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FOOD AND DRUG ADMINISTRATION
CENTER FOR DRUG EVALUATION AND RESEARCH

PSYCHOPHARMACOLOGIC DRUGS
ADVISORY COMMITTEE MEETING (PDAC)

Friday, July 18, 2025
9:00 a.m. to 3:54 p.m.

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C O N T E N T S

AGENDA ITEM	PAGE
Call to Order and Introduction of Committee	
Rajesh Narendran, MD	12
Conflict of Interest Statement	
Joyce Frimpong, PharmD	16
FDA Opening Remarks	
Tiffany R. Farchione, MD	19
Applicant Presentations	
Otsuka Pharmaceutical Company, Ltd.	
Introduction	
Mary Hobart, PhD	26
Background and Unmet Need	
Arash Javanbakht, MD	33
Efficacy	
John Kraus, MD, PhD	40
Jason Connor, PhD	54
John Kraus, MD, PhD	59
Safety	
Thomas Thompson, MD	63

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22

C O N T E N T S (continued)

AGENDA ITEM	PAGE
Clinician Perspective	
Kathleen Brady, MD, PhD	67
Clarifying Questions to Applicant	75
FDA Presentations	
Brexipiprazole for the Treatment of	
Post-Traumatic Stress Disorder (PTSD) in	
Adults, in Combination with Sertraline	
Roberta Rasetti, MD, PhD	115
Yiming Chen, PhD	129
Roberta Rasetti, MD, PhD	141
Clarifying Questions to FDA	142
Open Public Hearing	173
Clarifying Questions to FDA (continued)	226
Questions to the Committee and Discussion	229
Adjournment	290

P R O C E E D I N G S

(9:00 a.m.)

Call to Order

Introduction of Committee

DR. NARENDRAN: Good morning, and welcome.

I would first like to remind everyone to please mute your line when you're not speaking. All members of the public are reminded to silence their phones and other devices, and to otherwise refrain from disrupting the meeting. Loud talking or applause may make it difficult for meeting participants and observers to hear the proceedings.

My name is Raj Narendran, and I'll be chairing this meeting. I will now call the July 18, 2025 meeting of the Psychopharmacologic Drug Advisory Committee to order. We'll start by going around the table and introducing ourselves by stating our names and affiliations. We will start with the FDA to my left and go around the table.

DR. BURACCHIO: Teresa Buracchio, Director of the Office of Neuroscience in CDER at FDA.

DR. FARCHIONE: Tiffany Farchione, Director

1 of the Division of Psychiatry, also in CDER at FDA.

2 DR. MANTUA: Valentina Mantua, Associate
3 Director, Office of Neuroscience, CDER, FDA.

4 DR. FISCHER: Bernie Fischer, Deputy
5 Director, Division of Psychiatry, CDER, FDA.

6 DR. YANG: Peiling Yang, Supervisory
7 Mathematical Statistician, Office of Biostatistics,
8 FDA.

9 DR. NARENDRAN: Dr. Thomas, if you want to
10 introduce yourself online?

11 DR. THOMAS: Patrick Thomas, Baylor College
12 of Medicine.

13 DR. FIEDOROWICZ: Jess Fiedorowicz,
14 University of Ottawa, with adjunct appointment at
15 University of Iowa.

16 DR. NARENDRAN: Dr. Raskind?

17 DR. RASKIND: Hi. I'm Murray Raskind. I'm
18 a psychiatrist at VA Puget Sound in Seattle and the
19 University of Washington.

20 DR. NARENDRAN: Dr. Shaw?

21 DR. SHAW: Hello. I'm Pamela Shaw. I'm
22 Senior Investigator of Biostatistics at Kaiser

1 Permanente Washington Health Research Institute in
2 Seattle, Washington.

3 DR. DUNN: Walter Dunn, Assistant Clinical
4 Professor, University of California, Los Angeles.

5 DR. NARENDRAN: Raj Narendran, psychiatrist,
6 University of Pittsburgh and UPMC Health System.

7 DR. FRIMPONG: Joyce Frimpong, Designated
8 Federal Officer, FDA.

9 DR. BLOCK: Laura Block, patient advocate.

10 DR. BALLON: Jacob Ballon, Associate
11 Professor of Psychiatry, Stanford University.

12 DR. SHINER: Brian Shiner, Associate Chief
13 of Staff for Research at the VA Vermont Healthcare
14 System and Associate Professor of Psychiatry at
15 Dartmouth.

16 DR. SIMON: Greg Simon, psychiatrist at the
17 Washington Permanente Medical Group and
18 investigator at the Kaiser Permanente Washington
19 Health Research Institute.

20 DR. COFFEY: Chris Coffey, Professor of
21 Biostatistics, University of Iowa.

22 DR. CANUSO: Carla Canuso,

1 Johnson & Johnson, industry representative,
2 non-voting member.

3 DR. NARENDRAN: Thank you.

4 For topics such as those being discussed at
5 this meeting, there are often a variety of
6 opinions, some of which are quite strongly held.
7 Our goal is that this meeting will be a fair and
8 open forum for discussion of these issues, and that
9 individuals can express their views without
10 interruption. Thus, as a gentle reminder,
11 individuals will be allowed to speak into the
12 record only if recognized by the chairperson. We
13 look forward to a productive meeting.

14 In the spirit of the Federal Advisory
15 Committee Act and the Government in the Sunshine
16 Act, we ask that advisory committee members take
17 care that their conversations about the topic at
18 hand take place in the open forum of the meeting.
19 We are aware that members of the media are anxious
20 to speak with the FDA about these proceedings;
21 however, FDA will refrain from discussing the
22 details of this meeting with the media until its

1 conclusion. Also, the committee is reminded,
2 please refrain from discussing the meeting topic
3 during breaks or lunch. Thank you.

4 Dr. Frimpong will read the Conflict of
5 Interest Statement for the meeting.

6 **Conflict of Interest Statement**

7 DR. FRIMPONG: Thank you, Narendran.

8 The FDA is convening today's meeting of the
9 Psychopharmacologic Drugs Advisory Committee under
10 the Federal Advisory Committee Act of 1972. At
11 today's meeting, the committee will discuss
12 supplemental new drug application 205422/S-012, for
13 Rexulti, brexpiprazole, tablets, submitted by
14 Otsuka Pharmaceutical Company, Limited, for the
15 proposed indication of treatment of adults with
16 post-traumatic stress disorder, in combination with
17 sertraline.

18 With the exception of the industry
19 representative, the members of the committee are
20 either special or regular government employees and
21 are subject to federal conflict of interest laws
22 and regulations. Accordingly, FDA has reviewed the

1 financial interests of the committee members for
2 compliance with federal ethics and conflict of
3 interest laws. We have screened the members for
4 potential financial conflicts of interest related
5 to today's meeting agenda, both their own interests
6 and those that are imputed to them, including those
7 of their spouses, minor children, and employers.

8 Based on the agenda for today's meeting and
9 all financial interests reported by the committee
10 members, no conflict of interest waivers under
11 18 U.S.C. 208 have been issued in connection with
12 this meeting.

13 Dr. Carla Canuso of Janssen Pharmaceutical
14 Companies of Johnson & Johnson is participating in
15 this meeting as a non-voting industry
16 representative acting on behalf of regulated
17 industry. Consistent with Commissioner Makary's
18 April 17, 2025 statement, FDA is only including
19 industry representatives in advisory committee
20 meetings where required by statute. FDA is
21 required to include an industry representative in
22 today's meeting under 21 U.S.C. 355.

1 Industry representatives are not appointed
2 as special government employees nor are they
3 regular government employees. Industry
4 representatives serve as non-voting members of the
5 committee. Non-voting industry representatives
6 represent all regulated industry and not any
7 particular association, company, product, or
8 ingredient, and bring general industry perspective
9 to the committee.

10 Under FDA regulations, although a non-voting
11 member serves in a representative capacity, the
12 non-voting member shall exercise restraint in
13 performing such functions and may not engage in
14 unseemly advocacy or attempt to exert undue
15 influence over the other members of the committee.

16 We would like to remind all members of the
17 committee that if the discussions involve any other
18 products or firms not already on the agenda for
19 which you have a personal or imputed financial
20 interest, you must recuse yourself from that
21 discussion, and your recusal will be noted for the
22 record.

1 FDA asks that all other participants,
2 including the industry representative and open
3 public hearing speakers, advise the committee of
4 any financial relationships that they have with any
5 affected firms, its products, and if known, its
6 direct competitors. We would like to remind the
7 members that if the discussions involve any
8 products or firm not already on the agenda for
9 which an FDA participant has a personal or imputed
10 financial interest, the participant needs to inform
11 the DFO and exclude themselves from the discussion,
12 and their exclusion will be noted for the record.
13 Thank you.

14 DR. NARENDRAN: We will now proceed with
15 FDA's opening remarks, starting with Dr. Tiffany
16 Farchione.

17 **FDA Opening Remarks - Tiffany Farchione**

18 DR. FARCHIONE: Hi. Good morning, everyone,
19 and welcome to this meeting of the
20 Psychopharmacologic Drugs Advisory Committee.
21 Today we're going to discuss Otsuka
22 Pharmaceuticals' application for brexpiprazole to

1 be used in combination with sertraline for the
2 treatment of post-traumatic stress disorder or
3 PTSD. This is a somewhat unusual program, so I
4 want to take the time to give you just a brief
5 introduction to the issues we'll be discussing
6 today.

7 As you know, PTSD is a severe and disabling
8 psychiatric condition that can develop after
9 exposure to actual or threatened death, serious
10 injury, or sexual violence. It's characterized by
11 intrusive memories, hyperarousal, and avoidant
12 behavior. Comorbidities are common, and PTSD is
13 associated with a high risk for suicidal ideation
14 and behavior. Patients with PTSD experience
15 impairments in social and occupational functioning
16 and diminished quality of life.

17 There are currently just two medications
18 approved to treat PTSD, both of which are selective
19 serotonin reuptake inhibitors. One of these,
20 sertraline, is a component of the proposed
21 treatment paradigm under consideration today. Of
22 note, response rates for individuals with PTSD

1 treated with SSRIs rarely exceeds 60 percent, and
2 even fewer patients achieve full remission. Thus,
3 there remains a significant unmet need for
4 additional safe and effective treatments.

5 Nonetheless, paroxetine and sertraline are
6 considered standard of care pharmacotherapies for
7 PTSD. In fact, when it comes to pharmacotherapy,
8 existing clinical practice guidelines recommend
9 monotherapy. For example, the most recent Veterans
10 Administration and Department of Defense clinical
11 practice guideline cites a lack of data to support
12 use of other medications, including atypical
13 antipsychotics, together with recommended
14 pharmacotherapies, though the guidelines stop short
15 of recommending either for or against the practice.

16 The application under review attempts to
17 address the lack of data, with studies evaluating
18 the use of brexpiprazole and sertraline initiated
19 at the same time for the treatment of PTSD. This
20 paradigm is novel. Typically in psychiatry, a
21 prescriber would initiate one treatment at a time,
22 waiting to evaluate a patient's response to that

1 treatment before making changes or adding a second
2 medication. That is not the model under review
3 today. The applicant is not seeking an adjunctive
4 indication, and we have no data examining the
5 addition of brexpiprazole to an SSRI in the context
6 of inadequate response. The committee is only
7 being asked to consider the data in support of
8 co-initiation.

9 So although this paradigm is unusual, the
10 agency did not object to the applicant's program.
11 We did, however, outline some expectations as to
12 the evidence needed to support the proposed
13 co-initiation paradigm. At the end of phase 2
14 meeting, we let the applicant know that for their
15 phase 3 studies, they could consider eliminating
16 the placebo arm.

17 Given that sertraline is already approved
18 for the treatment of PTSD on its own, the relevant
19 question here is whether the brexpiprazole plus
20 sertraline combination is superior to sertraline
21 alone; in other words, does adding brexpiprazole to
22 an approved treatment confer additional benefit

1 beyond what would be achieved with the approved
2 treatment alone?

3 We also advised the applicant that they
4 would need to provide substantial evidence of
5 superiority to sertraline alone. The applicant
6 designed their phase 3 program to do just that.
7 They conducted two large adequate and
8 well-controlled studies comparing brexpiprazole
9 plus sertraline to sertraline plus placebo. One of
10 those studies was robustly positive; the other was
11 clearly and convincingly negative.

12 Despite extensive exploratory analyses, we
13 have been unable to identify a reason for these
14 discordant results. Thus, we cannot rely on the
15 phase 3 studies alone to provide substantial
16 evidence; so the applicant has asked us to consider
17 the data from their phase 2 study. You'll hear the
18 details of this study later this morning, but it's
19 similar to phase 3 studies in many respects.
20 However, it was designed to be an exploratory study
21 to generate hypotheses and inform the design of the
22 phase 3 studies, and because the hypotheses were

1 selected retrospectively and multiple testing
2 procedures were applied post hoc, statistical
3 significance cannot be claimed for those study
4 results.

5 So although the main question for
6 consideration today is whether efficacy has been
7 demonstrated for brexpiprazole plus sertraline, I
8 do want to take a moment to discuss safety. The
9 adverse events reported during the clinical trials
10 were consistent with the known effects of both
11 drugs. So although no new safety signals were
12 identified, subjects experienced events consistent
13 with the known risks of brexpiprazole and the known
14 risks of sertraline. We will need to consider the
15 evidence of benefit in the context of those risks.

16 So today, we have three questions for
17 discussion and one voting question for the
18 committee. For the first discussion question,
19 we're going to ask the committee to discuss the
20 strength of evidence provided by the two phase 3
21 studies, Study 00071 and 00072, and in particular
22 to discuss the impact of the discordant results on

1 your overall assessment of efficacy.

2 We'll also ask you to discuss your view on
3 the contribution of Study 00061 to the overall
4 evidence of effectiveness. Then, based on the
5 available data, and with consideration of the known
6 risks of brexpiprazole and sertraline individually,
7 we'll ask you to discuss the acceptability of the
8 proposed concurrent initiation treatment paradigm.

9 And finally, we'll ask you guys to vote, and
10 the question for voting is, based on the available
11 data presented, has the efficacy of brexpiprazole,
12 when initiated concurrently with sertraline, been
13 established for the treatment of PTSD? And we'll
14 ask you to provide your rationale and indicate any
15 specific information like the statistical analyses
16 or other data on which you based your vote.

17 And with that, I will pass it back over to
18 Joyce. Thank you.

19 DR. NARENDRAN: Thank you, Dr. Farchione.

20 Both the FDA and the public believe in a
21 transparent process for information gathering and
22 decision making. To ensure such transparency at

1 the advisory committee meeting, FDA believes that
2 it is important to understand the context of an
3 individual's presentation.

4 For this reason, FDA encourages all
5 participants, including industry's non-employee
6 presenters, to advise the committee of any
7 financial relationships that they may have with
8 industry, such as consulting fees, travel expenses,
9 honoraria, and interest in a sponsor, including
10 equity interests and those based upon the outcome
11 of the meeting.

12 Likewise, FDA encourages you at the
13 beginning of your presentation to advise the
14 committee if you do not have any such financial
15 relationships. If you choose not to address this
16 issue of financial relationships at the beginning
17 of your presentation, it will not preclude you from
18 speaking.

19 We will now proceed with the presentations
20 from Otsuka Pharmaceutical Company.

21 **Applicant Presentation - Mary Hobart**

22 DR. HOBART: Good morning. I'm Mary Hobart,

1 Senior Vice President of Global Regulatory Affairs
2 at Otsuka Pharmaceutical. On behalf of my
3 colleagues at Otsuka and Lundbeck, I want to thank
4 the chair, members of the committee, and members of
5 the public watching today. I'd also like to thank
6 the patients and their families, as well as the
7 investigators who participated in our clinical
8 trials. You, more than anyone, know how
9 debilitating post-traumatic stress disorder is.

10 Post-traumatic stress disorder, or PTSD, is
11 a serious and often chronic psychiatric disorder.
12 It is one of the most common mental health
13 disorders in the U.S. and can develop after a
14 person experiences or witnesses a range of
15 traumatic events. Because PTSD results from
16 traumatic events or circumstances, many may find it
17 difficult, and even painful, to acknowledge their
18 trauma and to seek help. And despite preconceived
19 notions that PTSD occurs most commonly among
20 military combat personnel, it is important to note
21 that PTSD is most prevalent in the civilian
22 population.

1 For those who do seek help, treatment
2 options are limited. There are only two approved
3 pharmacological treatments for PTSD in the United
4 States, sertraline and paroxetine, both of which
5 are selective serotonin reuptake inhibitors, or
6 SSRIs, and were approved approximately 25 years
7 ago. However, many patients do not experience
8 adequate clinical response, and additional
9 treatment options are needed to address PTSD and
10 its severe consequences.

11 In the two decades since the approval of
12 sertraline and paroxetine, many other products have
13 undertaken investigational programs for the
14 treatment of PTSD, but none thus far have been
15 approved. This is, in part, due to the
16 difficulties of conducting these trials.

17 As such, we are here today to discuss our
18 supplemental application for brexpiprazole for use
19 with sertraline for the treatment of PTSDs in
20 adults. The targeted daily dose of brexpiprazole
21 is 2 milligrams a day plus sertraline
22 150 milligrams a day. The maximum recommended

1 dosage of brexpiprazole is 3 milligrams a day plus
2 sertraline 200 milligrams a day.

3 Brexpiprazole is currently approved for
4 three indications. It was approved by the FDA in
5 2015 for the treatment of schizophrenia and as an
6 adjunctive therapy to antidepressants for the
7 treatment of major depressive disorder in adults.
8 In December 2021, brexpiprazole was approved in the
9 United States for the treatment of schizophrenia in
10 adolescents, and most recently in 2023, the FDA
11 approved brexpiprazole for treatment of agitation
12 associated with dementia due to Alzheimer's
13 disease.

14 Brexpiprazole has been approved in more than
15 60 countries worldwide, including the
16 European Union and Canada. Through 2023, the data
17 cutoff date for this supplemental marketing
18 application, we estimate that there are almost
19 1.7 million patient-years experience with
20 brexpiprazole from clinical trials and
21 postmarketing experience.

22 Let me take a minute to highlight how

1 brexpiprazole works in PTSD. PTSD is associated
2 with abnormalities of norepinephrine, serotonin,
3 and dopamine systems. Sertraline at clinical doses
4 used is a selective serotonin reuptake inhibitor.
5 Brexpiprazole is a partial agonist at dopamine
6 D2 receptors and serotonin 5-HT1A receptors, and an
7 antagonist at serotonin 5-HT2A receptors and
8 norepinephrine alpha-1A, alpha-1B, an alpha-2C
9 receptors.

10 Given the distinct mechanisms of these
11 medications and prior experience with treatment in
12 MDD together with antidepressants, we theorize that
13 brexpiprazole in combination with sertraline would
14 have added benefit in PTSD compared to sertraline
15 alone.

16 With that background, let me review the
17 clinical program and key regulatory interactions
18 related to our supplemental NDA.

19 The brexpiprazole PTSD clinical development
20 program for the combination of brexpiprazole and
21 sertraline consists of three completed 12-week
22 multicenter, randomized controlled, double-blind

1 trials. This is the largest PTSD program conducted
2 to date, with more than 1200 adults enrolled. All
3 trial centers were located in the United States.
4 We conducted one phase 2 trial, Trial 061, a 4-arm
5 multifactorial flexible-dose trial.

6 In 2019, we met with the FDA for an end of
7 phase 2 meeting where key trial design elements for
8 the phase 3 program were agreed upon with the
9 agency. Two phase 3 trials, Trial 071 and 072,
10 were conducted concurrently. These two trials were
11 identical, except 071 was a 2-arm, flexible-dose
12 trial and 072 was a 3-arm, fixed-dose trial. In
13 2024, we met with the FDA for a pre-sNDA meeting,
14 and the submission was filed and accepted for
15 review in April 2024.

16 Overall, the totality of data from the
17 brexpiprazole PTSD clinical development program
18 supports positive benefit-risk profile for
19 brexpiprazole in combination with sertraline for
20 the treatment of PTSD in adults. With only two
21 approved treatments by the FDA in the past
22 25 years, both with modest and inconsistent

1 efficacy, and managing PTSD symptoms across all
2 symptom clusters, many people living in the United
3 States continue to suffer from PTSD and its severe
4 consequences.

5 In the largest program in PTSD conducted
6 today, combination treatment with brexpiprazole
7 plus sertraline was more effective in relieving
8 symptoms of PTSD than sertraline alone in two of
9 three trials. Importantly, the combination
10 treatment was generally well tolerated and the
11 safety profile is consistent with the large
12 database of brexpiprazole from clinical trials and
13 extensive real-world usage in a variety of
14 psychiatric disorders.

15 If approved, brexpiprazole and sertraline
16 could address a critical unmet need and provides a
17 substantial improvement relative to currently
18 approved and off-label treatment options. We will
19 address each of these points throughout our
20 presentation today.

21 Here's our agenda for the rest of the
22 presentation. Of note, Dr. Connor and Dr. Brady

1 will be joining us remotely today. We also have
2 additional experts with us today. All outside
3 experts have been compensated for their time and
4 traveled to today's meeting.

5 Thank you, and I will now turn the lecture
6 over to Dr. Javanbakht.

7 **Applicant Presentation - Arash Javanbakht**

8 DR. JAVANBAKHT: Good morning. I'm
9 Dr. Arash Javanbakht. I'm a psychiatrist and
10 Director of the Stress, Trauma, and Anxiety
11 Research Clinic at Wayne State University. I've
12 spent most of my career doing research and clinical
13 work with diverse groups of civilians, refugees,
14 survivors of torture, and first responders with
15 PTSD.

16 I've also trained thousands of healthcare
17 providers across the country about PTSD and its
18 treatments, advised national scientific communities
19 and organizations, and I've educated many in the
20 public sphere about trauma via the media. I'm
21 pleased to be here today to discuss this important
22 topic.

1 PTSD is a very common psychiatric disorder.
2 About 13 million U.S. adults every year experience
3 this illness and about 6 in 100 people will have
4 PTSD during their lifetime in this country. PTSD
5 is almost twice as common among females as it is
6 among males, and importantly, those aged between
7 30 and 59, which is the most productive age for an
8 adult, have the highest prevalence of PTSD.

9 While historically PTSD was seen mostly as a
10 condition of combat-exposed veterans, it's
11 important to note that 86 percent of people with
12 PTSD are actually civilians. Overall, PTSD leads
13 to \$232 billion in economic burden annually in the
14 United States.

15 So what is PTSD? PTSD is a condition that
16 occurs after exposure to a horrible traumatic
17 experience. Let me give you an example.

18 A Detroit police detective was sitting
19 across from me in my office, in tears, completely
20 overwhelmed with anxiety because 10 years ago
21 during a shooting, she lost her partner and closest
22 friend. A decade later, it was still living in her

1 body like it had just happened. For people with
2 PTSD, basically, the brain goes to the fight and
3 flight mode and stays there, leading to a variety
4 of disabling symptom clusters. Intrusive symptoms
5 are memories of trauma, nightmares, and flashbacks.
6 This detective had terrible nightmares and
7 flashbacks of the shooting incident almost every
8 day and every night of the past decade, and I see
9 this commonly among trauma-exposed populations.

10 Patients also avoid anything that resembles
11 the traumatic experience, including the kind of
12 place or time of the day that the trauma happened.
13 In case of exposure to human perpetrated trauma,
14 which is extremely common, it often extends to
15 avoiding all human interactions. Negative
16 alterations in cognition and mood basically mean
17 that the patients are unable to experience positive
18 emotions. People cannot enjoy what they used to
19 enjoy and have constant feelings of guilt and
20 shame. The detective I mentioned earlier was
21 haunted with survivor's guilt and the shame that
22 she lived, and her partner did not.

1 This brain that is in a constant state of
2 fight and flight continues to screen for danger.
3 Patients are on edge, they're easily startled,
4 irritable, and they cannot sleep. These symptoms,
5 as you can imagine, lead to significant disability
6 and distress, and suck the joy and prosperity out
7 of the lives of patients and that of their loved
8 ones.

9 PTSD is highly comorbid with other
10 psychiatric conditions also. Approximately
11 80 percent of people with PTSD, which by itself is
12 a highly disabling condition, also suffer from
13 other psychiatric disorders such as depression,
14 anxiety, and substance use disorders. In my
15 experience, many people with PTSD self-medicate
16 with street drugs, for example, in hope for a night
17 with a few hours of sleep and no nightmares.

18 And as I mentioned earlier, people with PTSD
19 avoid certain situations because of their trauma.
20 They cannot go to their kids' games. They cannot
21 go to any family function. They cannot go to a bar
22 or restaurant. They are off work for a long time.

1 Because PTSD impacts the sympathetic nervous system
2 and other bodily mechanisms, it leads to increased
3 risk of cardiovascular disease, metabolic disorder,
4 and chronic pain.

5 Suicide rate is high. More police officers
6 and veterans die to suicide than they die on the
7 line of duty. Overall, PTSD is associated with a
8 47 percent increase in mortality. So you can
9 imagine, what is the enormous public health burden
10 on the person, on the society, on the family
11 members, and on their jobs?

12 Major treatments recommended in the
13 guidelines include psychotherapy and
14 pharmacotherapy. Over the past 25 years, we have
15 had only two FDA-approved medications, sertraline
16 and paroxetine, but other antidepressants are also
17 being used off label. When it comes to
18 psychotherapies, there are barriers to access, and
19 many patients do not have the resources for weekly
20 therapy sessions. Experts in PTSD treatment are
21 mostly around academic environments, making access
22 to them limited for the majority of the patients.

1 Not everybody responds equally to available
2 medications, and for SSRIs, some symptom clusters
3 do not respond well to the medication. In fact,
4 approximately 70 percent of patients with PTSD
5 experience residual symptoms after treatment. And
6 the side effects that commonly occur, we often have
7 to change the medication, but we do not have many
8 options proven effective.

9 Only approximately 20 percent of patients
10 with PTSD who receive pharmacotherapy are on an
11 FDA-approved medication. We often need to try
12 other medications, many of which are off label or
13 not strongly supported by evidence, until we may
14 find what works for an individual patient. These
15 include SSRIs and SNRIs; benzodiazepines, which are
16 not recommended; other anxiolytics; alpha blockers;
17 and antipsychotics.

18 As a result, patients often end up being on
19 more than one medication to manage various PTSD
20 symptoms. In fact, data show that 41 percent of
21 patients receive polypharmacy in their initial
22 treatment regimen following their diagnosis, and

1 despite these efforts, about 7 out of 10 patients
2 will need to switch medications within the first
3 two years of their treatment. The most common
4 reason for changes in treatment are suboptimal
5 symptom control, which I often see in my own
6 clinic.

7 To close, PTSD is a debilitating,
8 potentially lethal condition with a high prevalence
9 of serious comorbidities. There are only two
10 FDA-approved medications for treatment of PTSD
11 available with modest and varied responses, and
12 they do not optimally address all PTSD symptom
13 clusters; and as a result, there are trial and
14 error uses of other medications, including
15 unapproved or non-evidence-based therapies, some of
16 which have safety concerns or potential for
17 dependence.

18 There is an urgent need for more effective
19 FDA-approved treatment options that are
20 evidence-based and better address patients'
21 burdensome, heterogeneous, and complex symptoms.
22 Thank you for your time, and I'll now turn the

1 presentation to Dr. Kraus.

2 **Applicant Presentation - John Kraus**

3 DR. KRAUS: Hello, and good morning. I'm
4 John Kraus, Executive Vice President and Chief
5 Medical Officer at Otsuka. I'm also a psychiatrist
6 by training. Today, I'll review the efficacy from
7 our three large clinical trials, showing that in
8 pivotal Trial 071, and supportive Trial 061, the
9 combination of brexpiprazole and sertraline
10 demonstrated therapeutic benefit seen through
11 clinically meaningful and statistically significant
12 reductions in PTSD symptoms beyond those seen with
13 sertraline alone. In Trial 072, while the effects
14 of brexpiprazole plus sertraline were similar to
15 our other trials, they did not separate from
16 sertraline.

17 Let me review the similarities among the
18 trials before discussing the individual results.

19 All three trials had similar designs. They
20 were each 12 weeks in duration, including a 1-week
21 double-blind placebo run-in period prior to
22 randomization, which was followed by an 11-week

1 double-blind active treatment period. To reduce
2 any potential bias, certain aspects of the trial,
3 including the placebo run-in period, were blinded
4 to patients and trial personnel.

5 With a few exceptions, enrollment criteria
6 were consistent across trials. Each trial enrolled
7 patients 18 to 65 years of age with a diagnosis of
8 PTSD as defined by the DSM-5 and confirmed by the
9 Mini International Neuropsychiatric Interview or
10 the MINI. Patients were required to have been
11 symptomatic for at least 6 months prior to
12 screening and to have had a CAPS-5 total score
13 greater than or equal to 33 at screening and day 0
14 to be considered for enrollment.

15 The index traumatic event that led to the
16 development of PTSD was required to have taken
17 place within the 15 years prior to screening for
18 Trial 061 and within 9 years prior to screening for
19 Trials 071 and 072. No trauma types were excluded.

20 All three trials had the same prespecified
21 primary endpoint, change from baseline, or week 1,
22 to week 10 in the Clinician-Administered PTSD Scale

1 or CAPS-5 total score. The CAPS-5 is a
2 clinician-reported outcome measure completed by a
3 structured interview by rigorously trained and
4 certified interviewers. It was designed to assess
5 the severity of 20 PTSD symptoms, each on a scale
6 of 0 to 4. The CAPS-5 has been used extensively
7 and is extensively validated with good internal
8 consistency, inter-rater reliability, and
9 test-retest reliability.

10 All three trials included similar endpoints
11 that assessed overall symptoms, individual
12 symptoms, and function, based on both the
13 clinician's and patient's assessment. Clinician
14 assessments included the key secondary endpoint of
15 CGI-S, or the Clinician Global Impression Severity
16 Score, as well as core symptoms CAPS-5 cluster
17 subscales. Patient assessments included the key
18 secondary endpoint of B-IPF or the Brief Inventory
19 of Psychosocial Function; the PCL-5 or the PTSD
20 Checklist for DSM-5; and the HADS, which is the
21 Hospital Anxiety and Depression scale.

22 Let me now go into the individual trial

1 results, starting with Trial 061.

2 Trial 061 was a 4-arm, multifactorial,
3 double-blind, double-dummy, flexible-dose clinical
4 trial. The primary objective of this trial was to
5 investigate brexpiprazole as monotherapy or as a
6 combination treatment with sertraline in adults
7 with PTSD. Patients were randomized 1 to 1 to
8 1 to 1 to receive either brexpiprazole plus
9 placebo; brexpiprazole in combination with
10 sertraline; sertraline plus placebo; or placebo
11 plus placebo. For the remainder of the
12 presentation, we will refer to all arms as
13 brexpiprazole; brexpiprazole plus sertraline;
14 sertraline and placebo, respectively.

15 As noted in the FDA's briefing document, the
16 agency has raised some statistical considerations
17 regarding Trial 061. Let me take a moment to walk
18 you through exactly what was prespecified in the
19 protocol and the statistical analysis plan or SAP.

20 The initial protocol specified three
21 comparisons in hierarchical testing order: one,
22 brexpiprazole plus sertraline versus placebo; two,

1 brexpiprazole versus placebo; and three,
2 brexpiprazole plus sertraline versus sertraline.
3 In the protocol amendment, we added a clarification
4 statement that additional testing might be added
5 and that the order of testing would be subject to
6 change. Importantly, language was also added that
7 the SAP would have the final call on the testing
8 procedure.

9 The SAP was finalized prior to database lock
10 and unblinding, and was submitted to the FDA with
11 the end of phase 2 materials. The SAP included
12 five prespecified comparisons of interest without
13 hierarchical testing procedure; however, to reduce
14 the risk of not being able to test the combination
15 versus other treatment arms, the order of testing
16 was rearranged in the SAP. These changes were made
17 based on the hypothesis that the brexpiprazole
18 combination treatment with sertraline would be more
19 effective in treating the symptoms of PTSD than
20 monotherapy treatment, given its mechanism of
21 action and the clinical synergistic effect between
22 brexpiprazole and SSRIs that had been observed in

1 other indications like MDD.

2 The statistical analyses followed the SAP,
3 and pairwise comparisons were compared with a
4 two-sided alpha of 0.05 without controlling for the
5 study-wise type 1 error. We also conducted a
6 number of prespecified sensitivity analyses to
7 assess robustness of primary endpoint results under
8 missing at random assumption.

9 The primary efficacy analysis population in
10 Trial 061 was the full analysis set, which included
11 all patients who are randomized, received at least
12 one dose of trial treatment, and had a baseline
13 assessment and at least one post-treatment
14 assessment. This slide represents the overall
15 patient disposition in the trial. The majority of
16 randomized patients completed the trial.

17 Patient demographics were generally balanced
18 across treatment groups and were representative of
19 the intended PTSD population. The mean age was
20 approximately 39 years, and patients were
21 predominantly female and white. On average, it was
22 between 6 and 7 years since the index traumatic

1 event. Between 35 percent and 38 percent of
2 patients had previous psychotherapy and between
3 35 percent and 49 percent had previous
4 pharmacotherapy. At baseline, patients had mean
5 CAPS-5, CGI-S, and PCL-5 total scores that were
6 similar across treatment groups and representative
7 of moderate to severe PTSD severity.

8 Here, we see the results of the prespecified
9 MMRM analysis for the primary endpoint, the change
10 in CAPS-5 total score from baseline, or week 1, to
11 week 10 in each of the four treatment groups. The
12 primary objective of this trial was to investigate
13 brexpiprazole's monotherapy or as combination
14 treatment with sertraline in adult subjects with
15 PTSD.

16 In Trial 061, the combination, shown in
17 light blue, outperformed brexpiprazole alone,
18 sertraline alone, and placebo, with a statistically
19 significant difference between placebo at week 6,
20 10, and 12. This observation is consistent with
21 results in other indications such as the
22 synergistic effect of brexpiprazole and

1 antidepressants that are seen in major depressive
2 disorder.

3 We also conducted several prespecified
4 sensitivity analyses to check the robustness of the
5 conclusions to missing data. As FDA mentioned in
6 their briefing book, the missing at random
7 assumption was met and the model estimates and
8 effect sizes may be considered unbiased. Multiple
9 secondary endpoints further support these results.
10 The change from baseline in CGI-S was consistent
11 with the CAPS-5 total score results.

12 Moving forward, we will focus on the
13 comparison of the combination of brexpiprazole and
14 sertraline versus sertraline alone.

15 Here, when we look at all the other
16 secondary endpoints, the combination of
17 brexpiprazole plus sertraline shows benefit
18 compared to sertraline alone. In addition to the
19 effects seen on the clinician's Global Impression
20 of Severity, further support for the efficacy of
21 brexpiprazole plus sertraline was observed in
22 3 out of 4 of the CAPS-5 subscales and on the

1 patient-reported PCL-5, as well as the HADS anxiety
2 and depression subscales.

3 Turning now to our phase 3 trial, 071,
4 Trial 071 was a 12-week, multicenter, double-blind,
5 randomized 2-arm trial. After screening in a
6 1-week, double-blind, placebo run-in period,
7 patients received either a flexible dose of
8 2 to 3 milligrams of brexpiprazole plus a fixed
9 dose of sertraline 150 milligrams or a fixed dose
10 of sertraline 150 milligrams plus placebo.

11 For Trials 071 and 072, the full analysis
12 set for enriched patients was used, which we will
13 refer to as the efficacy sample. Enriched patients
14 criteria were defined as those with a CAPS-5 total
15 score of greater than or equal to 27 at the
16 randomization visit, or week 1, and an improvement
17 in terms of reduction in the CAPS-5 total score of
18 less than 50 percent at the end of the placebo
19 run-in phase; in other words, from day 0 to
20 randomization visit week 1. This was done to
21 exclude potential placebo responders from the
22 primary analysis set.

1 In Trial 071, 416 patients were randomized
2 to treatment, 214 patients were randomized to
3 brexpiprazole plus sertraline and 202 in the
4 sertraline alone group. In the brexpiprazole plus
5 sertraline group, 77 discontinued, 137 completed
6 the trial, and 149 were analyzed for efficacy. In
7 the sertraline alone group, 89 discontinued,
8 113 completed, with 137 analyzed for efficacy.

9 Patient demographics were balanced across
10 the treatment groups. The mean age was
11 approximately 37.5 years. The majority of patients
12 were female and white. The average time since the
13 index trauma was 4 years. Thirty-seven percent of
14 patients in the brexpiprazole plus sertraline group
15 and 29 percent of the patients in the sertraline
16 alone group received previous psychotherapy, and
17 29 percent in the brexpiprazole plus sertraline
18 group and 25 percent in the sertraline alone group
19 received previous pharmacotherapy. Baseline
20 efficacy scale scores for the CAPS-5C, CGI-S,
21 B-IPF, and PCL-5 were generally balanced between
22 the treatment groups.

1 Trial 071 met its primary endpoint,
2 providing statistically significant and clinically
3 meaningful evidence that the combination of
4 brexpiprazole plus sertraline is superior to
5 sertraline alone. The treatment difference
6 compared to sertraline alone at week 10 was
7 minus 5.59 with a p-value of 0.007. Similarly to
8 Study 061, we performed a number of prespecified
9 sensitivity analyses for missing data. The
10 conclusions were robust to missing data, and as FDA
11 mentioned in their briefing book, the missing at
12 random assumption appears to be met.

13 Brexpiprazole plus sertraline also
14 demonstrated a statistically significant
15 improvement compared to sertraline alone on both of
16 the key secondary efficacy endpoints of the CGI-S
17 and the Brief Inventory of Psychosocial Functioning
18 or B-IPF. The treatment difference in the mean
19 change on the clinician-reported CGI-S total score
20 from week 1 to week 10 was 0.47 with a p-value of
21 0.0019. Consistent with the primary endpoint,
22 benefit was seen starting at week 4 and persisting

1 to week 12.

2 For the patient-reported B-IPF total score,
3 the treatment difference of the mean change from
4 baseline to week 12 was minus 12.03, with a p-value
5 of 0.0016. As we heard earlier, functional
6 improvements are clinically important for patients
7 with PTSD.

8 Consistent with the CAPS-5 results, patients
9 treated with a combination of brexpiprazole plus
10 sertraline reported reductions in their PTSD
11 symptoms compared to sertraline directly, alone, on
12 the PCL-5 scale. The PCL-5 scale is often used to
13 record and follow PTSD symptom severity in clinical
14 practice.

15 All secondary efficacy endpoints support the
16 primary results. Brexpiprazole plus sertraline was
17 more effective than sertraline alone on each of the
18 CAPS-5 symptom clusters and patient-reported
19 outcomes. These results also replicate the
20 findings of Trial 061 on both primary and secondary
21 endpoints, providing further credibility to the
22 reliability and replicability of Trial 061 as an

1 adequate and well-controlled trial.

2 I'll now review Trial 072.

3 Trial 072 was similar to 071, with the
4 exception that Trial 072 was a fixed-dose study of
5 brexpiprazole 2 milligrams plus sertraline
6 150 milligrams, brexpiprazole 3 milligrams plus
7 sertraline 150 milligrams, or sertraline
8 150 milligrams plus placebo. Similar to 071, most
9 patients completed the study, and demographics and
10 baseline efficacy scales were balanced across all
11 treatment groups.

12 In Trial 072, neither of the brexpiprazole
13 doses assessed as part of combination treatment
14 demonstrated statistical separation from sertraline
15 alone in the primary endpoint. The response
16 observed in the sertraline alone group was higher
17 compared to Trials 061 and 071; however, the change
18 from baseline observed in the brexpiprazole plus
19 sertraline arm was consistent with that observed in
20 Trials 061 and 071.

21 Moving next to the secondary endpoints of
22 CGI-S and B-IPF, neither the 2-milligram nor the

1 3-milligram doses of brexpiprazole plus sertraline
2 showed a difference versus sertraline alone on the
3 CGI-S. The mean change in the CGI-S total score
4 for both doses of brexpiprazole was similar to the
5 sertraline group alone.

6 The B-IPF did show numerical improvements
7 for brexpiprazole plus sertraline, particularly in
8 the 3-milligram group compared to sertraline alone.
9 We conducted post hoc exploratory analyses to
10 investigate potential subgroup differences in
11 response to identify potential reasons for the
12 discordance between Trials 071 and 072; however, we
13 were unable to identify a cause. This is
14 consistent with FDA's own analyses.

15 When we look at the results in the primary
16 endpoint across the trials, we see consistent and
17 clinically meaningful reductions with the
18 combination treatment. The differences compared to
19 sertraline are significant in both Trials 061 and
20 071. Although Trial 072 did not meet its primary
21 endpoint, the absolute change from baseline
22 observed in the brexpiprazole plus sertraline arms

1 was similar across all three trials. What differed
2 and showed more variability was the performance of
3 the sertraline monotherapy arms.

4 I'd now like to introduce Dr. Jason Connor
5 to discuss FDA statistical considerations related
6 to Trial 071.

7 **Applicant Presentation - Jason Connor**

8 DR. CONNOR: Thank you, Dr. Kraus.

9 Good morning, everyone. Hi. I'm Jason
10 Connor. I'm a statistical consultant and President
11 at ConfluenceStat. I've been the Lead
12 Statistician, collaborating on the design of
13 hundreds of clinical trials across a wide variety
14 of disease areas. I'm also an Assistant Professor
15 of Medical Education at the University of Central
16 Florida's College of Medicine.

17 As you've read in the FDA briefing book, FDA
18 is concerned about the lack of a formal
19 prespecified statistical testing procedure, and
20 therefore, how results from Study 061 should be
21 interpreted. All of FDA's concerns reproduced here
22 all contribute to one key question, concern about

1 the type 1 error rate, meaning, what is the
2 probability of erroneously declaring an effect when
3 none truly exists? I'll address that in the next
4 couple of slides.

5 In the prespecified SAP that was finalized
6 and signed off prior to Study 061 database lock,
7 the formal hierarchical testing procedure from the
8 protocol was removed. The trial design for 061 was
9 powered to evaluate pair-wise comparisons
10 associated with the primary objective. And
11 remember, the stated primary objective of Trial 061
12 is to evaluate the efficacy of brexpiprazole as a
13 monotherapy or as a combination treatment with
14 sertraline in adult patients with PTSD.

15 So here, we see the key comparisons of
16 interest that logically follow from those two
17 prespecified primary aims. While no formal
18 multiple testing procedure was used, the two
19 prespecified primary objectives lead to three
20 obvious comparisons of interest, shown here with
21 nominal p-values, meaning unadjusted p-values. The
22 left side shows the combination therapy offers a

1 statistically significant benefit versus sertraline
2 alone, an active comparator, and against placebo,
3 whereas the right side shows brexpiprazole
4 monotherapy did not offer a benefit statistically
5 versus placebo.

6 We recognize the FDA's concerns regarding
7 the lack of a strict control for type 1 error being
8 prespecified, but applying the three most standard
9 multiple testing procedures -- the Bonferroni
10 correction, the Holm step-down procedure, and the
11 Hochberg step-up procedure -- the combination
12 therapy is statistically significant against
13 sertraline alone, an active comparator, and against
14 the placebo.

15 FDA listed five points for consideration in
16 their briefing book, and their first four points,
17 shown on the left here, really point to the key
18 fifth concern, shown in the middle, and that's
19 about the type 1 error of the trial, meaning is
20 this result real?

21 The concern, which I agree with, is that
22 oftentimes when a nominally significant p-value is

1 chosen post hoc, and then claimed to be real,
2 replication of the trial can be unlikely, meaning
3 the probability of a type 1 error is high. But
4 we'd remind you that, frequently, we see post hoc
5 changes when the prespecified primary outcome
6 doesn't achieve statistical significance.

7 We've all seen cases where a prespecified
8 primary analysis is negative, but then the sponsor
9 of a trial or the authors of a paper focus on a
10 subset of interest or a secondary outcome that just
11 happened to meet statistical significance, or we
12 see people change their primary statistical method
13 in order to achieve statistical significance.
14 Results like that rarely replicate in subsequent
15 trials. And I understand FDA's hesitation to
16 consider cases like I just described as
17 statistically significant, but none of that is the
18 case here.

19 The primary outcome, the primary analytical
20 method, were all prespecified and conducted
21 according to plan, and one of the two primary
22 objectives studying brexpiprazole plus sertraline

1 versus sertraline alone, the topic of today's
2 meeting, achieved nominal statistical significance
3 against an active comparator with a p-value of
4 0.0106, and this was robust to missing data using a
5 variety of prespecified sensitivity analyses.

6 FDA's questions about type 1 error control
7 are really a question of, is this result real? Is
8 this result replicable? And that concern can be
9 addressed by the presence of a confirmatory trial.
10 Trial 071 was designed with the same hypotheses,
11 the same primary and secondary endpoints, and the
12 same statistical methods.

13 This slide shows the results from Trial 061
14 and 071 side by side. This shows the primary and
15 all secondary outcomes that were measured in both
16 trials. Trial 061's primary results, highlighted
17 here in the top row, were replicated in Trial 071
18 with a very similar effect size and replicating the
19 statistically significant benefit. Furthermore,
20 the two trials show consistently statistically
21 significant effect sizes across the range of
22 prespecified secondary endpoints and CAPS-5

1 individual component scores.

2 This consistency across not just the primary
3 endpoint, but all secondaries, supports to me that
4 061 is not merely a spurious result. With the lone
5 exception of lacking a specific alpha spending
6 strategy, Trial 061 meets every requirement of an
7 adequate and well-controlled trial. Given the
8 consistency of these results, it's highly unlikely
9 that Trial 061's conclusion is a type 1 error,
10 which is FDA's primary concern.

11 Thank you, and I'll now turn the podium back
12 to Dr. Kraus.

13 **Applicant Presentation - John Kraus**

14 DR. KRAUS: Thank you, Dr. Connor.

15 Let me now spend a moment discussing why
16 these results are clinically relevant, focusing on
17 three different methods: assessment of CAPS-5
18 symptom clusters; our prespecified responder
19 analysis for the CAPS-5; and the meaningful
20 within-patient change on the CAPS-5. First, in
21 Trials 061 and 071, brexpiprazole plus sertraline
22 demonstrated greater improvements than sertraline

1 alone in all four CAPS-5 subscales: intrusion;
2 avoidance; negative cognitions and mood; and
3 arousal and reactivity symptoms.

4 Now, let's consider the responder analyses.
5 So far, we've been talking about group mean change
6 and between group differences, but a responder
7 analysis allows us to look at individual treatment
8 response at the individual level. As shown in this
9 slide, a higher proportion of patients treated with
10 a combination of brexpiprazole and sertraline,
11 shown in blue, achieved a response prespecified as
12 an improvement of 30 percent or more reduction on
13 the CAPS-5 total score compared to sertraline
14 alone, shown in pink, in both positive trials.
15 Notably, almost 70 percent of patients on the
16 combination treatment were responders, according to
17 this definition, in Trial 071.

18 Next, let's look at defining a responder
19 empirically. Using an anchor-based method
20 recommended by FDA, responders on the CAPS-5 were
21 defined using category improvements on the
22 Clinician Global Impression of Severity Scale, a

1 single-item scale that's widely familiar to
2 clinicians and easy to interpret. When the
3 clinician observes a 1-point category improvement
4 on the CGI-S, this corresponds to an average
5 8-point reduction in the CAPS-5. When the
6 clinician observes a 2 category improvement, this
7 is associated with a 15-point reduction in the
8 CAPS-5 total score.

9 These are the score improvements on the
10 CAPS-5 that the individual patient would have to
11 experience to consider the treatment worthwhile, in
12 other words, clinically meaningful. We acknowledge
13 that the FDA references a 10-point reduction as a
14 potential meaningful change threshold, which sits
15 within our range of 8 to 15.

16 In Trials 061 and 071, a greater proportion
17 of patients in the combination group met the
18 meaningful change threshold of minus 8 and
19 minus 15 points on the CAPS-5 total score compared
20 to sertraline alone, and the differences between
21 the combination arms and sertraline arms were
22 consistent in these two trials. Overall, these

1 results support the interpretability of the score
2 changes on the CAPS-5 in a manner consistent with
3 the FDA's patient-focused drug development
4 guidance.

5 To close, two of our three trials were
6 positive. Trial 071 provides statistically
7 significant and clinically meaningful evidence in
8 all clinician- and patient-reported outcomes that
9 the combination of brexpiprazole 2 to 3 milligrams
10 per day and sertraline is superior to sertraline
11 plus placebo in the treatment of PTSD. Trial 061
12 provides strong supportive evidence that
13 brexpiprazole plus sertraline is superior to
14 sertraline alone, with results replicated in
15 Trial 071. In Trial 072, brexpiprazole plus
16 sertraline did not separate from sertraline alone.

17 Overall, there was a greater proportion of
18 patients treated with brexpiprazole plus sertraline
19 who met the clinically meaningful improvement
20 threshold and a greater proportion of patients who
21 achieved the clinical response; that is, an
22 improvement of greater than or equal to 30 percent

1 reduction on the CAPS-5 total score. Taken
2 together, the totality of evidence across three
3 trials, multiple endpoints, and multiple analyses
4 support the robustness of the data and provide
5 substantial evidence of efficacy for the
6 combination treatment in PTSD.

7 Thank you, and I'll now turn the
8 presentation over to Dr. Thompson.

9 **Applicant Presentation - Thomas Thompson**

10 DR. THOMPSON: Good morning. I'm Tom
11 Thompson, Vice President of Global Clinical
12 Development Head of CNS at Otsuka. I'm also a
13 psychiatrist by training, and we'll review the
14 safety data, showing that brexpiprazole in
15 combination with sertraline was generally well
16 tolerated with no added risk.

17 The safety data from the PTSD clinical
18 program is consistent with prior approved
19 indications of brexpiprazole and consistent with
20 the safety profile of sertraline alone. The
21 overall safety population included patients from
22 Trials 061, 071, and 072. The pooled safety

1 analysis included a total of 650 patients in the
2 brexpiprazole plus sertraline combination arm and
3 447 patients in the sertraline alone arm. Safety
4 was also evaluated in 75 patients who have received
5 brexpiprazole monotherapy in the 061 trial with no
6 safety concerns identified. Data from these
7 patients are not included in the pooled analysis.

8 Safety results from the individual trials
9 were consistent with results from the pooled
10 analysis. Overall, the safety profile across all
11 combination treatment groups was comparable to
12 sertraline alone, demonstrating that in patients
13 with PTSD, combination treatment with brexpiprazole
14 plus sertraline once daily was generally well
15 tolerated and consistent with the well-established
16 safety profile of brexpiprazole.

17 One death due to accidental drowning was
18 reported in the brexpiprazole 2-milligram plus
19 sertraline group and one death due to toxicity to
20 cocaine in the sertraline alone group. None of
21 these deaths were considered treatment related by
22 the investigator.

1 The types of adverse events in the PTSD
2 clinical trials were similar across treatment
3 groups. In the most commonly reported adverse
4 events occurring in at least 5 percent of patients,
5 weight increase was reported with higher frequency
6 in the combination arm compared to sertraline
7 alone. Adverse events of nausea, headache, and
8 diarrhea were reported with higher frequency in the
9 sertraline alone arm compared with the combination
10 group.

11 Serious adverse events were low in
12 frequency, with a lower incidence in the
13 combination arm compared to sertraline alone.
14 There were no serious adverse events that occurred
15 in more than one patient and none were considered
16 related to treatment.

17 Next, I'll review the important safety
18 topics of interest.

19 Identified safety topics of interest
20 included extrapyramidal symptoms; effects on
21 weight; somnolence; orthostatic hypotension;
22 dizziness and syncope; suicidality; and effects on

1 glucose and lipids. Except for the effect on body
2 weight, the incidence rates of these adverse events
3 of interest were generally comparable between the
4 combination group and the sertraline alone group.
5 Weight increase is a known adverse event for
6 brexpiprazole.

7 In the combination group, the observed mean
8 change in weight from baseline to last visit was
9 plus-1 kilogram, which is consistent with the known
10 profile of brexpiprazole as described in the
11 product label.

12 In summary, brexpiprazole in combination
13 with sertraline when started concurrently
14 demonstrated a favorable tolerability and safety
15 profile with no added risk to that of the treatment
16 of sertraline alone. Adverse events were similar
17 across treatment groups, and serious adverse events
18 were low in frequency. The safety results are
19 consistent with a well-established safety profile
20 and prior approved indication of brexpiprazole for
21 a variety of psychiatric disorders and an extensive
22 postmarketing experience.

1 Thank you. I'll now turn the presentation
2 over to Dr. Brady.

3 **Applicant Presentation - Kathleen Brady**

4 DR. BRADY: Thank you, and good morning. My
5 name is Kathleen Brady, and I'm a psychiatrist and
6 a pharmacologist. I have over 30 years experience
7 in treating patients with PTSD, as well as
8 designing and conducting clinical trials in PTSD,
9 bipolar disorder, and substance use disorders.

10 You heard earlier today about the impact of
11 PTSD on patients, their families, and on their
12 day-to-day functioning and, importantly, how we
13 need more and better treatment options. For these
14 reasons, I'm honored to be here today to provide my
15 clinical perspective on brexpiprazole in the
16 treatment of PTSD.

17 Despite the substantial burden associated
18 with PTSD, there have only been two approved
19 medications in the past 25 years, sertraline and
20 paroxetine, both of which have demonstrated only
21 modest efficacy and don't consistently treat all
22 four PTSD symptom clusters. This often leaves the

1 clinician with the difficult task of having to rely
2 on a trial and error clinical approach that's more
3 symptom driven rather than evidence based. This
4 comes with its own potential problems that can
5 prolong individual suffering.

6 PTSD is a chronic and disabling disorder.
7 I'd like to discuss an example of a patient who is
8 representative of many individuals with PTSD.

9 Susan is a 32-year-old woman with two
10 children. She developed PTSD following a home
11 invasion and robbery that took place three years
12 ago. Her prominent symptoms at that time included
13 intrusive thoughts and memories; sleep
14 difficulties; difficulty concentrating; and
15 irritability. She was started on an SSRI and had
16 some benefit, but her intrusive thoughts and sleep
17 difficulties persisted.

18 Over the next several years, she experienced
19 some diminution of symptoms, but she recently
20 divorced, is experiencing financial stress, and her
21 symptoms have become much more active again. She's
22 having trouble sleeping, feels constantly nervous,

1 jittery, irritable, argumentative with colleagues,
2 and having difficulty controlling her anger. She
3 comes back to see me, and we discuss next steps.
4 Because her symptoms are worsening, there is a
5 growing sense of urgency and a critical need to
6 help this patient.

7 With no other approved treatment options,
8 I'm forced to utilize a symptom-focused approach in
9 attempt to improve her symptoms and provide some
10 relief; however, with the brexpiprazole-sertraline
11 combination, rather than the delay caused by this
12 step-wise trial and error approach, the combination
13 treatment could provide her with a safe and
14 effective treatment, accelerate the pace of her
15 recovery, put her on a trajectory for improved
16 functional outcomes, and give her a chance to fully
17 recover from this very devastating psychiatric
18 disorder.

19 This is why the combination of brexpiprazole
20 plus sertraline is an exciting option for me and
21 other clinicians, as well as for patients who
22 suffer from PTSD. As you heard, over

1 1200 individuals participated in the three
2 large-scale trials, making this the largest
3 clinical trial program in PTSD to date. In
4 addition, it's very rare to see an active control
5 in these trials, making these data even more
6 meaningful to me as a clinician.

7 Patients treated with the combination of
8 brexpiprazole and sertraline achieved a
9 statistically significant improvement compared to
10 sertraline alone in the CAPS-5 total score, and at
11 an individual patient level, more patients treated
12 with the combination achieved clinically meaningful
13 improvement.

14 A 15-point reduction in the CAPS-5 total
15 score can be life changing. It can mean improved
16 sleep, improved interactions with others, and the
17 ability to attend rather than avoid important
18 events. Patients are able to be a better parent
19 and companion, no longer triggered by unexpected
20 noises or interactions.

21 In general, when I use the CAPS-5 in a
22 clinical or investigational setting using the

1 current standard of care, I see much less
2 improvement as compared to what we've seen in these
3 trials, so achieving these thresholds with
4 brexpiprazole plus sertraline demonstrates a
5 remarkable reduction in patients' PTSD symptom
6 severity.

7 Notably, brexpiprazole and sertraline
8 combination also showed improvement across the four
9 PTSD symptom clusters, something we do not
10 typically see with the current treatment options.
11 Positive benefits were also observed in the CGI-S,
12 the B-IPF, and PCL-5, all important clinician and
13 patient-rated assessments.

14 What is also very encouraging is that there
15 were no new safety observations identified in the
16 PTSD population. The incidence rates of adverse
17 events such as somnolence; dizziness; nausea; EPS;
18 suicidality; and metabolic effects were similar to
19 those seen with sertraline alone, and there's no
20 risk of abuse or addiction.

21 The only relevant difference between the two
22 arms was in weight gain, which is a known side

1 effect of brexpiprazole. In my opinion, however,
2 the average amount of weight gain, 1 kilogram, is
3 small, especially when put in the context of the
4 seriously disabling and even life-threatening
5 condition of PTSD.

6 Overall, the combination was well tolerated
7 and the safety profile was consistent with that of
8 the approved indications of brexpiprazole and of
9 sertraline alone. To be able to sit down with a
10 patient when discussing taking two medications and
11 have these safety results to rely on is not only
12 reassuring, but it's critical.

13 I recognize that the panel is being asked
14 today to vote on whether there is substantial
15 evidence of efficacy to approve the combination
16 treatment of brexpiprazole and sertraline, and that
17 you're wondering what to make of the 072 results.
18 As you consider this data, I want to emphasize just
19 how difficult these trials are to recruit for and
20 to conduct.

21 Outside of the trials with SSRIs and SNRIs,
22 most randomized controlled trials in PTSD have

1 failed to separate the active treatment from
2 placebo, much less from an active control. So I'm
3 not surprised or discouraged by these mixed
4 results. In fact, in the sertraline clinical
5 program, just two of four studies were positive,
6 which is typical of what we're used to seeing. So
7 I am pleased by the positive results in two of the
8 three trials, especially given the results of these
9 trials: robust response observed across all
10 symptom clusters. For PTSD, this is rare.

11 What's important for me is not the results
12 of 072 in isolation, but how consistent the
13 combination treatment results are across the three
14 trials. I would be disappointed if a single
15 negative trial with an unusually large response to
16 sertraline obstructs our ability to discuss and
17 assess the entirety of the data presented today for
18 a critically important disorder for which there are
19 significant unmet clinical needs. Importantly, the
20 combination treatment was shown to be safe across
21 the three trials, which is consistent with a decade
22 of experience with brexpiprazole.

1 There is very little downside of treating
2 patients with PTSD with this combination. To me,
3 the benefits far outweigh the risks for the
4 combination product, and warrants approval so that
5 clinicians and patients can more effectively and
6 quickly treat the symptoms of PTSD. The totality
7 of evidence, including two positive trials,
8 combined with the consistency within and across
9 trials, show that the combination of brexpiprazole
10 and sertraline provides clinically meaningful
11 benefit for patients. Two trials also found
12 significant improvement in self-reported
13 psychosocial function.

14 People with PTSD have suffered unimaginable
15 trauma and now are suffering unbearable symptoms.
16 The symptoms are difficult to treat and challenging
17 to overcome. That is why it's so important to work
18 quickly while the patient-doctor report is strong,
19 and start the combination treatment to achieve a
20 full response, rather than wait until a patient
21 fails or has only a partial response to monotherapy
22 or other less effective polypharmacy, and perhaps

1 become so discouraged that they stop treatment
2 altogether.

3 This is why I am really excited by these
4 data and that we're finally having a breakthrough
5 in the stagnant world of psychopharmacology. The
6 categorical change in severity that was observed in
7 these trials across a broad range of symptoms will
8 truly be noticeable to the patient and their
9 families. Thank you, and I will now turn the
10 presentation back to Dr. Hobart.

11 DR. HOBART: We would be happy to address
12 any questions the committee might have of us.

13 **Clarifying Questions to Applicant**

14 DR. NARENDRAN: We will now take clarifying
15 questions to Otsuka. When acknowledged, please
16 remember to state your name for the record before
17 you speak and direct your question to a specific
18 presenter, if you can. If you wish for a specific
19 slide to be displayed, please let us know the slide
20 number, if possible. Finally, it would be helpful
21 to acknowledge the end of your question with a
22 thank you and end of your follow-up question with,

1 "That is all for my questions," so we can move on
2 to the next panel member.

3 Clarifying question for Otsuka, we'll start
4 with Dr. Ballon.

5 DR. BALLON: Jake Ballon, Stanford. This
6 question is for Dr. Kraus.

7 I imagine that that this was one of the many
8 different things that was evaluated in trying to
9 understand why 072 was different than the other
10 studies, but I was wondering if you could go to the
11 demographics of 072. I don't think I saw that
12 presented. In particular, I'm just curious about
13 the percentage of patients with previous
14 psychotherapy in 072, and if it differs at all from
15 061 and 071. Thank you.

16 DR. HOBART: Dr. Kraus?

17 DR. KRAUS: We do have the demographics for
18 072, which are presented here. In 072, the
19 previous psychotherapy ranged from 27 percent to
20 34 percent among the groups. Previous
21 pharmacotherapy was about 20 percent, so relatively
22 balanced among those groups.

1 DR. BALLON: Thank you.

2 DR. NARENDRAN: The next question is from
3 Dr. Dunn.

4 DR. DUNN: Walter Dunn, UCLA, and also a
5 question for Dr. Kraus. I think a lot of our focus
6 on today's presentations, or our discussion today,
7 will be on Study 061. I am particularly interested
8 in the baseline characteristics of that group. I
9 want to focus on the previous history of
10 psychopharmacology, and my question centers around
11 how that was determined using the E-TRIP
12 questionnaire.

13 Although in your slide, it seems as if
14 there's an equal amount of pharmacology
15 history -- and I'll be asking this to the FDA
16 presenters -- they break it down to SSRIs and other
17 pharmacology, and there appears to be an imbalance.
18 So I'm curious as to how you define previous
19 psychopharmacology history. Is that purely based
20 off of the first component of the E-TRIP
21 questionnaire? Then, the E-TRIP scores that were
22 across the different treatment arms, that was in

1 neither of the briefing documents, but I'm
2 wondering if you have that data for us.

3 DR. HOBART: Dr. Kraus?

4 DR. KRAUS: The prior pharmacotherapy of
5 patients within the trials was determined using the
6 E-TRIP interview. If you'd like, Dr. Dunn, I can
7 call up one of our investigators to talk about any
8 of that, procedurally.

9 In terms of the E-TRIP outcomes or scores, I
10 don't have that available right now. But, in
11 general, our previous pharmacotherapy rates across
12 studies were fairly similar to that in the general
13 population as well. If it's important for us to
14 try and get those scores, I can do that.

15 DR. DUNN: Yes. I think, based off of the
16 FDA's briefing document, there appears to, again,
17 be an imbalance. Even though we don't know about
18 treatment of resistance per se, if we use history
19 of SSRI used as a proxy for possible treatment
20 resistance, there seems to be a higher treatment
21 resistance in the sertraline-only arm and the
22 placebo arm, so if you could get that data, that

1 would be great.

2 Then, if you could speak to how the
3 pharmacology history was operationalized; on the
4 E-TRIP form, the first category is if any drug was
5 used at all in the history; then, based off of
6 that, there's a series of questions about duration,
7 views, dose, whatnot, and then it's eventually
8 scored. In your slide, when it says there's a
9 history of pharmacology use, is that based purely
10 off of the report that there's any history of use,
11 or that it actually follows through, and it was
12 actually scored by the investigator?

13 DR. KRAUS: I'll answer this in two ways. I
14 want to just address what may be an underlying
15 question, Dr. Dunn, whether prior pharmacotherapy
16 had an impact on the result, and then I'll ask
17 Dr. Purselle to speak to the logistics of
18 administering this within the clinical trial.

19 So as described, we did collect prior
20 pharmacotherapy. As you see in the top row, it
21 represents the variable of those with prior
22 pharmacotherapy, and the bottom row, without. What

1 we saw in the comparison in 061 and 071, the
2 positive studies of the combination versus
3 sertraline, is regardless of prior history, there
4 was a benefit seen with the combination; although
5 numerically, at least in 061, that was slightly
6 greater with no prior therapy and the opposite in
7 071. So we conclude there did not appear to be a
8 substantial effect on outcome based on prior
9 pharmacotherapy.

10 DR. DUNN: Did you happen to do that
11 analysis looking purely at SSRI history and not
12 just general pharmacotherapy?

13 DR. HOBART: I would have to get back to you
14 on that. We did look at the prior history. There
15 were very few sertraline-treated patients within
16 the study to do an assessment like that, but I can
17 get to you after the break.

18 DR. DUNN: Or just any general SSRI history.
19 It doesn't have to be sertraline.

20 DR. KRAUS: Understood.

21 Dr. Purselle?

22 DR. PURSELLE: I'm Dr. David Purselle. I'm

1 a board certified psychiatrist with over 25 years
2 of clinical and research experience. I have worked
3 in a variety of different settings, including
4 inpatient/outpatient and VA settings, and I was
5 also principal investigator on all three of the
6 trials that we're talking about today.

7 With regards to the administration of the
8 E-TRIP, this was something that, first, all raters
9 who were approved to administer, they had to meet
10 certain qualifications in order to be approved, and
11 then there was a didactic session in order to train
12 on the appropriate administration and scoring of
13 the E-TRIP. The E-TRIP was then administered via
14 the instrument and the administration instructions,
15 and then we did score each of the different items
16 to get the overall score on the E-TRIP.

17 DR. DUNN: So for someone to fall into the
18 category of prior pharmacology history, did that
19 use of that particular medication have to be
20 scored, or was it just that the patient endorsed
21 that they had any history of use?

22 DR. PURSELLE: So if they had a history of

1 use, and it met with the guidelines within the
2 E-TRIP, then it was identified as something that
3 was prior pharmacotherapy.

4 DR. DUNN: Thank you.

5 DR. NARENDRAN: The next question,
6 Dr. Coffey?

7 DR. COFFEY: Yes. This is a question for, I
8 guess, Dr. Kraus or Dr. Connor. It's a subtle
9 point I wanted to clarify because I think the 061
10 multiplicity issue is going to be a key topic of
11 discussion.

12 On slide 53 in Dr. Connor's presentation,
13 there was a point that that represented the three
14 major comparisons of interest, but on slide 28, it
15 was clarified that in the final SAP, it was
16 actually modified to have five comparisons, which
17 is a minor point but important in terms of the
18 issues of multiplicity. So was it three or was it
19 five?

20 DR. HOBART: Dr. Kraus?

21 DR. KRAUS: So there were five comparisons,
22 but the comparison of interest that were the

1 primary comparisons were the assessment of
2 brexpiprazole arms compared to the various other
3 groups, so placebo, sertraline, brexpiprazole
4 alone. So the combination therapy was the key
5 aspect of interest within the study, as shown on
6 the left side of this slide.

7 DR. CONNOR: Yes. If I may -- this is
8 Jason, Dr. Connor -- to answer Dr. Coffey's
9 question, even if we would apply, for example, the
10 Hochberg correction or the Holm procedure to all
11 five, the two key comparisons -- the combination
12 therapy versus placebo, the combination therapy
13 versus sertraline alone -- all achieved statistical
14 significance. And even the Bonferroni correction,
15 it would be unlikely you would put that fifth one,
16 sertraline versus placebo, because that's a
17 comparator drug versus placebo. So even the four
18 on the left, those comparisons, even Bonferroni
19 would all hit because that critical value would be
20 0.0125.

21 So I agree with you that is key, but like I
22 said, all five here, even with Holm and Hochberg,

1 hit, and even the four on the left, which are key
2 because they include brexpiprazole, would be
3 significant by Bonferroni, which is, frankly, even
4 rarely used anymore in pharma.

5 DR. NARENDRAN: The next question,
6 Dr. Block.

7 DR. BLOCK: Hi. This is Laura Block, the
8 patient advocate. My first question isn't really
9 directed to any particular person. These were some
10 pre-meeting reading questions that I had.

11 In pharmacy school, back when SSRIs were
12 used just for depression, we were told that it
13 could take up to 8 weeks to get the full benefit.
14 This newer data suggest, or I found online, that it
15 can take up to 12 weeks for the more serious
16 conditions, such as PTSD, to get to full benefit,
17 especially with regards to Study 072. Of course,
18 there was no way to look at that ahead of time.

19 But, really, why did these studies -- you
20 were at the full dose for 6 to 7 weeks. Is there
21 any reason maybe that they weren't longer?

22 DR. HOBART: Dr. Kraus?

1 DR. KRAUS: So the studies were designed to
2 assess, in general, the acute effects of the
3 combination versus sertraline alone in treatment of
4 PTSD. As such, in similar to other trials of daily
5 dosing, the duration of 12 weeks total was
6 selected. Additionally, as mentioned earlier, the
7 primary endpoint blinded to investigators was at
8 10 weeks.

9 So we believed that the combination of
10 treatment versus sertraline would need to show
11 benefit early in order to help guide clinicians.
12 And as we look at the primary endpoint in 071, for
13 example -- and I'll ask Dr. Brady to comment on her
14 view of the clinical relevance of this -- when we
15 look at the combination versus sertraline alone, we
16 do see a separation beginning numerically as early
17 as week 4, and then a statistically significant
18 change at 6, 10, and 12 from an active treatment.

19 Dr. Brady, could you comment on the
20 difference in slopes between these outcomes,
21 please?

22 DR. BRADY: Yes. Thank you. Considering

1 just how disabling and painful the symptoms of PTSD
2 can be for patients, it's critically important that
3 we treat them as quickly with an effective
4 treatment as we possibly can.

5 So I think the fact that the combination
6 treatment has a more rapid onset of action is very
7 important because during the time when people are
8 waiting for their treatment effect, their
9 dysfunctional or damaging behaviors can become even
10 more exaggerated. So they may turn from avoidance
11 to being completely housebound. They may turn to
12 drugs and alcohol to help them sleep at night or to
13 deal with daytime anxiety and irritability. They
14 also can become very discouraged and even drop out
15 of treatment.

16 So, to me, as a clinician, this rapid
17 response is an incredibly important facet of this
18 combination treatment. Thank you.

19 DR. BLOCK: Thank you.

20 One other question that I have -- and this
21 is still Laura Block -- is I understand that you
22 all looked at pre-study, non-pharmacological

1 therapy such as therapies like CBT and such. Was
2 there any assessment? Were people allowed
3 to -- were they required to stay where they were
4 with non-pharmacological therapies or was there any
5 control of non-pharmacological therapies during the
6 trial?

7 DR. HOBART: Dr. Kraus?

8 DR. KRAUS: Dr. Block, if a patient had been
9 on psychotherapy prior to entering the trial, as
10 long as the expectation was the frequency, and type
11 of therapy would not change during that 12-week
12 period of study, the patient was able to maintain
13 that psychotherapy outside of the trial.

14 Does that answer your question?

15 DR. BLOCK: It was an expectation, but it
16 wasn't codified in the trial?

17 DR. KRAUS: It wasn't necessarily an
18 expectation that they be on psychotherapy to be in
19 the trial. We did assess whether patients had
20 prior psychotherapy to entering the trial to
21 understand whether or not that could have an impact
22 on the result. I don't know if that's a question

1 you're getting as well.

2 DR. BLOCK: I guess what I'm looking at is
3 I'm looking, with 072, it's not that we didn't see
4 a response. It's that everybody responded is what
5 it looks like. So I guess my question was, do we
6 know for sure that people, say, on placebo didn't
7 change therapies for non-pharmacy type therapies?

8 DR. HOBART: Right. The patients were
9 disallowed to make any changes during the course of
10 the trial, and that would have been a protocol
11 violation. But, of course, for all studies, we
12 collected their prior psychotherapy history and,
13 broadly, did not find a difference in those who had
14 prior psychotherapy versus those who did not in
15 terms of seeing the benefit of the combination over
16 sertraline alone.

17 DR. BLOCK: Great. Thank you very much.
18 That's the end of my questions.

19 DR. NARENDRAN: The next question is a video
20 participant, Dr. Raskind.

21 DR. RASKIND: Thank you. Relevant to my
22 practice in the VA, I noticed, though these slides

1 weren't shown, that there was a very low percentage
2 of combat trauma or war zone exposure participants
3 among the samples in these studies. Were there VA
4 sites involved in these trials, and is there any
5 explanation of why there was such a low percentage
6 of combat trauma of PTSD?

7 I say that [inaudible - 2:02:43] somewhat
8 controversial event of -- there are differences in
9 PTSD, pharmacologic and psychotherapeutic response,
10 in a combat trauma of PTSD versus usually a single
11 event, although not always civilian trauma PTSD.

12 Thank you.

13 DR. HOBART: We did have VA sites within the
14 program. We had two VA sites in our 061 trial and
15 we had one VA site in our 072 trial. There were
16 some barriers to inclusion of numerous VA sites
17 into these trials mostly due to the fact of the
18 electronic source versus the VA platform and
19 proprietary issues there, but we were able to have
20 three overall in the program.

21 DR. RASKIND: Thank you.

22 DR. NARENDRAN: The next question again from

1 a video panel member, Dr. Thomas.

2 DR. THOMAS: Hello. This is Patrick Thomas
3 from Baylor College of Medicine. This question is
4 for Dr. Kraus.

5 The applicant argues that an unusual
6 sertraline response, a larger one, may have covered
7 a significant difference that would have shown up
8 otherwise. If you could speak to what evidence you
9 have that that particular response is unusual,
10 whether that's based on your own data or
11 observation in other clinical trials and sertraline
12 or studies related to this response. And I guess
13 the secondary follow-up question of that would be,
14 if so, do you have any hypotheses as to why?

15 DR. HOBART: I'd like to invite Dr. Kraus,
16 followed by Dr. Brady, to address the question.

17 DR. KRAUS: So I think what we were
18 describing is variability, Dr. Thomas, in the
19 sertraline arm across the three studies. Although
20 sertraline was included as a monotherapy in 061, as
21 well, to really gauge the combination efficacy, we
22 weren't necessarily surprised to see the studies

1 where sertraline had a lower effect versus a higher
2 effect, given the history and registration trials
3 of sertraline. To demonstrate this, these are the
4 trials that contributed to the FDA approval of
5 sertraline in the treatment of PTSD as described
6 earlier by Dr. Brady. Two of those trials were
7 positive and two of those studies were negative.

8 Dr. Brady, if you would care to comment on
9 the sertraline response; you were an investigator
10 in these studies, as well, using the compound
11 clinically.

12 DR. BRADY: That's right. Thank you. Yes,
13 I was the lead investigator on one of those
14 clinical trials. It's one of the ones that were
15 positive. But I'm very familiar with the data
16 across the four trials, and in the time since have
17 done several trials with sertraline and PTSD
18 co-occurring disorders.

19 I can just attest to the variability in the
20 response, really, both across studies. And even
21 between individual patients within a study, we have
22 seen definitely quite variable response. And some

1 people do have a robust response to sertraline
2 alone. I think that's what is reflected in
3 Study 072. Thank you.

4 DR. NARENDRAN: Does that answer your
5 question, Dr. Thomas?

6 DR. THOMAS: Yes, that answers my question.
7 I have no further questions.

8 DR. NARENDRAN: Alright.

9 The next question is Dr. Shiner.

10 DR. SHINER: Yes. Hi. This is Dr. Brian
11 Shiner from the VA Vermont Healthcare System. I
12 have two questions. The first is for Dr. Thompson
13 and the second is for Dr. Hobart.

14 For Dr. Thompson, I understand over
15 12 weeks, patients gained about 2.2 pounds, and
16 that wasn't seen as being huge. Since this is a
17 sNDA, this drug has been around for a while. It
18 was FDA approved 10 years ago. So I would want to
19 know what the anticipated weight gain would be over
20 a year, or 10 years, or a lifetime, and what effect
21 that might have on the health of people that start
22 combination treatment rather than trying the SSRI

1 first. That that will be my first question, and
2 that would be for Dr. Thompson.

3 DR. HOBART: Dr. Kraus?

4 DR. SHINER: I'm sorry. That was a question
5 for Dr. Thompson.

6 DR. KRAUS: I'm able to address that
7 question as well. You did highlight that we have a
8 number of long-term studies in other indications
9 where we do have adjunctive treatment for major
10 depressive disorder and also longer term treatments
11 for schizophrenia.

12 So again, it is well understood, the overall
13 weight gain with longer term treatment. This is
14 from 52-week studies. On the left-hand side is the
15 MDD long-term trials, which include adjunctive
16 antidepressants. On the right-hand side is the
17 schizophrenia trials. So we do see that the mean
18 change from body weight to week 52 is an additional
19 3.1 kilograms for the adjunctive treatment group,
20 and we did see that the weight increase, greater
21 than or equal to 7 percent at any visit, was
22 30 percent in the the adjunctive MDD groups.

1 So we do see some increase in weight
2 consistent with longer term treatment but does
3 indeed plateau over time. These observations are
4 consistent with the known profile of brexpiprazole.

5 I don't know, Dr. Shiner, if you'd
6 appreciate any of our clinicians putting weight
7 gain into context with treatment of the illness or
8 if that answers your question.

9 DR. SHINER: It generally answers my
10 question. So is your assumption that after a year,
11 you wouldn't have much more than 3.1 or
12 6 or 7 pounds; that it would stop if you stayed on
13 this for a lifetime?

14 DR. HOBART: The 52-week data is what we
15 have, but based on looking at that data, it tends
16 to plateau within that period. But I don't have
17 data beyond that.

18 DR. SHINER: Alright.

19 My other question is for Dr. Hobart.
20 Really, I think a lot of the problem here will boil
21 down to differing views on 061. The FDA seems to
22 feel, and their packet indicated, that there were

1 going to be three tests. They were hierarchical
2 tests and that we wouldn't have gotten to the third
3 test, which was brex plus sertraline versus
4 sertraline alone; whereas Otsuka says there were
5 going to be five tests, and they got to do the
6 fifth test, and that was ok.

7 There just seems to be completely opposing
8 views that change the outcome of the decision. So
9 can you comment as to why there seems to be such
10 differing viewpoints on what happened?

11 DR. HOBART: Certainly. The original
12 protocol did prespecify the three tests, as you see
13 them on this slide. This was the September 2016
14 version of the protocol. The protocol was amended,
15 and that was the information that we showed on the
16 next slide that I'm bringing up for you, which
17 included these five comparisons of interest.

18 This was the final version of the protocol,
19 which matched the final statistical analysis plan,
20 which is the information that Dr. Connor and
21 Dr. Kraus stepped through in their presentations
22 earlier.

1 DR. SHINER: Yes. So maybe I'm not
2 understanding the process. When you amend a
3 protocol, do you amend it with your IRB? Do you
4 amend it with the FDA? Where did you amend the
5 protocol?

6 DR. HOBART: So when the protocol is updated
7 or amended, yes, versions of that are sent into
8 local ethics committees, IRBs, as well as the FDA.
9 I think what the FDA was commenting on in their
10 presentation, which I know will come after ours, so
11 they can speak more to this directly, is their
12 point was that they didn't receive the final SAP
13 until after the database had been locked and the
14 trial had been unblinded. But it's important to
15 note that the final SAP was updated with this
16 prespecified information before unblinding and
17 before the analyses were run.

18 DR. SHINER: And is that typical? Why would
19 you change during the course of a trial? Why would
20 you change the plan?

21 DR. HOBART: I'd like to invite Dr. Kraus to
22 further give the considerations for why these

1 updates were made, based on our knowledge of the
2 compound overall and the disease state under study.

3 DR. KRAUS: It was primarily in order to
4 test the combination treatment as a first intent.
5 Part of that comes from what was shown earlier as
6 to the differing and potentially complementary
7 receptor profiles of sertraline and brexpiprazole.
8 Part of it also comes from the unmet need and the
9 desire to see if the combination could be superior
10 to monotherapy in treating symptoms, particularly
11 onset as well.

12 So those were some of the reasons why during
13 the course of the conduct of the study, there were
14 decisions made that the comparison was truly of
15 interest. And, of course, we have historical data
16 in MDD, although adjunctive, that does support that
17 concept as well, that there can be added benefit.
18 So that drove that comparison as being very
19 important.

20 DR. SHINER: I guess your thinking is still
21 not making sense to me because the way that the
22 packet presented 061 was that it was four groups in

1 order to generate hypotheses for the two phase 3
2 trials. How did you change your hypotheses before
3 the phase 2 trials were over if you needed the
4 phase 2 trials to generate your hypotheses for
5 phase 3?

6 DR. KRAUS: The hypothesis throughout the
7 development program is really the assessment of
8 brexpiprazole, either in monotherapy or in
9 combination, as a potential treatment for PTSD. So
10 that focus or that hypothesis did not alter during
11 the course of the study. What did change was in
12 terms of thinking about the importance of the
13 combination comparison given our prior history in
14 other indications and the potential for synergistic
15 or mechanistic synergism between the two compounds.
16 That is why when we revised the SAP, we prioritized
17 these comparisons, particularly around the
18 combination treatment.

19 DR. SHINER: So was there a new discovery
20 about how brexpiprazole works during the course of
21 the phase 2 trial?

22 DR. KRAUS: There weren't necessarily new

1 discoveries, but as you imagine, throughout the
2 clinical trials we discuss, and often we'll
3 finalize, the SAP after those discussions. So it
4 was ongoing discussions within the company.

5 DR. SHINER: And how often do hypotheses
6 change during the course of a trial?

7 DR. KRAUS: Statistical analyses plans do
8 change during the course of the trial, and I can
9 ask Dr. Song to allude to some of the reasons for
10 that.

11 DR. SONG: My name is Jingli Song. I'm
12 Executive Director in Biostatistics at Otsuka. Per
13 our SAP, we finalized our SAP before the database
14 lock, which we did in this case. We do change
15 statistical -- some kind of data set over time.
16 This is because it does not impact the study
17 conduct, but it's more how we handle the data
18 analysis.

19 DR. HOBART: Dr. Kraus?

20 DR. KRAUS: And again, Dr. Shiner, to get to
21 your original question, the key interest of the
22 study did not change from the change in the

1 hierarchical testing first elucidated in the
2 protocol to the SAP. It's still of interest for us
3 to understand brexpiprazole as a potential
4 treatment for PTSD.

5 DR. SHINER: Yes. I'm really having trouble
6 understanding if there weren't changes in the
7 understanding of how brexpiprazole works or
8 advances in biostats during the course of the
9 trial, why you would need to change your SAP during
10 the course of the trial. And this may be just a
11 thing; I don't know. Does this happen every time?

12 DR. KRAUS: No, it doesn't necessarily
13 happen every time. But in this case, with
14 discussion among the team and among the companies,
15 the combination of sertraline and brexpiprazole was
16 thought to potentially be a very important
17 comparison that we didn't want to miss.

18 DR. HOBART: And to further add, although it
19 doesn't happen every time, it is not uncommon.
20 Most protocols do get amended, and there are
21 changes to statistical analysis plans throughout
22 the trial. Importantly, the analyses that we

1 shared with you today reflect the final protocol
2 and the final statistical analysis plan.

3 DR. NARENDRAN: The next question for
4 virtual, Dr. Shaw.

5 DR. SHAW: Hi. Thank you. This is Pamela
6 Shaw at Kaiser Permanente Washington. I have a
7 question, and this could be either maybe for
8 Dr. Kraus or perhaps even a study statistician.
9 I'm trying to understand the primary endpoints and
10 how we're seeing the differences between the
11 trials, and it very much relates to this CAPS
12 score.

13 My impression is that this is something that
14 can be quite variable PTSD, the symptoms from week
15 to week, day to day. So I was wondering, in
16 general, that impression is 5 points, 10 points,
17 that kind of variability, if that's within person
18 from, say, week to week, if that's kind of normal,
19 you could see a variation like that. And maybe
20 that even relates to the assumption in the powering
21 calculations. How variable is that score, just on
22 its own, within a person?

1 DR. HOBART: Dr. Kraus?

2 DR. KRAUS: I'll ask also one of our
3 clinicians within this study to address this.

4 Part of our effort in the study design to
5 reduce that type of variability was that placebo
6 run-in period such that if there was instability or
7 variability in the symptoms, those patients
8 wouldn't necessarily be part of the primary
9 analysis set.

10 As you mentioned, as we look at the overall
11 results, we see in the primary endpoint for 071,
12 the change from baseline between two groups. I
13 mentioned earlier the anchored clinically
14 meaningful differences of minus 8 and minus 15, and
15 you actually see that both curves approach those.
16 But I want to share with you, also, when we think
17 about the between-group changes, which we've talked
18 about in the clinical trial, what we see on this
19 chart is the reduction in CAPS-5 from baseline for
20 Study 071 in the brexpiprazole plus sertraline
21 group versus sertraline alone.

22 I also have represented on this the various

1 clinically meaningful values we derive, the minus 8
2 from a CGI change of 1 and the minus 15 from the
3 CGI change of 2, and the 10 is from the FDA
4 briefing book. Again, importantly, both groups do
5 show a benefit in 071, and there's, importantly, a
6 treatment group difference between the two groups.

7 Now remember, this slide is representing
8 both responders and non-responders within each
9 population, so the additional minus 5-9 points in
10 the group comparison is really quite important as
11 we're assessing an active comparator versus the
12 comparison. However, that difference speaks to the
13 population difference, including both responders
14 and non-responders; therefore, we actually use that
15 anchor-based approach I described to truly try to
16 understand, within an individual patient, what was
17 potentially clinically meaningful and whether or
18 not the combination treatment favors that outcome
19 as well.

20 So this represents Trial 061 and 071, the
21 positive studies, showing a greater proportion of
22 patients meet that individual change threshold, and

1 the prespecified response rate showed a similar
2 pattern that, even with a difference that was
3 statistically significant in the population means,
4 we see in the individual, meaningless, here defined
5 as greater than or equal to 30 percent reduction in
6 the CAPS-5, a benefit of the combination over the
7 the monotherapy.

8 Now, CAPS-5 can be variable, but we tried to
9 control that within the setting of the trial and
10 through randomization as well.

11 DR. SHAW: Thank you very much. I
12 appreciate that. Actually, that slide that you
13 showed -- that CM-33, I think it was, the first one
14 you showed me -- I think it was a really nice
15 slide. To me, and you can correct me if I'm wrong,
16 the interpretation at the beginning of the trial in
17 all the arms take a sudden dip.

18 We're calling that responders to placebo,
19 but that's really just that statistical artifact,
20 that when you have very variable symptoms and you
21 require or you have to be so high at baseline,
22 there's going to be a natural regression to the

1 mean.

2 So I feel like you've done a great job in
3 terms of trying to think about how to distinguish
4 more clinically meaningful dips, but I think -- you
5 can correct me if I'm wrong -- sometimes when
6 you're saying the phrase "responder to placebo,"
7 what you really are trying to do is separate out
8 effects from regression to the mean, which is not
9 really a response to placebo but just a statistical
10 artifact that all the arms will experience because
11 of the high cutoff to qualify to be in the trial.

12 Is that a fair interpretation of some
13 portion of the drop of all arms?

14 DR. KRAUS: I do understand your point.
15 This is part of the logic for including the placebo
16 run-in period for patients that have substantial
17 variability and also for blinding the site staff,
18 as well as the patients to that run-in period and
19 to the primary endpoint, to try and avoid certain
20 expectation of biases as well.

21 In this study, of course, we're against an
22 active control. So although non-specific effects

1 within psychiatric clinical trials can lead to
2 objective patient improvement, the key thing is
3 comparison between the two drugs. And again, in
4 061 and 071, we saw the combination outperform
5 sertraline alone but, again, we did try to reduce
6 that variability.

7 DR. SHAW: Alright. Thank you very much.
8 That answers my questions.

9 DR. HOBART: And I don't know, Dr. Connor,
10 if you wanted to provide any additional perspective
11 from a statistical perspective.

12 DR. CONNOR: No. I think that addressed it
13 well, and Dr. Shaw seems to have her question
14 answered.

15 DR. HOBART: Thank you.

16 DR. NARENDRAN: This is Raj Narendran. I
17 have a quick question. I saw from the FDA briefing
18 that concurrent meds, people were allowed to stay
19 on prazosin if they didn't change their dose. Your
20 drug also has a high affinity for alpha-1 subtypes.
21 Did you see if the prazosin people who stayed on it
22 were equally distributed across 071 and 072 and

1 equally distributed across the two groups,
2 responder-wise?

3 DR. HOBART: So we did see that the overall
4 usage of prazosin was low in all three studies, so
5 1 percent or less, in the 061 and 072 trials at
6 1 percent, and then the 071 trial at half percent.
7 So the impact of prazosin use within these trials
8 likely would have been low.

9 DR. NARENDRAN: Thank you.

10 The next question is from Dr. Dunn.

11 DR. DUNN: Walter Dunn, UCLA. Circling back
12 to the exclusion criteria, across your three
13 studies, patients who were deemed treatment
14 resistant, excluded at the opinion of the
15 investigator, was that operationalized in the
16 E-TRIP scores or is that purely based off of some
17 type of clinical intuition?

18 Then a second part, if you're able to get
19 those E-TRIP numbers, I would also be very
20 interested to see how much of the pharmacology
21 history was excluded because they did not meet that
22 8-week history cutoff.

1 In my opinion and clinical practice, I think
2 it's hard to get patients to stay on a medication
3 for 8 weeks if it's not working, and that would
4 prematurely exclude them from being counted as a
5 medication failure. And I guess based off of what
6 I heard earlier, it had to be scored in order for
7 it to be considered a pharmacology trial. So how
8 many patients would have been included if it
9 weren't for that 8-week cutoff?

10 So if you're able to get that, along with
11 E-TRIP numbers, I'd be interested. And then to my
12 first question, how was that exclusion criteria of
13 treatment resistance operationalized?

14 DR. HOBART: Certainly. It was based on
15 both the E-TRIP, which is information provided by
16 the subject, in addition to any medical records
17 that are available, and the clinician assessment as
18 well. So, all information was taken into account.

19 DR. DUNN: And for this E-TRIP, is there a
20 score that would have been in the cutoff?

21 DR. HOBART: We'll have to look into that
22 and get back to you after the break with the other

1 additional E-TRIP information that you requested.

2 DR. DUNN: Thank you.

3 DR. NARENDRAN: Our last question,
4 Dr. Coffey.

5 DR. COFFEY: Yes. Chris Coffey. This is
6 really following on Dr. Shiner's conversation. If
7 you can go to slide 28, I'm still trying to follow
8 the logic here of the reason for the modification
9 here, in that it added the five. But it's been
10 mentioned, I think multiple times in the
11 discussion, that it was intended to focus on the
12 combination therapy.

13 So, what I'm struggling with is that would
14 make more sense to me if the brexpiprazole versus
15 placebo was taken out and the third one was added
16 in, and those three were the main emphasis. I'm
17 struggling with why the sertraline-placebo came in
18 and the others were left there for five. It seems,
19 looking at the logic as it was implemented and how
20 it's being described, I'm having trouble
21 understanding how those two align. It seems like
22 there's a discrepancy that I just can't quite wrap

1 my head around.

2 Can you, Dr. Kraus, or Dr. Connor, or
3 somebody expand on that?

4 DR. HOBART: Dr. Connor?

5 DR. CONNOR: Sure. Jason Connor here. Yes.
6 I'll let the sponsor speak exactly to why they made
7 the changes, but I think this isn't atypical. I
8 think back to I believe was Dr. Shiner's question,
9 it's not atypical to make changes from the protocol
10 to the SAP. In fact, almost all protocols and SAPs
11 have a standard line saying if there are minor
12 modifications or any change from the protocol to
13 the SAP, the SAP takes precedence, and I'm sure the
14 statisticians on the panel are used to seeing this.

15 That said, too, I'll remind you that all of
16 the prespecified analyses, the prespecified
17 objectives, the prespecified primary endpoints, all
18 of that are the same. None of that changed. I was
19 assistant editor of a journal for six years, and
20 we'd always see papers where it says this is our
21 objective, and you get the results, and it starts
22 talking about a subset. It starts talking about a

1 secondary outcome. None of that is the case here.

2 So the ordering of the original one I think
3 is less standard; that it would be more standard to
4 say, here, a set of hypotheses. We're going to
5 test these via Holm or Hochberg, where the bar
6 rises for all of them, but they're all sort of
7 tested equally. That was alluded to by testing
8 these five hypotheses. It did not specifically
9 mention, for example, the Holm or Hochberg test.
10 But when applied, statistical significance is
11 reached, and the brexpiprazole plus sertraline
12 group against placebo, and against an active
13 comparator that is frequently used in this disease.

14 I think type 1 error control is very
15 important -- I understand that as a
16 statistician -- but I think this isn't the usual
17 case where I've heard Scott Everson many times use
18 the analogy that sometimes sponsors will shoot an
19 arrow at a barn, go paint an arrow around where it
20 hit, and go, "Look what we hit." That's not the
21 circumstance here; prespecified outcome,
22 prespecified analytical methods. In fact, all the

1 prespecified sensitivity analyses were around this
2 endpoint.

3 So, again, it's not this super exploratory
4 thing where we're shining a light on what got hit.
5 The primary outcome and primary objective all were
6 prespecified with prespecified sensitivity analyses
7 on 061 around this very outcome. So could it have
8 been more precise? Perhaps? Should we reject
9 outcomes -- and can I see slide CO-55? -- from
10 Study 061 that are clearly replicated, both in
11 effect size and in statistical significance? I
12 don't think we should.

13 I know in the original sertraline trials, it
14 took four trials to get two positive trials. I've
15 done a lot in dry eye. In dry eye, they say it
16 frequently takes four trials to get two positive
17 trials. Here, there are essentially three adequate
18 and well-controlled trials, two of which replicate
19 one another very closely.

20 And again, it's not just the primary
21 outcome. We see very similar effect sizes in all
22 the secondaries. This is all secondaries in both

1 trials, not secondaries we chose to show on a
2 slide. This is all secondary endpoints that
3 appeared in both trials, 061 and 071. We see very
4 similar effect sizes in the primary, very similar
5 effect sizes in the secondary, very similar effect
6 sizes in the four subscales, in the CAPS-5 primary
7 outcome.

8 So I think, can we argue the stats?
9 Absolutely. It's gray, but I think it really comes
10 down to the clinical question of, is 061
11 believable? And I think that, to me, Trial 071
12 replicating this so consistently really makes the
13 results from 061 highly believable to me.

14 DR. COFFEY: Just one follow-up. I agree
15 with your point that the primary endpoint did not
16 change, but the fact that the original three tests
17 weren't all based on the combination therapy almost
18 seems to imply that the primary objective changed.
19 Can you clarify what you mean when you say the
20 primary objective did not change?

21 DR. CONNOR: Yes, certainly. The primary
22 objective stayed in the protocol, and then I think

1 followed through to the SAP, was to test both the
2 the monotherapy versus placebo and the combination
3 of brexpiprazole plus sertraline versus sertraline.
4 So that was the stated objective in the protocol,
5 and that didn't really change.

6 So it was to look at both of those things.
7 In fact, we see here, then, that the combination
8 therapy achieved statistical significance, very
9 highly significant against placebo, and even with a
10 p-value of 0.01 versus the active comparator. And
11 then, even with the solo evidence from 071, that
12 p-value was very, very significant. The lower
13 bound of that confidence interval is above 2,
14 showing in the confirmatory 071 trial a very
15 robust, strong effect size; that even that
16 confidence interval is pretty far from zero.

17 DR. COFFEY: Thank you.

18 DR. NARENDRAN: I think, with that, we'll
19 conclude the questions.

20 We will take a quick 10-minute break. Panel
21 members, please remember that there should be no
22 discussion of the meeting topic during the break

1 amongst yourselves or with any other member of the
2 audience. We will resume at 11:15, so that gives
3 11 minutes on break.

4 (Whereupon, at 11:04 a.m., a recess was
5 taken, and meeting resumed at 11:15 a.m.)

6 DR. NARENDRAN: We will now proceed with the
7 FDA's presentations, starting with Dr. Roberta
8 Rasetti.

9 **FDA Presentation - Roberta Rasetti**

10 DR. RASETTI: Good morning, everyone. My
11 name is Roberta Rasetti, and I am the primary
12 clinical reviewer for this application with the
13 Division of Psychiatry. Today, together with
14 Dr. Yiming Chen from the Division of Biometrics I,
15 I will be presenting the division's assessment, to
16 date, of the new drug application for brexpiprazole
17 plus sertraline.

18 I will start by providing a brief
19 introduction, focusing on an overview of PTSD, the
20 current treatment option, and brexpiprazole itself.
21 From there, I will give an overview of the relevant
22 regulatory history, highlighting some key issues in

1 discussion and how they relate to the review issues
2 that I will present today. Dr. Chen will present
3 the efficacy evaluation, and then hand it back to
4 me for a brief discussion of safety issues.

5 Following the presentations, there will be time for
6 the committee to ask clarifying questions as well.

7 First, I will begin with some information
8 about PTSD and brexpiprazole.

9 Post-traumatic stress disorder, or PTSD, is
10 a disabling psychiatric condition characterized by
11 intrusive memories, hyperarousal, and avoidant
12 behavior following exposure to actual or threatened
13 death, serious injury, or sexual violence. PTSD is
14 associated with a high risk for suicidal ideation
15 and behavior, and patients with PTSD are at high
16 risk for developing other comorbidities,
17 particularly mood and substance use disorders. It
18 is estimated that PTSD affects approximately 13
19 million Americans, with about 3.6 percent of the
20 U.S. population having PTSD in the past year, and
21 there is a higher prevalence of PTSD in females.

22 Even though PTSD is a common disorder,

1 treatment options are limited. Current PTSD
2 treatments include psychotherapy options and
3 pharmacotherapy, with FDA-approved SSRIs
4 recommended as first-line medication by many
5 treatment guidelines. The most recent of these
6 drug approvals was more than two decades ago in
7 2001. These treatments have limitations. The
8 response rate for this medication rarely exceeds
9 60 percent. Off-label treatments are common, but
10 data on their efficacy is limited. There remains
11 an unmet need for additional safe and effective
12 PTSD treatment.

13 The applicant is proposing the combination
14 of brexpiprazole and sertraline initiated
15 concurrently as a potential alternative to
16 available monotherapy, aiming to address the
17 limitation of existing treatments and provide a
18 more effective option for PTSD management.

19 Brexpiprazole is an atypical antipsychotic
20 thought to exert its pharmacological effect through
21 partial agonism of serotonin subtype-1A and
22 dopamine-2 receptors, and antagonism of serotonin

1 subtype-2A receptors. It is FDA approved for
2 treatment of schizophrenia in adults and
3 adolescents, is an adjunctive treatment of major
4 depressive disorder in adults, and for the
5 treatment of agitation associated with dementia due
6 to Alzheimer's disease.

7 As I mentioned, the applicant submitted the
8 present efficacy supplement for brexpiprazole in
9 combination with sertraline for the treatment of
10 PTSD in adults, and for the proposed treatment
11 paradigm, the two drugs are intended to be started
12 together. The proposed starting dose of
13 brexpiprazole is 0.5 milligrams once daily in
14 combination with sertraline 50 milligrams on
15 days 1 to 7. Thereafter, brexpiprazole 1 milligram
16 once daily is administered in combination with
17 sertraline 100 milligrams once daily on
18 days 8 to 14.

19 The proposed target dosage is 2 milligrams
20 of brexpiprazole once daily in combination with
21 sertraline 150 milligrams once daily, based on the
22 patient's clinical response and tolerability. The

1 dosage of brexpiprazole and sertraline can be
2 increased at weekly intervals, and the maximum
3 recommended daily dosage of brexpiprazole is
4 3 milligrams in combination with the maximum dosage
5 of sertraline 200 milligrams once daily.

6 I will now provide the regulatory history
7 for this development program, highlighting some key
8 discussions between FDA and the applicant.

9 The applicant initially sought advice on a
10 proposed study to investigate brexpiprazole as
11 adjunctive therapy to paroxetine and sertraline in
12 adult patients with PTSD and incomplete response to
13 treatment with either sertraline or paroxetine.
14 The agency agreed on the proposed clinical trial
15 population; but later, the applicant notified the
16 agency of their decision to terminate the study,
17 that was known as Study 14865A, for insufficient
18 enrollment due to difficulties in identifying
19 participants suitable for randomization to receive
20 brexpiprazole.

21 Subsequently, the applicant changed the
22 development plan from adjunctive to combination

1 therapy, intending to initiate brexpiprazole and
2 sertraline concurrently without prior requirement
3 or inadequate response to sertraline. Accordingly,
4 the applicant submitted a new protocol for the
5 proposed PTSD indication, Study 061.

6 The study was a phase 2 trial in subjects
7 with PTSD with no prior requirement of inadequate
8 response to sertraline or SSRIs. The objectives of
9 the study were to generate hypotheses for the
10 design of the phase 3 studies, and specifically to
11 investigate the contribution of the single
12 components, brexpiprazole monotherapy or sertraline
13 monotherapy, to the treatment effect of the
14 brexpiprazole plus sertraline combination therapy
15 compared to placebo.

16 During the end of the phase 2 meeting that
17 was held in May 2019, the agency provided guidance
18 on the phase 3 development program. The applicant
19 emphasized the change in the development goal from
20 adjunctive to combination therapy, implying that
21 evidence of an inadequate response to sertraline
22 was not required for enrollment in the phase 3

1 studies. The agency agreed that although
2 adjunctive treatments are typically studies in
3 patients who have not experienced adequate benefit
4 from a labeled monotherapy, this was not considered
5 a requirement.

6 Additionally, the agency agreed on the
7 planned phase 3 study designs. Specifically, the
8 agency agreed that the program would include one
9 fixed-dose and one flexible-dose trial as
10 previously recommended by the agency; that both
11 trials would compare the combination therapy,
12 either fixed or flexible dose depending on the
13 study, to a fixed dose rather than a flexible dose
14 of sertraline; that the brexpiprazole monotherapy
15 arm was not needed in the phase 3 studies given its
16 lack of effectiveness compared to placebo in
17 Study 061; and that the placebo arm could be
18 omitted, as the key question was whether
19 brexpiprazole plus sertraline was more effective
20 than sertraline alone. And the agency clarified
21 that the combination treatment would need to
22 consistently show superiority to approved

1 sertraline monotherapy to show convincing evidence
2 of efficacy.

3 I will now provide an overview of the
4 studies submitted for a review for this NDA. The
5 applicant conducted one phase 2 study and two
6 phase 3 studies. We will refer to the phase 2
7 study as Study 061 and to the phase 3 studies as
8 Studies 071 and 072.

9 All three studies share common features.
10 They are multicenters all in the United States,
11 randomized, double-blind studies with a 1-week
12 double-blinded placebo run-in period followed by an
13 11-week, double-blinded, randomized treatment. All
14 included subject adults between 18 and 65 years of
15 age with a diagnosis of PTSD.

16 The phase 2 study was a placebo and active
17 control study with four different arms, whereas the
18 two phase 3 studies were controlled studies but did
19 not have a placebo-only arm study. Study 061, the
20 phase 2 study, had the following four arms: Arm 1
21 was a combination of brexpiprazole flexible dose
22 1 to 3 milligrams plus sertraline flexible doses

1 100 to 200 milligrams; Arm 2 included brexpiprazole
2 monotherapy, flexible doses 1 to 3 milligrams;
3 Arm 3 included sertraline monotherapy flexible
4 doses from 100 to 200 milligrams; and Arm 4 was
5 only placebo arm.

6 As I previously mentioned, the objectives of
7 Study 061 were to generate a hypotheses for the
8 design of phase 3 studies and specifically to
9 investigate the contribution of the single
10 components, brexpiprazole monotherapy or sertraline
11 monotherapy, to the treatment effect of the
12 brexpiprazole plus sertraline combination therapy
13 compared to placebo.

14 Studies 071 and 072 were identical, except
15 for the dose design. Study 071 was a flexible-dose
16 study and Study 072 was a fixed-dose study. The
17 comparator arm for both studies was a fixed dose of
18 sertraline 150 milligrams with the placebo used for
19 blinding.

20 In Study 071, subjects were randomized to
21 one of the following two arms: flexible dose of
22 brexpiprazole 2 to 3 milligrams in combination with

1 the fixed dose of sertraline 150 milligrams or to a
2 fixed dose of sertraline 150 milligrams plus
3 placebo. In Study 072, participants were
4 randomized to one of three fixed-dose groups, the
5 brexpiprazole 2 milligrams plus sertraline
6 150-milligram group or brexpiprazole 3 milligrams
7 plus sertraline 150-milligram group or the
8 sertraline 150 milligrams plus placebo group.

9 For all three studies, there was a 3-week
10 fixed dose titration period during which no
11 deviation from the protocol-defined titration were
12 allowed. Subjects unable to tolerate the assigned
13 dose during the titration period were withdrawn
14 from the studies. After the titration period, in
15 Study 061, dose increases could occur only at
16 week 4 visits both for sertraline and brexpiprazole
17 and dose decreases were permitted between the
18 week 3 and week 6 visit, both for brexpiprazole and
19 sertraline. As mentioned, in Study 071 and 072,
20 the daily dose of sertraline remained fixed at
21 150 milligrams after week 3 to avoid confounding by
22 simultaneous titration of both drugs.

1 In Study 071, brexpiprazole dose increases
2 were permitted only at the week 4 visit and
3 one-time dose decreases were permitted between the
4 week 3 and week 6 visits, while in the fixed-dose
5 study, 072, no dose decreases were permitted during
6 the entire study and no dose increases were
7 permitted after week 3 for the 2-milligram arm and
8 after week 4 for the 3-milligram arm. For all
9 three studies, no dose adjustments were allowed
10 after week 6, so subjects unable to maintain their
11 week 6 dose due to tolerability issues were
12 withdrawn from the study.

13 The primary endpoint in all three studies
14 was the change from baseline, week 1, to week 10,
15 in the CAPS-5 total score; however, the efficacy
16 analysis population differed between the phase 2
17 and phase 3 studies. For the phase 2 studies, the
18 primary efficacy analysis was based on the
19 intention-to-treat population, intended as all
20 subjects randomized who took at least one dose of
21 the double-blind investigational medicinal product,
22 and had a baseline at least one post-baseline

1 evaluation of the CAPS-5 total score. So despite
2 implementing a placebo run-in period in Study 061
3 with the intent to identify placebo responders, all
4 subjects were included in the primary efficacy
5 analysis.

6 In contrast, in Studies 071 and 072, the
7 primary efficacy analysis was based on the enriched
8 population. Placebo responders were randomized and
9 included in the study to maintain a blinding;
10 however, in contrast to Study 061, placebo
11 responders were excluded from the primary efficacy
12 analysis.

13 For all studies, study staff and subjects
14 were blinded to the run-in placebo period, the
15 details of the timing of randomization, and the
16 timing of the final efficacy assessment; therefore,
17 the three studies appeared to investigators,
18 raters, and subjects as a continuous double-blind,
19 12-week treatment period with a 14-day follow-up
20 period for Study 061 and 21 days follow-up period
21 for Studies 071 and 072. For Studies 071 and 072,
22 to reduce expectation bias due to the absence of a

1 true placebo arm, the actual list of treatment arms
2 was not disclosed in the trial protocol.

3 Most inclusion and exclusion criteria were
4 similar among the three studies. The studies
5 enrolled only participants with at least moderate
6 PTSD, defined as a CAPS-5 total score equal or
7 higher than 33 at screening and baseline, and only
8 participants willing to discontinue
9 antidepressants.

10 Subjects receiving adequate doses of
11 sertraline at the time of screening were excluded
12 from the study, and adequate doses were defined as
13 at least 50 milligrams daily of sertraline for a
14 minimum of 8 weeks, and that was based on
15 sertraline prescribing information and common
16 clinical practice. The study also excluded
17 participants with a current major depressive
18 episode to prevent confounding the treatment effect
19 with improvements in depressive symptoms.

20 One notable difference between the phase 2
21 and phase 3 studies was the time since the index
22 traumatic event. For Studies 071 and 072, it was

1 less or equal to 9 years, and for Study 061, it was
2 less or equal to 15 years.

3 The applicant used the CAPS-5 as their
4 primary endpoint. The CAPS-5 is a comprehensive
5 assessment tool that aligns with current diagnostic
6 criteria for PTSD. It is a clinician-rated outcome
7 measure typically used for PTSD research and is
8 accepted in clinical trials. The study used the
9 CAPS-5 past month version at screening and the
10 CAPS-5 past week version at all other assessment
11 timepoints.

12 In Version 5 of the CAPS, clinicians
13 considered both the intensity and the frequency of
14 the symptoms when assigning a rating on this scale.
15 In all three studies, the endpoint was measured at
16 week 10 to maintain a blinding to the time of
17 assessment.

18 I will now pass the presentation to
19 Dr. Yiming Chen to present the efficacy data from
20 the clinical studies.

21 **FDA Presentation - Yiming Chen**

22 DR. CHEN: Thank you, Dr. Rasetti.

1 My name is Yiming Chen, and I am the primary
2 statistical reviewer for this application. Now, I
3 will present the efficacy analysis methods and
4 results of these three studies.

5 The objective of the phase 2 study, 061, was
6 to explore the efficacy of brexpiprazole as
7 monotherapy or as combination treatment with
8 sertraline in adults with PTSD. This study served
9 as a hypothesis-generating study to inform the
10 future clinical development. We would like to
11 highlight that the statistical analysis plan of
12 this study was submitted after data unblinding at
13 the end of the phase 2 meeting. The applicant did
14 not control the overall type 1 error for multiple
15 comparisons because of the exploratory nature of
16 the study. Instead, the clinical study report
17 presented results of five prespecified, pairwise
18 comparisons without adjusting for multiplicity.

19 The primary efficacy analysis used MMRM;
20 that is, mixed model for repeated measures
21 analysis. The response variable was change from
22 baseline in the CAPS-5 total score. All scheduled

1 post-baseline CAPS-5 visits were included in the
2 analysis but the primary endpoint was at week 10.
3 The primary efficacy population was the
4 intent-to-treat population, which included the
5 placebo responders from the placebo run-in phase.

6 This slide presents efficacy results for the
7 primary endpoint, the least squares mean change
8 from baseline to week 10 in CAPS-5 total score.
9 Per the statistical analysis plan, the applicant
10 intended to compare the combination therapy, as
11 well as the individual components with the placebo
12 arm. In addition, the combination therapy was
13 compared with each individual component. Please
14 note, all p-values from this table are nominal
15 p-values; that is, not adjusted for multiplicity.

16 In this table, the blue highlighted text are
17 the results of the combination therapy compared
18 with placebo and with sertraline monotherapy,
19 respectively. These two comparisons indicate an
20 estimated 6 or 5.1 point larger reduction in least
21 squares mean change from baseline in CAPS-5 total
22 score for the combination therapy as compared with

1 placebo or with sertraline. However, as shown in
2 the red highlighted text, neither brexpiprazole nor
3 sertraline monotherapy showed a clinically
4 meaningful difference in CAPS-5 reduction when
5 compared to the placebo arm.

6 Informed by the results of the phase 2
7 study, the objective of phase 3 studies was
8 adjusted to assess the efficacy of the combination
9 of brexpiprazole plus sertraline compared to
10 sertraline in adults with PTSD. For both studies,
11 the primary efficacy analysis was, again, based on
12 MMRM, which is similar to Study 061; however,
13 differing from Study 061, for the phase 3 studies,
14 the primary efficacy population was full analysis
15 set for the enriched population, which essentially
16 excluded placebo responders from the placebo run-in
17 phase.

18 Furthermore, in Study 072, to control the
19 overall type 1 error for multiple doses compared
20 with the control, a global test was first conducted
21 by comparing the average effects of the two
22 combination therapy arms with the sertraline arm.

1 If the global test was statistically significant,
2 each combination therapy was then compared with the
3 sertraline arm.

4 This slide presents the results of estimated
5 least squares mean change from baseline to week 10
6 in CAPS-5 total score for both studies. In
7 Study 071, results on the top, there was an
8 estimated 5.6 point larger reduction in the primary
9 endpoint for participants randomized to the
10 combination therapy compared to those randomized to
11 sertraline. The treatment difference was
12 statistically significant. However, in Study 072,
13 results at the bottom, there was no statistically
14 significant difference between the average of two
15 combination therapy arms and the sertraline arm for
16 the primary endpoint.

17 These figures are the visualizations of the
18 response trajectories for each treatment arm. The
19 response is in terms of the least squares mean
20 change from baseline in the CAPS-5 total score. In
21 these two plots, we see that all arms experienced
22 reduction in CAPS-5 total score throughout the

1 study. For Study 071, we observed a separation
2 between the two curves, but for Study 072, the
3 three curves were very close to another.

4 To understand the negative results of
5 Study 072, we conducted several assessments.
6 First, we explored the impact of the baseline
7 demographic and clinical characteristics and found
8 that Study 072 was generally comparable with
9 Study 071 with small differences. For example,
10 Study 072 enrolled more Hispanic subjects. Also,
11 the geographic distribution in Study 072 differed
12 from Study 071, but it was similar to Study 061.

13 We also conducted some post hoc subgroup
14 analyses such as by sex, ethnicity, prior PTSD
15 treatment, and baselines severity, but we did not
16 detect any signals in any subgroups of the primary
17 efficacy population. The difference between
18 Studies 071 and 072 regarding the dosing
19 schema -- fixed dose for Study 072 versus flexible
20 dose for Study 071 -- does not appear to have
21 affected the results. Study 071 and 072 had
22 similar blinding procedures as previously

1 described.

2 The plasma levels of brexpiprazole and
3 sertraline were comparable between studies.
4 Additionally, the percentage of participants who
5 discontinued due to poor compliance to treatment
6 was similar between these two studies. In
7 conclusion, none of these assessments could explain
8 the contradictory results observed between
9 Studies 071 and 072.

10 Given that only one of the phase 3 studies
11 was positive, the applicant sought additional
12 evidence from the phase 2 study to support
13 approval. As mentioned, due to the exploratory
14 nature of the study, the statistical analysis plan
15 listed five pairwise comparisons without specifying
16 a multiplicity control method. To address this,
17 the applicant retrospectively proposed three
18 post hoc multiple testing procedures which weigh
19 three selected comparisons equally.

20 In the next few slides, we will discuss the
21 post hoc analysis of Study 061 and our concerns.

22 Due to the lack of multiplicity control, no

1 statistical significance can be concluded from the
2 phase 2 study. This slide summarizes the post hoc
3 multiplicity control methods considered for
4 Study 061. First, the review team noted that there
5 was a multiplicity control method prespecified in
6 protocol addendum but abandoned in the statistical
7 analysis plan. As shown in the bottom bullet, the
8 prespecified hierarchical testing procedure used
9 the following order: first, combination therapy
10 versus placebo; second, brexpiprazole versus
11 placebo; last, combination therapy versus
12 sertraline.

13 This hierarchical testing result is in the
14 middle block of the table. Only the combination
15 therapy versus placebo comparison would be
16 statistically significant, at 0.05 significance
17 level, but not the other two comparisons.

18 In this application, the applicant declared
19 that there were only three pairwise comparisons
20 that were clinically relevant to Study 061
21 objective, namely combination therapy versus
22 placebo, combination therapy versus sertraline

1 monotherapy, and brexpiprazole monotherapy versus
2 placebo. The applicant further considered three
3 post hoc multiplicity control methods. These are
4 listed in the bottom block of the table, namely
5 Bonferroni, Holm step-down, and Hochberg step-up
6 procedure.

7 As seen here, these three multiplicity
8 control methods would lead to the same conclusion;
9 that is, the treatment difference was statistically
10 significant when comparing the combination therapy
11 with sertraline or with placebo.

12 This is the same efficacy summary table for
13 Study 061 as you saw earlier, but here we
14 highlighted the three selected comparisons:
15 combination therapy versus placebo, combination
16 therapy versus sertraline, and brexpiprazole versus
17 placebo.

18 This slide zooms into these three selected
19 comparisons and shows how the hierarchical testing
20 procedure prespecified in the protocol addendum
21 would have proceeded if exercised. The bold
22 numbers 1, 2, and 3 and the arrows denote the

1 hierarchical testing order. The test would start
2 with testing the difference between the combination
3 therapy and placebo.

4 The p-value is smaller than 0.05; thus, the
5 test would proceed to the second comparison,
6 brexpiprazole versus placebo. Because the second
7 comparison would fail at 0.05 significance level,
8 the testing procedure would stop, and there would
9 be no alpha left to test the third comparison,
10 which is the combination therapy versus sertraline.

11 We have some remarks on the post hoc
12 analysis of Study 061. Study 061 protocol addendum
13 prespecified a hierarchical testing procedure to
14 control for multiplicity. This testing procedure
15 was consistent with the study's primary objective,
16 which was to assess the efficacy of brexpiprazole
17 as monotherapy or as combination therapy with
18 sertraline.

19 Specifically, the first and second
20 comparisons in the testing order reflect the two
21 parts of the objective. If any alpha were left, it
22 would be used to test the third comparison; that

1 is, combination therapy versus sertraline.
2 Nevertheless, in the subsequent statistical
3 analysis plan, the applicant decided to abort the
4 multiplicity control and instead listed five
5 comparisons to explore before data unblinding.

6 Now, after unblinding of all three studies,
7 and given that Study 072 was negative, the
8 applicant attempts to extract information from
9 Study 061 to support the objective of phase 3
10 studies, which was to assess the efficacy of the
11 combination of brexpiprazole plus sertraline
12 compared to sertraline. In conclusion, these
13 post hoc analyses raise concerns about the lack of
14 overall type 1 error control, which is crucial for
15 demonstrating efficacy.

16 In the overall summary of efficacy,
17 Studies 071 and 072 were two adequate and
18 well-controlled phase 3 trials which were designed
19 similarly. Both of them were multicenter trials,
20 each with sufficient sample size to detect the
21 treatment effect on their own. Study 071 was a
22 robustly positive study with a very small p-value

1 close to zero; however, Study 072 was a clearly and
2 convincingly negative study that showed essentially
3 zero point treatment effect estimates on its
4 primary endpoint.

5 Study 061 was a phase 2, exploratory
6 hypothesis-generating study. Its primary objective
7 was to determine whether brexpiprazole should be
8 used as monotherapy or as combination therapy with
9 sertraline. In this study, the sample size was
10 powered to detect the difference between active arm
11 and placebo. Although some p-values were nominally
12 significant, we cannot conclude the superiority of
13 the combination therapy over sertraline from this
14 study because it was not designed to formally
15 compare efficacy between treatment arms. It should
16 be noted that selective reporting of the supportive
17 results can compromise the statistical integrity of
18 the analysis.

19 Following the completion and readout of
20 phase 3 study results, the applicant
21 retrospectively applied several multiplicity
22 control methods for pairwise comparisons. This

1 raises concerns about lack of overall type 1 error
2 control because the statistical testing results
3 depend on choice of such methods, as shown earlier;
4 therefore, the post hoc analysis results of this
5 study may not provide additional efficacy evidence.

6 Although the estimated treatment effects of
7 some efficacy measures in Study 061 were similar
8 to those in Study 071, this does not address our
9 concern about the lack of type 1 error control due
10 to multiple pairwise comparisons within Study 061.
11 In addition, we would like to remind you that
12 Study 061 and 071 employed different dosing schemas
13 and different efficacy analysis populations. Most
14 importantly, the other phase 3 study, 072, failed
15 to replicate the favorable results of combination
16 therapy versus sertraline. Furthermore, the
17 failure of sertraline to demonstrate superiority
18 over placebo raises questions about the
19 interpretability of Study 061.

20 This concludes our presentation on the
21 efficacy. I would like to turn the presentation
22 back to Dr. Rasetti to discuss the safety data.

1 **FDA Presentation - Roberta Rasetti**

2 DR. RASETTI: Thank you, Dr. Chen.

3 I will now move on to a review of safety.

4 Before presenting the safety findings for this
5 combination therapy application, let me walk you
6 through the individual safety profile as they
7 reported in the leveling.

8 On the left side, sertraline, which is
9 already approved for PTSD, carries several
10 important warnings and precautions that we are all
11 familiar with. These include, for example,
12 serotonin syndrome; sexual dysfunction; bleeding
13 risk; and hyponatremia. The common adverse events
14 include, for example, gastrointestinal effects like
15 nausea and diarrhea, as well as neurological
16 effects such as tremors and sexual side effects.

17 On the right side, brexpiprazole brings its
18 own set of safety considerations. The warnings and
19 precautions include neuroleptic malignant syndrome;
20 tardive dyskinesia; metabolic changes; blood
21 disorders like neutropenia and agranulocytosis;
22 syncope; orthostatic hypotension; and seizures.

1 The common adverse events include, for example,
2 weight gain, akathisia, and extrapyramidal
3 symptoms.

4 The safety results from the three studies
5 align with what we already know about these
6 medications where they're used individually. We
7 are not seeing any unexpected safety signals when
8 brexpiprazole and sertraline are used together;
9 however, although no new safety signals were
10 identified in the development program, the evidence
11 of benefit of co-initiation of brexpiprazole and
12 sertraline for the treatment of PTSD should also be
13 considered in the context of the known risks of
14 these two drugs.

15 This concludes the FDA presentation. Thank
16 you.

17 **Clarifying Questions to FDA**

18 DR. NARENDRAN: We will now take clarifying
19 questions to the FDA. When acknowledged, please
20 remember to state your name for the record before
21 you speak and direct your question to a specific
22 presenter, if you can. If you wish for a specific

1 slide to be displayed, please let us know the slide
2 number, if possible. Finally, it would be helpful
3 to acknowledge the end of your question with a
4 thank you and end of your follow-up question with,
5 "This is all for my questions," so we can move on
6 to the next panel member.

7 Clarifying questions for the FDA, the first
8 question, Dr. Dunn.

9 DR. DUNN: Walter Dunn, UCLA. It's a
10 question for Dr. Rasetti.

11 Referring to page 46 in the FDA briefing
12 document, along the lines what I was asking the
13 sponsor, concerns about what appears to be an
14 imbalance between the history of SSRI use, I don't
15 know if this is statistically significant. I'll
16 defer to my statistical colleagues about that, but
17 it looks dangerously close. So we're looking at
18 30 percent of history of SSRI use in the sertraline
19 group and the placebo group and 18 percent in the
20 combination group. I noticed that this was not
21 commented in the briefing document per se but,
22 obviously, you pulled that apart; otherwise it

1 would have been buried in general pharmacology
2 history.

3 How does the agency interpret that? Myself,
4 I see that potentially as a proxy of treatment
5 resistance. Obviously, you pulled it out for some
6 reason. Can you discuss some of your thoughts
7 around that?

8 DR. RASETTI: So you're referring to
9 Study --

10 DR. DUNN: 061, yes.

11 DR. RASETTI: -- 061, yes.

12 Roberta Rasetti, clinical reviewer, FDA.
13 We've observed there's a difference and, honestly,
14 I'm not sure how much it is statistically
15 significant because the numbers in each subgroup
16 are very, very small. But one important thing to
17 remember is that what we want to understand in this
18 development program is why Study 072 is negative
19 compared to Study 071. And when you compare 061
20 and 071 with the results that were considered in
21 the same directionality, this data is not
22 consistent. If you look at the SSRI distribution

1 in 071, it is equal across groups, so we do not
2 believe that this has any important effect on the
3 results.

4 DR. DUNN: One interpretation is that you've
5 got a more treatment resistant population in the
6 placebo and sertraline group, so therefore, they're
7 not going to -- this is artificially decreasing the
8 response, and that's why you see an improvement or
9 an advantage with the combination treatment.
10 You're comparing apples to oranges. That's my
11 interpretation of potentially why 061 is a positive
12 study.

13 DR. RASETTI: That would not explain why 071
14 is a positive study because they have a similar
15 distribution of SSRI.

16 DR. DUNN: Right, exactly. So 071 has a
17 similar distribution of SSRI use; 061 doesn't. So
18 you have a lower prevalence of SSRI use in the
19 combination group compared to the sertraline-only
20 group. So my thought on this is that you've got a
21 more treatment resistant population in the
22 sertraline-only group, and that's why you're not

1 seeing a big of a response, and that's why you're
2 seeing a statistically significant delta between
3 combination versus sertraline only.

4 DR. FARCHIONE: Maybe if I can just jump in.
5 This is Tiffany Farchione.

6 What it sounds like to me, Walter, what
7 you're trying to get at is you're acknowledging
8 that, yes, the prior treatment isn't something that
9 differentiates 071 from 072, and I think we all
10 agree on that. So now you're looking at 061 and
11 trying to make sense of it in a way that can help
12 you decide whether that can provide some additional
13 data. And looking at 061 and seeing that
14 sertraline also didn't separate from placebo,
15 you're trying to understand -- it's the
16 interpretability question that we've kind of raised
17 but maybe is getting lost in the statistical
18 discussion.

19 If you have brex plus sertraline, and you
20 compare it to sertraline, and it wins, that's
21 great. But if sertraline didn't beat placebo, what
22 does it mean? So you're looking for similarities

1 between the placebo and sertraline group that maybe
2 aren't present in the combination group.

3 And I can appreciate that attempt to try to
4 identify something, and I think that that is
5 definitely one of the questions for today in terms
6 of, if we're going to try to use 061 to support a
7 conclusion on efficacy for the combination, how do
8 we have to look at that data to explain those
9 unexpected findings, like the unexpected finding
10 that a drug that is approved to treat PTSD didn't
11 beat placebo in that context?

12 So I think it's a really valuable question.
13 I'm just not sure that we actually have an answer
14 for that.

15 DR. DUNN: That's fine. Yes, you
16 encapsulated my question perfectly and probably
17 better articulated than me.

18 Then a follow-up question against Study 061,
19 notice that at week 12 -- not from the FDA's
20 presentation, but from the sponsor's -- for 061,
21 there's actually no longer any statistical
22 separation from the sertraline-only group. So is

1 there any concern about the durability of the
2 effect?

3 I acknowledge that, best-case scenario,
4 there's a more rapid acting effect of the
5 combination, but if you lose it, or sertraline
6 catches up, what's the utility of the treatment?
7 I'm just curious if that's something that the FDA
8 considered, looked at? It wasn't in your briefing
9 document, but this was shown in the graph from the
10 sponsor.

11 DR. RASETTI: Yes. Roberta Rasetti, FDA.
12 In Study 061, we did look at week 10, and there was
13 no difference. If you look at week 12, still it's
14 not a significant difference, but there is a trend.
15 The PTSD studies for sertraline were at week 12,
16 the one for the development program of sertraline
17 for PTSD.

18 DR. DUNN: Thank you.

19 DR. NARENDRAN: The next question is from
20 Dr. Shiner.

21 DR. SHINER: Hi. My name is Brian Shiner.
22 I'm from the VA Vermont Healthcare System. This

1 question is for Roberta Rasetti.

2 I understand there was an end of phase 2
3 meeting between the VA [sic] and Otsuka. They
4 brought a new SAP, which they had not submitted to
5 you yet but which they used after they unblinded
6 the data -- which they put in place before they
7 unblinded the data, and then used to look at the
8 data, with the five comparisons.

9 My understanding, then, would be that when
10 they came to the end of phase 2 meeting, they would
11 have had one trial already with convincing evidence
12 that brex plus sert was better than sert alone. So
13 it would seem unusual to me that they would then do
14 two phase 3 trials. Why wouldn't they have just
15 done one phase 3 trials if they already had one
16 positive trial?

17 DR. FARCHIONE: This is Tiffany Farchione.
18 I'll go ahead and take that, because I was in the
19 room and Roberta wasn't.

20 I think it's important to understand we're
21 looking at everything with hindsight being 20/20
22 and everything. The phase 2 study was intended to

1 be exploratory, and it was intended for the company
2 to decide, do we want to go for a combination? Do
3 we want to try to go for brexpiprazole alone for
4 treatment of PTSD? Are we doing adjunctive? Are
5 we doing it together? They were answering a lot of
6 questions. So it's the idea that, yes, the
7 analyses were prespecified, but it's the
8 multiplicity that wasn't.

9 That's fine in that context. It's intended
10 to help design the more definitive, adequate and
11 well-controlled studies, the phase 3 studies. It
12 all made good sense at the time. And we're looking
13 at this, and we're like, we did have some concerns
14 about sertraline not beating placebo in the phase 2
15 study, and what does it mean? But ultimately, if
16 both of those phase 3 studies had shown that the
17 combination beat sertraline, we wouldn't even be
18 here today. We'd be done.

19 So the trouble comes in where now we've got
20 these discordant results, and we know we had
21 something in that exploratory study that was
22 definitely worthwhile to the company to say we can

1 go pursue this. The question for us is, from a
2 regulatory perspective, is that enough for us to
3 make a decision?

4 One of the reasons why we framed our
5 discussion questions the way we have is because we
6 want to understand how you guys are interpreting
7 the data and the role of the different studies, and
8 how you're viewing the evidence at hand, and how
9 you interpret that in terms of both the overall
10 benefit. Have they demonstrated benefit? Is
11 Study 061 enough to overcome the fact that we have
12 Study 072?

13 These are all things that we can take from
14 the discussion to help us frame the benefit-risk
15 analysis when we finalize our review. I mean,
16 we're here today because these are difficult
17 questions, but I want to reassure you, there was
18 nothing like nefarious or sketchy about the way
19 this was done, or that they're going back.

20 DR. SHINER: No. I think my question was
21 somewhat rhetorical.

22 DR. FARCHIONE: Okay.

1 DR. BURACCHIO: I just wanted to make a
2 general comment about when we can leverage phase 2
3 data studies. We have a typical requirement that
4 when it is feasible to conduct two adequate and
5 well-controlled trials, that is what we expect to
6 establish, substantial evidence of effectiveness.
7 There are times when phase 2 studies can be
8 considered adequate and well-controlled trials, and
9 we are able to leverage them as one of the two
10 adequate and well-controlled trials. That is
11 typically a situation where there is a prespecified
12 statistical analysis plan with appropriate control
13 for multiplicity.

14 I wasn't present at this meeting, but I
15 suspect that at the time they came in from the
16 meeting, this was presented as an exploratory study
17 because there was no hierarchical control, so it
18 wasn't considered an adequate and well-controlled
19 study at that time. They were proposing to conduct
20 their two adequate and well-controlled studies.
21 It's now at this point that we're going back and
22 considering, could that phase 2 study be considered

1 an adequate and well-controlled study?

2 DR. SHINER: Yes. You presented a very
3 reasonable example of using phase 2 data as one of
4 the adequate and well-controlled trials. Does this
5 ever happen, that we say you need two phase 3
6 trials, one is negative, and then we go back and
7 reinterpret the phase 2 data in order to come up
8 with another one? This just seems unusual to me,
9 and I just need to know -- I think it's really
10 important Otsuka did this work. I think it's
11 really important that there be new treatments for
12 PTSD, but also this is important for public health.
13 How do we know whether a drug's effective or not,
14 given the risks of weight gain and other things?

15 So does this happen? Do we look back after
16 a negative result looking forward?

17 DR. BURACCHIO: Yes. So I would say it's
18 definitely not typical and would be unusual. Has
19 it happened? It probably has. I would have to
20 look through and come up with some other examples,
21 but I think in the situations where we do that,
22 it's often in a situation where it's not feasible

1 to conduct another trial. That's usually in rare
2 disease settings, or if there's a really compelling
3 result; that there's a compelling public interest
4 to get that drug to the market, or the results are
5 particularly convincing and persuasive in that
6 phase 2 study, even in the absence of adequate
7 control for multiplicity. You kind of don't even
8 need that multiplicity control because it's so
9 persuasive.

10 DR. NARENDRAN: Thank you.

11 Dr. Ballon?

12 DR. BALLON: Jake Ballon, Stanford. The
13 questions, I guess, are really maybe for Dr. Chen
14 perhaps. I'm trying to think about the placebo
15 response and how placebo was presented in the
16 failed study.

17 I guess the first is, I'm trying to
18 understand how subjects understood their chance
19 that they were going to get the control treatment
20 versus one of the active treatments, the
21 brexpiprazole combo treatments. It sounds like you
22 said they were told it was the same between both

1 071 and 072. But is that the case, because it's
2 one-third and two-thirds of patients who were on
3 placebo?

4 DR. CHEN: Yiming Chen, statistical
5 reviewer. I'll first address your concerns on the
6 study blinding. We did investigate the subjects'
7 informed consent. I believe the applicant has done
8 a fair job in blinding, so the subjects will not
9 know how many treatment arms are in the study, and
10 they will not know the proportion or probability
11 they get active arms in both phase 3 studies.

12 Then you asked about the placebo responders.
13 We did look into that for both phase 3 studies
14 because they excluded placebo responders; however,
15 the proportion of placebo responders was not that
16 dramatic, about one-fourth or one-third, and we
17 have conducted subgroup analysis for those
18 responders. Due to the small sample size, we
19 cannot draw sound statistical conclusions, but the
20 applicant has also conducted analysis to combine
21 the population. They call that a full analysis
22 set, and we observed consistent results in the

1 enriched population and in the full analysis set.

2 DR. BALLON: So then, did subjects not know
3 that they were in a fixed-dose, 3-arm study in 072,
4 or how was that handled? Because if I'm a subject
5 in a study, and I see there are three arms, I
6 assume one-third, one-third, one-third. I wouldn't
7 necessarily assume one-half, one-half. And I just
8 think that the placebo response is often changed by
9 expectation bias.

10 DR. CHEN: Right. Yes, we considered that,
11 and the applicant may have more details on that.
12 But from my memory and understanding, the subjects
13 will know they have a chance to receive either
14 placebo or active treatment, but they have no idea
15 about the proportion or the randomization
16 probability, like how large is the chance they are
17 going to receive active arm.

18 DR. BALLON: Then I guess the other question
19 associated with that is trying to differentiate
20 between how to think about a failed trial, where
21 placebo response eliminates the potential for
22 separation from a potentially effective treatment

1 versus a flat line efficacy. This is maybe for
2 anybody at the agency. I think of it as this is a
3 trial looking like the response was the same for
4 the combo treatment across all three trials, and
5 that the placebo response jumped in the failed
6 study.

7 Is there a different thinking around failed
8 studies versus negative studies, or do we not
9 really differentiate between those two when you're
10 presenting a success or not?

11 DR. BURACCHIO: It can be difficult to tell
12 whether something is truly negative because the
13 drug doesn't work or if there's a failure due to
14 some flaw in the design of the study that led to a
15 negative result. So I think we often tend not to
16 distinguish between those, and we use the other
17 available evidence to help us try to interpret
18 whether something is truly negative because the
19 drug doesn't work or whether there's a flaw. And
20 that's why we need two studies, typically, to have
21 that independent substantiation to make us more
22 certain of our conclusions.

1 DR. FARCHIONE: Yes. This is Tiffany
2 Farchione. It doesn't help that in psychiatry, we
3 have a real placebo problem. It just adds another
4 layer of complexity to trying to understand what
5 goes on.

6 DR. BALLON: Thanks.

7 DR. NARENDRAN: The next question,
8 Dr. Coffey.

9 DR. COFFEY: Yes. This question is
10 primarily for Dr. Chen, but others can weigh in as
11 well. I think one of the things -- and this kind
12 of feeds off of the prior discussion and some of
13 the things that came up, is 061 an adequate,
14 well-controlled study, and the conversation like
15 the end of phase 2 discussion when it was
16 considered more exploratory. I'm trying to clarify
17 terminology because I think this is going to be
18 really important for our discussion later.

19 It was mentioned earlier in the discussion
20 that it is not uncommon for the SAP to change late
21 in the study, which I completely agree with for
22 phase 2 studies. My question for Dr. Chen is, is

1 it common, if something is intended to be an
2 adequate and well-controlled study, for the SAP to
3 change prior to FDA seeing it?

4 DR. BURACCHIO: If a study is intended to be
5 serving as what we call a pivotal study to provide
6 evidence of effectiveness for a marketing
7 application, we would typically receive the SAP in
8 advance and provide feedback and comments on it.
9 That would be the usual approach, and that may not
10 happen until later, usually often about halfway
11 through the study conduct. But there can be some
12 negotiations of the SAP for a pivotal study.

13 It would raise concerns for us if it was
14 something that happened right before the database
15 lock. That might raise concerns to us that there
16 was some understanding of the data that was
17 influencing a decision to make a change in the SAP
18 that late in the development program. Typically,
19 though, we do provide input beforehand. It is less
20 usual for us, in a study that's intended to provide
21 evidence of effectiveness, to have the SAP
22 submitted after a study is completed. We usually

1 do try to provide some feedback.

2 DR. COFFEY: I guess my second question is
3 more general. Based on that discussion, what I'm,
4 I guess, trying to clarify for the future
5 discussion is it doesn't seem to me, any way under
6 the standard definition, 061 could be considered
7 adequate and well controlled the way it was
8 conducted.

9 Is that what we're trying to address or is
10 the information from 061 suitable enough to be a
11 pseudo second trial, whether it's adequate and well
12 controlled, to support the evidence from 071?

13 DR. FARCHIONE: I wouldn't ask the committee
14 to comment on whether a study was adequate and well
15 controlled because that's generally a regulatory
16 decision, but you are raising important points
17 about the role of 061 in the overall program.

18 We also have the option that even if you
19 wouldn't necessarily consider that to be adequate
20 and well controlled, one positive study plus
21 confirmatory evidence is another option for
22 reaching a conclusion on substantial evidence of

1 effectiveness. It's reasonable, given the strength
2 of the positive study with the small p-value, to
3 also think about that. But again, that's part of
4 why we framed the discussion questions the way that
5 we have, so that we can get an idea of how you
6 think about the data, generally, and what aspects
7 of it are supportive, what aspects work against the
8 program, and so on.

9 DR. BURACCHIO: This is Teresa Buracchio. I
10 wanted to just tag on to that for a second since
11 Dr. Farchione raised the question of this single
12 study plus confirmatory evidence.

13 We do have that terminology in our
14 regulations. It's in our guidances about
15 establishing evidence of effectiveness, and 071
16 most certainly meets the criteria for an adequate
17 and well-controlled study. The question is, when
18 can we leverage the single study plus confirmatory
19 evidence pathway versus the two adequate and
20 well-controlled studies pathway?

21 Again, this comes back to the setting of is
22 it feasible to do a second study? And typically,

1 we would look to the single study plus confirmatory
2 evidence in a situation where it may not be
3 feasible to do a second study, and again, that gets
4 back to what I said before about rare diseases,
5 compelling persuasive results, et cetera.

6 It does seem to us that this is an
7 indication where it would be feasible to do a
8 second study.

9 DR. FARCHIONE: They did do a second study.

10 DR. BURACCHIO: And they did do a second
11 study, and it was negative. So what we have are
12 these clear polar opposite results and a study that
13 was not designed to be an adequate and
14 well-controlled study. It was designed to be an
15 exploratory study. So our question is, although
16 there does seem to be an effect with the
17 combination therapy in that study, is that effect
18 persuasive enough, substantial enough, that we
19 could overcome our concerns about Study 072?

20 DR. BALLON: Thanks. That's very helpful.

21 DR. NARENDRAN: The next question,
22 Dr. Simon.

1 DR. SIMON: This question I think is for
2 Dr. Rasetti or for someone else from FDA. I'm
3 focusing on page 42 of the FDA briefing document.
4 There's a sort of closing comment about Study 061,
5 raising questions about the ability of Study 061 to
6 design a treatment effect.

7 But I think what I've heard in this
8 discussion is not that there was any thought that
9 there was some fundamental design flaw in Study 061
10 or some failure in execution that would have
11 reduced the assay sensitivity, or would have made
12 Study 061 unable to detect a true treatment
13 effect -- and as evidence, Study 061 did detect
14 treatment effects in other comparisons -- and that
15 causes me to think that the explanation for that
16 finding in Study 061 was a difference in the
17 patient population recruited, not by design or
18 intent, but that study did somehow enroll a
19 population of people less likely to respond to
20 sertraline alone. I'm curious about your thoughts
21 about that.

22 DR. MANTUA: Valentina Mantua. I'm

1 Associate Director of Neuroscience. It goes back
2 to the question we had before. Every application
3 is unique, and what we're seeing here in this
4 context is that we need to demonstrate that adding
5 up the two drugs concurrently, it has an effect
6 that is superior to currently available
7 monotherapy, and there were two studies designed to
8 see that.

9 If we had a trend or something in Study 072,
10 we could be able to leverage even that, or some
11 understanding, but we have no evidence of that
12 superiority. So looking back at Study 061, we have
13 a number of questions, one of which is why hasn't
14 sertraline separated from placebo, and is it
15 positive only because -- and that goes back to
16 Dr. Dunn's questions as well, where he hypothesized
17 some kind of resistance that's higher in that. But
18 given that arm has not separated from placebo, how
19 do we interpret evidence of superiority of the
20 combination over an arm that hasn't separated from
21 placebo?

22 So we have a number of interpretability

1 problems with Study 061 that raised the concern,
2 are these data sufficient to overcome a flat
3 negative study that was adequate and well
4 controlled? It's different ways of saying the same
5 thing, but in the context of superiority.

6 DR. SIMON: Thanks.

7 DR. NARENDRAN: Our next question is from
8 virtual panel member, Dr. Shaw.

9 DR. SHAW: Yes. Thank you. Pamela Shaw. I
10 do have a clarifying question. I heard a member of
11 the FDA recently saying, sometimes there's this
12 fine line between whether the study is considered
13 negative, truly negative, or a failed study. And
14 one way to think about that statistically is when
15 we look at the statistical evidence, do we have
16 statistical evidence to interpret the null
17 hypothesis?

18 Everything we heard today, these are all
19 well-conducted trials with the missing data, the
20 protocol, and it seemed very excellent, rigorous
21 methodology. One thing we did not hear
22 about -- which helps me think about the negative

1 Study 072, and as FDA mentioned in this recent
2 discussion, that had that been positive, we
3 wouldn't be here. Did anyone retrospectively go
4 back to the power calculations from the point of
5 view of the power to reliably detect the difference
6 between arms?

7 One of the things it relies on is the
8 variability in the change, which is your primary
9 endpoint, the variability of that primary endpoint.
10 Was there any evidence after the trial was done
11 that that was actually more variable for whatever
12 reasons, this patient population that happened to
13 be recruited? Was it more variable than expected
14 or was it within the design considerations? I
15 wonder if the FDA had looked at that since this was
16 your clarifying question session or if somebody
17 knew the answer to that question?

18 DR. CHEN: Yiming Chen, statistical
19 reviewer. Can we bring up FDA slide number 27?

20 First, for the power calculation for both
21 phase 3 studies, they were based on the same
22 assumptions for treatment effects and the variation

1 of the treatment effects. So each of them should
2 be powered to detect the treatment difference
3 between the combination and the sertraline, and we
4 have no issue with that.

5 If you look at the mean at baseline and the
6 standard deviation of the CAPS-5 total score, we
7 would think the CAPS-5 total scores are pretty
8 balanced at the baseline. And also for the
9 estimation, we didn't observe significant
10 difference between the standard errors of the
11 primary endpoint estimates.

12 DR. SHAW: Thank you. This is a perfect
13 slide. That standard error, which is about 1 in
14 each arm, what was the design consideration? You
15 had to assume a value for that standard deviation.
16 Was it something close to 1, or bigger than 1, or
17 is it something less than 1 in the standard power
18 calculations?

19 DR. CHEN: The applicant may have that
20 information, but what I recall is we assumed a much
21 larger standard deviation, standard error.

22 DR. SHAW: Okay. That's great. That's the

1 nature of my question because that tells you not
2 that they're the same in the two arms, but that you
3 can interpret the null because you had good power
4 because you were within the design considerations.
5 And the applicant, I guess, would know best about
6 this.

7 DR. CHEN: Yes. I do believe these two
8 phase 3 studies are designed very similarly.

9 DR. SONG: This is Jingli Song. We assumed
10 exactly the same assumption for both 071 and 072.
11 The standard deviation is assumed 14 for both
12 studies. The treatment difference is 5 points.

13 DR. SHAW: The standard deviation for a
14 single measurement or for the change?

15 DR. SONG: The standard deviation within
16 arm, not the difference.

17 DR. SHAW: Okay, not the difference. Okay.
18 So that's maybe not -- what you necessarily need to
19 understand the power. But I'll think about that.
20 I'll say it's probably enough for me. Thank you.

21 DR. NARENDRAN: Thank you.

22 The next question, Dr. Dunn.

1 DR. DUNN: Walter Dunn, UCLA. In the
2 briefing document, you noted that both of these
3 treatments are already FDA approved for treatment
4 of depression, and I know that one of the exclusion
5 criteria was not meeting DSM criteria for MDD. But
6 if you look at the HADS-D scores, they're
7 essentially clinically significant, minus 10,
8 minus 11. This is designated as a clinically
9 significant mood, or episode at least. And there
10 are a variety of reasons why people don't meet
11 criteria for MDD on a SCID or DSM, but clinically
12 we say this is a major depressive episode.

13 So I'm wondering how important is it for the
14 agency to disentangle the antidepressant effect of
15 these treatments versus actual core PTSD benefits.
16 And we know there's a huge overlap. We have
17 patients who their depression gets better on a
18 treatment, and many of their core PTSD domains get
19 better. So I'm just wondering how you're
20 interpreting that exclusion criteria as adequate in
21 actually excluding a patient with a major
22 depressive episode.

1 DR. FARCHIONE: Yes. This is Tiffany
2 Farchione. I think the exclusion criteria, we were
3 satisfied with those. If we look at the HADS
4 scores and things like that, they're pretty
5 balanced across the groups. We didn't really have
6 a concern that maybe we were going to see that
7 there would be some benefit that would be
8 restricted to different -- I'm not sure exactly
9 what you're trying to get at.

10 DR. DUNN: I guess if all the benefit we're
11 seeing is really being driven by an antidepressant
12 effect, we can't answer that question now.

13 DR. FARCHIONE: Yes, we can't.

14 DR. DUNN: But how much of a concern, based
15 off of a label that they're potentially trying to
16 get that this is a treatment for PTSD rather than,
17 really, the mechanism that we're seeing across some
18 of these studies is that this is an antidepressant
19 effect, and then kind of associated, we're seeing
20 improvement of the PTSD?

21 DR. FARCHIONE: But if the primary endpoint
22 is a PTSD measure, that's what we have to answer,

1 is it improving the PTSD symptoms? So if there are
2 ancillary benefits, great; if there's not, it
3 doesn't really matter. But if it improves the
4 PTSD, that's what's being measured, what's being
5 evaluated, and what we would ultimately be able to
6 label, if we get to that point.

7 DR. DUNN: Maybe another way to ask this
8 question, if they had not excluded MDE or MDD, and
9 you saw similar outcomes, would that change your
10 enthusiasm about, or I guess consideration of a
11 PTSD limited or exclusive label?

12 DR. MANTUA: Valentina Mantua, Associate
13 Director of Neuroscience. We had asked that
14 criterion just to avoid that discussion and having
15 confoundings. And whether that criterion is
16 optimal, maybe not; maybe you're right. But this
17 is psychiatry, so there are a lot of dimensions
18 that overlap. So we can't just artificially narrow
19 the population either. So we thought that this was
20 reasonably acceptable.

21 DR. DUNN: Thank you.

22 DR. NARENDRAN: Any further questions for

1 the agency?

2 (No response.)

3 DR. NARENDRAN: If not, we can break for
4 lunch. We will reconvene again in the room at
5 1:30 pm Eastern Time. Please take any personal
6 belongings you may want to with you at this time.

7 Panel members, please remember there should
8 be no discussion of the meeting topic during the
9 lunch break amongst yourselves or with any member
10 of the audience. Additionally, you should plan to
11 return around 1:20 to ensure you're seated before
12 we reconvene at 1:30. Thank you.

13 (Whereupon, at 12:33 p.m., a lunch recess was
14 taken, and meeting resumed at 1:30 p.m.)

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A F T E R N O O N S E S S I O N

(1:30 p.m.)

Open Public Hearing

DR. NARENDRAN: We will now begin the open public hearing session.

Both the FDA and the public believe in a transparent process for information gathering and decision making. To ensure such transparency at the open public hearing session of the advisory committee meeting, FDA believes that it is important to understand the context of an individual's presentation.

For this reason, FDA encourages you, the open public hearing speaker, at the beginning of your written or oral statement to advise the committee of any financial relationship that you may have with the industry group. For example, this financial information may include the industry group's payment of your travel, lodging, or other expenses in connection with your participation in the meeting.

Likewise, FDA encourages you, at the

1 beginning of your statement, to advise the
2 committee if you do not have any such financial
3 relationships. If you choose not to address this
4 issue of financial relationships at the beginning
5 of your statement, it will not preclude you from
6 speaking.

7 The FDA and this committee place great
8 importance in the open public hearing process. The
9 insights and comments provided can help the agency
10 and this committee in their consideration of the
11 issues before them. That said, in many instances
12 and for many topics, there will be a variety of
13 opinions. One of our goals for today is for the
14 open public hearing to be conducted in a fair and
15 open way, where every participant is listened to
16 carefully and treated with dignity, courtesy, and
17 respect.

18 For those presenting virtually, please
19 remember to unmute and turn on your camera when
20 your OPH number is called. For those presenting in
21 person, please step up to the podium when your OPH
22 number is called. As a reminder, please speak only

1 when recognized by the chairperson. Thank you for
2 your cooperation.

3 Speaker number 1, please state your name and
4 any organization you are representing, for the
5 record. You have four minutes.

6 MR. LYNCH: Good afternoon. My name is Todd
7 Lynch. Thank you for allowing me to speak today.
8 Before I begin, I do wish to disclose that I
9 previously served as a reimbursed consultant for
10 Lundbeck Pharmaceuticals Patient Advocacy Group;
11 however, my appearance today is entirely on my own
12 behalf, and I am not receiving any compensation.

13 I am 43, married, a father of six wonderful
14 children, three of whom are adults. My perspective
15 is informed by over two decades of lived experience
16 with mental health and substance use challenges,
17 including PTSD and CPTSD. I am now proudly in my
18 fourth year of sustained recovery.

19 My three adult children, a firefighter/EMT
20 and two actively deployed U.S. Armed Forces
21 personnel, expands my already distinctive
22 perspective. They grew up witnessing the effects

1 of PTSD firsthand on their parents, both of whom
2 are first responders, and now face similar trauma
3 exposure in their careers. For more than two
4 decades, individuals with PTSD have been in need of
5 additional treatment options. It is my hope that
6 such options will be readily available for my
7 children should they ever be needed.

8 I also bring the perspective of a mental
9 health professional. I hold a master's and
10 bachelor's in counseling and am a Georgia
11 credentialed Certified Peer Specialist or CPS. My
12 CPS work includes direct care, notably with
13 Georgia's 2024 Pilot-Assisted Outpatient Treatment
14 program. I also served for over a decade as a
15 first responder and 911 dispatcher training crisis
16 intervention. This diverse background provides a
17 unique perspective on this topic.

18 PTSD is not just anxiety or bad memories; it
19 is a cage. It forces intense avoidance, shrinking
20 your world, and sometimes trapping you at home for
21 weeks. It is a constant exhausting turmoil. One
22 client described it to me as graphic, intrusive,

1 unblockable pop-up ads for a horror movie based on
2 a true story. This shows how sufferers remain in
3 perpetual fight or flight.

4 For many with PTSD, first-line treatments
5 such as sertraline are simply not enough. Up to
6 40 percent of PTSD patients, civilians and
7 veterans, don't respond to current treatments. A
8 study focusing on veterans found sertraline to be
9 no more effective than a placebo for many. This
10 highlights the harsh reality of PTSD, especially
11 after two decades with no new medication options.

12 That makes this new data on adjunctive
13 brexpiprazole profoundly important, as it shows a
14 statistically significant reduction in overall PTSD
15 symptoms. This goes beyond just the total score of
16 the CAPS-5 scale. The evidence showed improvement
17 across all four of the core clusters of suffering:
18 the intrusive memories which hijack the present;
19 the avoidance which isolates us; the negative
20 beliefs that steal our hope; and the hyperarousal
21 that denies us a moment's peace. This offers a new
22 scientifically validated path, which could result

1 in a shift for many from barely surviving to truly
2 thriving.

3 I understand the serious risks linked to
4 this type of medication, which always must be a
5 major consideration in any treatment plan. All
6 treatment decisions should be made with a licensed
7 professional's direct supervision and close
8 consultation; however, as both a patient and a
9 professional, I am aware that severe untreated PTSD
10 can by itself be life threatening on a daily basis.

11 The recent and pivotal trial demonstrates
12 that combining brexpiprazole with sertraline marks
13 a significant advancement in treatment. This
14 combination exhibited enhanced tolerability
15 compared to sertraline monotherapy, resulting in
16 fewer discontinuations due to adverse effects.
17 These findings suggest that this injunctive
18 treatment has the potential to effectively
19 alleviate PTSD symptoms and support recovery.

20 Please, give our clinicians and our
21 patients, both current and future, another tool.
22 Review the data, as well as the lived experience

1 that data represents and, please, recommend
2 approval of this request. Thank you for your
3 attention, your time, and for your service on this
4 vital committee.

5 DR. NARENDRAN: Thank you.

6 Speaker number 2, please state your name and
7 any organization you are representing, for the
8 record.

9 MR. WINTON: Good afternoon. My name is
10 Jeff Winton, and I am the Founder and Chairman of
11 Rural Minds. Rural Minds is the only national
12 501(c)(3) non-profit patient organization dedicated
13 to advocating for rural mental health equity and
14 addressing the stigma surrounding mental illness
15 for the 46 million people living in rural America.
16 The work that we do is funded by individual donors
17 and companies, including the sponsor. I am also a
18 dairy farmer and the uncle of a young farmer who
19 died by suicide near our family farm in Upstate New
20 York.

21 Diagnosing and treating post-traumatic
22 stress disorder is a significant concern for our

1 organization. Military veterans, for example, make
2 up approximately 10 percent of the rural
3 population; yet, while rural areas only make up
4 14 percent of the total U.S. population, they
5 contain nearly a quarter of all veterans. In other
6 words, veterans are overrepresented in rural
7 communities compared to the general population.

8 We understand that the difference in PTSD
9 between veterans and civilians may seem small, but
10 veterans seeking care actually show much higher
11 rates of PTSD. Recent combat veterans face
12 significantly elevated risks. This indicates that
13 military service, particularly combat exposure, may
14 substantially increase PTSD risk. The truth is
15 that any American in a rural setting already faces
16 incredible challenges in receiving treatment for
17 PTSD and other mental health issues.

18 Our access to care is a huge stumbling
19 block. Rural areas often lack sufficient mental
20 health professionals, specialized trauma centers,
21 and resources like telehealth services, making it
22 difficult for individuals to access timely and

1 appropriate care. Long distance to healthcare
2 facilities and limited transportation options
3 exacerbate the challenges of accessing mental
4 health services in rural communities.

5 Add to that the stigma surrounding mental
6 illness, particularly PTSD, that is often more
7 pronounced in rural communities because of the
8 close-knit social structures and cultural norms
9 that emphasize self-reliance and independence.
10 With this very challenging treatment environment,
11 the approval of a therapeutic like this one we are
12 discussing today for PTSD is important to rural
13 communities.

14 A small molecule of medicine is vital for
15 mental illness, as it can reach the brain more
16 easily. The availability of the medicine as a pill
17 alleviates the additional complication of veterans
18 having to access a physician for treatment. In
19 rural areas, there are fewer healthcare providers,
20 and they tend to be much further away from where we
21 live. Since rural areas have no public
22 transportation, this is particularly a challenge.

1 We strongly support the approval of this medicine
2 for the treatment of PTSD. Thank you very much.

3 DR. NARENDRAN: Thank you.

4 Speaker number 3, please state your name and
5 organization, for the record.

6 MR. BLAKE: I am Ron Blake. Folks call me
7 Blake. The sponsor is reimbursing me for my travel
8 here from Phoenix, Arizona. I am not receiving
9 compensation. I'm representing myself with my
10 story.

11 Three men entered my Phoenix, Arizona home
12 while I was asleep just days before Christmas one
13 night. I was held down, beaten, and raped, being
14 significantly injured and eventually diagnosed with
15 PTSD. I've been advocating for a lot of others on
16 my ongoing 10-year, cross-country journey to
17 recover from PTSD and to reach a symbolic goal
18 involving a popular late night comedy show.

19 I gave a TEDx talk about how a fortuitous
20 moment of laughter from The Late Show with Stephen
21 Colbert stopped me from dying by suicide at
22 10:44 pm on November 2, 2015. That spark of hope

1 sent me out on this now 97,000-mile hero's journey
2 to learn how to re-engage with society after I had
3 isolated so badly. I had to learn how to face my
4 fears, learn how to process the trauma, and I've
5 been getting support from my efforts to get to my
6 symbolic goal to become a guest on The Late Show
7 with Stephen Colbert.

8 Along the way, I've engaged 34,453 complete
9 strangers, one by one. They've all opened up to me
10 about how they've been impacted by PTSD. Those
11 folks have shared powerful stories of support for
12 my determined efforts. There are 94 languages with
13 32 Sharpie marker colors, and they're on 519 giant
14 foam boards. It's a massive collective story of
15 struggles; isolation; heartbreak; loneliness;
16 tragedy; and nightmares. But it's a lot more than
17 that, too, you guys. It's also an incredible
18 collective story of moxie; optimism; ingenuity;
19 discovery; exhilaration; triumph; and some laughter
20 along the way.

21 I've received abundant medical services for
22 surgery and extensive physical therapy that I've

1 needed following the trauma. A violent crime
2 victim compensation program through the local
3 prosecutor's office in Arizona, they've assisted
4 me. They've been providing me with funding to
5 restore some financial stability after I sustained
6 \$110,000 in financial trauma losses, but it's the
7 PTSD part of my overall recovery that's been the
8 most challenging for me. A team of counselors and
9 psychiatrists have worked with me over the years.
10 I've had a lot of successes, you guys, and I've
11 come a long way; however, the recovery continues to
12 be a work in progress.

13 Somehow I also survived a suicide attempt
14 back in May of 2015, but many people I've met on my
15 travels -- from Washington Square Park in
16 Manhattan, to Coe Library at the University of
17 Wyoming, to Swami's Beach in Encinitas, California,
18 and a lot of places in between -- those people have
19 opened up to me about their own suicide attempts.
20 Scores of other folks shared stories of those we
21 lost to suicide. We know it. PTSD is formidable.
22 All of those individuals hold out hope for the same

1 thing I do, for additional treatments and viable
2 options like the treatment you're reviewing today
3 to help us move beyond the debilitating injurious
4 impacts of PTSD.

5 Lastly, I wanted to say, after this open
6 hearing is done, if any of you guys want to read
7 some of the stories of support that people all over
8 this country have been putting -- these are the
9 small boards I brought in from Phoenix. I can't
10 carry the large ones on the airplane. But if you
11 want to read some of these -- and you can also add
12 a story of support, if you want, I have some extra
13 boards -- for my efforts to continue recovering
14 from PTSD. I've spent now 24,000 hours of my life
15 to get on as a guest on The Late Show with Stephen
16 Colbert. Do not give up on me, you guys. Somehow,
17 some way -- it is very symbolic for me -- I'm going
18 to get on that show in the next 10 months before
19 it's canceled.

20 (Laughter.)

21 MR. BLAKE: Thank you. Thank you, guys.

22 DR. NARENDRAN: Thank you.

1 Speaker number 4, please state your name and
2 organization, for the record.

3 DR. ABRAMS: Yes. Good afternoon. I'm
4 Dr. Michael Abrams, a health researcher with the
5 consumer advocacy organization, Public Citizen. I
6 have no financial conflicts on the matter today.

7 The PDAC is considering the approval of the
8 antipsychotic and antidepressant drug combination
9 of brexpiprazole and sertraline for the treatment
10 of post-traumatic stress disorder. The drugs are
11 approved as, as we've heard, as individual
12 pharmacotherapies for the treatment of psychotic,
13 depressive, and anxiety disorders.

14 Brexpiprazole was recently approved for the
15 controversial indication of agitation in older
16 adults suffering from dementia despite a boxed
17 warning that such use heightens a patient's risk of
18 premature death. Sertraline has long been approved
19 as a monotherapy for PTSD, although it typically
20 results in the desired response to treatment of
21 only about 32 to 67 percent.

22 Notably, the supplemental application of

1 brex and sert seeks an approval of this combination
2 as an initial therapy for PTSD, not used as an
3 adjuvant to an SSRI treatment that fails to
4 sufficiently address PTSD symptoms, as would
5 typically be the case.

6 The evidence to support the supplemental
7 application we're hearing about today is data from
8 three randomized clinical trials. FDA's scientific
9 review of these studies was quite straightforward.
10 One phase 3 trial was robustly positive. The other
11 phase 3 trial was, quote, "clearly and convincingly
12 negative."

13 To address these conflicting results, the
14 sponsor performed additional analysis of data from
15 an older phase 2 trial. The two phase 3 trials
16 were similar in participation, and composition, and
17 study design, with 321 participants. The first
18 study observed a 10-week improvement in DSM
19 clinician-derived PTSD scores, averaging about
20 6 points in persons taking the brex-sert
21 combination compared to a placebo-sert combination.
22 The second study, 416 participants did not show a

1 significant benefit from brex-sert treatment.

2 To salvage the application, it seems the
3 sponsor reached backward in time to a third study
4 which randomized 516 participants into four
5 treatment groups based on different dose
6 combinations, including a full placebo regimen.
7 That study found that after 10 weeks, the brex-sert
8 combination performed an average of 5 points better
9 on the PTSD score than placebo and sertraline
10 together. This result, however, was only nominally
11 significant and reliant certainly on post hoc
12 comparisons that were not prespecified, and thus
13 the analyses should be regarded as biased.

14 Finally, it should be noted that across all
15 nine treatment arms spanning the three clinical
16 trials, participants improved markedly regardless
17 of the treatment used. This included a 10-point
18 improvement in a group who received placebo only;
19 10 points being important, of course, because
20 that's FDA's and others' criteria for a clinically
21 meaningful improvement.

22 Accordingly, the evidence supporting the use

1 of combination brex-sert as a treatment for PTSD is
2 weak, at best, based on two conflicting phase 3
3 trials and a questionable post hoc analysis of data
4 from a phase 2 trial. Moreover, the sponsor
5 acknowledges that brex-sert combination has the
6 many and sometimes serious adverse effects of each
7 drug individually.

8 In sum, the evidence presented should be
9 used by this advisory committee, we believe, and by
10 the FDA to reject this combination of brex and sert
11 as a treatment for PTSD. Superiority over mono,
12 serial therapy, or even placebo therapy has simply
13 not been established. Thank you.

14 DR. NARENDRAN: Thank you.

15 Speaker number 5, please state your name and
16 organization, for the record.

17 MR. CHRISTY: Thanks for letting me speak.
18 My name is John Christy. I live in Oakland,
19 California, and I'm a retired San Francisco Fire
20 Department firefighter/paramedic. I retired in
21 2018 with 36 and a half years of active duty
22 service, having worked as a paramedic, rescue, EMS

1 captain, and firefighter paramedic, and 30 of those
2 years were spent in the field.

3 I also led the San Francisco Fire Department
4 Peer Support Team for 6 and a half years. The San
5 Francisco Fire Department has a dedicated peer
6 support team that consists of two full-time active
7 duty firefighters who help department members
8 navigate the toughest calls. This includes
9 professional support for our post-traumatic stress
10 injuries, PTSD, and support of their families.

11 I'm not being compensated in any way for my
12 testimony today. My relationship with Otsuka is as
13 a consultant on the subject of trauma from the
14 perspective of a first responder and someone who's
15 healed from PTSD, and I was also interviewed for a
16 training video related to PTSD. I've helped
17 hundreds of people navigate emotional trauma, and
18 their families, first as a peer counselor, and now
19 I work as an executive coach with high-stake
20 leaders.

21 In 2008, I called the peer support team for
22 help and was referred to a trauma counselor for

1 what was called severe PTSD and high risk of
2 suicide. Over several years, as I healed, I came
3 to understand that much of my experience was
4 related to the lack of support for PTSD, in
5 general, and the mindset of PTSD being seen as a
6 weakness instead of what many experts now describe
7 as a physiological and psychological injury with
8 long-term changes in neural circuits and the stress
9 response.

10 It's also not always one big incident. As
11 in my case, sometimes it's accumulation of hundreds
12 of calls, thousands of small moments, the ones
13 you're expected to forget and the ones nobody asks
14 you about. It builds in silence and isolation, and
15 then being told directly or indirectly that what
16 you're feeling doesn't matter.

17 I appreciate the need to be cautious
18 concerning the use of pharmaceuticals with PTSD,
19 and I'll leave the actual risk analysis to those
20 more qualified. But I want to say this as a career
21 first responder and as a person who's healed from
22 PTSD. This is a serious situation and requires us

1 to think outside the box and explore new ideas. A
2 house is on fire. We have an emergency situation
3 in the first responder community alone.

4 I just recently looked up some data. Since
5 I retired in 2018, the total number of first
6 responder suicides, reported suicides, is over
7 1,400, and department heads and advocacy
8 organizations continue to report a rise in mental
9 health crisis across professions, and those are
10 1400 families, either their mother or father, son,
11 daughter.

12 As a paramedic who's been involved in
13 emergency situations, I can confidently say that my
14 ability to think outside the box has saved hundreds
15 of people. So I say, we need to ask ourselves, "Am
16 I doing all that I can to help those that are
17 dealing with PTSD?" And I say that from a place of
18 strength. Thank you for letting me speak.

19 DR. NARENDRAN: Thank you.

20 Speaker number 6, please state your name and
21 organization, for the record.

22 DR. ZUCKERMAN: I'm Dr. Diana Zuckerman,

1 President of the National Center for Health
2 Research. Thanks so much for the opportunity to
3 speak today. Our non-profit think-tank analyzes
4 and scrutinizes research, focusing on the safety
5 and effectiveness of medical products, and we do
6 not accept funding from any entities that have a
7 financial interest in our work, so I have no
8 conflicts of interest.

9 My perspective is as a scientist trained in
10 psychiatric and psychosocial epidemiology at Yale
11 Med School, and I previously held research
12 positions at Yale and Harvard, and moved here to
13 work in the U.S. Congress, HHS, and the White House
14 before my current position.

15 PTSD is a terrible condition, as you've
16 heard, and there are numerous treatments, some more
17 effective than others. Veterans have told me that
18 medications often create problems that are worse
19 than what they're trying to solve, so any treatment
20 should be based on very clear evidence that its
21 benefits outweigh the risks. This meeting is very
22 important, and I thank you for your service.

1 The company designed two adequate and
2 well-controlled studies, and Study 071 showed a
3 benefit, as you know, but Study 072 did not. Now,
4 FDA sometimes approves drugs based on just one
5 study, but the problem here is that the second
6 study had the opposite results to the first study,
7 and it shows no benefit with a non-significant
8 level of p is greater than 90. For those unsure
9 about p-values, that means there's a 90 percent
10 chance that the drug combination was not beneficial
11 in that second study, so the sponsor wants us to
12 think about Study 061 instead, which was an
13 exploratory study.

14 We agree with the FDA that Study 061 did not
15 appropriately control for the numerous statistical
16 comparisons, and the sponsor's evidence is also
17 based on several post hoc analyses, and those are
18 not kosher from a scientific perspective. And, of
19 course, Study 061 is even less persuasive because
20 the larger, better designed Study 072 did not show
21 any benefit or even a hint of a benefit.

22 So what about the risks? The serious risks

1 of these drugs are well established. We should
2 especially be concerned about the risk of suicidal
3 thoughts and behavior for youth and young adults
4 for each of these drugs because, number one, many
5 veterans and abuse patients with PTSD are teenagers
6 or young adults.

7 Number two, PTSD patients and veterans are
8 already at high risk of suicide, as you know, and
9 I've spoken with veterans groups that have stated
10 that the use of multiple psychotropic drugs
11 concurrently are contributing to very serious
12 mental health problems, with rebounding when
13 patients try to reduce their risk. In contrast to
14 what we've heard, these combinations are often not
15 well tolerated.

16 Number three, PTSD patients often
17 self-medicate with alcohol and other drugs, in
18 addition to their prescription drugs, so FDA should
19 be even more cautious when considering this
20 combination for approval. There are other serious
21 risks as well, and let me just say that weight
22 gain, metabolic disorders, and suicidal thoughts,

1 and other side effects could become more obvious in
2 the months after these 12-week studies were
3 completed and could be greater when they're given
4 in combination.

5 So in conclusion, the FDA previously
6 approved these drugs despite the risks because the
7 agency determined that the evidence of benefits for
8 patients with schizophrenia, depression, and other
9 indications outweigh the risks. But in your review
10 today, there is not clear evidence that there is
11 any benefit for PTSD, and for that reason, it seems
12 impossible to conclude that the unproven benefits
13 of these combined drugs for PTSD outweigh the
14 well-established risks. And keep in mind that
15 monitoring for these side effects in the real world
16 is likely to be much less effective than in
17 clinical trials, and particularly in rural areas.
18 Thank you.

19 DR. NARENDRAN: Thank you.

20 Speaker number 7, please state your name and
21 organization, for the record.

22 (No response.)

1 DR. NARENDRAN: You're muted.

2 MS. WITCZAK: Are you able to hear me?

3 DR. NARENDRAN: Yes, we can hear you now.

4 MS. WITCZAK: Okay.

5 Good afternoon. My name is Kim Witczak. It
6 feels strange to be on this side of the table after
7 spending nine years as the consumer representative
8 on this very committee. I served three consecutive
9 terms. I'm a long-time drug safety advocate and
10 co-founder of Woodymatters, started after the
11 sudden death of my husband just weeks after being
12 prescribed Zoloft for insomnia. Since then, I've
13 spent two decades pushing for transparency,
14 accountability, and stronger protections for the
15 unsuspecting public.

16 I'm here today because this application
17 deeply concerns me. For starters, let's look at
18 the efficacy. Phase 3 data are inconsistent at
19 best. Study 071 shows a modest statistical
20 benefit, just a 5-6 point improvement on the CAPS-5
21 scale, but 072, equally powered, failed to meet
22 both its primary and secondary endpoints. So to

1 make up for the failure, the sponsor leans on study
2 number 061, an exploratory phase 2 trial never
3 designed to confirm efficacy.

4 They abandoned their prespecified
5 statistical plan after the study ended. They ran
6 multiple post hoc comparisons and applied three
7 different multiplicity corrections to extract
8 significance. Even the FDA reviewers flagged this
9 as potentially overinflating results.

10 This isn't solid science. In my opinion,
11 this is statistical gymnastics. Even if one study
12 reached statistical significance, what does that
13 actually mean, it works in the real world? These
14 trials excluded patients with suicidality, anxiety,
15 substance abuse, and common medical conditions, the
16 very people who most likely are going to receive
17 this combo in clinical practice. So yes, it may
18 look like it worked on paper, but in a narrow,
19 ideal, and sanitized population. But that's not
20 generalizable, and that's not meaningful.

21 And while this committee is tasked with
22 reviewing efficacy, we cannot overlook the most

1 important issue here, which is safety. This
2 application proposes starting two powerful
3 psychiatric drugs simultaneously on day 1.
4 Individually, they each carry serious risks, and
5 yet there's no single long-term study on the
6 combination. PTSD is a chronic condition, but
7 these trials only lasted 12 weeks and no data on
8 what happens six months, a year, or longer.

9 Rexulti is associated with akathisia, weight
10 gain, sedation, and we know Zoloft carries a black
11 box warning for suicidality, emotional numbing, and
12 sexual dysfunction. Both drugs have severe
13 withdrawal profiles, yet no data is provided on how
14 to safely stop or taper. Once again, the burden of
15 risk will fall on patients, not this committee, not
16 the prescribing doctors, or the companies profiting
17 from the prescriptions.

18 We've seen this movie before. A drug gets
19 approved based on narrow trials marketed
20 aggressively, and then the real harm unfolds in the
21 real world after it's too late. But let's be
22 honest about what's really happening here. Zoloft

1 is already approved for PTSD, and now it's generic.
2 The sponsor doesn't profit from sertraline; they
3 profit from Rexulti, a high-priced, branded
4 antipsychotic still under patent. This is a market
5 expansion strategy, not a medical breakthrough.
6 It's securing a new indication for Rexulti, which
7 extends their patent while riding the marketing
8 wave of being touted as the first new PTS treatment
9 in two decades.

10 Hope without strong, reliable data is
11 dangerous, especially for the population as
12 vulnerable as those with PTSD. You can't put the
13 genie back in the bottle. These stakes are high.
14 PTSD patients, especially our veterans, deserve
15 real solutions, not a marketing strategy wrapped
16 and recycled, and manipulated science, and sold as
17 new. So please reject this application. Thank
18 you.

19 DR. NARENDRAN: Thank you.

20 Speaker number 8, please state your name and
21 organization, for the record.

22 MR. SABO: Good afternoon, chairperson and

1 distinguished members of the advisory committee.
2 My name is Clark Sabo. I'm a retired Marine Corps
3 veteran from Cincinnati, Ohio, and I'm here today
4 to share my lived experience with post-traumatic
5 stress disorder. For full transparency, I want to
6 disclose that my travel and related expenses were
7 covered by Otsuka. Thank you for giving me the
8 opportunity to speak and for your dedication to
9 hearing the voices of veterans and patients as you
10 weigh these important decisions.

11 When I joined the military, everyone was
12 told they have a bullet with their name on it. We
13 all hope to never find that bullet. After being
14 medically retired from the Marine Corps in 2012, I
15 thought I left that fear behind me, but in 2020, I
16 was diagnosed with PTSD, and suddenly a relentless
17 wave of emotions crashed over me. I started having
18 panic attacks at the grocery store. I couldn't
19 visit the restaurants I used to love. No place
20 felt safe anymore, not even my own couch. The
21 reality hit me that the bullet with my name on it
22 is the one in my chamber.

1 My weapon was loaded for me during boot
2 camp. My PTSD comes from a source many people
3 never consider. I was sexually assaulted in boot
4 camp. That trauma left deep scars on my mind that
5 I've been trying to heal ever since. Over the
6 years, I've been prescribed more than 15 different
7 medications to manage my PTSD symptoms, not to
8 mention ketamine infusions, medical marijuana, eTMS
9 and multiple rounds of inpatient and outpatient
10 therapy. Each new medication felt like a game of
11 Russian roulette, often prescribed alongside
12 others, sometimes without full consideration of
13 their combined effects.

14 I want to acknowledge that many traditional
15 medications have helped men and women living with
16 PTSD, and I respect their journey, but I'm here
17 today for my brothers and sisters who die by
18 suicide every 11 minutes in this country. In the
19 next hour, 6 veterans and service members will die.

20 We often talk about honoring the sacrifices
21 of our veterans, but I can't think of a better way
22 than by expanding treatment options by offering

1 just one more glimmer of hope. Sometimes, one
2 small pill can be the reason someone chooses to
3 keep fighting. According to the Department of
4 Veteran Affairs, an estimated 15 to 30 percent of
5 veterans experience PTSD at some point in their
6 lives, and it's not just about combat. Many, like
7 me, develop PTSD from non-combat trauma, military
8 sexual assaults, accidents, and other
9 service-related experiences. In fact, about
10 1 in 10 veterans with PTSD develop it from
11 non-combat trauma.

12 PTSD is a complex, deeply personal struggle
13 that cuts across all backgrounds. For years, like
14 so many others, I have lived under a shadow,
15 constantly reminded that tomorrow isn't guaranteed,
16 that my son could lose his father, and my wife
17 could lose her husband. I fight every day,
18 silently suffering with invisible wounds that grow
19 deeper and deeper with each failed treatment.
20 Otsuka's new medication, brexpiprazole in
21 combination with sertraline, could be the
22 life-saving treatment that disarms my weapon and

1 puts the safety on.

2 For me and countless veterans and Americans,
3 it could finally mean stepping out of the shadows
4 and seeing the beauty of the country we proudly
5 served. I urge the committee to consider the
6 profound impact of expanding the treatment choices
7 we can have, not just on symptoms, but on lives
8 saved. The millions of Americans living with PTSD
9 and the families who love them deserve this
10 innovation. Please help us turn the tide on this
11 silent epidemic, and give me and everyone suffering
12 from PTSD one more chance at life. Thank you.

13 DR. NARENDRAN: Thank you.

14 Speaker number 9, please state your name and
15 organization, for the record.

16 DR. MAASS-ROBINSON: Good afternoon. I am
17 Saundra Maass-Robinson, a physician and board
18 certified psychiatrist with over 35 years of
19 experience in both clinical practice and research
20 focused on mental health. I want to state that I
21 have no personal financial interest related to our
22 discussion here today, nor am I being compensated

1 for my time.

2 I am presenting here at the request of
3 Otsuka Pharmaceuticals, as my recent work has
4 involved leading clinical trials aimed at
5 discovering more effective treatments for
6 post-traumatic stress disorder, specifically
7 looking at the combination of brexpiprazole and
8 sertraline.

9 The impact of PTSD has been well described
10 here, so I would like to describe this condition as
11 a serious and often life-altering experience that
12 can develop after someone experiences or witnesses
13 a traumatic event. It's well associated with
14 combat, but also following physical or sexual
15 assault, natural disasters, and even personal
16 accidents. The symptoms of PTSD are varied, and
17 they can include these intrusive flashbacks,
18 nightmares, emotional numbness, hypervigilance, and
19 a tendency to avoid situations that remind the
20 individual of the trauma; and many people, as
21 described here, also find themselves feeling
22 isolated and disconnected from their loved ones.

1 The human toll of PTSD is staggering. It
2 not only affects emotional well-being, but can also
3 take a significant toll on physical health.
4 Relationships suffer, careers can be derailed, and
5 the overall quality of life diminishes drastically.
6 And in addition, there's a well-established
7 association between PTSD and an increased risk of
8 dying by suicide.

9 Unfortunately, this condition is often
10 misunderstood, it's underdiagnosed, and it's
11 definitely inadequately treated. In my experience,
12 patients have come to me with a history of being
13 treated based upon their presenting symptoms to a
14 previous provider. This leads to a cycle of
15 ineffective treatments and multiple medications
16 that only address the symptoms rather than the root
17 cause. The outcome of that has been well described
18 as well.

19 And while there are effective treatments
20 available for this condition, access to these
21 options is often limited by financial constraints;
22 and moreover, not every treatment works for every

1 individual, and side effects are variable as well
2 with medications and their combinations. In
3 psychiatry, it's common to combine medications to
4 enhance their effectiveness, as many have
5 complementary effects; however, as in all fields of
6 medicine, management of treatment requires
7 management of side effects. This highlights the
8 importance of ongoing research and drug development
9 to better understand how different treatments can
10 work together and effectively.

11 As the principal investigator in recent
12 clinical trials, I explored the combination of
13 brexpiprazole and sertraline for treating PTSD
14 using established clinical scales to measure
15 changes in symptoms, illness severity, and quality
16 of life over this 12-week period. The combination
17 of brexpiprazole at doses of 1 to 3 milligrams per
18 day with sertraline showed clinically meaningful
19 improvements compared to a placebo group. There
20 were not significant adverse events, and there were
21 no drug-related fatalities. Since both medications
22 have been on the market for other indications,

1 their approval in this combination could offer
2 potentially affordable treatment for many
3 individuals suffering from PTSD.

4 Thank you for the opportunity to share this
5 important information with you today, and together,
6 hopefully we can work towards a better
7 understanding in treating this condition, and
8 certainly improving the lives of those who are
9 directly affected by it.

10 DR. NARENDRAN: Thank you.

11 Speaker number 10, please state your name
12 and organization, for the record.

13 MS. PLOTNICK: Good afternoon. I'm Debbie
14 Plotnick, and I am the Executive Vice President for
15 State and Federal Advocacy at Mental Health
16 America. Thank you for the opportunity to be here.
17 At MHA, we have more than 140 affiliates in
18 42 states, and it's been my privilege to serve at
19 MHA for almost 20 years. MHA was founded in 1909,
20 and for all of its 116-year history has been the
21 voice of people living with mental health
22 conditions.

1 When we think about PTSD and the
2 approximately 30 million Americans who are
3 diagnosed in any given year, veterans most often
4 come to mind. Veterans' experiences are what most
5 often are represented in the public discourse, but
6 veterans are only one group of people affected by
7 PTSD. Seven out of 10 veterans will have PTSD in
8 their lifetimes, but as many as six out of 100
9 members of the general public, which is a much,
10 much larger group, will also experience PTSD.

11 PTSD, as you've heard, causes real
12 suffering. People's symptoms include, but are not
13 limited to, chronic pain; sleep disturbances;
14 feeling on edge; angry, aggressive outbursts;
15 suicidal ideation; and suicidal attempts. PTSD is
16 highly correlated with suicide attempts and
17 completed suicides.

18 We know that the etiology is pretty
19 complicated, but it usually has to do with injury,
20 an injury that causes PTSD, or sometimes sudden.
21 We've heard about some of them such as traumatic
22 accident or other kinds of adverse incidents.

1 Sometimes they occur, though, over time, much like
2 a stress fracture. This can be due to living in a
3 long-term stressful environment such as domestic
4 violence or having experienced a traumatic
5 childhood.

6 Other long-term stressors that result in
7 PTSD include living with a chronic illness, facing
8 systemic discrimination, bullying, or living in
9 communities where violence is endemic. It might
10 also include discrimination associated with living
11 with a mental health condition or a substance use
12 disorder. It's estimated that over half those
13 affected by PTSD do not seek a formal diagnosis due
14 to stigma, previous ineffective treatment, or
15 because of barriers accessing healthcare,
16 especially mental healthcare.

17 Over the decades, we at Mental Health
18 America and our national affiliates have listened
19 to countless powerful stories told by those
20 experiencing PTSD. Since 2014, Mental Health
21 America has offered free, anonymous, clinically
22 validated mental health assessments to the general

1 public and has captured over 25 million screens for
2 conditions like depression, anxiety, and, of
3 course, PTSD. People tell us about their pain and
4 that they want safe and efficacious treatments.

5 When PTSD is recognized and treatment is
6 offered, it often is involving one of the two
7 clinically approved, FDA-approved PTSD treatments,
8 and that has been not helpful for many, many
9 people, as you've heard today. Because of the
10 dearth of treatment options, combined with the fact
11 that people have been tried and been failed by
12 existing medications and existing approved
13 treatments, the sufferers often try to alleviate
14 their pain themselves with misuse of alcohol or
15 opioids. Some even seek substances that are
16 presently available only outside of the country or
17 through unregulated or illegal and unsafe means.

18 As the nation's oldest advocacy
19 organization, MHA fights to bring awareness about
20 mental health needs and access, and treatment and
21 support, to people who want to alleviate their
22 mental distress. It's essential that the FDA

1 facilitates new medication options for PTSD as one
2 of its highest priorities. Thank you very much.

3 DR. NARENDRAN: Thank you.

4 Speaker number 11, if you want to state your
5 name and organization, for the record.

6 DR. SAUVE: Good afternoon. I'm Dr. Will
7 Sauve. I'm the Chief Medical Officer at Osmind.
8 I'm a psychiatrist and Navy veteran, and I have no
9 other financial relationships with any part of
10 industry.

11 I was trained right down the road at the
12 Uniformed Services University of the Health
13 Sciences, and then completed by psychiatry
14 residency at the National Capital Consortium in
15 2004. What that means is that I watched the smoke
16 rise from the Pentagon in 2001 from the 5th floor
17 of Walter Reed, which was the inpatient psychiatric
18 unit at the time. I spent the next 2-3 years
19 taking care of casualties in that setting coming
20 home from the war.

21 Upon graduation in 2004, I immediately
22 joined the 7th Marine Regiment in the Al Anbar

1 Province in Iraq, where I spent about two years in
2 combat with my unit. After that, I returned to
3 inpatient psychiatric work at the Naval Medical
4 Center in San Diego for five years; and when I
5 separated from the Navy after that, I went to
6 Virginia to run an inpatient PTSD program for three
7 years.

8 The reason for that introduction is meant to
9 get across why I have the nerve to be honored to
10 talk to this committee about PTSD today. So that
11 was the point of that dramatic interlude.

12 The scope of PTSD in the United States,
13 approximately 5 to 6 percent suffer PTSD in a given
14 year, which translates to as many as 13 million
15 Americans per year with a diagnosis of PTSD. In
16 the veteran population, the incidence is about the
17 same in the overall population, but when you look
18 at the OIF-OAF population specifically, it's
19 actually as high as 15 percent, and the estimated
20 annual cost to the country is nearly a quarter
21 trillion dollars. That includes healthcare costs;
22 disability; lost productivity; chronic illness;

1 premature mortality; and more.

2 As far as current resources and tools, the
3 approved treatments in the United States' number is
4 4. Of the two medications approved, sertraline was
5 approved for PTSD in 1999; paroxetine was approved
6 in 2001. There have been no new medication
7 treatments approved for over two decades.

8 Then on to the question at hand, sertraline
9 plus brexpiprazole, the medication being considered
10 today, comprises two already approved medications
11 for other indications: sertraline in common use
12 for more than 30 years, brexpiprazole for 10. As
13 brexpiprazole is approved for adjunctive use and
14 depression already, it is commonly combined with
15 most of the antidepressant class drugs for MDD and,
16 by coincidence, with PTSD as well, as these
17 conditions are quite frequently diagnosed together.

18 You've all seen the phase 3 data published
19 recently, which indicates a clinically significant
20 improvement in the group taking sertraline plus
21 placebo, let alone an even greater yield when you
22 combine sertraline plus brexpiprazole, with the

1 adverse events being quite small.

2 So, in summary, PTSD currently affects
3 6 percent of all Americans with the available tools
4 for treatment being quite limited at this time. No
5 new medication treatments have been approved in
6 over 20 years. Sertraline and brexpiprazole are
7 already in common use, both separately and in
8 combination for 10 years already, and the two in
9 combination for PTSD can yield nearly 50 percent
10 symptomatic improvement versus about a 35 percent
11 improvement with sertraline alone. Thanks for the
12 time.

13 DR. NARENDRAN: Thank you.

14 Speaker number 12, please state your name
15 and organization, for the record.

16 DR. KNUTSON: Hello. My name is Dr. James
17 Knutson. I'm a board certified psychiatrist and a
18 principal investigator for Core Clinical Research
19 in Everett, Washington, which is about 30 miles
20 north of Seattle. I have no financial interest,
21 and I've not been paid in any way to participate
22 today. I can only say that three weeks ago, this

1 sounded like a great idea, and today, not so much,
2 but I'm here and happy to testify.

3 We were involved with all three of the
4 Otsuka trials for PTSD. We're an independent site,
5 a moderate site of about 12 people or so. My goal
6 in testifying today is basically to present a
7 perspective of an independent site. We had
8 previously participated in a PTSD study of military
9 personnel, or service-connected personnel, about
10 seven years ago. In that study, we also used the
11 CAPS-5, and many of the subjects that participated
12 in that study had serious difficulty in completing
13 the CAPS. One patient even became angry and walked
14 out of the assessment. I think we forget the
15 impact of some of these assessments on the subjects
16 that we're trying to extrap data from.

17 We had similar experiences with almost every
18 patient, or every subject, in that study. The
19 reason I'm bringing this up is because, for the
20 military-connected subjects, they across the board
21 told us that they would not reveal their symptoms
22 while they were connected to the military, to their

1 wife, their best friend, their family, or anybody
2 else, for fear of losing their security clearance
3 and losing any chance of job promotion.

4 The other main issue for them was they did
5 not want to be known to the VA. We began these
6 studies pre-COVID, and what was interesting is that
7 we had multiple folks that called in while we were
8 pre-screening who wanted to use COVID as their
9 index trauma, but they were obviously excluded for
10 that.

11 I'm here mainly to talk a little bit about
12 the fact that we haven't had any effective PTSD
13 medication approvals since 2001. I also founded a
14 detox and residential treatment facility at the
15 height of the opioid crisis, and the number of
16 folks who come in for detox who also have PTSD is
17 very high. At our facility, it is as much as
18 50 percent or higher. The problem is that we can
19 treat their alcohol and drug disorder, their
20 substance use disorder, but if their PTSD is left
21 untreated, they remain at serious risk for relapse.
22 And the available treatments for PTSD in Spokane,

1 which is where the facility is located, Spokane,
2 Washington, is limited, at best, or practically
3 non-existent.

4 I also wanted to mention that some of the
5 responders that we had in this study had
6 significant improvements in their symptoms,
7 including going from a rating of 3, which is
8 severe, down to 0, mild or non-existent.

9 DR. NARENDRAN: Speaker number 12, you may
10 want to wrap up.

11 DR. KNUTSON: Okay. I just would like to
12 urge the committee to approve this medication
13 treatment. Thank you very much.

14 DR. NARENDRAN: Thank you.

15 Speaker number 13, please state your name
16 and organization, for the record.

17 MS. WALKER: Good afternoon. My name is
18 Vanessa Walker. I am here on behalf of DBSA, which
19 is the Depression and Bipolar Support Alliance. I
20 live here in Washington, DC, but I am a consultant
21 for DBSA. I work with them on advocacy and
22 engagement, but I'm also here as someone with lived

1 expertise when it comes to PTSD.

2 I wanted to start by acknowledging that DBSA
3 is treatment agnostic when it comes to events like
4 this. We believe that we need to have many, many
5 tools to treat individuals with conditions such as
6 PTSD. Every individual is different and every
7 individual needs a treatment that is unique to
8 them. DBSA also believes strongly in the
9 combination of medical treatment, medication, as
10 well as peer support. I wanted to mention that
11 because we have talked a lot about peer support
12 here today.

13 For me, about 10 years ago, if someone had
14 said to me, "Do you have PTSD?" I would have said,
15 "No. I never went to war. I've never experienced
16 a violent sexual trauma." But what I have
17 experienced is abandonment. I was abandoned as a
18 child. I was diagnosed with breast cancer at a
19 very young age for the first time at 30, for the
20 second time at 36. I did experience emotional
21 abuse in my first marriage, as well as some sexual
22 abuse that was emotionally related. And my PTSD

1 came on slowly, and I did not want anyone to label
2 me with another condition.

3 So one of the reasons I am here today is
4 because, as we've heard from other speakers today,
5 PTSD is a condition that is not just limited to
6 people who have been in combat. It affects people
7 like me. It affects people like my mom. It
8 affects people like my neighbor. It affects many,
9 many people. And the stigma that is attached to a
10 diagnosis like this is great. I have been told
11 that I should stop talking about my mental health
12 conditions because it might limit my opportunities
13 when it comes to the workforce. I'm currently
14 getting my MPH at UNC because I realized that I
15 needed to have even more information so that I
16 could fight the stigma that was out there.

17 So today, I'm here not to say yes or no to
18 that which you are making a decision on, but what I
19 am here is to say that we need as many tools as
20 possible. We need as many tools as possible in the
21 toolbox. People need help, and we have the
22 opportunity to create treatment plans that can help

1 individuals. And if this is one of them, then we
2 should explore that. Thank you.

3 DR. NARENDRAN: Thank you.

4 Speaker number 14, please state your name
5 and organization, for the record.

6 MR. BRIGGERY: Yes. My name is Lloyd
7 Briggery, and I'm not representing any
8 organization. I'm a U.S. Army combat veteran. I
9 was a tanker. I spent two and a half years
10 deployed to Iraq, fighting. The last year and a
11 half, I was in Ramadi. And if you don't know where
12 Ramadi is, it's the city they make all the
13 Hollywood movies in reference to the Iraq war
14 about.

15 I spent the first 10 years of my life -- of
16 my adult life, we'll say -- in the Army, from the
17 age of 17 to 27. What I never was taught was how
18 to turn off the rage of war upon my return to
19 civilian life. In fact, I wouldn't be diagnosed
20 with PTSD until nearly three years after I got out.

21 My first six months out of the military, I
22 decided to move to New York City, and I found

1 myself very drunk wandering the streets of New
2 York. And I stumbled into what I thought was a
3 nightclub but was actually a very palatial lobby of
4 a church in downtown Brooklyn. Shout out to
5 Brooklyn Tabernacle. It turns out this church had
6 a recovery group that was led by a licensed
7 therapist who just so happened to be a Vietnam
8 veteran, and so my journey to healing began.

9 Over the years, he and I established four
10 pillars that empowered me to rebuild my new life,
11 and these pillars were purpose, impact, community,
12 and fitness. With purpose, I discovered a new
13 dignity and a new mission in life. With impact, it
14 was finding significance in this new mission, and
15 as a result a new identity with community, having a
16 new mindset, and then surrounding myself with
17 like-minded individuals to work together for a new
18 cause.

19 With fitness, this is the most recent
20 discovery. Recent studies have shown that the
21 norepinephrine system, the fight or flight stress
22 reward system that we have, is disrupted by PTSD.

1 It turns out short, intense workouts help to
2 regulate the system, and they teach my body how to
3 come back to baseline. This is a real-world
4 transfer in resetting my body's stress response.
5 And here I thought this entire time I was just a
6 gym bro. It turns out these workouts are and have
7 been essential to my healing.

8 During the screening of my diagnosis for
9 PTSD, I was told by the assessor at the VA to just
10 stop talking. He was visibly disturbed by my
11 answers, and I hadn't even gotten to the good stuff
12 yet. Please do not pity the soldier, the warrior,
13 for fighting in the war. Given the opportunity,
14 most of us wouldn't hesitate to fight again. The
15 great trauma was in not having the tools to manage
16 ourselves after the battle.

17 My journey to healing has been a daily
18 ongoing process for the past 17 years. It's been,
19 by the grace of God, lots of therapy and a good
20 amount of trial and error. In fact, this fourth
21 pillar, pillar of fitness, is something that I
22 recently learned this year. I'm grateful for my

1 journey, but with new pharmacology and therapeutic
2 procedures, I could have shaved years off this
3 process, and time is the one resource that we can't
4 get back. I believe a full, comprehensive approach
5 on all levels will streamline this healing process.
6 Thanks for your time.

7 DR. NARENDRAN: Thank you.

8 Speaker number 15, please state your name
9 and organization, for the record.

10 MS. SANTORO: Good afternoon. I'm Kathryn
11 Santoro. I'm speaking today, representing the
12 Policy Center for Maternal Mental Health. I'm not
13 being compensated for my remarks today, but various
14 companies, including the sponsor, have sponsored
15 our organization's annual conference.

16 The Policy Center for Maternal Mental Health
17 is a non-profit organization working to solve
18 challenges in diagnosing and treating those with
19 maternal mental health disorders in the United
20 States. While PTSD has often been associated with
21 veterans and survivors of violence, an
22 underrecognized yet widespread form is

1 childbirth-related PTSD. Childbirth-related PTSD
2 is characterized by re-experiencing the trauma,
3 hyperarousal, and avoidance behaviors that often
4 interfere with bonding, breastfeeding, sleep, and
5 basic caregiving tasks. Tragically, in some cases,
6 the infant becomes a trigger for the trauma
7 response, worsening isolation and distress for new
8 mothers.

9 Imaging studies show that individuals with
10 childbirth-related PTSD exhibit heightened activity
11 in the brain's fear center when recalling their
12 birth experience or even hearing their infant cry.
13 Up to 90 percent of those with childbirth-related
14 PTSD also experience postpartum depressive
15 symptoms, and emerging research suggests
16 childbirth-related PTSD may contribute to adverse
17 developmental and behavioral outcomes in children.
18 Between 5 to 20 percent of birthing people
19 experience clinically significant PTSD symptoms, a
20 number that is likely higher due to underreporting.

21 Childbirth-related PTSD is a serious,
22 distinct maternal mental health disorder with

1 lasting consequences for both mother and child.
2 The need for effective, safe, and accessible
3 treatment options is urgent. The proposed use of
4 brexpiprazole in combination with sertraline for
5 PTSD, supported by randomized controlled trial
6 data, offers hope to millions of adults with PTSD,
7 including the growing population of mothers
8 experiencing childbirth-related PTSD.

9 As a national organization committed to
10 improving maternal mental health, we urge the FDA
11 to give full and favorable consideration to this
12 application. The approval would not only offer a
13 new therapeutic tool for clinicians, but could
14 catalyze a shift in recognizing and addressing
15 trauma experienced during childbirth, a form of
16 PTSD that has been too often overlooked. Thank you
17 so much for your time.

18 **Clarifying Questions (continued)**

19 DR. NARENDRAN: Thank you.

20 The open public hearing portion of this
21 meeting is now concluded, and we will no longer
22 take comments from the audience.

1 Before we move to the discussion, I just
2 want to ask if the sponsor wants to respond to some
3 of the questions that were asked?

4 DR. KRAUS: Yes. There was discussion --

5 DR. NARENDRAN: And try to limit it to five
6 minutes.

7 DR. KRAUS: -- with Dr. Dunn, with us, and
8 then subsequently with the FDA, regarding SSRI
9 distribution in the 061 study. We were able to
10 refit the primary model, adding prior SSRI use to
11 the model to address this potential imbalance.

12 In the prespecified model, the CAPS-5
13 primary endpoint week-10 effect size was minus 5.08
14 and the p-value 0.0106. The model with prior SSRI
15 use produced an effect size on the CAPS-5 primary
16 endpoint of minus 5.28 with a p-value of 0.0081.
17 So effect size increased a tiny bit with this, but
18 it seems that the potential imbalance in SSRI use
19 did not drive the result in Study 061.

20 There was just one other clarification that
21 I did want to make in the discussion before the
22 lunch break. There was reference to variability in

1 the placebo arm in the phase 3 studies. To
2 clarify, this is the sertraline arm within the
3 phase 3 studies, where we're comparing to an active
4 comparator, not to placebo. And again, similar to
5 what we saw in the registration trials of
6 sertraline, we saw that level of variability. So I
7 just wanted to make sure we clarified that
8 language. Thank you.

9 DR. NARENDRAN: Dr. Dunn, do you have a
10 question?

11 DR. DUNN: Yes. Can you explain the model
12 that you did? So you isolated just patients, or
13 subjects, who had prior SSRI use across all four
14 arms in 061, and that's combination versus
15 sertraline result?

16 DR. SONG: The model is very simple. We
17 just rerun the prior use model and just added this
18 covariate of prior use of SSRI, yes/no. So we just
19 added this covariate, and statistically this could
20 potentially adjust imbalance at a baseline, which
21 was your question.

22 DR. DUNN: And the difference in CAPS score

1 that you saw, that is the combination versus search
2 sertraline alone?

3 DR. SONG: Right.

4 DR. DUNN: Thank you.

5 DR. NARENDRAN: Thank you.

6 I guess we could now move to our panel
7 discussion.

8 Oh, Dr. Dunn has a follow-up question about
9 another part of the question.

10 DR. DUNN: Were you able to get the E-TRIP
11 numbers as far as treatment resistance?

12 DR. KRAUS: The E-TRIP values are individual
13 listings at this point in time, so we were unable
14 to get an aggregate for you in the period of time
15 that we had.

16 DR. DUNN: Thank you.

17 **Questions to the Committee and Discussion**

18 DR. NARENDRAN: Now, we will move to the
19 committee discussion.

20 The committee will now turn its attention to
21 address the task at hand, the careful consideration
22 of the data before the committee, as well as the

1 public comments. We will proceed with questions to
2 the committee and panel discussions. I would like
3 to remind public observers that while this meeting
4 is open for public observation, public attendees
5 may not participate, except at the specific request
6 of the panel. After I read each question, we will
7 pause for any questions or comments concerning its
8 wording.

9 We'll proceed with our first question, which
10 is a discussion question. Discuss the strength of
11 evidence provided by the two phase 3 studies, 00071
12 and 00072. In particular, discuss the impact of
13 the discordant results on your overall assessment
14 of efficacy.

15 Are there any questions about the discussion
16 question or it's pretty clear?

17 (No response.)

18 DR. NARENDRAN: Anybody volunteering to go
19 first? Dr. Shiner?

20 DR. SHINER: I will say that they are both
21 very well done. I agree that one is very strongly
22 positive; one is very strongly null. Considering

1 them together, I don't know whether the combination
2 of brex plus sert is better than sert alone because
3 of the discordance.

4 DR. NARENDRAN: Dr. Simon?

5 DR. SIMON: Greg Simon from Kaiser
6 Permanente Washington. What's notable to me is
7 that across those two trials, we see a similar, at
8 least, mean change in CAPS scores with combination
9 treatment. The difference between them is the
10 greater improvement with sertraline only or
11 sertraline plus placebo in Trial Number 072. So I
12 think that's where we have to look to explain the
13 difference.

14 We don't see a difference in the design that
15 might account for that. There are not differences
16 in the execution of the trial that we're aware of,
17 differences in the eligibility criteria. There are
18 no differences, major differences, in the patient
19 characteristics that were measured or reported,
20 except it is true that there is a slight difference
21 in the proportion of patients who had previous
22 exposure to pharmacotherapy, or to SSRI

1 pharmacotherapy, between 071 and 072, and that does
2 go in the direction of at least a speculation that
3 Trial 072 may have enrolled a population that was
4 more likely to respond to sertraline.

5 My overall assessment is that this is a
6 heterogeneous condition, and that even by chance,
7 trials could enroll quite different populations
8 with respect to the underlying clinical
9 heterogeneity. We at this point know that there's
10 wide variation in how individuals respond to
11 sertraline, how people with PTSD respond to
12 sertraline. That is, at least to my understanding
13 at this point, not explainable or predictable, but
14 we know that variability exists, and I suspect it's
15 that heterogeneity we're seeing.

16 So I'm interpreting that the results of
17 those two trials, Trial 071 shows us that
18 sertraline plus brexpiprazole is a superior
19 treatment in a population that has a relatively
20 poor response to sertraline, and Trial 072 shows us
21 that sertraline plus brexpiprazole has a relatively
22 weak effect in a population that has a high

1 probability of response to sertraline; and they're
2 probably two different populations, even though
3 that's not directly measured. I need to be clear
4 that's my speculation, but that's how I'm
5 understanding it.

6 DR. NARENDRAN: Dr. Dunn?

7 DR. DUNN: Walter Dunn, UCLA. In regards to
8 Trials 071 and 072, I don't have any major concerns
9 as far as interpreting the data. 071, as has been
10 stated, clear that it met its primary and secondary
11 endpoints; and for 072, clear that it did not. And
12 that's really not, I think, the main focus of my
13 concerns.

14 The only thing I would say that maybe is of
15 relevance is just the questionable clinical
16 advantage or relevance of this 5-point difference.
17 I think it's important to remind everybody that the
18 controlled condition was not placebo. This is a
19 benefit that you can get with an SSRI alone. And
20 then probably part of the later discussion is, is
21 that 5-point benefit worth the potential adverse
22 outcomes that you will get with addition of an

1 antipsychotic. But overall, 071 positive,
2 072 negative, so I think, for me, it really comes
3 down to how we look at 061.

4 DR. NARENDRAN: Dr. Ballon?

5 DR. BALLON: Jake Ballon, Stanford
6 University. Echoing a lot of what has been said,
7 but I think, reflecting, the difficulty of this
8 conversation was clearly evidenced in the public
9 comment being very much split; and that even within
10 some of this discussion already, reflecting that
11 this is a tough one to adjudicate because, really,
12 we have two things that are in direct conflict.
13 And it's going to come down to, to some extent,
14 weighing the negatives of one versus the potential
15 positives of another.

16 I think, for me at least, when I'm looking
17 at these two studies, similar to what Dr. Simon was
18 saying, I feel like the consistency effect of the
19 combination treatment across all three studies is
20 compelling to me, and the notable increase in the
21 comparator groups effect in the third study,
22 largely driving this potential conflict, one can't

1 necessarily completely move that aside. But it
2 does, to me, give a little bit more credence of the
3 possibility of 071 closer to being maybe more than
4 what's happening, and that these combination
5 treatments are potentially effective.

6 DR. NARENDRAN: Dr. Block?

7 DR. BLOCK: Hi. This is Laura Block,
8 patient representative. I really liked what
9 Dr. Shiner had to say about it being null versus
10 negative; that is, 072. Yes, we didn't meet the
11 planned response. We did not get a difference
12 between placebo and treatment. And I know I was
13 taught never to compare across studies because
14 they're all different, but we do see a fairly
15 consistent response in the CAPS-5 across all three
16 studies. And as a patient, I want to see the
17 benefit.

18 As to whether or not it's worth it, when you
19 look at the side effect profile, that's a heart
20 decision that the patient and the doctor need to
21 make together. And the answer to that for each
22 patient may be different based on what's going on

1 in their life and where they are in their disease
2 and their life. I really, again, like the idea
3 that one of the other speakers said about having
4 that bigger box of tools. That's the end of my
5 comment.

6 DR. NARENDRAN: Dr. Coffey?

7 DR. COFFEY: Yes. To kind of reiterate what
8 others have said, but maybe focus on the way the
9 question's worded, I think the big challenge here
10 is if you look at them both in isolation, the
11 strength of evidence is strong for 071 and 072;
12 it's just going in opposite directions.

13 I think when you look at the bigger
14 picture -- and this is what I'm struggling
15 with -- it's similar to what Dr. Simon said. It
16 was pointed out that in the original sertraline
17 studies, two of the four were positive. So if you
18 look at that, it may not be that surprising that
19 one trial has a larger sertraline effect than
20 another sertraline effect, which may also get to
21 Dr. Simon's point of, if you're in a population
22 that responds to sertraline, the combination

1 doesn't work that much better. If you're in the
2 population that doesn't, it does. I mean, I kind
3 of had the same thought when you mentioned that.

4 Where that gets complicated here in terms of
5 the overall assessment of efficacy is balancing
6 there's a group that could benefit from this and a
7 group that would not benefit but would have the
8 additional risk. And I think that is really the
9 crux of the problem that really has to be broken
10 down here, based on these two phase 3 clinical
11 trials.

12 DR. NARENDRAN: Anybody else online,
13 virtual?

14 DR. RASKIND: Yes. This is Murray Raskind.
15 Can you hear me?

16 DR. NARENDRAN: Yes, I can hear you,
17 Dr. Raskind, good.

18 DR. RASKIND: Okay. I'm not sure where I'm
19 supposed to be in the seating chart, but thank you
20 for requesting the input.

21 I'd like to make a few comments from the
22 point of view of a clinician, a practicing

1 psychiatrist working with mostly combat veterans
2 and active duty military. I appreciated the
3 comments of the veterans who spoke. They were from
4 the heart and moving. But it pointed out to me, a
5 representative, a sample within these samples, of
6 veterans with combat PTSD. They essentially didn't
7 exist in the trial. So, for me, it's going to be
8 difficult to extrapolate these already confusing
9 contradictory data sets to my clinical practice.
10 And I know this is a bit of a soapbox, but I would
11 urge as a group to, over time, consider the
12 differences among military combat PTSD and civilian
13 PTSD, as well as the overlaps, but keeping this in
14 mind when studies are designed and executed.

15 Secondly, I'm not sure we're adding a new
16 tool to our toolbox. We already have sertraline.
17 We have brexpiprazole. The prescribing physician,
18 nurse practitioner, whomever, can make the
19 decision, based on the data that have been
20 published and the literature, as to whether they
21 want to progress to a combination or start with
22 both drugs at the same time. Although I must say,

1 in my many years of practice, combination drugs
2 have presented complexities in terms of adverse
3 effects and trying to figure out which one of the
4 components of the combination medication
5 preparation is the problem. So just those points,
6 and I realize that doesn't speak to is this
7 effective or is it non-effective.

8 Finally, in terms of adverse effects, weight
9 gain is a big deal, at least in the veteran PTSD
10 population, weight gain secondary to antipsychotic
11 drugs. This is not a small adverse effect and has
12 important implications for long-term cardiovascular
13 health, so I don't want that to be trivialized.
14 I'm still looking at these studies, not convinced
15 that the combination offers, at least me as a
16 clinician, a new tool.

17 DR. NARENDRAN: Thank you.

18 DR. RASKIND: Thank you.

19 DR. NARENDRAN: Thank you, Dr. Raskind.

20 Dr. Shaw, virtual panel?

21 DR. SHAW: Thank you very much. Dr. Shaw.

22 Yes, the way I think about this question is, 071

1 and 072 were designed to answer a very specific
2 question about efficacy, the very specific question
3 being, is the combination of the brex-sert over
4 monotherapy of sert, is that superiority? Can we
5 establish that in the general population of
6 patients with PTSD of a certain severity? And them
7 being very well-controlled trials, one being
8 resoundingly positive and one being resoundingly
9 negative, they aren't together giving convincing
10 evidence of that very specific question of
11 efficacy.

12 The discussion I'm hearing a lot about is
13 thinking about other questions of efficacy. Is it
14 that we hypothesize that there's a certain
15 subpopulation that may be responding better to the
16 combination than, say, sertraline alone? But those
17 experiments were not done, and we don't have the
18 evidence. If we wanted to ask the question, for
19 people who failed the monotherapy, will this
20 combination be of benefit, we did not study that
21 population. I've heard that population may make
22 upwards of 60 percent of the patients, but we

1 didn't identify those folks to be able to figure
2 out if this is safe in that population.

3 Sometimes, as we've heard from Dr. Raskind,
4 the combination therapy, the AEs can be difficult
5 to disentangle. We don't even know if there's
6 something about the genetics of the responders who
7 don't respond to sertraline that maybe they have
8 some higher risk of one of the AEs, and that's why
9 we might study a particular population if we wanted
10 to answer that other question.

11 So I think about 071 and 072, not about what
12 is the potential in the big world of how the
13 combination may be helpful, but what was actually
14 studied and what did we get evidence for. And we
15 were very specifically studying 071 and 072, this
16 combination over the monotherapy in the general
17 group of patients that doctors then might just
18 prescribe this to. And for me, because they were
19 in direct conflict, these two studies as
20 confirmatory trials, they do not add up to
21 answering that question, or I should say that they
22 do not provide sufficient evidence to conclude

1 there was efficacy there over the monotherapy.

2 Thank you.

3 DR. NARENDRAN: Dr. Fiedorowicz, if you want
4 to weigh in.

5 DR. FIEDOROWICZ: I don't have much add to
6 question 1 because I thought one study was
7 unequivocally positive, and the other was
8 unequivocally negative, and there didn't appear to
9 be any compelling evidence to explain those
10 discordant results.

11 DR. NARENDRAN: Yes, my thoughts were sort
12 of on the similar lines of, I think, the last two
13 panel members; that 071 and 072 are well done, but
14 being so discordant, I don't know how to use 072 to
15 interpret 071. That's how I would come on, on that
16 side.

17 Anybody else want to add anything else?

18 Dr. Canuso?

19 (Dr. Canuso gestures no.)

20 DR. NARENDRAN: Okay. Then, I'll summarize
21 what I heard.

22 From what I heard, both studies are really

1 well done. One is clearly positive; one is clearly
2 negative. I heard that, possibly, some panel
3 members thinking that 071 is probably more
4 accurate, and maybe the reason 072 failed is
5 probably because of the heterogeneity in the PTSD
6 population. I heard that, possibly, the
7 combination could work better for people who have a
8 poor response to sertraline as opposed to the
9 combination may not be as effective in people who
10 have a better response to sertraline. I also heard
11 that although there may be genetic factors or
12 response factors that might drive the different
13 results, neither of the trials looked at that,
14 particularly, to provide that data and is another
15 viewpoint of some of the panel members. In
16 general, I also heard they we'd like to hear more
17 broader inclusion of military populations, to be
18 included.

19 Do you want to add into it, Dr. Simon?

20 DR. SIMON: I wasn't sure exactly what
21 you're referring to, but the point being we see
22 this discordant result I suspect likely

1 representing differences in the patient
2 populations, which we cannot exactly measure. But
3 I would not want to go on record myself as saying I
4 think that Study 071 is a more accurate reflection
5 of the true population than 072.

6 DR. NARENDRAN: Sure.

7 DR. SIMON: I think they're probably
8 different. I think we know there is considerable
9 heterogeneity, and that add mixture likely varies
10 across different clinical settings and across
11 different patient populations. It would be nice
12 were it measurable or predictable in advance, but
13 it is not.

14 DR. NARENDRAN: That makes sense. Thanks
15 for clarifying.

16 DR. SHINER: I would also like to reflect to
17 Greg that that would be an amazing coincidence had
18 all of the people who respond to sertraline alone
19 been randomized in 072, and all the people who tend
20 to respond poorly to sertraline alone --

21 DR. NARENDRAN: That should be a future
22 study.

1 DR. SHINER: Yes.

2 DR. NARENDRAN: Anything else? Anybody else
3 want to weigh in or correct things for the record?

4 (No response.)

5 DR. NARENDRAN: If not, we can move to
6 question number 2.

7 Question number 2, discuss your view on the
8 contribution of Study 00061 on the overall evidence
9 of effectiveness. Does anybody have questions
10 about this question?

11 (No response.)

12 DR. NARENDRAN: I know Dr. Dunn had a little
13 clarification.

14 Do you want to add it?

15 DR. DUNN: I'm going to pose this to my
16 statistical colleagues on the panel.

17 Given that they ran the new model, then it
18 appears that they actually get a little bit of a
19 more significant effect for subjects in 061 who had
20 prior SSRI use and exposure, I think as I mentioned
21 before, my concern is that this is a proxy for
22 treatment resistance. Unfortunately, we don't have

1 the E-TRIP numbers.

2 Based off of how how that statistical model
3 works, would it be accurate to conclude that a
4 history of SSRI use does not mitigate the effects
5 of the combination drug, and that that imbalance
6 actually doesn't pose a problem in terms of that
7 comparison?

8 DR. COFFEY: You're referring to the model?

9 DR. DUNN: Yes, the new model that they ran.

10 DR. COFFEY: I think it strengthens the
11 argument. I would like to see them fit a treatment
12 by SSRI use interaction to make sure that there
13 wasn't any differential effect based on SSRI use,
14 which the control of the covariate does not
15 explicitly do. So it's a step in the right
16 direction, but I don't think it completely rules it
17 out.

18 DR. SIMON: Yes. I would strongly agree
19 that I think the question there is not a
20 confounding but an interaction question. The
21 question is, if those who had previous exposure
22 would be entering this trial -- my presumption is

1 those who had previous exposure to one of those
2 treatments, and it performed very well and had no
3 adverse effects, would not be candidates for this
4 trial because they would still be receiving that
5 previous treatment.

6 So having received a previous treatment and
7 still seeking treatment through this trial is
8 probably a marker for that previous treatment was
9 not that helpful. So to the extent that we were
10 overenrolling people who had previous
11 unsatisfactory exposure, that would disadvantage
12 sertraline in such a setting because you'd be
13 selecting those people, I think. So it's an effect
14 modification or interaction question, I think, not
15 a confounding question.

16 DR. DUNN: So that that model they ran does
17 not address that potential problem that the
18 sertraline-only and the placebo group, both of
19 which had a higher percentage of SSRI exposures,
20 were disadvantaged or handicapped because they were
21 treatment resistant. That new model they ran does
22 not address that concern.

1 DR. COFFEY: I don't think it completely
2 addresses it. I mean, the fact that they
3 controlled for it and it didn't modify the endpoint
4 helps some, but it doesn't directly affect the
5 effect modification question.

6 DR. DUNN: Thank you.

7 DR. NARENDRAN: Dr. Shaw, I think you
8 concurred.

9 DR. SHAW: Yes. Thank you. I think my hand
10 times out. I have it up, and then it goes away.

11 Pamela Shaw. Yes, since there was direct
12 callout to the statistician on the panel, I wanted
13 to add that I agreed with Dr. Coffey who spoke,
14 that it really seems like the interaction is the
15 question to be thinking about and not just the way
16 the model was presented. So I concur with all the
17 statements that were just made, and I just wanted
18 to put that on record.

19 But I also wanted to point out, in addition
20 to this idea that we think there may be responders
21 and non-responders that are difficult and may have
22 proxies for who we think they are, I do think that

1 there is something to be said for why this
2 population, in general, those with PTSD, are hard
3 to study because there is some heterogeneity in the
4 patients' experience with the severity of their
5 symptoms at any given time. So I do think that
6 that can play a role. Twelve weeks isn't a long
7 time, and maybe for some patients, they maybe are
8 in a long triggering event that is difficult to
9 treat, or that they're responding to stimulant, or
10 creating a more heterogeneous response even within
11 those subpopulations.

12 So I think it is difficult to disentangle,
13 without doing genetics and other real experiments,
14 why a particular trial may be in conflict with
15 others. So it may likely be more complicated than
16 simply there are responders and non-responders.
17 There can be times in a person's life when they are
18 much harder to treat than other times, but given
19 the stimulant going on, other challenges. So I
20 think it could very well be, in some sense, that
21 these trials are underpowered from the point of
22 view of not thinking about that serial correlation

1 and response, and how that might add more
2 variability than you were planning on in how
3 patients do respond to a therapy or or not.
4 Anyway, those are just some thoughts.

5 DR. NARENDRAN: Thank you.

6 Just going back to this question, we'll
7 focus back on question number 2, the discussion
8 question. Discuss your view on the contribution
9 Study 0061 on the overall evidence of
10 effectiveness. So do people want to weigh in?

11 Dr. Shiner, let's start with you.

12 DR. SHINER: I guess this is more of a
13 question. I see this question as really being
14 about the rules that a pharmaceutical company can
15 expect when they participate in this process. And
16 if they've met the criteria, their drug should be
17 approved; if they haven't met the criteria, their
18 drug should not be approved.

19 So hearing from FDA colleagues, it sounds
20 like two positive pivotal trials would get you
21 approved, but there are some cases where there is a
22 strongly positive phase 2, and then the FDA says,

1 "Well, it would make sense to only have to do one
2 pivotal trial because it's been so positive, and it
3 will be hard to do two pivotal trials."

4 It doesn't sound to me like this was the
5 case here. It sounds to me like there was an
6 exploratory trial that allowed the company to
7 decide what comparisons they wanted to make rather
8 than a strongly, strongly positive phase 2 trial,
9 and the recommendation to do two pivotal trials,
10 one pivotal trial was negative and the other
11 pivotal trial was positive, and then there was a
12 backwards look at the phase 2 data.

13 I don't get the impression -- and please
14 tell me if I'm wrong -- that this meets the normal
15 criteria for not having two positive pivotal
16 trials. So in my own opinion, based on my
17 understanding of what you just said, I don't feel
18 all the questions about 061 aren't even relevant
19 because I don't feel that we can include the data.

20 DR. NARENDRAN: Go ahead.

21 DR. BURACCHIO: Hi. This is Teresa
22 Buracchio. I was just going to address the comment

1 about the rules. I don't think we would consider
2 them rules; they're more guidelines, ways to think
3 about the data, good practices. But we do consider
4 the data itself, and we also consider it in the
5 context of the disease. We are dealing with a
6 serious disease. We are dealing with a disease
7 that has unmet need. There are some approved
8 therapies. There is need for more tools in the
9 toolbox, so to speak. So we do consider that
10 broader context.

11 As I mentioned earlier in one of my earlier
12 comments there, we typically look for really
13 rigorously designed studies with prespecification
14 of outcomes, and hierarchical or control for
15 multiplicity, but there can be situations where we
16 can find the data so persuasive, or the need so
17 great, that we are able to be flexible and consider
18 that data in the broader context, and perhaps give
19 it more weight than we might have if we didn't have
20 those other contexts.

21 So it an art, I would say, to sometimes say
22 can we meet substantial evidence of effectiveness

1 or not? So I just want to get away from the idea
2 that there are absolute rules. There's what we
3 typically see, what we would typically expect, best
4 practices, but we do want to take the context of
5 the disease and the data that we have in front of
6 us.

7 DR. NARENDRAN: Thank you.

8 Dr. Ballon?

9 DR. BALLON: Jake Ballon, Stanford
10 University. I feel, to use maybe like a sports
11 analogy, this is like the World Series. We've gone
12 back and forth, and game 1 went to 071, and maybe
13 that went to two or three games worth, and now
14 we're going back and forth.

15 So we're in the seventh game, and it's tied,
16 and we're getting towards the end of the game. Did
17 061 hit a grand slam to win the game? I don't
18 think it did, but did maybe somebody kind of walked
19 across the plate and just enough?

20 I think, for me, I hear back and forth
21 Dr. Dunn and treatings around the sertraline
22 response, and I think those are very compelling and

1 concerning. I hear concerns about, well, did the
2 sponsor adequately make a statistical plan in
3 advance or not, and there are discrepancies between
4 the FDA's view and the sponsor's view. My take on
5 that is maybe that was poor communication rather
6 than malfeasance, and when the statistics were
7 being done by the company, they had done a
8 prespecified plan, and they just maybe hadn't
9 communicated it well. So I kind of give that one
10 towards the finding as opposed to being suspicious
11 of the finding.

12 So when all is thrown into the wash, to me,
13 we do see that there was a pretty reasonable
14 finding in the direct comparator arm, the one that
15 we're looking at, in comparison to 071 and 072. So
16 while it's not a slam dunk, to mix sports
17 metaphors, it is, to me, just enough over the line
18 to be compelling.

19 DR. NARENDRAN: Dr. Coffey?

20 DR. COFFEY: Yes. Chris Coffey. So I'll
21 take a slightly different sports analogy view on
22 that. In my mind, 061 is like the close scrimmage

1 college basketball teams do before the season
2 starts, where it gives you evidence on the team,
3 it's very informative, but it doesn't count for
4 your NCA tournament selection criteria.

5 So the challenge that I see here is I think
6 061 was a good study. It provided evidence of
7 effectiveness. And I think if only two studies in
8 front of us were 071 and 061, this would be a
9 different discussion. But in my mind, 061 supports
10 the effectiveness that 071 showed, but it can't
11 offset the negative -- let me reiterate that.

12 In my mind, 072 and 071 were positive
13 studies in that they answered the question they
14 were set out to do, definitively; they were just in
15 different directions. And I'm struggling with how
16 061, given that Study 072 exists, could offset a
17 study that did not answer the same question that
18 071 set out to do.

19 DR. NARENDRAN: Dr. Shaw?

20 DR. SHAW: Hi. Pamela Shaw. I would like
21 to say just two points with respect to this. And I
22 hear a little bit of an echo. I'm not sure if

1 other folks are muted or -- do you hear the echo or
2 is it just me?

3 DR. NARENDRAN: We hear you. No echo.

4 DR. SHAW: Okay. Great.

5 What I'd like to say is that with respect to
6 061, there's a lot of discussion about the false
7 positive rate and how to handle those p-values, and
8 the company made a reasonable presentation. The
9 things that I think are objectionable statistically
10 is, were there five p-values, or were there three
11 p-values? In one argument, there were four
12 p-values; what corrections should we make?

13 But that type 1 error discussion is really
14 not the question we had. The experiment that is
15 being put before us, that we need to worry about
16 that type 1 error rate, is we're going to do two
17 studies -- for the sake of argument, we're going to
18 call them 071 and 072 -- and we're only going to
19 accept the results of those studies if they're both
20 positive. And if one of them is negative, we're
21 going to look to the past and take something that's
22 not random that we already know is in the bag, and

1 we're going to use that instead.

2 So that is why I think a lot of folks,
3 particularly Dr. Coffey who just spoke, and others
4 are having a really hard time figuring out how 061
5 could be added into the evidence formally to
6 somehow negate 072 or even be admitted. I think
7 our first speaker was concerned that they couldn't
8 even look at it, and I think that's why; because
9 that is the operating characteristics that a
10 statistician is thinking about, is that post hoc,
11 decision making that is, is questionable.

12 Now, this is a situation where it's a
13 serious disease, there's a high unmet need, so we
14 can we think outside the box, and we've heard that
15 a couple times today. For me, it can't be what I
16 feel like a lot of folks are thinking about; okay,
17 score 1 for 061, score 2 for 071, and then we've
18 got this 3 to 2 to 1. That's not the right way to
19 handle the data.

20 So I don't think we can say, "Hey, we've got
21 two positive and one negative." We'd have to take
22 more formal meta-analysis considerations, and even

1 if we could forget about that post hoc nature, the
2 resounding null of 072 means when you put it
3 together statistically with 071 and 061, they're
4 not going to add up to convincing evidence
5 statistically. But we certainly can't simply
6 negate 072 and say, "Hey, we're going to approve
7 this drug based on two trials, 061 and 071." That
8 I have huge problems with. We have to think about
9 all three studies in that respect.

10 061 was very encouraging, but it can't, by
11 itself, put us -- and what was the sport's
12 analogy -- over the plate. It just doesn't add up
13 to convincing evidence across the three studies,
14 considering how null one of them was. I don't
15 think there's any meta-analysis that could be done
16 to come up with evidence that would be near what we
17 usually use or think about. So there's just a big
18 open question right now about the value of the
19 combination of the monotherapy, in my mind, and 061
20 didn't help answer it. Thank you.

21 DR. NARENDRAN: Thank you.

22 Dr. Raskind, virtual?

1 DR. RASKIND: Yes. Hi. Thanks for seeing
2 me long distance. The issue of context I think is
3 important here because we're dealing with a
4 situation where both of these drugs are available.
5 To me, having some evidence from one study and
6 looking at other sources for a new drug, that
7 otherwise would never see the light of clinical day
8 if not approved, would move me more toward a less
9 rigorous evaluation.

10 But here we have two drugs that are not
11 going to go away. We've got them. And if a
12 clinician wants to use those drugs in combination,
13 or use them sequentially and the second as
14 adjunctive if the first did not provide reasonable
15 clinical benefit, which would be my choice, that's
16 available in the clinic. So it's not like we're
17 deep-sixing brexpiprazole, which is a good
18 antipsychotic, atypical antipsychotic, and it's
19 there on our formulary if I want to use it in
20 combination with an SSRI. So I'm leaning toward
21 the more rigorous standard for this proposed
22 combination medication, and thank you

1 DR. NARENDRAN: Thank you, Dr. Raskind.

2 Dr. Simon?

3 DR. SIMON: The specific question of what
4 does Study 061 add, I think we've heard some
5 concerns about changes in the analysis plan, which
6 would put it in the category, to me, of modest
7 rather than convincing evidence. But also, I need
8 to add the qualifier modest support for the
9 effectiveness of the combined treatment over
10 sertraline alone in a population where sertraline
11 alone did not work well. The other thing where
12 Study 061 stands out is sertraline is essentially
13 equivalent to a placebo in that study population.

14 DR. NARENDRAN: Let's hear that again.

15 DR. SIMON: They're clearly looking at the
16 history of sertraline trials. There are some
17 patient populations among which sertraline works
18 well and others among which sertraline works
19 poorly. Study 061 was a population, for whatever
20 reason, in which sertraline worked poorly, so the
21 combination treatment seemed to have modest
22 evidence of its effectiveness there. Had it been

1 by chance, as would be in some of the previous
2 sertraline trials, a population where sertraline
3 worked very well, I doubt we would have seen any
4 advantage.

5 DR. NARENDRAN: Makes sense. Thank you.

6 Dr. Dunn?

7 DR. DUNN: Walter Dunn, UCLA. To follow up
8 on Dr. Simon's comment, when I looked at 061, the
9 first thing that jumped out at me is why did the
10 sertraline, our active comparator, did not separate
11 from placebo given that that is the primary
12 comparison that the sponsor is seeking? It did not
13 behave as expected. And there's been discussion
14 about assay sensitivity, and even though they did,
15 quote/unquote, "detect a difference," how much can
16 we trust that difference? Is it a spurious result?

17 Then, the next kind of logic is, well, why
18 didn't sertraline behave as expected? And one
19 possibility that I've been reiterating over and
20 over again is that the subject population is
21 different than the combination population, and,
22 potentially, they have a higher treatment of

1 resistance.

2 So it sounds like we've moved in the right
3 direction but we haven't gotten the definitive
4 answer, unfortunately, and we're probably not going
5 to get it today. I think the E-TRIP numbers would
6 have helped to see that either the presence or
7 absence of resistance was comparable between the
8 different arms.

9 Then further beyond that, there are some
10 aspects about the E-TRIP questionnaire that are
11 problematic. For example, this threshold of
12 8 weeks of treatment before you get a score, before
13 it's recognized that that was a failed treatment, I
14 think as most clinicians would probably agree,
15 that's a long time to ask a patient to stay on a
16 medication that is clearly not working.

17 So I think with all those things taken
18 together, that's a big X against 061. I don't
19 think it's a fatal flaw, but certainly it is
20 something that would keep me from saying that 061
21 shows definitive superiority in the combination
22 treatment over monotherapy.

1 The other things about the statistical
2 analysis plan, I'll certainly defer to my
3 statistical colleagues on that. But, again, these
4 are all things that bring into question how much
5 can we trust the outcomes for 061. Then again,
6 looking at how much of an advantage, even if we say
7 that, okay, we trust the results but we're looking
8 at a 5-point advantage over monotherapy alone,
9 which presently is standard of practice, should we
10 deviate from that? I don't know if the evidence
11 across both studies compels us to do that.

12 As Dr. Simon mentioned, there's potentially
13 a differential response. That's something we can't
14 predict a priori, so we have to go through the
15 exercise of trying the monotherapy first, and if it
16 doesn't work, then we can potentially move to a
17 combination treatment. But that's not what these
18 studies were designed to look at. These studies,
19 the label, the indication that is being sought, is,
20 start a combination treatment without any evidence
21 of any SSRI failure. Thank you.

22 DR. NARENDRAN: Dr. Thomas, who is virtual.

1 DR. THOMAS: Sorry. I just wanted to get to
2 the question of the contribution of overall
3 effectiveness. I don't know, given some of the
4 statistical concerns, as well as the population
5 that was chosen, that it would amount more to trend
6 data, at best. And we probably wouldn't even be
7 discussing it at that level, that it wouldn't be
8 brought, if the level of need weren't so
9 significant that you would have to look for
10 something like that. But as to whether that swings
11 the balance or not, that's what question 3 is going
12 to be about. But I'd say, in terms of this
13 contribution, it's low to very little.

14 DR. NARENDRAN: Thank you.

15 Anybody else want to weigh in? I think
16 we've heard a lot about 061.

17 From my own personal opinion -- Raj
18 Narendran -- I also feel it's very difficult to
19 substitute the effects of this trial given the
20 statistical issues. It was really an exploratory
21 trial, so it was to give you hypothesis. And now
22 to go back and try to understand how much it

1 contributes, to substitute for substantial
2 effectiveness, I just don't think I can do it based
3 on this.

4 To move on to discussion, I heard a lot of
5 people concur that it's difficult to use 061 to
6 determine the drug's effectiveness in itself or
7 substitute for 072; however, I heard that it does
8 indicate, modestly, low to moderate, shows that the
9 combination is effective.

10 I don't know how that helps in terms of the
11 agency. Does that make sense? It's a judgment
12 call. Sorry.

13 Next, we'll move to question number 3.
14 Based on the available data, and with consideration
15 of the known risks of brexpiprazole and sertraline
16 individually, discuss the acceptability of the
17 proposed concurrent initiation treatment paradigm.

18 Anybody want to go first? Dr. Simon?

19 DR. SIMON: First, a question about the
20 question. That sentence, there's no period there,
21 so I wanted before the end of it to be, "compared
22 to what?" This would be meaning compared to the

1 current state of nature, and going back to what
2 Murray Raskind said a few minutes ago, the current
3 state of nature being sertraline available,
4 approved for treatment of PTSD; brexpiprazole
5 available, sometimes prescribed, but not officially
6 approved for this purpose. So we're seeing
7 acceptability of the combined treatment being an
8 approved indication compared to this state of
9 nature, not compared to nothing.

10 DR. NARENDRAN: I'll let agency answer that
11 clarification.

12 DR. MANTUA: Yes. Valentina Mantua, FDA.
13 We're asking, in terms of concurrent initiation, in
14 other words as a first-line treatment. So that
15 would be a patient comes to you, and you give both
16 the drugs together. In the context of available
17 evidence, this is what was discussed in question 1
18 and 2.

19 DR. FARCHIONE: Yes, the lack of a period is
20 just a typo.

21 DR. NARENDRAN: Dr. Block?

22 DR. BLOCK: Laura Block, patient rep. While

1 I don't feel comfortable with the p-values because
2 of maybe when the analyses were chosen, but I see a
3 trend in 061 that looks good. And then I see 071,
4 which is everything it's supposed to be. And we
5 can't really understand why everybody improved with
6 072. But everybody in every test, or in every
7 assay, every trial, we see that the patients are
8 improving. And as a patient, that sounds pretty
9 good to me. And when I look at the side effect
10 profile, yes, there are some significant side
11 effects there, but they don't really overlap very
12 much. So if one of them causes a problem because
13 we started them at the same time, it's likely to be
14 fairly clear who the trouble child is, and then
15 make adjustments that way. That's it.

16 DR. NARENDRAN: Dr. Ballon?

17 DR. BALLON: Jake Ballon, Stanford. First
18 of all, I really appreciate the conversation that
19 we've had, and Dr. Shaw and Dr. Coffey, the
20 statistical analyses have been really helpful for,
21 again, thinking about this on-the-line kind of
22 question here.

1 I think when it comes to this question, the
2 idea of concurrent initiation, Dr. Raskind's point,
3 has been echoing throughout my head, throughout,
4 which is these medicines already exist. And I go
5 back and forth in thinking, well, this is not an
6 Otsuka advisory board meeting where we're advising
7 them on how to make a study, or how to sell a drug,
8 or whatever, and should this combination be
9 approved or not. The question is not whether or
10 not I would use it, or would rather actually start
11 with sertraline first and then see if it
12 failed -- which is probably what I would do in my
13 clinical practice.

14 But I think the part that Dr. Raskind
15 brought up that I think has also been helpful for
16 me thinking about this, too, is this idea that
17 since that already exists, since this is
18 something -- again, we aren't really adding
19 anything new to the armamentarium. We're giving an
20 imprimatur from the FDA, potentially, that says
21 this works. But the data is out there. People can
22 make their decisions, and they can use these

1 medications how they want.

2 And there's nothing in the proposed studies
3 that is using different dosages of the medications
4 that wouldn't otherwise be available like we see
5 with some combination pills, where, okay, maybe you
6 would really only want a tiny little bit of one of
7 the medicines that had standard dosing or standard
8 packaging, and you couldn't achieve that. Here,
9 everything that we have discussed is achievable in
10 the clinic already. So the idea that that raises a
11 little bit the standard as to whether or not a
12 combination pill should be approved is important.

13 I think, for me, also, as a person who
14 predominantly treats schizophrenia, where I think
15 of Rexulti as a low-risk medication compared to
16 some of the other medications that I use, as I zoom
17 out and think about Rexulti versus the other
18 proposed medications for PTSD or for depression,
19 weight gain, akathisia, and the like, suddenly take
20 on a different level of risk than I am otherwise
21 accustomed to thinking about when I'm thinking
22 about Rexulti as a medication, and that also

1 changes things for me as well.

2 DR. NARENDRAN: Thank you.

3 Dr. Dunn?

4 DR. DUNN: Walter Dunn, UCLA. For this
5 question, I'm interpreting it primarily as the
6 risks and the potential adverse effects of this
7 combination treatment. I think most clinicians
8 would agree that across clinical trials, the
9 adverse effects are vastly underappreciated, and
10 once we put them into clinical practice, when these
11 patients are on these medications for years and
12 years, we really see a lot of weight gain, and we
13 see a lot of tolerability problems that were not
14 reflected in the pivotal trials.

15 So I think, overall, the big question for me
16 is knowing that antipsychotics can cause real
17 problems, especially with long-term use, and the
18 modest benefit that the combination treatment
19 potentially can offer -- again, that's with a big
20 caveat because I don't actually even know if there
21 is really a benefit. But again, given the benefit
22 of a doubt, even if we give them the 5 points, I

1 actually don't know if all that weight gain and
2 potential EPS problems and TD is worth that.

3 I'd be interested to have a conversation
4 with a patient and lay it out in front of them to
5 see if that's something they would be willing to
6 accept without even trying sertraline first. So
7 that would be one of my main considerations here.

8 The other thing is that even if we got the
9 label, or even if the sponsor got the label, how
10 would this play out in clinical practice? How
11 would this play out with the payers? As
12 Dr. Raskind pointed out, we are really not adding
13 an additional treatment option; these things are
14 already available. Perhaps a label would compel
15 third-party payers to cover this.

16 I would have a hard time believing that
17 third-party payers would cover this as a first-line
18 therapy. They are probably going to require some
19 type of failure first of an SSRI before covering
20 brexpiprazole. And then we're in the space of this
21 is actually not the population that these studies
22 looked at, so none of this data would be supportive

1 of that deployment of brexpiprazole.

2 So I think, again, that's out of the scope
3 of the FDA. This is real-world considerations, but
4 those are the things I'm thinking about when
5 considering if this should be a label for a
6 first-line treatment.

7 DR. NARENDRAN: Thank you.

8 Dr. Simon?

9 DR. SIMON: To me, it's interesting to think
10 about the references today, the history of
11 sertraline's approval for treatment of PTSD, where
12 it took four trials to find two that were positive;
13 yet, a 50 percent hit rate, pretty much the same
14 here, except we have one in one. And sertraline
15 passed, but I think the fundamental difference is
16 sertraline was the first pharmacotherapy approved
17 for treatment of PTSD, so it really wasn't a
18 situation where we got this or nothing; while this
19 situation, going back to what Murray Raskind has
20 reminded us of a few times, that's really not the
21 situation here. We're not talking about this or
22 nothing.

1 DR. NARENDRAN: Thank you.

2 Dr. Fiedorowicz, who is on virtual.

3 DR. FIEDOROWICZ: Thank you. Jess
4 Fiedorowicz, University of Ottawa. Related to the
5 question about concurrent initiation, that does
6 raise some concern, as was raised by speaker
7 number 7, Kim Witczak, talking about the risk of
8 adverse events. But I think it's worth noting
9 that, on the other hand, many patients with PTSD
10 will have had prior treatment trials, and
11 combination drugs aren't precedented. And for
12 better or worse, starting two drugs does happen in
13 real-world practice.

14 I think the things that would be especially
15 compelling to make a rationale for a combination
16 drug would be either evidence of synergy, and that
17 could be theoretically through some sort of
18 biologically plausible mechanisms; or empirically
19 with direct testing of synergy such as if we
20 approach the analysis of 061 as a two-by-two
21 factorial study, which it doesn't look like was
22 part of the approach of the plan; or ideally both,

1 evidence of biological plausibility and empirical
2 evidence to support. And I guess the other piece
3 that would be compelling is if there was some
4 rationale that the combination mitigated toxicity
5 in some way, which I don't think we see here
6 either.

7 DR. NARENDRAN: That's great. Thank you.
8 Dr. Shaw, who's virtual as well.

9 DR. SHAW: Yes. Thank you. Pamela Shaw.
10 Really, actually, I will make my comments shorter
11 because I think the last speaker was really well
12 spoken, the last two speakers.

13 We have a different standard for approving a
14 combination because of some of the risks that are
15 added on, that we would want this drug to be
16 superior in some way. They're more safe and more
17 efficacious than the monotherapy alone. So that's
18 the efficacy that I'm thinking about.

19 I guess the second point is, what I hear
20 from discussion of clinical practices is how it
21 might likely be used is in a way that it was not
22 studied, in that people would be thinking about,

1 "Oh, this person did not respond to sertraline
2 alone, so I'm going to add on this other thing,"
3 and that a label, also what I heard, would
4 encourage that behavior, as something that you
5 should think about. So that makes me very nervous
6 about a label when we think, if the bar for a
7 combination really should be that combination needs
8 to add something over monotherapy.

9 So -- I think the conversation started with
10 Greg -- I wanted something after efficacy in this
11 discussion question. It's a very specific kind of
12 efficacy I think we need to think about for
13 combinations, which I think is some of the themes
14 of the comments here. Thank you.

15 DR. NARENDRAN: Thank you.

16 Dr. Thomas, who is virtual as well.

17 DR. THOMAS: Yes. I think it's been
18 summarized pretty well before, is that given how
19 this would actually be used and whether it's above
20 and beyond what's already available, and that there
21 are existing things going on, it's unclear to me
22 that it rises to the standard that you would need

1 for a co-initiation.

2 DR. NARENDRAN: Thank you.

3 Dr. Raskind, do you want to add in,
4 virtually?

5 DR. RASKIND: No, I think I've already
6 caused enough trouble.

7 DR. NARENDRAN: Thank you, Dr. Raskind.

8 I will try to summarize this. I don't have
9 much to add other than what was elegantly said.

10 So what I hear is, in the real world,
11 co-initiation may not be a preference of how people
12 will use this. People may still be forced to start
13 sertraline and then add brexpiprazole. Third-party
14 payers may enforce that. A patient's preference
15 may allow for that. I also heard that
16 co-initiation could lead to, in the real world, a
17 lot more risks related to the brex in the
18 population of PTSD, unlike in a psychotic disorder
19 population, which is much more attuned to using
20 these medications that could cause weight gain,
21 akathisia, EPS.

22 I also heard that the efficacy of the

1 5-points benefits in itself doesn't give people the
2 thrust to think that they would co-initiate, the
3 clinicians who'd start it, because the efficacy is
4 not really solidly shown. So that summarizes
5 question number 3.

6 We will now proceed to question 4, which is
7 a voting question. We will be using an electronic
8 voting system for this meeting. Once we begin the
9 vote, the buttons will start flashing and will
10 continue to flash even after you have entered your
11 vote. Please press the button firmly that
12 corresponds to your vote. If you're unsure of your
13 vote or you wish to change your vote, you may press
14 the corresponding button until the vote is closed.

15 After everyone has completed the vote, the
16 vote will be locked in. The vote will then be
17 displayed on the screen. The DFO will read the
18 vote from the screen into the record. Next, we
19 will go around the room, and each individual who
20 voted will state their name and vote into the
21 record. You can also state the reason why you
22 voted as you did, if you want to. We will continue

1 in the same manner until all the questions have
2 been answered or discussed.

3 The voting question is, based on the
4 available data presented, has the efficacy of
5 brexpiprazole, when initiated concurrently with
6 sertraline, been established for the treatment of
7 PTSD? Please provide your rationale and indicate
8 the specific information on which you base your
9 vote, after the vote.

10 Any questions about the question? It's
11 pretty clear.

12 (No response.)

13 DR. NARENDRAN: If there are no further
14 questions or comments concerning the wording of the
15 question, we will now begin the voting process.

16 Please press the button on your microphone
17 that corresponds to your vote. You will have
18 approximately 20 seconds to vote. Please press the
19 button firmly. After you have made your selection,
20 the light may continue to flash. If you are unsure
21 of your vote or wish to change your vote, please
22 press the corresponding button again before the

1 vote is closed.

2 (Voting.)

3 DR. FRIMPONG: Joyce Frimpong, Designated
4 Federal Officer. For the vote, there's 1 yes and
5 10 noes, and no abstentions.

6 DR. NARENDRAN: Now that the vote is
7 complete, we will go around the table and have
8 everyone who voted state their name, vote, and if
9 you want to, you can state the reason why you voted
10 as you did, for the record.

11 I'll start with Dr. Coffey.

12 DR. COFFEY: Yes. Chris Coffey. I voted
13 no. In essence, while I feel like Study 061
14 supports the effectiveness that Study 071 showed,
15 it really doesn't offset the discordant finding
16 from 072. So I don't think it reaches the level to
17 say that it has been established at this point,
18 based on the totality of the evidence.

19 DR. NARENDRAN: Dr. Simon?

20 DR. SIMON: I voted no. I believe that
21 Study 071 is supportive, Study 072 is clearly
22 negative, and Study 061 can only provide suggestive

1 or modest evidence. So I don't believe that the
2 efficacy has been well enough established.

3 DR. SHINER: Hi. My name is Brian Shiner,
4 VA Vermont Healthcare System. I voted no because,
5 in my opinion, looking at 071 and 072, it's just as
6 likely that the drug does not work when added to
7 sertraline as it does, so I don't think it's worth
8 the risk.

9 DR. NARENDRAN: Dr. Ballon?

10 DR. BALLON: Jake Ballon, Stanford. I voted
11 no. I went back and forth a lot. I came to this
12 hearing, having read through things, thinking I was
13 on the fence but leaning towards yes. I think,
14 having listened to all of this, I'm compelled to
15 think about legal standards and, to me, I think we
16 have probable cause to believe that this
17 combination pill works, but I'm going to need at
18 least preponderance of the evidence, maybe not
19 necessarily beyond a shadow of a doubt, but
20 certainly preponderance of the evidence to be able
21 to do it, and this doesn't quite get there for me.

22 I do, though, want to really recognize the

1 public comments, particularly around the need for
2 more treatments, and to make make it very clear
3 that I share that opinion; that I recognize that it
4 is difficult to find treatment, particularly in
5 rural areas; that this hearing is largely focused
6 on psychopharmacology when, in fact, psychotherapy
7 treatments can be very effective for PTSD. And
8 while that can be difficult to replicate, there
9 were very few people who'd received psychotherapy
10 in any of these trials, and that is important.
11 Written exposure therapy and many other types of
12 therapies can be very effective. So I want the
13 folks who are maybe disappointed perhaps by this
14 vote to keep that in mind.

15 I know that people have been through a lot,
16 and they've tried a lot of different things, and
17 the idea that we were going to get a new medication
18 perhaps might be disappointing. We have talked
19 about how these medicines do exist; that this
20 evidence with probable cause of being effective
21 would be compelling to prescribe off label, in a
22 way that it wouldn't have been that way without

1 some of these studies; that it frames a
2 conversation around side effects, and risks, and
3 step-wise progression of treatment in a more
4 interesting way than if we hadn't had any of these
5 studies; but that it isn't the slam dunk that I
6 would want to start both of these medicines
7 together, nor do I think that that's a really safe
8 and purposeful treatment. So I just want to make
9 sure that that is clearly articulated and on the
10 record.

11 DR. NARENDRAN: Thank you.

12 Dr. Block?

13 DR. BLOCK: Laura Block, patient advocate.
14 While both of these individual component drugs are
15 on the market, a third-party payer isn't likely to
16 pay without an FDA-approved indication. So that
17 means that there are those who are going to have
18 difficulty accessing this before it is approved.
19 And those who can't afford to pay out of pocket, I
20 hate to think that they might have to wait another
21 four years to see something happen.

22 I do want to be certain that we don't offer

1 destructive false hope. I would love to see, no
2 matter whether this is approved or not, either a
3 phase 3 or phase 4 study with 12 weeks at a stable
4 dose to see do those numbers continue to trend;
5 does the CAPS-5 get better over time; and maybe
6 even have a control for the kind of therapy that's
7 offered. Maybe there's a modality and a small
8 stable of practitioners that are offering therapy
9 using telemedicine to help control another
10 variable, and maybe also the genetic tests that you
11 all had talked about. I would love to see what
12 that were, to look at. Thank you very much.

13 DR. NARENDRAN: Thank you.

14 Raj Narendran. I voted no. I struggled a
15 lot with this as well. I felt like one trial
16 looked so promising, and the other, just trying to
17 find something in the phase 2 trial that could
18 convince me that it could work. I think the
19 reality is another phase 3 trial is what's
20 necessary, which is identical to 071 at this point.

21 DR. DUNN: I'm Walter Dunn, UCLA. I voted
22 no. I'd like to start by saying I'm a strong

1 advocate for increasing treatment options. This is
2 something that our field lacks, especially tools
3 that really differentiate themselves and aren't
4 just another me-too drug. So as Dr. Buracchio
5 mentioned, if this was a significant major advance,
6 I think I would think a little bit differently
7 about it. This approval process is an art. There
8 are not strict guidelines as far as this is what
9 you definitely need to get approval. I think I may
10 have been swayed if, again, this represents a major
11 advance in the field. At best, I think it's
12 potentially incremental.

13 Even if 071 and 072 were positive,
14 unequivocally positive, I would still take pause as
15 far as how this would change our practicing
16 guidelines. As Dr. Simon mentioned, this is a
17 heterogeneous population, and even if we
18 demonstrate a 5-point improvement, which is,
19 potentially, not even clinically significant, I
20 would probably still start off with monotherapy,
21 see if I get my patients better, and if not, then
22 proceed to combination treatment.

1 We see this all the time in the practice of
2 medicine. I think Dr. Ballon would appreciate that
3 we do not start off treating our patients with
4 schizophrenia with our most effective drug. At
5 least in this country, we don't start off with
6 clozapine because of the side effect profile. We
7 start off with other medications that have less
8 side effects. And if and then they don't improve,
9 then we go to something with a higher side effect
10 burden.

11 This is the way I think about this. So even
12 if it was unequivocally advantageous, 5 points on
13 the CAPS, I would still be hesitant about changing
14 my practice guidelines. And I can't imagine that
15 the VA, or any other algorithm out there, would
16 recommend starting off a combination treatment,
17 especially in a population that has not been shown
18 to be treatment resistant.

19 I think this speaks to the fact that FDA
20 approval and an FDA label means something to
21 clinicians and patients. It instills confidence
22 that the evidence for these things is not

1 equivocal, but that we have confidence that these
2 things work. And primarily, because 061 is
3 questionable, I don't think it meets that level of
4 evidence and confidence. And I think we should
5 endeavor to maintain that for FDA labels and
6 approvals because this is what our patients and our
7 clinicians depend on.

8 So I think it shouldn't be taken lightly
9 that we approve things because there is one
10 positive trial and some supportive evidence. I
11 think it really should be convincing, especially if
12 the benefits are not that large compared to what we
13 have in terms of standard of care. Thank you.

14 DR. NARENDRAN: Now, I'll move to our
15 virtual panel members. Dr. Fiedorowicz?

16 DR. FIEDOROWICZ: Yes. Jess Fiedorowicz,
17 University of Ottawa. I also voted no. Clear
18 plans for managing type 1 error are essential for
19 an adequate and well-controlled study, and they
20 were missing from Study 061. So brexpiprazole plus
21 sertraline doesn't meet the agency's typically
22 required two adequate and well-controlled studies

1 to meet that standard.

2 The agency ultimately will need to decide
3 whether the lower bar of one positive study plus
4 confirmatory evidence is justified. They gave some
5 examples of when this might be considered such as
6 in the cases of rare diseases or if there are
7 really compelling or clear results. In the case of
8 PTSD, as highlighted today, this certainly wouldn't
9 be a rare disease. In fact, it's common and has a
10 tremendous public health impact.

11 Our discussions, starting with the
12 interpretation of Study 061, I think the robustness
13 of that discussion argues against those results
14 being interpreted as being compelling or clear in
15 some way. Then, as Dr. Raskind noted, and I think
16 was quite influential in later conversation, this
17 treatment is still available without indication, so
18 it's not like this is going to be mothballed as a
19 result.

20 I also would support further study. I think
21 there are some encouraging signs here. Obviously,
22 071, is glowingly positive, and I think there are a

1 lot of things to be encouraged about in 061 as
2 well, but not crossing that bar, in my opinion.

3 DR. NARENDRAN: Thank you.

4 Dr. Raskind?

5 DR. RASKIND: Yes. I don't want to be
6 repetitious, so I won't, but I do want to repeat
7 one thing. And that is, if there is a tiebreaker,
8 to use another sport analogy, I would strongly
9 encourage the sponsors to include an adequate
10 sub-sample of combat veterans with combat trauma
11 PTSD. They may be pleasantly surprised.

12 DR. NARENDRAN: Thank you.

13 Dr. Shaw?

14 DR. SHAW: Hi. Pamela Shaw. I voted no, I
15 think for many of the reasons that were already
16 stated that I won't repeat. But I will say, for
17 me, really -- and there was excellent discussion of
18 speakers, I think, in total today across the
19 board -- it's important to think about that
20 risk-benefit balance and to have confidence, not
21 just hope that it's there. So in lacking that
22 confidence, I had to vote no. Thank you.

1 DR. NARENDRAN: Thank you.

2 Dr. Thomas?

3 DR. THOMAS: Patrick Thomas, Baylor College
4 of Medicine. I voted no, again, for a lot of the
5 reasons that were previously stated. I just want
6 to note that the FDA said there have been times
7 when they've looked at phase 2 as helpful, but that
8 it's more, say, in rare cases or indications where
9 there's not much out there, which isn't the case
10 here. But even in times when they've done
11 that -- for example, there was approval of Relyvrio
12 in 2022, which was based on positive phase 2
13 results but failed to show a significant difference
14 in phase 3 trial, and was later removed from the
15 market in 2024 -- that speaks to when there's need,
16 it's very compelling.

17 I feel for the veterans and those who suffer
18 from trauma who are looking for new tools. As
19 others have stated, we need confidence, and the
20 stamp of the FDA helps to provide that. But it has
21 to mean something, and we have to be diligent about
22 the standards for that. Those are my thoughts.

1 DR. NARENDRAN: Before we adjourn, any
2 closing comments from the agency?

3 DR. FARCHIONE: This is Tiffany Farchione.
4 I just want to thank everybody who is here today,
5 thank the folks who gave public comments, and
6 especially thank the folks who participated in the
7 clinical trials. I realize that this is probably
8 not the vote that the applicant had expected or
9 hoped for but, again, like Dr. Ballon was saying, I
10 think this was still very valuable information to
11 have and can still help with clinical practice.
12 So, again, thank you all for your discussion today
13 and for your time, and I'll pass it back over to
14 you, Raj.

15 **Adjournment**

16 DR. NARENDRAN: It sounds good. I echo
17 those comments. Thanks again to the sponsor, and
18 all the panel members, and the agency. You guys do
19 incredible work. We really appreciate it, and
20 we'll adjourn the meeting now. Thanks.

21 (Whereupon, at 3:54 p.m., the meeting was
22 adjourned.)