

## CLINICAL PHARMACOLOGY/BIOPHARMACEUTICS REVIEW

**DRUG:** Abilify® Aripiprazole

**PRIMARY REVIEWER:** Andre Jackson

**NDA:** 21436/S-017

**TYPE:** NDA

**FORMULATION:** Tablet

**STRENGTH:** 10 20 and 30 mg

**APPLICANT:** BMS/Otsuka  
2005

Submission Dates: March 23, 2007,

**INDICATIONS:** Schizophrenia [REDACTED] (b) (4) in pediatric populations  
**Generic Name:** Aripiprazole

### INTRODUCTION

Abilify™ (aripiprazole, OPC-14597, BMS-337039) is approved in the United States of America (US) for the treatment in adults of acute schizophrenia (November 2002), maintenance of stability in schizophrenia (August 2003), treatment of acute manic and mixed episodes associated bipolar disorder (September 2004), and for the maintenance of efficacy in bipolar I disorder (March 2005).

The mechanism of action of aripiprazole differs from that of currently marketed typical and atypical antipsychotics. It has been proposed that aripiprazole's efficacy in schizophrenia is mediated through a combination of partial agonism/antagonism at dopamine D2 and serotonin 5-HT<sub>1A</sub> receptors, and antagonism at serotonin 5-HT<sub>2</sub> receptors.

### STUDY RATIONALE

In a previous study conducted in children and adolescents with conduct disorder, doses up to 15 mg QD were well tolerated. However, a maximum tolerated dose (MTD) in the pediatric population was not determined since it was not a defined objective of the protocol. The purpose of this study was to evaluate the safety and tolerability of doses greater than 15 mg and up to 30 mg in the pediatric population. Doses in excess of 30 mg were not studied due to limitations based upon the no-effect doses established in nonclinical toxicity studies in the most sensitive species.

Establishing an MTD in the pediatric population was desirable [REDACTED] (b) (4)

### OBJECTIVES

This study assessed the safety, tolerability, and PK of repeated doses of aripiprazole following oral administration to children and adolescent patients preferentially with a primary schizophrenia spectrum diagnosis or bipolar spectrum disorder.

### TOLERABILITY

Dose toleration was defined as follows: during the course of the study the subject does

not experience any untoward events or potentially clinically significant changes from baseline in laboratory values, vital signs, ECG tracings, or EPS ratings, that are assessed as possibly related to the drug, and would warrant adjustment or discontinuation of the study drug. A dose level was judged to have been tolerated if 4 out of 6 (67%) of the subjects in a cohort with that maximum dose tolerated the dose.

## METHODS

This study was conducted at the following centers:

- Site 001      Robert Findling, MD  
Director, Child and Adolescent Psychiatry  
University Hospitals of Cleveland  
Division of Child and Adolescent Psychiatry  
11100 Euclid Avenue  
Cleveland, OH 44106-5080
- Site 002      Ralph Kauffman, MD  
Marion Merrell Dow/Missouri Chair in Medical Research  
Professor of Pediatrics and Pharmacology  
Children's Mercy Hospital  
2401 Gillham Road  
Kansas City, MO 64108
- Site 003      Floyd R. Sallee, MD, PhD  
Director, Division of Child Psychiatry  
Professor of Psychiatry and Pediatrics  
University of Cincinnati College of Medicine  
425 Oak Street  
Sallee Study Group / Carriage House  
Cincinnati, OH 45219

Table1.-Demographic Characteristics

Parameter	Statistic	ARIP 20 mg (N = 8)	ARIP 25 mg (N = 7)	ARIP 30 mg (N = 6)	Total (N = 21)
Age (years)	Mean (SD)	12.4 (2.5)	13.3 (1.8)	10.8 (1.2)	12.2 (2.1)
	Range	10 - 17	11 - 16	10 - 13	10 - 17
Weight (kg)	Mean (SD)	59.50 (18.99)	71.43 (20.68)	50.22 (21.71)	60.82 (21.13)
	Range	36.4 - 83.0	45.1 - 100.0	31.3 - 89.9	31.3 - 100.0
Height (cm)	Mean (SD)	154.0 (9.5)	166.1 (9.2)	147 (12.0)	156.1 (12.4)
	Range	142 - 173	157 - 180	134 - 167	134 - 180
BMI	Mean (SD)	24.8 (7.1)	25.8 (7.0)	22.8 (7.2)	24.6 (6.8)
	Range	16.2 - 34.8	16.8 - 33.1	15.5 - 32.2	15.5 - 34.8
Gender	n (%)				
Male		4 (50%)	4 (57%)	6 (100%)	14 (67%)
Female		4 (50%)	3 (43%)	0 (0%)	7 (33%)
Race	n (%)				
Caucasian		6 (75%)	4 (57%)	6 (100%)	16 (76%)
Black or African American		1 (13%)	3 (43%)	0 (0%)	4 (19%)
Other		1 (13%)	0 (0%)	0 (0%)	1 (5%)
Ethnicity	n (%)				
Hispanic/Latino		0 (0%)	2 (29%)	0 (0%)	2 (10%)
Not Hispanic/Latino		8 (100%)	5 (71%)	6 (100%)	19 (90%)

### Overall Design and Plan of the Study

This was a multicenter, open-label, sequential cohort, dose-escalation study of multiple doses of aripiprazole ranging from 2 mg to 30 mg. Up to 24 subjects could have participated. Children and adolescent subjects preferentially with a primary schizophrenia diagnosis or bipolar spectrum disorder were eligible to participate in this study. Three cohorts of 6 subjects each were to be administered aripiprazole for up to 12 days (depending upon the maximum dose for the cohort) using a forced titration scheme to achieve one of the following dose levels: 20 mg, 25 mg, and 30 mg. Following the dose-escalation phase, subjects entered the fixed-dose phase and received the maximum dose for that cohort for 14 days.

The dosing schedule for each cohort is outlined in [Table 2](#)

Table 2. Dosing Schedule for Dose-escalation and fixed-dose phases.

Cohort	Dose-escalation Phase	Fixed-dose Phase
20 mg Cohort (n = 6)	2 mg × 2 days, 5 mg × 2 days, 10 mg × 2 days, 15 mg × 2 days	20 mg × 14 days
25 mg Cohort (n = 6)	2 mg × 2 days, 5 mg × 2 days, 10 mg × 2 days, 15 mg × 2 days, 20 mg × 2 days	25 mg × 14 days
30 mg Cohort (n = 6)	2 mg × 2 days, 5 mg × 2 days, 10 mg × 2 days, 15 mg × 2 days, 20 mg × 2 days, 25 mg × 2 days	30 mg × 14 days

### Pharmacokinetic/Pharmacodynamic Assessments

Blood was collected for the determination of aripiprazole plasma concentrations. Samples (4 mL) were taken on Days 14 and 15 of the fixed-dose phase at predose and at the following postdose hours: 1, 2, 3, 4, 6, 8, 10, and 24 hours. Specific information regarding sample handling and processing is provided in an appendix to the study protocol

### Pharmacokinetics

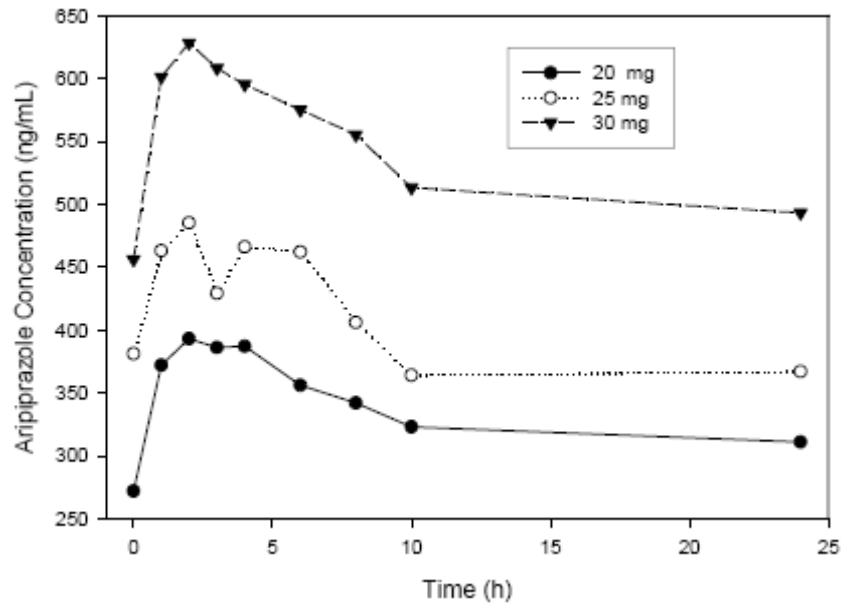
For each subject, the aripiprazole and dehydro-aripiprazole plasma concentration-time data were analyzed using a noncompartmental method. Actual blood sample times were used for PK calculations. Missing time zero values were imputed using the 24-hour postdose value as the dosing interval was 24 hours. Values for  $C_{ss,max}$  and  $t_{max}$  were taken directly from the observed data. Values of  $AUC_{\tau}$  were estimated using the linear trapezoidal rule to the actual time of the 24-hour sample. Values of  $CL_{ss}/F$  for aripiprazole were determined using standard methods

(b) (4)

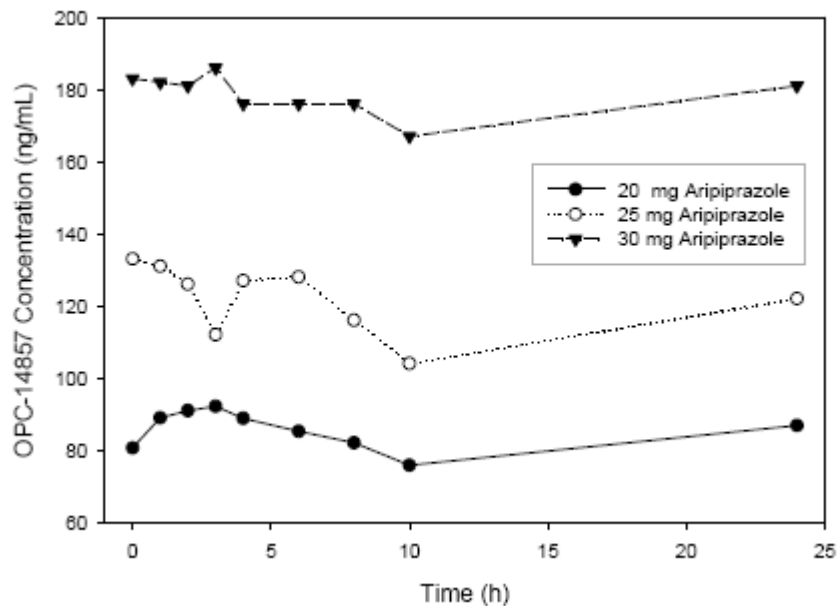
**Results**

**Table 3. Tolerability Results During the Dose-Escalation Phase, as Assessed by Majority Vote of Principal Investigators**

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**Figure 1.** Mean Aripiprazole Plasma Concentrations Following Multiple Oral QD Dosing of Aripiprazole in Children and Adolescent Subjects



**Figure 2.** Mean Dehydro-aripiprazole Plasma Concentrations Following Multiple Oral QD Dosing of Aripiprazole in Children and Adolescent Subjects

**Table 4.** Mean (SD) Plasma Pharmacokinetic Parameters for Aripiprazole Following Multiple Oral QD Dosing of Aripiprazole in Children and Adolescent Subjects

Parameter	ARIP 20 mg (N = 6)	ARIP 25 mg (N = 5)	ARIP 30 mg (N = 6)
$C_{ss,max}$ (ng/mL)	435 (137)	529 (341)	653 (213)
$t_{max}$ (h) <sup>a</sup>	2.00 (1.00-24.08)	2.05 (1.00-4.02)	2.00 (1.00- 8.00)
$AUC_{\tau}$ (ng·h/mL)	8031 (3745)	9488 (7001)	12770 (5444)
$CL_{ss}/F$ (mL/h/kg)	51.7 (22.0)	50.4 (25.9)	58.8 (27.7)

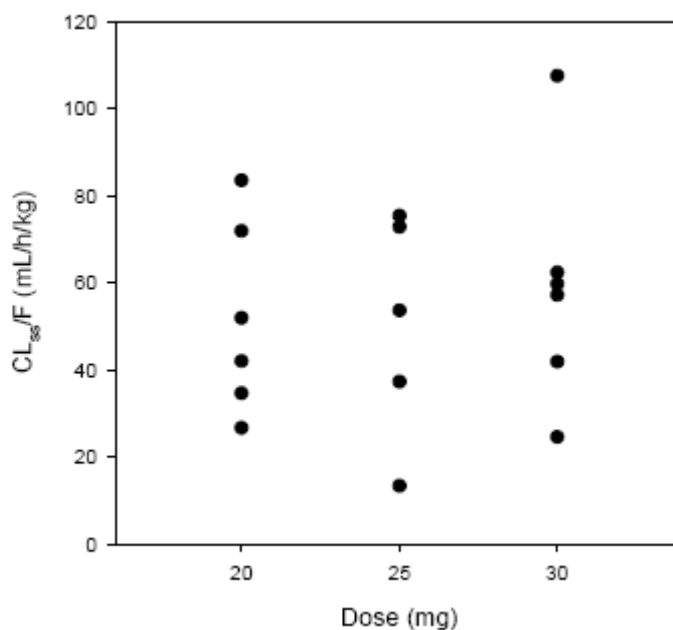
<sup>a</sup>Values are median (minimum - maximum).

Table 5. Mean (SD) Plasma Pharmacokinetic Parameters for Dehydro-aripiprazole Following Multiple Oral QD Dosing of Aripiprazole in Children and Adolescent Subjects

Parameter	ARIP 20 mg (N = 6)	ARIP 25 mg (N = 5)	ARIP 30 mg (N = 6)
$C_{ss,max}$ (ng/mL)	99.7 (38.3)	141 (51.0)	202 (63.6)
$t_{max}$ (h) <sup>a</sup>	2.51 (1.00-24.08)	4.02 (1.00-24.03)	2.00 (0- 8.00)
$AUC_{\tau}$ (ng·h/mL)	1995 (711)	2801 (1190)	4208 (1287)
$AUC_{\tau}$ <sup>b</sup> ratio	0.248	0.295	0.330

<sup>a</sup>Values are median (minimum - maximum).

<sup>b</sup>Ratio of mean dehydro-aripiprazole  $AUC_{\tau}$  to aripiprazole  $AUC_{\tau}$



**Figure 3** Values of  $CL_{ss}/F$  Versus Dose Following Multiple Oral QD Dosing of Aripiprazole in Children and Adolescent Subjects

## CONCLUSIONS

1. There appears to be trend of decreased clearance with dose but it is difficult to verify with 24 subjects although the firm states that the drug appears to be linear.  $AUC$  and  $C_{max}$  appear to be linear although the firm did not do a log analysis of the dose data so linearity appears likely but not definitively determined.



FDA LABEL-Comments

The firm's proposed label only contained changes to the label by adding pediatric information which is supported by recent pediatric studies. The other portions of the label related to Drug-drug interactions and Clinical Pharmacology are identical to the currently approved label

Andre Jackson \_\_\_\_\_  
Reviewer, Psychopharmacological Drug Section, DCP I  
Office of Clinical Pharmacology and Biopharmaceutics

RD/FTinitialized by Raman Baweja, Ph.D. \_\_\_\_\_

Team Leader, Psychiatry Drug Section, DCP I  
Office of Clinical Pharmacology  
cc: NDA 21-436/S017, HFD-860(Mehta, Baweja, Jackson)

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Andre Jackson  
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Raman Baweja  
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