Physician to Physician Education in the 21st Century

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Disclosures: None

- I have no relevant financial relationships with the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in this CME activity.
- I do not intend to discuss an unapproved/investigative use of a commercial product/device in my presentation.
- I do not accept any funding from the makers of breastmilk.
Overview

- Academy of Breastfeeding Medicine – what are we all about?
- Conferences
- Protocols
- Blog
- Social Media
- Podcasts
- Listserv
Where do doctors learn about breastfeeding?
Where do doctors learn about breastfeeding?
Where do doctors learn about breastfeeding?
Where do doctors really learn about breastfeeding?

- Own experience – for better or for worse!
- Patients
- Self-education
- Formal Study
- Conferences, lectures, CME

- And.... The Academy of Breastfeeding Medicine
Academy of Breastfeeding Medicine

- Physician (and dentist) organization = doctor-level clinicians
- Founded in 1995 by small core group of physicians
Academy of Breastfeeding Medicine

- International -- members in 40 countries
- Interdisciplinary
  - Pediatricians
  - Neonatologists
  - OB-gyns
  - MFM's
  - Family Physicians
  - Surgeons, anesthesiologists, epidemiologists, public health physicians
Academy of Breastfeeding Medicine

- 500-600 members
- Annual conference
- Journal: Breastfeeding Medicine
2016 Conference

Meeting for physicians and dentists
“What Every Physician Needs to Know”

- Annual pre-conference course for physicians – video lectures available online as member benefit

- Excellent lecture on medications and breastfeeding
ABM Activities

- Coalition for the Advancement of Maternal Therapeutics
- Society for Obstetric Anesthesia and Perinatology

Other important relationships: WABA, USBC, UNICEF, WHO, Kellogg Foundation, 1000 Days, AAP, ACOG
Medication Recommendations???

- No official recommendations, but...
Protocols

- Evidence-based short articles published in Breastfeeding Medicine
- Cited in www.guidelines.gov
- Updated every 5 years and adding new topics yearly
- Freely available at www.bfmed.org
- Most translated into Spanish and other languages
Relevant Protocols

- #13 Contraception and Breastfeeding
#15 Anesthesia and Analgesia for the Breastfeeding Mother
#18 Use of Antidepressants in Nursing Mothers
Relevant Protocols

- #21 Guidelines for Breastfeeding and Substance Use or Substance Use Disorder
ABM Blog

- https://bfmed.wordpress.com

- Tackles variety of topics with many authors

- Last post specifically on medications in 2010, with recommendations to check LactMed or Tom Hale’s Medications and Mothers Milk.
ABM Blog

- New blog posts announced via Facebook and Twitter
Facebook

- Active page with over 35,000 “likes”

- Many links to articles in the news, announcements of new protocols, studies of interest
@BFMedicine

Dedicated to the promotion, protection and support of breastfeeding and human lactation
Podcasts

- Series of interactive interviews, by Dr. Anne Eglash
- Available via iTunes
- www.anneeglash.com/audio/
Podcasts

- Discussion of the AAP’s guidelines on medications and substance use
- Discussion with Dr. Thomas Hale on antidepressants and breastfeeding
- Discussion on anesthesia and breastfeeding
- Discussion on labor epidural analgesia and breastfeeding
- Discussion on radiologic procedures
Listserv

- One of the biggest benefits to our members!
- E-mail group via yahoo
- ALL kinds of discussion
Questions on safety of various medications in combination, or in specific circumstances