

# **Post-Marketing Requirement (PMR) Study Results for Long-term Use of Extended-Release / Long- Acting Opioids in Patients with Chronic Pain**

**May 5, 2025**

Anesthetic and Analgesic Drug Products Advisory Committee  
Drug Safety and Risk Management Advisory Committee  
Opioid Post-marketing Consortium (OPC)



## **Opioid PMR Consortium (OPC) Introduction and PMR Overview**

**Alexander M. Walker, MD, DrPH**

Adjunct Professor, Epidemiology  
Harvard T.H. Chan School of Public Health

## Professional Background

- Connection with PMR 3033 goes back to early design of studies
- Principal in the research firm WHISCON
- Advised the OPC
- Headed coordinating center for Study 3033-2, the large insurance-claims-based cohort
- Served as lead investigator for Study 3033-8, one of the doctor/pharmacy shopping studies

World Health Information Science Consultants

## ER/LA Opioid Postmarketing Requirement Studies

| PMR #   | Study Description  | Study Purpose  |
|---------|--|--|
| 3033-1  | Prospective/cross-sectional study of misuse, abuse, and addiction via POMAQ and PRISM-5-OP                           | Assess incidence and risk factors for misuse, abuse, addiction, overdose, and death among participants prescribed ER/LAs |
| 3033-2  | Retrospective study of overdose and death in health records, insurance claims, death records                         |  |
| 3033-3  | Validation studies of POMAQ instrument to measure misuse and abuse: Qualitative                                      |  |
| 3033-4  | Validation studies of POMAQ instrument to measure misuse and abuse: Quantitative                                     | Develop and validate measures of misuse, abuse, and addiction  |
| 3033-5  | Validation study of PRISM-5-OP instrument to measure addiction   |  |
| 3033-6  | Validation of codes to identify opioid-related overdose in databases used in Study 3033-2                            | Validate coded medical terminologies to identify abuse/addiction, overdose, and death in databases                       |
| 3033-7  | Validation of diagnostic algorithm to measure abuse/addiction in administrative claims                               |  |
| 3033-8  | Cross-sectional study of doctor/pharmacy shopping in a prescription database   |  |
| 3033-9  | Survey study of doctor/pharmacy shopping in a prescription database vs self-reports                                  | Define and validate "doctor/pharmacy shopping" as outcome suggestive of misuse, abuse, and addiction                     |
| 3033-10 | Study of doctor/pharmacy shopping using medical record review  |  |
| 3033-11 | 12-Month, randomized, placebo-controlled, double-blind, parallel-group clinical trial in patients with chronic pain* |  |

\*Not part of today's discussion; ER/LA: extended release or long-acting; POMAQ: prescription opioid misuse and abuse questionnaire

## Studies Designed and Conducted with Independent Research Institutions

- Protocols collaboratively developed and agreed on after public hearings and discussions with FDA
- Experienced research centers led data collection and performed analyses
  - Kaiser Permanente Northwest (KPNW)
  - HealthCore
  - Optum Epidemiology
  - Vanderbilt University Medical Center (VUMC)
  - World Health Information Science Consultants (WHISCON)
- Institutions hold the study data

## PMRs to Assess Long-Term Use of ER/LA Opioids in Patients with Chronic Pain

### Observational Studies 3033-1 and 3033-2 Address Purpose of PMRs

1. Estimate the incidence of misuse, abuse, addiction, overdose, and death
2. Evaluate and quantify risk factors for these outcomes

# Quantify Incidence and Predictors for Misuse, Abuse, Addiction, Overdose, Death with Long-term ER/LA Use in Chronic Pain

CO-7

## Study 3033-1

Prospective Original Data Collection  
**Rx Misuse, Rx Abuse, Addiction**

### Study 3033-1 Design

- 12-month prospective cohort study in new recipients of long-term opioids
- Single interview cross-sectional study of patients with long-term opioid use

#### Validation Studies

| Outcome             | Instrument | Validation Study |
|---------------------|------------|------------------|
| Rx Abuse, Rx Misuse | POMAQ      | Study 3033-3/4   |
| Addiction (OUD)     | PRISM-5-OP | Study 3033-5     |

## Study 3033-2

Retrospective Health Database  
**Overdose and Death**

### Study 3033-2 Design

- 5-year retrospective cohort study in new recipients of long-term opioids

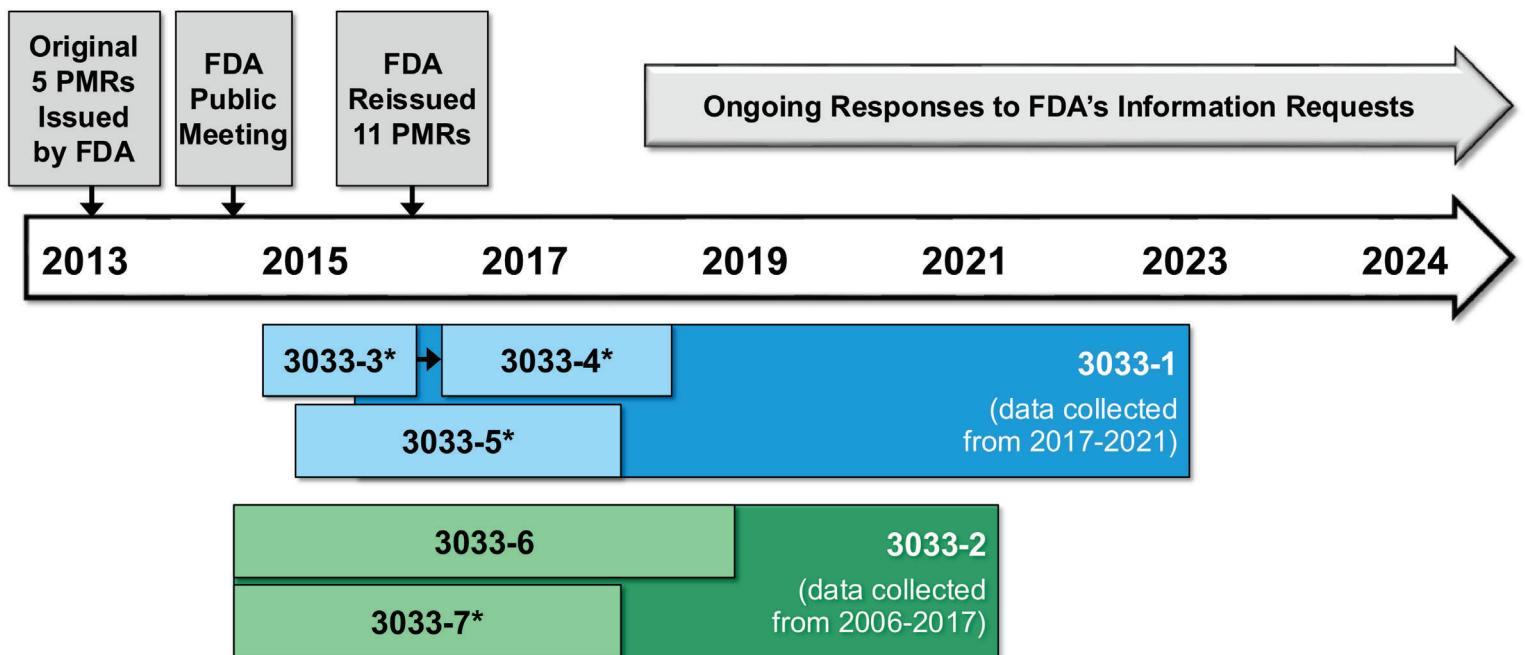
#### Validation Studies

| Outcome         | Algorithm | Validation Study |
|-----------------|-----------|------------------|
| Overdose/Death  | ICD codes | Study 3033-6     |
| Abuse/Addiction | ICD codes | Study 3033-7     |

ER/LA: extended release or long-acting

CO-8

## PMRs Adapted to FDA Feedback and Actions



# PMR Studies Quantified Incidence Rates and Risk Factors

- Study 1
  - 1-year cumulative risks: Rx opioid misuse (~23%), Rx opioid abuse (~9%), opioid addiction (~1.6%)
  - Similar outcome prevalences in cross-sectional study of established patients
  - Among many prespecified risk factors, prior non-opioid, non-nicotine SUD was strongest risk factor of outcomes
- Study 2
  - 5-year cumulative risk of OOD averaged 2.1% across 4 sites
  - Among many prespecified risk factors, baseline dose, prior opioid use disorder, and mental health disorders/treatments strongest independent predictors of OOD

SUD: substance use disorder; OOD: opioid-involved overdose or opioid overdose-related death

## Agenda

### Study 3033-1

**Bobbi Jo Yarborough, PsyD**

Senior Investigator  
Kaiser Permanente Northwest Center for Health Research

### Study 3033-2

**John D. Seeger, PharmD, DrPH**

Vice President for Epidemiology, RTI-HS  
Adjunct Assistant Professor, Epidemiology  
Harvard T.H.Chan School of Public Health

### Conclusions

**Alexander M. Walker, MD, DrPH**

Adjunct Professor, Epidemiology  
Harvard T.H. Chan School of Public Health



## Study 3033-1

Incidence or Prevalence of and Risk Factors for Developing Prescription Opioid Misuse, Abuse or Addiction Among Patients Prescribed Long-term Opioid Therapy

**Bobbi Jo Yarborough, PsyD**

Senior Investigator

Kaiser Permanente Center for Health Research

## Professional Background

- Research focuses on centering experience of patients, families, and clinicians to improve care and outcomes for individuals living with mental health and substance use disorders
- Studied risks associated with prescription opioid use, including overdose prevention
- Studied outcomes associated with opioid discontinuation and tapering, including suicide
- Principal investigator for Study 1

## Study 3033-1: Prospective/Cross-Sectional Study Among Patients Prescribed Long-Term Opioids for Chronic Pain

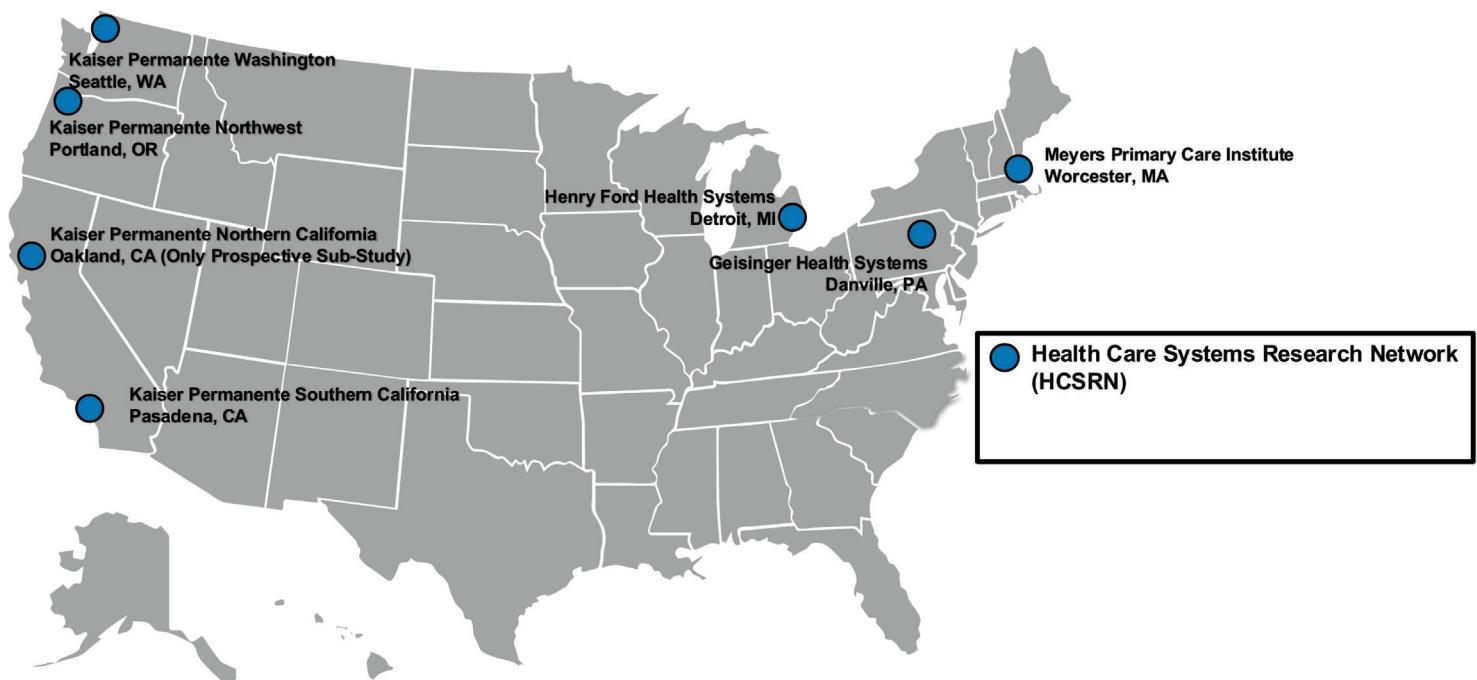
### 1. Estimate the incidence of misuse, abuse, addiction

- Using well-established, large data systems
- Demographic and socioeconomic diversity

### 2. Evaluate and quantify risk factors for these outcomes

- Prespecified demographic, psychosocial, behavioral, medical and genetic factors

## Study 3033-1 Recruitment in Established Health Systems



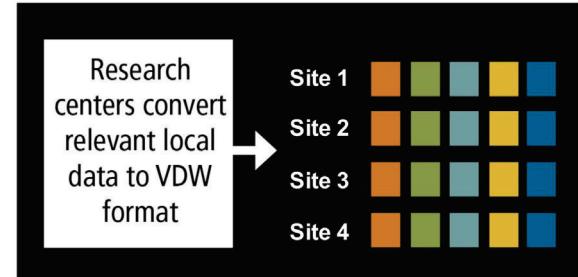
# Study 3033-1 Common Data Model to Standardize EHR and Claims Data for Multi-Site Research

CO-15

## HCSRN VDW\* allowed

- Data coordinating center to distribute set of programs to all sites with minimal site-specific modification
- Streamlined programming work at sites
- Timely return of results
- Confidence in accurate and complete capture of cleaned and standardized data
- Inclusion of more sites while still meeting study timeline

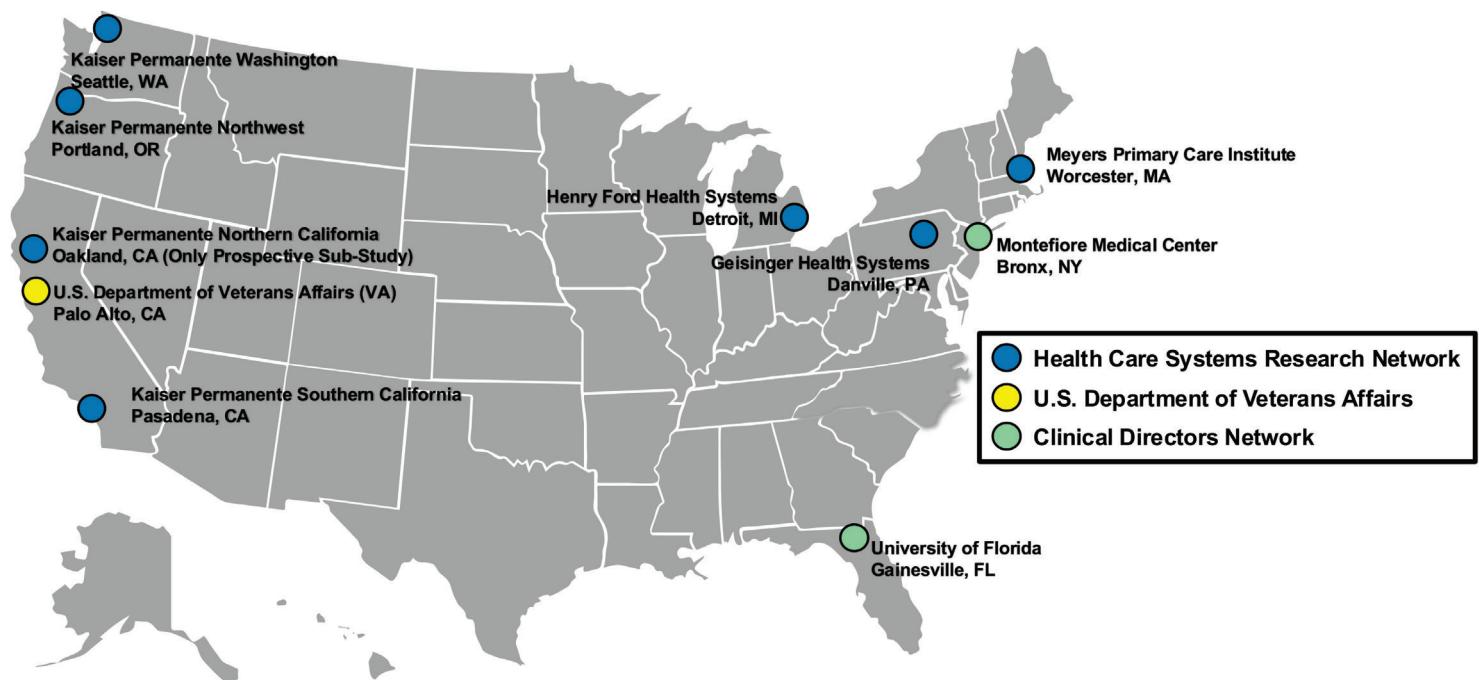
Gains in efficiencies and quality by organizing data in a common model



\*Adapted from Health Care Systems Research Network; VDW: virtual data warehouse; EHR: electronic health record

## Study 3033-1 Study Sites

CO-16



## Study 3033-1 Site Selection Parameters

- Common data model (VDW) was a distinct advantage
- Site investigator with a history of opioid-related research
- Efficient recruitment, linkage of participant-reported outcomes to administrative data
- Survey research teams with a history of high response rates and excellent retention
- Fill geographic gaps, expand Medicaid and veteran representation
- Explored sites in Midwest and Southern regions, but they did not meet selection criteria

VDW: virtual data warehouse

## **Incidence of Prescription Opioid Misuse, Abuse, or Opioid Use Disorder Among Adults Newly Initiating Opioids for Chronic Pain**

### **Study 3033-1 Prospective Study**

## Study 3033-1: Prospective Study Included Two Cohorts

- Study cohorts
  - ER/LA initiator: received  $\geq$  28 days and refilled ER/LA Rx
  - LtOT initiator:  $\geq$  70 of 90 days use of ER/LA and/or IR/SA
- If patient qualified for both cohorts, priority given to ER/LA initiators, as risk associated with ER/LA initial intent of PMR

ER/LA: extended release or long-acting; LtOT: long-term opioid therapy; IR/SA: immediate release or short-acting

## Study 3033-1: Prospective Study Key Eligibility Criteria

- 12-month study
- Inclusion Criteria
  - Adults 18-79 years
  - English-speaking
  - Currently receiving qualifying opioid therapy
  - Evidence of consistent health care in past year
- Exclusion Criteria
  - Apparent cognitive impairment or inability to complete interview and self- or telephone-administered questionnaires
  - Unavailable for follow up
  - Current hospice care or terminal illness diagnosis in past year
  - Documented OUD or medication treatment for OUD

OUD: opioid use disorder

# Study 3033-1 Evaluated Multiple Potential Risk Factors for Misuse, Abuse or Addiction

CO-21

## Electronic Health Record (EHR) / Claims Data

- Active opioid ingredient
- Abuse-deterrent ER/LA (yes, no)
- Dose and duration of opioid Rx
- Concomitant medications
- Co-morbidity score
- Type of insurance
- Inpatient stays
- Emergency Room visits
- Study site
- System type (e.g., Integrated delivery, fee-for-service)
- Demographic characteristics

## Patient Reported Data

- Current/past mood disorder
- Current/past substance use disorder
- Pain and functioning
- Health and functional status
- Perceived stress
- Social support
- Sleep quality

## Optional Saliva Sample

- OPRM1\* status
- Cytochrome P450 (3A4, 2D6) status

\*opioid receptor mu 1 gene; ER/LA: extended release or long-acting

# Study 3033-1 Prospective Design (Data Collection August 2017 – October 2021)

CO-22

Baseline

3 months

6 months

9 months

12 months

in-person or  
telephone interview  
and  
self- or telephone-  
administered  
web-based  
questionnaires

self- or telephone-administered web-based  
questionnaires

telephone interview  
and  
self- or telephone-  
administered  
web-based  
questionnaires

# Study 3033-1 Prospective Outcomes and Outcome Measures

|   |  |
|---|--|
| Outcomes  | <p><b>Primary</b></p> <ul style="list-style-type: none"> <li>▪ Prescription opioid misuse</li> <li>▪ Prescription opioid abuse</li> <li>▪ Addiction (assessed as OUD including pain adjusted Rx opioid use disorder or heroin use disorder)</li> </ul> <p><b>Secondary</b></p> <ul style="list-style-type: none"> <li>▪ DSM-5 OUD</li> </ul> |
| Prescription Opioid Misuse and Abuse Questionnaire (POMAQ) <sup>1,2</sup>   | <ul style="list-style-type: none"> <li>▪ Assessment used to determine misuse and abuse</li> <li>▪ Modified scoring for longitudinal use in Study 1</li> <li>▪ Assessed via web-based survey or by telephone (if requested by participants)</li> </ul>  |
| Psychiatric Research Interview for Substance and Mental Disorders, DSM-5 Opioid Version (PRISM-5-OP) <sup>3</sup> | <ul style="list-style-type: none"> <li>▪ Assessment used to determine addiction (i.e., OUD) to opioid analgesics and/or heroin among patients with chronic pain who were prescribed opioids</li> </ul>   |

1. Coyne et al., *Curr Med Res Opin.*, 2018; 2. Coyne et al., *Curr Med Res Opin.*, 2021; 3. Hasin et al., *Am J Psychiatry*, 2022; OUD: opioid use disorder

# Study 3033-3 and -4: Designed to Validate Prescription Opioid Misuse and Abuse Questionnaire (POMAQ)

- Study 3033-3 qualitative cognitive interview study
  - Ensured patients understood content and questions of draft POMAQ
  - Resulted in minor revisions to POMAQ after interviews
  - POMAQ demonstrated content validity
  - Considered ready for quantitative validation
- Study 3033-4 evaluated the validity and reproducibility of POMAQ
  - Cross-sectional study of 809 patients with chronic pain on LtOT
  - POMAQ demonstrated excellent test-retest reliability (~88%-100%) and construct validity
  - Determined to be a valid, reproducible tool to assess presence of misuse and abuse behaviors in Study 1

# Intentionality Responses Attributed to Misuse<sup>1</sup>

## MISUSE

Intentional use of a drug for therapeutic purpose outside label directions

- I did not think that it is a problem to have a drink while taking an opioid pain medication
- I forgot I was taking an opioid pain medication
- I forgot to take my opioid pain medication
- I had more pain
- I happened to have a drink close to the time of taking my opioid pain medication
- I needed more opioid pain medication to treat my pain
- I needed more opioid pain medication to treat my pain than one doctor would give me
- I wanted to make sure I had enough opioid pain medication in case I needed it
- The dose my healthcare provider prescribed was not strong enough to treat my pain
- To feel less depressed or nervous
- To help me swallow my opioid pain medication
- To prevent withdrawal
- To reduce my stress
- To reduce the side effects of the opioid pain medication
- To save some opioid pain medication for later in case my pain gets worse
- To relax or feel mellow<sup>2</sup>
- To sleep better
- To treat my pain faster
- To treat the emotional hurt I was feeling
- The dose my healthcare provider prescribed was too strong to treat my pain
- To avoid getting constipated
- To celebrate a special occasion (e.g., birthday, wedding)
- I did not realize how much I was taking and ran out
- I misunderstood how much to take
- To treat other medical problems
- I misunderstood the instructions
- To unwind after a hard day<sup>2</sup>

1. Coyne et al., Curr Med Res Opin., 2018; 2. Originally attributed to abuse; moved to misuse after developing clinical scoring algorithm

# Intentionality Responses Attributed to Abuse<sup>1</sup>

## ABUSE

Intentional use of a drug for the purpose of achieving a positive psychological or physical effect

- To get a better feeling of high
- To feel high or stoned
- To feel more talkative/outgoing
- To boost the effect of my opioid pain medication
- I want to get more opioid medication and did not want to get caught
- To save the opioid pain medication to use more of it at once to get high
- I needed more than one doctor would give me
- I wanted to get more opioid pain medication to get high on
- It is better to get high on my prescription opioid medication when on another drug

## Study 3033-5 Designed to Assess Validity of PRISM-5-OP Instrument as Measure for Addiction (OUD)

- Aim: creation of a standardized measure of OUD involving prescription opioids (among patients with chronic pain prescribed opioids) that could be used across different settings
- Study design: evaluated 606 patients from pain clinics and inpatient substance treatment that received at least 30 days of opioids for chronic pain
- Results: PRISM-5-OP instrument shown to be valid and highly reliable, demonstrating validity of pain-adjusted OUD measure involving prescription opioids

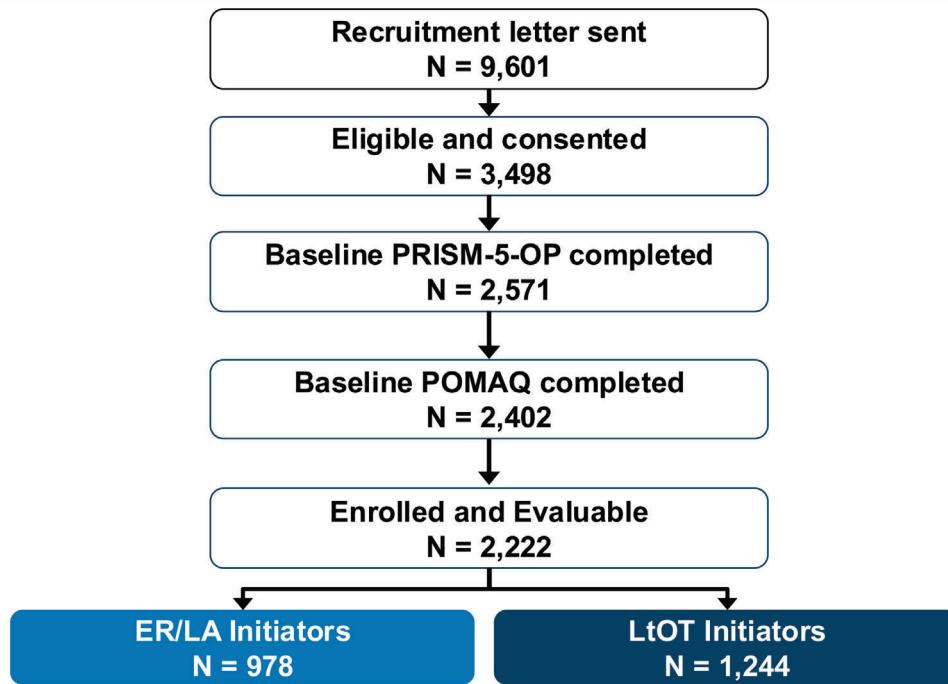
Hasin et al., Am J Psychiatry, 2022; OUD: opioid use disorder

## Definitions of Misuse, Abuse, and Addiction (OUD) as Used in Study 3033-1

|                  |   |   |
|------------------|---|---|
| <b>Misuse*</b>   | Intentional use of a drug for therapeutic purpose     | <ul style="list-style-type: none"> <li>▪ To reduce an aversive symptom or state in a manner outside label directions or other than prescribed or directed by a health care practitioner           <ul style="list-style-type: none"> <li>▪ Patients using a drug for a condition different from that for which the drug is prescribed</li> <li>▪ Patients taking more drugs than prescribed</li> <li>▪ Patients using a drug at different dosing intervals</li> </ul> </li> </ul> |
| <b>Abuse*</b>    | Intentional use of a drug for non-therapeutic purpose | <ul style="list-style-type: none"> <li>▪ Sporadic or repeated use for the purpose of achieving a positive psychological or physical effect</li> </ul>   |
| <b>Addiction</b> | Pain-Adjusted OUD                                     | <ul style="list-style-type: none"> <li>▪ A pain-adjusted measure of the DSM-5 criteria of opioid use disorder involving prescription opioids where the opioids were taken other than as prescribed and for reasons other than pain relief and 4 or more criteria out of 11 were met or any DSM-5 heroin use disorder (2 or more criteria met out of 11).</li> </ul>   |

\*Modified versions from ACTTION (Analgesic, Anesthetic, and Addiction Clinical Trials, Translation, Innovations, Opportunities, and Networks) Smith et al., Pain, 2013; OUD: opioid use disorder

# Study 3033-1 Prospective Disposition



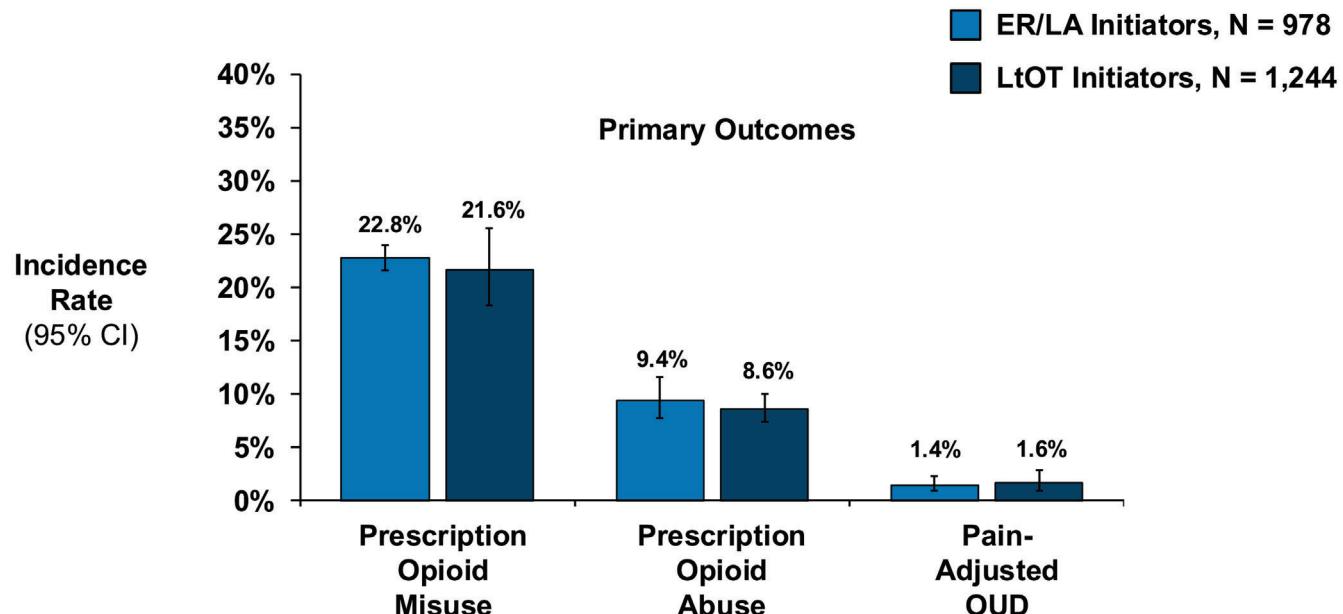
ER/LA: extended release or long-acting; POMAQ: prescription opioid misuse and abuse questionnaire; LtOT: long-term opioid therapy

## Study 3033-1 Prospective: Demographics and Baseline Characteristics of Enrolled Sample, by Cohort

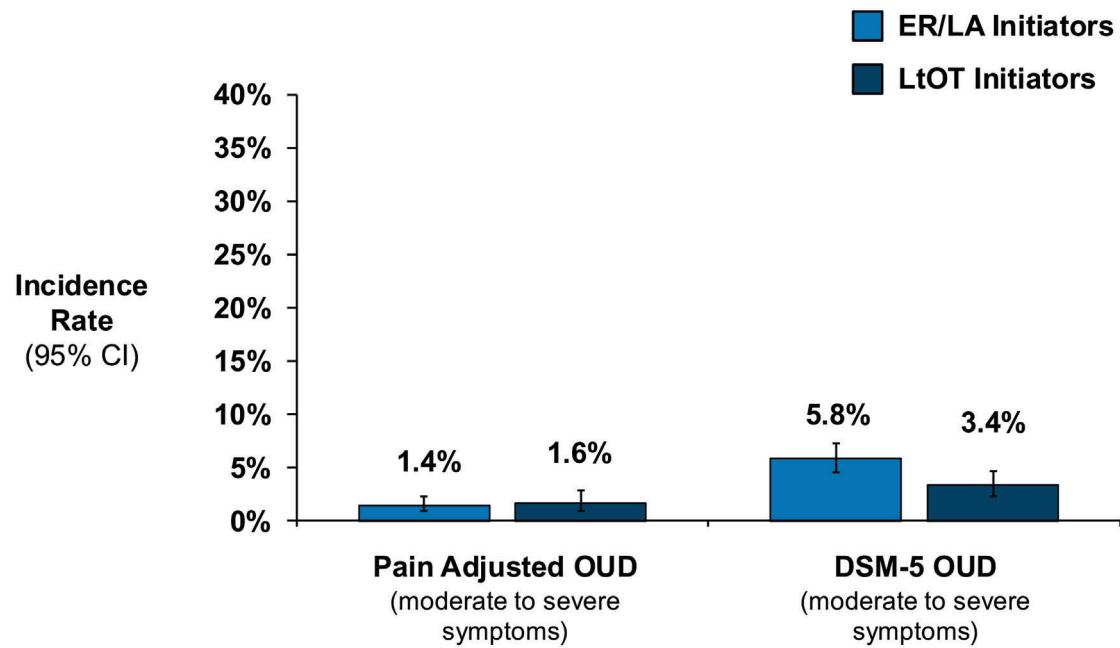
|  | ER/LA Initiators<br>N = 978 | LtOT Initiators<br>N = 1,244 |
|--|-----------------------------|------------------------------|
| Age ≥ 50 years   | 76%                         | 72%                          |
| Sex, female  | 57%                         | 59%                          |
| Race   |                             |                              |
| White  | 83%                         | 78%                          |
| Black  | 9%                          | 15%                          |
| Hispanic   | 11%                         | 9%                           |
| Predominant opioid form                                |                             |                              |
| IR/SA  | 60%                         | 98%                          |
| ER/LA  | 40%                         | 2%                           |
| Past-year non-opioid, non-nicotine SUD<br>(PRISM-5-OP) | 7%                          | 8%                           |

ER/LA: extended release or long-acting; LtOT: long-term opioid therapy; SUD: substance use disorder; IR/SA: immediate release or short-acting

# CO-31 Study 3033-1 Prospective: 12-Month Cumulative Incidence of Rx Opioid Misuse, Rx Opioid Abuse, or OUD Outcome

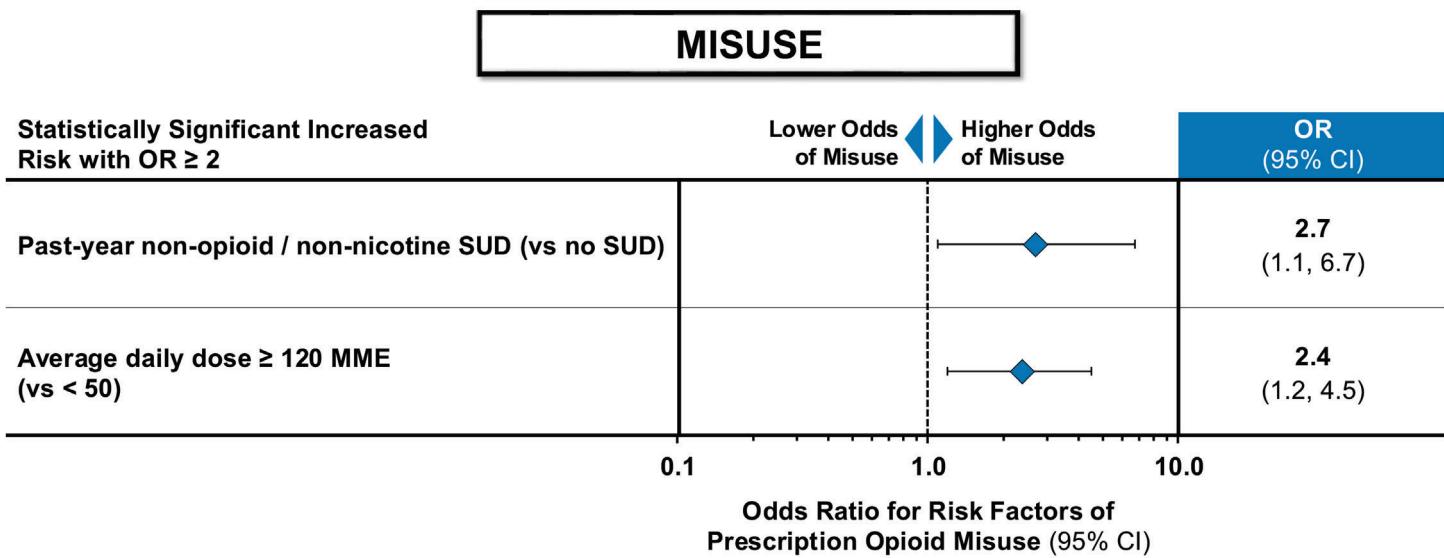


# CO-32 Study 3033-1 Prospective: DSM-5 OUD Compared to Pain-Adjusted Measure for OUD



# CO-33

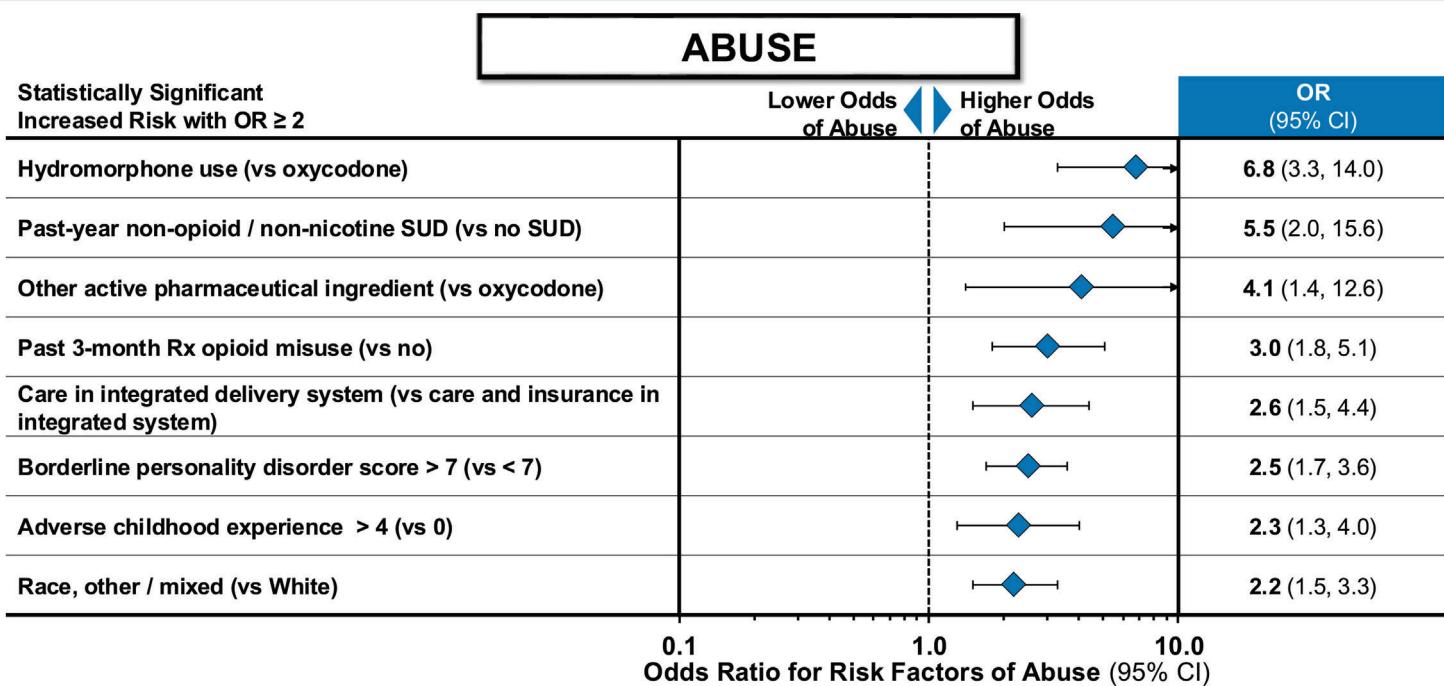
## Study 3033-1 Prospective: Factors that Increase Risk for Misuse (ER/LA Initiators, Fully Adjusted OR)



ER/LA: extended release or long-acting; SUD: substance use disorder; MME: milligram morphine equivalent; OR: odds ratio; CI: confidence interval

# CO-34

## Study 3033-1 Prospective: Factors that Increase Risk for Abuse (ER/LA Initiators, Fully Adjusted OR)

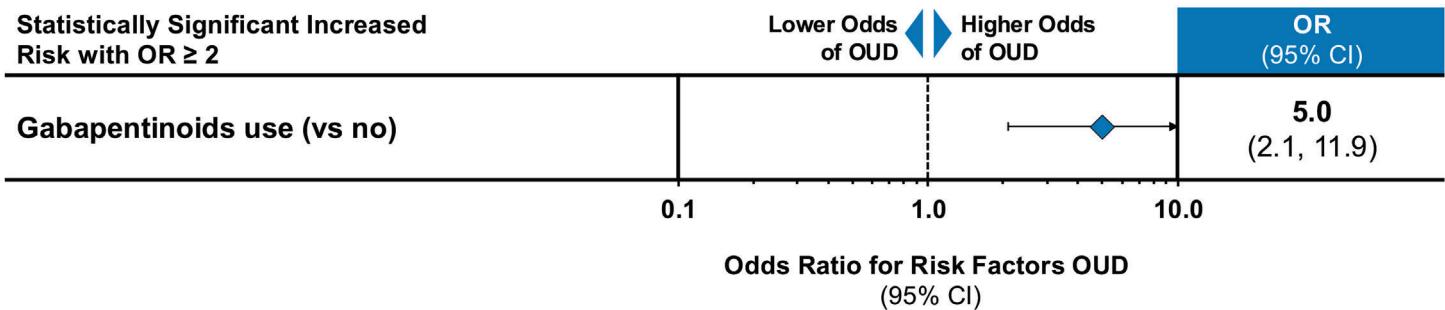


ER/LA: extended release or long-acting; SUD: substance use disorder; OR: odds ratio; CI: confidence interval

# Study 3033-1 Prospective: Factors that Increase Risk for OUD (ER/LA Initiators, Fully Adjusted OR)

CO-35

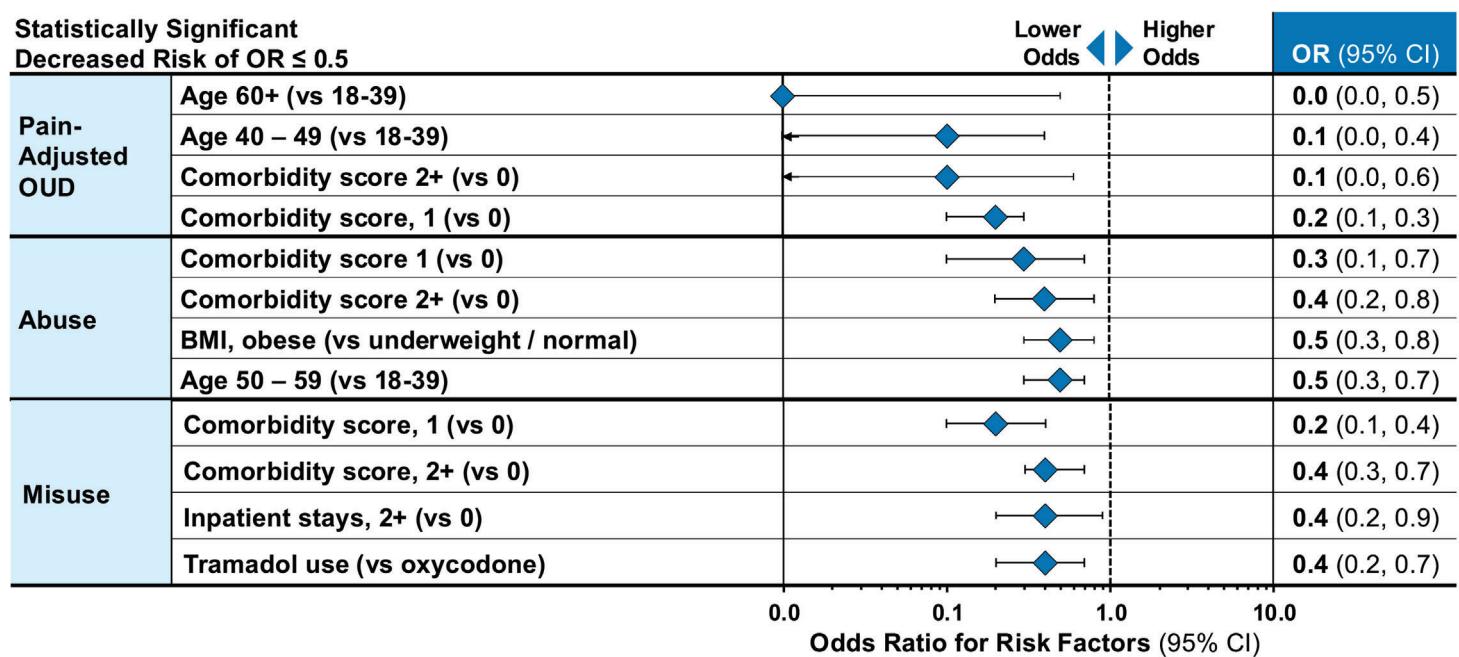
## Pain-Adjusted OUD



ER/LA: extended release or long-acting; OUD: opioid use disorder; OR: odds ratio; CI: confidence interval

# Study 3033-1 Prospective: Factors that Decrease Risk (ER/LA Initiators, Fully Adjusted OR)

CO-36



Elixhauser comorbidity score: a count of medical comorbidities

ER/LA: extended release or long-acting; OUD: opioid use disorder; OR: odds ratio; CI: confidence interval

## **Prevalence of Prescription Opioid Misuse, Abuse, or Opioid Use Disorder among Adults with Long-term Opioid Use**

### **Study 3033-1 Cross-Sectional Study**

## **Study 3033-1 Cross-Sectional Study in Adults Receiving Long-Term Opioids for Chronic Pain**

CO-38

- Provided opportunity to understand risks associated with longer than 1-year exposure to opioids
- Key Eligibility Criteria
  - Prescribed opioids for pain for  $\geq$  12 months
  - Ability to complete interview and self- or telephone-administered questionnaires
  - Currently using prescription opioid

# Study 3033-1 Cross-Sectional: Outcomes and Outcome Measures

CO-39

## Outcomes

### Primary

- Past 3-month prevalence of prescription opioid misuse
- Past 3-month prevalence of prescription opioid abuse
- Past year prevalence of addiction

### Secondary

- DSM-5 OUD

## Prescription Opioid Misuse and Abuse\* Questionnaire (POMAQ)<sup>1,2\*</sup>

- Assessment used to determine misuse and abuse
- Modified scoring for Study 1
- Assessed via web-based survey or by telephone (if requested by participants)

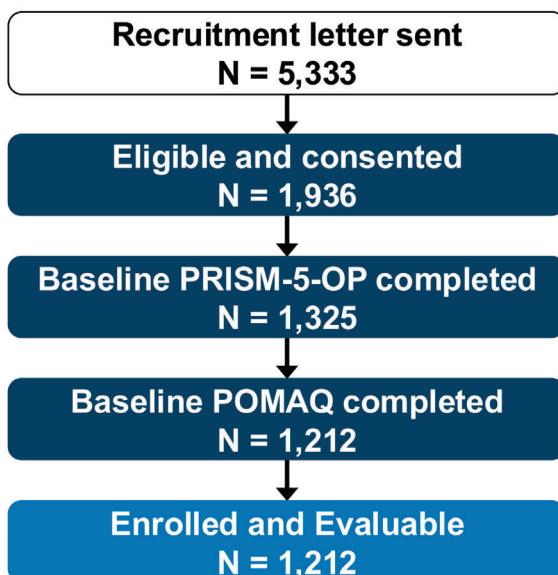
## Psychiatric Research Interview for Substance and Mental Disorders, DSM-5 Opioid Version (PRISM-5-OP)<sup>3</sup>

- Assessment used to determine addiction (i.e., OUD) to opioid analgesics and/or heroin among patients with chronic pain who were prescribed opioids

1. Coyne et al., Curr Med Res Opin., 2018; 2. Coyne et al., Curr Med Res Opin., 2021; 3. Hasin et al., Am J Psychiatry, 2022; OUD: opioid use disorder  
\*Modified definitions of abuse and misuse adapted from Analgesic, Anesthetic, and Addiction Clinical Trials, Translation, Innovations, Opportunities, and Networks (ACTION)

# Study 3033-1 Cross-Sectional: Disposition

CO-40



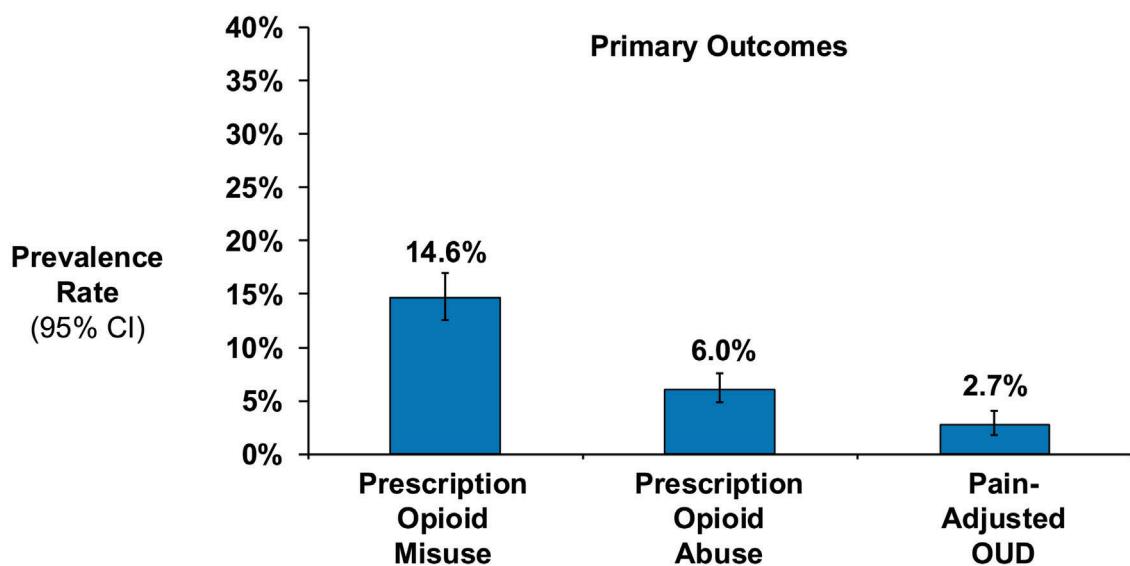
# Study 3033-1 Cross-Sectional: Demographics and Baseline Characteristics

N = 1,212

|   |     |
|---|-----|
| Age $\geq$ 50 years                                 | 80% |
| Sex, female   | 57% |
| Race  |     |
| White   | 74% |
| Black   | 12% |
| Unknown   | 10% |
| Hispanic  | 5%  |
| Predominant Opioid Form                             |     |
| ER/LA   | 66% |
| IR/SA   | 34% |
| Past-year non-opioid, non-nicotine SUD (PRISM-5-OP) | 5%  |

ER/LA: extended release or long-acting; SUD: substance abuse disorder; IR/SA: immediate release or short-acting

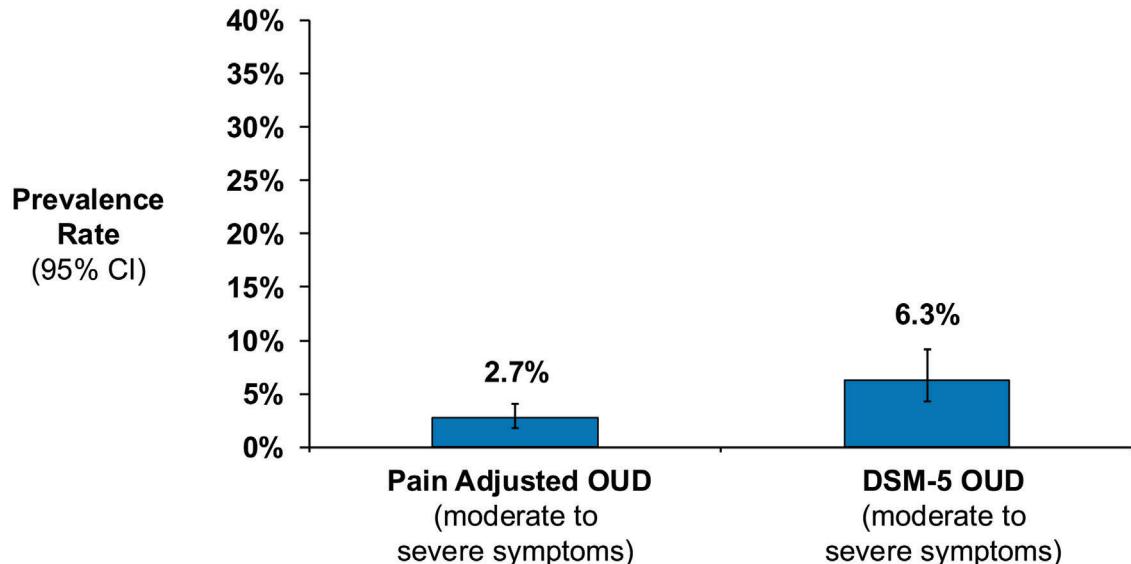
# Study 3033-1 Cross-Sectional: Prevalence of Rx Opioid Misuse, Rx Opioid Abuse, or OUD Outcome



N = 1,212; OUD: opioid use disorder; CI: confidence interval

# Study 3033-1 Cross Sectional: DSM-5 Criteria Compared to Pain-Adjusted Measure for OUD

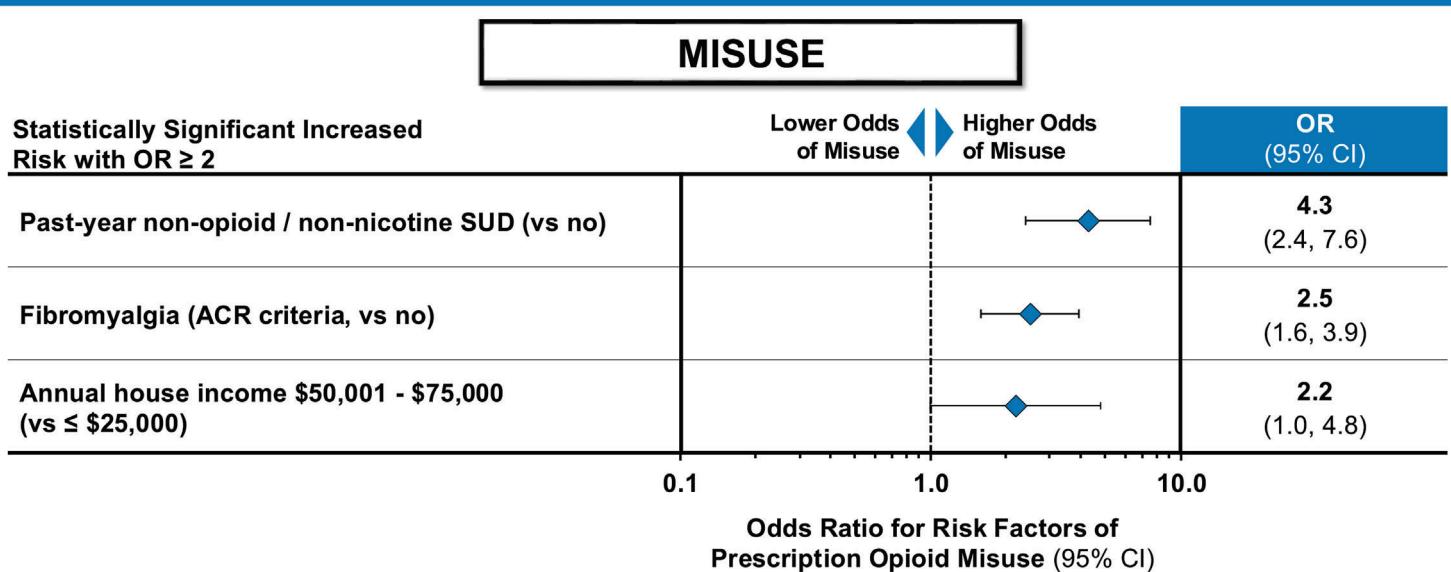
CO-43



OUD: opioid use disorder; CI: confidence interval

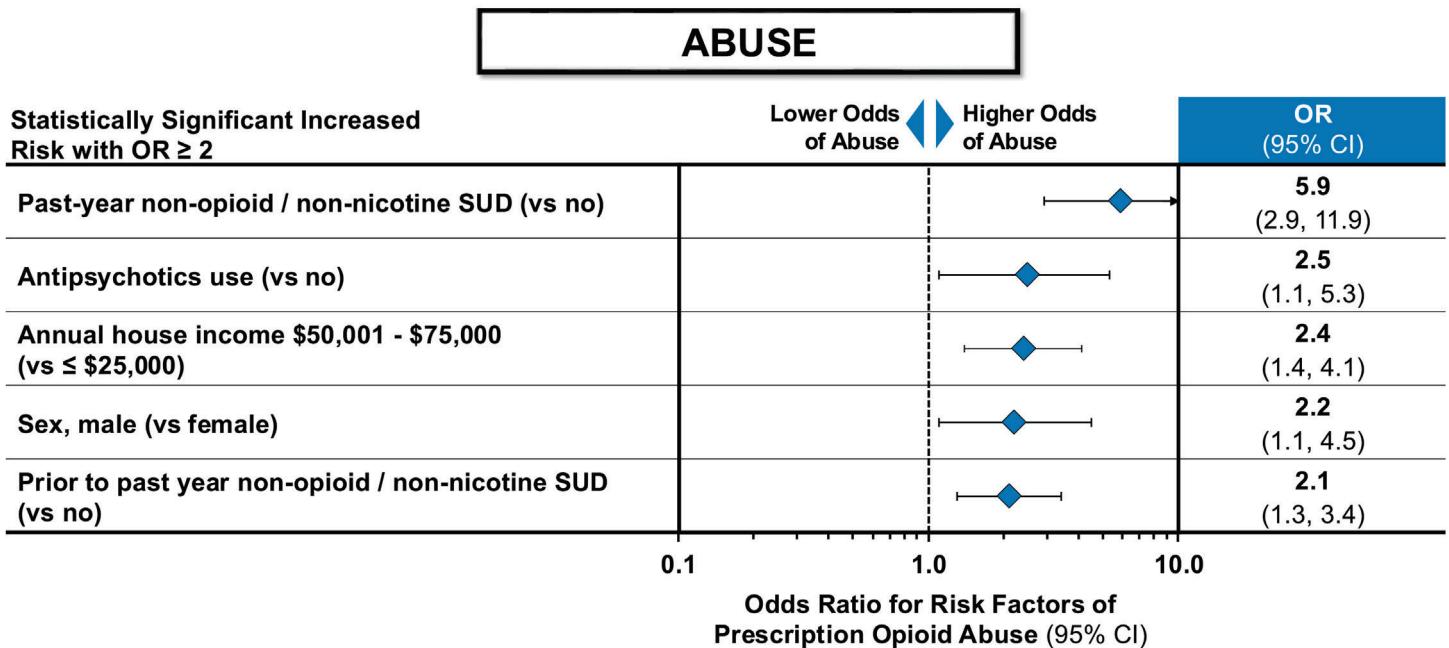
## Study 3033-1 Cross-Sectional: Factors that Increase Risk for Misuse (Fully Adjusted OR)

CO-44



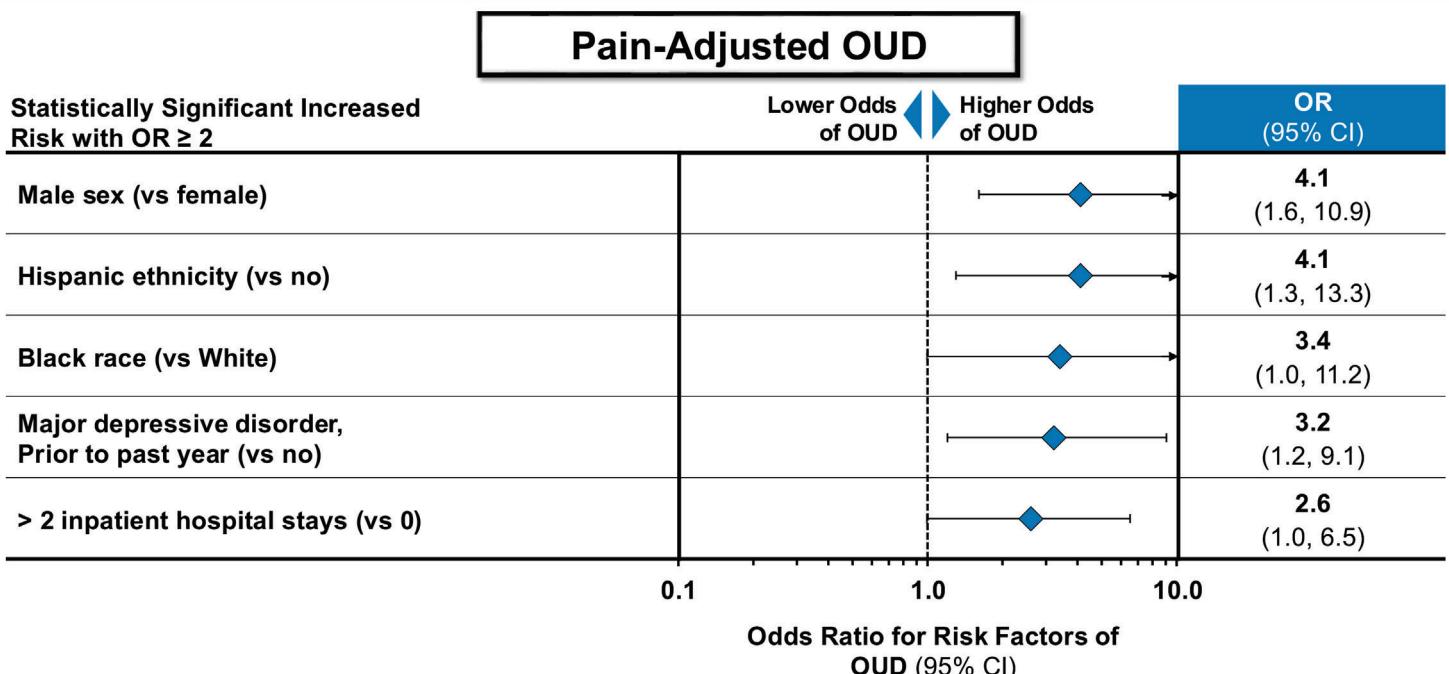
SUD: substance use disorder; ACR: American College of Rheumatology; OR: odds ratio; CI: confidence interval

## Study 3033-1 Cross-Sectional: Factors that Increase Risk for Abuse (Fully Adjusted OR)<sup>CO-45</sup>



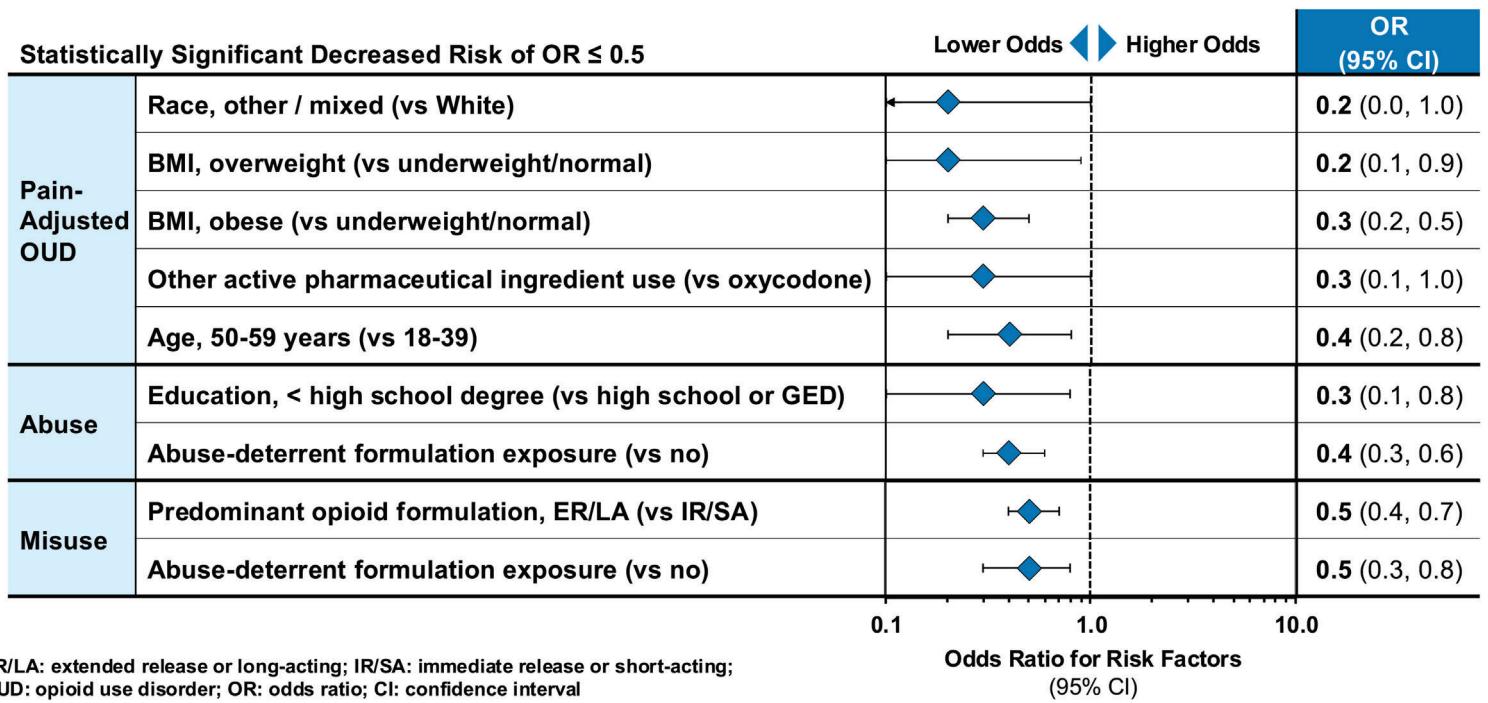
SUD: substance use disorder; OR: odds ratio; CI: confidence interval

## Study 3033-1 Cross-Sectional: Factors that Increase Risk for OUD (Fully Adjusted OR)<sup>co-46</sup>



OUD: opioid use disorder; OR: odds ratio; CI: confidence interval

# Study 3033-1 Cross-Sectional: Factors that Decrease Risk (Fully Adjusted OR) CO-47



CO-48

## Study 3033-1: Strengths and Limitations

### Strengths

- Extensive data systems and experienced study teams
- Used validated instruments to quantify and characterize outcomes
- Diverse participant groups included
- Longitudinal analyses
- Robust estimation of incidence
- Extensive list of risk factors explored

### Limitations

- Observational study (i.e., potential bias or misclassification)
- Low statistical power to detect significant differences across small subgroups for risk factors
- Did not study dose changes/ discontinuation, illicit use, suicide

## Study 3033-1: Data Collected Inform Post-Marketing Requirements Regarding Abuse, Misuse, and Addiction

- Takeaways from both prospective and cross-sectional studies
  - Established incidence and prevalence rates among patients prescribed long-term opioids
  - Evaluated numerous potentially important risk factors
    - Having a non-opioid, non-nicotine SUD within past year most associated with increased risk of any outcome
- Risk factor findings align with published literature

SUD: substance use disorder



## Study 3033-2

### Incidence and Prognostic Factors for Opioid-involved Overdose or Opioid Overdose-Related Death (OOD)

**John D. Seeger, PharmD, DrPH**

Vice President for Epidemiology, RTI-HS  
Adjunct Assistant Professor, Epidemiology  
Harvard T.H.Chan School of Public Health

## Professional Background

- 25-year history at Optum, with final role as CSO
- Research focused on safety of pharmaceuticals and vaccines
- Started as Optum site investigator for Study 3033-2
- Principal investigator for Study 3033-2 since 2021

## Study 3033-2: Retrospective Study Using Health Records, Insurance Claims, Death Records to Address PMRs <sup>CO-52</sup>

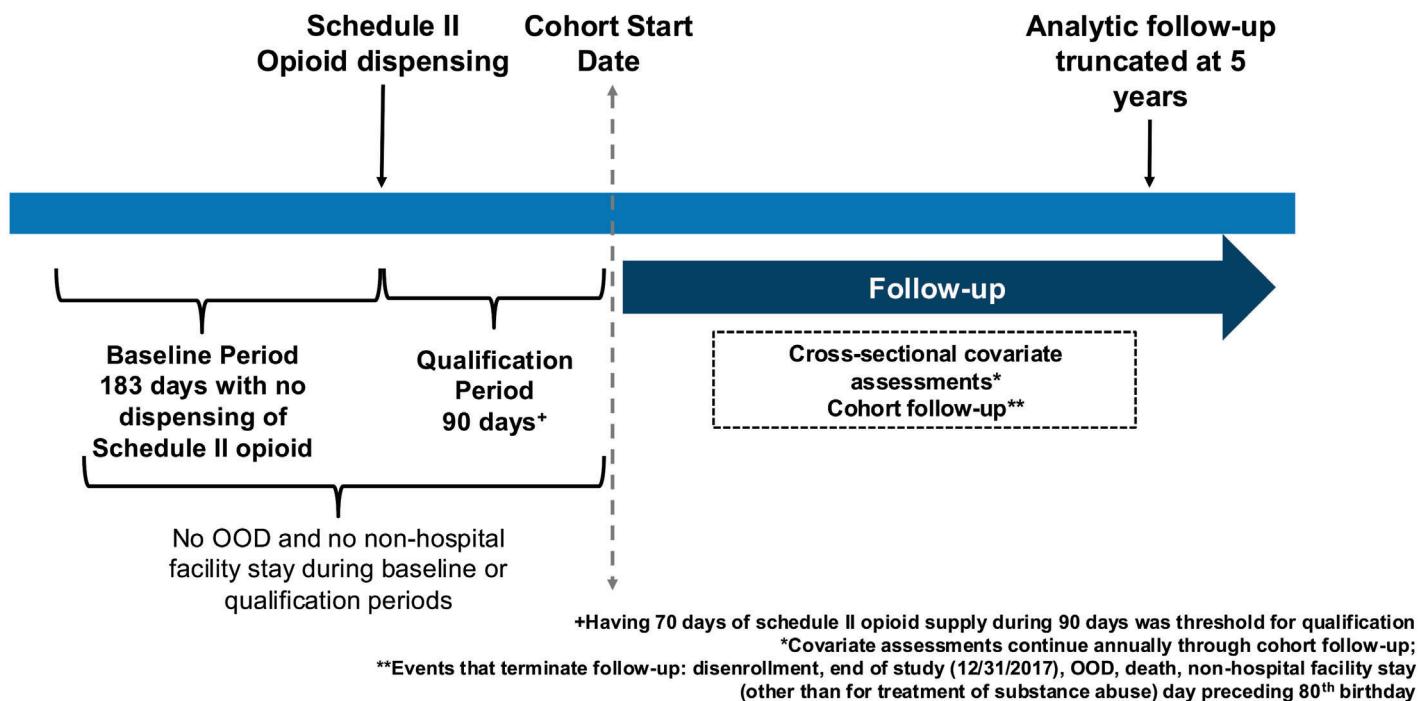
### 1. Quantify the incidence of overdose and death (OOD)

- Among long-term users of Schedule II opioids
- Overall and evolution over time
- Expected to be rare events – need a large study for precision
- Observational retrospective study most informative and timely

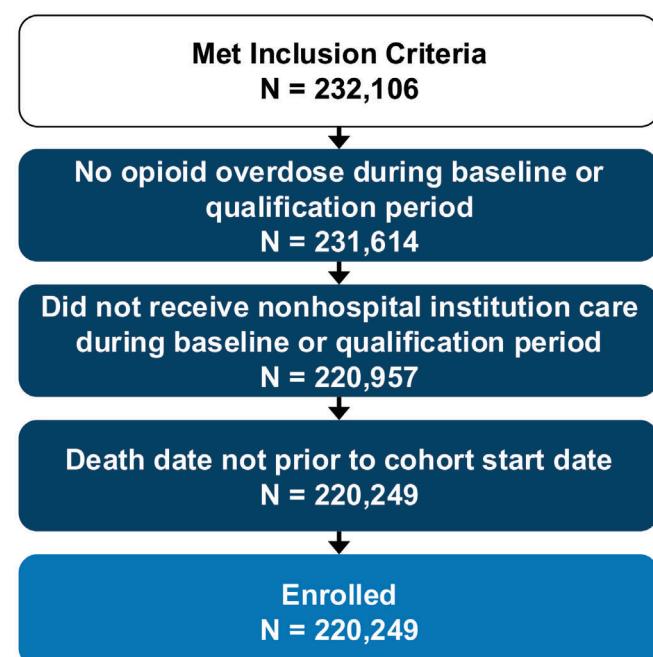
### 2. Evaluate risk factors for OOD outcomes

- Prespecified demographic, psychosocial/behavioral, medical and genetic factors
- Identify confounders of individual risk factor / outcome relationships
- Formulation (ER/LA vs IR/SA) as risk factor
- Effect modifiers not included

## Study 3033-2: Retrospective Study Design (Dispensings Between October 2006 – December 2016)



## Study 3033-2: Disposition



## 3033-2 Sites Included Regions Across the US at Different Levels of Risk for OOD CO-55

|                   | HealthCore<br>(Commercial<br>Health) | Optum<br>(Commercial<br>Health) | KPNW<br>(Managed Care)                         | VUMC<br>(Medicaid)                |
|-------------------|--------------------------------------|---------------------------------|--|-----------------------------------|
| % of Total Cohort | 37%                                  | 25%                             | 5%   | 33%                               |
| US Census Region  | Regional Distribution of Site        |                                 |  |                                   |
| <b>Northeast</b>  | <b>13%</b>                           | <b>5%</b>                       | -  | -                                 |
| <b>Midwest</b>    | <b>29%</b>                           | <b>23%</b>                      | -  | -                                 |
| <b>South</b>      | <b>32%</b>                           | <b>57%</b>                      | -  | <b>100%</b><br><b>(Tennessee)</b> |
| <b>West</b>       | <b>26%</b>                           | <b>15%</b>                      | <b>100%</b><br><b>(Oregon,<br/>Washington)</b> | -                                 |

OOD: opioid-involved overdose or opioid overdose-related death

## Study 3033-2: Data Source Selection CO-56

- Data source features
  - Large size with well-defined demographic and regional characteristics
  - Complete or nearly complete information on provider, facility, and pharmacy services provided to members
  - Experience working with US claims data or as translated to FDA's Sentinel Common Data Model
  - Ability to go beyond administrative data: access medical records and link to state vital statistics records or the National Death Index (NDI)
  - Provided diversity in healthcare settings and reimbursement

## Study 3033-2: Quantitative Outcomes

|                        |   |
|------------------------|---|
| <b>Primary Outcome</b> | <ul style="list-style-type: none"> <li>▪ Cumulative risk for OOD for entire population</li> <li>▪ Proportional hazard models for predictors of risk using           <ol style="list-style-type: none"> <li>a. each covariate</li> <li>b. each demographically adjusted covariate</li> <li>c. all covariates together</li> </ol> </li> </ul>   |
| <b>Secondary</b>       | <ul style="list-style-type: none"> <li>▪ Characteristics of long-term users at Cohort Start Date</li> <li>▪ Characteristics of long-term users throughout follow-up</li> <li>▪ Cumulative risk and incidence in covariate-defined strata</li> <li>▪ No Schedule II opioid use for &gt; 30 days prior to initiation of opioid</li> <li>▪ Switched to or added ER/LA or IR/SA to an existing IR/SA regimen</li> </ul> |

OOD: opioid-involved overdose or opioid overdose-related death; ER/LA: extended release or long-acting; IR/SA: immediate release or short-acting

## Study 3033-6: OOD Algorithm Using Simple ICD Codes Proved Most Robust

- Purpose: improve on a published algorithm<sup>1</sup> that identified OOD using ICD codes for opioid “poisoning”
- Investigators examined additional variables to improve specificity / sensitivity
  - Prescription medications
  - Hospitalization
  - Opioid use
  - Substance abuse
  - Chronic pain diagnosis
  - Mental health conditions
- Multivariable statistical analysis using LASSO and CART found no combination of these improved performance compared to medical chart review

1. Green et al., *Pharmacoepidemiol Drug Saf*, 2017

LASSO: least absolute shrinkage and selection operator; CART: classification and regression tree; OOD: opioid-involved overdose or opioid overdose-related death; ICD: international classification of diseases

## Study 3033-6: Performance Characteristics

- 1,172 charts from Kaiser Northwest reviewed for development dataset
- Excellent performance

| Metric             | Performance (%)          |
|--------------------|--------------------------|
|                    | Value (95% CI)           |
| <b>Sensitivity</b> | <b>97.9 (96.0, 99.0)</b> |
| <b>Specificity</b> | <b>88.9 (85.6, 91.6)</b> |
| <b>PPV</b>         | <b>89.2 (86.4, 91.5)</b> |

- In a large portability assessment of > 1,400 charts, 3 of 4 sites + Kaiser Washington showed similar results: PPV = 87.4 (85.0, 89.3)
- Algorithm adopted into Study 3033-2

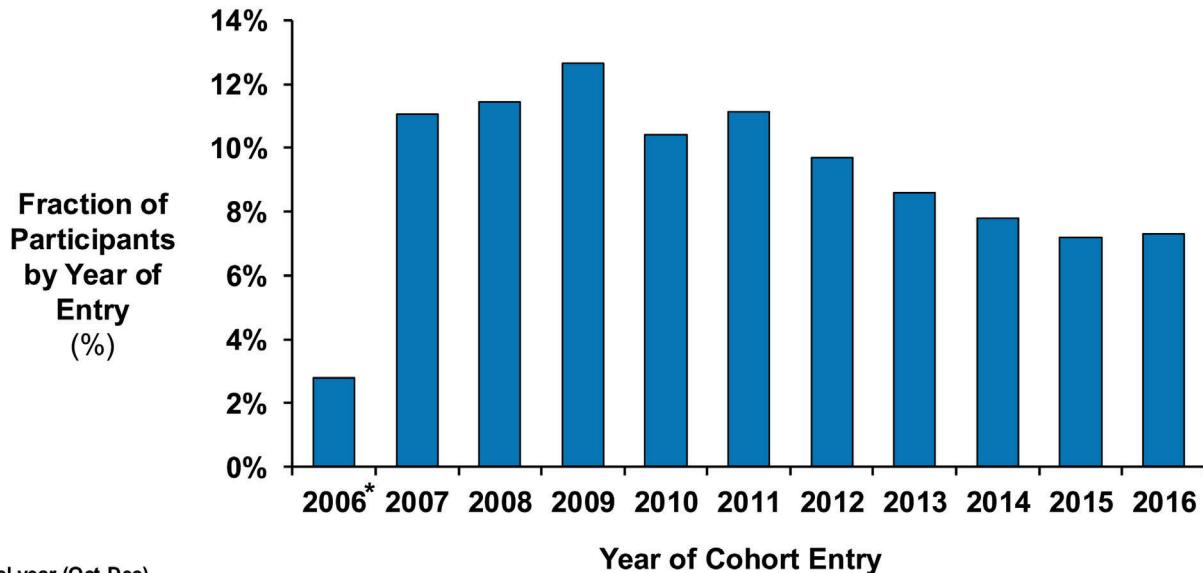
PPV: positive predictive value; CI: confidence interval

## Study 3033-2: Cohort Characteristics

| Covariates   |  | Description   |
|--|--|---|
| Prior to Cohort Start Date   | At Cohort Start Date   | During Follow up  |
| <ul style="list-style-type: none"> <li>▪ Pain-causing conditions (“clustered” using previous publication<sup>1</sup>)</li> <li>▪ Substance use disorders</li> <li>▪ Mental health disorders</li> <li>▪ Concomitant non-opioid medications</li> </ul> | <ul style="list-style-type: none"> <li>▪ Demographic (age, sex, year, US census region)</li> </ul> | <ul style="list-style-type: none"> <li>▪ Pain-causing conditions</li> <li>▪ Substance use diagnoses</li> <li>▪ Mental health disorders</li> <li>▪ Concomitant non-opioid medications</li> <li>▪ Prescription opioid frequency and dose</li> </ul> |

## Study 3033-2: Accrual Over Time

- Follow-up goes through 2017
- Later entrants tended to provide shorter durations of follow-up



\*Partial year (Oct-Dec)

## Study 3033-2: Demographics and Prior Medications at Cohort Start Date for Long-term CII Opioid Users

Overall Cohort  
N = 220,249

|                           |     |
|---------------------------|-----|
| Age ≥ 45 years            | 65% |
| Female                    | 51% |
| <b>U.S. Census Region</b> |     |
| South                     | 59% |
| West                      | 19% |
| Midwest                   | 16% |
| Northeast                 | 6%  |
| <b>Prior Medications</b>  |     |
| Antidepressants           | 34% |
| Benzodiazepines           | 32% |
| Muscle relaxants          | 32% |
| Gabapentinoids            | 21% |
| Antipsychotics            | 6%  |

# Study 3033-2: Prior Diagnoses at Cohort Start Date for Long-term Schedule II Opioid Users

CO-63

Overall Cohort  
N = 220,249

## Prior Pain Diagnoses (>20%)

|  |     |
|--|-----|
| Back                                   | 57% |
| Limb/extremity/joint                   | 57% |
| Abdominal, bowel                       | 27% |
| Fracture, contusions, sprains, strains | 26% |
| Neck                                   | 22% |
| Musculoskeletal, chest                 | 21% |
| Other painful conditions               | 21% |

## Prior Mental Health Diagnoses

|            |     |
|------------|-----|
| Depression | 27% |
| Anxiety    | 25% |
| Psychosis  | 8%  |

## Prior Substance Use Disorder Diagnoses

|                              |    |
|------------------------------|----|
| Other substance use disorder | 6% |
| Alcohol                      | 5% |
| Opioid                       | 4% |

# Study 3033-2: Most Common CII Opioid Received at Cohort Start Date

CO-64

Overall Cohort  
N = 220,249

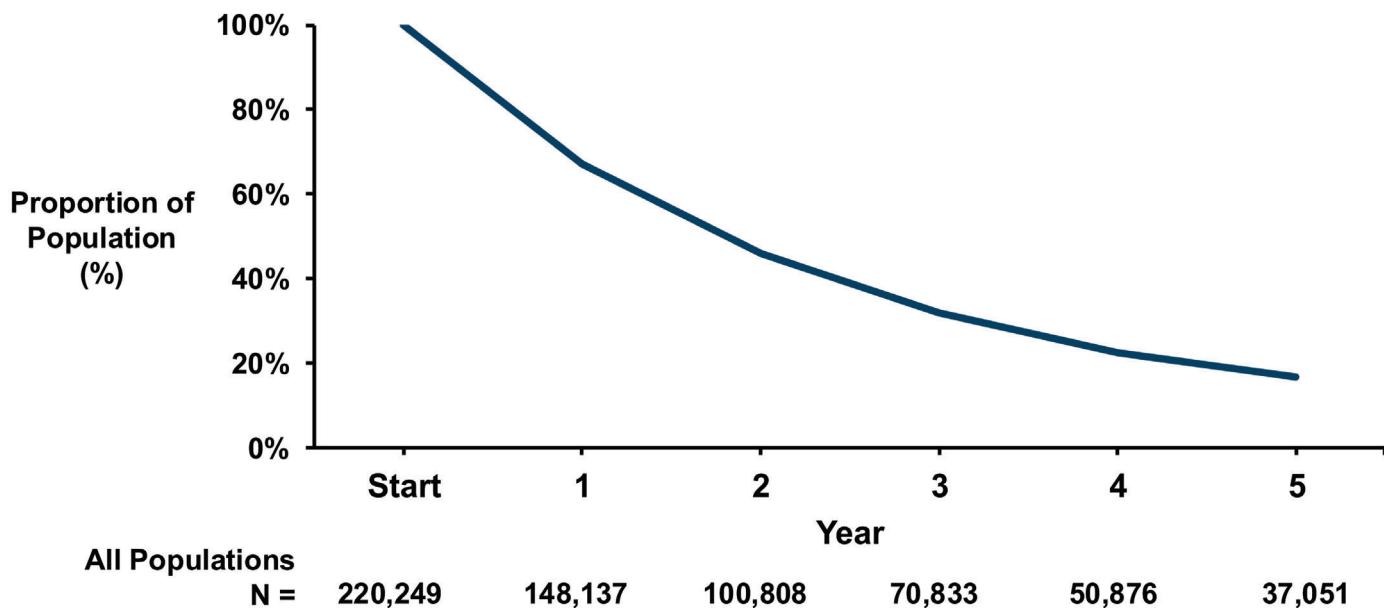
## IR/SA Opioid as Principal Molecule

|               |     |
|---------------|-----|
| Hydrocodone   | 59% |
| Oxycodone     | 22% |
| Hydromorphone | 1%  |

## ER/LA Opioid as Principal Molecule

|           |    |
|-----------|----|
| Fentanyl  | 5% |
| Morphine  | 4% |
| Oxycodone | 4% |
| Methadone | 1% |

## Study 3033-2: Cohort Size by Year of Follow-up



## Study 3033-2: Follow-up and OOD Incidence

### Follow-up Statistics to End of Observation

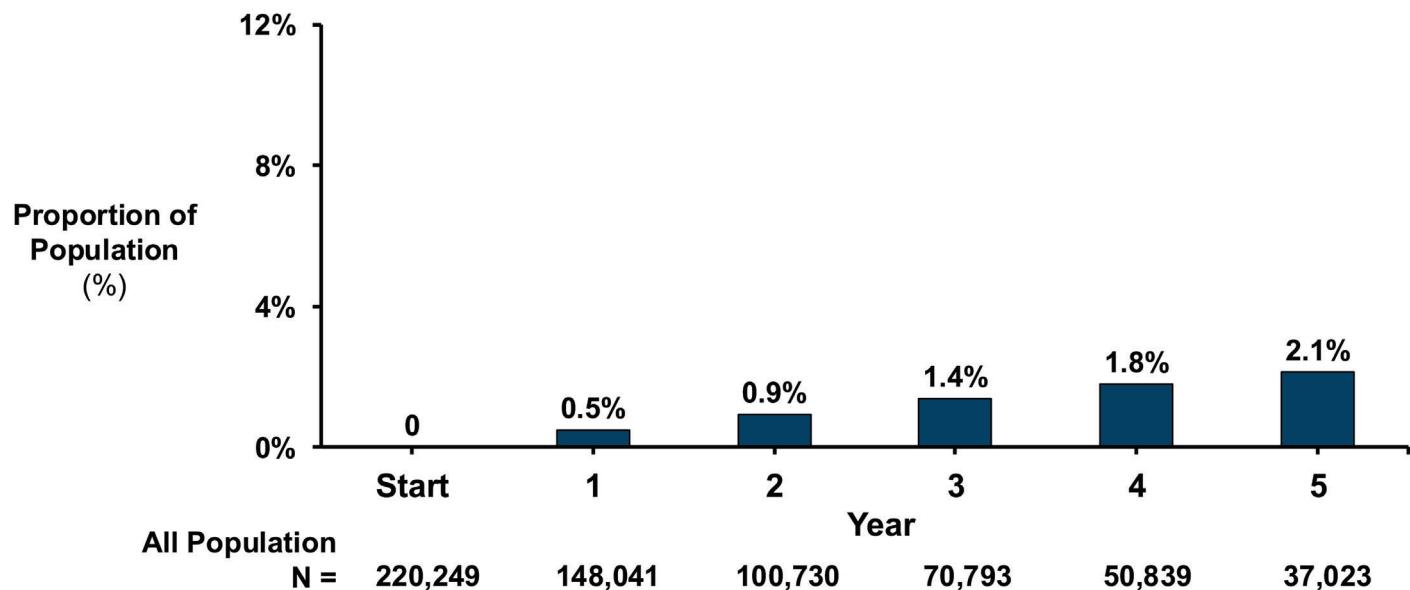
|  | VUMC                 | HealthCore           | Optum                | KPNW                 | Overall                      |
|--|----------------------|----------------------|----------------------|----------------------|------------------------------|
| <b>Cohort Entrants</b>                           | 71,932               | 81,782               | 54,515               | 12,020               | <b>220,249</b>               |
| <b>Person Years</b>                              | 196,801              | 175,529              | 83,524               | 36,926               | <b>492,780</b>               |
| <b>OOD Events</b>                                | 1,978                | 629                  | 287                  | 140                  | <b>3,034</b>                 |
| <b>Fatal OOD events</b>                          | 330 (17%)            | 107 (17%)            | 57 (20%)             | 15 (11%)             | <b>509 (17%)</b>             |
| <b>Cumulative Risk</b><br>(95% CI)               | 4.1%<br>(3.9%, 4.3%) | 1.5%<br>(1.4%, 1.6%) | 1.5%<br>(1.3%, 1.8%) | 1.4%<br>(1.2%, 1.7%) | <b>2.1%<br/>(2.0%, 2.2%)</b> |
| <b>Incidence Rate (per 1,000 py)</b><br>(95% CI) | 8.3<br>(7.9, 8.7)    | 3.3<br>(3.0, 3.5)    | 3.3<br>(3.0, 3.8)    | 3.1<br>(2.6, 3.7)    | <b>5.3<br/>(5.1, 5.5)</b>    |

Overall Cumulative Risk is the average across sites

OOD: opioid-involved overdose or opioid overdose-related death; py: person-years; CI: confidence interval

Optum: United Health Care; HealthCore: Anthem; VUMC: Vanderbilt Univ. Medical Center, TennCare (Medicaid); KPMW: Kaiser Permanente Northwest

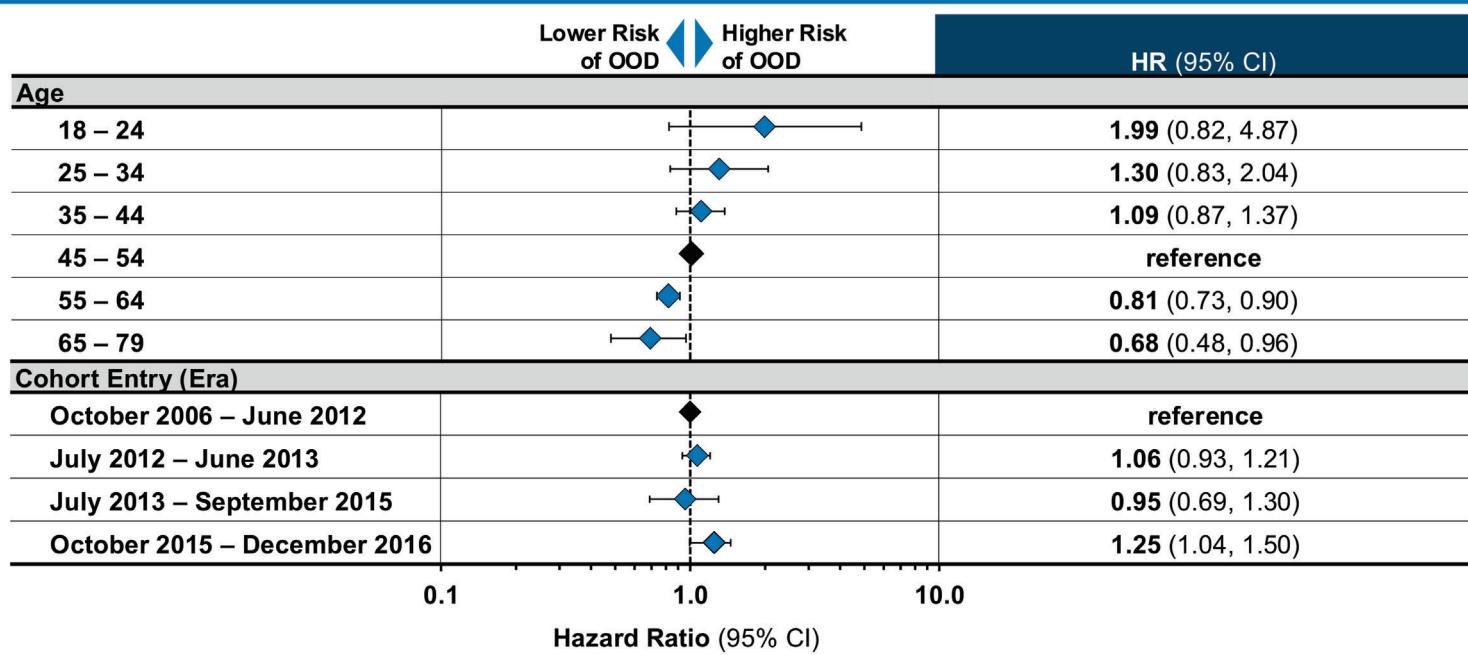
# Study 3033-2: Cumulative OOD Risk in Patients Receiving Long-Term Opioid Therapy for Pain CO-67



OOD: opioid-involved overdose or opioid overdose-related death

CO-68

## Study 3033-2: OOD by Age and Era



OOD: opioid-involved overdose or opioid overdose-related death; CI: confidence interval

## Study 3033-2: Prior OUD and Psychiatric Diagnoses Predict for Overdose and Death; Aligning with Prior Literature (Adjusted for Age, Sex, Era, Region)

CO-69

Includes HR > 1.6 and  $p < 0.05$

Lower Risk of OOD  Higher Risk of OOD

|                                    |   | HR (95% CI)              |
|------------------------------------|---|--------------------------|
| <b>Prior SUD Diagnosis</b>         |   |                          |
| Opioid                             |  | <b>4.23</b> (3.82, 4.69) |
| Other*                             |  | <b>4.02</b> (3.44, 4.70) |
| Alcohol                            |  | <b>3.11</b> (2.38, 4.07) |
| <b>Prior Psychiatric Diagnosis</b> |   |                          |
| Psychosis                          |  | <b>3.28</b> (2.30, 4.69) |
| Depression                         |  | <b>2.34</b> (2.06, 2.66) |
| Anxiety                            |  | <b>2.30</b> (2.14, 2.48) |
| Other mental health                |  | <b>1.83</b> (1.53, 2.20) |
| <b>Prior Medications</b>           |   |                          |
| OUD therapies                      |  | <b>2.95</b> (2.19, 3.98) |
| Antipsychotics                     |  | <b>2.82</b> (1.97, 4.05) |
| Benzodiazepines                    |  | <b>2.10</b> (1.63, 2.69) |
| Antidepressants                    |  | <b>2.07</b> (1.65, 2.59) |
| ADHD therapies                     |  | <b>1.90</b> (1.44, 2.49) |
| Hypnotics and sedatives            |  | <b>1.76</b> (1.43, 2.18) |

\*e.g., cannabis, stimulants, hallucinogens, barbiturates

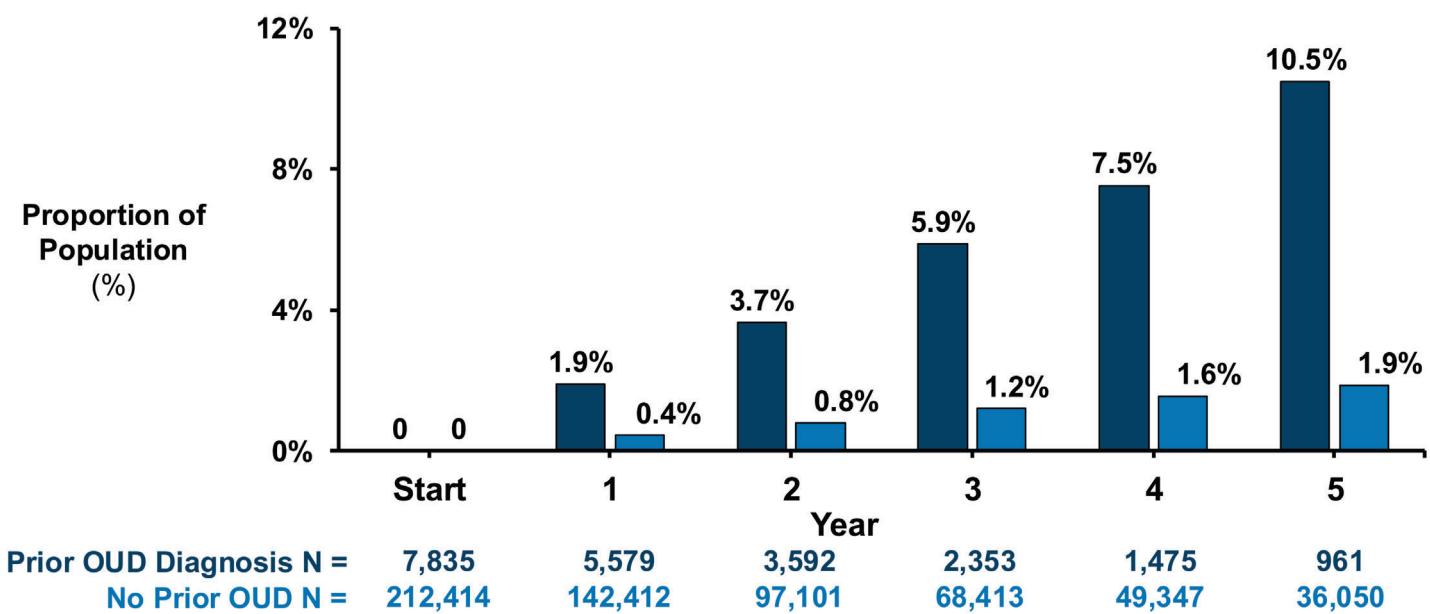
### Hazard Ratio (95% CI)

**10.0**

OOD: opioid-involved overdose or opioid overdose-related death; SUD: substance abuse disorder; OUD: opioid use disorder; HR: hazard ratio; CI: confidence interval

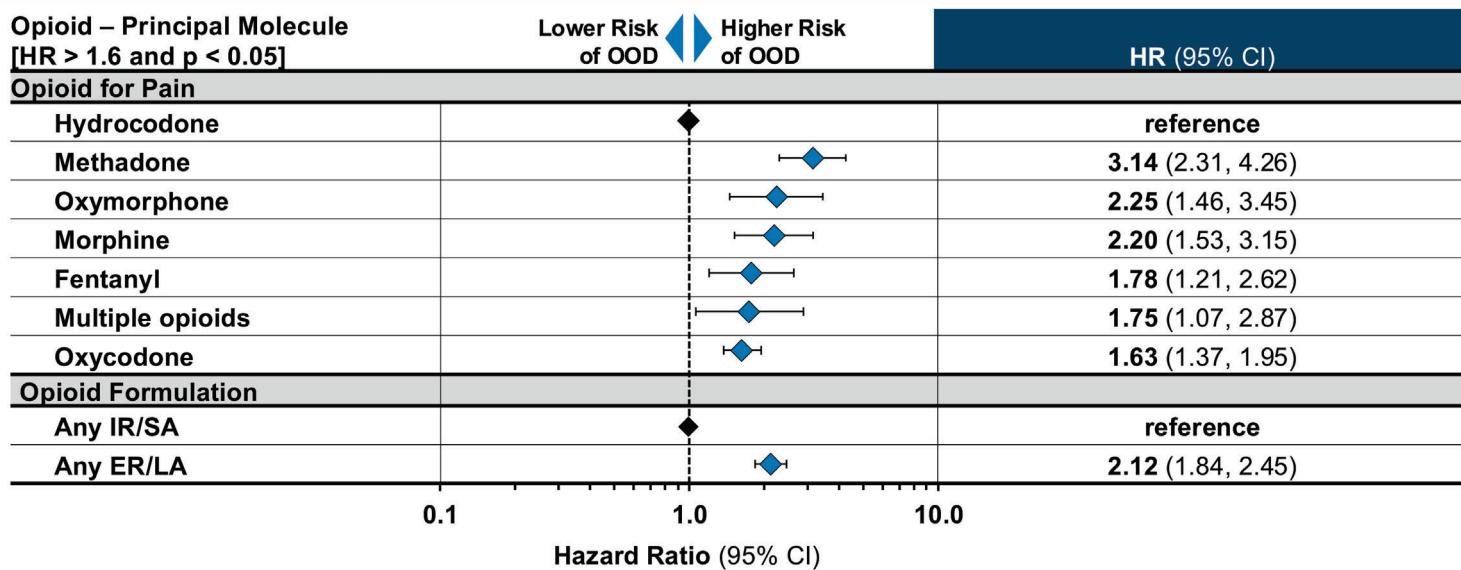
## Study 3033-2: Cumulative OOD Risk by Prior OUD Diagnosis in Patients Receiving Long-Term Opioid Therapy for Pain

CO-70



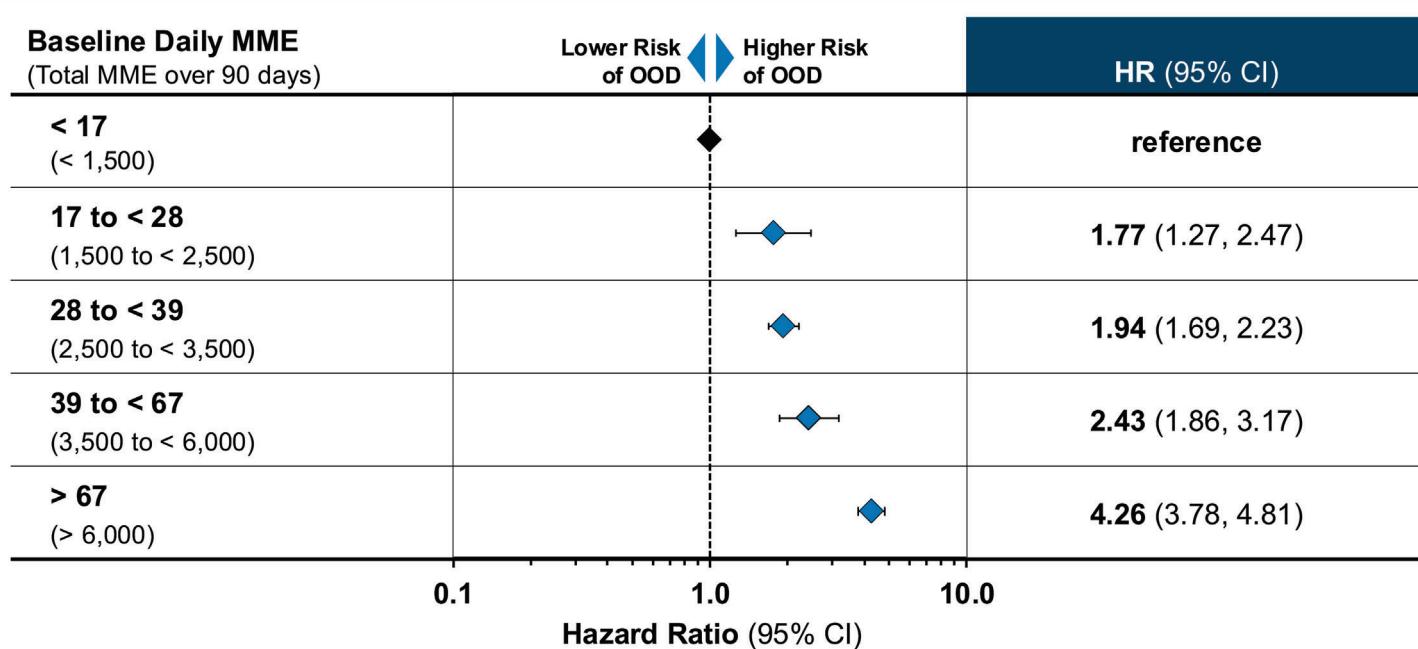
OOD: opioid-involved overdose or opioid overdose-related death; OUD: opioid use disorder

## CO-71 Study 3033-2: Other Risk Factors Identified that Align with Prior Literature (Adjusted for Age, Sex, Era, Region)



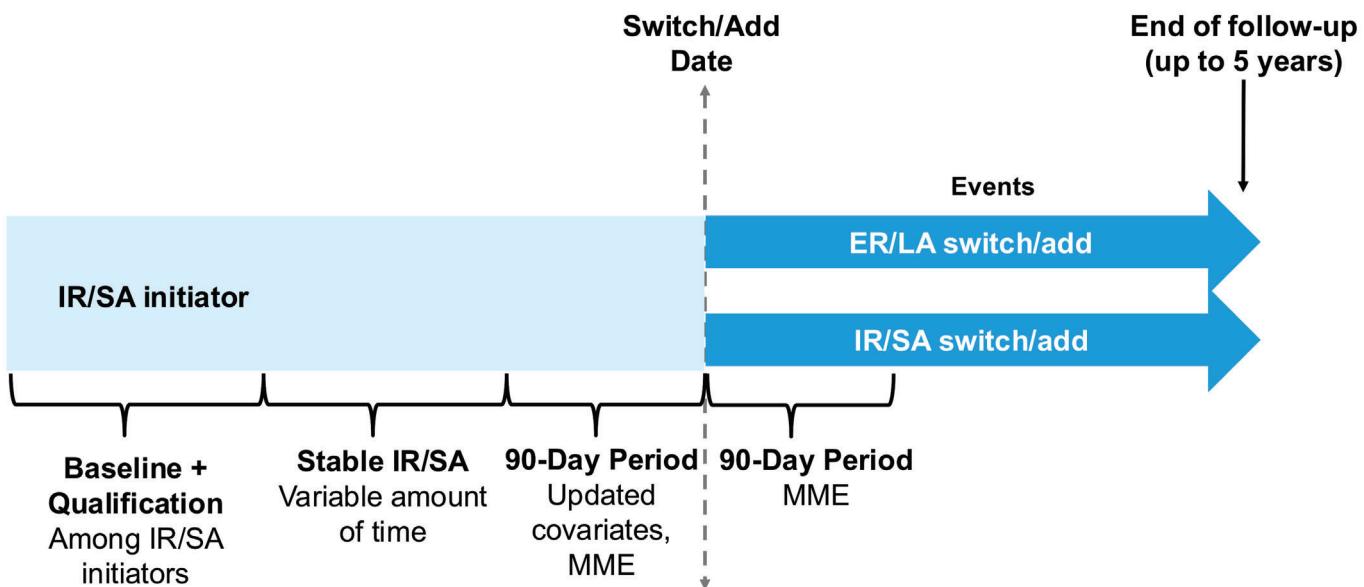
ER/LA: extended release or long-acting; IR/SA: immediate release or short-acting; OOD: opioid-involved overdose or opioid overdose-related death  
HR: hazard ratio; CI: confidence interval

## CO-72 Study 3033-2: OOD According to Baseline MME (Adjusted for Age, Sex, Era, Region)



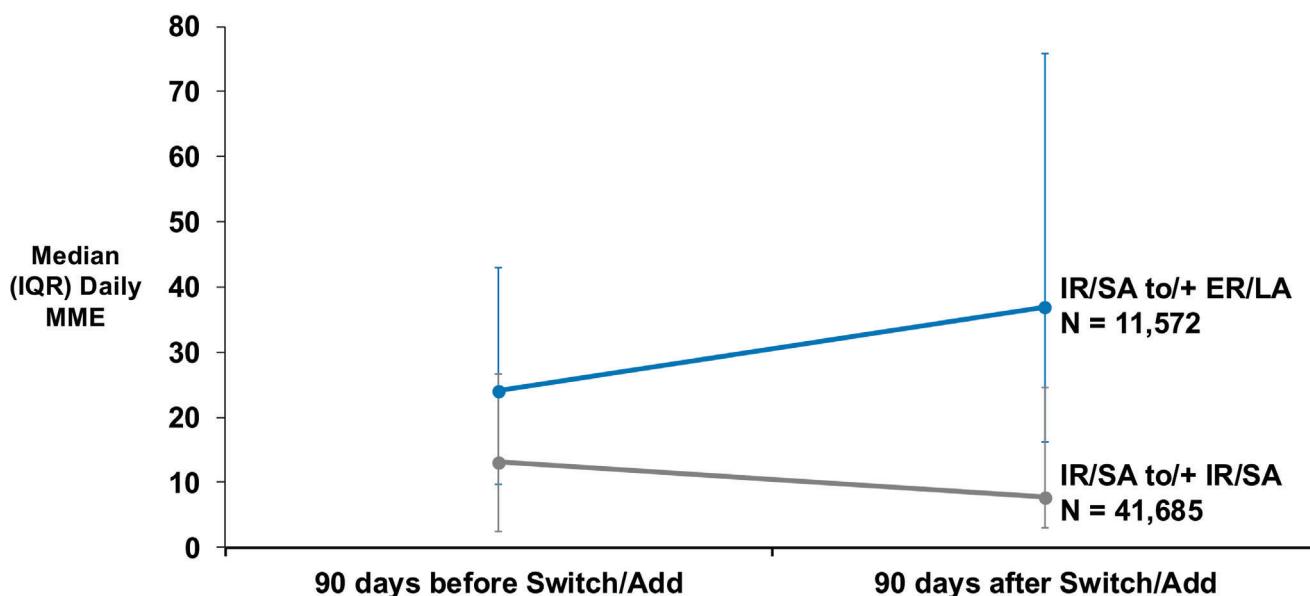
MME: milligram morphine equivalent; OOD: opioid-involved overdose or opioid overdose-related death; HR: hazard ratio; CI: confidence interval

## Study 3033-2: Switch / Add Cohort



ER/LA: extended release or long-acting; IR/SA: immediate release or short-acting; MME: milligram morphine equivalent

## Study 3033-2: Switching to or Adding ER/LA Coincided with Increase in Opioid Dose



IQR: interquartile range; ER/LA: extended release or long-acting; IR/SA: immediate release or short-acting; MME: milligram morphine equivalent

# Rates in Switch/Add Cohort Higher than Primary Cohort ER/LA v IR/SA Effect Persists

CO-75

|                              | IR/SA to/+ ER/LA<br>N = 11,572 | IR/SA to/+ IR/SA<br>N = 41,685 |
|------------------------------|--------------------------------|--------------------------------|
| OOD                          | 333                            | 812                            |
| Person-years (1000s)         | 30.3                           | 111.2                          |
| Rate per 1000 person-years   | 11.0                           | 7.3                            |
|                              |                                | HR (95% CI)                    |
| Unadjusted for baseline dose | 1.43 (1.09, 1.88)              |                                |
| Adjusted for baseline dose   | 1.35 (1.02, 1.77)              |                                |

ER/LA: extended release or long-acting; IR/SA: immediate release or short-acting; HR: hazard ratio; CI: confidence interval

## Study 3033-2: Strengths and Limitations

CO-76

### Study Strengths

- Large size
- Validated OOD outcome (includes NDI linkage)
- New user cohort design with intention to treat follow-up
- Four data sources: Medicaid, managed care, and two commercial

### Study Limitations

- Exposure based on recorded dispensing; actual opioid use not observed
- Did not account for opioid Rx obtained outside of insurance
- Medical characteristics inferred from diagnoses accompanying services; may not correspond to actual condition

OOD: opioid-involved overdose or opioid overdose-related death; NDI: national death index

## Study 3033-2: Informs Incidence Rate and Risk Factors Regarding Opioid Overdose and Death

CO-77

- People who began long-term opioids tend to continue them, at least through 5 years
  - Risk increment for OOD nearly constant over time
- Determinants of increased risk at baseline
  - High opioid dose
  - SUD and other serious mental health diagnoses and treatments
- Increased risk in those who started or switched to ER/LAs – closely correlated with higher opioid dose accompanying the switch
- Risk factor findings correspond to previous literature

OOD: opioid-involved overdose or opioid overdose-related death; SUD: substance use disorder; ER/LA: extended release or long-acting



## Conclusions

**Alexander M. Walker, MD, DrPH**

Adjunct Professor, Epidemiology  
Harvard T.H. Chan School of Public Health

CO-78

## PMR Studies Quantified Incidence Rates and Risk Factors

- Study 1
  - 1-year cumulative risks: Rx opioid misuse (~23%), Rx opioid abuse (~9%), opioid addiction (~1.6%)
  - Similar outcome prevalences in cross-sectional study of established patients
  - Among many prespecified risk factors, prior non-opioid, non-nicotine SUD was strongest risk factor of outcomes
- Study 2
  - 5-year cumulative risk of OOD averaged 2.1% across 4 sites
  - Among many prespecified risk factors, baseline dose, prior opioid use disorder, and mental health disorders/treatments strongest independent predictors of OOD

SUD: substance use disorder; OOD: opioid-involved overdose or opioid overdose-related death

## Observational Studies Address Post-Marketing Requirements

- Studies fill previous evidence gaps related to risks associated with long-term use of prescription ER/LAs
- Used newly developed and best available scientific information
- Developed validated research measures for misuse, abuse, and addiction; confirmed validity of existing database algorithm for OOD
- For the five outcomes related to long-term opioid use in patients with chronic pain
  - Quantified incidence
  - Investigated many prespecified demographics/characteristics and confirmed strongest risk factors
- Risk factors generally align with published literature

OOD: opioid-involved overdose or opioid overdose-related death; ER/LA: extended release or long-acting

## Additional Experts

### Study 3033-1 Lead Biostatistician

**Ning Smith, PhD**

Kaiser Permanente Center for Health Research

### Study 3033-3 and 3033-4 Principal Investigator

**Karin Coyne, PhD, MPH**

Vice President, Patient Centered Research  
Evidera

### Study 3033-5 Principal Investigator

**Deborah Hasin, PhD**

Professor of Epidemiology  
Columbia University

### Opioid Research Consultant

**Sandra Comer, PhD**

Professor of Neurobiology  
Columbia University

### Clinical Consultant

**Charles Argoff, MD**

Professor of Neurology  
Albany Medical College

### Clinical Consultant

**Richard Rauck, MD**

Carolinas Pain Institute

## **Post-Marketing Requirement (PMR) Study Results for Long-term Use of Extended-Release / Long- Acting Opioids in Patients with Chronic Pain**

**May 5, 2025**

Anesthetic and Analgesic Drug Products Advisory Committee  
Drug Safety and Risk Management Advisory Committee  
Opioid Post-marketing Consortium (OPC)

## Backup Slides Shown

### Study 3033-5: PRISM-5-OP Used 3 Methods to Assess OUD EP-41

| Assessment Method      | Adjustments to 11 Criteria  |
|------------------------|---|
| Unadjusted measures    | <ul style="list-style-type: none"><li>[Benchmark for comparison]</li><li>None. Criteria rated positive if present, without regard for “use as prescribed” or pain</li></ul>   |
| DSM-5 measures         | <ul style="list-style-type: none"><li>Withdrawal and tolerance not rated positive (i.e., adjusted) if they occurred among participants who used opioids as prescribed, as defined in DSM-5</li></ul>  |
| Pain-adjusted measures | <ul style="list-style-type: none"><li>[In addition to the DSM-5 adjustment]</li><li>DSM-5 behavioral criteria rated positive only if additional patient information from the PRISM-5-OP instrument indicated that the criteria represented addiction indicators (non-therapeutic intent) rather than treatment of pain (therapeutic intent)</li></ul> |