Get a Prescription for Colored Contacts

Don’t Lose Sight of Your Vision

Before You Buy

• Get an eye exam and ask the eye doctor for a prescription.
• Buy contact lenses from your eye doctor or a company that sells FDA-cleared or approved contact lenses. Anyone selling contact lenses must get your prescription and verify it with your eye doctor.

Protect Your Eyes from Infection and Damage

• Follow the directions for wearing, cleaning, and disinfecting your contacts.
• If not used correctly, contact lenses can cause allergic reactions, infections, and blindness.
• Do NOT share contacts. The wrong fit can damage your eye.

For more information, visit www.fda.gov/decorativecontacts