

# Opportunities & Challenges with IR-MR Lipid Based Formulations (LBFs)

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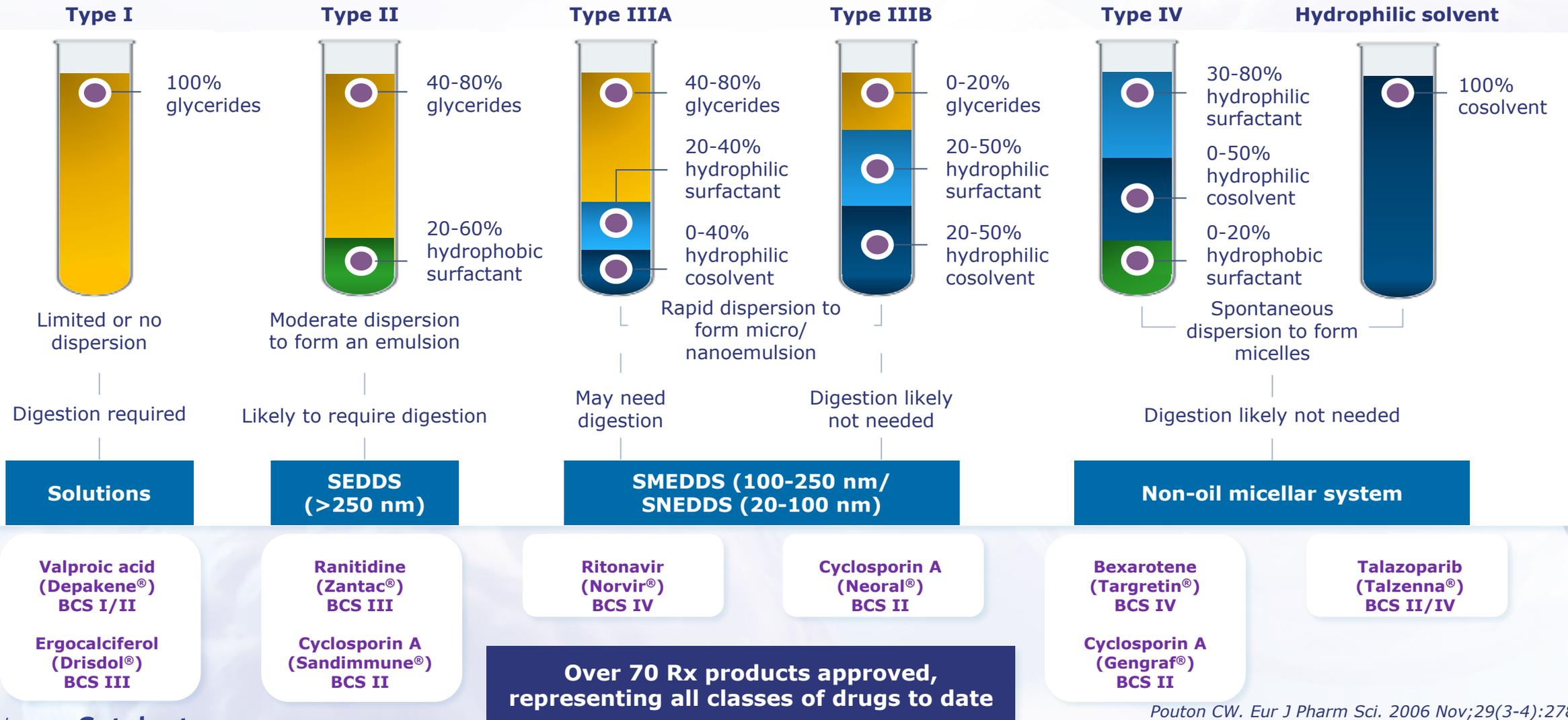
05

Food Effect & IVIVC

06

Conclusion

# LBFs (Self Emulsifiable - Type I to IV) Have the Ability to Solubilize Lipophilic Compounds, Increase Absorption & Improve Delivery



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# Select Examples of FDA Approved Drugs with LBF in Softgels Including Suspension Fills

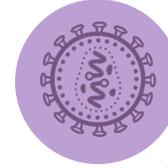
## HORMONAL DISORDER

- Calcifediol ER softgel/**Royaldee**<sup>®</sup>
- Vit D analog; **BCS II/IV**
- Approved 2016
- **Suspension based ER softgel**



## INFECTIOUS DISEASE

- Ritonavir /**Norvir**<sup>®</sup>
- Protease inhibitor
- **BCS IV**
- Approved 1996



## IMMUNOLOGY

- Voclosporin/**Lupkynis**<sup>®</sup>
- Immunosuppressant
- **BCS II**
- Approved 2021



## WOMEN'S HEALTH

- Estradiol & Progesterone/**Bijuva**<sup>®</sup>
- Hormones; **BCS II/IV**
- Approved 2018
- **Suspension**



## RESPIRATORY

- Nintedanib/**Ofev**<sup>®</sup>
- TK Inhibitor; **BCS II**
- Approved 2014
- **Suspension**



## TRANSPLANT MEDICINE

- Cyclosporine/**Neoral**<sup>®</sup>
- Immunosuppressant
- **BCS II**
- Approved 1995



## MEN'S HEALTH

- Testosterone undecanoate/**Jatenzo**<sup>®</sup>
- Hormone
- **BCS II**
- Approved 2019



## ONCOLOGY

- Midostaurin/**Rydapt**<sup>®</sup>
- Kinase inhibitor
- **BCS II**
- Approved 2017

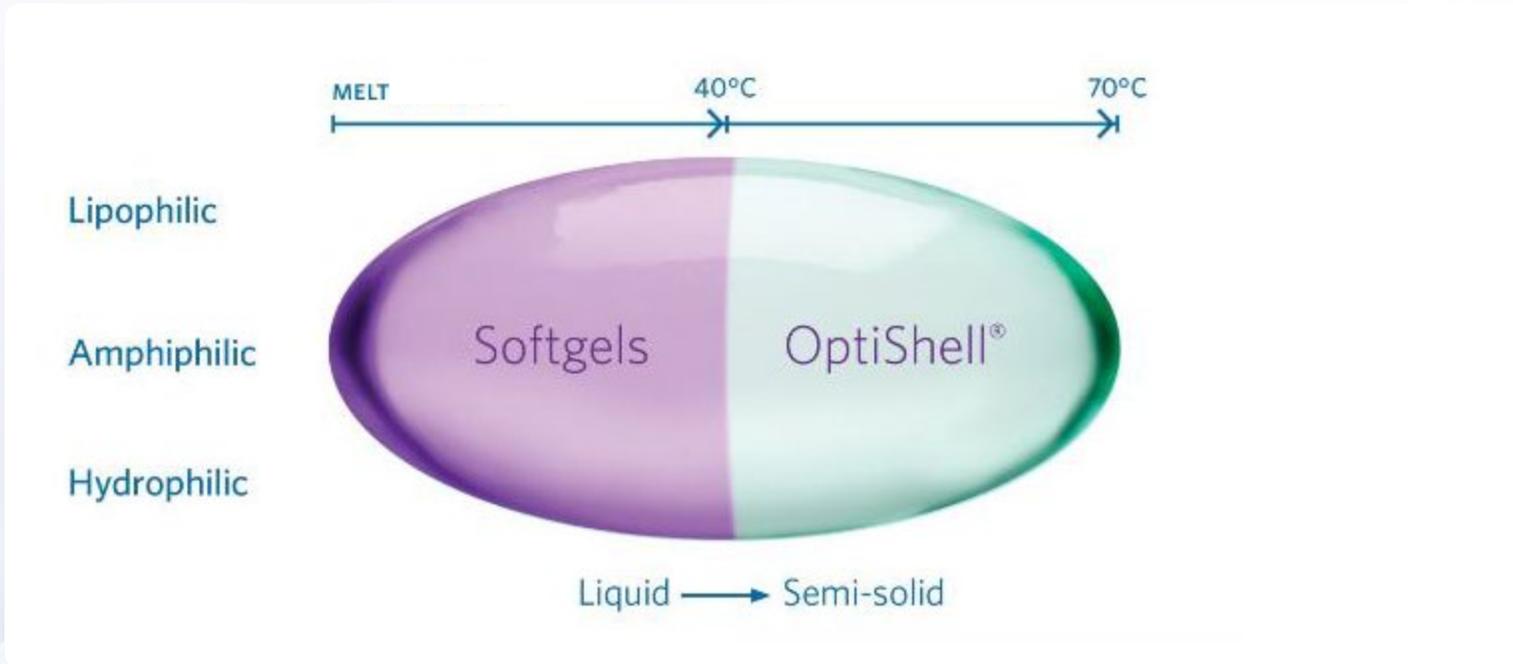


## DYSLIPIDEMIA

- FFA formulation of EPA & DHA / **Epanova**<sup>®</sup>
- **BCS II**; Approved 2014
- **Delayed release coated**



# MR/ER Lipid Based Formulations Using Non-Gelatin (OptiShell®) Softgels

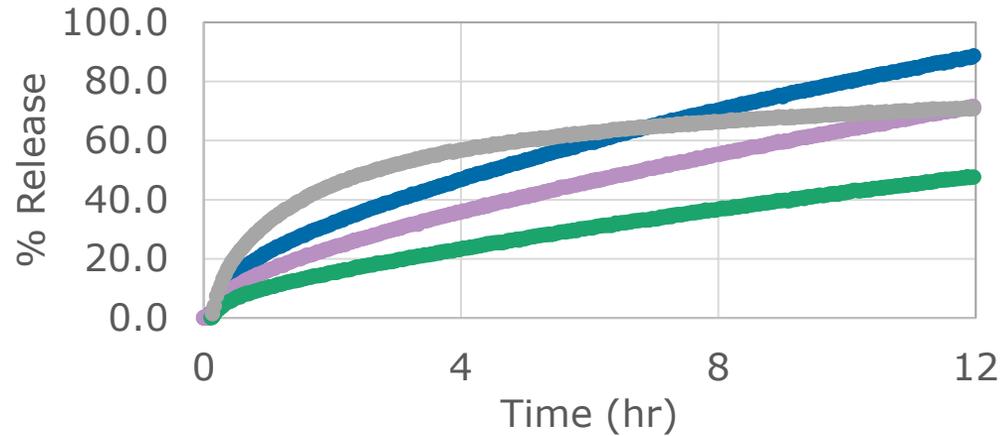


<b>SHELL COMPOSITION</b>	<b>Gelatin</b>	<b>Carrageenan</b> and modified starch
<b>FILL TEMPERATURES</b>	<b>Lower</b> (up to 40° C)	<b>Higher</b> (70 - 80° C)
<b>FILL FORMULATIONS</b>	<b>Solutions</b> and <b>suspensions</b>	+ <b>Semi-solid</b> and <b>highly viscous</b> fills
<b>EXCIPIENTS RANGE</b>	Wide	Wider
<b>pH LEVELS</b>	<b>Slightly acidic to neutral</b>	<b>Slightly acidic to alkaline (up to pH 12)</b>

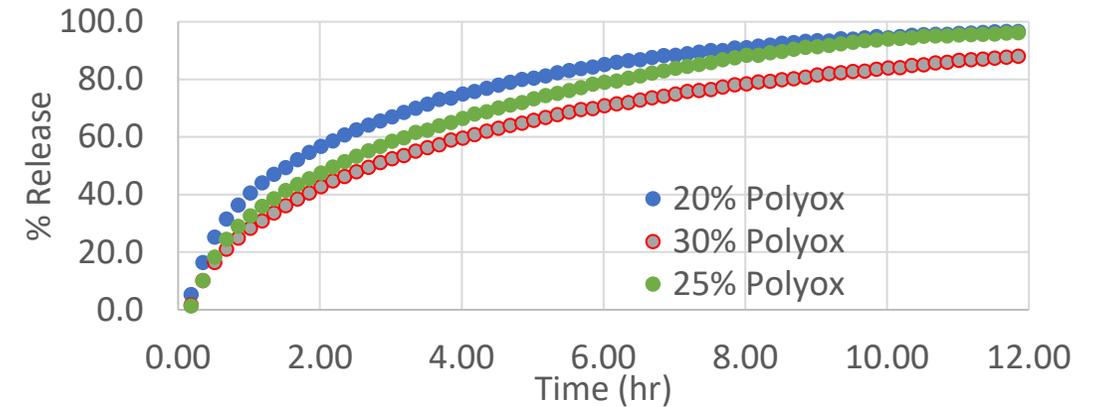
- OptiShell® (Carrageenan based) is developed as an **alternative to traditional gelatin softgels**
- It utilizes **plant-based materials**, addresses dietary & ethical concerns with animal-sourced gelatin
- **First semi-solid ER fill containing Calcifediol (Rayaldee®) in softgel delivered by OptiShell® is FDA approved in 2016**

# Modified Release Fill Matrix Types Suitable for Encapsulation

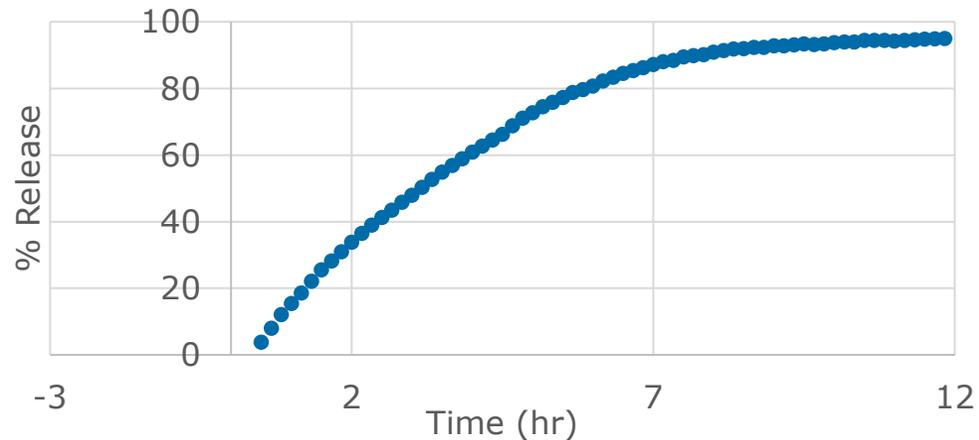
## Combination of Lipid-Cellulose Matrices



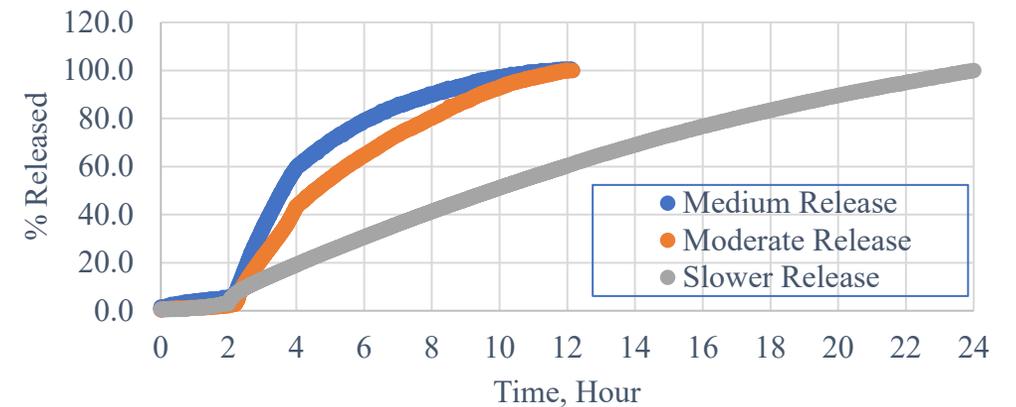
## PEO Based ER Matrices



## Lipid Based ER Matrice



## Enteric Shell & Sustained Release Fill (Dual Control)

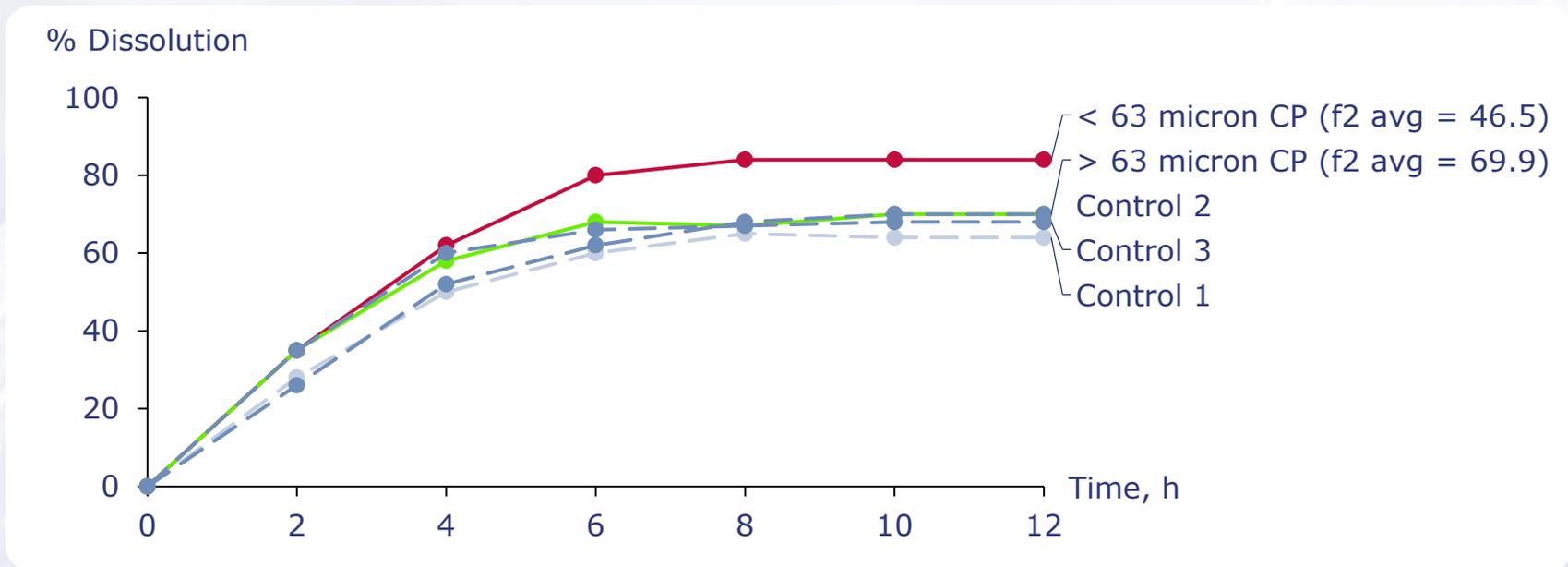


# Effect of Cellulose ER Polymer Particle Size on Dissolution from ER-LBF Softgel

- LBF-MR fill matrix with low & high particle size containing cellulose polymer were filled into softgels
- Release profile determined using fiberoptic probes

	Batch 1	Batch 2	Batch 3	Batch 4	Batch 5
Analyte	Model drug	Model drug	Model drug	Model drug	Model drug
Cellulose polymer (CP)	Unaltered (control)	Unaltered (control)	Unaltered (control)	Polymer with <63 $\mu\text{m}$ (small particle size)	Polymer with >63 $\mu\text{m}^*$ (large particle size)

\* Process not optimized; presumably smaller particles of polymer remained on top of mesh



Altering the polymer particle size while keeping all other excipients & manufacturing parameters constant, dissolution is significantly different ( $f_2 < 50$ ) with change in particle size

# Delayed Release (DR) Softgels for Lipid Based Formulations

## Comparison of Enteric Coated vs Pectin Based OptiGel® DR Softgels



	Enteric Coated	OptiGel® DR
<b>Protecting Acid-sensitive APIs</b>	Yes	Yes
<b>Reducing Gastric Reflux &amp; Irritation</b>	Yes	Yes
<b>Enhancing Absorption of Certain APIs</b>	Yes	Yes
<b>Manufacturing</b>	Multistep & complex	Single step & simple

**Pectin** is a **natural polymer** in IIG & used in Rx products

OptiGel® DR (**gelatin+pectin**) - **Single step** manufacturing process

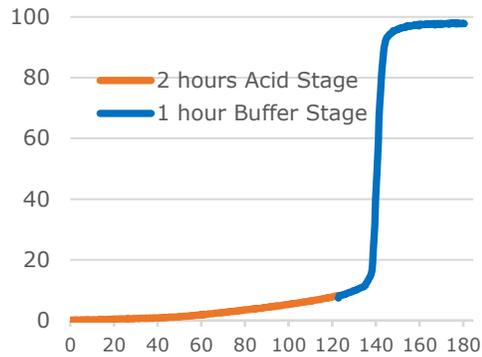
Excellent capsule **robustness**

**First enteric/delayed release** Rx softgel, **Stavzor®**; using gelatin-acrylate; FDA approved-2008

**First Rx delayed release coated** softgel, **Epanova®**; FDA approved-2014

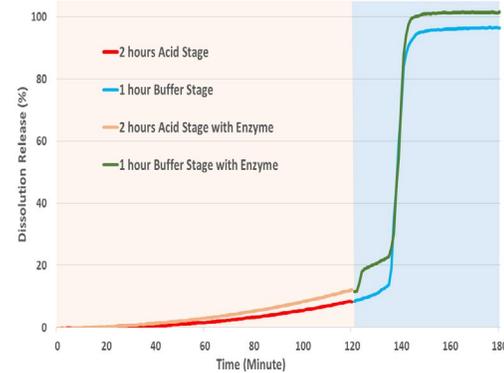
# Delayed Release Softgels: Testing Dissolution in Various Media Beyond USP/EP is Critical to Demonstrate Robustness

## 2-Stage Dissolution



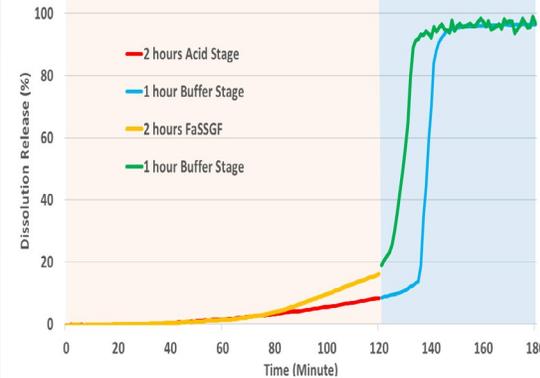
- Softgel **stayed intact in acidic medium & then ruptured** followed by immediate release of content in buffer

## 2-Stage: With or Without Enzyme



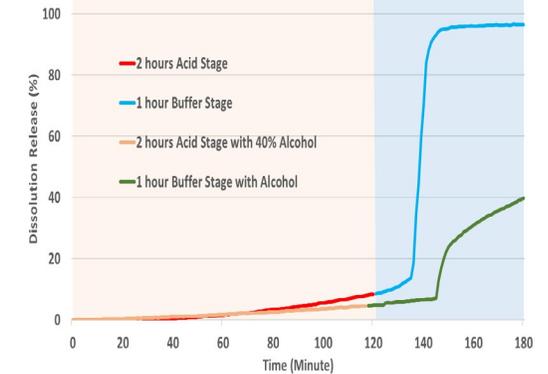
- Softgels **stayed intact in pH 1.2 medium with & without pepsin** for 120 min, **then ruptured & released within 25 min in buffer.**
- **No significant effect** on enteric performance with enzymatic medium

## Fasted State Simulated Gastric Fluid



- Softgels **stayed intact in FaSSGF** medium for 120 min **then ruptured & released content within 25 min in pH 6.8 buffer**

## Alcohol-Containing "Dose Dumping" Medium



- Alcohol-containing (40% ethanol) had no impact in acidic media (**no dose dumping effect**) which is desired but slowed the release in buffer

# Key Formulation & Manufacturing Challenges

## Poor solubility & solubilization

Screening with lipid excipients

## API migration into shell

Select shell-compatible lipids, excipient combinations that prevent API migration

## Lipid oxidation or fill degradation

Add antioxidant; minimize heat, light, avoid oxygen exposure

## Phase separation / crystallization

Use co-solvents + surfactants and suspending agents and conduct challenge studies

## API precipitation in GI fluids

Use surfactants & develop SEDDS or SMEDDS

## Incompatibility between fill & shell

Pre-screen fill-shell; optimize water & plasticizer

## Viscous fill variability

Apply precise temperature controls; use heated tanks & stirrers

## Emulsion/suspension stability/fill homogeneity

During scale up, bulk fill holding & encapsulation

- Overcoming poor solubility, GI precipitation & phase separation requires tailored use of excipients, surfactants, SEDDS/SMEDDS & stable co-solvent blends
- Preventing drug migration, oxidation & solvent loss demands strategic excipient & antioxidant selection, shell pre-screening & tight process controls
- Monitor droplet size, crystallinity & peroxidation during stability studies



# Formulation Strategy: Fill & Shell



## Reference & Characterization

Source multiple RLD batches

Measure fill weight

## Disintegration & Dissolution

Dissolution and rupture test

Develop early dissolution profiles

## API & Excipient Profiling

Perform API assay & RS on RLD

Dispersibility & digestibility

## Excipient Risks

Quantify antioxidant

Select matchable excipient grades

## Shell Composition & Analysis

Identify gelatin type- IEP and GPC

Analyze bloom strength & MW

## Shell Excipient Profiling

Quantify plasticizer

Evaluate water content in shell

## Shell-Fill Compatibility

Perform API migration assay on washed shells

Compare cross-linking with disintegration

## Final Optimization

Set shell-processing parameters

Validate shell stability across shelf life

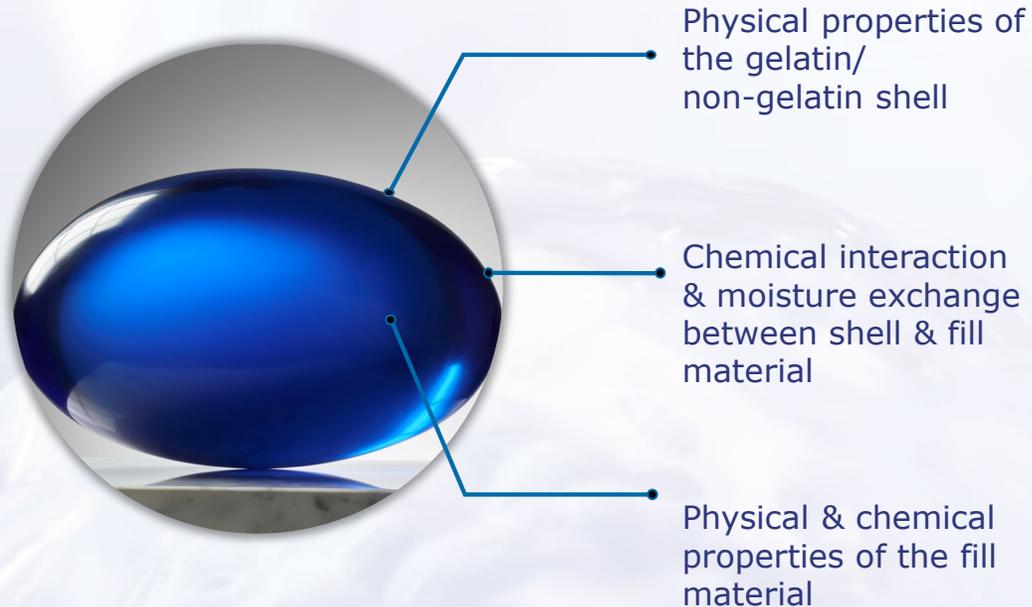


### Note:

***For generic development, important to match the functional performance of the RLD, excipient selection must consider both biopharmaceutical impact & global regulatory acceptability***

# IR-MR Lipid Based Formulations - Analytical Challenges

## Developing a Discriminating Dissolution Method Requires Understanding of Shell & Fill Interactions



Challenge	Proven Solutions
Compounds with little to <b>NO UV</b> chromophores	Alternative detection techniques (e.g. CAD, ELSD & LC-MS)
<b>Low-dosage API</b> with <b>LOW UV</b> chromophores	Optimized sample prep to enhance sensitivity, derivatization & applying alternative detection like LC-MS
Excipients that <b>interfere with UV</b> detection	Selective extraction techniques to isolate API from excipients, exploring non-UV detection
<b>Complex lipid matrices</b> affecting sample preparation	Advanced sample prep methods, including whole softgel digestion, liquid nitrogen softgel crack extraction & liquid-liquid extraction

# Case Study 1: Cross-Linking - Enzyme & Surfactant Addition

## Challenges

- Softgel **rupture is delayed** by pellicle formation on the external gelatin surface resulting in lower and/or incomplete dissolution

## Approach

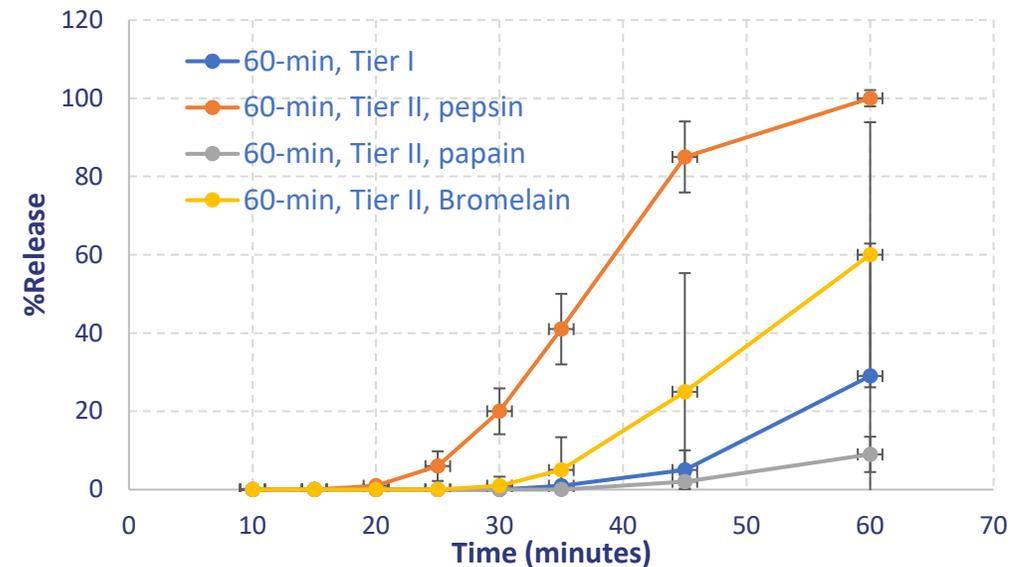
- Enzymatic media – types of enzyme
- **Time of surfactant addition to enzymatic media**
- pH of media
- Assessment & validation of Tier II method prior to implementation
- Expose capsules to formaldehyde to force cross-linking of gelatin as a part of assessment

## Key Insights

- Media is pH 4.5; **pepsin outperformed** papain & bromelain, designated by USP at this pH range

## Results

### 60-min exposure time, Tier II Enzyme Study



- **Selection of appropriate enzyme & time when surfactant is added is critical**

# Case Study 2: Discriminatory Dissolution Method for Omega-3 Fatty Acid Release from Delayed Release Softgel

## Challenge

- **Failure to discriminate** omega-3 fatty acids release in USP/EP media -0.1N HCl media for DR softgels with different polymer (pectin) levels

## Approach

- USP App II Dissolution at 37°C
  - Paddle speed: 75 rpm
  - Media (900 mL):
    - 0.1N HCl
    - 0.1N HCl, pepsin 700,000 Units/L
    - 0.1N HCl, pepsin 700,000 Units/L, 2% SDS

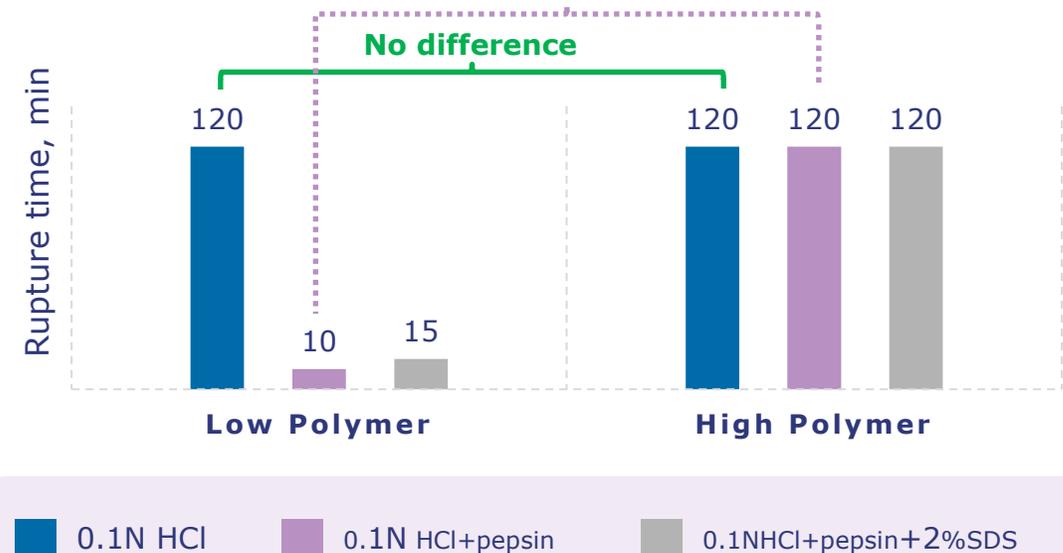
## Key Insights

- Softgels with 50% less polymer ruptured in 10–15 min in pepsin media vs. 2 h in USP/EP media
- High polymer softgel was unaffected by pepsin
- **Include discriminatory dissolution media to test robustness of the product**

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## Results

### Significant difference with enzyme addition



# Case Study 3: Impact of Temperature & Solid Lipid Matrix on Dissolution - Need for Optimizing Processing Temperatures

## Challenges

- Lipid based suspension **fill material with wax type** excipient

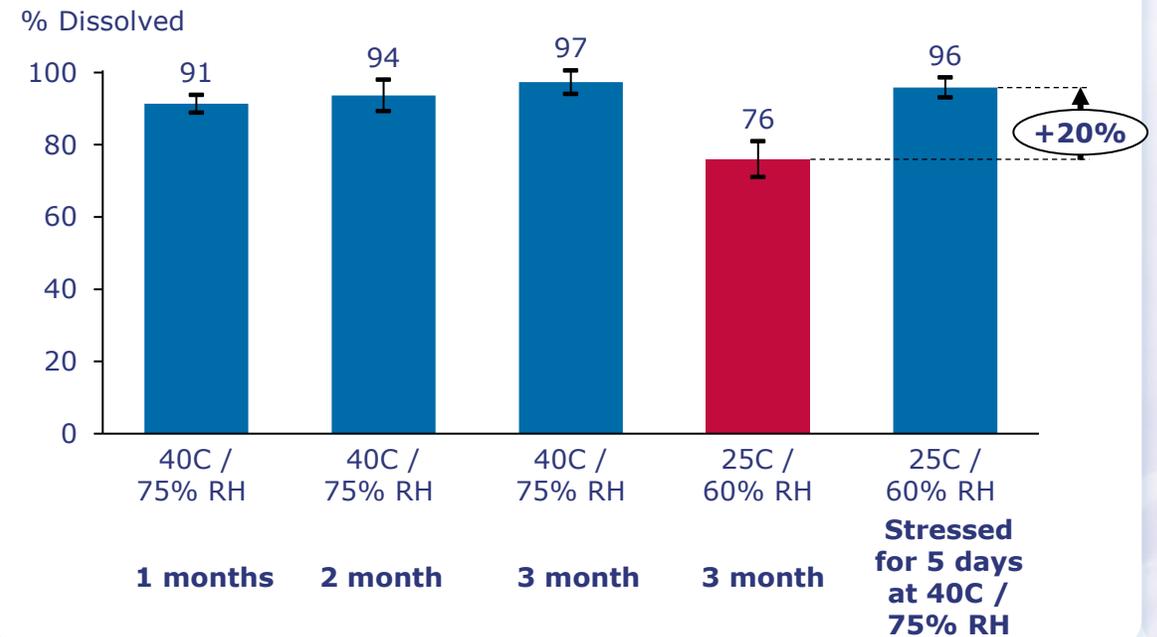
## Approach

- Dissolution was satisfactory at 40° C /75% RH **but OOS at 25° C/60% RH after 3 months** due to solidified lipid matrix that delayed the release
- Storing the RT samples at 40° C for 5 days & tested dissolution again with passing results

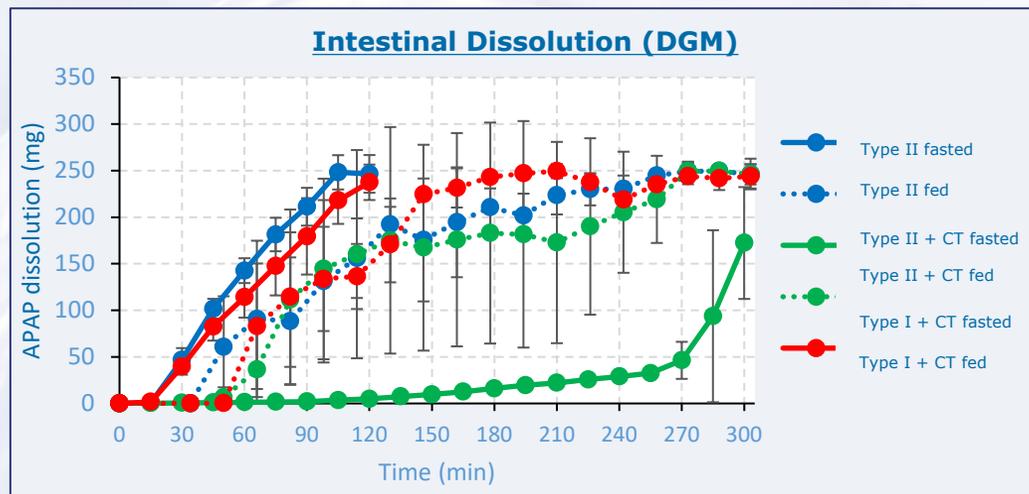
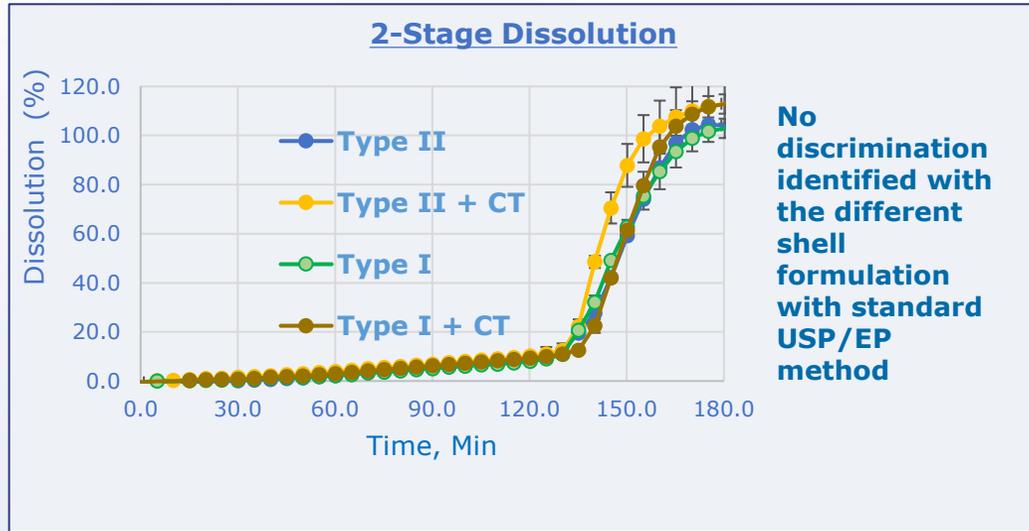
## Key Insights

- Modified the fill holding temperature to prevent solidification of the lipid matrix
- Fill manufacturing & fill holding temperature is critical in maintaining a fine balance between CU & dissolution

## Results



# Case Study 4: Conventional Dissolution (USP/EP) vs. Dynamic Gastric Model (DGM) to Predict in-Vivo performance



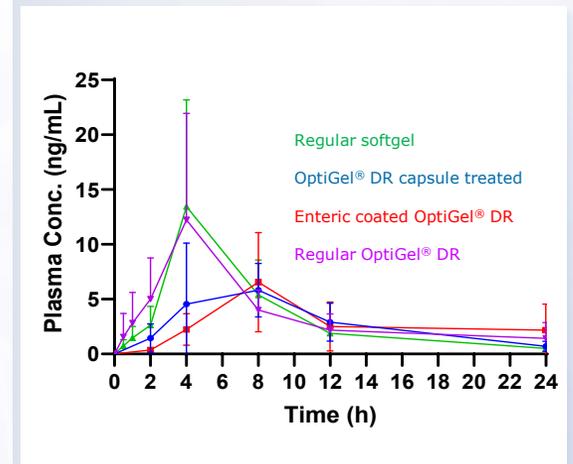
## Results

- USP/EP enteric test couldn't differentiate the 4 types of softgels
- DGM successfully identified the variations among the 4 enteric softgels
- Only Type II & Type II + CT managed to endure the high shear conditions of the antrum while in a fasted state using DGM

## Key Insights

- USP/EP enteric/DR methods are not discriminatory compared to DGM method

## Animal PK Study



- Study in fasted monkeys (n=6)
- OptiGel® DR softgels showed delayed plasma peak at 4–8 h
- No API detected at 1 h, confirming gastric resistance of DR softgels

# Why IVIVC Is Challenging For LBFs

**In vitro gaps:** Current tests don't capture dynamic GI processes like pH shifts, bile flow, or lipolysis

**Food effect variability:** Fed vs. fasted states impact LBF performance, but hard to replicate in vitro

**Formulation heterogeneity:** Diverse LBF types complicate standardized dissolution testing

**Translation challenge:** Animal-validated models often fail to reflect human GI physiology

The % of solubilized drug in FaSSIF/FeSSIF can be correlated with the amount of drug absorbed in vivo.  Multiple examples showed Level A IVIVC <sup>1</sup>

Drug	In Vitro Dissolution	In Vivo	IVIVC
<b>Cyclosporin (SMEDDS)</b>	Dissolution at pH 1.2, 4.5, 6.8	Dog bioavailability	Strong Level A correlation between in-vitro and in- vivo fraction absorbed.
<b>Ritonavir (SEDDS)</b>	Dissolution in SLS (0.3–1%)	Human BA	Strong Level A IVIVC across SLS levels.
<b>Lopinavir (SEDDS)</b>	Dissolution at pH 6.0 with 2.3% SLS	Human PK	High IVIVC; linear correlation
<b>Arundic Acid (Type I)</b>	Dissolution at pH 8.0 & 6.8 with 2% SDS	Human PK	IVIVC achieved; pH 6.8 showed better correlation.
<b>Fenofibrate (SMEDDS)</b> <sup>2</sup>	Dissolution in FaSSGF & FaSSIF	Human PK	In silico model matched Cmax/AUC (within 0.8–1.25 range); supports IVIVC
<b>Fenofibrate (suspension)</b> <sup>2</sup>	Improved solubility over unformulated drug	Variable in vitro to in vivo	<b>No IVIVC</b>

Lipolysis-based models are more predictive for digestion-dependent formulations.  But IVIVC is more variable & influenced by species, bile flow & fed/fasted conditions <sup>1</sup>

Drug	In Vitro Lipolysis	In Vivo	IVIVC
<b>Halofantrine</b>	sSNEDDS performed superior to precipitating API	sSNEDDS, showed similar BA to precipitating formulation	<b>No IVIVC</b>
<b>Griseofulvin</b>	Rank: MCT > LCT > SCT > H <sub>2</sub> O	In vivo data matched in vitro rank order	Strong correlation
<b>Cinnarizine</b>	Higher BA for ASD	Crystalline & ASD in SNEDDS yield similar in vivo results	<b>No IVIVC</b>
<b>Dexamethasone</b>	MCT = LCT = SCT	Rank order: MCT = LCT = SCT	<b>No IVIVC</b> ; weak correlation in fasted state
<b>Danazol</b>	Rank: LC-SMEDDS > MC-SMEDDS	Rank order matched: LC > MC > SCT	<b>No IVIVC</b>
<b>Probucol</b>	Release rate: SMEDDS > SNEDDS > pure oil	Bioavailability matched: SMEDDS > SNEDDS > API	IVIVC obtained; strong correlation
<b>Vitamin D<sub>3</sub></b>	Rank: MCT > LCT > SCT	In vivo rats matched rank; bile cannulated rats did not	<b>No IVIVC</b> ; bile-dependent variation affected correlation

# Calcifediol/Rayaaldee<sup>®</sup> ER Capsules (Softgels & Hard Capsules)

## Formulation Lessons from Marketed Softgel Product



### Formulation Overview

Sensitivity to heat, light, and oxidation during manufacturing & storage

Encapsulation in opaque gelatin shells to protect from light exposure

Use of stabilizers & antioxidants to enhance shelf-life



### Release Profile

The extended-release profile is achieved via lipid-cellulose based matrix



### Generic Consideration

Generic calcifediol must replicate the reference product's extended-release profile across various pH & biorelevant media

Understanding of the lipid-cellulose matrix & its effect on release kinetics is critical

FDA expects BE under both **fasting** & **fed** states, even without food effect noted in labeling

Being an ER formulation **dose dumping risk** must be evaluated

# Food Effect & Implications for Generic Product Development – Recommended Bioequivalence Study Designs

Drug	DP Label	BE Study	Key Considerations
Midostaurin	Take with food	Fasted/Fed	Significant food effect; fasted & fed study required with PK endpoints
Testosterone Undecanoate	Take with food	Fasted/Fed	Significant food effect; fasted & fed study required
Nintedanib	Take with food	Fasted/Fed	Moderate food effect; fasted & fed study required

## FDA product-specific guidance

- [Midostaurin Oral Capsule](#), May 2022
- [Testosterone Undecanoate Oral Capsule](#), Mar 2021
- [Nintedanib Esylate](#), Sept 2015

## High-risk products

... (BCS-II) have complex formulation and/or manufacturing methods, such as solid dispersions, **microemulsions**, co-processed drug substances, **lipid-based formulations**... For these high-risk products, **BE studies should be conducted under both fasting and fed conditions**, irrespective of the drug product labelling with regard to food intake

**ICH HARMONISED GUIDELINE BIOEQUIVALENCE FOR IMMEDIATE RELEASE SOLID ORAL DOSAGE FORMS M13A, JULY 2024**

- Understanding formulation–food interactions is key
- Conduct **solubility vs precipitation** of the formulations **in biorelevant** media
- Employ **biorelevant media dissolution media** to better simulate GI conditions
- **Integrate in vitro data with PBPK** models to account for metabolism, food interactions to improve IVIVC predictability
- **In vivo validation** - Conduct in vivo studies in animals to validate in vitro findings and establish stronger correlations

# SMEDDS Enhances IVIVC in Preclinical Models, but Human Variability Challenges Translation for Cyclosporine LBFs

## Dissolution data

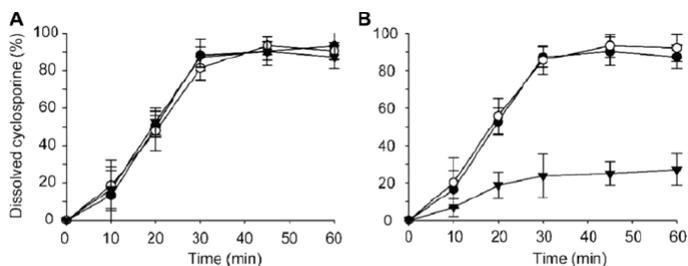


Fig. 1. (A) Dissolution of cyclosporine from test SMEDDS formula at pH 1.2 (●), pH 4.5 (○) and pH 6.8 (▼) dissolution medium. (B) dissolution of cyclosporine from the test (●), the reference I (○) and the reference II (▼) at pH 6.8 dissolution medium.

## Dog PK data

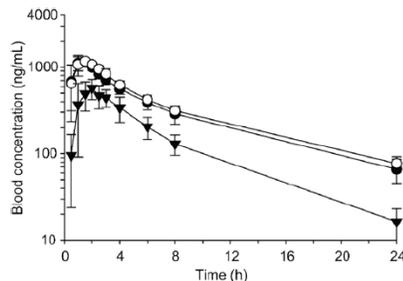


Fig. 2. Whole blood concentration-time profiles of cyclosporine after single oral administration of the test (●), the reference I (○) and the reference II (▼) against dogs at a dose of 100 mg (n=6).

## IVIVC

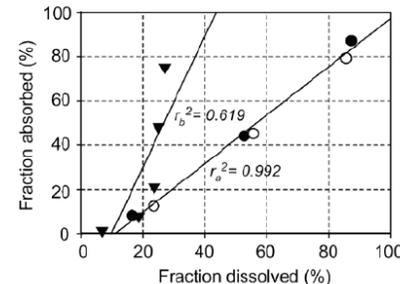


Fig. 3. Relationship between *in vitro* the fraction dissolved and *in vivo* the fraction absorbed:  $r_a^2$  (correlation factor) was acquired from the pooled data of the test (●) and the reference I (○), and  $r_b^2$  was acquired from the data of the reference II (▼) alone.

## IVIVC in Preclinical Model

Dog PK & *in vitro* dissolution of SMEDDS show a strong Level A correlation ( $r^2 > 0.9$ ), suggesting predictive power<sup>1</sup>

## Human Data

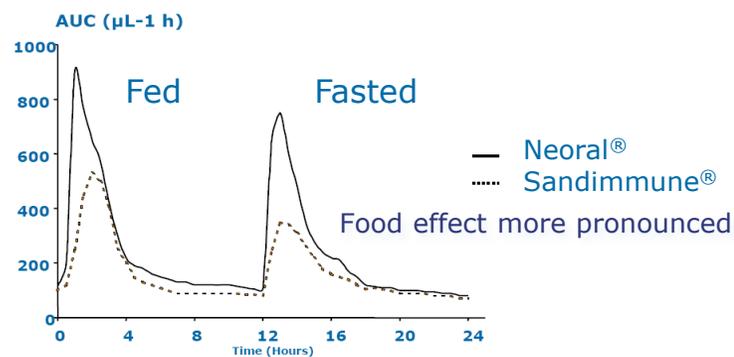
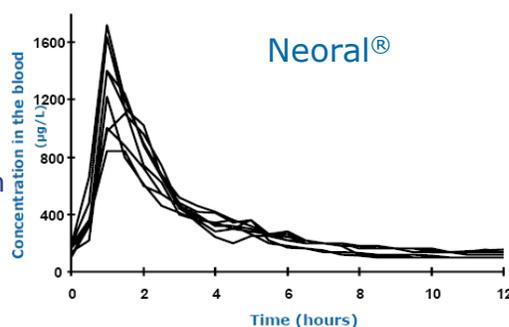
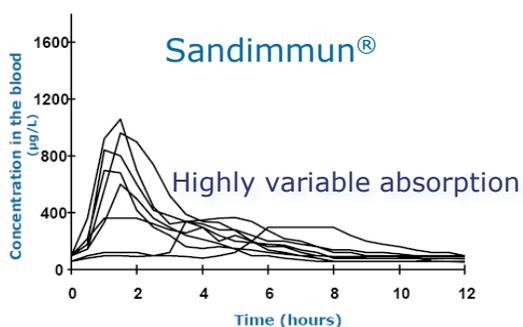
Variability in Neoral® absorption (fed vs. fasted, age, transplant type), with meta-analysis showing persistent variability despite improved bioavailability over Sandimmune®<sup>2</sup> Gengraf® - AB rated generic to Neoral® resulted in 39% organ transplant reject vs 25% for Neoral®.

## Why It Matters

SMEDDS improves consistency over non-SMEDDS, but human physiological variability challenges IVIVC translation, risking underexposure or toxicity<sup>2</sup> **IVIVC MUST BE CONSIDERED ON A CASE-BY-CASE BASIS particularly for NTDs**

versus

## Human PK data



# Key Takeaways

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- Lipid-based IR/MR systems are versatile
  - Broad utility for complex APIs covering BCS II, III & IV
  - Promising technology for **targeted protein degraders** & potentially for **macromolecules**
  - Understanding of formulation (fill & shell), analytical, process manufacturing & food effect is key for successful generic development
  - Need for better IVIVC predictive tools for LBFs
- 

**Lipid based formulations offer strong potential for generics — success depends on early, strategic resolution of formulation & development challenges**

# Proposed Research Areas for FDA on IVIVC for LBFs

## Gap

### **Current IVIVC guidance treats products with LBFs same as non-LBFs**

- The FDA's research should focus on developing & validating advanced in vitro models, integrating PBPK modeling, exploring mechanistic insights with novel technologies, addressing physiological & formulation challenges & standardizing methods.

## Research Areas

- **Advanced In Vitro Lipolytic-Permeability-Microsomal Metabolism Models:** Develop & validate in-vitro models that mimic human GI physiology & lipid digestion, drug release & absorption
- **Simulating GI Conditions:** pH-Stat lipolysis models mimicking GI & intestinal phases that account for pH gradients, enzymatic activity, bile salts, transit times, gastric retention (fed state), emptying should be studied
- **Address Any Limitations** associated with current IVIVC predictive systems like DGM™, TIM™, Gastroplus™, Symcyp™, STELLA®, Simcyp™, PK-Sim® software & encourage their use
- **Impact of Food:** Lipid digestion and lipid digestion products like mono & diglycerides & fatty acids on drug solubilization & integrate PBPK models with in vitro digestion data
- **Fund Studies Using PBPK–Food Interaction Modeling** to support risk classification of LBFs based on suspension vs solution formulations & for narrow therapeutic index (NTI) drugs
- **Define Decision Trees** or scoring systems for food-effect study requirements based on excipient class, lipid type, or dispersion behavior **for both solution & suspension** formulations & for NTI drugs
- **Revise IVIVC Guidelines:** Develop standardized in vitro digestion protocols validated for human data, ensuring consistency across studies to enhance IVIVC predictability for LBFs

TM  
**RP SCHERER SOFTGEL TECHNOLOGIES**  
A GLOBAL NETWORK OF 10 SOFTGEL SITES



- 1 ST. PETERSBURG, FL
- 2 BEINHEIM, FRANCE
- 3 APRILIA, ITALY
- 4 EBERBACH, GERMANY
- 5 BUENOS AIRES, ARGENTINA
- 6 SOROCABA, BRAZIL
- 7 INDAIATUBA, BRAZIL
- 8 KAKEGAWA, JAPAN
- 9 WINDSOR, CANADA
- 10 STRATHROY, CANADA
- 11 CHAM, SWITZERLAND
- 12 MONTEVIDEO, URUGUAY



**Thank You!  
Questions?**

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