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FOOD AND DRUG ADMINISTRATION

CENTER FOR DRUG EVALUATION AND RESEARCH

PHARMACY COMPOUNDING ADVISORY COMMITTEE (PCAC)

Morning Session

Wednesday, October 28, 2015

8:30 a.m. to 10:01 a.m.

FDA White Oak Campus  
10903 New Hampshire Avenue  
Building 31 Conference Center  
The Great Room (Rm. 1503)  
Silver Spring, Maryland

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**Meeting Roster**

ACTING DESIGNATED FEDERAL OFFICER (Non-Voting)

**Cindy Hong, PharmD**

Division of Advisory Committee and  
Consultant Management  
Office of Executive Programs  
Center for Drug Evaluation and Research

**PHARMACY COMPOUNDING ADVISORY COMMITTEE MEMBERS (Voting)**

**Michael A. Carome, MD, FASHP**

*(Consumer Representative)*  
Director of Health Research Group  
Public Citizen  
Washington, District of Columbia

**Gigi S. Davidson, BPh, DICVP**

U.S. Pharmacopeial Convention  
*(USP) Representative*  
Director of Clinical Pharmacy Services  
North Carolina State University  
College of Veterinary Medicine  
Raleigh, North Carolina

1     **John J. DiGiovanna, MD**

2     Staff Clinician, DNA Repair Section

3     Dermatology Branch, Center for Cancer Research

4     National Cancer Institute

5     National Institutes of Health

6     Bethesda, Maryland

7

8     **Padma Gulur, MD (via phone)**

9     Professor, Department of Anesthesiology and

10    Perioperative Care

11    University of California, Irvine

12    Orange, California

13

14    **William A. Humphrey, BSPHarm, MBA, MS**

15    Director of Pharmacy Operations

16    St. Jude's Children's Research Hospital

17    Memphis, Tennessee

18

19    **Elizabeth Jungman, JD**

20    Director, Public Health Programs

21    The Pew Charitable Trusts

22    Washington, District of Columbia

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**Katherine Pham, PharmD**

Neonatal Intensive Care Unit Pharmacy Specialist  
Children's National Medical Center  
Washington, District of Columbia

**Allen J. Vaida, BSc, PharmD, FASHP**

Executive Vice President  
Institute for Safe Medication Practices  
Horsham, Pennsylvania

**Jürgen Venitz, MD, PhD**

*(Chairperson)*  
Associate Professor  
Department of Pharmaceutics  
School of Pharmacy  
Virginia Commonwealth University  
Richmond, Virginia

1     **Donna Wall, PharmD**

2     *National Association of Boards of Pharmacy*

3     *(NABP) Representative*

4     Clinical Pharmacist

5     Indiana University Hospital

6     Indianapolis, Indiana

7

8     **PHARMACY COMPOUNDING ADVISORY COMMITTEE INDUSTRY**

9     **REPRESENTATIVE MEMBERS (Non-Voting)**

10    **Ned S. Braunstein, MD**

11    Senior Vice President and Head of Regulatory

12    Affairs

13    Regeneron Pharmaceuticals, Inc.

14    Tarrytown, New York

15

16    **William Mixon, RPh, MS, FIACP**

17    Owner-Manager

18    The Compounding Pharmacy

19    Hickory, North Carolina

20

21

22

1       **TEMPORARY MEMBERS (Voting)**

2       **Lin Chang, MD**

3       *(Participation in alanyl L glutamine and*  
4       *domperidone discussions via telephone) October 28th*  
5       *only*

6       Professor of Medicine

7       Program Director, University of California, Los  
8       Angeles (UCLA) GI Fellowship Program

9       Co-Director, Oppenheimer Family Center for  
10       Neurobiology of Stress

11       David Geffen School of Medicine at UCLA

12       Los Angeles, California

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1 Vincent Lo Re III, MD

2 *(Participation in deoxy-d-glucose and glycyrrhizin*  
3 *discussions via telephone) October 27th and 28th*

4 Assistant Professor of Medicine and Epidemiology

5 Division of Infectious Disease, Department of

6 Medicine

7 Center for Clinical Epidemiology and Biostatistics

8 Perlman School of Medicine

9 University of Pennsylvania

10 Philadelphia, Pennsylvania

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P R O C E E D I N G S

(8:30 a.m.)

**Call to Order**

**Introduction of Committee**

DR. VENITZ: Good morning. I would like first to remind everyone present to please silence your cell phones, BlackBerrys, and other devices if you have not already done so. I would also like to identify the FDA press contact for the open session meeting, Ms. Lyndsay Meyer. If you are present, please stand. Right there in the back. Thank you.

Good morning, everyone, for the second day of the PCAC meeting. My name is Jurgen Venitz. I am the chair of the Pharmacy Compounding Advisory Committee. I will now call the committee to order.

We ask those at the table, including FDA staff and committee members, to introduce themselves, starting with the FDA to my left and moving to my right, and finishing up by our members on the phone. So let's start on the left, please.

DR. SUM KO: Hon Sum Ko, Division of Dermatology and Dental Products.

1 DR. KORVICK: Joyce Korvick, Division of  
2 Gastroenterology and Inborn Errors Products.

3 MR. FLAHIVE: Jim Flahive, Reg Counsel, CDER  
4 Compliance.

5 MS. AXELRAD: Jane Axelrad, associate  
6 director for policy, Center for Drug Evaluation and  
7 Research, and the agency lead on compounding.

8 MS. BORMEL: Gail Bormel, acting division  
9 director, Division of Prescription Drugs in CDER's  
10 Office of Compliance.

11 DR. VENITZ: Dr. Lo Re, do you want to  
12 introduce yourself, please?

13 DR. LO RE: Yes. My name is Vincent Lo Re  
14 from the Division of Infectious Diseases in the  
15 Department of Biostatistics and Epidemiology at the  
16 University of Pennsylvania.

17 DR. VENITZ: Thank you. Dr. Chang, would  
18 you introduce yourself, please?

19 DR. CHANG: Lin Chang, faculty member at  
20 UCLA, Division of Digestive Diseases.

21 DR. VENITZ: Thank you. Dr. Gulur, please  
22 introduce yourself.

1 DR. GULUR: This is Dr. Gulur, director of  
2 pain care at the University of California.

3 DR. VENITZ: Thank you.

4 DR. HONG: Cindy Hong, acting designated  
5 federal officer for the Pharmacy Compounding  
6 Advisory Committee.

7 DR. VENITZ: I'm Jurgen Venitz. I'm a  
8 clinical pharmacologist and professor at the VCU  
9 School of Pharmacy.

10 DR. VAIDA: Allen Vaida. I'm a pharmacist  
11 at the Institute for Safe Medication Practices.

12 MS. JUNGMAN: Elizabeth Jungman. I direct  
13 public health programs at the Pew Charitable  
14 Trusts.

15 DR. PHAM: Katherine Pham, NICU clinical  
16 pharmacy specialist at Children's National Medical  
17 Center.

18 MR. HUMPHREY: William Humphrey, the  
19 director of pharmacy operations, St. Jude's  
20 Children's Research Hospital in Memphis.

21 MS. DAVIDSON: Gigi Davidson, USP  
22 representative to the Pharmacy Compounding Advisory

1 Committee, and director of pharmacy at the North  
2 Carolina State University College of Veterinary  
3 Medicine.

4 DR. DIGIOVANNA: John DiGiovanna. I'm a  
5 dermatologist on the staff of the Dermatology  
6 Branch, National Cancer Institute, NIH.

7 DR. WALL: Donna Wall, pharmacist. I  
8 represent NABP. And I'm a clinical pharmacist at  
9 University Hospital in Indianapolis.

10 DR. CAROME: Mike Carome, director of Public  
11 Citizen's Health Research Group.

12 MR. MIXON: Good morning. Bill Mixon, The  
13 Compounding Pharmacy, Hickory, North Carolina. I'm  
14 one of two nonvoting industry members.

15 DR. BRAUNSTEIN: Ned Braunstein. I'm the  
16 head of regulatory affairs at Regeneron  
17 Pharmaceuticals. I'm the other nonvoting industry  
18 representative.

19 DR. VENITZ: Thank you, and thank you for  
20 coming back for this second day. So let me read  
21 the official start of the meeting notes.

22 For topics such as those being discussed at

1 today's meeting, there are often a variety of  
2 opinions, some of which are quite strongly held.  
3 Our goal is that today's meeting will be a fair and  
4 open forum for discussion of these issues and that  
5 individuals can express their views without  
6 interruption. Thus, as a reminder, individuals  
7 will be allowed to speak into the record only if  
8 recognized by the chair. We look forward to a  
9 productive meeting.

10 In the spirit of the Federal Advisory  
11 Committee Act and the Government in the Sunshine  
12 Act, we ask that the advisory committee members  
13 take care that their conversations about the topic  
14 at hand take place in the open forum of the  
15 meeting.

16 We are aware that members of the media may  
17 be anxious to speak with the FDA about these  
18 proceedings. However, FDA will refrain from  
19 discussing the details of this meeting with the  
20 media until its conclusion.

21 Also, the committee is reminded to please  
22 refrain from discussing the meeting topic during

1 breaks or during lunch.

2 Let us begin, and we are officially  
3 beginning with Dr. Hong reading the conflict of  
4 interest statement in the record.

5 **Conflict of Interest Statement**

6 DR. HONG: The Food and Drug Administration  
7 is convening today's meeting of the Pharmacy  
8 Compounding Advisory Committee under the authority  
9 of the Federal Advisory Committee Act of 1972.

10 With the exception of the National  
11 Association of Boards of Pharmacy, the United  
12 States Pharmacopoeia, and the industry  
13 representatives, all members and temporary voting  
14 members of the committee are special government  
15 employees or regular federal employees from other  
16 agencies and are subject to federal conflict of  
17 interest laws and regulations.

18 The following information on the status of  
19 this committee's compliance with federal ethics and  
20 conflict of interest laws covered by, but not  
21 limited to, those found at 18 USC Section 208 is  
22 being provided to participants in today's meeting

1 and to the public.

2 FDA has determined that members and  
3 temporary voting members of this committee are in  
4 compliance with federal ethics and conflict of  
5 interest laws. Under 18 USC Section 208, Congress  
6 has authorized FDA to grant waivers to special  
7 government employees and regular federal employees  
8 who have potential financial conflicts when it is  
9 determined that the agency's need for a special  
10 government employee's services outweighs his or her  
11 potential financial conflict of interest, or when  
12 the interest of a regular federal employee is not  
13 so substantial as to be deemed likely to affect the  
14 integrity of the services, which the government may  
15 expect from the employee.

16 Related to the discussions of today's  
17 meeting, members and temporary voting members of  
18 the committee have been screened for potential  
19 financial conflicts of interest of their own as  
20 well as those imputed to them, including those of  
21 their spouses or minor children and, for purposes  
22 of 18 USC Section 208, their employers. These

1 interests may include investments, consulting,  
2 expert witness testimony, contracts, grants,  
3 CRADAs, teaching, speaking, writing, patents and  
4 royalties, and primary employment.

5 On October 28, 2015, the committee will  
6 discuss four bulk drug substances nominated for  
7 inclusion under Section 503A, Bulk Drug Substance  
8 List. FDA intends to discuss the following  
9 nominated bulk drug substances: alanyl-L-  
10 glutamine, glutaraldehyde, glycyrrhizin, and  
11 domperidone. Other nominated substances will be  
12 discussed at future committee meetings.

13 This is a particular matters meeting, during  
14 which specific matters related to the four bulk  
15 drug substances will be discussed.

16 Based on the agenda for today's meeting and  
17 all financial interests reported by the committee  
18 members and temporary voting members, no conflict  
19 of interest waivers have been issued in connection  
20 with this meeting.

21 To ensure transparency, we encourage all  
22 standing committee members and temporary voting



1 members to disclose any public statements that they  
2 have made concerning the bulk drug substances at  
3 issue.

4 We would like to note that Dr. Donna Wall is  
5 a representative member from the National  
6 Association of Boards of Pharmacy, and Ms. Gigi  
7 Davidson is a representative member from the United  
8 States pharmacopoeia.

9 Section 102 of the Drug Quality and Security  
10 Act amended the Federal Food, Drug, and Cosmetic  
11 Act with respect to the advisory committee on  
12 compounding to include representatives from the  
13 NABP and the USP. Their role is to provide the  
14 committee with the points of view of the NABP and  
15 the USP.

16 Unlike the other members of the committee,  
17 representative members are not appointed to the  
18 committee to provide their own individual judgments  
19 on the particular matter at issue. Instead, they  
20 serve as the voice of the NABP and USP, entities  
21 with a financial or other stake in the particular  
22 matters before the advisory committee.

1           With respect to FDA's invited industry  
2 representatives, we would like to disclose that  
3 Dr. Ned Braunstein and Mr. William Mixon are  
4 participating in this meeting as nonvoting industry  
5 representatives, acting on behalf of regulated  
6 industry. Their role at this meeting is to  
7 represent industry in general and not any  
8 particular company. Dr. Braunstein is employed by  
9 Regeneron Pharmaceuticals, and Mr. Mixon is the  
10 owner of The Compounding Pharmacy.

11           We would like to remind members and  
12 temporary voting members that if the discussions  
13 involve any other bulk drug substances not already  
14 on the agenda for which an FDA participant has a  
15 personal or imputed financial interest, the  
16 participants need to exclude themselves from such  
17 involvement, and their exclusion will be noted for  
18 the record.

19           FDA encourages all other participants to  
20 advise the committee of any financial relationships  
21 that they may have with the bulk drug substances at  
22 issue. Thank you.

1 DR. VENITZ: Thank you, Dr. Hong.

2 As you know, we are asked as a committee to  
3 consider three substances to be put on the 503 bulk  
4 drug substance list. So what we're going to have  
5 is to have three presentations by the FDA, each  
6 followed by clarifying questions.

7 Our first presenter is Dr. Korvick, and she  
8 is going to review FDA's summary and recommendation  
9 for alanyl-L-glutamine.

10 **FDA Presentation - Joyce Korvick**

11 DR. KORVICK: Good morning. I'm  
12 Dr. Korvick. I'm the deputy director for safety  
13 for the Division of Gastroenterology and Inborn  
14 Errors Products at the FDA.

15 Good morning, everyone. We're going to  
16 discuss alanyl-L-glutamine for this session. This  
17 is the review team that worked on the product, my  
18 colleagues from the division and a pharmacy quality  
19 reviewer from the Office of Pharmacy Quality.

20 We're looking at the nomination for the  
21 alanyl-L-glutamine for intravenous use as a  
22 nutritional support in critically ill patients and

1 to reduce the rate of infectious complications in  
2 surgically and critically ill patients. And it's  
3 important to draw your attention. This is an  
4 intravenous nomination.

5 This slide shows the physical and chemical  
6 characteristics of alanyl-L-glutamine, and you can  
7 see it's a diamine. I'm not going to read this  
8 whole slide for you.

9 Possible synthetic routes are important.  
10 Multiple methods and routes of manufacture have  
11 been reported, including enzymatic processes and  
12 E. coli fermentation processes. This dipeptide is  
13 produced as a solid and is intended for compounding  
14 into a solution dosage for intravenous formulation.

15 Likely impurities could be other amino acid  
16 dipeptides or polypeptides; residual organic  
17 solvents and reagents used in manufacture and  
18 purification processes; heavy metal or elemental  
19 impurities from starting material and agents used  
20 in the manufacture process; potential for bioburden  
21 including fungus, bacteria, when the product is  
22 produced by fermentation; or endotoxins.

1           In conclusion, alanine is a well-  
2 characterized chemical entity. The types and  
3 levels of potential impurity of this chemical  
4 entity can vary depending on the starting material,  
5 the reagent, and the manufacturing process.

6           The quality cannot be adequately assessed  
7 due to the lack of information regarding the  
8 manufacturing of alanyl-L-glutamine from the  
9 suppliers of this chemical entity. So a key safety  
10 concern is the lack of established quality standard  
11 for the API intended for compounding into large  
12 volume parenteral formulations for repeated  
13 intravenous administration to compromised patients  
14 with severe underlying illness.

15           Next, we'll turn to the nonclinical  
16 assessment. Pharmacologically, alanyl-L-glutamine  
17 is rapidly converted in the body to alanine and  
18 glutamine following infusion. Glutamine is not an  
19 essential amino acid and is abundant in the blood  
20 and intracellular tissue.

21           Glutamine plays an important role in a  
22 number of physiologic functions, including protein

1 synthesis, immune cell growth, maturation, and  
2 function. Glutamine levels decrease in severely  
3 ill patients with high catabolic rates and patients  
4 with impaired ability to absorb glutamine.

5 The safety. There were no studies on CNS,  
6 cardiovascular, or respiratory function available  
7 on review of the clinical data. In nonclinical  
8 assessment, we saw one study for acute toxicity for  
9 alanyl-L-glutamine in Sprague Dawley rats with  
10 single oral doses up to 2000 milligrams per  
11 kilogram.

12 There were two studies that we reviewed for  
13 repeat dose toxicity. Again, the first one was a  
14 14-day oral dose-ranging study, and they saw no  
15 clear treatment-related adverse events at doses up  
16 to 5 percent; a 13-week study, again oral study, in  
17 male and female rats, and again there were no clear  
18 treatment-related adverse events, suggesting that  
19 the highest dose for males studied was around  
20 3000 milligrams, and similar for females, and no  
21 observed adverse event level could be calculated  
22 because there weren't any adverse events.

1           Then further nonclinical assessment, for  
2 mutagenicity, it was determined not to be mutagenic  
3 or clastogenic in the Ames test for the Chinese  
4 hamster lung model. However, review of the  
5 literature did not reveal any information on animal  
6 studies for development and reprotox,  
7 carcinogenicity, or toxicokinetics.

8           Other relevant toxicology studies to share  
9 with you, since it's rapidly metabolized to  
10 glutamine and alanine, we note here that there was  
11 a study, 26 weeks, in rats where they tolerated  
12 extremely high dietary levels of alanine.

13           So the conclusion for the nonclinical  
14 assessment was that it was well-tolerated in rats  
15 at high dietary levels orally for 13 weeks. And  
16 again, no intravenous animal studies were available  
17 for this compound.

18           In our human safety review, we have concerns  
19 related to intravenous administration of bulk  
20 compounded parenteral products, again regarding  
21 potential impurities that I listed earlier.

22           Adverse event reactions. The safety profile

1 should be similar to that of glutamine because this  
2 is rapidly converted to glutamine. However, in the  
3 literature, we note that caution is made when  
4 administering this product to patients with liver  
5 and kidney disease, and that patients with specific  
6 amino acid metabolism defects may be at greater  
7 risk for hyperammonemia and CNS toxicity.

8           So we reviewed the literature. Before that,  
9 though, we asked our colleagues in the Office of  
10 Safety Evaluation to look at the FAERS database.  
11 And we searched these terms listed here, including  
12 glutamine.

13           We came up with three foreign reports of an  
14 adverse event for alanyl glutamine, and these  
15 probably could not be related directly to the use  
16 of alanyl glutamine because these patients had  
17 underlying morbidity.

18           We came up with, for the search on  
19 glutamine, 83 unduplicated adverse event reports.  
20 Eleven of those cases had no concomitant drugs  
21 administered. There were seven unique death cases  
22 listed, and the cause of death was three for



1 cancer, one for stroke, and three were unknown.  
2 And two of the seven had a history of cancer.  
3 There were two nonfatal cases of these, one  
4 hospital admission for an upset stomach and  
5 vomiting, and one for sickle cell crisis while  
6 taking glutamine.

7           Since this is derived from dietary  
8 supplement sources, we also had CFSAN look at their  
9 adverse reporting system, which is different than  
10 FAERS. As you can imagine, there are a lot of  
11 different things reported, and there are no  
12 systematic, standard names for some of these  
13 products that you can buy off the shelf.

14           They reported 49 spontaneous reports, and 33  
15 were documented to have taken the oral product  
16 containing glutamine. You can imagine some of  
17 these products have names, but they don't always  
18 have what's in them.

19           We noted these 33 cases, and there were no  
20 fatalities reported, and there was a wide range of  
21 adverse reactions related. However, again, because  
22 of the type of data, a direct linkage to cause and

1 effect with taking these dietary supplements could  
2 not be drawn.

3 Then we turn to the safety data in the  
4 literature. We found one recent large study in  
5 critically ill patients in intensive care units in  
6 multiple countries, a multi-center study, with  
7 organ failure receiving mechanical ventilation.

8 Then in this study, 611 adult patients  
9 received 45 grams of glutamine supplements daily.  
10 Fifty percent of that dose was provided as alanyl  
11 glutamine intravenously, and 50 percent was orally,  
12 alanyl glutamine and glycine glutamine.

13 The adverse reported events, 52 serious  
14 in 46 patients, and 4 were considered to be  
15 potentially related to study drug. There was no  
16 statistically significant difference between  
17 adverse events across groups, and the study also  
18 noted elevated serum urea levels in patients  
19 receiving glutamine.

20 But an interesting outcome was the  
21 measurement of mortality. The authors reported the  
22 28-day mortality, the in-hospital mortality, and

1 the mortality at six months. And all of these were  
2 higher in the alanine glutamine-treated group,  
3 alanyl-L-glutamine-treated group, and statistically  
4 so for the in-hospital mortality and the mortality  
5 at six months.

6 Because of these results, a recent update in  
7 2015 in Canadian practice guidelines recommended  
8 that parenteral supplementation with glutamine not  
9 be used based in part on the mortality results from  
10 the Heyland trial. That was the trial I just  
11 reported.

12 The data suggests that glutamine  
13 supplementation should not be given in high doses  
14 or early in acute critical illness in patients with  
15 multi-organ failure or unresuscitated shock  
16 requiring significant vasopressor support.

17 In a recent Cochrane review in 2014, they  
18 noted that alanyl-L-glutamine or glutamine  
19 supplementation had little effect on the risk of  
20 mortality or the length of ICU stay with glutamine  
21 supplementation. So there are concerns about the  
22 safety of bulk substance potential toxicity from

1 heavy metal contaminants.

2 Our literature review went further, and you  
3 have our backgrounder, which delves into the  
4 details very briefly. But we are going to just  
5 briefly highlight that we focused on four published  
6 literature reviews.

7 These were systematic reviews and meta-  
8 analysis of the literature and the Aspen paper in  
9 2011. As you can imagine, things have progressed  
10 since then. There's a Cochrane review in 2014, a  
11 review by Wischmeyer et al. in 2014, and then the  
12 updated Canadian Practice Guidelines.

13 I should point out that these publications  
14 include multiple clinical trials, generally small  
15 in size with varying results. And this is in  
16 contrast with the one large multi-center randomized  
17 study by Heyland et al.

18 This just gives you a view of the Cochrane  
19 review and the various outcomes that were studied,  
20 including infectious complications, length of ICU  
21 stay, and mortality.

22 I just show this to you here because you can

1 see that the number of patients included in these  
2 various studies vary depending on the studies  
3 included per the particular analysis because not  
4 all studies reported each of these outcomes, and  
5 that the quality of evidence for these various  
6 outcomes vary from moderate to low.

7           This is an overall schema representing key  
8 findings from the meta-analysis of these studies.  
9 I just put this here to show you that there's a  
10 variety of outcomes. Mortality, the Cochrane found  
11 no impact. For the Wischmeyer review, they had a  
12 trend favorable for this supplementation with  
13 glutamine. This should say, parenthetically, these  
14 studies do have some alanyl-L-glutamine but mostly  
15 glutamine. However, the Heyland showed a negative  
16 impact.

17           So you can see that divergence in outcomes  
18 for these, either trending, nonsignificant,  
19 favorable, or unfavorable across these outcomes.

20           So as I mentioned before, the majority of  
21 these studies in the Cochrane review were small.  
22 Three-quarters had sample sizes fewer than a

1 hundred. The vast majority of these had sample  
2 sizes under 50.

3 Over half of the studies in the Wischmeyer  
4 and the Canadian reviews had sample sizes less than  
5 a hundred. Again, there are varying outcome  
6 results and are of varying quality within the meta-  
7 analysis and across the meta-analysis. On the  
8 other hand, we have this one large glutamine  
9 supplementation study. However, this study may be  
10 slightly different than the kind of study -- the  
11 patients that were studied in these other reviews.  
12 However, it is a large single study, randomized,  
13 controlled.

14 Moving on to other questions in this review,  
15 yes, this product is intended to be used in  
16 critically ill patients. Are there alternative  
17 approved therapies? Although not FDA-approved for  
18 intravenous administration, glutamine is a  
19 component of an approved product and is the subject  
20 of a USP monograph, and therefore can be used in  
21 compounding under Section 503A of the FD&C Act.

22 So again, our conclusion for effectiveness

1 is that supplementation of parenteral glutamine may  
2 improve clinical outcomes when given to appropriate  
3 patients as part of complete nutritional support.  
4 However, this has not been persuasively  
5 established.

6 The timing of administration, dosage, and  
7 specific subset of critically ill patients for whom  
8 glutamine supplementation might be beneficial has  
9 not been determined and requires further study.  
10 Significant benefit/risk evaluation is necessary,  
11 given these knowledge gaps; also noting the recent  
12 data from the Heyland study, which suggests  
13 glutamine supplementation may be associated with  
14 increased mortality in critically ill patients.

15 In light of the above effectiveness  
16 considerations and given the safety concerns  
17 surrounding potential toxic impurities in the  
18 parenteral administration of alanyl-L-glutamine for  
19 chronically ill patients, and in conjunction with  
20 the increased mortality observed in a large  
21 randomized, controlled trial, we do not recommend  
22 that alanyl-L-glutamine be placed on the list of

1 bulk substances that may be used for compounding  
2 under Section 503A of the FD&C Act. Thank you.

3 **Clarifying Questions**

4 DR. VENITZ: Thank you.

5 Are there any clarifying questions?

6 Dr. DiGiovanna?

7 DR. DIGIOVANNA: Yes. DiGiovanna. So I  
8 would get the sense that a major concern here has  
9 to do with impurities based upon synthesis. And I  
10 guess that's based upon the status quo now. But if  
11 that should change in the future, I think that  
12 would change the balance. Is that reevaluated or  
13 reevaluable at some point if a better synthetic,  
14 more pure product were to become easily available?

15 DR. KORVICK: I think that what is unique  
16 about these substances is they're used in large  
17 volume on a daily basis, perhaps for a long time.  
18 So what might be a single small-volume infusion for  
19 an antibiotic, that concentration in there might be  
20 negligible, but the cumulative effect.

21 As I understand it, and my colleagues may be  
22 able to help me, I think that it's not clear when



1 you do this compounding what you're going to pull  
2 off the shelf to use to compound. So I think maybe  
3 Jane would have a comment on that. I don't know  
4 that we can assure, as the same way that we could  
5 ensure with an approved product, that we would have  
6 that level of quality.

7 MS. AXELRAD: Yes. I think this is related  
8 to what we talked about yesterday in that there  
9 aren't data to suggest what should be the standards  
10 for it, and there are no monograph standards for  
11 it.

12 I think it's conceivable that there might be  
13 at some point a monograph developed in the USP for  
14 this if it were on the list. But I also think that  
15 Dr. Korvick said that the impurities was one part  
16 of it, but I think that she was also citing  
17 studies, including a randomized, controlled study,  
18 that had nothing to do with the impurities in it,  
19 but basically showed that it didn't really help and  
20 could hurt.

21 So I think the impurities -- it's possible  
22 that if someone had data, they could identify what

1 levels of impurities would be okay if you were  
2 going to be using it chronically, like Dr. Korvick  
3 said, maybe.

4 DR. KORVICK: I would also like to add that  
5 it's important for these various reasons that our  
6 division would like to encourage people to come in  
7 with applications so that we can provide quality  
8 products to this vulnerable population.

9 I think we've been reaching out to the  
10 various groups and nutritional societies,  
11 et cetera, to work on these things, and there are a  
12 number of these types of products that languish.  
13 And that's why people reach for them to compound  
14 them.

15 So we would like to see more applications  
16 where we have a quality product that has the  
17 standards that we are accustomed to when we give  
18 prescription drugs, and that we know what the safe  
19 doses and so forth in the recommendations could be.  
20 So bringing those under that NDA process would give  
21 us a better product for the population at large.

22 DR. VENITZ: Can I ask you to amplify on the

1 alternative treatment that you're referring to in  
2 slide number 23?

3 DR. KORVICK: Slide number --

4 DR. VENITZ: Twenty-three. You are  
5 referring to an FDA -- not approved for IV, but a  
6 component of an approved product.

7 DR. KORVICK: We have some products that are  
8 multiple amino acid combinations, so you might be  
9 able to find that in one of those. Right now, I  
10 can't tell you the name of them.

11 DR. VENITZ: No. That's fine. But that's  
12 for oral use only. Right?

13 DR. KORVICK: What?

14 DR. VENITZ: That is for oral use only?

15 DR. KORVICK: My colleagues in OUDLC helped  
16 me with this, so I can't answer that question.

17 MS. AXELRAD: We have to look that up. I  
18 think we'd have to look it up and get back to you.  
19 Your question is whether the alternative approved  
20 therapies -- it says here, although not FDA-  
21 approved for intravenous administration, glutamine  
22 is a component of an approved product. Right?

1 DR. VENITZ: Yes. I'd like to know whether  
2 there's an approved product --

3 DR. KORVICK: So this would be oral. I'm  
4 reading the slide now. Thank you. It's a little  
5 early. I apologize.

6 DR. VENITZ: So this is oral only. There's  
7 no IV product that is approved?

8 DR. KORVICK: No. Glutamine itself is under  
9 USP. There's a monograph for glutamine.

10 DR. VENITZ: Okay. Thank you.

11 Yes, Mr. Mixon?

12 MR. MIXON: Did you come across any clinical  
13 information that would make this product more  
14 advantageous than just plain L-glutamine for use in  
15 patients that are extremely metabolically  
16 compromised? My experience with L-glutamine is in  
17 clinical nutrition with parenteral TPN therapy. So  
18 my question is --

19 DR. KORVICK: Are you talking about alanyl-  
20 L-glutamine?

21 MR. MIXON: Yes. Is there any reason at all  
22 that this would be better than just plain L-

1 glutamine, which is already approved?

2 DR. KORVICK: The reason that we understand  
3 that it might contribute somebody to the therapy,  
4 it's not that it provides more for the patients.  
5 But this particular diamine is more stable than  
6 glutamine, so it may be more convenient for  
7 administration than glutamine. That's what we  
8 understand.

9 MR. MIXON: But we haven't heard from any  
10 nominators that this product is needed for  
11 parenteral nutrition. Correct?

12 DR. KORVICK: It is not an essential amino  
13 acid, so you can use glutamine. This spans a very  
14 short amount of time after you infuse it in the  
15 body as alanyl-L-glutamine. Basically, what it  
16 does is provide glutamine.

17 MR. MIXON: Right. Thank you.

18 DR. VENITZ: Any further clarifying  
19 questions?

20 (No response.)

21 DR. VENITZ: Then thank you.

22 Our next presentation is regarding

1 glutaraldehyde, and we've got Dr. Ko presenting  
2 FDA's summary and recommendation.

3 **FDA Presentation - Hon Sum Ko**

4 DR. KO: Good morning. I am Hon Sum Ko from  
5 the Division of Dermatology and Dental Products.  
6 Today I'm going to discuss glutaraldehyde as a  
7 candidate for the 503A list for bulk substances for  
8 compounding. This slide shows my colleagues in  
9 this review for glutaraldehyde, including Dr. Bain,  
10 Dr. Yao, and Dr. Tran.

11 Glutaraldehyde has been nominated to be put  
12 on the list of bulk drug substances to be used for  
13 compounding under Section 503A for two proposed  
14 uses, for the treatment of warts and as a soaking  
15 solution for heart valve repairs.

16 This presentation will focus on the  
17 treatment of warts. The use of glutaraldehyde as a  
18 soaking solution for heart valve repairs is in fact  
19 the use of the substance as a reagent in the  
20 preparation of the heart valve as a medical device.  
21 So this will not be addressed under bulk drug  
22 substances under 503A.

1           Glutaraldehyde for the treatment of  
2 cutaneous warts has been mainly used as a topical  
3 formulation, and frequently as a solution. The  
4 mechanism of action is not entirely clear, and the  
5 current consensus seems to be through chemical  
6 dehydration, causing superficial tissue necrosis.

7           There may be other mechanisms of action  
8 because glutaraldehyde is a keratolytic agent, and  
9 it may perhaps have antiviral activity as it also  
10 binds DNA and protein.

11           This slide shows physical and chemical  
12 characterization. The substance is a small  
13 compound of 110 molecular weight. It's a  
14 dialdehyde with a density near that of water, and  
15 it's liquid at room temperature. When it boils, it  
16 will decompose.

17           This slide shows the two possible synthetic  
18 routes for glutaraldehyde. It may be synthesized  
19 from cyclopentene through oxidation, or a  
20 combination of acrolein, together with methyl vinyl  
21 ether, through an intermediate and then hydrolysis  
22 to give this dialdehyde.

1           So the likely impurities would be starting  
2 material and possible air oxidation products from  
3 aldehyde to acid, glutaric acid and 5-oxopentanoic  
4 acid. So the conclusion, after review for the  
5 physical and chemical characteristics, would  
6 suggest that this substance is well characterized  
7 physically and chemically.

8           From chemical synthesis and stability  
9 perspectives, the compounding of glutaraldehyde as  
10 a topical product is reasonable when it is properly  
11 stored, protected from heat and air.

12           Nonclinical assessment. We discussed  
13 earlier about mechanism of action, so I'm not going  
14 to address any further.

15           Safety pharmacology in animal studies showed  
16 adverse effects potentially on nervous system,  
17 cardiovascular, and respiratory systems after  
18 systemic exposure. And as to locally, it causes  
19 irritation of skin, eyes, and respiratory tract,  
20 and it would be exacerbated by repeated exposure.

21           Developmental and reproductive toxicity as  
22 well as carcinogenicity studies have not shown



1 positive results, and it's a skin sensitizer. The  
2 mutagenicity studies, since it is reactive with  
3 binding DNA and protein as a cross-linker, in vitro  
4 studies show positive results. However, in vitro  
5 studies do not clearly indicate that there is  
6 mutagenicity.

7 There have been no reports of in vivo human  
8 pharmacokinetic studies for glutaraldehyde.

9 In vitro studies suggest that glutaraldehyde  
10 solution can absorb into and bind to the skin  
11 tissue. And because a lot is bound already, only a  
12 small fraction would pass through the skin and  
13 become available systemically.

14 Human safety data. As we discussed earlier,  
15 glutaraldehyde is an irritant, and so irritation to  
16 respiratory and dermatological systems through the  
17 vapor or direct contact will be able to occur. And  
18 so this presents occupational hazard to workers  
19 exposed to this substance in the environment.

20 Again, as mentioned earlier, it is a  
21 sensitizer, and so it may cause allergic contact  
22 dermatitis. And for clinical use, the primary

1 concern is about skin ulceration and necrosis,  
2 which will be discussed further next slide.

3 Human safety data in clinical trials. There  
4 have been dedicated dermal safety studies for  
5 glutaraldehyde for the toxicity and for  
6 teratogenicity, and these were negative in results.

7 There is low sensitization and irritancy  
8 potential. However, there have been no randomized,  
9 controlled trials specifically to determine the  
10 safety of glutaraldehyde, and available data are  
11 primarily from open label studies or case reports.

12 Frequently they may have a brown  
13 discoloration that could be transient. Again,  
14 irritation, allergic contact dermatitis, skin  
15 ulceration, necrosis -- these have all been  
16 reported. And skin ulceration and necrosis are  
17 more prone with higher concentrations of  
18 glutaraldehyde, such as 20 percent or higher.

19 For efficacy in the treatment of cutaneous  
20 warts, there has been a small controlled clinical  
21 trial comparing glutaraldehyde, 10 percent  
22 solution, to a formulation that is not marketed in

1 this country. The study was done in the United  
2 Kingdom, where they have a salicylic acid/lactic  
3 acid paint for plantar warts, and the results were  
4 comparable in terms of cure rates. And from the  
5 open label studies in the literature, there have  
6 been varying degrees of efficacy, between 71 to  
7 100 percent for cure rates.

8 Historical use. Glutaraldehyde has been  
9 compounded for medical use for several conditions,  
10 for excessive sweating in the foot, for nail  
11 fungus, and also for cutaneous warts. So it is a  
12 viable option for the treatment of cutaneous warts,  
13 and the use appears to be widespread, with approved  
14 formulations in some countries.

15 To summarize and conclude in terms of the  
16 full criteria we use, glutaraldehyde is well  
17 characterized in its physical and chemical  
18 properties. Its topical use may result in adverse  
19 events such as skin discoloration, contact  
20 dermatitis, and skin ulceration and necrosis,  
21 especially with high concentrations. These risks  
22 may be managed by the use of lower strengths, like

1 10 percent or lower.

2 There is evidence of efficacy in the  
3 treatment of warts, based primarily on open label  
4 studies, and its use for cutaneous warts has been  
5 widespread for quite some time, like over 14 years.

6 Therefore, we recommend that glutaraldehyde  
7 for topical use be placed on the list of bulk drug  
8 substances under 503A of the Food, Drug, and  
9 Cosmetic Act for compounding. Thank you.

10 **Clarifying Questions**

11 DR. VENITZ: Thank you, Dr. Ko.

12 Any clarifying questions? Dr. Carome?

13 DR. CAROME: Mike Carome. Two questions.

14 Is this intended to be self-administered by the  
15 patient at home or is it used in the doctor's  
16 office?

17 DR. KO: This can be self-administered, yes.

18 DR. CAROME: And in terms of the local  
19 reactions that you describe, including skin  
20 ulceration and necrosis, do you know how this  
21 product compares to other treatments used for warts  
22 in terms of those types of adverse events?

1 DR. KO: For approved treatments, in this  
2 country, there is an over-the-counter monograph  
3 with some salicylic acid formulations with  
4 different excipients. And the use with what is  
5 monographed would be unlikely to be associated with  
6 those events.

7 DR. VENITZ: Dr. Davidson?

8 DR. DIGIOVANNA: This is Dr. DiGiovanna.  
9 Let me just address your question. There are many,  
10 many treatments for warts, and warts are very  
11 common. Glutaraldehyde isn't a commonly-used  
12 treatment.

13 However, the spectrum of warts in  
14 individuals is quite enormous, and people who take  
15 care of rare diseases, particularly some more  
16 recently-identified immunosuppressive disorders  
17 that are generally inherited -- Dock8 deficiency is  
18 a disorder related to very extensive susceptibility  
19 to human papilloma virus, molluscum contagiosum,  
20 systemic infections, and lymphomas; as is another  
21 disorder, WHIM syndrome, which is related to warts  
22 immunodeficiency -- these individuals have horrific

1 issues with respect to morbidity and mortality from  
2 lymphoma, but their lives are disrupted by  
3 thousands and thousands of warts.

4 So those individuals we try to get to a  
5 point where you can manage their lives. And so the  
6 alternative would be for a treatment where some  
7 dermatologist would use very toxic, destructive  
8 treatments; for example, for individual lesions,  
9 intralesional bleomycin, the chemotherapy, which  
10 would cause necrosis.

11 So you really have to place this into a  
12 balance. We're not talking about treating a child  
13 with one or two or even 20 or 30 warts. You're  
14 really talking about the very difficult situation.  
15 So that's the scenario where this drug would be  
16 considered.

17 DR. KO: Right. And I agree entirely with  
18 Dr. DiGiovanna. A lot of the treatments, so-called  
19 treatments available, are off-label uses. So it  
20 would be something available when we have this for  
21 compounding.

22 DR. VENITZ: Dr. Davidson?

1 MS. DAVIDSON: Just a comment.  
2 Glutaraldehyde solution does have a USP-NF  
3 monograph. So I'm not sure why it's on this list,  
4 but it is under Glutaral solution.

5 MS. AXELRAD: Apparently that's a 50 percent  
6 solution, and --

7 MS. DAVIDSON: It's not defined in the  
8 monograph as a given percentage. It just has a  
9 range of plus or minus 10 percent in the NF  
10 monograph.

11 DR. VAIDA: In a follow-up, I was going to  
12 ask also if this is supposed to be administered by  
13 patients at home. But you also have for adverse  
14 reactions an occupational hazard to workers  
15 exposed. So is this an issue with patients giving  
16 it at home, also being exposed? Or is it a low  
17 strength?

18 DR. KO: The amount to be used topically  
19 probably is not causing that. We have asked the  
20 Office of Drug Safety to look into adverse event  
21 reporting under the FAERS system, specifically for  
22 reports on glutaraldehyde use for warts. And they

1 really didn't find any. Most of the reports were  
2 from industry use or other purposes.

3 As you know, the substance is also available  
4 for other uses. It's a disinfectant cleared by the  
5 Center for Devices and Radiological Health. So it  
6 is not something that is unknown or not available.  
7 But for compounding, this would be something  
8 different.

9 DR. VENITZ: Thank you.

10 Are there any other questions or comments?

11 (No response.)

12 DR. VENITZ: Then thank you, Dr. Ko.

13 Our last FDA presentation is by  
14 Dr. Connelly. She's going to tell us about  
15 glycyrrhizin and the FDA's review and  
16 recommendation.

17 **FDA Presentation - Sarah Connelly**

18 DR. CONNELLY: Good morning. It is a  
19 pleasure to present findings from FDA's  
20 collaborative review of glycyrrhizin. Glycyrrhizin  
21 by intravenous administration has been nominated  
22 for inclusion on the list of bulk substances for



1 use in compounding under Section 503A for use in  
2 the treatment of chronic viral illnesses such as  
3 hepatitis C. I will be presenting on behalf of the  
4 FDA review team, which also includes Dr. Mark  
5 Powley, Dr. William Ince, and Dr. George Lunn.

6 Glycyrrhizin, also known as glycyrrhizic  
7 acid or glycyrrhizinic acid, is extracted from the  
8 root of the licorice plant, *Glycyrrhiza glabra*.  
9 Although the National Formulary-grade ammonium  
10 glycyrrhizate is well characterized with tests for  
11 assay impurities, identity, residue on ignition,  
12 optical rotation, and water, the 503A nomination  
13 refers to other preparations.

14 These include USP dietary supplement  
15 monographs for powdered licorice and the NF  
16 monograph for licorice fluid extract. Together  
17 with Chinese traditional medicines, these  
18 preparations exhibit low glycyrrhizin assay values  
19 and are poorly characterized with regard to  
20 impurities. And they may contain other  
21 pharmacologically active compounds such as  
22 morphine, ephedrine, pseudoephedrine,

1 methylephedrine, and amygdaline.

2           These next few slides provide information  
3 pertaining to the nonclinical safety of  
4 glycyrrhizin. In primary pharmacology studies,  
5 antiviral activity has not been adequately  
6 demonstrated. Selectivity indices for hepatitis C  
7 and other viruses were generally estimated to be  
8 less than 10, consistent with a lack of significant  
9 antiviral effect.

10           An identified concern from safety  
11 pharmacology is glycyrrhizin's inhibition of  
12 11-beta-hydroxysteroid dehydrogenase in the kidney,  
13 which will be discussed in more detail in the human  
14 safety slides.

15           No effects were observed on cardiovascular,  
16 respiratory, or gastrointestinal systems of cats  
17 given single intraperitoneal doses of glycyrrhetic  
18 acid in safety pharmacology studies.

19           The lethal dose-50 for glycyrrhizinic acid  
20 and various salts in acute toxicology studies in  
21 mice, guinea pigs, and dogs was in the range of 308  
22 to 12,700 milligrams per kilogram. Intravenous

1 administration of ammoniated glycyrrhizin in mice  
2 resulted in convulsions and hemolysis.

3 In repeat dose toxicology studies, high oral  
4 doses of glycyrrhizinic acid and/or its  
5 monoammonium salt in rats and mice led to apparent  
6 mineralocorticoid excess, otherwise known as  
7 pseudohyperaldosteronism, which I'll also discuss  
8 more in the human safety slides. Oral doses of  
9 glycyrrhizin crude extract caused myolysis, or  
10 muscle breakdown, of heart papillary muscles in  
11 rats.

12 Regarding mutagenicity, developmental and  
13 reproductive toxicology, and carcinogenicity  
14 studies, the weight of evidence suggests  
15 glycyrrhizinic acid and related salts are not  
16 genotoxic, are not teratogenic, and in mice  
17 administered oral disodium salt of glycyrrhizinic  
18 acid for 96 weeks, no carcinogenic effects were  
19 observed.

20 Regarding toxicokinetics, orally  
21 administered glycyrrhizinic acid is hydrolyzed in  
22 the gastrointestinal tract to form glycyrrhetic

1 acid, which is then readily absorbed. Intravenous  
2 administered glycyrrhizinic acid is metabolized in  
3 the liver, excreted via bile, and subsequently  
4 metabolized to glycyrrhetic acid in the  
5 gastrointestinal tract.

6 In summary, nonclinical safety conclusions  
7 are that nonclinical data appear to support the  
8 safety of low-level exposures to glycyrrhizinic  
9 acid through oral routes such as diet. However,  
10 there is little nonclinical data for intravenous  
11 glycyrrhizinic acid administration.

12 A primary concern is the potential for off-  
13 target effects related to inhibition of 11-beta-  
14 hydroxysteroid dehydrogenase. Convulsions  
15 occurring following intravenous dosing in mice may  
16 also be relevant for clinical administration.

17 These slides provide information pertaining  
18 to human safety of glycyrrhizin, where  
19 pseudohyperaldosteronism effects have been most  
20 commonly observed. These effects are related to  
21 glycyrrhizin's inhibition of conversion of cortisol  
22 to cortisone in the kidney, as shown in this

1 figure.

2 The metabolite glycyrrhetic acid inhibits  
3 11-beta-hydroxysteroid dehydrogenase, leading to  
4 elevated cortisol levels in the kidney, which  
5 stimulate the mineralocorticoid receptor with  
6 effects such as sodium retention, edema,  
7 hypokalemia or low potassium, and hypertension.

8 A Medline search for licorice revealed more  
9 than a hundred case reports describing events  
10 related to pseudohyperaldosteronism, including  
11 hypokalemia or low potassium, hypertension, edema,  
12 myopathies, with some further serious cases of  
13 rhabdomyolysis, the arrhythmia Torsades de Pointes,  
14 paralysis, posterior reversible encephalopathy  
15 syndrome, a syndrome associated with brain swelling  
16 on MRI, and cardiac arrest. The glycyrrhizin dose  
17 typically was not available on these case reports.

18 Patients with predisposing sodium-retaining  
19 conditions such as ascites and hypertension, which  
20 can occur in chronic hepatitis C infection, may be  
21 more susceptible to glycyrrhizin's  
22 pseudohyperaldosterone effects.

1           In this slide, data from a clinical trial by  
2 Manns et al. identifies patients with chronic  
3 hepatitis C that were administered intravenous  
4 glycyrrhizin at 200 milligrams either 5 times or  
5 3 times a week for 12 weeks, or were administered  
6 placebo.

7           As shown in this table of the trial's most  
8 frequent glycyrrhizin-related adverse events in  
9 patients with chronic hepatitis C infection during  
10 12-week treatment, pseudohyperaldosterone effects  
11 were observed.

12           For example, highlighted in red, if it shows  
13 up, hypertension events considered possibly or  
14 probably related to glycyrrhizin therapy were  
15 higher in the glycyrrhizin-containing groups  
16 compared with the placebo groups. And highlighted  
17 in blue at the bottom of the table, hypokalemia or  
18 low potassium was only reported in patients treated  
19 with intravenous glycyrrhizin.

20           This slide discusses efficacy of  
21 glycyrrhizin in the treatment of chronic hepatitis  
22 C infection. No clinically meaningful antiviral

1 effect, as measured by hepatitis C virus RNA, has  
2 been demonstrated using intravenous glycyrrhizin  
3 for the treatment of chronic hepatitis C infection  
4 in eight identified clinical trials. Some trials  
5 have shown a decrease in alanine aminotransferase  
6 or ALT levels, but this was not sustained following  
7 treatment cessation.

8 Several meta-analyses have concluded that  
9 there are scientifically insufficient data on  
10 glycyrrhizin therapy to evaluate its usefulness.  
11 Stickel and Schuppan's 2007 paper states, "The  
12 treatment of liver disease with glycyrrhizin,  
13 regardless of the etiology, cannot be advocated due  
14 to the lack of obvious benefit."

15 Currently approved oral hepatitis C  
16 direct-acting antiviral treatment options in the  
17 United States include the fixed-dose combination of  
18 paritaprevir/ritonavir/ombitasvir plus dasabuvir  
19 with or without ribavirin, the fixed-dose  
20 combination ledipasvir/sofosbuvir, and the  
21 combination of the individual product sofosbuvir  
22 plus simeprevir.

1           These approved hepatitis C treatment options  
2           have demonstrated antiviral efficacy with sustained  
3           virological response rates exceeding 90 percent in  
4           many populations. Sustained virologic response is  
5           defined as a lack of detection of HCV RNA in the  
6           blood a certain time period measured in weeks after  
7           treatment is completed. And achieving sustained  
8           virologic response, or SVR, is considered a  
9           virologic cure of chronic hepatitis C infection.

10           As stated in the American Association for  
11           the Study of Liver Diseases and the Infectious  
12           Diseases Society of America HCV guidance, across  
13           numerous phase 3 programs, less than 1 percent of  
14           patients without cirrhosis discontinued treatment  
15           early, and AEs, or adverse events, were mild. Most  
16           AEs occurred in ribavirin-containing arms.

17           Discontinue rates were higher for patients  
18           with cirrhosis, approximately 2 percent for some  
19           trials, but still very low. In addition, these  
20           approved hepatitis C oral treatment regimens remove  
21           risks of intravenous administration, such as  
22           phlebitis and infection.



1           Four trials of intravenous glycyrrhizin use  
2           in the treatment of chronic hepatitis B infection  
3           were identified. Two trials were small pilot  
4           studies that also included approved treatments for  
5           chronic hepatitis B, interferon and lamivudine,  
6           confounding the results.

7           Two trials described an effect on  
8           aminotransferases, though did not demonstrate any  
9           effect on HBV serologies. Therefore, these studies  
10          do not provide convincing evidence for use of  
11          intravenous glycyrrhizin in the treatment of  
12          chronic hepatitis B.

13          A review article on the antiviral effects of  
14          Glycyrrhiza species describes two studies of  
15          glycyrrhizin use in HIV patients, where some  
16          patients were stated to have achieved increased CD4  
17          cell counts. Notably, both referenced studies were  
18          from Japan and were conducted in the 1980s, before  
19          the availability of highly active antiretroviral  
20          therapy, and thus do not provide evidence for any  
21          beneficial use of intravenous glycyrrhizin in the  
22          treatment of HIV.

1           Use of Glycyrrhiza species, or licorice,  
2           dates back to ancient manuscripts from China,  
3           India, and Greece, and have been in use for  
4           curative and flavoring purposes for more than 4,000  
5           years. Literature suggests that glycyrrhizin has  
6           been used for more than three decades to treat  
7           chronic hepatitis in Japan. Use of intravenous  
8           glycyrrhizin in pharmacy compounding in the United  
9           States is unknown based on review of the published  
10          literature.

11           This slide summarizes clinical conclusions  
12          regarding glycyrrhizin. Glycyrrhizin is not an  
13          antiviral compound, by our definition, and  
14          intravenous glycyrrhizin has no demonstrable  
15          antiviral effect in clinical studies of patients  
16          with chronic hepatitis C infection, in contrast to  
17          the significant efficacy of available, approved,  
18          all-oral HCV direct-acting antiviral combination  
19          therapies. Likewise, data for intravenous  
20          glycyrrhizin in the treatment of chronic hepatitis  
21          B and HIV have not demonstrated efficacy.

22                    Regarding safety considerations, the

1 association between glycyrrhizin use and serious  
2 pseudohyperaldosteronism-related adverse reactions,  
3 such as low potassium and hypertension, is well  
4 established, and patients with chronic hepatitis C  
5 infection may be more susceptible to glycyrrhizin's  
6 pseudohyperaldosterone effects.

7 We were unable to find evidence of the  
8 history or extent of the use of glycyrrhizin in  
9 compounded products in the United States either to  
10 treat chronic hepatitis C infection or for other  
11 uses.

12 In conclusion, we do not recommend that  
13 intravenous glycyrrhizin be included on the list of  
14 bulk drug substances that can be used in  
15 compounding under Section 503A of the FD&C Act.

16 Thank you.

17 DR. VENITZ: Thank you, Dr. Connelly.

18 Any clarifying questions by committee  
19 members?

20 (No response.)

21 DR. VENITZ: Any questions by our members or  
22 special government employees calling in?

1 (No response.)

2 DR. VENITZ: Okay. Then thank you.

3 DR. CONNELLY: Thank you.

4 DR. VENITZ: Go ahead.

5 MS. AXELRAD: I'd like to just -- not for  
6 Dr. Connelly, but going back to the previous  
7 presentation on glutaraldehyde, I just wanted to  
8 respond to Ms. Davidson's question.

9 In the review in the briefing materials on  
10 glutaraldehyde, we have a footnote that  
11 says -- footnote 1 on the first page -- "USP  
12 monograph exists for glutaral  
13 concentrate -- glutaraldehyde in a 50 percent  
14 aqueous solution -- a different concentration than  
15 that proposed in the nominations.

16 USP Guidelines state, 'Some drug substances  
17 are available as concentrated solutions and are  
18 intended to be used as intermediates for final  
19 formulations.'" And I'm not going to cite  
20 everything that's in here.

21 But then we talk about the definition of  
22 bulk drug substances in 21 CFR 207.3(a)(4), and we

1 say that that excludes intermediates used in the  
2 synthesis of the bulk drug substance. And we say,  
3 "Therefore, we are evaluating glutaraldehyde for  
4 the list in forms or concentrations other than  
5 those provided in the USP monograph."

6 The monograph also says in it that the  
7 labeling for glutaral concentrate has to say that  
8 the article is not intended for a direct  
9 administration to humans or animals. It's right at  
10 the end under Additional Requirements. So I think  
11 that's why we felt the need to evaluate it and  
12 review it.

13 MS. DAVIDSON: Okay. Thank you for that  
14 clarification. And I think it's important to make  
15 that very visible to the public as they try to  
16 decide where the boundaries on monographs are  
17 because if you read the definition of the glutaral  
18 solution, it doesn't talk about concentration at  
19 all. So I think, as a point of clarity for users,  
20 it would be very helpful to make it clear why this  
21 was not considered. Thank you.

22 MS. AXELRAD: Thank you.

**Committee Discussion and Vote**

1  
2 DR. VENITZ: Okay. Now, we don't have any  
3 nominator presentations, and it looks like -- and  
4 I'm looking at you -- we have no presenters for the  
5 open public hearing. So we are basically ready to  
6 move towards our favorite activity, and those are  
7 the votes, and then take a long break.

8 So I'm opening the discussion for all the  
9 three drug substances of interest before we proceed  
10 with a vote. Any additional comments or additional  
11 clarifying questions? Any comments? Any general  
12 questions, specific questions, related to any of  
13 the three compounds? Yes, Dr. Jungman?

14 MS. JUNGMAN: I think my question is  
15 actually for Gigi. With respect to alanyl-L-  
16 glutamine, if we want a USP monograph for this, it  
17 seems to me that there are a couple of options.  
18 Right? We either put it on the list and folks  
19 compound it without the guidance of a monograph  
20 until USP picks it up, or you don't put it on the  
21 list, and eventually USP picks it up and then folks  
22 can compound it starting then.

1           Do you have a sense of how likely either of  
2 those scenarios are in terms of what motivates USP  
3 to pick up a substance for a monograph?

4           MS. DAVIDSON: I think it's input from  
5 stakeholders, primarily. I would comment that  
6 there is a reference standard for L-alanyl-L-  
7 glutamine already. So it would be very easy to  
8 characterize the substance for a USP monograph  
9 instead of a dietary supplement monograph. But  
10 again, if stakeholders pressured USP for the drug  
11 monograph for L-alanyl-L-glutamine, it would  
12 probably have a higher priority.

13          DR. VENITZ: Yes?

14          MS. AXELRAD: Just in response to that,  
15 obviously if the committee gives us advice that  
16 things shouldn't go on the list and we decide that  
17 things shouldn't go on the list, and USP goes and  
18 does monographs for them all, it will make the  
19 entire process sort of a waste of everybody's time.

20                So we have had discussions with the USP. We  
21 hope that if things are on the list, that USP will  
22 develop monographs for them because then there will

1 be standards by which they can be compounded. But  
2 we also hope that if we decide that things are not  
3 put on the list, that USP will respect that  
4 decision and not do monographs for them, because if  
5 they do, it basically undercuts the entire process.

6 MS. DAVIDSON: And just to clarify, I think  
7 that my comments were primarily under the context  
8 that it would be added to the list and given a high  
9 priority based on stakeholders' need for quality  
10 standards for that substance once it hits the list.

11 I doubt that USP would create a monograph  
12 for something that wasn't on the list, but I can't  
13 speak with 100 percent certainty on that.

14 DR. VENITZ: Yes?

15 DR. KORVICK: This is Dr. Korvick. I just  
16 want to make a comment. I think we talk about the  
17 substance, and it is always a problem. I don't  
18 know how deeply the USP delves into the actual  
19 manufacturing process that goes on and the actual  
20 potential for contaminants.

21 The other issue that we did bring up is our  
22 concern that a lot of these different nutrition



1 products out there are not approved products.  
2 There's a lot of unapproved use out there, and  
3 people use all kind of different doses. They use  
4 all kind of different starting substances to bring  
5 those in and compound them.

6 Just saying it's easy to describe how to  
7 make an amino acid, it's not quite the same. And  
8 we again would urge people to think about these  
9 kind of products, especially in the nutrition area,  
10 and bring them in under the NDA. I think that's  
11 really important, and we've been trying to work on  
12 that. And so I share some other concerns that Jane  
13 does about the USP process.

14 DR. VENITZ: Thank you.

15 Any further discussion?

16 (No response.)

17 DR. VENITZ: Then I'm assuming there's  
18 consensus to move to the votes. Okay. Let's do  
19 so. So let me do the usual spiel while you're  
20 pulling out the slide.

21 The panel will be using an electronic voting  
22 system for this meeting. Each voting member has

1 three voting buttons on your microphone, yes, no,  
2 and abstain. Please vote by pressing your  
3 selection firmly three times. After everyone has  
4 voted, the vote will be complete.

5 Voting will be on those three products that  
6 we just presented, and you will have the  
7 opportunity after we go through the official voting  
8 process, as we go around the table, to make any  
9 additional statements that you wish. And I'm  
10 assuming our call-in colleagues are going to email  
11 again? Yes? Okay.

12 So is everybody ready for the vote? Okay.  
13 Then the first voting question is related to  
14 alanyl-L-glutamine. So you should vote on whether  
15 alanyl-L-glutamine should be placed on the list,  
16 yes or no.

17 (Vote taken.)

18 DR. HONG: Question number 1, we have 1 yes,  
19 10 nos, and zero abstain.

20 DR. VENITZ: Okay. Then let's go around the  
21 table. This time let's start to my right.  
22 Dr. Carome.

1 DR. CAROME: Mike Carome. I voted no. I  
2 thought FDA's review paints a compelling reason why  
3 this should not be on the list. We're talking  
4 about critically ill patients who have a high  
5 mortality rate, high morbidity rate. We need to  
6 use evidence-based treatments in managing these  
7 patients.

8 The quality of this product cannot be  
9 adequately assessed due to a lack of adequate  
10 standards. And I think great weight needs to be  
11 given to the one large randomized, controlled trial  
12 that showed an increase in mortality, which I think  
13 is the most important measure to use in trials for  
14 such patients.

15 DR. WALL: Donna Wall. I agree with what  
16 was said.

17 DR. DIGIOVANNA: John DiGiovanna. I voted  
18 no, for the same reasons.

19 MS. DAVIDSON: Gigi Davidson. I voted no,  
20 for the same reasons, but additionally for the risk  
21 of contaminants that Dr. Korvick mentioned.

22 MR. HUMPHREY: William Humphrey, and I voted

1 no, for the same reasons.

2 DR. PHAM: Katherine Pham. I voted no, for  
3 the same concerns regarding the vulnerable patient  
4 population, as well as hoping to see that if  
5 there's compelling need, it will go through the NDA  
6 process.

7 MS. JUNGMAN: I voted no, for the reasons my  
8 colleagues have enumerated.

9 DR. VAIDA: Allen Vaida. I voted no, for  
10 the reasons mentioned.

11 DR. VENITZ: Jurgen Venitz. I voted no, and  
12 I've got nothing to add.

13 Dr. Gulur? Dr. Gulur?

14 DR. GULUR: Hello?

15 DR. VENITZ: Do you want to comment on your  
16 vote?

17 (No response.)

18 DR. VENITZ: Dr. Chang, do you want to  
19 comment on your vote, please?

20 DR. CHANG: Yes. I voted no, for the same  
21 reasons that everyone else mentioned.

22 DR. VENITZ: Okay. One more time, Dr.

1 Gulur, do you want to comment on your vote?

2 DR. GULUR: Hello? Are you able to hear me?

3 DR. VENITZ: Yes. We can hear you.

4 DR. GULUR: I voted no, for the same  
5 reasons.

6 DR. VENITZ: Okay. Then we have to correct  
7 the record because right now you're listed as a yes  
8 vote. So you intend --

9 DR. GULUR: No. I --

10 DR. VENITZ: Please go ahead.

11 DR. GULUR: I vote no.

12 DR. VENITZ: Okay. So we will correct the  
13 record. We have a unanimous vote for no.

14 Any additions? Any questions?

15 (No response.)

16 DR. VENITZ: Okay. Then let's proceed with  
17 our next vote.

18 So we have the same vote, this time  
19 regarding glutaraldehyde. You should be voting on  
20 whether glutaraldehyde should be placed on the list  
21 for topical use, yes or no. Please go ahead and  
22 vote once it starts blinking. Okay. Go ahead and

1 vote.

2 (Vote taken.)

3 DR. HONG: Question 2, we have 9 yeses,  
4 1 no, and zero abstain.

5 DR. VENITZ: Thank you. So now let's start  
6 to my left. That means Dr. Gulur, please elaborate  
7 on your vote.

8 DR. GULUR: I voted no because you have  
9 [indiscernible].

10 DR. VENITZ: Can you repeat? Your vote is  
11 no? Is that correct?

12 DR. GULUR: Yes. That is correct.

13 DR. VENITZ: Do you want --

14 DR. GULUR: [indiscernible].

15 DR. VENITZ: Can you repeat? All I know is  
16 that your vote is no. Do you want to add anything  
17 to your vote?

18 DR. GULUR: Yes, [indiscernible], for these  
19 patients.

20 DR. VENITZ: Thank you.

21 I'm Jurgen Venitz. I voted yes. I thought  
22 there was sufficient evidence of safety and at

1 least some efficacy clinically. And the physical  
2 characteristics of the drug in question allowed its  
3 compounding, especially in light of the fact that  
4 there is already a monograph out there.

5 DR. VAIDA: Allen Vaida. I voted yes  
6 because of the restrictions with topical only.

7 MS. JUNGMAN: Elizabeth Jungman. I also  
8 voted yes because of the lack of serious safety  
9 concerns and reasonable evidence of effectiveness,  
10 given the relative seriousness of the condition.

11 DR. PHAM: I voted yes, for similar reasons  
12 of safety and efficacy, as expressed, and that it  
13 has been used as a widespread practice for such an  
14 historic period of time.

15 MR. HUMPHREY: William Humphrey, and I voted  
16 yes, for the same reasons.

17 MS. DAVIDSON: Gigi Davidson. I voted yes  
18 because of the evidence for efficacy and the lack  
19 of safety issues.

20 DR. DIGIOVANNA: John DiGiovanna. I voted  
21 yes. I just wanted to thank Dr. Ko and his team  
22 for their thoughtful review of this area, and just

1 to say I think this is one of the scenarios where  
2 permitting certain substances to be compounded  
3 permits the physician to be able to practice  
4 medicine for those patients that fall outside of  
5 the norm, and to selectively be able to choose  
6 therapies, which may be somewhat unusual but  
7 effective and longstanding in their specific  
8 situations.

9 DR. WALL: Donna Wall. I voted yes, for the  
10 reasons that have been mentioned.

11 DR. CAROME: Mike Carome. I, too, voted  
12 yes, for all the reasons stated, with the  
13 understanding, in addition to limiting to topical  
14 use, FDA has recommended limiting it to doses of  
15 10 percent or lower concentrations. And I hope  
16 that would be part of what the list states.

17 DR. VENITZ: Okay. Thank you. That  
18 concludes our second vote. So now let's proceed to  
19 the third and last vote for this morning, please.

20 So glycyrrhizin is the last compound for us  
21 to consider here. The question that we're voting  
22 on is should glycyrrhizin be placed on the list,



1 yes or no. Please go ahead and vote.

2 (Vote taken.)

3 DR. HONG: Question number 3, we have zero  
4 yes, 11 nos, and zero abstain.

5 DR. VENITZ: Okay. Our usual roundtable.  
6 Dr. Carome, if you would want to get started,  
7 please.

8 DR. CAROME: I voted no. Both preclinical  
9 and clinical studies of this product demonstrate no  
10 significant antiviral activity. There is a clear  
11 safety risk, and that is hypokalemia from the  
12 pseudohyperaldosteronism, and that occurred in one  
13 clinical trial at a more than rare rate,  
14 approaching 3 to 4 percent; and finding there are  
15 several highly active, highly effective, FDA-  
16 approved drugs for the viral infections for which  
17 it is being considered, which include hepatitis C  
18 and HIV.

19 DR. WALL: Donna Wall. I voted no, for the  
20 same reasons. There's just too many other  
21 products, I think, that are much more effective  
22 than this product. So if you needed to use this

1 product, I think it should be done under a special  
2 study.

3 DR. DIGIOVANNA: John DiGiovanna. I voted  
4 no, for the same reasons.

5 MS. DAVIDSON: Gigi Davidson. I voted no,  
6 for the same reasons, and due to the significant  
7 safety signal.

8 MR. HUMPHREY: William Humphrey. I voted  
9 no, for the same reasons, the lack of clinical  
10 efficacy and the safety concerns.

11 DR. PHAM: Katherine Pham. I voted no, for  
12 the same reasons.

13 MS. JUNGMAN: Elizabeth Jungman. No, for  
14 the same reasons.

15 DR. VAIDA: Allen Vaida. I voted no, for  
16 the reasons mentioned.

17 DR. VENITZ: Jurgen Venitz. As much as I  
18 like licorice, I voted no, for the same reason  
19 already stated.

20 Let's go to our call-in folks. Dr. Gulur?

21 DR. GULUR: I voted no, for the same reasons  
22 stated, which is the efficacy data was weak and the

1 safety concerns were significant.

2 DR. VENITZ: Thank you.

3 Dr. Lo Re?

4 DR. LO RE: I voted no, also for the lack of  
5 demonstrable antiviral activity, the safety  
6 concerns, and the fact that clinically, this would  
7 have to be used intravenously.

8 As Dr. Connelly nicely pointed out, as a  
9 field, there's been considerable effort in  
10 developing all-oral direct-acting antivirals. And  
11 I'd be concerned about the toxicities of phlebitis,  
12 infection, while we have in our armamentarium many  
13 highly efficacious, well-tolerated, all-oral  
14 antivirals.

15 DR. VENITZ: Thank you, Dr. Lo Re.

16 This does conclude our morning session. We  
17 will have a long break, without naps, and reconvene  
18 at the scheduled time. That is 1:00 p.m. So enjoy  
19 yourselves, not too much. We will get back  
20 together at 1:00 and follow our schedule as  
21 published.

22 MS. AXELRAD: Can I just say something? I

1 apologize for the long break. I'm sure maybe you  
2 are happy to have a break, but may not be. But we  
3 can't move the afternoon session up, much as we  
4 would like to, because there are two speakers for  
5 the open public hearing session, and it's scheduled  
6 at a specific time. And of course, all of our  
7 presenters were not planning to come now. Their  
8 schedules, we can't gather them up and get them  
9 down here early.

10 So I apologize. But I hope you enjoy the  
11 break. And if you need a place to sit or hang out,  
12 we can help find a place for you to be if you're  
13 not going to go back to somewhere. We can convene  
14 at the break and figure out where you all would  
15 like to be.

16 **Adjournment**

17 DR. VENITZ: Okay. Thank you, Dr. Axelrad.

18 So the meeting is not adjourned, but  
19 temporarily put on hold until 1:00.

20 (Whereupon, at 10:01 a.m., the morning  
21 session was adjourned.)

22