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FOOD AND DRUG ADMINISTRATION

CENTER FOR DRUG EVALUATION AND RESEARCH

PHARMACY COMPOUNDING ADVISORY COMMITTEE (PCAC)

Afternoon Session

Wednesday, October 28, 2015

1:00 p.m. to 3:30 p.m.

FDA White Oak Campus
10903 New Hampshire Avenue
Building 31 Conference Center
The Great Room (Rm. 1503)
Silver Spring, Maryland

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Meeting Roster

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11 Senior Vice President and Head of Regulatory

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2 **Lin Chang, MD**

3 *(Participation in alanyl L glutamine and*
4 *domperidone discussions via telephone) October 28th*
5 *only*

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P R O C E E D I N G S

(1:00 p.m.)

DR. VENITZ: Welcome back for the afternoon session of the Pharmacy Compounding Advisory Committee. We will have a conflict of interest statement read on the record before we start with the official proceedings.

Conflict of Interest Statement

DR. HONG: Before we begin this afternoon's session, we would like to disclose for the record that Mr. William Mixon, the committee's standing industry representative member for the Pharmacy Compounding Advisory Committee, will not be participating in the discussion for domperidone due to a conflict of interest. Thank you.

DR. VENITZ: Thank you, Dr. Hong.

With that in mind, we are going to start with the topic of the afternoon session. That's domperidone, whether it should be placed on the 503A bulk drug substances list or not.

We will have presentations from the FDA first, followed by our nominator presentations. So

1 I would ask now our first presenter, Dr. Sewell, to
2 review the FDA'S summary and recommendation.

3 **FDA Presentation - Catherine Sewell**

4 DR. SEWELL: Good afternoon. I'm
5 Dr. Catherine Sewell. I'm a clinical reviewer in
6 the Division of Bone, Reproductive and Urologic
7 Products, and I, along with my colleagues Dr.
8 Leslie McKinney, who's a pharmacology/toxicology
9 reviewer in DBRUP, and Dr. Anil Rajpal, who's a
10 medical team leader in the Division of
11 Gastroenterology and Inborn Errors Products, will
12 discuss domperidone.

13 FDA'S review of domperidone was extensive
14 and included experts from many different
15 disciplines, and I'd like to gratefully acknowledge
16 our collaborators in this presentation.

17 Domperidone blocks dopamine receptors in the
18 gut and increases gut motility. It also blocks the
19 dopamine receptors in the pituitary gland, which
20 increases prolactin secretion and can affect milk
21 production. Its primary uses in compounding are in
22 gastrointestinal conditions like gastroparesis and

1 nausea and vomiting, and in lactation disorders.

2 Today, we'll discuss the physical and
3 chemical characterization of domperidone and its
4 historical use in compounding. We'll review the
5 evidence for efficacy in gastrointestinal and
6 lactation disorders. We'll cover the safety
7 concerns.

8 First, in that, I'll just review the basics
9 of the QT interval and the risk for arrhythmia, and
10 then discuss the regulatory history of domperidone
11 in the context of that risk; review the nonclinical
12 and clinical evidence for the safety concern;
13 provide you with our conclusions, and a final
14 recommendation.

15 Domperidone is well-characterized. It's a
16 synthetic small molecule and is stable under
17 ordinary storage conditions. Domperidone is not
18 approved for any indication in the United States.
19 It has been approved outside of the U.S. since 1978
20 to treat certain gastrointestinal conditions.

21 Prior to 2014, the maximum recommended daily
22 dose was 80 milligrams, and as of 2014, this was

1 reduced to 30 milligrams per day, and the maximum
2 duration of treatment was reduced to 7 days.
3 Domperidone is not approved for lactation in any
4 country in the world, but it is used in doses
5 between 30 milligrams and 120 milligrams daily for
6 lactation disorders.

7 To ascertain domperidone utilization in the
8 United States, FDA conducted a drug utilization
9 review encompassing the time frame from June 2009
10 through May of 2015, and found that between 7,500
11 prescriptions and 11,600 prescriptions are
12 dispensed annually in the United States.

13 Most of the prescriptions are dispensed to
14 women, 77 percent, and of these, 20 percent are to
15 women between the ages of 20 and 39, and 26 percent
16 to women between the ages of 40 and 59. Obviously,
17 these age ranges encompass women who could become
18 pregnant or breastfeed.

19 Sixty percent of the prescriptions are
20 written by gastroenterologists and 6 percent by
21 obstetrician/ gynecologists. An office-based
22 physician survey showed that the most commonly

1 reported indication was gastroparesis.

2 Next, Dr. Anil Rajpal will review the
3 efficacy of domperidone in gastrointestinal
4 conditions.

5 **FDA Presentation - Anil Rajpal**

6 DR. RAJPAL: The first GI condition that
7 will be discussed is gastroparesis. There are
8 efficacy data to support the use of domperidone for
9 gastroparesis. There are three trials.

10 The first was a randomized, withdrawal,
11 placebo-controlled 4-week trial in diabetic
12 gastroparesis; 208 patients were enrolled. There
13 was a 54 percent lower total symptom score with
14 domperidone, 20 milligrams orally 4 times a day,
15 versus placebo.

16 The difference was statistically
17 significant. The total symptom score was defined
18 as the sum of five investigator-assessed scores,
19 ranging from 0 to 3, for nausea, vomiting, early
20 satiety, abdominal distention, bloating, and
21 abdominal pain.

22 The second was a randomized, active-

1 controlled 4-week trial in diabetic gastroparesis;
2 95 patients were enrolled. There were two
3 treatment arms, domperidone, 20 milligrams orally 4
4 times a day, and metoclopramide, 10 milligrams
5 orally 4 times a day.

6 There was a similar reduction in total
7 symptom score between domperidone and
8 metoclopramide, 41 percent versus 39 percent.
9 Total symptom score was defined as the sum of four
10 investigator-assessed scores ranging from 0 to 3
11 for nausea, vomiting, early satiety, and
12 bloating/distension.

13 The third was a randomized, active-
14 controlled 8-week trial in pediatric diabetic
15 gastroparesis in patients over 5 years of age; 28
16 patients were enrolled. The treatment arms were
17 domperidone, 0.9 milligrams per kilogram daily, and
18 cisapride, 0.8 milligrams per kilogram daily.

19 There was a lower median total symptom score
20 with domperidone than cisapride, 3.1 versus 7.4.
21 Total symptom score was defined as the sum of four
22 investigator-assessed scores ranging from 0 to 6

1 for regurgitation or vomiting or heartburn, feeling
2 of abdominal fullness or bloating, early satiety or
3 anorexia, and abdominal epigastric and mesogastric
4 pain.

5 All three trials have the limitation that
6 the primary endpoint was assessed by the
7 investigator. Currently, patient-reported outcome
8 measures are recommended.

9 The second trial had an additional
10 limitation. Although reductions in total symptom
11 score appeared similar, not statistically
12 significantly different, the trial was not designed
13 as a noninferiority trial. A noninferiority trial
14 aims to show a novel treatment is not clinically
15 worse than an active treatment based on a specific
16 noninferiority margin.

17 The second GI condition that will be
18 discussed is nausea and vomiting. Domperidone is
19 currently approved outside of the U.S. for
20 treatment of nausea and vomiting at a dose of
21 10 milligrams orally up to 3 times a day.

22 However, it should be noted that the

1 population studied to support approval of this
2 indication had nausea and vomiting in the context
3 of chronic postprandial dyspepsia, not
4 gastroenteritis, chemotherapy, or motion sickness.
5 This population may have had underlying
6 gastroparesis as the cause of their symptoms.

7 Efficacy data are mainly from three trials,
8 each 4-week duration, in chronic postprandial
9 dyspepsia that together enrolled 251 patients
10 receiving domperidone and 249 patients receiving
11 placebo.

12 These data support the use of domperidone,
13 10 milligrams 3 times a day, in the suppression of
14 nausea and vomiting at week 2 and/or week 4 of
15 treatment, and clinically relevant improvement in
16 nausea and/or vomiting scores were reported in
17 these studies following domperidone treatment
18 compared to placebo. Nausea and vomiting were each
19 assessed on a four-point scale in these trials.

20 For gastroparesis, there is one FDA-approved
21 therapy, Reglan, or metoclopramide. It has been
22 shown to be effective in treating gastroparesis.

1 It has a boxed warning for tardive dyskinesia, a
2 serious movement disorder that's often
3 irreversible.

4 For nausea and vomiting there are multiple
5 FDA-approved therapies. These, or some of these,
6 have been shown to be effective in preventing or
7 treating nausea and vomiting in the post-op,
8 chemotherapy, motion sickness, and gastroenteritis
9 settings. None were specifically approved for
10 nausea and vomiting associated with gastroparesis.

11 In conclusion, there are data from
12 randomized, controlled trials to suggest efficacy
13 for both gastroparesis and nausea and vomiting.
14 For gastroparesis, trials were either small or
15 suffered from significant design limitations. For
16 nausea and vomiting, trials were in the chronic
17 postprandial dyspepsia population.

18 There is one FDA-approved therapy for
19 gastroparesis and numerous FDA-approved therapies
20 for nausea and vomiting in various settings,
21 although none specifically for nausea and vomiting
22 associated with gastroparesis.

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FDA Presentation - Catherine Sewell

DR. SEWELL: Going back to lactation, there is minimal quality data on the efficacy of domperidone for lactation disorders. A Cochrane review from 2012 included only two randomized, placebo-controlled trials, with a total of 59 mothers of preterm infants.

Domperidone, 10 milligrams 3 times daily, taken for 7 to 14 days, resulted in a modest placebo-corrected increase in expressed breast milk of 99 milliliters per day, or about 3 and a half ounces. The studies did not detect significant improvements in longer-term outcomes of breastfeeding.

There have been several uncontrolled studies of domperidone, from 30 to 60 milligrams daily. Domperidone did result in increases of prolactin levels from 150 percent to 600 percent of baseline within 15 to 45 minutes of ingestion in both nonpregnant and in lactating women.

Domperidone also increased milk production one and a half to two times from baseline in

1 lactating women. Sixty milligrams was not found to
2 be more effective than 30 milligrams. It is
3 important to note that these studies were mostly
4 observational and uncontrolled, and had a short
5 duration of follow-up.

6 So in terms of efficacy, there's scant
7 reliable clinical data to support the drug's
8 effectiveness or to support dosing recommendations
9 for lactation disorders. It's important to note
10 this, however, in the context that there are no
11 approved pharmacologic therapies for lactation
12 disorders.

13 Next, we'll discuss the major safety
14 concerns of domperidone, specifically QT interval
15 prolongation, Torsades de Pointes, ventricular
16 arrhythmias, and sudden death. I just want to set
17 the stage first by discussing the basics of the QT
18 interval and how a QT interval prolongation risk of
19 a drug is assessed.

20 The mechanism by which a drug can cause QT
21 prolongation is as follows. A drug blocks the
22 potassium ion channel and reduces the potassium

1 current. This then will delay the repolarization
2 or the recovery phase of the heart. This is seen
3 as a prolonged QT interval on an EKG, right here.
4 If another beat starts before the recovery phase is
5 complete, this can trigger an arrhythmia like
6 Torsades de Pointes.

7 There are many factors that can increase a
8 person's risk for drug-induced Torsades de Pointes.
9 I've listed a few here. Notable ones are female
10 sex, electrolyte abnormalities like hypokalemia or
11 low potassium and hypomagnesemia or low magnesium.

12 If a person is taking another drug that also
13 prolongs the QT interval, this can compound the
14 effect; or if they are taking a medication that
15 increases the level of the drug in question, this
16 can increase the QT prolonging effect.

17 Additionally, if the patient already has an
18 arrhythmia like a bradycardia, that increases their
19 risk.

20 To address how we determine that a drug
21 carries a risk for QT prolongation, we'll discuss
22 the research studies that are recommended.

1 In 2005, the International Committee on
2 Harmonization, or ICH, issued a guideline called
3 the ICH-E14 Guideline. The ICH, as you know, is a
4 collaboration between the regulatory bodies of the
5 European Union, Japan, and the United States.

6 They provided recommendations for the
7 design, conduct, analysis, and interpretation of
8 studies to determine whether a drug has an effect
9 on cardiac repolarization, as measured by QT
10 prolongation. These studies are called thorough QT
11 studies. They are typically conducted in healthy
12 volunteers.

13 If a drug's safety and tolerability allow,
14 multiple exposure levels of the dose, or
15 suprathreshold dose exposures, are studied so
16 that the drug concentration response relationship
17 with the QT interval can be adequately
18 characterized.

19 According to the ICH Guideline, if the QT
20 interval is prolonged by 5 milliseconds and the
21 upper bound of the 95 percent confidence interval
22 is 10 milliseconds, this reaches the regulatory

1 threshold for concern and is considered a positive
2 thorough QT study. A negative QT study is one
3 where the upper bound of the 95 percent confidence
4 interval is less than 10 milliseconds.

5 Now, if a study is positive, additional
6 information is needed -- for example, from
7 nonclinical data or from postmarketing safety
8 reports -- in order to fully assess a drug's QT
9 prolongation risk.

10 Also, for some background, many drugs have
11 been withdrawn from the U.S. market due to QT
12 prolongation and Torsades de Pointes. You're
13 probably familiar with terfenadine, which was
14 marketed as Seldane, and cisapride, which was
15 marketed as Propulsid. The risks were detected
16 only after these drugs were taken by hundreds of
17 thousands or millions of people.

18 Further, using terfenadine as an example,
19 terfenadine alone blocks the potassium ion channel
20 and causes QT prolongation, which you can see here.
21 When terfenadine is ingested, it is metabolized by
22 the liver.

1 Now, if a person is taking another drug
2 that's metabolized by the same enzymes in the
3 liver, this can result in increased levels of
4 terfenadine. So, for example, if a person is
5 taking terfenadine and then takes ketoconazole as
6 well, this can increase the levels of the
7 terfenadine by 20 times. And then these increased
8 levels can further significantly prolong the QT
9 interval.

10 In the case of terfenadine, the FDA received
11 several reports of people developing arrhythmias
12 and people who died. FDA determined that this risk
13 of a life-threatening arrhythmia, even when the
14 risk was rare, outweighed the drug benefit of
15 symptomatic relief, and revoked the drug's
16 marketing approval.

17 So to summarize the information on QT so
18 far, drug-induced QT interval prolongation can lead
19 to Torsades de Pointes, a potentially life-
20 threatening arrhythmia. A thorough QT study is one
21 of the ways that we determine whether a drug has a
22 pharmacologic effect on cardiac repolarization at

1 the doses and exposures evaluated in the study.

2 It's important to note here that
3 suprathreshold exposures would ideally be
4 studied. I'll get back to that point as it relates
5 to domperidone later. The risk of Torsades de
6 Pointes is also influenced by an individual
7 patient's risk factors.

8 Now, Dr. Leslie McKinney will review the
9 proarrhythmic risks of domperidone.

10 **FDA Presentation - Leslie McKinney**

11 DR. MCKINNEY: The proarrhythmic risk of
12 domperidone has been characterized in detail in
13 several different nonclinical preparations.
14 Domperidone has a significant off-target effect.
15 It blocks a cardiac potassium channel called
16 Kv11.1, or hERG, that conducts a repolarizing
17 potassium current called IKr.

18 The assay demonstrating this is shown on the
19 left, this left panel. The upper trace shows the
20 stimulus paradigm that activates the current, which
21 is shown in the lower set of tracings. That's the
22 current tracings right there.

1 Domperidone blocks this current completely
2 at 1 micromolar and shows half maximal block at
3 57 nanomolar. This assay was conducted in vitro in
4 cells expressing human potassium channels, so it is
5 relevant to humans.

6 The result of domperidone block of potassium
7 current is shown in the panel on the right. The
8 depolarizing phase of the cardiac action potential
9 is prolonged, which leads to overall prolongation
10 of the action potential. That would be the
11 rightmost action potential.

12 In this example, which was recorded from a
13 guinea pig heart, 100 nanomolar domperidone
14 increased action potential duration by
15 24 milliseconds, which is considered to be a large
16 increase.

17 In this slide -- this expands on the results
18 from the previous slide -- prolongation of the
19 action potential by domperidone can disrupt the
20 normal propagation of the electrical signal through
21 the whole heart, which can lead to arrhythmia.
22 This has been demonstrated in the rabbit heart

1 using the TRIaD test, which is shown on the left
2 panel.

3 The TRIaD test measures different aspects of
4 the stability of the heart rhythm, and I will not
5 go into detail about all the different parameters
6 that are measured in this test. What I'd like to
7 emphasize is that as domperidone concentration is
8 increased, the heart rhythm shows an increasing
9 number of irregularities, which can ultimately lead
10 to arrhythmia.

11 So in conclusion, nonclinical studies
12 have established a mechanism of action for the
13 proarrhythmic risk of domperidone, and have
14 demonstrated that this risk occurs at extremely low
15 nanomolar concentrations.

16 **FDA Presentation - Catherine Sewell**

17 DR. SEWELL: So going back to the patient
18 side, you remember just a few slides ago we
19 discussed the utility of a thorough QT study in
20 determining a drug's risk for QT prolongation. So
21 the makers of domperidone actually conducted a
22 thorough QT study, which was just published this

1 year.

2 This was a randomized, double-blind,
3 four-way, crossover, placebo and positive
4 controlled, single and multiple-dose study in 44
5 healthy adults, 12 of whom were women. They
6 assessed the effects of domperidone on the QT
7 interval at the then-European approved doses of
8 10 milligrams orally four times a day and
9 20 milligrams four times a day. You will note that
10 supratherapeutic doses and exposures were not
11 studied.

12 The study showed no clinically relevant
13 effect of domperidone on the QT interval at the
14 doses and exposures evaluated. This sounds
15 positive. However, the study had the major
16 limitation in that it did not evaluate the effect
17 of supratherapeutic doses and exposures, which
18 could reflect the real-world worst-case scenarios.

19 The European Medicines Agency, or the EMA,
20 explained that supratherapeutic doses were not
21 studied because the potential for QT prolongation
22 was foreseen based on nonclinical data and based on

1 reports in humans. The governing body basically
2 thought that it was unethical to expose healthy
3 volunteers to such an unpredictable, serious risk,
4 even in a monitored study setting.

5 So now I'd like to review with you the
6 reports of domperidone's cardiac risk in humans.
7 In the early 1980s, there were reports of seven
8 cancer patients with serious cardiac adverse
9 reactions, including QT prolongation, Torsades de
10 Pointes, cardiac arrest, and sudden death, with a
11 rapid infusion of intravenous domperidone for anti-
12 nausea treatment during chemotherapy.

13 An increasing number of such cases worldwide
14 led to withdrawal of the IV formulation in 1985.
15 These serious cardiac reactions were subsequently
16 noted with other forms of domperidone, specifically
17 the oral and rectal formulations.

18 Cases with these other oral and rectal
19 formulations were delineated in the 2013 EMA
20 report. The EMA evaluated data from the drug
21 maker's safety database through 2012. There were
22 342 cases of serious cardiac adverse events

1 reported, including cardiac arrest, myocardial
2 infarction, EKG QT prolongation, and tachycardia.

3 Eighty-seven of the cases were fatal,
4 64 percent of these were in females, 41 percent
5 were in people who were at least 65 years of age,
6 and it occurred most commonly in people taking more
7 than 30 milligrams daily.

8 There were 156 cases of cardiac conduction
9 events, and for 60 of these, information on time to
10 onset was included. Twenty occurred on the same
11 day as the first dose of domperidone. In another
12 24 cases, the cardiac event occurred within the
13 first week of domperidone dosing.

14 The EMA also examined its pharmacovigilance
15 database up to 2013 and found 219 cardiac adverse
16 events, including ventricular arrhythmias, cardiac
17 arrest, and rate and rhythm disorders. The median
18 time to onset was two days from domperidone
19 exposure.

20 The risks again were increased in patients
21 who were over 60 years of age and in those who were
22 taking more than 30 milligrams of domperidone

1 daily. The risks were also increased in patients
2 who were taking other QT prolonging drugs or taking
3 products that increased domperidone's exposure.

4 This highlights then that serious or fatal
5 cardiac arrhythmias can occur at doses that are
6 approved for use in jurisdictions outside of the
7 United States. The time to onset suggests that
8 there is a causal relationship with domperidone.

9 The risk is increased with increasing doses
10 of domperidone, and the risk is increased in the
11 population wherein people are taking other drugs
12 that can prolong the QT interval or that can
13 increase domperidone's exposure.

14 The FDA also conducted its own review of the
15 FDA Adverse Event Reporting System, or FAERS. And
16 as you all know, FAERS is a computerized database
17 of spontaneous adverse event reports for human,
18 drug, and therapeutic biologic products. Data has
19 been collected since 1969, and there are over
20 9 million reports currently stored. About 1.2
21 million reports were received in 2014 alone.

22 The system has multiple strengths, including

1 that it receives adverse events on all uses of
2 drugs, whether they are approved or unapproved,
3 within and outside of the United States. FAERS is
4 ideal for detecting rare events like Torsades de
5 Pointes or acute liver failure. It's also useful
6 when the report is received shortly after exposure
7 because we can make that time connection.

8 FAERS has some limitations. As you know,
9 it's a passive surveillance system, so we receive
10 isolated volunteer reports. We don't have a
11 denominator and therefore can't calculate an
12 incidence for a particular event.

13 Because reporting is voluntary, there is
14 likely underreporting, and this is especially true
15 for unapproved drugs. People may not be aware of
16 the side effect profile of a drug, may not connect
17 a specific adverse event to a particular drug, and
18 may not report it. The quality of information in
19 the reports is also variable.

20 Here, I'll present some cases from our
21 evaluation of the FAERS database. I would like to
22 point out that these do not represent the sum total

1 of the cases in the database. They are merely
2 illustrative to our points today.

3 We conducted a FAERS search in females less
4 than or equal to 50 years old who were taking oral
5 domperidone, and we searched between January of
6 1965 and April of 2015.

7 In 2013, we received a report of a 46-year-
8 old female with longstanding gastric esophageal
9 reflux disease. She was taking domperidone,
10 20 milligrams daily for 4 days, and when she went
11 for a scheduled stress test, she experienced
12 Torsades de Pointes, cardioversion was
13 unsuccessful, and she died.

14 In 2012, we received a report of a 34-year-
15 old woman who was taking 120 milligrams of
16 domperidone daily for lactation. After 4 days, she
17 had palpitations, shortness of breath, and
18 difficulty getting out of bed. Her EKG showed QT
19 prolongation. She stopped the domperidone and the
20 QT prolongation resolved.

21 The FAERS also yielded cases of women who
22 had other risk factors for QT prolongation that

1 could increase their risk with domperidone. And
2 again, these cases do not represent the sum total
3 from the database; they are merely illustrative to
4 our point.

5 In 2013, we received a report of a 34-year-
6 old woman in Great Britain who was treated with
7 oral domperidone, 30 milligrams daily. She
8 collapsed and was found to have complete heart
9 block. Her risk factor is that she was also taking
10 the medications sumatriptan, sertraline, and
11 ondansetron.

12 In 2012, a 19-year-old female in Canada was
13 taking oral domperidone of an unknown dose,
14 ciprofloxacin, and metronidazole. She was also
15 found to have hypokalemia and borderline
16 hypomagnesemia, and she was diagnosed with QT
17 prolongation.

18 Her symptoms resolved when she discontinued
19 the drug and had her electrolytes repleted. Her
20 risk factor was that she was also taking the
21 medication ciprofloxacin, and she also had
22 electrolyte abnormalities.

1 In 2006, a 35-year-old healthy woman was
2 treated with oral domperidone of an unknown dose
3 for lactation enhancement. She developed QT
4 prolongation and syncope 2 days after adding
5 azithromycin to her medication regimen. There are
6 no further outcomes reported on this patient. Her
7 risk factor is that she was also taking
8 azithromycin.

9 So far we've reviewed case reports from the
10 literature and then cases from the
11 pharmacovigilance databases in the European Union
12 and the United States. We would also like to
13 present some data from pharmacoepidemiologic
14 studies.

15 The FDA conducted a systemic literature
16 search that yielded 15 articles from six
17 interpretable, non-experimental studies of
18 domperidone and QT interval prolongation, Torsades
19 de Pointes, serious ventricular arrhythmia, or
20 sudden cardiac death. The review found evidence
21 for a 1.5 to twofold risk of sudden cardiac death
22 from current use of domperidone in the general

1 population.

2 The EMA conducted a pharmacoepidemiologic
3 review as well, including many of the same studies,
4 and reached similar conclusions. This review did
5 not provide any data that could inform whether
6 there are differences in risk to breastfeeding
7 women.

8 I will highlight here two of the bigger
9 studies in the FDA review. In 2010, Johannes et
10 al. published a population-based nested case
11 control study using the electronic databases of
12 Saskatchewan Health. She found 1,559 cases of
13 sudden cardiac death, and 49 cases of serious
14 ventricular arrhythmia. These were matched with
15 6,428 controls.

16 The mean age of cases in controls was
17 79 years, and over 50 percent of the cases were
18 female. The adjusted odds ratio for the composite
19 endpoint of sudden cardiac death and serious
20 ventricular arrhythmia associated with current
21 domperidone use was 1.59.

22 These findings suggest then that current

1 domperidone use was associated with a 1.6-fold
2 increase in the risk for the composite endpoint of
3 sudden cardiac death and serious ventricular
4 arrhythmia in the general population.

5 In 2010, Van Noord et al. published a
6 population-based case control study using the
7 Netherlands Integrated Primary Care Information
8 database. She found 1,304 cases of sudden cardiac
9 death and 62 cases of serious ventricular
10 arrhythmia. These were matched with over 14,000
11 controls.

12 The mean age of the sudden cardiac death
13 cases was 72 and a half years; 42 percent of the
14 cases were in women. The adjusted odds ratio for
15 the composite endpoint of sudden cardiac death and
16 serious ventricular arrhythmia was 1.92, and for
17 sudden cardiac death alone, 1.99.

18 These findings suggest that domperidone was
19 associated with an approximate twofold increase in
20 the risk of sudden cardiac death and serious
21 ventricular arrhythmia in the general population.

22 The drug maker also conducted drug-drug

1 interaction studies to evaluate QT prolongation.
2 When domperidone, 10 milligrams 4 times daily, was
3 taken in combination with another drug like
4 ketoconazole or erythromycin -- these drugs are
5 strong or moderate CYP3A4 liver enzyme inhibitors
6 that also prolong the QT interval -- they found the
7 following: a two- to threefold increase in
8 domperidone blood concentrations, and a
9 statistically significant increase in the QT
10 interval compared with placebo at most time points
11 during the 24-hour observation period.

12 The maximum mean increase of the QT interval
13 was 13.6 to 15.3 milliseconds. And as you may
14 remember, this exceeds the ICH-E14 Guideline
15 regulatory threshold of concern, which is a maximum
16 mean increase in the QT interval of 5 milliseconds,
17 with the upper bound of the 95 percent confidence
18 interval being 10 milliseconds.

19 The next several slides show the many
20 classes of drugs that interact with domperidone and
21 should be avoided. And you'll note that they
22 include many commonly-used drugs -- for example,

1 antihypertensives, antidepressants, diuretics,
2 antidiarrheal agents, and antihistamines. The full
3 list is in the briefing document, so these slides
4 are not complete.

5 As it pertains to lactation, we must
6 consider other safety implications of domperidone,
7 mainly in the pediatric population. Several
8 studies were published between 2005 and 2013 that
9 reported QT prolongation in infants treated with
10 domperidone for various gastrointestinal
11 conditions.

12 Three of the studies reported doses, and
13 those range from 1.0 to 2.1 milligrams per kilogram
14 per day in divided doses. One study could not find
15 a relationship between QT prolongation and the dose
16 of the drug. Another study reported QT
17 prolongation with an accidental overdose at home.

18 We do know that domperidone is transferred
19 into human breast milk. Maternal doses of
20 10 milligrams TID or 20 milligrams TID do result in
21 breast milk levels of domperidone. And if we
22 assume a daily milk intake of 150 milliliters per

1 kilogram for an infant, this does result in doses
2 we can calculate that infants might be exposed to.

3 Therefore, breastfed babies may be exposed
4 to levels of domperidone, perhaps over weeks or
5 months, depending on how long their mothers take
6 the drug. This potential risk is of real concern.

7 So our safety conclusions are as follows.
8 Domperidone is associated with serious risk of
9 QT prolongation, ventricular arrhythmias, and
10 sudden cardiac death. Cases of cardiac toxicity
11 have been reported with domperidone in intravenous,
12 rectal, and oral formulations.

13 Patients with cardiac toxicity do often have
14 cardiovascular risk factors, or are taking
15 concomitant medications, or have other risks for QT
16 prolongation. But serious adverse cardiac
17 arrhythmias have also occurred in otherwise healthy
18 young women with no apparent risk factors.

19 We know that domperidone prolongs the
20 QT interval, but the dose and exposure-response is
21 not well characterized. We've seen QT
22 prolongation, cardiac arrhythmias, and sudden death

1 with doses of domperidone approved in jurisdictions
2 outside of the United States.

3 The thorough QT study did not evaluate
4 suprathreshold exposures, and therefore it does
5 not inform the risk threshold of QT prolongation
6 with real world use of the drug. To this point,
7 domperidone is susceptible to drug interactions
8 with other medications that can increase
9 domperidone exposure and that also prolong the QT
10 interval. Also, domperidone is secreted in human
11 breast milk, and this poses as yet an unknown risk
12 to the exposed infant.

13 Given the safety concerns, there is
14 potential for significant harm to the public if
15 domperidone is prescribed and used without
16 important safeguards to ensure adequate patient
17 protection. Examples of these safeguards include,
18 but are not limited to, assessment of the patient's
19 risk factors and medications that could increase
20 their risk of QT prolongation; proper patient
21 selection; appropriate dosing and dosing regimen;
22 and proper patient monitoring.

1 There are some safeguards in place outside
2 of the United States. In 1985, as we said, the IV
3 formulation was withdrawn worldwide due to reports
4 of QT prolongation, ventricular arrhythmia, and
5 sudden death.

6 In 2014, the EMA recommended restricting the
7 indication of domperidone to only nausea and
8 vomiting. The maximum daily dose was reduced to
9 30 milligrams, and the maximum duration to 7 days.
10 They also withdrew higher dose oral and rectal
11 formulations from the market, and provided new
12 contraindications in labeling.

13 In 2014, the nonprescription status for
14 domperidone was revoked in Belgium, the
15 Netherlands, and the United Kingdom so that access
16 now is only by prescription. In 2014 and 2015,
17 Health Canada issued a healthcare professional
18 warning, a public communication warning, and a
19 recalls and alert advisory about the cardiac risks
20 of domperidone, and provided the same
21 recommendations as the EMA.

22 In the United States, in 2004, the FDA

1 issued an import alert and a safety alert because
2 of the potential cardiac toxicity of domperidone,
3 including QT interval prolongation. These alerts
4 were based on the postmarketing adverse events
5 reports from non-U.S. markets.

6 The warning also highlighted the secretion
7 of the drug in breast milk. The absorption and
8 infant exposure is unknown, so not only is there a
9 safety risk to the lactating mother, but also to
10 the breastfeeding infant. This is just a
11 screenshot of that warning from 2004.

12 In the U.S., no pharmacies are allowed to
13 compound domperidone. Since 2004, the FDA has
14 issued multiple warning letters to pharmacies that
15 compound products containing domperidone and to the
16 firms that supply domperidone for use in
17 compounding.

18 Domperidone is available in the United
19 States through the IND expanded access program to
20 patients who need it. Dougherty's Pharmacy in
21 Dallas, Texas is currently the only pharmacy
22 authorized to dispense manufactured domperidone.

1 There are two authorized manufacturers.

2 The IND expanded access protocol allows for
3 the treatment of refractory GERD with upper GI
4 symptoms, gastroparesis, and chronic constipation
5 in patients at least 12 years of age. It provides
6 for exclusion criteria, specifically focusing on a
7 patient's cardiac risks.

8 It provides a specific dose regimen, 10 to
9 30 milligrams 4 times a day. Most importantly, it
10 has patient protections, including informed
11 consent, scheduled cardiovascular monitoring, and
12 the list of drugs that interact with domperidone
13 that should be avoided.

14 So in conclusion, the efficacy and
15 appropriate dosing regimen for domperidone in
16 lactation are uncertain. Given the serious
17 proarrhythmic risks reported, the use of
18 domperidone in the compounding setting for
19 lactation is unacceptable.

20 The evidence of efficacy of domperidone for
21 nausea, vomiting, and gastroparesis is not robust.
22 Given the serious proarrhythmic risks reported and

1 the availability of FDA-approved products to treat
2 these conditions, use of domperidone for GI
3 conditions in the compounding setting is also
4 unacceptable.

5 I will note that patients do have access to
6 domperidone through the expanded access IND
7 program, which ensures a specified dose range,
8 appropriate patient selection, exclusion of
9 patients who have risks for QT prolongation, and it
10 provides for informed consent and adequate safety
11 monitoring.

12 Finally, we do not recommend that
13 domperidone at any dose be placed on the list of
14 bulk substances that can be used to compound under
15 Section 503A of the FD&C Act. Thank you.

16 **Clarifying Questions**

17 DR. VENITZ: Thank you, Dr. Sewell,
18 Dr. McKinney, and Dr. Rajpal.

19 We now have time for some clarifying
20 questions by the committee. Dr. DiGiovanna?

21 DR. DIGIOVANNA: John DiGiovanna. Could you
22 tell us a little bit more about the expanded access

1 IND? How does that actually happen? How does a
2 physician request it? Who pays for it? Is it
3 difficult to do? Is it available across the U.S.?
4 Are people who would want to prescribe it aware of
5 it?

6 DR. RAJPAL: There's a standard protocol
7 that's available on the FDA website where it gives
8 instructions on how to apply for an IND, for an
9 expanded access IND. And it's pretty much
10 standardized. So it's available for any physician
11 based on the diseases we have listed, the
12 refractory GI conditions now on patients 12 years
13 of age and older.

14 DR. DIGIOVANNA: So it's something that an
15 individual physician needs to look at the FDA
16 website to determine that it's available, and then
17 actually put together an IND form, and IND package?
18 It's not something that's there and they can just
19 sign onto and they're told, you do A, B, C, and D,
20 and you get it; they have to actually submit
21 paperwork as an IND?

22 DR. RAJPAL: It's a standardized form. So

1 there's just portions to complete, that the
2 physician has to complete.

3 DR. VENITZ: The information that's required
4 is about the patient and the physician. The
5 physician doesn't actually file for the IND; they
6 are just working under the purview of an IND? I
7 think that's the question that Dr. DiGiovanna had.

8 DR. DIGIOVANNA: Yes. How difficult is it
9 for someone to do it, and what do they actually
10 have to do to do it? How much? Is it one page?
11 Is it a hundred pages?

12 DR. RAJPAL: It's a two-page IND. It would
13 be a new IND.

14 DR. VENITZ: Can I ask a follow-up? Do you
15 know how many patients are actually enrolled in
16 that program?

17 MS. AXELRAD: I don't think we're allowed to
18 disclose that. We were told there's disclosure
19 issues associated with INDs and expanded access
20 protocols, and I don't believe that we're allowed
21 to talk about how many.

22 DR. VENITZ: You're not allowed to disclose?

1 MS. AXELRAD: Yes. It's confidential
2 information. We're not allowed to talk about INDs
3 and numbers associated with it. I know.

4 DR. BRAUNSTEIN: I Googled this. Right? So
5 it comes right up. And the FDA's program says what
6 you need to do. But unfortunately, there's no
7 forms online. You have to send an email to the
8 Division of Drug Information to request the packet.

9 So we don't really know and we're not able
10 to evaluate at this committee what actually is
11 involved. So that's what's available that I could
12 find online, just doing a quick search.

13 DR. VENITZ: Dr. Davidson?

14 MS. DAVIDSON: There was also a public
15 comment from a physician who was aware of this IND
16 program and was very willing to use it, was offered
17 that option by FDA. But he raised the difficulties
18 of finding access to an internal review board in
19 his particular private practice setting.

20 I believe that came up in our first meeting
21 in February as well, is the lack of availability of
22 IRBs outside of hospital systems and universities.

1 And that still concerns me, that that might be a
2 roadblock to patients getting this through the IND
3 program.

4 DR. VENITZ: Go ahead.

5 DR. KORVICK: I'm Dr. Korvick. I'm the
6 deputy for safety for the Division of
7 Gastroenterology and Inborn Errors Products. And
8 you're correct. The individual physician can apply
9 for an IND, and they would contact the FDA the way
10 anyone who would want to initiate an IND would do.

11 We have paperwork that we have made for
12 practicing clinicians who can -- it can expedite
13 the process so that they don't have to develop a
14 whole protocol and certain various other things.
15 So we don't put that on the website, but we do
16 freely give it out to any physician who would call
17 to have that particular protocol given to them.

18 Then we do have to do our due diligence in
19 exchanging information between our clinicians and
20 the doctor who wants to prescribe this for a set
21 indication. So we do the usual things that we do
22 for INDs, but we try to facilitate that.

1 MS. AXELRAD: Dr. Korvick, can you address
2 the IRB question?

3 DR. KORVICK: I think that these issues are
4 brought up for every IND that some physician wants
5 to do out there. So these are not uncommon to
6 other areas of practice. I don't know what to say
7 beyond that. We don't have an IRB. We do? We
8 don't?

9 MS. AXELRAD: If they don't live in a place
10 where there is an IRB that they can go to, what do
11 we tell them to do?

12 DR. KORVICK: Anil?

13 DR. RAJPAL: Yes. I just pulled up our
14 forms, and it does say on there that if IRB
15 review -- it gives instructions on how to get IRB
16 review. And it says if IRB review cannot be
17 accomplished, it directs them to contact the FDA
18 Human Subject Protection Branch.

19 DR. KORVICK: So again, we can try to help
20 facilitate that issue if they're working with us.
21 We also have individual patient INDs under this
22 program, or there are physicians who apply to

1 enroll multiple patients if they have a clinic that
2 has more than one patient.

3 DR. VENITZ: Dr. DiGiovanna?

4 DR. DIGIOVANNA: So this then would be
5 considered a research activity, I would gather, if
6 an IRB is required, which means that if I were to
7 want to use it, which I wouldn't because it's
8 outside of my purview, but then my institution, I
9 would have to write a protocol for my institution
10 to go to the IRB to use it and then, in addition,
11 to have that paperwork.

12 So it sounds like it is not just a matter of
13 filling out one page. I'm just trying to get a
14 sense as to understand the simplicity or lack
15 thereof of what's involved with it.

16 DR. RAJPAL: The protocol's just a few
17 pages, and I think it has all the inclusion and
18 exclusion criteria standardized. And the most
19 important thing about the assessment and
20 monitoring, in terms of EKGs, it goes into detail.
21 We did include that as an attachment.

22 DR. VENITZ: Dr. Braunstein?

1 DR. BRAUNSTEIN: Other than, of course, the
2 safety reports, 15 days and things of that nature,
3 what are the other reporting requirements that a
4 physician would have? I'm in industry, so we do
5 this stuff all the time. But I don't know about
6 what kind of burdens we have on an individual
7 physician. So I'm just asking this, trying to find
8 out for the committee.

9 DR. RAJPAL: Well, I believe there's annual
10 reports are required. And in addition to that, I
11 would have to ask what's required.

12 DR. BRAUNSTEIN: But for something like one
13 or two patients, would they simply tell you what's
14 going on with the patients, what's been the
15 experience? Have you made this easy enough so that
16 a practicing physician -- I'm trying to find out
17 how easy you're making this for a practicing
18 physician. I'm hoping it's easy. That would
19 be --

20 DR. RAJPAL: Well, I think it's standard for
21 any IND. But mainly, the protocol is standardized.
22 And in terms of the reporting requirements, I

1 believe they're the same as for any IND in terms of
2 reporting serious adverse events and giving email
3 reports.

4 DR. KORVICK: This is Dr. Korvick again. I
5 would just say your question about how easy it is
6 for a practicing physician is a very difficult
7 question to ask, depending on the type of practice
8 that they run, et cetera and so forth.

9 The steps that we've taken under this IND
10 are to help to provide them with basic components
11 of what they would need to submit to us so that
12 they are not de novo looking for an IRB. They're
13 not de novo creating a protocol under which that
14 they would use to treat the patient.

15 So is it more work than they would do if
16 they were writing a script? It is more work.
17 However, we try to work with the physicians to do
18 this. And this is an IND, and what that implies is
19 that this is a drug that's not approved in the
20 United States and it's being used under
21 "experimental" conditions, which is why we have a
22 protocol.

1 DR. SEWELL: Dr. Carome?

2 DR. CAROME: A comment and question. I
3 don't think it should be easy to get an
4 experimental drug like this with the toxicity it
5 has. So I think it's appropriate that there are
6 certain thresholds that someone has to get over in
7 order to prescribe this dangerous drug.

8 Could FDA explain, how do the preclinical
9 and clinical data set for the QT prolongation
10 toxicity seen with this drug compare to the drugs
11 that have been withdrawn from the market for the
12 same reason?

13 DR. NGUYEN: As you can see from the
14 nonclinical evidence, it's pretty clear that there
15 is an established mechanism that explains the
16 drug's pharmacologic effect. So while I can't
17 really compare it to another drug, I think, on its
18 own, certainly it's convincing evidence.

19 As for the clinical evidence, again, we
20 didn't undertake a comparative review. But I'd
21 like to point out, for a drug that's unapproved,
22 any case of Torsades is impressive. So I hope that

1 answers your question.

2 DR. VENITZ: Dr. Wall?

3 DR. WALL: Two questions. One, there was a
4 mention about a drug interaction list. Can you
5 tell me, does that go just to the physician? Does
6 it go to the patient? Is it to go for the patient
7 to give to all their pharmacies? How in the real
8 world is this list being implemented to make it
9 safe for this patient?

10 DR. RAJPAL: Again, it's part of the
11 domperidone packet that's sent to the physicians
12 when they are applying for the IND. So they're
13 made aware of all the drug interactions as they
14 submit the protocol.

15 DR. WALL: But is there any guidance to say
16 you need to make sure that the patients give it to
17 their pharmacies? Because --

18 DR. RAJPAL: Yes.

19 DR. WALL: -- doing enough med histories, I
20 know that these folks don't necessarily get an
21 accurate history. It needs to be out there in a
22 live document.

1 DR. RAJPAL: Okay. Yes. I'm sorry. I
2 forgot to mention that there's also an informed
3 consent where all this information will be given to
4 patients.

5 DR. WALL: Then the patient signs off on the
6 informed consent?

7 DR. RAJPAL: Yes.

8 DR. WALL: And secondarily, as I was reading
9 some of the letters, some of the patients had
10 commented that I believe -- is this a tablet that
11 comes from this facility? It's like there's one
12 product, I think, that comes. Isn't there one
13 pharmacy that's allowed to dispense it within the
14 U.S.?

15 MS. AXELRAD: I think she's asking about the
16 nature of the manufactured product that comes from
17 the two facilities, one in Canada and one in the
18 U.K. She's asking what it is.

19 DR. WALL: Right.

20 DR. NGUYEN: It is an R [ph] tablet.

21 DR. WALL: And it comes from a pharmacy in
22 Texas. Correct? I believe?

1 DR. NGUYEN: Correct. As a manufactured
2 product, as a, you know --

3 DR. WALL: Is there any flexibility within
4 this protocol for that tablet to be made into
5 suspensions or into something else that may make it
6 more palatable or appropriate for patients? Or is
7 it you have to use this tablet or nothing?

8 DR. NGUYEN: I'll let Dr. Rajpal speak to
9 the protocol. But just to allude to your point, do
10 we say, go ahead and crush a tablet and put it in a
11 liquid? We certainly wouldn't do that just for the
12 very reason that we don't know the QT behavior of
13 this drug if you changed its formulation somehow
14 such that the exposures could be changed.

15 So for a drug with this sort of safety risk,
16 one has to be very careful in terms of you break it
17 up, you chew it, or change it in its form.

18 DR. RAJPAL: As far as I know, it's
19 available as a tablet, and the dosing is allowed in
20 the protocols between 10 and 30, 4 times a day, 10
21 to 30 milligrams 4 times a day.

22 DR. WALL: With the new information about

1 decreasing the dose, is there a look at that
2 protocol to decrease that 30 milligrams 4 times a
3 day?

4 DR. RAJPAL: I'm sorry?

5 DR. WALL: Didn't we receive information
6 that there's new dosing guidelines, that maybe the
7 30 4 times a day was too high? Is there any
8 discussion to decrease that dosing down in that
9 protocol? Just curious.

10 DR. KORVICK: This is Dr. Korvick again. I
11 think that we try to work with the individual
12 physicians to address the patient's needs. And you
13 said that you got letters, and I guess they're
14 complaining about the size of the tablet or --

15 DR. WALL: These were the letters FDA had
16 sent to us.

17 DR. KORVICK: Oh, all right.

18 DR. WALL: Patient letters about
19 having -- that dosage form wasn't necessarily
20 compatible with them.

21 DR. KORVICK: We try to work with our
22 individual patients to see what we can do for them.

1 Again, these are pre-manufactured, similar to
2 things that are dispensed in Canada and Europe.
3 And that's what's available on the market.

4 Certainly under an IND we might be able to
5 work with a patient to see if it was appropriate to
6 cut the pill in half or whatever we would have to
7 do. So under the auspices of an IND on an
8 individual case-by-case basis, we might look into
9 that, depending on the patient need.

10 DR. VENITZ: Let me just point out to the
11 committee, on page 426 of the document that we got,
12 the briefing document, it is pretty specifically
13 outlining the activities that are involved in
14 enrolling a patient, screening for drug
15 interactions, EKGs, and so on. So you might want
16 to look at it.

17 But Dr. Vaida, you had a question?

18 DR. VAIDA: Yes. In the few written
19 comments that we had, and I don't know what the
20 public hearing -- it seems like the use that's
21 really being requested is for gastroparesis. But
22 yet it seems like the EMA restricted it to nausea

1 and vomiting.

2 Is Canada also -- now, again, once a drug's
3 available, you could use it for anything. But the
4 availability in Canada or the other countries, is
5 that restricted for a certain indication or
6 recommended for a certain indication only?

7 I'm just a little -- it seems like the use
8 here in the comments are for -- like the only drug
9 available is metoclopramide for that condition,
10 whereas for nausea and vomiting, we have many drugs
11 available. So that's where I'm just a little
12 questioning. In the other countries, is it
13 restricted for use?

14 DR. KORVICK: I think it's interesting, and
15 my colleagues have talked about the European review
16 of the product, and they had previously approved it
17 in various countries for various indications. The
18 drug is not approved in this country, and we would
19 need an NDA to be submitted to show proof of safety
20 and effectiveness.

21 One could look at the spectrum of GI
22 diseases around this, which would include

1 dysmotility, functional gastromotility issues. And
2 so then when we look at this, we see it in that
3 light. And there are other drugs that we have to
4 treat simple nausea and vomiting. I don't know if
5 that answers your question.

6 DR. VENITZ: Any other questions?

7 (No response.)

8 DR. VENITZ: Then I just wanted to confirm
9 that on one of your slides, you pointed out there's
10 only one alternative treatment available in the
11 United States that's approved for gastroparesis,
12 and that is metoclopramide. Is that correct?

13 DR. RAJPAL: That's correct.

14 DR. VENITZ: Okay. Any other questions by
15 the committee?

16 (No response.)

17 DR. VENITZ: Any questions from our
18 committee members on the phone?

19 DR. CHANG: Yes. This is Lin Chang. I just
20 wanted to make a comment. I'm a
21 gastroenterologist, and I take care of patients
22 with chronic GI conditions. And I just wanted to

1 make a clarification on one of the questions.

2 Gastroparesis is a chronic condition, as
3 everybody knows. For nausea and vomiting, we
4 really have options, like ondansetron, for example.
5 Domperidone has been -- the efficacy has been
6 assessed in chronic upper gastrointestinal
7 disorders. So the patients with chronic nausea or
8 chronic nausea and vomiting would be more likely
9 gastroparesis or functional dyspepsia, which is an
10 overlap with gastroparesis.

11 So even though there may be alternatives to
12 just strictly nausea and vomiting, they're not
13 necessarily efficacious treatments for patients
14 with gastroparesis and functional dyspepsia, which
15 are probably the more common causes of chronic
16 nausea and vomiting in the patient population.

17 DR. VENITZ: Thank you, Dr. Chang.

18 Any final questions?

19 (No response.)

20 DR. VENITZ: Okay. Then let's move to the
21 nominator presentations. We have two presentations
22 on domperidone. The first presentation is by

1 Dr. A.J. Day from PCCA. Dr. Day?

2 **Nominator Presentation - A.J. Day**

3 DR. DAY: Good afternoon. My name is A.J.
4 Day. I'm with PCCA out of Houston, Texas. We
5 don't actually have a financial disclosure on this.
6 We provide domperidone for use in animal medicine
7 at this point.

8 So the FDA's presentation on domperidone was
9 quite lengthy. It provided a lot of detail. So I
10 won't spend a lot of time getting into as much
11 detail so that we can focus on what the concerns
12 are that have already been coming from the
13 discussion.

14 A little bit of background. We know that
15 it's a dopamine-2 receptor antagonist. We know
16 that it is inhibiting dopamine, mostly
17 peripherally, but also in the chemoreceptor trigger
18 zone. It does not cross the blood/brain barrier as
19 readily as metoclopramide, and due to that, you do
20 see a reduced incidence of extrapyramidal side
21 effects compared to metoclopramide.

22 It is commercially available in 112

1 countries around the world. The common trade name
2 that is found is Motilium. There are many other
3 commercial names, and it's been marketed worldwide
4 since 1978.

5 Now, we've got about 37 years of history on
6 this substance, and there's some good and bad with
7 it. Right? So we know a lot about its physical,
8 chemical, and clinical characterizations. As a
9 result of that, we've had a lot of time to analyze
10 some of these warts that we see with it.

11 The FDA has done a really good job at honing
12 in on the biggest wart and the one that we need to
13 be concerned about. So let's take a little bit of
14 a look into domperidone and its clinical use and
15 how we see it used in the United States, as well as
16 some of the clinical studies.

17 First, the American College of
18 Gastroenterology does recommend the use of
19 domperidone as second-line therapy. First line is
20 metoclopramide, as it should be, and when patients
21 are refractory to metoclopramide or when the side
22 effect profile of metoclopramide is intolerable,

1 then they move to domperidone. This is in the
2 current recommendations from the American College
3 of Gastroenterology.

4 Now, let's look at some of the nonclinical
5 cardiac studies that were presented by FDA from the
6 FDA briefing document. We see that in the study
7 that looked at the effective dose causing the
8 cardiac parameter effects. We see that the dosing
9 is on the scale of 30 to 100 nanomolar.

10 This is important because in that same
11 study, they do also acknowledge the -- and what
12 they find in the clinical evidence is that the
13 systemic human studies show that doses are
14 between -- or, excuse me, concentrations are in the
15 range of 3 to 19 nanomolar, significantly lower
16 than what is reported in the animal study, in the
17 nonclinical cardiac studies.

18 The commentary on Sugiyama -- this article
19 is from the British Journal of Pharmacology in
20 2008 -- talked about predictive animal models, and
21 of course acknowledging that however close they
22 look, those extrapolations from the drug's effects

1 and those predictive animal models and in vitro
2 models is difficult even when the concentrations
3 are similar between patients' plasma and perfusion
4 solutions. So these predictive models that we
5 looked at in the previous slide are not always
6 perfect or even all that accurate.

7 So let's jump forward to what is the actual
8 risk of ventricular arrhythmias and sudden cardiac
9 death. This is the most publicized concern. This
10 is where we've spent most of our discussion, and
11 the FDA did spend a lot of time.

12 We know that there have been some recent
13 studies that were epidemiologic studies, case
14 control studies, nested case control studies. And
15 as a result of some of these publications, the
16 guidelines within Europe, U.K., and recently in
17 Canada have been amended.

18 So let's put that safety in perspective.
19 What is the real risk of the QT prolongation and
20 Torsades? This is again from Clinical
21 Pharmacology. These are the medications that have
22 gone through our approval process that have both

1 the risk of QT prolongation as well as Torsades.
2 These are all of the medications that we have on
3 the market right now with that risk.

4 If we remove the "and" comment, these are
5 the medications that have just the risk of QT
6 prolongation. When we saw the list potential
7 interactions or likely interactions that the FDA
8 put up with regards to domperidone, it's because
9 you don't want to give it with medications that
10 will increase your risk of QT prolongation.

11 This is not a full list. I couldn't fit
12 it all onto the slides. So here we have a few
13 screenshots where it's already smushed together of
14 the medications we use today. And erythromycin as
15 being one of the medications that's suggested for
16 use in gastroparesis, is on this list for causing
17 QT prolongation. Amoxicillin. Amitriptyline.
18 Quinine. The list goes on. It is quite extensive.

19 It brings into perspective why there are so
20 many potential interactions because we're already
21 dealing with these medications on a regular basis.
22 Sulfamethoxazole/trimethoprim. How many doses of

1 that do we see in the clinical and in a community
2 setting?

3 So there are a number of data points that
4 have been published and that have been referenced
5 in the FDA's briefing information. Here we have
6 the article by Vieira about effects of domperidone
7 on QTc interval in infants. So the range of these
8 patients were 0 to 1 year; 45 infants were
9 enrolled. And here we have another study that
10 looked at effect of domperidone on QTc interval in
11 premature infants.

12 In this first study, we see that of the
13 45 infants, there were no significant changes in
14 QTc interval noted. There were two infants, both
15 boys -- and as FDA pointed out, the incidence is
16 more likely in females -- and they had QTc
17 prolongation without symptoms.

18 In the premature infants, they noted
19 that -- cautiously and modest. So our experience
20 suggests that domperidone administered cautiously
21 and modest doses does not result in arrhythmias or
22 conduction defects in premature infants

1 statistically.

2 So let's look at the domperidone with
3 regards to ventricular arrhythmias and sudden
4 cardiac death. Now, these are the two primary
5 studies that were on a larger scale that led to the
6 reclassification in Europe, U.K., and Canada.

7 Highlights of the Van Noord study, there
8 were 1,366 patients in the database that were
9 identified, 14,114 controls; 95 percent had sudden
10 cardiac death, and the 5 percent had sudden
11 ventricular arrhythmias.

12 None of the users of domperidone had the
13 SVA. Ninety-two percent of patients with sudden
14 cardiac death did not use domperidone, 7 percent
15 were past users, and 0.8 percent were current
16 users. The researchers determined no statistically
17 significant risk with past users, but there was
18 increased risk with current users on doses greater
19 than 30 milligrams. However, the number of
20 patients that were part of that group was too small
21 to make broad-based conclusions.

22 Now, here we have the chart from that

1 article, so we're talking about the dose where
2 patients were on greater than 30 milligrams. What
3 the conclusion was from that study had 4 cases out
4 of 1,304. That's pretty significant to note, that
5 there were only 4 cases where they were on that
6 dose where they experienced sudden cardiac death.

7 The risk of sudden cardiac death and
8 nonfatal ventricular arrhythmia, again, out of
9 1,366 patients, there were 4. And that is the only
10 group where the data reached statistical
11 significance.

12 So some of the limitations of this study,
13 there were significant differences in baseline
14 characteristics for the patients. This does limit
15 the external validity as well as our ability to
16 extrapolate to broader populations.

17 The mean age was 72.5 years, and the
18 patients all had high frequency of cardiovascular
19 comorbidities at baseline. So we know that we're
20 starting with a very high-risk patient population
21 for cardiac issues. It is not surprising that this
22 data can then not be extrapolated to all age groups

1 and all users.

2 The study participants were significantly
3 older at baseline. Again, the study acknowledges
4 65 and older, with multiple cardiovascular-
5 associated comorbidities. No associations can be
6 made between domperidone use and the risk of
7 nonfatal VA based on the results of this study.

8 Then we have the second study with Johannes,
9 the combined risk of SVA/SCD in the cohort of users
10 of domperidone. Evaluated combined risk of SVA and
11 SCD in past and current users of domperidone. So
12 they looked at current, past, and non-users who
13 died, and did they have an SVA or from combined
14 SVA/SCD as a combined outcome.

15 They excluded the patients with cancer,
16 deaths of hospital inpatients, deaths from
17 noncardiac causes. They did have confounding
18 variables that were identified by the authors, and
19 they did do adjustments, and there's statistical
20 analysis.

21 There were no significant increases in
22 SVA/SCD in past users, and in current users,

1 10 percent had SVA/SCD. However, a significant
2 limitation here is they did not mention any doses.
3 No doses of domperidone were revealed for any of
4 these patients.

5 So we cannot make any conclusions as to the
6 specific risk imparted by the domperidone apart
7 from there is a risk. We know the mechanism.
8 There is a risk. We're not denying that, but the
9 scope of that risk, what is the scale of that risk,
10 is what we have to keep in mind. As we know, the
11 QT prolongation mechanism, so many of our other
12 medications utilize that.

13 So here we have the chart from the study
14 that specifically looked at what were those
15 confounding variables? What are those medical
16 conditions? 3.3 percent had cardiomyopathy, but
17 35 percent of those patients had heart failure;
18 37.4 percent had ischemic heart disease; 25 percent
19 had hypertension.

20 So in their results, when we look at no
21 exposure to the drug, we had 740 patients; past
22 exposure, 168 patients; current exposure, 169

1 patients. And looking at the current exposure to
2 domperidone, greater than 60 years, that is the
3 group where you read statistical significance.

4 So our mean age in this study was greater
5 than in the Van Noord study. We have 79.4 years.
6 The use of SVA/SCD is a composite endpoint, and no
7 doses were mentioned.

8 Now, nested studies is another issue about
9 the study design. These do tend to decrease the
10 power of the study, and it increases the chance of
11 type 2 errors.

12 Another point is the wide range for the
13 95 percent confidence intervals, which means you
14 have wide variation from one patient. So as I go
15 back to this slide, your distance from one standard
16 deviation from the norm is quite broad, indicating
17 not consistent results from your patient outcomes.

18 So the alternatives to domperidone, the FDA
19 does point out that the recommended alternative is
20 metoclopramide. However, in their briefing
21 information, they talk about the boxed warning for
22 tardive dyskinesia and that it is often permanent.

1 Metoclopramide. We talked a lot about the
2 EMA recommendations and how they've changed their
3 guidelines on domperidone. Well, they've also
4 changed their guidelines on metoclopramide, and
5 they're even more restrictive than you would find
6 for domperidone.

7 So they looked at safety concerns over the
8 side effects and concerns over efficacy for nausea
9 and vomiting, and what the EUMA analysis confirmed
10 were the well-known risks of the neurological
11 effects that increase with long-term therapy.

12 So this analysis also uncovered very rare
13 cases of serious effects on the heart or
14 circulation. The EUMA recommendations now have
15 changed metoclopramide to be prescribed for short-
16 term use only up to 5 days, not to be used in
17 children below 1 year of age at all, and in
18 children from age 1 to 18 years of age, only
19 second-line therapy. And metoclopramide-
20 recommended maximum doses in adults should be
21 restricted as well.

22 Now, to analyze the FAERS data, we didn't

1 have time. The turnaround time to get the
2 information is greater than a month, and we had
3 about two and a half, three weeks between receiving
4 the briefing information and here today.

5 Fortunately for us, we had access readily to
6 Health Canada's data, and we know that there is a
7 manufactured product that is commercially available
8 in Canada. So we checked out the data in Canada.
9 We looked specifically at serious events, and there
10 were 133 reported serious events with domperidone
11 between 1985 and 2014. The date range is broader
12 than that; however, the actual dates of the events
13 were between 1985 and 2014, which is, on average,
14 4.6 serious events per year.

15 Of those, only one was a death, which has a
16 percentage of 0.75 percent. Twelve were life-
17 threatening. And of those 12, patients were on
18 several medications that contribute to QTc issues.
19 As we saw, the list of the medications we use
20 commonly is extensive.

21 One patient had 29 concomitant medications
22 and a pacemaker. Eleven of those 12 patients were

1 on a minimum of six medications. Only one of those
2 12 had two medications, lorazepam and
3 phenobarbital.

4 Now, we compare that to the same search
5 within the Health Canada database for
6 metoclopramide. Between 1994 and 2014, we had 122
7 events, which gives us an average of 5.8 events per
8 year. Fifteen of those were deaths. That's a
9 12.3 percent incidence rate. Seven were life-
10 threatening.

11 When we look at the side effect profile
12 specific to metoclopramide, as we discussed
13 earlier, there is a black box warning for tardive
14 dyskinesia. It is often permanent. It is
15 irreversible in many patients. It does include a
16 number of other cardiac and CNS side effects in
17 addition to that.

18 Now, when we looked at the FDA's
19 presentation and they talked about the trial that
20 examined metoclopramide versus domperidone and the
21 TSS, they talked about that the reductions appeared
22 to be similar; however, it did not meet the current

1 recommendations for evaluation by FDA.

2 Well, the evaluation by FDA that they're
3 looking at here, which is the noninferiority basis,
4 is in draft form, published 2015. This is a copy
5 and paste from the FDA's briefing information.
6 That study was conducted in 1999, so I did not
7 expect it to meet today's standard.

8 Domperidone risk to infants. As we said in
9 the FDA's presentation, we have to be aware of what
10 are we risking if the mother is nursing the infant
11 and exposure to the infant, where are we leaving
12 that safety profile?

13 So this is a randomized, controlled trial,
14 placebo-controlled. Domperidone was given as
15 20 milligrams as a single dose. They noted that in
16 the analysis of the milk, 2 hours post-dose,
17 0.24 nanograms per milliliter, and in 4 hours
18 post-dose, there was 1.1 nanograms per milliliter
19 found in the breast milk.

20 The authors of that study then compared
21 those results to another study that used
22 metoclopramide, 10 milligrams as a single dose.

1 That study resulted in 125.7 nanograms per
2 milliliter 2 hours post-dose. They did not do
3 another 4-hour analysis.

4 The authors of this first study also
5 compared it to a third study that looked at
6 domperidone, 8 milligrams 3 times a day, and they
7 found 2.6 nanograms per milliliter in the breast
8 milk.

9 So the metoclopramide level that was found
10 in the breast milk, when you compare those two
11 studies, was 500 times greater than domperidone.
12 Now, this was comparing one study to another, so
13 that is a weakness of this comparison.

14 However, we do know that metoclopramide
15 carries a larger risk due to the irreversible side
16 effects and its ability to cross the blood/brain
17 barrier much more readily than domperidone.

18 So when we look at that Q 8-hour dosing, we
19 notice that there was a higher concentration of
20 domperidone found in the breast milk, 2.6 nanograms
21 per milliliter. That equates to 6.1 nanomolar.

22 Now, the package insert from the approved

1 products found worldwide give us that there is 13
2 to 17 percent oral bioavailability. So if we
3 estimate at the highest end of that range at
4 17 percent oral bioavailability, that's
5 0.442 nanograms per milliliter, or 1.037 nanomolar,
6 potential serum levels in the infants.

7 So what is the amount of domperidone that
8 we're really exposing that infant to? Well, it's
9 calculated that there's 1.037 nanomolar. And if we
10 go back to the study, the nonclinical study, animal
11 data, we're looking at doses around 30 to, more
12 commonly, 100 nanomolars to create those cardiac
13 side effects.

14 Again, I'm not denying that there is a risk.
15 The mechanism is clearly outlined. But what is the
16 scope of that risk? And what can we do to protect
17 our patients and appropriately screen our patients
18 to ensure that we're minimizing that risk?

19 Now, the FDA does also talk about the effect
20 on prolactin. They mention the study by Brouwers,
21 where they found 150 to 600 percent increases from
22 baseline on prolactin. What they did not mention

1 is from that same article, metoclopramide raised
2 prolactin levels even more than domperidone. And
3 that's what you're seeing on that screenshot on the
4 bottom. Metoclopramide raised it from a lower
5 baseline to a higher final number, 7.4 to 124.1
6 nanograms per milliliter.

7 This is data from the Australian government
8 showing the propensity or the utilization of
9 domperidone. The most recent data that we could
10 get was from 2010 and 2011. You can see that the
11 number of prescriptions is fairly consistent with
12 population increase. So in 2011, there are about
13 365,000 prescriptions for domperidone written.
14 That's not doses, but that's prescriptions written.

15 Here we have the package insert for the
16 product, Motilium in Australia. They do indicate
17 short-term treatment of adults, specific for
18 idiopathic or diabetic gastroparesis. And they
19 talk about the attempt to discontinue the Motilium.
20 They talk about contraindications, including the
21 hypersensitivity, the prolactin issues, as well as
22 the number of potential drug interactions and QTc

1 concerns.

2 They go on to specifically address in more
3 detail the cardiac effects and the information from
4 those recent studies that led to some of the
5 reclassifications in Europe. They explain, what
6 are the incidence? Approximately 4 per 1,000 per
7 year, compared with no use of medication.

8 The risk is increased in patients aged over
9 60 or who have cardiac disease or diabetes. And
10 this risk is also increased with Motilium doses
11 greater than 30 milligrams, and when taken in
12 combination with medications that prolong the QT
13 interval. So their recommendation is use this in
14 caution in older patients or those with current or
15 a history of cardiac disease.

16 So the conclusion that I have here is that
17 domperidone is a widely utilized medication. Vast
18 global availability, 37 years of clinical use in
19 112 countries. We know that the experts in
20 gastroenterology have determined a need for this
21 medication. It's part of their guidelines.

22 It has been compounded extensively. We

1 know that there are fewer CNS side effects versus
2 metoclopramide, and that there have actually been
3 millions of doses prepared prior to the passage of
4 DQSA, H.R. 3204.

5 There are some safety concerns at higher
6 doses, particularly with other medications
7 affecting cardiac rhythm. So clinical studies that
8 have been presented to elicit what that risk is
9 have multiple methodology flaws, and so those
10 conclusions cannot be extrapolated to larger
11 patient populations. However, the overwhelming
12 body of evidence does point towards safety. The
13 number of adverse effects from those clinical
14 studies does not reach significance.

15 Now, on May 11, 2015, five months ago, in
16 this room, the FDA held a public meeting on
17 functional GI disorders. I happened to be in town
18 for another meeting, so I joined in at that time.

19 The FDA was interested in the impact of
20 functional GI disorders on daily life and patients'
21 views on currently available therapies to treat
22 those disorders. This is something that was

1 patient-centric.

2 Several patients spoke to the importance of
3 access to domperidone. The age of those patients
4 was well below 50 years old, i.e., it does not
5 apply to the studies that were presented. And they
6 did talk a lot about the snowball effect of
7 gastroparesis on other aspects of overall health.

8 Now, as part of that meeting to assess the
9 currently available therapy, the FDA did ask
10 several survey questions. One of the questions
11 that they asked of those patients was, of the
12 medications that currently you have experience
13 with, where are you finding relief?

14 Eighty percent of the respondents indicated
15 proton pump inhibitors. Seventy percent indicated
16 other. Obviously, they answered for all that they
17 have experience with. Sixty-five percent indicated
18 domperidone. Fifty percent indicated
19 metoclopramide.

20 One patient spoke about her specific story,
21 saying that, "I cannot get a doctor to prescribe
22 domperidone even when I was hospitalized in Johns

1 Hopkins Clinic. My treating physician told me to
2 just get it from Canada because it's easier than
3 dealing with the FDA's IND process. I couldn't go
4 to Canada. I was laying in a hospital bed. My
5 mother had to go and find a compounding pharmacist
6 and a physician who would write for it because I
7 was refractory to Reglan." This was a high school
8 student.

9 The FDA has been requested to submit some
10 information by two congressmen, Congressmen Scott
11 and Carter, on the number of IND applications that
12 have been submitted, the number that have been
13 denied versus the number that have been approved,
14 the number of adverse events that have been
15 reported from those. The request had a deadline
16 requested date of September 15th. And to date, as
17 of this morning, those congressmen have not
18 received a response from FDA.

19 I'd like to remind the group of two other
20 quick points. There is a BP monograph, British
21 Pharmacopoeia, a European Pharmacopoeia monograph
22 for this substance, as well as back when FDAMA was

1 first passed in 1997, PCCA did nominate domperidone
2 for inclusion on the positive list. And again, we
3 have received no response until this meeting about
4 the consideration of domperidone.

5 The American Academy of Pediatricians since
6 2001 has classified domperidone as compatible with
7 breastfeeding. They have made no changes to that
8 recommendation despite FDA's warnings in 2004 and
9 2012.

10 And as FDA pointed out, there is a study
11 published this year, 2015, that was a randomized
12 clinical trial using real-world dosing of what is
13 approved in the labeled products showing no impact
14 on QTc effects when used appropriately. Thank you.

15 DR. VENITZ: Thank you, Dr. Day.

16 Our next presenter is Dr. Moon from NCPA.

17 **Nominator Presentation - Richard Moon**

18 DR. MOON: Hello again. For those of you
19 who weren't here yesterday, I'm Richard Moon. A.J.
20 did a great job on the science and the studies, so
21 obviously I'm going to address what happens for us
22 on the front lines again.

1 Every month, my team fields requests from
2 physicians to consider dispensing domperidone for a
3 GI patient. Every month, we have to say no. The
4 FDA will not allow us to dispense domperidone even
5 though there is an animal approval for the
6 medication, and every month prescribers and
7 patients look for an alternate source for the
8 medication.

9 Prescribers are aware of the side effects of
10 domperidone and the other agents that affect the
11 heart's sinus rhythm. If prescribers had none of
12 those agents available to them, they would not be
13 able to care for any people.

14 If we did not accept a level of side
15 effects, we would have no chemo agents available to
16 us. We would have no pain agents. We would have
17 nothing. And the reality is, every drug is a
18 poison at a certain dose. Even water can be fatal.

19 Domperidone is a superior medication for GI
20 motility and an important tool for the GI
21 prescribers. We understand that there are plenty
22 of FDA-approved nausea and vomiting medications

1 available to the public. There are, however, very
2 few medications that have the prokinetic effects on
3 gastric emptying that domperidone does.

4 Gastroparesis is a disorder that we've
5 talked about here, affecting people with both type
6 1 and type 2 diabetes, in which the stomach takes
7 too long to empty. It affects approximately
8 40 percent of the patients with type 1 and about
9 30 percent of the patients with type 2.

10 Gastroparesis has a significant effect on
11 the quality of life for these people. Other FDA-
12 approved medications with prokinetic effects are
13 metoclopramide and erythromycin, as we talked
14 about; they do not serve this population well,
15 especially giving an antibiotic for gastric
16 emptying.

17 The most feared, chronic metoclopramide, is
18 tardive dyskinesia, as we have addressed,
19 involuntary movements of the face, tongue, or
20 extremities. Domperidone has a better safety
21 profile, as we've outlined with this; no reported
22 cases of tardive dyskinesia.

1 When a patient fails FDA-approved
2 metoclopramide therapy due to side effects,
3 physicians go to domperidone. Often it's a life-
4 changing medication. This is significant.
5 Physicians need this tool in their arsenal to
6 improve the patients' quality of life, and that's
7 what we are here for, is for the patient. They
8 shouldn't have to go outside of this country to do
9 that.

10 As we all know, patients today are much more
11 sophisticated than they've ever been. The internet
12 has allowed a proliferation of information across
13 the globe to happen instantly. We just did a
14 Google search here today while we were in the
15 meeting for somebody, and when a Google search
16 turns up 300,000 hits in under a second, there's no
17 way to contain information.

18 Patients know that the medication is
19 available in other countries. Prescribers suggest
20 and patients seek domperidone. Because we have a
21 free flow of people and items into this country,
22 patients go to Canada to get the medication, or

1 they have friends in other countries smuggle it in
2 to them here.

3 This behavior cannot be controlled, and it
4 shouldn't be. If a patient and prescriber choose a
5 therapy that is a worldwide option, they should
6 have that choice. We would be better off if we
7 could dispense domperidone legally here so that
8 information can be on the medication profile of the
9 patient so that that is available for decision-
10 making processes when it's needed.

11 We are not protecting the public by not
12 allowing domperidone to be on the positive list.
13 We're just poking our heads in the sand and letting
14 the world go on around us.

15 We understand that there is some
16 manufactured controversy with domperidone and its
17 effectiveness. Tens of millions of doses of the
18 medication have been administered worldwide. We
19 also know that the IND process is available to
20 dispense this agent. The vast majority of
21 clinicians simply will not follow the IND process
22 when they can get the medicine elsewhere without

1 the extra headache, as was outlined by A.J.'s
2 story.

3 We are not asking for domperidone to be
4 available for nausea and vomiting properties or its
5 lactation properties. We feel strongly that it can
6 increase the quality of life of a large segment of
7 our population.

8 We would ask that the committee examine
9 domperidone from both the clinical view, a
10 worldwide view, and from the patient who suffers
11 and has to smuggle the medication into the country.
12 And we would ask that all the pharmacies that
13 compound be allowed to dispense domperidone, have
14 that option for the prescribers and the patients.
15 Thank you. Any questions?

16 **Clarifying Questions**

17 DR. VENITZ: Thank you.

18 Any clarifying questions for any of the two
19 speakers? Go ahead, Dr. Davidson.

20 MS. DAVIDSON: I have a question for A.J.
21 I'm finding the lack of denominators in all of
22 these figures and statistics very disturbing.

1 A.J., you've got the Health Canada data. Do we
2 have a denominator for how many scrips of
3 domperidone they have dispensed? I know 133 or
4 whatever the number was seems like a large number.
5 But we need to know what the denominator is.

6 Or, conversely, were you able to get the
7 adverse event rate in Australia? Because we do
8 have a denominator for that.

9 DR. DAY: Interestingly, the health systems
10 within those governments make different information
11 available at different rates. So in Australia, the
12 prescribing information is readily available. The
13 adverse effect information is not. In Canada, it's
14 vice versa, where the adverse effect information is
15 more widely available.

16 If we want specific prescribing information,
17 I was told that we could get something within a
18 more limited time frame, say one year, which does
19 not really give us the scope that we're looking
20 for. And still within that request, it would take
21 several months to get the information back as well
22 as at a significant fee. If that's something that

1 would be helpful to the committee, I can make that
2 request.

3 MS. DAVIDSON: Just generally, since we
4 can't know the number of how many patients are
5 using the legitimate IND process now -- that's
6 proprietary -- and we don't really know how many
7 patients are actually receiving domperidone through
8 compounding pharmacies outside of the IND
9 process -- and even if they are, where are they
10 getting it because of the import ban -- I'm just
11 really troubled by knowing how large the incidence
12 of need is for this drug in this country. If there
13 are gastroenterologists on the phone that can
14 comment, I'm really having trouble grasping what
15 the need is.

16 One last question to throw out there. Would
17 domperidone qualify for an emergency IND?

18 DR. VENITZ: Can you stick with the
19 presenters? We have time for general discussion.

20 So any more questions for Dr. Day or
21 Dr. Moon?

22 (No response.)

1 DR. VENITZ: What about our colleagues on
2 the phone? Any questions on your end?

3 DR. CHANG: No.

4 **Open Public Hearing**

5 DR. VENITZ: Okay, then. Thank you again
6 for your presentations.

7 We are now going to move to the open public
8 hearing, and I'll just read the statement into the
9 record.

10 Both the Food and Drug Administration and
11 the public believe in a transparent process for
12 information-gathering and decision-making. To
13 ensure such transparency at the open public hearing
14 session of the advisory committee meeting, FDA
15 believes that it is important to understand the
16 context of an individual's presentation.

17 For this reason, FDA encourages you, the
18 public hearing speaker, at the beginning of your
19 written or oral statement to advise the committee
20 of any financial relationship that you may have
21 with a product, and if known, its direct
22 competitors. For example, this financial

1 information may include the payment by a bulk drug
2 supplier or compounding pharmacy of your travel,
3 lodging, or other expenses in connection with your
4 attendance at the meeting.

5 Likewise, FDA encourages you at the
6 beginning of your statement to advise the committee
7 if you do not have any such financial
8 relationships. If you choose not to address this
9 issue of financial relationships at the beginning
10 of your statement, it will not preclude you from
11 speaking.

12 The FDA and this committee place great
13 importance on the open public hearing process. The
14 insights and comments provided can help the agency
15 and this committee in their consideration of the
16 issues before them.

17 That said, in many instances and for many
18 topics, there will be a variety of opinions. One
19 of our goals today is for this open public hearing
20 to be conducted in a fair and open way, where every
21 participant is listened to carefully and treated
22 with dignity, courtesy, and respect.

1 Therefore, please speak only when recognized
2 by the chair. Thank you for your cooperation.

3 I will ask our first open public hearing
4 speaker to step to the microphone, identify
5 yourself, make any disclosure statements, and give
6 your presentation.

7 DR. BIRNS: I'm Mark Birns. I'm a
8 gastroenterologist, and I have no disclosures or
9 financial conflicts.

10 Thank you for granting me the time to speak
11 before this distinguished panel at the FDA. My
12 purpose in presenting my experience and data with
13 the drug domperidone is that it serves to fulfill a
14 need in a category of treatment for multiple
15 difficult problems related to gastrointestinal
16 motility.

17 At the present time, there is really only
18 one drug available to use in that category, and
19 that is Reglan or metoclopramide, which has its own
20 set of issues, which have been brought to our
21 attention upon prescribing by FDA, the most
22 significant of which is tardive dyskinesia.

1 Propulsid or cisapride, a drug that had
2 similar promotility properties to domperidone, was
3 pulled from the American market in July of 2000
4 after being available for seven years.

5 There were 270 reported cases of cardiac
6 arrhythmias, including V-tach, of which 70 deaths,
7 although unequivocally, were felt to be
8 attributable to the drug, followed by class action
9 lawsuits and bashing from consumer-related advocacy
10 groups. Interestingly, very little about the
11 drug's side effects appeared in the medical
12 literature prior to its withdrawal.

13 My credentials to speak on behalf of
14 domperidone are as an experienced physician first
15 starting in academic medicine in the late 1970s as
16 assistant chief of gastroenterology at the Walter
17 Reed Army Medical Center and assistant professor of
18 medicine at USU, the Uniformed Services University,
19 and later in the 1980s at Georgetown University
20 Hospital.

21 I entered practice in the 1980s in
22 Rockville, and I remain the senior partner of the

1 Birns, Gloger, Witten & Bhinder division of Capital
2 Digestive Care. As our patients can attest, we are
3 busy, high-quality, aggressive, well-respected
4 gastroenterology practice.

5 Currently in my practice alone, speaking
6 about my patients, we have 46 patients that are
7 receiving ongoing refills for domperidone, ages 17
8 to 89, that are listed in the electronic medical
9 record.

10 However, since institution of the electronic
11 medical record by our practice in 2011, domperidone
12 is not a recognized drug in the e-prescribing
13 system, and thus cannot be prescribed by or
14 recorded in a document or a prescription drug list
15 from which this data was gleaned, except if entered
16 manually.

17 In fact, domperidone prescriptions in most
18 cases were handwritten, sometimes called in to
19 local compounding pharmacies, or sent to the
20 international prescription services, the correct
21 number of which cannot be accurately obtained
22 through the EMR but somehow numbers in the

1 hundreds, according to the medical assistants.
2 Local pharmacy data shows 434 prescriptions
3 of domperidone were filled, or approximately
4 87,000 doses, in 2014.

5 As I previously related, the history of
6 domperidone dates back to 1979, when it was
7 released as Motilin in Germany. And being at
8 Walter Reed, we were able to get the drug or have
9 soldiers returning from overseas who were on the
10 medication. It was a natural transition to using
11 it in private practice.

12 The drug was available in several forms over
13 the years, manufactured overseas by reputable
14 companies like McNeil, Johnson & Johnson,
15 GlaxoSmithKline, and Janssen, until 2014 when it
16 came under the scrutiny of the FDA. That is why
17 I'm appealing to let this medication be compounded
18 or dispensed since it has an unblemished track
19 record in our experience.

20 What is my take on domperidone? It is
21 efficacious on a variety of motility disorders that
22 are difficult to treat with conventional therapies.

1 These include gastroparesis, scleroderma back,
2 colonic inertia, intestinal pseudo-obstruction,
3 cyclical vomiting syndrome, hyperemesis gravidarum,
4 refractory reflux, presbyesophagus and esophageal
5 motility disorders, Parkinson's disease-induced
6 dysmotility, medication-induced alterations of
7 motility. I have had success in treating all of
8 the disorders above with domperidone.

9 But it is most rewarding for diabetic
10 gastroparesis, where it improves gastric emptying
11 and helps stabilize the wide fluctuation in
12 glucose, particularly in children and young adults.

13 What side effects have I seen? Galactorrhea
14 in a few patients, reversible by lowering the dose
15 or discontinuation of the drug; hyperprolactinemia
16 in three. There have been no cardiac side effects,
17 for which the drug has been withdrawn, and periodic
18 EKGs done in older patients reveal no problematic
19 prolongation of the QT interval, as reported.

20 Why do I think domperidone is superior to
21 existing therapies? Currently, Reglan or
22 metoclopramide has a black box warning and is

1 recommended initially for short-term use in
2 gastroparesis; the antibiotic erythromycin, limited
3 by its tachyphylaxis after initiation of therapy;
4 antiemetics like Zofran, Compazine, Tigan, and
5 Marinol are not able to be utilized for long-term
6 management and are prescribed mostly for acute
7 vomiting illnesses or control of nausea from
8 chemotherapy.

9 Domperidone does not cross the blood/brain
10 barrier. It enhances gastrointestinal coordination
11 while facilitating gastric emptying and decreasing
12 small bowel transit time, making it ideal for
13 prolonged therapy of upper and lower motility
14 disorders.

15 It is not covered by insurance, remains an
16 out-of-pocket expense, and may require a
17 compounding pharmacy, internet pharmacy, or
18 overseas source to obtain the drug. It is not in
19 any retail pharmacy or health plan's covered
20 pharmaceutical list.

21 Yet at every GI meeting, national or
22 international, domperidone is mentioned as a

1 medication available for the treatment of motility
2 disorders. However, the presentation slide will
3 usually have it appear in grey with the words next
4 to it, "Not available in the U.S., in parentheses,
5 while other medications that are available appear
6 in dark print."

7 It is time to have domperidone appear on
8 this slide in bold. Thank you.

9 DR. VENITZ: Thank you.

10 Our next presenter, if you'd please step to
11 the microphone. Identify yourself.

12 MR. PHILLIPS: Thank you, colleagues. My
13 name is Baxter Phillips. I'm president and CEO of
14 NeuroGastrx. NeuroGastrx -- excuse me. I do have
15 a financial interest in the success of NeuroGastrx.

16 NeuroGastrx is a company founded by a
17 practicing gastroenterologist with decades of
18 experience in treating gastroparesis and a leader
19 in the field of neurogastroenterology, with a focus
20 of bringing safe, efficacious treatments to
21 patients that suffer for disorders of
22 gastrointestinal motility.

1 Our first target indication is a major topic
2 today of gastroparesis. For this reason, we are
3 thankful to have the opportunity to speak with you
4 all in today's discussion regarding the evaluation
5 of domperidone, a known D2 antagonist that has
6 historically been used to treat gastroparesis.

7 We applaud our colleagues, both the
8 compounding industry and the patient community, for
9 their passionate and well-placed interest in
10 bringing easier access to domperidone. We agree
11 that we must do a better job to improve the
12 treatment paradigm for the millions of patients
13 that suffer from gastroparesis.

14 Currently the only FDA-authorized treatment
15 for gastroparesis is, as discussed, metoclopramide,
16 also a potent D2 antagonist. While efficacious,
17 metoclopramide has a high propensity to cross the
18 blood/brain barrier and cause a myriad of central
19 side effects, the most severe of which is tardive
20 dyskinesia.

21 As noted by the agency, gastroparesis and
22 its associated symptoms of nausea and vomiting and

1 considered serious or life-threatening conditions,
2 and we as a community need to work collectively to
3 bring better, safer alternatives forward.

4 Despite the significant need of treatments
5 for patients with gastroparesis, at NeuroGastrx, we
6 agree with the agency's recommendation that
7 domperidone at any dose should not be included in
8 the 503A compounding list for any indication,
9 including gastroparesis.

10 We commend our colleagues again for
11 recognizing the potential of this potent D2
12 receptor antagonist. However, as noted by the FDA,
13 due to the significant risk of QT prolongation,
14 cardiac arrhythmias, and sudden death, risks, which
15 have been well highlighted by the agency, we do not
16 believe open access to this drug is warranted.

17 As we have not noted today, there are even
18 calls for its withdrawal from certain European
19 countries. It should be noted that hundreds of
20 thousands, up to millions, of patients suffering
21 from gastroparesis and chronic nausea and vomiting
22 in the U.S. can still access domperidone, as we

1 discussed, through a restrictive patient-based IND.
2 We believe this is appropriate, given the safety
3 risk, yet we acknowledge that it is quite
4 burdensome on both the healthcare system and the
5 sponsoring physicians.

6 Despite these significant side effects, both
7 metoclopramide and domperidone have been shown to
8 be effective for the treatment of gastroparesis,
9 and as such, we believe validate D2 antagonism as
10 an effective mechanism of action for the treatment
11 of this condition.

12 It is apparent by the discussion today
13 neither drug is satisfactory for our patients, who
14 continue to suffer. Although these drugs have a
15 mechanism of action of proven benefit on
16 gastroparesis, again we must do a better job as a
17 collective community in finding better, safer
18 alternatives to current D2 receptor antagonism.

19 As such, I am pleased to inform the
20 community that NeuroGastrx is currently developing
21 a formulation of a separate, potent D2 antagonist
22 that we call NG101 that we believe, at therapeutic

1 doses, may not elicit the side effects of either
2 domperidone or metoclopramide.

3 Our belief in this drug candidate's safety
4 is supported by decades of use currently in Europe
5 for the symptomatic treatment of acute nausea and
6 vomiting and from principally used as an
7 antiemetic, anti-nausea for seasonal
8 gastroenteritis.

9 Over 100 million patient days of experience
10 with this compound, the product appears to have an
11 attractive safety and tolerability profile. In
12 fact, due to the overall safety profile, the
13 product is both sold over the counter, as
14 prescription, and is also approved for children.

15 We recognize significant development work is
16 required by this community and NeuroGastrx to bring
17 this candidate to patients in the United States.
18 In support of this, NeuroGastrx is currently
19 working on the appropriate studies to file an IND
20 here in the U.S. in the near future.

21 Our purpose of speaking today is not to
22 promote NeuroGastrx or our drug candidate. Rather,

1 we would like to highlight to both the patient and
2 physician communities that we recognize there is a
3 significant need for better, safer alternatives to
4 treat gastroparesis; and that easier access to
5 domperidone, we believe, is not the solution; and
6 that with our resources and commitment, we are
7 seeking solutions.

8 Indeed, the burden of illness and the lack
9 of good treatment options was the sole factor that
10 led our physician founder to establish NeuroGastrx.
11 We invite the community at large to reach out to us
12 to continue this dialogue in finding better, safer
13 alternatives for the treatment of gastroparesis.
14 Thank you.

15 DR. VENITZ: Thank you.

16 Now I'm asking our third and final speaker
17 to step forward, identify yourself, and present.

18 DR. DIAMOND: My name is Dr. Alan Diamond.
19 Thank you for the opportunity to speak with you
20 today. I have no financial relationship with
21 domperidone whatsoever.

22 I am a gastroenterologist. I practice in

1 Montgomery County. I'm part of a large group;
2 Birns is actually one of my associates in Capital
3 Digestive Care, a large group of
4 gastroenterologists in D.C. and Montgomery County.
5 I've been in practice for 33 years, private
6 practice.

7 As we talked about before, a lot of things
8 have been reviewed. But bottom line is, from the
9 clinical standpoint, I had a great drug that worked
10 fantastically well, cisapride or Propulsid.
11 Unfortunately, it was withdrawn from the market
12 because of cardiac issues.

13 At that point, I was left with Reglan.
14 Reglan to me is a bad drug. It's a dangerous drug.
15 It's an unpleasant drug. And the ability of using
16 domperidone when it came about was a good option
17 for my patients.

18 Any time I prescribe a medication, I will
19 run through -- particularly with Reglan or
20 metoclopramide -- the possible side effects. And I
21 will tell you, when I tell people that it may cause
22 a tremor; it may cause uncontrolled motions of

1 their tongue, their neck, and their jaw; and, worst
2 case scenario, it causes tardive dyskinesia, which
3 is a permanent motor disorder, two-thirds of my
4 patients will say, "I'm not taking that drug." It
5 also causes depression, which is a major issue with
6 a lot of patients as well. So pretty much my hands
7 are tied. The drug is bad. It is a bad drug.

8 I then tell people, well, the other option I
9 have is domperidone, which you can get from Canada
10 or compounding pharmacies. But it's not FDA-
11 approved. And the point of it not being FDA-
12 approved scares people away. They think that FDA
13 approval means something fantastic, and boy, it
14 must be a safe drug, which we know there's
15 dangerous drugs out there. But that makes people
16 reluctant to take the drug as well.

17 So sometimes I'm left with people who do
18 nothing. All right? And as Dr. Birns had
19 reviewed, there are a whole host of patients who
20 benefit from prokinetic motility drugs. It's not
21 just gastroparesis. It's not just diabetic
22 gastroparesis. But also understand, diabetics also

1 have enteropathy, small bowel problems. Sometimes
2 they present with diarrhea, which is beautifully
3 controlled with a prokinetic agent.

4 Parkinson's patients have terrible motility
5 disorders, and you give them Reglan, it makes their
6 Parkinson's disease worse. Scleroderma patients
7 are required to have motility agents. They have
8 dysmotility.

9 There's cyclic vomiting patients and there's
10 reflux patients who also do well, who are
11 refractory to just proton pump inhibitors, and
12 surgery isn't always the option for them, or
13 gastric pacing surgery should not be the option
14 that we have to turn to because we have a lack of
15 medications.

16 I would love for the NeuroGastrx people to
17 come up with another drug, which is great and safe
18 as a prokinetic agent, but right now, we don't have
19 it.

20 So generally speaking, I would like to have
21 the FDA approve the domperidone; allow the
22 compounding pharmacies to distribute it, as they

1 have been; allow our patients to obtain it from
2 Canada, if that's their last choice.

3 Understand, the IND process is cumbersome,
4 time-consuming. It takes hours to fill out your
5 papers. Trust me that nobody is going to fill out
6 those papers to get domperidone for their patients.
7 It just isn't going to happen.

8 So you're actually depriving patients from
9 that drug, and you're requiring them to turn to
10 metoclopramide, which to me is a bad drug. Thank
11 you.

12 DR. VENITZ: Thank you very much. We had
13 three registered presenters. I want to make sure
14 there is nobody else that wants to take the
15 opportunity to speak up.

16 (No response.)

17 **Committee Discussion and Vote**

18 DR. VENITZ: If not, then I want to thank
19 all of the three presenters for their
20 contributions. And after getting feedback from the
21 committee, I think we've decided to skip our break
22 and continue the discussion towards the ultimate

1 vote at the end of the meeting.

2 So I'm now opening the discussion for
3 general comments or questions about any of the
4 presentations that we had the opportunity to listen
5 to. Go ahead, Dr. Vaida.

6 DR. VAIDA: For the FDA, the investigational
7 drugs, there isn't any charge for those? Are they
8 available free? Like if you go under the Access
9 IND? I'm just trying to get to --

10 DR. KORVICK: I believe they charge a small
11 fee to cover costs, and that's permitted under the
12 IND system for the domperidone. Is that what
13 you're asking?

14 DR. VAIDA: Correct. If you get this drug
15 compounded, you have to pay for it. It's not
16 covered by insurance because it's not approved.

17 DR. KORVICK: Oh, I heard somebody say that.

18 DR. VAIDA: But if you get it -- if you go
19 through the IND, is that then available free?

20 DR. KORVICK: You still have to pay for it.

21 MS. AXELRAD: We don't really know the
22 answers to these questions. I believe that

1 Dr. Korvick said that we believe that the pharmacy
2 charges enough for the drug to recover its costs of
3 supplying it. But we don't know, and I don't think
4 you can assume, that insurance doesn't pay for the
5 compounded drug or for -- we don't know what
6 insurance does or doesn't pay for with regard to
7 this.

8 I guess it really isn't something that we
9 would take into account in deciding whether to put
10 a drug on the list that can be compounded or not.
11 We don't usually consider cost issues. We don't
12 know how much it costs, even, or what the
13 differential in cost is between a compounded drug.
14 And we wouldn't take that into account in looking
15 at this here.

16 DR. VENITZ: Any other comments? Dr. Pham?

17 DR. PHAM: From the institutional
18 perspective, then, for the inpatient setting they
19 will have a cost. But that's no different than if
20 we decided to use Reglan. They would still get the
21 cost of the Reglan charged to the patient as well.

22 Usually there's an acquisition cost for

1 whatever it is. If we're getting it through an IND
2 and there's a pharmacy that had sent it or a drug
3 company, drug from the supplier, whatever the case,
4 there's still a cost.

5 There might be a standard dispensing fee on
6 the institution side, which may or may not
7 incorporate any extra diligence in getting the
8 paperwork. And usually a clinical pharmacist is
9 helping fill out the IND as well.

10 So that may not be reflected in the
11 dispensing fee, but there's usually a drug plus
12 dispensing fee for products. And the only time
13 it's not that is if they're actually through an
14 IRB-approved investigational study, where the
15 product was already supplied and the costs are
16 driven through another mechanism.

17 But if it's something like an IND for
18 patient care, it will be similar to whatever the
19 drug costs would be if it was a readily available,
20 commercially available drug.

21 DR. VAIDA: I'm taking for granted that the
22 nonapproved drug will not be covered by insurance.

1 And that's why I was just mentioning with the
2 compounded, if this drug is compounded, I'm taking
3 for granted that an insurance company won't pay for
4 it because it's a nonapproved drug.

5 MS. AXELRAD: I don't think that's
6 necessarily the case. We have seen reimbursement
7 for compounded drugs by various insurance
8 companies. And there have been, in fact, big
9 issues in the news about companies that have
10 suddenly seen their reimbursements for compounded
11 drugs go through the roof in terms of the topical
12 pain medications, and they're trying to pull back
13 and give more scrutiny to claims for compounded
14 drugs.

15 So I don't think you can assume that. But
16 again, I would say what the costs of this are or
17 anything, we don't take that into account. This is
18 an issue using the four criteria, none of which
19 include cost, to decide whether this drug should or
20 shouldn't be put on the list. And we really don't
21 consider cost in making our judgments with regard
22 to this.

1 DR. VENITZ: Dr. Pham?

2 DR. PHAM: I just thought I would provide
3 some comment on the use in pediatrics. Gut
4 motility is definitely a big issue, especially with
5 neonatal reflux. And in the past, Reglan was used
6 readily, not as much.

7 Then we found ourselves now using a lot more
8 erythromycin as the prokinetic agent of choice,
9 also strongly discouraged since I usually remind my
10 physicians that is what we try to keep in our
11 armamentarium for pertussis treatment. So trying
12 to bring that in and develop resistance for
13 motility is probably not preferred.

14 But we find ourselves also looking for
15 alternatives. However, looking at just even the
16 two studies that were presented today and trying to
17 look a little bit more in detail at those articles,
18 even though it may not seem like there was any
19 significant difference, I don't think that they
20 were very well powered to detect a difference.

21 So I would be cautious in extrapolating a
22 lower safety risk from those studies in particular.

1 But I would comment that, in general, we would
2 still, from the pediatric side -- despite the lack
3 of alternatives, we would still like to see a drug
4 go through the NDA process and have the FDA
5 approval.

6 Keeping this as available for
7 compounding -- and sorry if I'm extrapolating
8 incorrectly -- I feel like that would probably
9 provide less incentive for there to be a product
10 that would actually have FDA approval. And
11 institutionally, we would adopt that product much
12 more readily than a compounded product.

13 DR. VENITZ: Any other comments?

14 (No response.)

15 DR. VENITZ: Then maybe kind of a general
16 statement. I think this is our third meeting that
17 we have as a committee, and I don't know how many
18 votes we had on various compounds. And this is
19 probably the compound that we have, as opposed to
20 in the previous cases, more information than we can
21 digest.

22 It's a drug that's approved elsewhere, so we

1 do have clinical data both on safety and efficacy,
2 with limitations as it is not approved in the
3 United States. It is being used, apparently to a
4 large extent, for indications that are approved
5 elsewhere, but also for the lactation enhancement,
6 an indication, which apparently is not approved
7 elsewhere as well.

8 Getting back to our four criteria that we're
9 using, we do have a strong safety signal of QTc
10 prolongation. There's a mechanism. There are some
11 postmarketing data that suggest an increased risk.
12 But as Dr. Pham pointed out, the actual extent of
13 that risk is not really known.

14 The alternative treatment, and there's only
15 one approved and one off-label in this country, but
16 the approved treatment, metoclopramide, has its own
17 warts, as Dr. Day put it -- a severe risk, CNS, not
18 related to cardiac toxicity but equally concerning
19 and apparently limiting its use.

20 We do have some information on comparative
21 effectiveness, again in the gastroparesis only.
22 And it looks at least there are no major

1 differences in clinical effectiveness.

2 So really, in trying to summarize as I'm
3 thinking through this, it comes down to how can we
4 make sure that this drug continues to be available?
5 Is the existing process, going through an IND
6 application and doing everything associated with
7 it, is that sufficient, allowing a patient access
8 to this drug, or is the current use, as one of to-
9 be-compounded drug substances, whether that's what
10 needs to be done.

11 Any discussion? Yes?

12 DR. DIGIOVANNA: John DiGiovanna. I'm a
13 little bit concerned when we have the four criteria
14 that you mentioned for placing a drug on the bulk
15 substance list, but part of the equation becomes
16 whether or not it is available by an alternative
17 IND process.

18 I think the availability of the drug to
19 those individuals who need it, needs to be
20 something that we consider. I think a drug that
21 goes through the IND process and is marketed as a
22 regular drug is marketed. Large numbers of people

1 are sold that drug.

2 I don't know that this drug, if available
3 through compounding for individual patients who do
4 not respond well to other drugs, is going to be
5 marketed in the same way. And I also get the sense
6 that probably fewer people will be exposed to it.

7 To use in the equation that the expanded IND
8 is an acceptable alternative really suggests to me
9 that that's coming from someone who hasn't tried to
10 get an expanded IND. My personal experience of
11 being a director of dermatopharmacology at Brown
12 University for 13 years means that I have filled
13 out what the FDA has said, a 1572 form, a 1571
14 form, and multiple IRB approvals.

15 Even though there is a protocol available
16 for that, I cannot imagine any IRB that I've ever
17 submitted to would accept another protocol without
18 their own tweaking and a substantial amount of
19 activity that goes with it and changes. So to
20 expect that to be something that is possible for a
21 physician's office, I think, simply is not
22 reasonable for most physicians.

1 So I think the real question then depends.
2 Is this drug going to be available throughout an
3 appropriate process within the U.S. without having
4 someone import it from someplace else and maybe
5 actually not get an active drug? I think, from
6 that perspective, the way to keep it on the market
7 may be to actually have it in the system.

8 I take what the FDA said initially about
9 those four criteria to heart in that, yes, is the
10 compound physically and chemically characterizable?
11 Are there safety issues? Is there a history of use
12 of the substance, and is it efficacious? But also
13 that no single of these criteria is dispositive.
14 So I think that should be part of our
15 understanding.

16 The one issue I have here that's difficult
17 for me is that I'm a dermatologist. I'm not a
18 gastroenterologist. And I wonder if the member
19 that we have who's had some of that experience
20 could enlighten us a little bit as far as the
21 utility of this when there are no other medications
22 available.

1 DR. VENITZ: Dr. Chang, do you care to
2 comment?

3 DR. CHANG: Yes. I definitely recognize the
4 information that was provided on the safety issues,
5 and I do think that these are low-quality studies,
6 unfortunately. And if you limit the patient
7 population that you're going to treat with
8 domperidone to under 60, no cardiovascular disease
9 or evidence of QT prolongation, there's a
10 substantial number of patients with very impactful
11 disease that would benefit from domperidone with
12 metoclopramide as an alternative.

13 Erythromycin, honestly, is not an effective
14 drug. It doesn't last long. There's really not
15 much alternative. I personally don't think this
16 works so much in lower GI, but I think there are a
17 host of upper GI disorders where this can be
18 useful.

19 Domperidone's been around for a long time.
20 I don't think any company is ever going to present
21 this as a drug to get approved by the FDA. I just
22 think that we're dreaming about that. I don't

1 think it's going to happen.

2 So in the meantime, there's a lot of
3 patients out there, and I can't give you a
4 denominator. I do recognize that it's not a huge,
5 large patient population, but it's a significant
6 one.

7 I don't think primary care physicians use
8 it. I think it's gastroenterologists. And I even
9 think it's gastroenterologists that subspecialize
10 in these motility and function GI disorders more
11 so, although you've just heard from community
12 gastroenterologists who use it.

13 So I feel that there is a substantial group
14 of patients who would benefit. I recognize that in
15 a subgroup of patients, they are not the right
16 patients to use this agent. And I do believe it
17 should be available; however, I think we all need
18 to be educated on the proper indications and
19 exclusions, and also monitoring the patients. But
20 I definitely feel it fulfills an unmet need.

21 DR. VENITZ: Thank you, Dr. Chang.

22 Dr. Wall?

1 DR. WALL: I appreciate the effort of the
2 FDA to try to make this available through INDs.
3 But where I work in the hospital system, we have a
4 large GI population. It's a GI center. And I know
5 that there's a multitude of patients, not within
6 the hospital but who walk out with a script, with
7 the directions of "go to Canada."

8 I also know there are some pediatrics with
9 the same directions. And I can't see that with all
10 of these drug interactions that need to be
11 monitored, how are we taking care of those patients
12 and keeping them safe if we're telling them to go
13 to Canada and we don't have an accurate record of
14 the things that are going on.

15 I'm really struggling with it. I understand
16 the safety concerns. But I know these people need
17 to be monitored, and clearly the IND isn't working
18 for the specialized practitioner.

19 So I think I would really like to see if
20 there is a different way that this can be worked,
21 whether it's through a REMS with special
22 pharmacies, if we go that way, or something to

1 allow a little bit more flexibility but still
2 appropriate monitoring so we can get some help for
3 these patients but we monitor for these drug
4 interactions and side effects.

5 DR. VENITZ: Dr. Sewell, I think you wanted
6 to -- oh, I'm sorry.

7 DR. NGUYEN: Actually, I'm kind of glad you
8 brought up the REMS issue. A couple of points of
9 clarification. I know there's been a lot of
10 comparison with Reglan. And I think one thing
11 that's really important is Reglan has been
12 improved.

13 We've determined that there was substantial
14 evidence of efficacy, such that it outweighs the
15 risk. When FDA approves a drug, we are very well
16 aware that a drug is not perfectly safe, and that's
17 why we have labeling. And labeling includes the
18 risk and benefits, and that information is very
19 important to ensure the safe and effective use of a
20 drug.

21 When we're talking about domperidone, we're
22 talking about an unapproved drug. I know it's

1 approved elsewhere, but it's not approved in the
2 United States. And it's not approved for whatever
3 reason it may be. So I just caution you in that
4 comparison because you're really comparing apples
5 and oranges.

6 The second thing that you brought up is
7 patient access, and I think that's really
8 important. But on the flip side, we want to make
9 sure we keep our patients safe. And if we don't
10 have labeling, if we don't have other forms of
11 communication, if we don't have a REMS, which is
12 attached to an approved drug, how are we going to
13 ensure that in a compounding setting? We won't
14 know. And I think that's the other side of the
15 balance to patient access.

16 DR. VENITZ: Thank you, Dr. Nguyen.

17 Any other comments?

18 MS. AXELRAD: I just wanted to add one thing
19 to what Dr. Nguyen said, which is that because a
20 REMS is only attached to an approved drug -- this
21 drug is not approved -- the only mechanism we have
22 is under an IND.

1 As we presented at the last meeting when we
2 talked about expanded access INDs, we talked about
3 the reasons why it's important to have that. It's
4 for informed consent. It's to make sure that
5 they're warned. It's to make sure that they're
6 monitored.

7 All of those protections, as Dr. Nguyen
8 said, are there to protect the patient. Yes, we
9 want the patients to have access to drugs, but we
10 also want them to be protected.

11 When you're dealing with an unapproved drug
12 that has never been shown to be safe and effective,
13 there's no labeling to say what the appropriate
14 dose is. There's no guarantee that they're going
15 to be told about the drug interactions and all of
16 those things.

17 So I think that it's really important to
18 keep in mind that the process that we have versus
19 allowing it in a compounding setting with none of
20 those protections or controls, that is what we have
21 to deal with here. If we had an NDA, if we were
22 talking about an NDA, it would be a very different

1 type of discussion. But we're talking about
2 uncontrolled use by a compounder.

3 DR. VENITZ: Dr. Jungman?

4 MS. JUNGMAN: What she said.

5 (Laughter.)

6 DR. VENITZ: Okay. Dr. DiGiovanna?

7 DR. DIGIOVANNA: I'm glad you two agree. I
8 think we need a better process. I think in the
9 discussions we've had over these three meetings,
10 we've realized that there's a gap here, that it
11 would be very nice to have drugs available for
12 individual situations related to the specific
13 practice of medicine, but also be able to extract
14 information over time, quality information, about
15 adverse events related to those drugs, perhaps
16 information about potential uses of those drugs
17 that might encourage sponsors to want to submit an
18 IND for those uses. And right now that doesn't
19 happen.

20 But I think we've identified that there's a
21 gap in the system. The expanded IND process is too
22 difficult for everyone to be able to use, and

1 probably for most people to be able to use. And I
2 think that's not an easy thing to suggest to the
3 FDA, that they should request more regulation. But
4 I think it would be helpful if people who are more
5 knowledgeable about the mechanisms could try to
6 address the gap.

7 MS. JUNGMAN: I'll just add, it seems to me
8 that there is a tension, though, between this idea
9 that we want to have more information about the use
10 of these drugs and we want to be able to control
11 the use of the drugs.

12 But then if providers aren't willing to
13 submit information and participate in the IND
14 process, then I don't know how we accomplish that
15 because it seems to me that it could be very
16 difficult to both allow open access to the drug and
17 also track the data that we want to track to
18 understand how they're being used in real practice.

19 DR. VENITZ: Dr. Davidson?

20 MS. DAVIDSON: I asked inappropriately a
21 while ago, would this drug be eligible for an
22 emergency IND? Just reading the process on the

1 web, it seems like that would be a very
2 expeditious, somewhat easy way for physicians to
3 get drugs for individual patients.

4 MS. AXELRAD: If the division can't answer
5 it, I think --

6 DR. NGUYEN: Actually, Dr. Griebel --

7 MS. AXELRAD: Oh, good.

8 DR. NGUYEN: Dr. Griebel will address that
9 question.

10 DR. GRIEBEL: I'm Donna Griebel. I'm the
11 division director for the Division of
12 Gastroenterology and Inborn Errors Products.

13 An emergency IND is just another expanded
14 access version. So of course, if we're allowing
15 expanded access to this under single-patient INDs
16 or intermediate access INDs, certainly it would be
17 available as an emergency IND.

18 The emergency IND, if we're talking about
19 the same thing, is a single-patient IND in which
20 the patient's in an emergency situation. You still
21 have to have a 1572. You still have to have a plan
22 of treatment. Really, the only difference is that

1 you can submit to the IRB after the fact.

2 Because you're taking out that part of the
3 patient protection part of it, it has to be an
4 emergency. So the division has to scrutinize
5 situation to see if this is truly an emergency
6 situation for the patient because you're taking
7 away the IRB component until after the fact.

8 So certainly it would be eligible for that
9 as long as the patient is in an emergency
10 situation.

11 DR. VENITZ: Thank you.

12 Any further questions? Any further
13 discussion? What about our committee members and
14 colleagues on the telephone?

15 DR. GULUR: I would like to ask a question.
16 This is Dr. Gulur.

17 DR. VENITZ: Go ahead.

18 DR. GULUR: I share everyone's concerns,
19 which is this drug, while it does have significant
20 side effects, also seems to be widely used in the
21 country right now without approval.

22 I'm just wondering if we could get more

1 clarification. If this drug is something we say
2 should be added to the list, I share everyone's
3 concerns that it will be unmonitored, less
4 structure around it. And how does that play into
5 the fact that the FDA puts out a warning saying
6 that this is an unapproved drug and it's against
7 the law? How would that work out?

8 DR. VENITZ: Dr. Axelrad, do you want to
9 comment?

10 MS. AXELRAD: Well, obviously neither the
11 warning nor the import alert seems to be
12 particularly effective because it's obviously being
13 used. So I don't know what else to say about that.

14 If you do not recommend that it be put on
15 the list and if we decide not to put it on the
16 list, then obviously we would continue to do what
17 we have been doing for a number of years. When we
18 find someone who is compounding it, we've been
19 citing them for compounding a drug that they
20 shouldn't be compounding with.

21 Let me just say we've been doing that
22 because of our concerns about the safety. We have

1 really consistently been citing people for this
2 when we see it.

3 DR. VENITZ: Thank you.

4 Dr. Davidson?

5 MS. DAVIDSON: Just one more comment about
6 availability. It is approved in this country for
7 use in horses, and I get calls in my world every
8 week asking about Equidone gel because if people
9 Google domperidone, the first thing that comes up
10 is domperidone gel. And so they approach their
11 veterinarian and try to get it for their horse or
12 whatever.

13 So it goes back to the gap that we've all
14 described between an uncontrolled situation like an
15 IND, which appears to be inaccessible, according to
16 the mouths of the physicians in the room, versus
17 the uncontrolled compounding environment, which I
18 think is more controlled than going to Canada and
19 getting it, and going to your equine veterinarian
20 and getting it online in equine form.

21 So I'm really struggling with that gap
22 between patient access and total uncontrolled

1 availability of it by going to the equine product
2 and going across a border. That's really a
3 paradox.

4 DR. VENITZ: I'm looking around. Yes,
5 Dr. Pham?

6 DR. PHAM: I feel like I'm getting confused
7 by our own advisory committee because I swear in
8 previous meetings we've had votes where we voted no
9 based on the fact that there was an IND process. I
10 remember that being people's justification.

11 So I don't know if this is different because
12 of it being more widespread use. It certainly it
13 isn't the safety aspect because QT prolongation to
14 me is just as severe as some things that we had
15 hesitations on in previous meetings.

16 Also, the fact that you've got an entire
17 class of drugs that typically get prescribed with
18 this drug, H2 blockers that also prolong QT, so
19 inherently you've got this magic combo of QT
20 prolonging agents that are typically prescribed
21 together.

22 So I don't know why the conversation seems

1 to be changing for this agent aside from the fact
2 that we do feel like there is more widespread use
3 and we do have a lot more people in the public
4 hearing and nominator presentations that speak to
5 its use.

6 But at the same time, the conversation in
7 the past has always been if there's a way to get it
8 through an IND, go that route and hope for the FDA-
9 approved process to -- especially if there is such
10 a compelling need that there are going to be
11 providers that will be looking to create a product
12 that's going for FDA approval.

13 Those same conversations happened in
14 previous meetings of this advisory committee. So
15 I'm just confused as to why this particular drug
16 seems to make us backtrack in our logic.

17 DR. VENITZ: Because we know much more about
18 it. It's approved elsewhere. It's being used
19 worldwide, including Canada, right across the
20 border. And most of the other drugs that I
21 remember, we had to extrapolate.

22 We had to have some human use information,

1 but we didn't have controlled clinical trials. We
2 had safety signals, maybe even preclinical. Here
3 we have human data that at least seems to suggest
4 there is a QTc risk. As I said, the magnitude in
5 my mind, at least, is not clear.

6 So we know much more than we have in the
7 past. That's why my mind, like most of you, I'm
8 struggling where to draw the line because we know
9 so much. We don't have to guess any more. In a
10 lot of the other drugs, especially some of the
11 topicals, we could extrapolate even though we
12 didn't know.

13 Here we can't. We have information that's
14 been provided to us both from the nominators and
15 from the FDA, and we have to figure out where we
16 are and strike the right balance between making
17 something that is apparently meeting an unmet need
18 available, and at the same time making sure that
19 patient safety is safeguarded.

20 DR. PHAM: I guess my response to that is we
21 still have the precedent of Sabril. There was
22 still vigabatrin that was also only available,

1 approved elsewhere, that we still went through an
2 IND process. And eventually it went through the
3 right route, as far as I know, and we now have it
4 more readily available. There are going to be
5 precedents for all of these examples, I guess.

6 DR. NGUYEN: Actually, if I may try to
7 address some of your questions there, Dr. Pham. We
8 are very well aware that this drug has been
9 approved overseas for over 30-something years. And
10 it is notable that recently there has been a lot of
11 restrictions on its use.

12 Whenever you have a drug that's been on the
13 market that's approved for that many years and you
14 start seeing restrictions around it because they
15 are looking at the data, the safety data, that says
16 a lot.

17 The second thing is different regulatory
18 agencies have different criteria for approval. We
19 approve drugs that's not approved overseas and vice
20 versa. And some of that has to do with the
21 different healthcare systems, different control of
22 drug access. So again, that's just something I'd

1 like for all of us to keep in mind.

2 DR. VENITZ: Go ahead.

3 DR. KORVICK: Dr. Korvick, GI. I just
4 wanted to also highlight what's been said before,
5 I'm not ascribing to people shipping this from
6 Canada, but presumably what they're getting in
7 Canada is an approved, formulated product that has
8 quality controls.

9 That is somewhat different from a compounded
10 product -- not to say that people don't try to do
11 that well, but that we were also concerned about
12 the dosages that were delivered. So there may be a
13 difference in quality and the dose that's actually
14 delivered.

15 DR. VENITZ: Thank you.

16 Yes, Dr. Wall?

17 DR. WALL: A question for my FDA colleagues.
18 And maybe I'm hallucinating, but didn't this drug
19 come through a manufacturer at one time and
20 presented before the FDA and the FDA turned it
21 down? Did that happen with domperidone?

22 DR. KORVICK: Domperidone was submitted to

1 the FDA, and there's one public disclosure about
2 what has happened. And the remaining disclosures
3 are not public, so we can't talk about those.

4 DR. WALL: But it never went before a
5 committee and voted up or down?

6 DR. RAJPAL: Yes. It did go to committee in
7 1989. There's a published article. There were a
8 few small trials at that time.

9 DR. WALL: Is there anything in this
10 discussion today that we may have missed from that
11 initial meeting or any discussion of that
12 committee?

13 DR. RAJPAL: I don't believe so.

14 MS. AXELRAD: There's been a lot of data
15 since 1989. A lot of the data that was presented
16 is much more recent.

17 DR. VENITZ: Dr. Carome?

18 DR. CAROME: Mike Carome. I think it's
19 likely had the FDA approved the product when the
20 NDA was submitted, based upon the experience with
21 other drugs that have since been withdrawn from the
22 market after their approval because of the cardiac

1 toxicity of QTc prolongation, likely domperidone
2 would have been withdrawn from the market, and this
3 drug would be on the do-not-compound list, and it
4 wouldn't even be being considered for nomination to
5 the list we're talking about.

6 DR. VENITZ: Okay. Any final questions
7 before I'm going to call for the vote? Yes, go
8 ahead, please.

9 DR. MCKINNEY: I would just add one other
10 comment, which is that the mechanism of action
11 that's come out from all the nonclinical studies
12 has just gotten so strong over the last 10 years.
13 And again, I think your comment is very pertinent.
14 I don't know; it would be difficult to see it
15 getting approved with this strong of a -- and
16 depending on the clinical signal.

17 Also, I think that speaks to the attribution
18 of any adverse events, that as you understand the
19 mechanism more, then physicians may be more likely
20 to ascribe a clinical event to a particular
21 mechanism of action, which they might not have done
22 in the past.

1 DR. VENITZ: Thank you.

2 Any other comments?

3 (No response.)

4 DR. VENITZ: Okay. Ladies and gentlemen,
5 then let's proceed to the vote. I have two things
6 I have to read, voting instructions.

7 This panel will use the electronic voting
8 system for this meeting. During this session,
9 voters are instructed to depress the selected
10 voting button. The vote results will be displayed
11 on the screen.

12 I will read the vote from the screen into
13 the record. Then we will go around the room and
14 each individual who voted will state their name and
15 vote into the record as well as the reason why they
16 voted the way they did.

17 We will now begin the voting process.
18 Please press the button three times on your
19 microphone that corresponds to your vote. You will
20 have approximately 15 seconds to vote. Please
21 press the flashing button firmly three times.
22 After you have made your selection, the light will

1 continue to flash. If you are unsure of your vote,
2 please press the corresponding button again.

3 The question that you're voting again is in
4 front of us: Should domperidone be placed on the
5 503A bulk list, yes or no? Please go ahead and
6 vote. And our colleagues on the phone, please
7 email or call on the phone.

8 (Vote taken.)

9 DR. HONG: For domperidone, we have 3 yeses,
10 8 nos, and zero abstain.

11 DR. VENITZ: Let's go around the table.
12 Let's start with Dr. Carome.

13 DR. CAROME: I voted no because of the
14 significant safety concerns.

15 DR. WALL: I reluctantly voted no because
16 they still have the IND. But I would encourage
17 folks to see if there was a way that there could be
18 a little more flexibility with it, so that we can
19 have it more readily available.

20 DR. DIGIOVANNA: John DiGiovanna. I voted
21 yes, somewhat reluctantly also. I think that the
22 dictum of "First, do no harm" works in two

1 directions. Being unable to treat selected
2 patients is just as difficult sometimes as thinking
3 that your actions will expose individuals to risk.

4 I think that the physicians who are going to
5 use this need to take the responsibility for it. I
6 wish that the FDA had a way of attaching a black
7 box warning or a REMS program to compounds that
8 they're concerned about. But to encourage
9 individuals to go to another country and get a
10 reputable source of it from there I don't think is
11 acceptable.

12 What I would prefer is that there is a more
13 streamlined, user-friendly way, like the expedited
14 IND, version 2, that allows private physicians to
15 be able to easily comply with that system yet be
16 required to review their patients in an organized
17 way.

18 MS. DAVIDSON: I voted no, for all the same
19 reasons that you voted yes, reluctantly. I feel
20 like compounding, as I said before, is a
21 considerably more controlled environment than going
22 to Canada or using the horse-based.

1 But we do have the IND process in place,
2 which does educate and does inform and does monitor
3 patients. And I feel like it not going on the 503A
4 list will force a closer look at the IND process
5 and maybe increase awareness on the part of
6 physicians to lobby, or whatever the word is, to
7 get the process streamlined so we can close that
8 gap.

9 MR. HUMPHREY: William Humphrey, and I voted
10 no because of the safety concerns that were
11 expressed. I do recognize that there is a clinical
12 need for this drug, but you can get it through the
13 IND process.

14 I may be somewhat a little biased because of
15 where I work, but we deal with expanded access
16 drugs nearly every week. And while the process is
17 cumbersome and onerous when you first do it, after
18 a few times it gets a lot easier.

19 DR. PHAM: Katherine Pham. I voted no due
20 to my concerns about the QT prolongation,
21 especially with commonly prescribed concomitant H2
22 blockers. I also felt that it was available

1 through the IND, and echo Dr. Humphrey's comments
2 about the process. And once it's been done, it is
3 something that becomes a little bit more routine
4 each time.

5 We've never seen a patient not be able to
6 get a product needed through the IND process; and
7 also, that if there's such a widespread need, that
8 this again should compel the industry to move a
9 product forward through the NDA process.

10 MS. JUNGMAN: Elizabeth Jungman. I also
11 voted no. I think, given the safety
12 considerations, that the protocol and patient
13 protections of the IND process are important. I am
14 sympathetic to the needs of patients who have a
15 need for this kind of an option. But I want FDA to
16 have visibility into how it's being used and the
17 outcomes.

18 DR. VAIDA: Allen Vaida. I voted no, for
19 some of those same reasons, that there is an IND
20 process, and hopefully that will at least track
21 some of the reactions and also some of the safety
22 characteristics of the patients.

1 That was even in my questions on the cost.
2 I was hoping that that was also going to be another
3 reason that it was going to be safer and also more
4 cost-effective. But I really don't think at the
5 present time this should be added.

6 DR. VENITZ: I voted yes, and I think, as
7 Dr. DiGiovanna already stated, I'm worried about
8 not protecting the patient safety, but protecting
9 the patient from potentially effective treatment
10 and making it much less available by the IND route
11 that I recognize exists.

12 It's a reluctant yes vote, and I would wish
13 obviously, like most of us, that with the
14 compounding, there would be some way of labeling or
15 risk communications to the patient and the
16 prescriber before dispensing it.

17 Dr. Chang?

18 DR. CHANG: Yes. I voted yes. I agree with
19 everything that was said in the past for the people
20 who did say yes. I definitely do think there is a
21 safety risk, but I think that the data is showing
22 that it's more for patients who are elderly, who

1 have comorbidities, and it's not for a large group
2 of patients who actually it serves an unmet need
3 with very poor alternatives that we already
4 discussed.

5 I do agree that I wish that there was some
6 safeguards that could be placed with the
7 compounding pharmacy because I don't think it
8 should be prescribed in every individual. And I
9 use alosetron on restricted use, and I know exactly
10 what the guidelines are for that, and I think it's
11 something that should be done with this.

12 But I also know that from a pragmatic
13 standpoint, it's available in so many countries,
14 has been approved for so long, this IND process
15 that you may use for drugs that are very rare and
16 not available, it's just not pragmatic in clinical
17 practice.

18 If it was easier, that's definitely what I
19 think people should do, but I don't think it's that
20 easy.

21 DR. VENITZ: Thank you, Dr. Chang.

22 Dr. Gulur?

1 DR. GULUR: I voted no. I think all of us
2 potentially share the same concerns whether we
3 voted yes or no. We would all like patient access
4 for this medication, which has some clinical
5 efficacy. However, it is also a drug with
6 significant side effects, and monitoring is really
7 important with this drug.

8 Just adding it to the compounding list does
9 not make it too much better than the Canada option.
10 Neither of those options are really good because,
11 again, we will not have an adequate monitoring
12 process.

13 The IND does offer that, so there is that
14 opportunity. But I also recognize that it's not
15 easy for individual physicians to go through. I
16 would second what has been said, that we need a
17 better process for this. Thank you.

18 DR. VENITZ: Thank you, Dr. Gulur. And this
19 does conclude the main topic for this afternoon.

20 Dr. Axelrad, you may have some final words
21 for us?

22 MS. AXELRAD: Yes. I just wanted to say

1 thank you very much to the committee for your
2 thoughtful discussion, your questions and comments
3 today. I think this particular drug this afternoon
4 was the most difficult that you've had to face of
5 the 19 drugs that we've covered, and I think you
6 did it carefully, thoughtfully, and you had a lot
7 of information to go through in order to reach a
8 decision.

9 So thank you all for your work. And I
10 personally have said that I will go back and see if
11 there's anything that we can do in terms of looking
12 at the IND and whether there is anything that can
13 be done, although I do see a tension between what
14 you were saying, Dr. DiGiovanna, and what Elizabeth
15 was saying also, about in order to protect the
16 patients, you have to have certain things on it.
17 And if you loosen it up, then you loosen the
18 protection.

19 So I think there is a balancing. But we can
20 take under advisement whether there is anything
21 that we can do with regard to this particular IND
22 to make it easier. But thank you all for your time

1 and your work on this.

2 **Adjournment**

3 DR. VENITZ: I want to add my thanks to
4 everyone. I hope you all have a safe trip home,
5 and the meeting is adjourned.

6 (Whereupon, at 3:30 p.m., the afternoon
7 session was adjourned.)

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