we think that recommending a
22 limitation of use by indication would be a problem,

1 would be particularly difficult, but that we could
2 consider figuring out how to do it by dosage form
3 or something that a pharmacist could actually know
4 how it's going to be used and be held accountable.

5 Because basically what you're talking about
6 is allowing the use by any compounding pharmacy.
7 You're not going to have a limited source of it.
8 You're not going to limit the source of who they
9 purchase it from. You're not going to limit the
10 source of who makes it, or what percentage, or how
11 much of a dose they get.

12 I also wanted to note from the drug
13 utilization figures that although the majority, I
14 think it was about 70 percent -- she has the exact
15 numbers -- of people are dermatologists and
16 rheumatologists, that leaves 30 percent who are
17 not, who are some other specialty who may or may
18 not be familiar with the side effects of the drug.

19 Also, I think you also said there are
20 basically no side effects, and I think you really
21 need to look at the FDA reviews because one of the
22 major reasons that in the face of the data that

1 suggested this might work well in cutaneous lupus,
2 there are significant -- there are data that raise
3 questions that aren't mine and concerns about the
4 side effects. So it was the weighing of the
5 benefits and the side effects that have us
6 proposing not to put it on the list.

7 So it isn't that there weren't none, and if
8 you wanted to hear some more about that, if there
9 was time, from our people who looked at the side
10 effects and toxicology, for example, we could do
11 that. But the review covers it pretty much, and it
12 does discuss that that's one of the major reasons
13 why we're proposing not to put it on a list.

14 MR. HUMPHREY: I have a question about the
15 finiteness of an IND. We have expanded access and
16 treatment INDs all the time, but they're usually
17 for a drug that a pharmaceutical company is working
18 on that we hope will eventually become commercially
19 available.

20 With quinacrine, for example, we don't think
21 there's going to be a pharmaceutical company that's
22 ever going to market this drug, and we've heard

1 this is a chronic disease that we may treat for
2 decades.

3 Could we say we're going to open this IND
4 for this drug and then have it -- you know, we're
5 going to use it for 20 years?

6 MS. AXELRAD: Well, medicine develops, too.
7 Hopefully -- you don't know for a fact that there
8 won't be other treatments that are going to be
9 developed that are better than any of the things on
10 the market. Yes, there may not be an NDA for this
11 one, but again, you're looking at where we are
12 today in terms of people, the number of patients
13 that need it. It's not a huge -- it's a large
14 number, but not a vast overwhelming number.

15 Again, the purpose -- what we're saying is
16 that we think that because of the side effects of
17 this drug, the patients need to be monitored. They
18 need to be advised that what they're getting is a
19 drug that hasn't been FDA approved. They need to
20 be aware of the side effects through the informed
21 consent process. And the source of it can also be
22 controlled through an IND.

1 So for those reasons, we think that it
2 should not be available for it to be freely
3 compounded in order to protect people so that they
4 can get the benefits of the drug, but know what
5 they're getting and reduce the risks that they'll
6 get side effects through monitoring.

7 DR. GULUR: Dr. DiGiovanna?

8 DR. DIGIOVANNA: I'd just respectfully like
9 to suggest that the FDA, the part of the FDA that
10 takes care of patients that have lupus, the
11 rheumatology people, suggest that it should be
12 placed on the list, and that those who have
13 specialties that take care of other diseases where
14 it tends to not be used are the ones who feel that
15 it should not be placed on the list. And the ones
16 who feel it do are the ones that have personal
17 experience with the risk and benefit ratio.

18 DR. GULUR: So I would like to just make one
19 comment here in the discussion as well. I think we
20 all agree that the indication for lupus is strong,
21 it's being used, and the safety and efficacy data
22 is available for review. The concern that all of

1 us are facing, I think most of us are facing, is
2 that we also recognize that there are two other
3 specialty reviews that do reveal that there are
4 significant risks to the population if they were
5 utilized for something other than the lupus as an
6 indication.

7 Limiting patient access is definitely the
8 biggest concern here. I think it's been repeated
9 many times. However, what we would like to
10 understand better, and I know we've talked about
11 treatment INDs and intermediate INDs amongst
12 everything else, but it would be great, with the
13 risk of repetition, if the FDA could summarize for
14 us that if this medication is not on the list, what
15 is the best process to maintain patient access
16 through a process that would ensure better
17 monitoring for these patients.

18 DR. JENKINS: Yes. Hi. I'm John Jenkins.
19 I'm the director of the Office of New Drugs, and
20 you heard earlier I co-signed the memo from FDA
21 recommending that this not be on the list.

22 I think we struggled with this just as the

1 committee is having a very rigorous discussion
2 because this is an example of a drug that may have
3 some evidence of benefit in a serious disease, such
4 as lupus. It also carries serious toxicity risk,
5 and we try to balance where to fit that into the
6 compounding schema.

7 You've heard that it has been used in other
8 diseases besides lupus, but clearly we don't think
9 the benefit/risk calculation in those other areas
10 warrant this being available in the compounding
11 arena.

12 I think there's been some minimization of
13 the risk of the drug over the course of the
14 discussion today. I think our expert toxicologists
15 clearly conclude that this is a mutagenic compound,
16 and in rodent studies it clearly was a carcinogenic
17 compound.

18 There was some minimization of that earlier,
19 but I think it is really important to understand
20 expert toxicologists at FDA have reviewed this on
21 numerous occasions. It was reviewed by our
22 carcinogenicity assessment committee who agreed

1 that this is a mutagenic compound, and it is
2 carcinogenic when applied intrauterine in rodents.

3 So we looked at this very carefully. As far
4 as the issue of two different groups saying no, one
5 group saying yes, we discussed this with our center
6 director, Dr. Woodcock, who is a rheumatologist.
7 And she concurred with our recommendation that
8 given the risk associated with this drug, the
9 toxicity associated with this drug, it would be
10 best to limit the access to the IND process where
11 you can ensure that the appropriate patients are
12 receiving the information that they need as far as
13 informed consent, understanding that this is not an
14 approved drug for the use that it is being used for
15 in their situation. And I think you've heard from
16 Dr. Jarow that there are mechanisms through which
17 the expanded access IND process can be utilized to
18 make this available to those patients without it
19 being available on the bulk compounding list.

20 So we considered all these issues. We
21 discussed them extensively internally within the
22 FDA all the way to the center director level.

1 Dr. Woodcock is a rheumatologist, and she concurred
2 with the recommendation that it not be on the list.

3 DR. GULUR: Thank you. Would
4 someone -- again, just to repeat this question,
5 would we be able to understand, in a few sentences,
6 how the FDA would recommend the IND process be
7 followed since there was some discussion of
8 different types?

9 MS. JUNGMAN: Could I just add to that? I
10 don't think -- I don't know if you felt like your
11 question kind of completely got answered, but we
12 are talking about -- can you also just talk about
13 how long that lasts? Because I think that was an
14 outstanding question.

15 DR. JAROW: So we can't make an official
16 recommendation of how it be done. The simplest, if
17 I was on the other side, if I was a rheumatologist
18 who wanted the easiest, least burdensome approach,
19 would be if someone opened up a treatment expanded
20 access IND. That would be the least burdensome.

21 Now having said that, we have other diseases
22 in which -- for instance irritable bowel syndrome,

1 where there are drugs that have been having access
2 for many years on single patient approach, and we
3 haven't heard that that's particularly burdensome.
4 I'm not suggesting that for this, but you have
5 multiple pathways.

6 It doesn't have to be one treatment IND.
7 There could be multiple treatment INDs opened up by
8 various stakeholders or people with interest, and
9 then physicians or healthcare providers
10 participating in any number of those.

11 So again, there's not a recommended pathway.
12 All of them would work and be applicable to this
13 setting. But the least burdensome would obviously
14 be a treatment IND. There have been treatment INDs
15 where there are literally thousands of patients in
16 that one treatment IND.

17 In terms of how long it would last, we
18 talked about that earlier. As far as FDA
19 regulation is concerned, the IND is opened until
20 it's closed. So it would have to be withdrawn or
21 there be a safety signal that would prompt FDA to
22 put it on clinical hold.

1 What was mentioned earlier is also true,
2 there are IRB regulations in part 50 and part 56
3 that would require yearly assessment of how
4 patients are doing, updating of the consent form if
5 new information was available through the safety
6 reporting that takes place within an IND. But this
7 is a very old drug, and it would be unlikely that
8 there would be significant changes in the near
9 future.

10 DR. JENKINS: This is John Jenkins again.
11 If I could just address, there seems to be an
12 assumption that no one is going to develop this
13 drug for commercial use, and I don't think we
14 should assume that to be the case.

15 If there is this level of widespread use
16 through compounding for lupus, and if people
17 believe that the evidence is there to support that
18 there may be evidence of efficacy and a positive
19 benefit/risk ratio from literature reports, then it
20 is possible that someone could choose to submit an
21 application.

22 You might not submit an application today

1 because it's widely available through compounding,
2 but if it's not on the list, that may prove to be
3 the incentive that someone needs to bring an
4 application to bear.

5 The other advantage of having this under an
6 IND is that you can actually collect useful
7 information that might help to support the efficacy
8 of the product. Most of the evidence that we saw
9 presented were from the '40s, '50s and '60s, mostly
10 case series versus more modern evidence, and then
11 we heard clinical practice utilization.

12 So I don't think we should assume that no
13 one would show interest in developing this as a
14 commercial product. If the data are there, we've
15 seen other examples where companies are willing to
16 go into a niche market and develop an FDA approved
17 product.

18 We know that today there's a lot of interest
19 in companies developing drugs to treat rare
20 diseases, and this would qualify probably as a rare
21 disease. So just as you're thinking it through
22 that, I think it's not safe to assume that we would

1 never see someone showing commercial interest.

2 DR. GULUR: Thank you.

3 We will now end our discussions on
4 quinacrine and start our discussions on boswellia.
5 Committee members?

6 (No response.)

7 DR. GULUR: If everyone is discussioned out,
8 then we will now end our discussions on boswellia
9 and start the vote.

10 The panel will be using an electronic voting
11 system for this meeting. Each voting member has
12 three voting buttons on your microphone, yes, no,
13 and abstain. Please vote by pressing your
14 selection firmly three times. After everyone has
15 voted, the vote will be complete.

16 Voting will be on the two drug products just
17 presented. All vote questions related to whether
18 these products should be included on the withdrawn
19 or remove list. After the completion of each vote,
20 we will read the vote from the screen into the
21 record and then hear individual comments from each
22 member.

1 Starting with the first question, vote yes,
2 no, or abstain for each question. FDA is proposing
3 that quinacrine hydrochloride not be placed on the
4 list of bulk drug substances that can be used in
5 pharmacy compounding in accordance with
6 Section 503A of the FD&C Act. Should quinacrine
7 hydrochloride be placed on the list?

8 If you vote no, you are recommending FDA not
9 place the bulk drug substance on the 503A bulks
10 list. If the substance is not on the list when the
11 final rule is promulgated, compounders may not use
12 the drug for compounding under Section 503A unless
13 it becomes a subject of an applicable USP or NF
14 monograph or a component of an FDA approved drug.

15 Any questions?

16 (No response.)

17 DR. GULUR: Begin the vote now.

18 (Vote taken.)

19 DR. HONG: Okay, question 1 on quinacrine,
20 we have 5 yeses, 6 noes, and zero abstain.

21 DR. GULUR: We will start the individual
22 member comments, and we can start with Mr. Smalley

1 at the end, once we're done voting.

2 DR. SMALLEY: So I suppose I'm disappointed
3 at the no votes. I appreciate all the comments
4 that were made about the IND process and the need
5 to provide labeling, but as was mentioned earlier,
6 healthcare professionals do perform an important
7 role. So that's all the comment I have to say.

8 DR. GULUR: Ms. Wall? Dr. Wall?

9 DR. WALL: I voted for it to be on the list.
10 I think that by doing patient education, both from
11 the practitioner and from the pharmacist, you can
12 accomplish the things that need to be. And from
13 what I've heard from the practitioners and reading
14 things, I believe that there is good information
15 that they know how to monitor these patients.

16 DR. CAROME: Mike Carome. I voted no for
17 the reasons articulated and FDA's Office of New
18 Drug decision memo. I think this is a drug,
19 although there's evidence of efficacy for lupus,
20 discoid lupus in particular, I think given the
21 drug's safety profile, that this is a drug that
22 would best, from a public health standpoint, be

1 best used with more oversight than just allowing it
2 to be compounded freely by any compounding
3 pharmacy. And that either a new drug application
4 with eventual approval or use under an IND would be
5 the most appropriate way to go forward.

6 DR. VAIDA: Allen Vaida. I voted no for
7 many of the same reasons. I do have to say this
8 was probably the toughest vote that I've had since
9 I've been on the committee with this. And I
10 probably would have recommended oral only, but I
11 don't know if that would even restrict it to lupus
12 use. So I voted no.

13 DR. PHAM: Katherine Pham. I voted no for
14 it to not be placed on the list due to the
15 toxicities, of the mutagenicity, the aplastic
16 anemia, the possible psychosis, and due to the
17 potential continued availability through an
18 intermediate sized patient population expanded
19 access program.

20 I'm hoping that from the record of the
21 discussions from this meeting when it's made
22 public, that a lot of these large stakeholder

1 groups will pursue that route. And also hope that
2 the FDA also makes that information very visible
3 with the context of this meeting as well.

4 MS. JUNGMAN: Elizabeth Jungman. I also
5 voted not to add it to the 503A bulks list. I
6 thought there was a reasonably compelling case made
7 about the usefulness in lupus, but I'm concerned
8 about the safety profile.

9 I'm reasonably comfortable that the
10 rheumatologists who have experience with this
11 product would be able to appropriately monitor
12 these patients and convey the risk to patients, but
13 I'm concerned about other uses. And my
14 understanding is once we put this on the bulks
15 list, it could be used for anything, so I'm
16 concerned about that.

17 I remain concerned about availability for
18 lupus patients, so just wanted to emphasize that I
19 don't view this as a vote to take this product off
20 the market, but to limit to availability through
21 the IND process where we can ensure that we've got
22 appropriate consent and that we're collecting data.

1 DR. DIGIOVANNA: So in medicine, we are
2 increasingly trying to be what's called evidence
3 based. A lot of times, we like to look at our own
4 evidence and wear glasses to not see what's outside
5 of that. And to have seen that the guidelines from
6 many of the established medical experts who treat
7 these patients from multiple textbooks and
8 literature has established this as a standard of
9 care makes it a little disappointing to see that
10 it's going to be limited.

11 Perhaps it's likely that it will be
12 unavailable to some vulnerable populations who may
13 not have access to it. I do think that it would be
14 nice if there was a way for us to be able to take
15 substances that could be placed on the list and
16 limit their use in a way that we would not be so
17 arbitrarily restricting availability to populations
18 that need them.

19 MR. HUMPHREY: I voted yes and for many of
20 the same reasons that Dr. DiGiovanna stated.

21 DR. HOAG: This is Steve Hoag. I voted no.
22 And I guess my thought was that it is easier to put

1 something on the list than to take it off perhaps.
2 And I think that we should monitor this situation
3 very carefully if there is a situation where
4 patients are not getting access to this medicine,
5 that we should reconsider it, because I was almost
6 a flip of a coin going either way.

7 So although I think that we had a lot of
8 discussion of the IND program, and I think this is
9 a good program, but I don't think it's well
10 understood and it is not clear to a lot of people.
11 So I think the FDA should work hard to make sure
12 that people in the field are aware of what can be
13 done using this compassionate IND program.

14 MS. DAVIDSON: Gigi Davidson. I voted yes
15 that it should be added to the list because I don't
16 believe I heard an answer to Dr. Gulur's question
17 about what will happen to the real patients behind
18 the 15,000 prescriptions that have been written for
19 this drug in the last six years. I also have
20 concerns about the IND program, and that comes up
21 over and over again. Dr. Werth, and we've heard
22 others express that the IND doesn't seem to be an

1 ideal way to take care of patients.

2 The other thought I have is that any of the
3 people who presented and petitioned today could
4 easily petition USP to reinstate the monograph, and
5 then we would not be having this conversation. It
6 would automatically be something that is available
7 to be compounded without limitation.

8 So I view this as an opportunity to do as
9 many have suggested and put it on the list, limited
10 to oral use only, and to 100 milligram strength
11 maximum.

12 DR. GULUR: Thank you. I voted not to put
13 it on the list for reasons that have already been
14 stated, mainly because we cannot limit indications
15 on this bulk list, and there are serious concerns
16 if this was used for purposes other than for lupus.
17 And I would second what has already been stated
18 that it would be very beneficial for the medical
19 community and our patient population at large if
20 the FDA would explain this process and make it more
21 easily accessible to providers who wish to apply
22 through the expanded access IND process.

1 DR. BUCKLEY: I voted yes because of my
2 concerns about the harms to patients who are
3 already on the drug or might need it in the future
4 because of their lack of access. And I thought
5 that was greater than the harms that might occur to
6 people for whom it's prescribed inappropriately. I
7 agree there are harms to this drug, but I think
8 they're probably a bit inflated.

9 I would say that I was also a little
10 disappointed. I think the individual -- as a
11 practitioner, I am familiar with the individual
12 IND. And as those of us who practice, we spend a
13 lot of time just getting drugs that are approved
14 through insurance barriers. It's very difficult to
15 get them for patients.

16 I was a little disappointed. It's clear
17 that I think the FDA thinks that this drug is
18 appropriate for certain populations. And having
19 thought about the IND approach, they didn't help us
20 think a little clearly about another not individual
21 IND process, but a more group IND process that
22 might have helped us all not try to think through

1 it real time, but think through it ahead of time in
2 a way that would have gotten us maybe to an easier
3 place today.

4 But not having had that done for us, I
5 thought that access for patients with real illness
6 who are going to be harmed by lack of access to
7 this drug was a bigger problem than the public
8 health issue. So that was my vote.

9 DR. GULUR: I would like to read in a
10 clarification. My script read incorrectly. Voting
11 will be on the two drug products just presented.
12 All vote questions related to whether these
13 products should be included on the 503A list. And
14 again, it is for the two products discussed this
15 morning.

16 Moving on to question 2, vote yes, no, or
17 abstain for this question. FDA is proposing that
18 boswellia not be placed on the 503A bulk list. The
19 question is, should boswellia be placed on the
20 list?

21 (Vote taken.)

22 DR. HONG: Okay, question 2, we have zero

1 yeses, 11 noes, and zero abstain.

2 DR. GULUR: We'll take voting member
3 comments at this point. Can you start with you,
4 Dr. Wall, yes.

5 DR. WALL: I voted no. The company even
6 took the drug off the market because there just
7 doesn't seem to be a market for it. It is on the
8 store shelves and people can buy it. But I think
9 that we need to look at things beyond -- especially
10 in the area of osteoarthritis, when you look at the
11 products that are recommended, which are even -- I
12 believe they had even mentioned chondroitin and
13 opioids, we need to really look at what our options
14 are and to give patients options to deal with the
15 symptoms with this disease.

16 DR. CAROME: Mike Carome. I voted no for a
17 variety of reasons, including the variability in
18 the composition and quality of the product that's
19 used to make these compounded drugs, limited
20 efficacy data, and there are numerous FDA approved
21 alternatives that have been shown to be safe and
22 effective for the proposed uses.

1 DR. VAIDA: Allen Vaida. I voted no for
2 many of the reasons that were already stated.

3 DR. PHAM: Katherine Pham. I voted no for
4 similar reasons as well as the increased risk of
5 drug interactions with anticoagulants.

6 MS. JUNGMAN: Elizabeth Jungman. I voted no
7 because of quality concerns, the limitations in
8 effectiveness data, and the fact that there are
9 multiple alternatives available.

10 DR. DIGIOVANNA: John DiGiovanna. I voted
11 no because I agreed with the FDA presentation.

12 MR. HUMPHREY: William Humphrey. I voted no
13 for the same reasons.

14 DR. HOAG: Steve Hoag. I voted no. These
15 are actually very complicated products, and it's
16 very difficult to control the quality in a pharmacy
17 situation. And if you were actually going to send
18 out samples for analysis, that's like \$200, \$300
19 per sample, so I wonder if people would really do
20 that.

21 MS. DAVIDSON: Gigi Davidson. I voted no.
22 I believe there are, as stated, multiple

1 alternatives. And I heard from one of the
2 presenters that this is probably not commonly
3 compounded anymore. I was concerned about the
4 safety signal for it being an abortive agent. And
5 not the least, I was also worried about the
6 threatened status of the raw material plant.

7 DR. GULUR: This is Padma Gulur. I voted no
8 for reasons already stated regarding quality,
9 safety, efficacy, and the fact that there are
10 multiple alternatives available.

11 DR. BUCKLEY: Lenore Buckley. I voted no
12 because of the quality and efficacy data, didn't
13 think it was convincing.

14 **Adjournment**

15 DR. GULUR: All right. With that, we will
16 now break for lunch. We will reconvene again in
17 this room at 1:00 p.m. Please take any personal
18 belongings you may want with you at this time. We
19 could do 1:20 if the committee members would so
20 prefer. Any preference?

21 Would the committee members prefer 1:00 or
22 1:20? 1:00?

1 We will reconvene at 1:00 p.m. Please take
2 any personal belongings you may want with you at
3 this time. The ballroom will be secured by FDA
4 staff during the lunch break. Committee members,
5 please remember that there should be no discussion
6 of the meeting during lunch amongst yourselves,
7 FDA, or with any member of the audience. Thank
8 you.

9 (Whereupon, at 12:20 p.m., the morning
10 session was adjourned.)

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