

Joshua C. Starbuck, MD, IFMCP

(b) (6)

Cell:

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Work Experience

Makena Health - Wailea, HI 2/21-present
Owner/Founder/Physician practicing Concierge Primary Care, Longevity Medicine, Functional Medicine

Maui Memorial Medical Center - Wailuku, Maui, HI 1/16-3/21
Internal Medicine Hospitalist

Teladoc Health 4/20-1/21
Telemedicine - Urgent Care

Tufts University School of Medicine / Maine Medical Center - Portland, ME 8/15-12/15
Internal Medicine Hospitalist

Tufts University School of Medicine - Portland, ME 8/15-12/15
Clinical Assistant Professor

Licenses

Hawaii MD License #18293 - expires 1/31/26

California MD License #C169014 - expires 6/30/26

DEA License - expires 2/29/28

Hawaii Narcotics License - expires 9/30/26

Board Certifications

Peptide Therapy Certification -Seeds Scientific Research & Performance Group as of June 2025

Institute of Functional Medicine Certified Practitioner as of 12/15/23

American Board of Internal Medicine - Board Certified as of 8/8/15

Board Memberships

Imua Family Services - Wailuku, HI Jan 18-present
Imua Family Services is a non profit organization providing early childhood care for children with disabilities

Education

Tufts University/Maine Medical Center - Portland, ME 7/13-7/15
Internal Medicine Residency

Tufts University/Maine Medical Center - Portland, ME 7/12-7/13
Internal Medicine Internship

Saba University School of Medicine - Netherlands-Antilles 9/08-3/12
Doctor of Medicine

University of Massachusetts - Amherst, MA

9/05-5/08

Bachelor of Science in Individual Concentration, Cum Laude

Concentration: Cross Cultural Interaction & Public Health Strategy

Physician Leadership

Assistant Medical Director Maui Medical Hospitalist Group

2/18-1/21

Collaborate daily with the medical director, chief medical officer, chairs of various medical departments to ensure proper functioning and integration of privately contracted hospitalist group. Representative for Maui Medical Group on various hospital committees including Performance Improvement, Health Information Management, Patient Safety & Quality, Cardiology-Hospitalist work group, etc.

Chair of Utilization Management Committee - Maui Memorial Hospital

10/18-1/21

Plan, manage and assure efficient time management for monthly 2 hour meeting whose function is to serve as multidisciplinary coordinating body for the various functions of the medical staff

Chair of Performance Improvement Committee

1/19-1/21

Plan, manage and assure efficient time management for monthly meeting where individual physician performance is assessed

Physician Advisor Internship

6/14

Spent one month elective with Physician Advisor Team focusing on regulatory issues surrounding patient class (inpatient vs. outpatient) including IPPS regulation.

Long Stay Intervention Work Group

6/14-7/15

Multidisciplinary team that functioned to assist Care Management in placing patients with complicated dispositions to skilled nursing facilities, acute rehab, and assisted living facilities.

Affiliations

Longevity Docs

Member of a curated, invitation-only community of physicians advancing evidence-based longevity and preventive medicine.

Private Physician Alliance

Member of a selective network of concierge physicians dedicated to strengthening the concierge care model and supporting best practices in private medicine.

Seeds Scientific Research & Performance (SSRP) Group

Active physician member engaged in advanced education in peptide therapeutics, cellular medicine, and performance optimization.

A4M (American Academy of Anti-Aging Medicine)

Physician member participating in ongoing training in longevity, metabolic health, and integrative medicine.

Additional Clinical Experience

EasCare Ambulance & AmBCare EMS - Boston & Northampton, MA

EMT-Basic

6/07-6/08

First responder to 911 calls in the community, transported patients to physician appointments, hemodialysis, hospital-hospital transfers, helicopter-hospital transfers. Assisted paramedics with advanced life support procedures.

Cooley Dickinson Hospital

Northampton, MA

Care Extender

9/06-12/06

Supported service delivery in the emergency department by assisting staff with basic tasks.

Provided additional attention to patients and visitors during busy hours.

Certifications

American Board of Internal Medicine

Certified August 2015

Advanced Life Support, Basic Life Support

Renewed 2017

Volunteer Experience

Microbiology Teaching Assistant

3/09-12/09

Taught group review sessions and held one-on-one sessions in preparation for exams.

Organization for Youth Empowerment

El Progreso, Honduras

Mentor/Volunteer

Jan 2008

Taught English & Math to orphaned youth. Organized daily sporting events for youth.

AIDSCARE Hampshire County

Northampton, MA

Driver

9/05-7/07

Provided transportation for HIV/AIDS patients to physician appointments.