

# Protecting Your Food Choices

The FDA regularly tests food products to ensure they are safe and accurately labeled. **We tested products labeled as honey to see if they contained undeclared added sweeteners.**



In 2025, FDA conducted a study collecting honey samples from retail stores and at the U.S. border and analyzed them in FDA laboratories.

**Here's what we found.**



## The Results: Good News for Honey Lovers

We tested **102 honey samples**, including 54 domestic samples and 48 import samples, for undeclared added sweeteners. These products were for sale or intended for sale in the U.S.

**The good news:** The majority of honey products tested were in compliance.



**Results:** Among the 102 samples, four samples contained added sweeteners that were not disclosed on the label. The samples from these brands did not meet FDA's requirements for labeling honey blend products - **Bee Well, Aygee, Granada Fine Foods, and Queen of America.**

**13%\***



**17%\***



**32%\***



**21%\***



*\*These are the percentages of undeclared added sweeteners in each of these violative samples.*

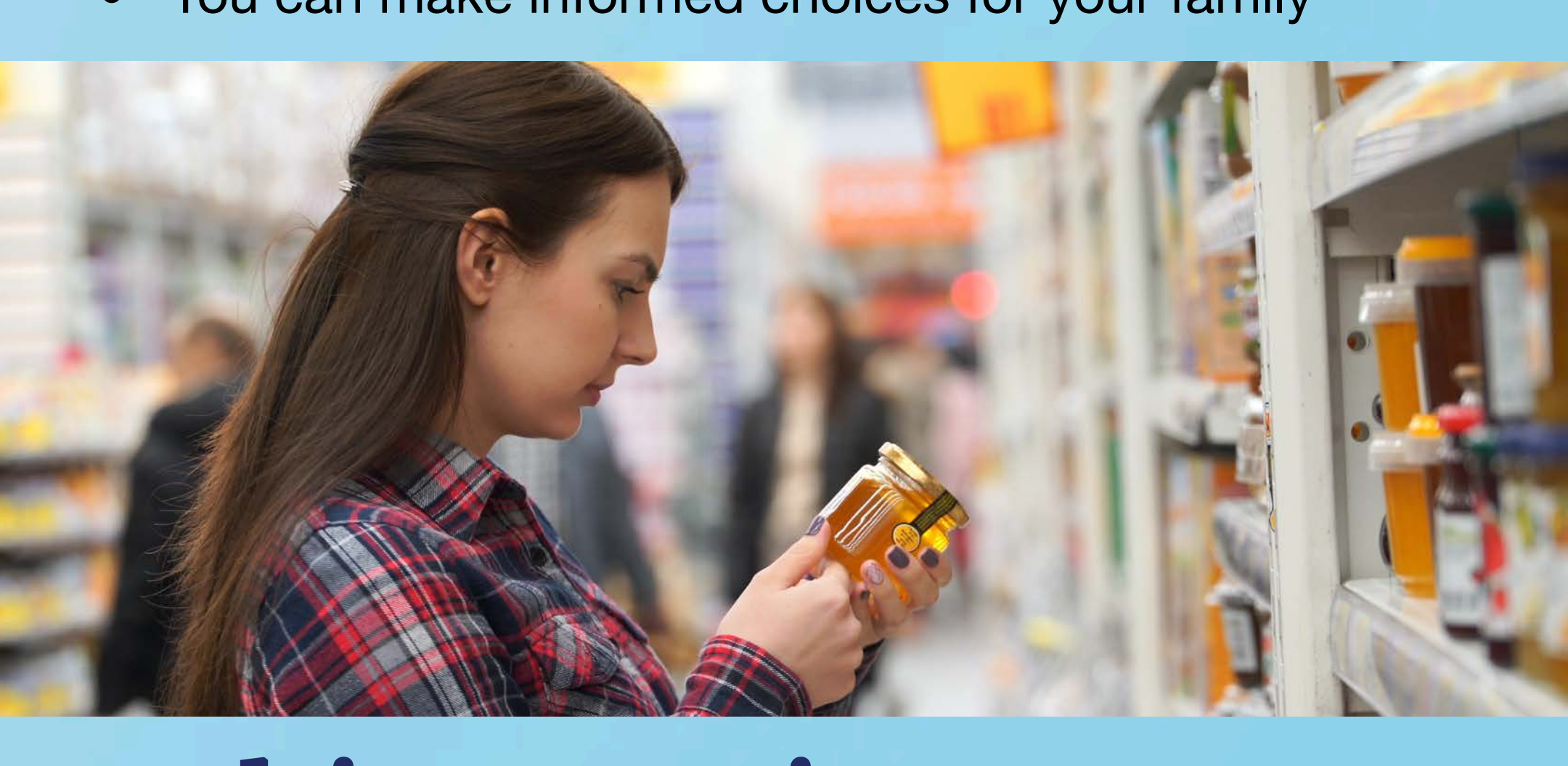
## Your Right to Know What You're Buying



When you purchase products labeled as honey, **you expect pure honey.** Undeclared added sweeteners, like corn syrup, can be less expensive alternatives some manufacturers use to stretch their product, *but they must be listed on the label.*

This testing helps ensure:

- You get what you pay for
- Product labels are truthful and not misleading
- You can make informed choices for your family



## Taking Action to Protect Consumers

For imported violative samples, we stopped the products and future shipments from entering the U.S. by placing the firms and products on import alert(s).

For domestic violative samples, FDA is working with firms on corrective actions, including potential recall(s).

## Looking Ahead

The FDA will continue to:

- Monitor honey products to ensure industry compliance
- Develop and refine methods to improve the detection of undeclared sweeteners to protect consumers
- Collaborate with U.S. and international counterparts to combat food fraud

For details on the sampling study, visit [FY25 Sample Collection and Analysis of Domestically Produced and Imported Honey for Economically Motivated Adulteration](#)

