Beyond valence: Emotion-specific influences on citizens' perceptions of risk and implications for the design of effective risk communication

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I have a professional relationships with NIH, an organization involved in involved in clinical trials. I also have a professional relationship with Baxalta, Inc., an organization that manufactures antibiotics -- a topic under discussion today.

History: Psychology and Risk Perception/Communication

- <u>1950's: Behaviorism</u>
 - $-S \rightarrow R$
 - Silent re: what people think/hear about risks.
- <u>1970's (approx.) 2000: Cognitive Revolution</u> $- S \rightarrow C \rightarrow R$
 - Cognitive processing of risk-related information key. Departures from rationality explained through cognition.
 - (Example: Slovic slide)

The Psychology of Risk Perception



Slovic, P. (1987). Perception of risk. Science, 236, p.281.

The Psychology of Risk Perception



Observable/Predictable/Certain/Effects Immediate

Slovic, P. (1987). Perception of risk. Science, 236, p.281.

Certainty Heuristic (Unknown Risk)

The tendency to reject options that are associated with uncertainty. Also the tendency to reject options if one cannot see the risk with one's own eyes (e.g. nuclear power)



The tendency to see things as less risky if one feels in control while doing it (e.g. driving)



Psychology and Risk Perception/Communication

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- <u>1970's (approx.) 2000: Cognitive Revolution</u> $- s \rightarrow c \rightarrow R$
 - Cognitive processing of risk-related information key.
 Departures from rationality explained through cognition.
- 2000 onward: Affective Revolution
 - $-S \rightarrow E/C \rightarrow R$
 - (Example: citation slide)

Number of Scholarly Publications on Emotion & Decision Making Increasing Exponentially in Recent Years



Emotion as Perceptual Lense

- Mood-Congruent (Valence-Based) Processing:
 - Does being in a bad mood make you believe that bad things are more likely to happen?



Positive Affect \rightarrow Optimistic Risk Estimates Negative Affect \rightarrow Pessimistic Risk Estimates



Figure 3. Increases and decreases (log scale) in estimated frequency, relative to control, induced by positive or negative affect for each of 21 risks.

Johnson, E. & Tversky, A. (1983) "Affect, Generalization, and the Perception of Risk" *JPSP*.

A Theory of Specific Emotions and Judgment/Decision Making

Cognitive Appraisal Tendencies

<u>Definition</u>: A proclivity to perceive new information in ways that are consistent with the original appraisal themes of an emotion (Lerner & Keltner, 2000; 2001).

 <u>Research strategy</u>: Compare emotions that are highly differentiated in their appraisal themes on judgments/choices that relate to that appraisal theme.

Emotion-Specific Approach to PERCEPTION OF RISK

- 1: Identify appraisal dimensions that relate to risk:
 - <u>Control</u> & <u>certainty</u> map on to Slovic's (1987)"dread risk" and "unknown risk"
- 2: Select emotions that fall at opposite ends of these dimensions:
 - <u>Fear</u> and <u>anger</u>

Study 1: Hypotheses for Perceived Risk

	Appraisal Tendency	Mood Congruent/ Valence
Fear		
Anger	$\checkmark \bigstar$	

Fear is Associated With Higher Risk Estimates; Anger is Associated With Lower Risk Estimates



Risky Choice

Expected Values The Same Across Versions

New Influenza Problem (Version G)

Problem 1: Imagine that the U.S. is preparing plans for the outbreak of a new strain of the flu, which is expected to <u>kill 600 people</u> in this country. There are two alternative programs. If Program A is adopted, 200 people will be saved. If Program B is adopted, there is a one-third probability that all 600 people will be saved and a two-thirds probability that no people will be saved.

Which do you prefer, **Program A** (sure thing) or **Program B** (gamble)?

New Influenza Problem (Version L)

Problem 2: Imagine that the U.S. is preparing for the outbreak of a *new* strain of the flu, which is expected to <u>kill 600 people</u> in this country. There are two alternative programs. If Program C is adopted, 400 people will die. If Program D is adopted, there is a one-third probability that nobody will die and a two-thirds probability that 600 people will die.

Which do you prefer, **Program C** (sure thing) or **Program D** (gamble)?

Typical finding: People are risk averse in the gain frame and risk seeking in the loss frame

New Influenza Problem



The Art of Risk Communication

A doctor could tell a patient that five years after a risky surgery...



Mortheitlyfalamee

Gigerenzer, G. (2014). Should patients listen to how doctors frame messages? Different phrasing can change a neutral message to an implicit recommendation. *BMJ*, *349*, g7091.

Study 2: Hypotheses for Choosing the Gamble (vs. Sure Thing)

	Appraisal Tendency	Mood-Congruent/ Valence
Fear		
Anger		



Lerner & Keltner, 2001, Journal of Personality & Social Psychology



Lerner & Keltner, 2001, Journal of Personality & Social Psychology

Study 3: Hypotheses for Optimism



LIFE EVENTS QUESTIONNAIRE

Compared to the average student (of your same gender) at your own college, please estimate as accurately as you can the chances that a similar event will happen to you at least once in your life.



Sample items (7 out of 26)

- 1. I enjoyed my post graduation job.
- 2. I had a heart attack before age 50.*
- 3. I bought my own home.
- 4. I was sued by someone.
- 5. I married someone wealthy.
- 6. I divorced < 7 years after I got married.*
- 7. My home doubled in value in 5 years.

Support For Appraisal Tendency Hypothesis



Study 4

 If appraisal tendencies explain the opposing effects, then differences between fear and anger should be strongest when events are ambiguous with regard to certainty and controllability.

Study 4: Hypotheses for Optimism

	Appraisal Tendency	Mood-Congruent
Ambiguous E.	Angry > Fearful	Angry = Fearful
Unambiguous E.	Angry = Fearful	Angry = Fearful

Difference Between Fear & Anger Varies as a Function of Event Ambiguity



Study 5

• Do perceptions of control and certainty mediate the effect?

Study 5: Hypotheses



appraisals of certainty
appraisals of individual control
optimistic risk assessments

Fear & Anger Have Opposite Effects on Appraisals



Fear & Anger Also Have Opposite Effects on Optimism



Path Analysis: Initial Steps



Step 2: Control Appraisals Mediate Emotion-Optimism Effect



Does emotional carry-over matter for national events?

PERCEIVING SALIENT RISKS OF TERRORISM

Perceiving Salient Risks of Terrorism



Note: Differences in self-reported experience of fear and anger accounts for 80% of variance associated with gender

Correlations of Naturally-Occurring Emotions Right After the Attacks and Risk Estimates 2 Months Later



NATO-Russia Dialogue





Psychological Responses to the New Terrorism: A NATO-Russia Dialogue





Results elucidate global responses to attacks and disasters.

Implications for Risk Communication

- Emotions (both state and trait) have highly specific effects on the perception of risk.
- Public service announcements that arbitrarily evoke a variety of different negative emotions (e.g., fear, anger, disgust, sadness) will correspondingly evoke a variety of different responses.
- Some responses will backfire. (slide)

Sadness Increases Impatience For Reward



Lerner et al. (2013) *Psychological Science*

Implications for Risk Communication

- Emotions have highly specific effects on the perception of risk and individual differences matter.
- Public service announcements that arbitrarily evoke a variety of different negative emotions (e.g., fear, anger, disgust, sadness) will correspondingly evoke a variety of different responses.
- Some responses will backfire. (slide)
- Risk communication needs to be designed with a comprehensive understanding of affective science.

Thank you for your open-mindedness and eagerness to learn!



Check out Harvard's <u>Leadership Decision Making</u> executive education program if you'd like to learn more. jennifer_lerner@hks.harvard.edu