

**Current as of 6/1/2013. May not be up-to-date.**

### **17.3 Pre-Exposure Prophylaxis**

When TRUVADA is used to reduce the risk of acquiring HIV-1, advise uninfected individuals about the importance of the following:

- Confirming that they are HIV-negative before starting to take TRUVADA to reduce the risk of acquiring HIV-1.
- TRUVADA should only be used as part of a complete prevention strategy including other prevention measures. In clinical trials, TRUVADA only protected some subjects from acquiring HIV-1.
- Using condoms consistently and correctly to lower the chance of sexual contact with any body fluids such as semen, vaginal secretions, or blood.
- Knowing their HIV status and the status of their partner(s).
- Getting tested regularly (at least every 3 months) for HIV-1 and ask their partner(s) to get tested as well.
- HIV-1 resistance substitutions may emerge in individuals with undetected HIV-1 infection who are taking TRUVADA, because TRUVADA alone does not constitute a complete regimen for HIV-1 treatment [*See Warnings and Precautions (5.9)*]
- Reporting any symptoms of acute HIV-1 infection (flu-like symptoms) to their healthcare provider immediately.
- Signs and symptoms of acute infection include: fever, headache, fatigue, arthralgia, vomiting, myalgia, diarrhea, pharyngitis, rash, night sweats, and adenopathy (cervical and inguinal).
- Getting tested for other sexually transmitted infections such as syphilis and gonorrhea that may facilitate HIV-1 transmission.
- Learning about sexual risk behavior and getting support to help reduce sexual risk behavior.
- Taking TRUVADA on a regular dosing schedule and strictly adhere to the recommended dosing schedule to reduce the risk of acquiring HIV-1. Uninfected individuals who miss doses are at greater risk of acquiring HIV-1 than those who do not miss doses. [*See Warnings and Precautions (5.9)*].
- Women who are pregnant should learn about the risks and benefits of TRUVADA to reduce the risk of acquiring HIV-1 during their pregnancy.
- Encourage use of the Agreement Form for Initiating TRUVADA for PrEP of Sexually Acquired HIV-1 Infection.