

JESSICA L. JACKSON, PHD

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EDUCATION

- 2018-2019 Clinical Psychology Postdoctoral Resident, APA-Accredited
VA Greater Los Angeles, Los Angeles Ambulatory Care Center
- 2017-2018 Clinical Psychology Doctoral Internship, APA-Accredited
University of California Los Angeles Counseling & Psychological Services
- 2018 Ph.D. in Counseling Psychology, APA-Accredited
New Mexico State University, Department of Counseling & Educational
Psychology
Dissertation Title: The Prevalence and Experience of Race Related Stress Among
Black Male College Student Athletes: A Mixed-Method Study.
- 2011 M.A. in Education & Human Development (ACA- Accredited, Major: Clinical
Mental Health Counseling
The George Washington University
- 2007 B.A. in Psychology
North Carolina Agricultural & Technical State University

CAREER/ACADEMIC APPOINTMENT

- 2024- Present Vice President of Alliance Development
Mental Health America, Alexandria, VA
- 2021- 2023 Clinical Strategy Manager (2022 -2023)
Global Diversity, Equity, Inclusion, & Belonging Care Lead (2021-2022)
Modern Health, San Francisco, CA
- 2020-2021 Assistant Professor of Psychiatry, Menninger Department of Psychiatry &
Behavioral Sciences, Baylor College of Medicine, Houston, TX
- 2019 Adjunct Faculty
Los Angeles Valley College

LICENSES

Licensed Psychologist, State of Texas, #38397
PsyPact, # 6806

PROFESSIONAL HONORS & RECOGNITION

- 2024-2026 Appointed to the FDA's Inaugural Digital Health Advisory Committee
- 2023-2026 Appointed Chair of APA's Mental Health Technology Advisory Committee
- 2022 Therapist in Tech Trailblazer in Tech Award

2022	Texas Psychological Association Citizen Psychologist Award
2022	Houston Business Journal Top 40 Under 40
2022-2024	Elected member of the Board for the Advancement of Psychology in the Public Interest
2022	Elected Early Career Psychology Member-at-Large, Society for the Psychological Study of Culture, Ethnicity and Race
2020-2021	Baylor College of Medicine Career Advancement Series – Assistant Professor Women Faculty Group
2019	Society of Counseling Psychology, Section for Ethnic & Racial Diversity Outstanding Service to Diverse/Underserved Communities Award
2019- Present	Co-developer of The Culture, Race, Ethnicity, Accessible Treatment Repository for Evidence-Based Practice.
2019 - 2020	Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAEMI) Leadership Development Institute APA Division 45 (Society for the Psychological Study of Culture, Ethnicity and Race) Fellow

CLINICAL EXPERIENCE

Therapy Is For Everyone Psychological and Consultation Services 4/20- present
Houston, TX
Private Practice

Harris Health System (Neuropsychiatric Center, Alliance Refugee Clinic, Santa Maria Women's Shelter)
Houston, TX 2/20- 2/21
Outpatient, Inpatient & Community Clinics
Faculty Psychologist

VA Greater Los Angeles Healthcare system (VAGLAHS) (APA Accredited)
Veterans Affairs Los Angeles Ambulatory Care Center (LAACC) 9/18- 8/19
Los Angeles, CA
Primary Care-Mental Health Integration/Substance Use Disorders (PC-MHI/SUD)
Postdoctoral Resident in Clinical Psychology

Counseling and Psychological Services (APA Accredited)
University of California, Los Angeles, CA 8/17-7/18
Pre-doctoral Psychology Intern

Ben Archer Health Center/Community Foundation of Southern New Mexico
Las Cruces, NM 8/15-05/16
School Based Behavioral Health Therapist

Memorial Medical Center
Las Cruces, NM 8/15-12/15
Primary Care Psychology Practicum Student

Harris County Community Supervision & Corrections Department
Houston, TX 11/13-5/15

JESSICA L. JACKSON C.V.

Forensic Counselor

Counseling and Psychological Services

University of Texas, El Paso, TX

8/12-12/12 & 8/15-12/15

Advanced Practicum Student

Mesilla Valley Hospital

Las Cruces, NM

7/12-12/12

Assessment & Referral Coordinator

Doña Ana County Detention Center

Las Cruces, NM

2/12-8/12

Behavioral Health Practicum Student

Counseling Training Center

New Mexico State University, Las Cruces, NM

9/11-5/12

Individual & Group Psychotherapy Practicum Student

FUNDING/ GRANT HISTORY

Agency: Baylor College of Medicine

Title: "A Whole Village Evaluating Use of Group Psychotherapy to Reduce Black Maternal Depression and Anxiety in Addition to Labor Doula Services"

PI's: Jocelyn Greely, M.D., Jessica Jackson, Ph.D., Sade Udoetuk, M.D.

Total expected costs for project period: \$72,975.50

Outcome: Not Funded

Agency: American Psychological Association Early Career Community Grant

Title: "Racial Stress & Trauma Workshop"

PI: Jessica Jackson, Ph.D. & Farzana Saleem, Ph.D.

Total costs for project period: \$2,828.20

Project period: 11/18/19-12/1/2021

Agency: US Department of Education

Title: GAANN Fellowship Program, P200A150318 PI:

Enedina Vazquez, Ph.D. & Eve Adams, Ph.D.

Role: Graduate Fellow

Total costs for project period: \$5,243

Project period: 08/2017-05/2017

Agency: National Institute of Health

Title: Minority Biomedical Research Initiative for Scientific Enhancement (RISE), NIH R25GM061222

PI: Elba Serrano, Ph.D. & Graciela Unguez, Ph.D.

Role: RISE to the post doctorate scholar

Total costs for project period: \$299,364

Project period: 08/2012- 07/2012, 05/2015-07/2017

Agency: National Collegiate Athletic Association Graduate Student Research Grant

Title: "The Prevalence and Experience of Race Related Stress Among Black Male College Student Athletes: A Mixed-Method Study"

PI: Jessica Jackson, M.A.

Total costs for project period: \$7,500

Project period: 11/2016-11/2017

TEACHING EXPERIENCE

Counseling & Educational Psychology Department

8/11-7/18

New Mexico State University, Las Cruces, NM

Instructor of Record

CEP110G Human Growth & Development

Summer 2018

CEP 461 Family Guidance

Spring 2016

CEP110G Human Growth & Development

Fall 2011; Spring 2012

Graduate Teaching Assistant

Summer 2012

CEP 512 Human Growth & Development

ADDITIONAL PROFESSIONAL EXPERIENCE

BetterUp Pathways Coaching Program, San Francisco, CA

10/18-02/19

Independent Contractor

Georgetown Medical Center

11/16-06/17

Research Assistant for African American Knowledge Optimized for Mindfully Health

Adolescents (AAKOMA) Lab

PEER-REVIEWED PUBLICATIONS

Cerezo, A., Jackson, J., Nikiforova, K., Cooper, D., & Lord, S.P. (Under Review). Advancing Mental Health Practice at Scale: The Potential of Technology in Psychological Practice.

Sagui-Henson, S., Chamberlain, C.E.W., Smith, B.J., **Jackson, J.**, Adusei, S., Monick, B. & Castro Sweet, C.M. (2024). Utilization, satisfaction, and clinical outcomes of People of Color and white adults using an employer-sponsored digital mental health platform. *International Journal of Environmental Research & Public Health*, 21(12) 1660.
<https://doi.org/10.3390/ijerph21121660>

Metzger, I.W., Jernigan-Noesi, M., Jones, S.C.T., Turner, E.A., Saleem, F., **Jackson, J.**, Anderson, R.E., Bartolomeo, L.A., Tineo, P., Opara, I. (2024). Power to the People: Measuring Social Media and Mass Media Impact for Promotion and Tenure in Social and Applied Sciences. *Higher Education Policy*.

Kirk, K., **Jackson, J.**, Sagui-Henson, S., Wang, E., Semaan, F., Prescott, M., Welcome Chamberlain, C.E., Castro Sweet, C., Ijebor, E., & Knott, L. (2023). Race-Based Experiences and Coping as Predictors of BIPOC Mental Health Provider Burnout and Stress During Covid-19. *Journal of Prevention and Health Promotion*.

Robichaux, K., Torres, M.I.M., & **Jackson, Jessica** (2022). The role of social determinants in caring for trafficked patients: A public health perspective on human trafficking. *Bulletin of the Menninger Clinic*, 86, 8-17, doi: 10.1521/bumc.2022.86.supplA.8

Milburn, N.G., Klomhaus, A., Comulada, W.S., Lopez, S.A., A., Bath, E., Amani, B., **Jackson,**

J., Lee, A., Kim, E., Rice, E., Semaan, A. & Bo-Kyung, E.K. (2020). Reconnecting Homeless Adolescents and Their Families: Correlates of Participation in a Family-Based Intervention. *Prevention Science*, 21(8), 1048-1058 doi: 10.1007/s11121-020-01157-9

Richmond, A., **Jackson, J.** (2018). Cultural considerations for psychologists in primary care. *Journal of Clinical Psychology in Medical Settings*, 25(3), 305-315 doi:10.1007/s10880-018-9546-y

Jackson, J. (2018, April). SBM 39th Annual Meeting Abstract Supplement, Annals of Behavioral Medicine, Volume 53, Issue suppl_1,11 April 2018, Pages S 606, <https://doi.org/10.1093/abm/kay013>

Jackson, J. (2017). *Stepping up social justice training for counseling psychology graduate students*. Published online for the Society of Counseling Psychology at <http://www.div17.org/scp-connect/> July 31, 2017.

Jackson, J., Lopez, S., Klomhaus, A., Bath, E., Milburn, N. (2016). An Exploratory Study of the Relationship Between Parental Bonding and Problem Behavior Among Re-entry Youth. [Abstract] *Journal of the American Academy of Child & Adolescent Psychiatry* 55(10), S172 <http://dx.doi.org/10.1016/j.jaac.2016.09.223>

BOOK CHAPTERS

Breland-Noble, A.M., Wong, M., Harb, C.A., **Jackson, J.**, Carter-Williams, Harding, C. (2020). Faith-based mental health promotion: strategic partnership development of a Black faith community- academic pilot project. In A.M. Breland-Noble (ed), *Community Mental Health Engagement*

Harb, C., **Jackson, J.**, Breland-Noble, A.M. (2019). Barriers to outpatient psychotherapy treatment. In M.T. Williams, D.C. Rosen, & J.W. Kanter (eds.), *Eliminating Race-Based Mental Health Disparities: Promoting Equity and Culturally Responsive Care Across Settings* Oakland, CA: New Harbinger Books.

SELECTED INVITED TALKS

National Collegiate Athletic Association Dr. Charles Whitcomb Leadership Institute

Virtual Workshop

“Identity: What Does It Mean To Be Authentic in the Workplace”

10/2021

National Collegiate Athletic Association Dr. Charles Whitcomb Leadership Institute

Virtual Workshops

“Identity”

02/2021 & 03/2021

Connecticut State Education Resource Center

08/2020

Prevention Virtual Summit

Invited Keynote Speaker: Creating a Culturally Responsive Environment: A Necessity for Health Equity

National Collegiate Athletic Association Dr. Charles Whitcomb Leadership Institute

Virtual Conference

“State of Our World: Let’s Talk About It”

07/2020

Semel Institute for Neuroscience and Human Behavior

04/2017

University of California, Los Angeles, CA

Invited guest lecturer for Grand Rounds at the Family Stress, Trauma And Resilience (STAR) Clinic

- Topic: Cultural Considerations for Psychologists practicing in Integrated Healthcare Settings.

SELECTED PEER-REVIEWED PROFESSIONAL PRESENTATIONS

Sagui-Henson, S.J., Chamberlain, C.E.W., Jackson, Jessica & Castro Sweet, C. (accepted for the Society of Digital Mental Health 2023 meeting.) *Designing and evaluating employer-sponsored digital mental health services to promote global accessibility and health equity.*

Sagui-Henson, S.J., Chamberlain, C.E.W., Smith, B., Castro Sweet, C.M., Monick, B., **Jackson, J.**, Lo, S., Chang, T., & Altman, M. (accepted for the Society of Behavioral Medicine 2023 annual meeting). *Equity in digital mental health services: Race and ethnic comparisons of engagement and effectiveness.*

Anderson, P. L., **Jackson, J. L.**, Wright, C. V. (2022, June). *Using digital mental health innovations to address the needs of diverse, underserved populations: Perspectives from the APA Summit on the Future of Education and Practice of Psychology.* Flash talk presented at the 1st meeting of the Society for Digital Mental Health, virtual

Jackson, J., Knott, L.E. , & Peters, Z. (2020). Power + Prejudice = Racism. Continuing Medical Education workshop presented to Harris Health Psychiatry Department, Houston, TX

Rislin, J., **Jackson, J.**, Robinson, L. & Martinez, A. (2020). Understanding Interventions to Address Race-Based Stress and Racial Trauma While Promoting Resilience and Empowerment. Symposium accepted at 2020 Counseling Psychology Conference, New Orleans, LA

Jackson, J., Fulton, J., Jackson, J., Chaison, A., Trujillo, M., Davis, D... Rosner, C. (2020). Strategies for Enhanced Multicultural Training: Experiential Approaches. Poster accepted at 2020 Counseling Psychology Conference, New Orleans, LA

Hargons, C. & **Jackson, J.** (2020). Mentoring Black Students in Counseling Psychology. Roundtable accepted at 2020 Counseling Psychology Conference, New Orleans, LA

Jackson, J., Adams, E. & Karakashian, M. (2020). Preparing Counseling Psychologist for Primary Care Mental Health Integration Settings. Roundtable accepted at 2020 Counseling Psychology Conference, New Orleans, LA

Jackson, J. (2019). *Oppression within Privileged Identities.* In Nel, J. (2019). Violence/recidivism/hate. Symposium conducted at the 25th Annual South African

Psychology Congress, Johannesburg, South Africa

Davis, D., Fineman, J., Fulton, J.J., Chen, J., **Jackson, J.L.**, Jackson, J., Chaison, A., Fujii, D., Wan, S., & Jeong, J.Y. (2019). *VA Psychology Training Council Multicultural and Diversity Committee: Resources and Innovations*. Poster accepted at the VA Psychology Leadership Conference, 2019, San Antonio, TX.

Jackson, J. & Robinson, L. (2019). Race-Based traumatic stress & resilience: A group therapy curriculum [Kit]. Los Angeles, CA: Author

Jackson, J., (2018). *Cultural Considerations for Mental Health Among Black Male Student Athletes*. In Bowman & Holt (2018), *Mental Health and Well-Being Among Division I Student-Athletes- Risk and Protective Factors*. Symposium conducted at the American Psychological Association Annual Convention, San Francisco, California.

Amani, B., Lopez, S., Bath, E, Young-Brinn, A., Comulada, S. **Jackson, J.**, & Milburn, N.G. (2018). *Key Considerations of Equity and Justice for Homeless Youth in Los Angeles County*. In Lee, Milburn and Lopez (2018), *Addressing Health Disparities of Vulnerable Underserved Youth-Discovering Determinants*. Symposium conducted at the American Psychological Association Annual Meeting, San Francisco, CA.

Bath, E, Lopez, S., Bath, E, Amani, B., Young-Brinn, A., **Jackson, J.**, Comulada, S., Abrahams, L., & Milburn, N.G. (2018). *Challenges and Strategies for Conducting Family-Based Intervention Research in Juvenile Justice*. In Milburn and Lopez (2018), *Addressing Health Disparities of Vulnerable Underserved Youth-Discovering Determinants*. Symposium conducted at the American Psychological Association Annual Meeting, San Francisco, CA.

Lopez, S., **Jackson, J.**, Abrahams, L., Milburn, N.M. Amani, B., Comulada, S., Young-Brinn, A., Semaan, A., Bath, E. (2018, August). *Reentry Youth and Their Families: An Exploration of Their Perceptions of Family- Based Interventions*. Poster accepted at the American Psychological Association Annual Convention, 2018, San Francisco, CA.

Cheng, H., Rislin, J., La, S., Kim, H., Terhorst-Miller, H., Valdovinos, K., Lopez, J., Turner, J., Williams, C., Cha, C., **Jackson, J.**, Durham, C., Lui, A. Tsai, C. (2018, August). *Development of a Measure of Latinx Adults' Perceived Racial/Ethnic Discrimination in Health Care*. Poster accepted at the American Psychological Association Annual Convention, 2018, San Francisco, CA.

Rislin, J., Torres, I., **Jackson, J.** (2016, October). *Latino Men's Mental & Physical Health Outcomes: Understanding The Roles of Alexithymia, Machismo and Acculturation*. Poster presented at the National Latina/o Psychological Association, 2016, Orlando, FL.

Jackson, J., (2016). *What does it mean to be a woman of color in psychology: Implications and importance of self-care*. In Hitter & Jackson (2016), *Women and Graduate Training Programs: Preparing for intersecting identities requires collaboration*. Symposium conducted at the American Psychological Association Annual Convention, Denver, Colorado.

Jackson, J., & Rislin, J. (2016). *Race-related Stress Among Sport & Performance Populations*. Interactive Discussion facilitated at the American Psychological Association Division 45 Society for the Psychological Study of Culture, Ethnicity, and Race Research conference

2016, Palo Alto, California.

Mitchell, L.M., Doughty-Shaine, M.J., **Jackson, J.** & Daniels, D. (2016). *To Lean In or Not To Lean In: The Diverse Experiences of Women in the Counseling Field*. 90-Minute Education Session presented at the American Counseling Association Annual Conference 2016, Montreal, Canada.

Jackson, J. (2016, September). *Race Related Stress: A Unique Stressor for African American Athletes?* Poster presented at the Association for Applied Sport Psychology, 2016, Phoenix, AZ

Jackson, J. (2015, July). *Exploring the Relationship Between Perceived Microaggressions, Ethnic Identity and Problem Behavior of Youth*. Poster presented at the Association of Black Psychologist Annual Convention, 2015, Las Vegas, NV.

Jackson, J., Barnes, R. (2014). *The Impact of Discrimination and Racial Microaggressions on The Problem Behavior of Ethnic Minority Youth*. Symposium conducted at the 2014 Counseling Psychology Conference, Atlanta, GA.

Rislin, J.L., Torres-Fernandez, I., Crabbe, R.J., Daniel, D.K., **Jackson, J.** (2014, March). *The Invisibility Syndrome: Understanding Black Men's Phenomenological Experiences with Contextual and Cultural –Discontinuity*. Poster presented at the Graduate Research and Arts Symposium 2014, Las Cruces, NM.

Jackson, J., Barnes, R., Chun, H. (2013, July). *The Relationship Between Racial Microaggressions, Ethnic Identity and Problem Behavior in Black Young Adults*. Poster presented at the Association of Black Psychologist Annual Convention 2013, New Orleans, Louisiana.

Cheng, H-L., Martinez, R., **Jackson, J.**, Durham, C., Peters, J., Nguyen, X., Neeley, B., Garcia, K., Zamora, R. (2013, August). *Prevalence of Mental Health Problems and Help-Seeking Behavior in a Hispanic Serving Institution*. Poster presented at the American Psychological Association Annual Convention 2013, Honolulu, Hawaii.

Durham, C.N., Cheng, H-L., **Jackson, J.L.**, Nguyen, X.V., Garcia, K.J. (2013, August). *Nonsuicidal self-injury in Latino students: Trauma, discrimination, and demographic correlates*. Poster presented at the American Psychological Association Annual Convention 2013, Honolulu, Hawaii. (*Division 45 Outstanding Student Poster Award*)

Jackson, J. (2013, March). *The relationship between racial microaggressions and ethnic identity in black young adults*. Poster presented at the Graduate Research and Arts Symposium 2013, Las Cruces, NM.

Porras, C., **Jackson, J.**, Zamora, R., DeBerry, J., Gonzalez, R. Caro, B., & Rochel, S. (2013, January). *Resiliency in students of color at a Hispanic serving institution*. Poster presented at the National Multicultural Conference and Summit 2013, Houston, TX.

Durham, C., **Jackson, J.**, & Cheng, H-L. (2012). *Help-seeking behavior among student veterans in the borderland region*. In Cheng and Nguyen (2012), *Mental health and help-seeking in the borderland: Acculturation, immigration, and multiple social identities*. Symposium

conducted at National Multicultural Conference and Summit, Houston, TX.

SELECTED OUTREACH WORKSHOPS

Jackson, J. (2021) *Delivering Culturally Centered Care*. Modern Health Continuing Education Series

Jackson, J. (2020). *Opioid Lunch & Learn Series* (5 weeks). Connecticut State Education Resource Center

Robinson, L. & **Jackson, J.** (2019). *Understanding Race-Based Traumatic Stress in Veterans of Color to Facilitate Healing and Resilience*. Los Angeles Ambulatory Care Center Training Seminar

Jackson, J. (2019). *Thinking Through Culturally Congruent Substance Use Disorders (SUD) Treatment*. VA Greater Los Angeles Healthcare System SUD Quarterly Meeting.

Jackson, J. (2018). *African American student mental health*. University of California Los Angeles Afrikan Student Union's Higher Education Conference presentation.

Jackson, J. & Chang, T.K. (2017). *Black mental health matters*. Discussion facilitated for Black pre-health organization at University of California Los Angeles.

Jackson, J., Rhodes, R. (2018). *Transfer stress to success*. Workshop presented to University of California Los Angeles athletic department academic interns and women's soccer team.

Jackson, J. (2017). *Stress: How Many of Us Have It?*, 60-minute workshop. Recognizing, understanding and coping with stress across the lifespan. Mt. Airy Baptist Church, Washington, D.C.

Breland-Noble, A.M., Harb, C. & **Jackson, J.** (2017). *Trauma Informed Care for Youth and Families of Color*. Invited workshop for the Arlington Partnership for Children, Youth and Families, Arlington, VA.

Richmond, A., **Jackson, J.** (2016, June 27). Cultural Considerations for Psychologist Practicing in Integrated Healthcare Settings [Webinar]. Sponsored by the Association of Psychologist in Academic Health Centers Task Force on Disparities & Diversity.

Jackson, J. (2012) *Microaggressions: No You're Not Crazy, That Was Offensive*, outreach facilitator, two 60-minute workshops. Identifying and exploring the different types of microaggressions within a university setting. University of Texas at El Paso, El Paso, TX

SELECTED MEDIA

[Forbes: 'In Good Times Racism Is A Stressor, In Bad Times Racism Is Trauma': Three Black Psychologist Talk About The Emotional Toll Of The Election On Black America.](#)

[Mental Health America, Houston: Finding Your Fit](#)

[5 Ways to be a Culturally Responsive Therapist](#). Published online for Mental Health Match

[Parents, Managing Your Own Racial Stress Teaches Your Kids Healthy Coping](#). Published online for Successful Black Parenting Magazine

SELECTED PROFESSIONAL SERVICE

Therapy For the People

Growth Strategist 2023-present

Therapist in Tech

Vice Chair of the Board of Directors 2022- present

APA Board for the Advancement of Psychology in the Public Interest

Member 2022- present

Society of Counseling Psychology, Section for Ethnic & Racial Diversity

Awards Chair 2022

Psychological Trauma: Theory, Research, Practice, and Policy

Journal Peer Reviewer 2021

Creating Race Fully

Co-founder 2019-present

Society of Counseling Psychology (APA Division 17) 2020 Conference Early Career

Psychologist *Committee member* 2019-2020

Department of Veteran's Affairs Psychology Training Council

Multicultural and Diversity Committee the National VA Psychology Training Council 2018-2019

APA Division 45: Society for the Psychological Study of Culture, Ethnicity and Race

Virtual Mentor 208-2019

Society of Behavioral Medicine

Student SIG Council Annual Meeting Coordinator 2017-2018

APA Division 17, Section on Racial & Ethnic Diversity APA Program Reviewer 2017

APA Division 35, Section 1(Psychology of Black Women) APA Program Reviewer 2017

APA Division 45: Society for the Psychological Study of Culture, Ethnicity and Race

Student Liaison 2016-2017

APA Division 12, Section 8: Association of Psychologist in Academic Health Centers

Committee on Diversity & Disparities

Member 2015-2017

APA Division 17, Society of Counseling Psychology

JESSICA L. JACKSON C.V.

Program Reviewer 2016

APA Division 45: Society for the Psychological Study of Culture, Ethnicity and Race
Program Reviewer 2016

New Mexico State University 08/15-05/16
CEP 199 Mentor for 1st generation college freshmen